



National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12

Resource List for Module 6: Meal Pattern Documentation Part A –School Menus

This document contains the resources highlighted in module 6 of the Connecticut State Department of Education's (CSDE) training program, *What's in a Meal: National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12*.

Buy American Requirement (CSDE's Procurement for School Nutrition Programs webpage):
<https://portal.ct.gov/sde/nutrition/procurement-for-school-nutrition-programs/buy-american-requirement>

Buy American Requirement for the School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/procure/buy_american_requirement_snp.pdf

Buy American Requirement for the School Nutrition Programs Training Module (CSDE):
<https://portal.ct.gov/sde/nutrition/procurement-for-school-nutrition-programs/documents/#BuyAmericanTraining>

Certification of Meal Pattern Compliance (CSDE webpage):
<https://portal.ct.gov/sde/nutrition/certification-of-meal-pattern-compliance>

County Assignments for School Nutrition Programs (CSDE):
<https://portal.ct.gov/-/media/sde/nutrition/cnstaff/countyassign.pdf>

Crediting Documentation for the Child Nutrition Program (CSDE webpage):
<https://portal.ct.gov/sde/nutrition/crediting-documentation-for-the-child-nutrition-programs>

Crediting Foods in School Nutrition Programs (CSDE webpage):
<https://portal.ct.gov/sde/nutrition/crediting-foods-in-school-nutrition-programs#ScratchFoods>

Federal Acquisitions Regulations (FAR) Nonavailable Articles List (FAR 25.104):
https://www.acquisition.gov/far/part-25#FAR_25_104

Food Buying Guide for Child Nutrition Programs Training Resources (USDA):
<https://www.fns.usda.gov/tn/food-buying-guide-training-resources>

Food Buying Guide Module 2: Recipe Analysis Workbook Online Training (Institute of Child Nutrition):
<https://theicn.docebos.com/learn/course/external/view/elearning/121/fbg-module-2-recipe-analysis-workbook-raw>

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Food Buying Guide Module 3: Product Formulation Statements Online Training (Institute of Child Nutrition):

<https://theicn.docebosaas.com/learn/course/external/view/elearning/139/fbg-module-3-product-formulation-statements-pfs>

Food Labels (CSDE's Nutrition Education webpage):

<https://portal.ct.gov/sde/nutrition/nutrition-education#FoodLabels>

Guide to Meal Modifications in the School Nutrition Programs (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/nslp/specdiet/guide_meal_modifications_snp.pdf

Guide to Menu Documentation for the School Nutrition Programs (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/mpg/guide_menu_documentation_snp.pdf

Guide to the Dietary Specifications for the National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12 (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/mpg/guide_dietary_specifications_nslp_sbp_k12.pdf

Menu Planner for School Meals (USDA):

<https://fns-prod.azureedge.us/sites/default/files/resource-files/menu-planner-chapter-4.pdf>

Menu Planning for Child Nutrition Programs (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/menu-planning>

NSLP Regulations for Nonprofit School Food Service Account (NSFSA):

[https://www.ecfr.gov/current/title-7/part-210#p-210.14\(a\)](https://www.ecfr.gov/current/title-7/part-210#p-210.14(a))

Production Records for School Nutrition Programs (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/production-records-for-school-nutrition-programs>

Production Records Online Training (Institute of Child Nutrition):

<https://theicn.docebosaas.com/learn/course/external/view/elearning/154/production-records>

Recipe Analysis Workbook (RAW) for Standardized Recipes (USDA):

<https://www.fns.usda.gov/tn/food-buying-guide-for-child-nutrition-programs>

Records Retention Requirements for the School Nutrition Programs (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/nslp/adminrev/records_retention_snp.pdf

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Requirements for Production Records in School Nutrition Programs (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/nslp/forms/prodrecord/requirements_production_records_nslp_sbp.pdf

Resources for the School Meal Patterns for Grades K-12 (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/nslp/mealpattern/resources_school_meal_patterns_grades_k-12.pdf

SBP Regulations for Nonprofit School Food Service Account (NSFSA):

[https://www.ecfr.gov/current/title-7/part-220#p-220.7\(e\)\(1\)\(i\)](https://www.ecfr.gov/current/title-7/part-220#p-220.7(e)(1)(i))

USDA Recipe Standardization Guide for School Nutrition Programs (USDA):

<https://theicn.org/cicn/usda-recipe-standardization-guide-for-school-nutrition-programs/>

What's in a Meal: National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12 (CSDE's Meal Pattern Training for School Nutrition Programs webpage):

<https://portal.ct.gov/sde/nutrition/meal-pattern-training-materials>

Resource List for Module 6: Meal Pattern Documentation

Part A –School Menus

The CSDE's *What's in a Meal* training program is a series of recorded modules that provide comprehensive guidance on complying with the meal patterns for grades K-12 in the National School Lunch Program (NSLP), School Breakfast Program (SBP), and Seamless Summer Option (SSO) of the NSLP. To access the training modules, visit the CSDE's [Meal Pattern Training for School Nutrition Programs](#).

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1. mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or
2. fax: (833) 256-1665 or (202) 690-7442; or
3. email: program.intake@usda.gov

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