


What's in a Meal

Meal Patterns for Grades K-12

in the School Nutrition Programs

Module 10: Meats/Meat Alternates

Component



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Connecticut State Department of Education
Bureau of Child Nutrition Programs

School Year 2025-26

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What's in a Meal Training Modules

1: Introduction to Training

2: Introduction to School Meal Patterns

3: National School Lunch Program (NSLP) Meal Pattern

4: School Breakfast Program (SBP) Meal Pattern

5: Afterschool Snack Program (ASP) Meal Pattern

6: Dietary Specifications

7: Meal Pattern Documentation for School Menus

8: Meal Pattern Documentation for Crediting Commercial Processed Products

9: Milk Component

10: Meats/Meat Alternates Component

11: Fruits Component

12: Vegetables Component

13: Grains Component

14: Whole Grain-rich (WGR) Requirement

15: Grain Ounce Equivalents

16: Water Availability During Meal Service

17: Offer versus Serve (OVS) in the NSLP

18: Offer versus Serve (OVS) in the SBP

<https://portal.ct.gov/sde/nutrition/meal-pattern-training-materials>

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Topics

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Topics

Difference between MMA and protein

Required servings for breakfast, lunch, and snack

Allowable MMA


Offering MMA at breakfast

Main dish requirement for lunch

Crediting requirements

Noncreditable MMA

Resources



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Key Messages

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Key Messages About MMA

Lunch: Minimum daily and weekly ounce equivalents (oz eq)

- Must be main dish or main dish and one other item

Breakfast: Minimum daily and weekly oz eq of combined grains/MMA component




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Key Messages About MMA

- 1 ounce does not always = 1 oz eq
- Commercial processed MMA products cannot credit without Child Nutrition (CN) label or product formulation statement (PFS)
- Use USDA's Food Buying Guide for Child Nutrition Program (FBG)



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Difference Between MMA and Protein




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Meats/Meat Alternates

A meal component of USDA's meal patterns for Child Nutrition Programs that includes animal and plant-based foods that are good sources of protein




Terms to Know

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MMA Component Includes

- Fresh and frozen meats
- Processed meats
- Canned meats
- Meat alternates




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Protein

One of the key nutrients found in meats and meat alternates




Terms to Know

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Difference Between MMA and Protein

- Meal patterns require specific amount of MMA not protein
- Exception: Tofu and tofu products



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Minimum Daily and Weekly Servings for Lunch

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MMA Component of Lunch Meal Pattern

5-day week (oz eq)

Grades	Daily	Weekly
K-5	1	8-10
6-8	1	9-10
9-12	2	10-12
K-8 option	1	9-10

7-day week (oz eq)

Grades	Daily	Weekly
K-5	1	11-14
6-8	1	12½-14
9-12	2	14-17
K-8 option	1	12½-14

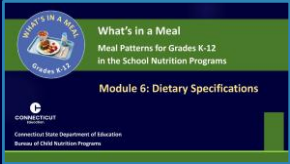
- May serve larger amounts if menu meets dietary specifications

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More Information on Dietary Specifications

- Module 6: Dietary Specifications




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Weekly MMA Maximums for Lunch

- Provide menu planning target to meet weekly dietary specifications
- Lunch menus that regularly include larger amounts might not comply




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Weekly MMA Minimums at Lunch for Grades K-5, Grades 6-8, and Grades K-8 Option

- Minimum weekly oz eq = more than sum of daily oz eq
- Must offer more than minimum daily oz eq on some days



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Offering Daily Minimum = Weekly Minimum for Grades 9-12

5-day week (oz eq)

Grades	Daily	Weekly
9-12	2	10-12

7-day week (oz eq)

Grades	Daily	Weekly
9-12	2	14-17

- 2 oz eq daily = 10 oz eq
- 2 oz eq daily = 14 oz eq

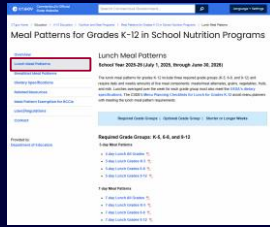
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CSDE Resource

Meal Patterns for Grades K-12 in School Nutrition Programs

- **Lunch meal patterns**



<https://portal.ct.gov/sde/nutrition/meal-patterns-school-nutrition-programs/lunch-meal-patterns>

