Resources for the School Meal Patterns for Grades K-12

This list includes resources and websites to assist school food authorities (SFAs) with meeting the U.S. Department of Agriculture's (USDA) meal pattern and crediting requirements for grades K-12 in the National School Lunch Program (NSLP), School Breakfast Program (SBP), Seamless Summer Option (SSO) of the NSLP, and Afterschool Snack Program (ASP) of the NSLP. The SSO follows the NSLP and SBP meal patterns.

For links to information on federal and state requirements and guidance, visit the CSDE's Program Guidance for School Nutrition Programs webpages. Additional resource lists are available on the CSDE's Resources for Child Nutrition Programs webpage. For additional guidance, contact the CSDE's school nutrition programs staff.

For information on resources for the preschool meal patterns, refer to the Connecticut State Department of Education's (CSDE) *Resources for the Preschool Meal Patterns*.

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Child Nutrition (CN) Labels

Authorized Manufacturers and Labels (USDA):
https://www.fns.usda.gov/cnlabeling/usdausdc-authorized-labels-and-manufacturers

Child Nutrition (CN) Labeling Manual (USDA):
https://fns-prod.azureedge.us/sites/default/files/resource-files/child-nutrition-labeling-manual.pdf

Child Nutrition (CN) Labels (CSDE's Crediting Foods for Grades K-12 in School Nutrition Programs webpage):
https://portal.ct.gov/sde/nutrition/crediting-foods-in-school-nutrition-programs#CNlabels

CN Labeling Program (USDA):
https://www.fns.usda.gov/cn/labeling-program

Food Buying Guide Module 3: Product Formulation Statements (PFS) (ICN):
https://theicn.docebosaas.com/learn/course/external/view/elearning/139/fbg-module-3-product-formulation-statements-pfs

Food Manufacturers/Industry (USDA):
https://www.fns.usda.gov/cnlabeling/food-manufacturersindustry

USDA Memo SP 11-2015v2, CACFP 10-2015, and SFSP 13-2015: CN Labels Copied with a Watermark Acceptable Documentation:
https://www.fns.usda.gov/cn/cn-labels-copied-watermark-acceptable-documentation

USDA Memo SP 27-2015, CACFP 09-2015, and SFSP 12-2015: Administrative Review Process Regarding the Child Nutrition (CN) Label, Watermarked CN Label and Manufacturer's Product Formulation Statement:
https://www.fns.usda.gov/cn/administrative-review-process-regarding-child-nutrition-cn-label

Using Child Nutrition (CN) Labels in the School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/cn_labels_snp.pdf

What's in a Meal Module 6: Meal Pattern Documentation (CSDE's Training Program, What's in a Meal: National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12):
https://portal.ct.gov/sde/nutrition/meal-pattern-training-materials

Comparison Charts

Comparison of Meal Pattern Requirements for Child Nutrition Programs (USDA):
https://portal.ct.gov/-/media/sde/nutrition/cnpmealpatterncomparison.pdf

Comparison of Meal Pattern Requirements for Preschool and Grades K-12 in the Afterschool Snack Program (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/asp/comparison_preschool_grades_k-12_asp.pdf

Comparison of Meal Pattern Requirements for Preschool and Grades K-12 in the School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/preschool/comparison_preschool_grades_k-12_snp.pdf

Comparison of the Grains Component Requirements in the Meal Patterns for School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/comparison_grain_crediting_snp.pdf

Comparison of the Milk Component Requirements in the Meal Patterns for School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/comparison_milk_requirements_snp.pdf

How Do They Compare? Child Nutrition Programs' Meal Pattern Requirements (USDA):
https://portal.ct.gov/-/media/sde/nutrition/cnp_meal_pattern_comparison.pdf

Crediting Guidance and Documentation

Accepting Processed Product Documentation in the School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/accepting_processed_product_documentation_snp.pdf

Crediting Commercial Processed Products (CSDE's Crediting Foods in School Nutrition Programs webpage):
https://portal.ct.gov/sde/nutrition/crediting-foods-in-school-nutrition-programs#CommercialProducts

Crediting Foods Made from Scratch (CSDE's Crediting Foods in School Nutrition Programs webpage):
https://portal.ct.gov/sde/nutrition/crediting-foods-in-school-nutrition-programs#ScratchFoods

Crediting Guide for the National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12 (CDE):
https://portal.ct.gov/-/media/sde/nutrition/mpg/guide_crediting_nslp_sbp_k12.pdf

