



National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12

Resource List for Module 7: Milk Component

This document contains the resources highlighted in module 7 of the Connecticut State Department of Education's (CSDE) training program, *What's in a Meal: National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12*.

Allowable Fluid Milk Substitutes for Non-Disability Reasons in the School Nutrition Programs (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/nslp/specdiet/milk_substitutes_snp.pdf

Chill Out with Cold Milk (New England Dairy webpage):

<https://www.newenglanddairy.com/school-meals/keep-milk-cold/>

Comparison of the Milk Component Requirements in the Meal Patterns for the School Nutrition Programs (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/comparison_milk_requirements_snp.pdf

County Assignments for School Nutrition Programs (CSDE):

<https://portal.ct.gov/-/media/sde/nutrition/cnstaff/countyassign.pdf>

Crediting Documentation for the Child Nutrition Program (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/crediting-documentation-for-the-child-nutrition-programs>

Crediting Foods in School Nutrition Programs (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/crediting-foods-in-school-nutrition-programs/documents>

Crediting Smoothies for Grades K-12 in the National School Lunch Program and School Breakfast Program (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/credit_smoothies_snp_grades_k-12.pdf

Crediting Summary Charts for the Meal Patterns for Grades K-12 in the School Nutrition Programs (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/crediting_summary_charts_snp_grades_k-12.pdf

Final Rule: Child Nutrition Programs: Meal Patterns Consistent with the 2020-2025 Dietary Guidelines for America (USDA):

<https://www.federalregister.gov/documents/2024/04/25/2024-08098/child-nutrition-programs-meal-patterns-consistent-with-the-2020-2025-dietary-guidelines-for>

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Guide to Meal Modifications in School Nutrition Programs (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/nslp/specdiet/guide_meal_modifications_snp.pdf

Instructions for the Medical Statement for Meal Modifications in School Nutrition Programs (“Documents/Forms” section of CSDE’s Special Diets in School Nutrition Programs webpage):

<https://portal.ct.gov/sde/nutrition/special-diets-in-school-nutrition-programs/documents/#MedicalStatements>

Keep Milk Cold (New England Dairy webpage):

<https://www.newenglanddairy.com/school-meals/keep-milk-cold/>

List of Acceptable Foods and Beverages (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/list-of-acceptable-foods-and-beverages>

Medical Statement for Meal Modifications in School Nutrition Programs (“Documents/Forms” section of CSDE’s Special Diets in School Nutrition Programs webpage):

<https://portal.ct.gov/sde/nutrition/special-diets-in-school-nutrition-programs/documents/#MedicalStatements>

Milk (CSDE’s CSDE Crediting Foods in School Nutrition Programs webpage):

<https://portal.ct.gov/sde/nutrition/crediting-foods-in-school-nutrition-programs/milk>

Noncreditable Foods for Grades K-12 in the National School Lunch Program and School Breakfast Program (CSE):

https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/noncreditable_foods_snp_grades_k-12.pdf

Operational Memorandum No. 06-19: Summary of Federal and State Milk Requirements for the National School Lunch Program (NSLP), School Breakfast Program (SBP), Seamless Summer option (SSO) of the NSLP, ASP of the NSLP, and Special Milk Program (SMP) (CSDE):

<https://portal.ct.gov/-/media/sde/nutrition/nslp/memos/om2019/om06-19.pdf>

Resources for the School Meal Patterns for Grades K-12 (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/nslp/mealpattern/resources_school_meal_patterns_grades_k-12.pdf

State Beverage Statute: Connecticut General Statute (C.G.S.) Section 10-221q):

https://www.cga.ct.gov/current/pub/chap_170.htm#sec_10-221q

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What's in a Meal Answer Key for Module 7 Worksheet: Milk Substitutes for Children without a Disability (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/training/wiam/wiam_worksheet_module_7_milk_component_answer.pdf

What's in a Meal Module 7 Worksheet: Milk Substitutes for Children without a Disability (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/training/wiam/wiam_worksheet_module_7_milk_component.pdf

What's in a Meal: National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12 (CSDE's Meal Pattern Training for School Nutrition Programs webpage):

<https://portal.ct.gov/sde/nutrition/meal-pattern-training-materials>

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The CSDE's *What's in a Meal* training program is a series of recorded modules that provide comprehensive guidance on complying with the meal patterns for grades K-12 in the National School Lunch Program (NSLP), School Breakfast Program (SBP), and Seamless Summer Option (SSO) of the NSLP. To access the training modules, visit the CSDE's [Meal Pattern Training for School Nutrition Programs](#).

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Office of the Assistant Secretary for Civil Rights
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Washington, D.C. 20250-9410; or
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