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Minimum Daily and Weekly Servings for Breakfast

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Grains/MMA Component of Breakfast Meal Pattern

5-day week (oz eq)

Grades	Daily	Weekly
K-5	1	7-10
6-8	1	8-10
9-12	1	9-10

7-day week (oz eq)

Grades	Daily	Weekly
K-5	1	10-14
6-8	1	11-14
9-12	1	12½-14

- 1 oz eq of grains **OR** 1 oz eq MMA **OR** 1 oz eq combination

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Daily Grains/MMA at Breakfast

- 1 oz eq of grains OR
- 1 oz eq MMA OR
- 1 oz eq combination



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Grains/MMA Component of Breakfast Meal Pattern

5-day week (oz eq)

Grades	Daily	Weekly
K-5	1	7-10
6-8	1	8-10
9-12	1	9-10

7-day week (oz eq)

Grades	Daily	Weekly
K-5	1	10-14
6-8	1	11-14
9-12	1	12½-14

- May serve larger amounts if menu meets dietary specifications

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Weekly Maximums for Grains/MMA at Breakfast

- Provide menu planning target to meet weekly dietary specifications
- Breakfast menus that regularly include larger amounts might not comply




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Weekly Minimums for Grains/MMA at Breakfast

- Minimum weekly oz eq = more than sum of daily 1 oz eq for all grades
- Must offer more than minimum daily 1 oz eq on some days



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Breakfast Must Offer More 1 Oz Eq on Some Days

Example for 5-day week (oz eq)

- 1 oz eq daily = 5 oz eq weekly

Grades	Daily	Weekly
K-5	1	7-10
6-8	1	8-10
9-12	1	9-10


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Three Optional Grade Groups for Breakfast Meal Pattern

- Grades K-8
- Grades 6-12
- Grades K-12

- Same daily requirements for grains/MMA component
- Different weekly requirements
 - Narrower range for grains/MMA
 - Narrower weekly calorie range
 - Stricter sodium limits





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More Information

- Module 2: Introduction to School Meal Patterns
- Module 4: School Breakfast Program Meal Pattern



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USDA Resource

Offering Meats and Meat Alternates at School Breakfast



<https://www.fns.usda.gov/tn/offering-meats-and-meat-alternates-school-breakfast>

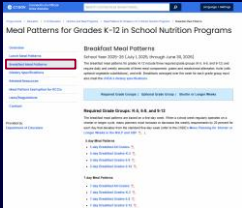
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CSDE Webpage

Meal Patterns for Grades K-12 in School Nutrition Programs

- Breakfast meal patterns



<https://portal.ct.gov/sde/nutrition/meal-patterns-school-nutrition-programs/breakfast-meal-patterns>

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Minimum Servings for Snack

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Snack Meal Pattern for Grades K-12

- Must offer minimum serving of any 2 meal components
- Same servings for grades K-12
 - Minimum serving for MMA = 1 oz eq



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Main Dish Requirement for Lunch

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MMA at Lunch Must Be Served in

- Main dish **OR**
- Main dish and only one other food item




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Examples of Main Dish Requirement for Grades 9-12

- Lunch for grades 9-12 = 2 oz eq MMA




2 ounces cheese
= 2 oz eq

OR



2 tablespoons
peanut butter
= 1 oz eq



1 ounce cheese
stick = 1 oz eq

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Serving Size Requirements

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Serving Size for MMA


- Refers to cooked amount of lean meat, lean poultry, or fish without added ingredients
 - Without bone
 - Without breading, binders, extenders, or any other ingredients



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Lean Meats and Poultry



Contain less than 10 grams of fat, 4.5 grams or less of saturated fats, and less than 95 milligrams of cholesterol per 100 gram and per labeled serving size


Terms to Know

<https://www.dietaryguidelines.gov/>


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1 Ounce Serving Might Not = 1 Oz Eq



1 ounce = 1 oz eq



1 ounce = ?