Resources for the School Meal Patterns for Grades K-12

Crediting Summary Charts for the Afterschool Snack Program Meal Pattern for Grades K-12 (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/asp/crediting_summary_charts_asp_grades k-12.pdf

Crediting Summary Charts for the Meal Patterns for Grades K-12 in the School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/crediting_summary_charts_ snp_grades_k-12.pdf

Crediting Tip Sheets in Child Nutrition Programs (USDA):
https://www.fns.usda.gov/tn/cn/crediting-tipsheets

Food Buying Guide for Child Nutrition Programs (USDA):
https://www.fns.usda.gov/tn/food-buying-guide-for-child-nutrition-programs

Food Buying Guide for Child Nutrition Programs: Training Resources (USDA):
https://www.fns.usda.gov/tn/food-buying-guide-training-resources

Guide to Required Menu Records for the National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12 (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/mpg/guide_menu_records_nslp_sbp_k12.pdf

Recipe Analysis Workbook (USDA's Food Buying Guide for Child Nutrition Programs):
https://www.fns.usda.gov/tn/food-buying-guide-interactive-web-based-tool

Standardized Recipe Form for School Nutrition Programs:
https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/standardized_recipe_form_ schools.docx

Standardized Recipes ("Related Resources" section of the CSDE's Crediting Foods in School Nutrition Programs webpage):
https://portal.ct.gov/sde/nutrition/crediting-foods-in-school-nutrition-programs #StandardizedRecipes

Tips for Evaluating a Manufacturer's Product Formulation Statement (USDA):
https://fns-prod.azureedge.us/sites/default/files/resource-files/manufacturerPFStipsheet.pdf

USDA Memo TA-2010 (v.3): Guidance for Accepting Processed Product Documentation for Meal Pattern Requirements:
https://fns-prod.azureedge.us/sites/default/files/resource-files/TA07-2010v3os.pdf

What's in a Meal Module 6: Meal Pattern Documentation (CSDE's Training Program, What's in a Meal: National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12):
https://portal.ct.gov/sde/nutrition/meal-pattern-training-materials

When Commercial Grain Products Require a Product Formulation Statement to Credit in the School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/when_commercial_grain_products_require_pfs_snp.pdf

Yield Study Data Form for Child Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/yield_study_form.pdf

Dietary Specifications for Grades K-12

Dietary Specifications (Nutrition Standards for School Meals) (CSDE's Meal Patterns for Grades K-12 in School Nutrition Program webpage):
https://portal.ct.gov/sde/nutrition/meal-patterns-school-nutrition-programs/documents#DietarySpecifications

Get the Facts: Sources of Sodium in Your Diet (CDC):
https://www.cdc.gov/salt/pdfs/Sources-of-Sodium.pdf

Guide to the Dietary Specifications for the National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12 (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/mpg/guide_dietary_specifications_nslp_sbp_k12.pdf

Lowering Sodium in School Foods (American Heart Association):
https://www.heart.org/idc/groups/heart- public/@wcm/@adv/documents/downloadable/ucm_472940.pdf

Reducing Sodium in Children's Diets infographic (CDC):
https://www.cdc.gov/vitalsigns/children-sodium/infographic.html

Reducing Sodium in the Diets of American Children (AHA):
http://www.heart.org/idc/groups/heart- public/@wcm/@adv/documents/downloadable/ucm_433027.pdf

Sodium and Children (CDC):
https://www.cdc.gov/salt/sodium_and_children.htm

Sodium Limits for the National School Lunch Program and School Breakfast Program Meal Patterns for School Meals for Grades K-12 (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/mealpattern/sodium_limits_nslp_sbp.pdf

Tools for Schools: Reducing Sodium (USDA):
https://www.fns.usda.gov/school-meals/tools-schools-sodium

USDA Final Rule (83 FR 63775): Child Nutrition Programs: Flexibilities for Milk, Whole Grains, and Sodium Requirements:
https://www.govinfo.gov/content/pkg/FR-2018-12-12/pdf/2018-26762.pdf

Weekly Calorie Ranges for the National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12 (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/mealpattern/calorie_ranges_nslp_sbp.pdf.