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Minimum Creditable Amount

- $\frac{1}{4}$ oz eq




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How Much = 1 Oz Eq

- Different types of MMA require different amounts to credit as 1 oz eq
- Measured by weight or volume, depending on type of MMA




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1 ounce = 1 oz eq MMA

- Cooked lean meat, lean poultry, and fish
- Natural and process cheeses
- Tempeh
- Alternate protein products (APP)
- Nuts and seeds



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1 Oz Eq MMA =

2 ounces

- Cottage or ricotta cheese
- Cheese food/spread
- Cheese substitute

3 ounces

- Surimi

½ cup or 4 ounces

- Yogurt or soy yogurt

¼ cup

- Cooked beans, peas, and lentils

2.2 ounces (¼ cup)

- Commercial tofu with ≥ 5 grams of protein

2 tablespoons

- Nut and seed butters

Each


- ½ large egg

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Determining Required Amount of MMA for 1 Oz Eq

- Use cooked yield
- Account for cooking losses
 - Use Food Buying Guide for Child Nutrition Programs (FBG)



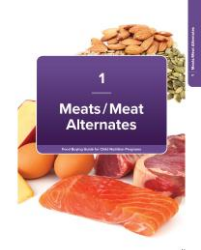
<https://www.fns.usda.gov/tn/food-buying-guide-for-child-nutrition-programs>

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Food Buying Guide

- Provides food yields and crediting information
- Ensures correct crediting

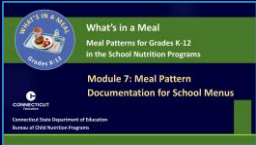


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More information About FBG

- Module 7: Meal Pattern Documentation for School Menus



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Crediting Requirements for MMA

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How to Credit

- Commercial processed products
- Deli meats
- Dried meats
- Cheeses
- Eggs
- Beans, peas, and lentils
- Nuts and seeds
- Nut and seed butters
- Yogurt and soy yogurt
- Tofu and tofu products
- Tempeh
- Surimi
- Alternate protein products (APPs)

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Crediting Commercial Processed Products



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Commercial Processed Products



Commercially prepared foods and beverages with added ingredients

- Include many different types of MMA products

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Examples of Commercial Processed MMA Products


- Pizza, chicken nuggets, and cheese ravioli
- Hummus and other bean dips
- Deli meats, hot dogs, and sausages
- Dried meat, poultry, and seafood products, e.g., jerky and summer sausages
- Yogurt and fruit smoothies

Do not credit based on serving weight or volume


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Crediting Example for Unprocessed versus Processed



1 ounce = 1 oz eq MMA




1 ounce = ? MMA

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Crediting Commercial Processed Foods

- Must have CN label or PFS
- Commercial products without CN label or PFS cannot credit unless listed in FBG
- Must review PFS prior to purchasing and serving

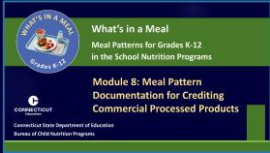


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More Information About CN Labels and PFS

- Module 8: Meal Pattern Documentation for Crediting Commercial Processed Products




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USDA Resource

USDA Memo SP 05-2025, CACFP 04-2025, and SFSP 02-2025: Guidance for Accepting Processed Product Documentation for Meal Pattern Requirements



<https://www.fns.usda.gov/cn/labeling/guidance-accepting-processed-product-documentation>

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CSDE Resource

Crediting Commercial Meat/Meat Alternate Products in the School Nutrition Programs



https://portal.ct.gov/-/media/sde/nutrition/nsfp/crediting/credit_commercial_mma_snp.pdf

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Crediting Deli Meats



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Examples of Deli Meats

- Turkey
- Ham
- Roast beef
- Salami
- Bologna




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Required Amount for 1 Oz Eq Depends on Ingredients

- Read ingredients before purchasing
 - Added liquids, e.g., water and broth
 - Binders and extenders
- Know how to credit correctly



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How to Credit Deli Meats

Product contains	Credits based on	Crediting Example
No liquids, binders, extenders (100% meat)	Weight (ounces)	1 ounce serving = 1 oz eq MMA
Liquids, binders, extenders	Percentage of meat in product formula	1 ounce serving = ? oz eq MMA <ul style="list-style-type: none">Requires CN label or PFS

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Sample Products with Added Liquids, Binders, Extenders

Honey Ham

Ham, water, honey, salt, contains 2% or less sugar, sodium phosphates, carrageenan, sodium propionate, sodium diacetate, sodium benzoate, sodium ascorbate, sodium nitrate

Roasted Turkey

Turkey breast meat, turkey broth, contains 2% or less salt, sugar, modified food starch, corn syrup solids, sodium lactate, sodium phosphate, vinegar, flavoring

Requires CN label or PFS

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FBG Crediting for Some Deli Meats

Deli Meat Product	1 oz eq MMA =
Turkey ham, fully cooked	1.4 ounces
Turkey ham, fully cooked, with 15% added ingredients	1.7 ounces
Ham with natural juices, fully cooked	1.12 ounces
Ham, water added, fully cooked	1.22 ounces

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Develop Standardized Recipes for Menu Items with Deli Meats

Indicate MMA based on specific weight of specific brand

Round up weight of deli meat to nearest ¼ ounce

Examples

- List 1.2 ounces as 1.25 ounces
- List 1.6 ounces as 1.75 ounces



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Develop Standardized Recipes for Menu Items with Deli Meats

If SFA makes same food item using different brands of deli meats, include specific weight of each brand



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Crediting Example for Turkey Sandwich

High school makes turkey sandwich using ABC brand or XYZ brand

Manager uses each brand's PFS to determine weight for 1 oz eq MMA

- ABC brand 2 ounces = 1 oz eq
- XYZ brand 2½ ounces = 1 oz eq

School's standardized recipe includes required weight for each brand




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Summary: Crediting Deli Meats

Obtain CN label or PFS if product not listed in FBG

Cannot credit based on serving weight unless product does not contain added liquids, binders, or extenders




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CSDE Resource

Crediting Deli Meats in the School Nutrition Programs



https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/credit_deli_snp.pdf

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Crediting Dried Meat, Poultry, and Seafood Products



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Examples of Dried Meat, Poultry, and Seafood Products

- Shelf-stable, dried, and semi-dried meat, poultry, and seafood
 - Beef jerky
 - Turkey jerky
 - Summer sausage




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Crediting Dried Meat, Poultry, and Seafood Products

- Not listed in FBG
- Require CN label or PFS to credit
- Must evaluate PFS for compliance with USDA crediting requirements




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Three Crediting Requirements

1. Creditable meat/poultry/seafood ingredient must match ingredients statement on product's label
2. Creditable meat/poultry/seafood ingredient must have similar description to a food item in FBG
3. Creditable amount cannot exceed product weight



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Dried Meat Products with Ground Pork or Beef

- PFS must include percent fat
 - ≤ 30% fat



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USDA Resource

USDA Memo SP 21-2019:
Crediting Shelf-Stable, Dried
and Semi-Dried Meats, Poultry,
and Seafood Products in the
Child Nutrition Programs




<https://www.fns.usda.gov/cn/crediting-shelf-stable-dried-and-semi-dried-meat-poultry-and-seafood-products-child-nutrition>
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USDA Resource

Webinar:
Moving Forward: Update on
Food Crediting in Child Nutrition
Programs with Guidance for
Dried Meat Products



<https://www.fns.usda.gov/tn/moving-forward-update-food-crediting-dried-meat-products>
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Crediting Cheeses




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Crediting Amounts for Cheeses

1 ounce = 1 oz eq MMA

- Natural cheeses, e.g., Colby, Monterey Jack, and Swiss
- Process cheeses, e.g., American




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Crediting Amounts for Cheeses

2 ounces or ¼ cup = 1 oz eq MMA

- Cottage cheese and ricotta cheese



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Crediting Amounts for Cheeses

2 ounces = 1 oz eq MMA

- Cheese substitute, cheese food substitute, and cheese spread substitute *

* Must meet Food and Drug Administration's (FDA) Standards of Identity for substitute foods




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Foods Containing Cheese

- Must maintain documentation, e.g., pizza, macaroni and cheese, and lasagna



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Crediting Eggs




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Crediting Eggs


- ½ large egg = 1 oz eq MMA
- Only whole eggs credit
 - Egg whites without yolk do not credit
 - Cannot credit liquid egg substitutes
- Maintain documentation for egg-based foods



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Crediting Beans, Peas, and Lentils




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Beans, Peas, and Lentils = Pulses

- Dried edible seeds of legumes (plants that include pods)




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Examples of Beans, Peas, and Lentils

- Black beans
- Edamame (soybeans)
- Garbanzo beans (chickpeas)
- Kidney beans
- Lentils
- Navy beans
- Split peas
- White beans