What's in a Meal Module 5: Dietary Specifications (CSDE's Training Program, What's in a Meal: National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12):
https://portal.ct.gov/sde/nutrition/meal-pattern-training-materials

What's Shaking: Creative Ways to Boost Flavor with Less Sodium (USDA):
https://theicn.org/cnss/about-whats-shaking/

Fruits Component

Crediting Fruits in the Child Nutrition Programs Tip Sheet (USDA):
http://https//www.fns.usda.gov/tn/crediting-fruits-child-nutrition-programs-tip-sheet

Crediting Juice for Grades K-12 in the School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/credit_juice_snp_grades_k-12.pdf

Crediting Smoothies in the Meal Patterns for Grades K-12 in the School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/credit_smoothies_snp_grades_k-12.pdf

CSDE Operational Memorandum No. 07-19: Compliance Issues with the Vegetables and Fruits Components for Grades K-12 in the National School Lunch Program and School Breakfast Program:
https://portal.ct.gov/-/media/sde/nutrition/nslp/memos/om2019/om07-19.pdf

Food Buying Guide Section 3: Overview of Crediting Requirements for the Fruits Component (USDA):
https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/USDA_FBG_Section3_Fruits.pdf

Food Buying Guide Section 3: Yield Table for Fruits (USDA):
https://foodbuyingguide.fns.usda.gov/files/Reports/USDA_FBG_Section3_FruitsYieldTable.pdf

Fruits Component for Grades K-12 ("Documents/Forms" section of CSDE's Crediting Foods in School Nutrition Programs webpage):
https://portal.ct.gov/SDE/nutrition/crediting-foods-in-school-nutrition-programs/documents#Fruits

Offering Smoothies as Part of Reimbursable School Meals (USDA):
https://www.fns.usda.gov/tn/offering-smoothies-part-reimbursable-school-meals

Portion Guide for Fresh Fruits (Start with Half a Cup):
https://portal.ct.gov/-/media/sde/nutrition/swhac/portionguidefruit85x14.pdf

Product Formulation Statement for Documenting Vegetables and Fruits in School Meal Programs (USDA):
https://fns-prod.azureedge.us/sites/default/files/resource-files/PFS_Veg_Subgroups_Fruits_Fillable_508.pdf

Product Formulation Statement for Documenting Vegetables and Fruits in School Meal Programs: Completed Sample for Fruits (USDA):
https://fns-prod.azureedge.us/sites/default/files/resource-files/PFSsamplefruits.pdf

Product Formulation Statement for Documenting Vegetables and Fruits in the Child and Adult Care Food Program, Summer Food Service Program, and NSLP Afterschool Snacks (USDA):
https://www.fns.usda.gov/sites/default/files/resource-files/PFS_Total_Veg_Fruits_Fillable_508.pdf

Tools for Schools: Offering Fruits and Vegetables (USDA):
https://www.fns.usda.gov/school-meals/tools-schools-offering-fruits-and-vegetables

USDA Memo SP 34-2019, CACFP 15-2019, and SFSP 15-2019: Crediting Coconut, Hominy, Corn Masa, and Masa Harina in the Child Nutrition Programs:
https://www.fns.usda.gov/cn/crediting-coconut-hominy-corn-masa-and-masa-harina-child-nutrition-programs

USDA Memo SP 40-2019, CACFP 17-2019, and SFSP 17-2019: Smoothies Offered in Child Nutrition Programs:
https://www.fns.usda.gov/cn/smoothies-offered-child-nutrition-programs

What's in a Meal Module 9: Fruits Component (CSDE's Training Program, What's in a Meal: National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12):
https://portal.ct.gov/sde/nutrition/meal-pattern-training-materials

Webinar: Crediting Vegetable Noodles and Coconut in the Child Nutrition Programs (USDA):
https://www.fns.usda.gov/tn/crediting-vegetable-noodles-and-coconut-child-nutrition-programs

General Program Guidance

Afterschool Snack Program (CSDE):
https://portal.ct.gov/sde/nutrition/afterschool-snack-program

Child Nutrition Programs (CSDE webpage):
https://portal.ct.gov/sde/nutrition/child-nutrition-programs

Food and Nutrition Service (FNS) Documents & Resources (USDA webpage):
https://www.fns.usda.gov/resources

Forms for School Nutrition Programs (CSDE webpage):
https://portal.ct.gov/sde/nutrition/forms-for-school-nutrition-programs

Legislation and Regulations for Child Nutrition Programs (USDA):
https://portal.ct.gov/sde/nutrition/laws-and-regulations-for-child-nutrition-programs

National School Lunch Program (CSDE webpage):
https://portal.ct.gov/sde/nutrition/national-school-lunch-program