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Beans, Peas, and Lentils Do Not Include

■ Immature or fresh beans and peas

- Green beans
- Wax beans
- Snap peas
- Fresh lima beans





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Crediting Considerations for Beans, Peas, and Lentils

■ One serving may credit as MMA or vegetables but not both in same meal

■ May credit as either vegetables or MMA in different meals

■ If two servings, may credit one as MMA and one as vegetables




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Crediting Example for Lunch

Menu item	Meal component
Chili (kidney beans)	MMA
Salad with chickpeas	Vegetables
Whole-grain roll	Grains
Orange slices	Fruits
Low-fat or fat-free milk	Milk

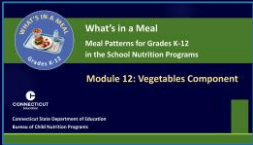


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More Information About Crediting Beans, Peas, and Lentils as Vegetables

■ Module 12:
Vegetables Component



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Crediting Amounts for Beans, Peas, and Lentils

■ ½ cup cooked = 1 oz eq MMA

■ Liquid from canned beans, peas, and lentils does not credit, e.g., sauce in baked beans



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Crediting Roasted Beans, Peas, and Lentils

■ Roasted chickpeas

■ Roasted lentils

■ Roasted soybeans (soy nuts)




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Crediting Roasted Beans, Peas, and Lentils

- Credit based on weight instead of volume
 - 1 ounce = 1 oz eq MMA
- Use discretion with individually wrapped snack-type products
 - Identify meal component on menus



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Crediting Pasta Products Made of 100% Bean, Pea, and Lentil Flours




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Crediting Pasta Products Made of 100% Bean, Pea, and Lentil Flours

- May choose to credit as MMA if offered with another MMA
 - Example: Chickpea pasta with meat sauce
- ¼ cup cooked = 1 oz eq MMA




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Crediting Pasta Products Made of 100% Bean, Pea, and Lentil Flours

- Example 1: Red Lentil Pasta
Ingredients: Red lentil flour
- Example 2: Chickpea flour Pasta
Ingredients: Chickpea flour

≈ 100% bean/pea/lentil flour




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CSDE Resource

Crediting Beans, Peas, and Lentils in the School Nutrition Programs



https://portal.ct.gov/-/media/sde/nutrition/mslp/crediting/credit_beans_peas_lentils_snp.pdf

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Crediting Nuts and Seeds



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Creditable Nuts and Seeds

Almonds

Brazil nuts

Cashews

Filberts

Macadamia nuts

Peanuts

Pine nuts

Pistachios

Pumpkin seeds

Soy nuts

Sunflower seeds

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Crediting Amounts for Nuts and Seeds

1 ounce = 1 oz eq MMA

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Crediting Nut and Seed Butters

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Creditable Nut and Seed Butters

Almond butter

Cashew butter

Peanut butter

Sesame seed butter

Soy nut butter

Sunflower seed butter

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Crediting Amounts for Nut and Seed Butters

2 tablespoons = 1 oz eq MMA

= 1.1 ounces

Section 1 – Meats/Meat Alternates	1. Food as Purchased	2. Purchase Unit	3. Serving Size per 100	4. Serving Size per 100	5. Purchase Unit for 100	6. Additional Information
PEANUT BUTTER AND OTHER NUT OR SEED BUTTERS (continued)						
Almond butter, Cashew nut butter, Pistachio butter, Reduced fat peanut butter, Sesame seed butter, Soy nut butter, Sunflower seed butter, Walnut butter and Sunflower seed butter	No. 10 CAN (15.5 oz)	65.00	2 tablespoons (30 ml)	1.00	2 Tbsp = about 1.1 oz nut butter	

https://foodbuyingguide.fns.usda.gov/files/Reports/USDA_FBG_Section1_MeatsAndMeatAlternatesYieldTable.pdf

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Serving Size Considerations for Nut and Seed Butters

Appropriateness of serving size for each grade group

Might be unreasonable to provide full serving in one menu item

- Recommend smaller serving supplemented with another MMA

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Crediting Example for Peanut Butter Sandwich in Lunch Meal Pattern for Grades 9-12


▪ 2 oz eq MMA = 4 tablespoons

Option 1

2 tablespoons peanut butter = 1 oz eq MMA



¼ cup yogurt = 1 oz eq MMA



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Crediting Example for Peanut Butter Sandwich in Lunch Meal Pattern for Grades 9-12

▪ 2 oz eq MMA = 4 tablespoons

Option 2

4 tablespoons peanut butter = 2 oz eq MMA



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Crediting Nuts and Seeds in the School Nutrition Programs



https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/credit_nuts_seeds_snp.pdf

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Crediting Yogurt and Soy Yogurt



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Crediting Yogurt and Soy Yogurt

▪ Must meet FDA standard of identity



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New Limit for Added Sugars July 1, 2025

▪ USDA final rule, Child Nutrition Programs: Meal Patterns Consistent with the 2020-2025 Dietary Guidelines for Americans

▪ ≤ 12 grams per 6 ounces (2 grams per ounce)




<https://www.federalregister.gov/documents/2024/04/25/2024-08098/child-nutrition-programs-meal-patterns-consistent-with-the-2020-2025-dietary-guidelines-for>

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Serving Size for Yogurt and Soy Yogurt

- ¾ cup or 4 ounces = 1 oz eq MMA




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Same Crediting Requirements for All Types/Varieties

- Plain or flavored
- Sweetened or unsweetened
- Any fat content
- Added fruit (blended or on bottom)



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Noncreditable Yogurt Products

- Drinkable/squeezable yogurt
- Frozen yogurt
- Homemade yogurt
- Yogurt-flavored products
 - Yogurt bars
 - Yogurt-covered cereal bars
 - Yogurt-covered fruits and nuts




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CSDE Resource

Crediting Yogurt in the School Nutrition Programs



https://portal.ct.gov/-/media/sde/nutrition/nsfp/crediting/credit_yogurt_snp.pdf

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Crediting Tofu and Tofu Products




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Crediting Tofu and Tofu Products

- 2.2-ounces (¾ cup) = 1 oz eq MMA



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Three Crediting Requirements for Tofu

1. Commercially prepared

2. Easily recognized as meat substitutes, e.g., tofu burgers and tofu sausages

3. Contain ≥ 5 grams of protein




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CSDE Resource

Crediting Tofu and Tofu Products in the School Nutrition Programs



https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/credit_tofu_snp.pdf

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Crediting Tempeh



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Tempeh



A highly nutritious fermented soybean cake that is traditionally made from whole soybeans

Terms to Know

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Crediting Tempeh

▪ 1 ounce = 1 oz eq MMA

▪ Applies only to products with specific ingredients

- Soybeans (or other legumes)
- Water
- Tempeh culture
- For some varieties, vinegar, seasonings, and herbs



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Crediting Tempeh with Other Creditable Ingredients


▪ Brown rice

▪ Sunflower seeds

▪ Sesame seeds

▪ Flax seed

▪ Vegetables




Must have CN label or PFS

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USDA Resource

USDA Memo SP 25-2019:
Crediting Tempeh in the
Child Nutrition Programs



<https://www.fns.usda.gov/cn/crediting-tempeh-child-nutrition-programs>

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Crediting Surimi Seafood



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Surimi Seafood

A pasteurized, ready-to-eat, restructured seafood product that is usually made from pollock


Terms to Know

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Crediting Surimi Seafood

- Amount of fish varies depending on manufacturer and product




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Oz Eq Contribution of Surimi Seafood

Amount	MMA contribution *
1 ounce	¼ oz eq (minimum creditable amount)
2 ounces	½ oz eq
3 ounces	1 oz eq
4.4 ounces	1½ oz eq
6 ounces	2 oz eq




* Requires CN label or PFS to credit differently

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USDA Resource

USDA Memo SP 24-2019:
Crediting Surimi Seafood in
the Child Nutrition Programs



<https://www.fns.usda.gov/cn/crediting-surimi-seafood-child-nutrition-programs>

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USDA Resource

Webinar:
Additional MMA Options
for CNPs: Crediting
Tempeh and Surimi




<https://www.fns.usda.gov/tn/additional-meat-meat-alternate-tempeh-and-surimi>

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Crediting Alternate Protein Products (APPs)



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Alternate Protein Products (APPs)

Food ingredients used alone or in combination with meat, poultry, or seafood


Terms to Know

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How APPs are Used

- Entrees with a visible meat or meat alternate
- Examples
 - Beef patties
 - Beef crumbles
 - Pizza topping
 - Tuna salad




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How APPs are Used

- Other commercial products
 - Veggie burgers
 - Soy hotdogs
 - Meatless chicken nuggets or patties




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Examples of APPs

- Soy flour
- Soy concentrate
- Soy isolate
- Whey protein concentrate
- Whey protein isolate
- Casein



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Specific Crediting Criteria for Commercial Products with APPs

- Defined by USDA
- Appendix A of NSLP and SBP regulations

Must obtain documentation from manufacturer




[https://www.ecfr.gov/current/title-7/subtitle-B/chapter-II/subchapter-A/part-210lp-Appendix-A-to-Part-210\(l\)\(A\)\(1.\)](https://www.ecfr.gov/current/title-7/subtitle-B/chapter-II/subchapter-A/part-210lp-Appendix-A-to-Part-210(l)(A)(1.))
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Allowable Documentation for APPs

- CN label
- PFS with supporting documentation from manufacturer




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Crediting Amounts for APPs

- 1 ounce = 1 oz eq MMA




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USDA Resource

Questions and Answers on Alternate Protein Products




<https://www.fns.usda.gov/cn/labeling/qas-app>
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CSDE Resource


Requirements for Alternate Protein Products in the School Nutrition Programs



https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/app_requirements_snp.pdf
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Noncreditable MMA



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Examples of Noncreditable MMA

- Bacon (pork)
- Commercial canned soups, e.g., beef barley, beef noodle, turkey or chicken noodle, and turkey or chicken rice
- Cream cheese and sour cream
- Egg whites without yolks
- Liquid egg substitutes
- Imitation cheese
- Salt pork and scrapple


- Tofu products not easily recognized as meat substitutes
- Tofu with less than 5 grams of protein in 2.2-ounce serving
- Yogurt/soy yogurt with more than 2 grams of added sugars per ounce
- Yogurt products, e.g., drinkable or squeezable yogurt, frozen yogurt, yogurt bars, yogurt-covered breakfast bars, and yogurt-covered fruits and nuts

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CSDE Resource

Noncreditable Foods in the Meal Patterns for the School Nutrition Programs



https://portal.ct.gov/-/media/sde/nutrition/nsip/crediting/noncreditable_foods_snp.pdf

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Resources

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CSDE Resource

Accepting Processed Product Documentation in the School Nutrition Programs




https://portal.ct.gov/-/media/sde/nutrition/nsip/crediting/accepting_processed_product_documentation_snp.pdf

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CSDE Resource

Using Child Nutrition (CN) Labels in the School Nutrition Programs




https://portal.ct.gov/-/media/sde/nutrition/nsip/crediting/cn_labels_snp.pdf

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CSDE Resource

Using Product Formulation Statements in the School Nutrition Programs




https://portal.ct.gov/-/media/sde/nutrition/nsip/crediting/product_formulation_statements.pdf

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CSDE Resource

Crediting Summary Charts for the Meal Patterns for the School Nutrition Programs



https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/crediting_summary_charts_snp.pdf


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CSDE Resource

Crediting Foods in School Nutrition Programs

- MMA
- Grains
- Vegetables
- Fruits
- Milk



<https://portal.ct.gov/sde/nutrition/crediting-foods-in-school-nutrition-programs/meats-and-meat-alternates>

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CSDE Webpage

Crediting Documentation for the Child Nutrition Programs

- Child Nutrition labels
- Product formulation statements
- Nutrition information
- Accepting product documentation
- Standardized recipes
- Food Buying Guide for Child Nutrition Programs



<https://portal.ct.gov/sde/nutrition/crediting-documentation-for-the-child-nutrition-programs>


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CSDE Resource

Meal Pattern and Crediting Resources for the School Nutrition Programs

- NSLP
- SBP
- ASP



https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/resources_school_meal_patterns_snp.pdf

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Questions?

- Contact CSDE's school nutrition programs staff

<https://portal.ct.gov/-/media/sde/nutrition/cnstaff/countyassign.pdf>

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Thanks for participating!



<https://portal.ct.gov/sde/nutrition/meal-pattern-training-materials>

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1. mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or
2. fax: (833) 256-1665 or (202) 690-7442; or
3. email: program.intake@usda.gov

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