Nutrition Education (CSDE):
https://portal.ct.gov/sde/nutrition/nutrition-education

Operational Memoranda for School Nutrition Programs (CSDE):
https://portal.ct.gov/sde/lists/operational-memoranda-for-school-nutrition-programs

Program Guidance for School Nutrition Programs (CSDE):
https://portal.ct.gov/sde/nutrition/program-guidance-school-nutrition-programs

Resources for Child Nutrition Programs (CSDE):
https://portal.ct.gov/sde/nutrition/resources-for-child-nutrition-programs

School Breakfast Program (CSDE):
https://portal.ct.gov/sde/nutrition/school-breakfast-program

Training for Child Nutrition Programs (CSDE):
https://portal.ct.gov/sde/nutrition/training-for-child-nutrition-programs

Grains Component

Calculating the Weekly Percentage of Whole Grain-rich Menu Items in the National School Lunch Program and School Breakfast Program (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/calculate_wgr_percentage_snp.pdf

Calculation Methods for Grain Ounce Equivalents for the National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12 (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/grain_calculation_snp_grades_k-12.pdf

Calculation Methods for Grains/Breads Servings for the Afterschool Snack Program Meal Pattern for Grades K-12 (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/asp/grains_breads_calculation_asp_grades_k-12.pdf

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Comparison of the Grains Component Requirements in the Meal Patterns for School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/comparison_grain_crediting_snp.pdf

Crediting Breakfast Cereals in the Meal Patterns for Grades K-12 in the School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/credit_cereals_snp_grades_k-12.pdf

Crediting Enriched Grains in the School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/credit_enriched_grains_snp.pdf

Crediting Grain-based Desserts in the Meal Patterns for Grades K-12 in the School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/credit_grain_based desserts_grades_k-12_snp.pdf

Crediting Grains in the Child Nutrition Programs Tip Sheets: Part 1: Creditable Grains in Child Nutrition Programs; Part 2: Identifying Grain Products that are Whole Grain-Rich; and Part 3: Program Requirements (USDA):
https://www.fns.usda.gov/tn/crediting-grains

 Crediting Whole Grains in the School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/credit_whole_grains_snp.pdf

Exhibit A Grains Tool (USDA's Food Buying Guide for Child Nutrition Programs):
https://foodbuyingguide.fns.usda.gov/ExhibitATool/Index

Exhibit A: Grain Requirements for Child Nutrition Programs (USDA):
https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/ExhibitA.pdf

Exhibit A Grains Tool (USDA Food Buying Guide):
https://foodbuyingguide.fns.usda.gov/ExhibitATool/Index

Food Buying Guide Section 4: Overview of Crediting Requirements for the Grains Component (USDA):
https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/USDA_FBG_Section4_Grains.pdf

Food Buying Guide Section 4: Yield Table for Grains (USDA):
https://foodbuyingguide.fns.usda.gov/files/Reports/USDA_FBG_Section4_GrainsYieldTable.pdf

Grain Ounce Equivalents for the National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12 (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/grains_oz_eq_snp_grades_k-12.pdf

Grains Component for Grades K-12 ("Documents/Forms" section of CSDE's Crediting Foods in School Nutrition Programs webpage):
https://portal.ct.gov/sde/nutrition/crediting-foods-in-school-nutrition-programs/Documents#Grains

Grains/Breads Component for Grades K-12 in the ASP ("Documents/Forms" section of the CSDE's ASP webpage):
https://portal.ct.gov/sde/nutrition/afterschool-snack-program/documents#GrainsBreadsK12

Grains/Breads Servings for Grades K-12 in the ASP (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/asp/grains_breads_servings_asp_grades_k-12.pdf

Guide to Meeting the Whole Grain-rich Requirement for the National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12 (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/wgr_requirement_snp_grades_k-12.pdf

How to Use the Grain Ounce Equivalents Chart for the National School Lunch Program and School Breakfast Program (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/how_to_use_ounce_equivalents_chart.pdf

How to Use the Grains/Breads Servings Chart for Grades K-12 in the Afterschool Snack Program (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/how_to_use_grains_breads_servings_chart_asp_k-12.pdf

Product Formulation Statement for Documenting Grains in Child Nutrition Programs (USDA):
https://www.fns.usda.gov/sites/default/files/resource-files/PFS_Grains_Oz_Eq_Fillable_508.pdf

Product Formulation Statement for Documenting Grains in Child Nutrition Programs – Completed Sample (USDA):
https://www.fns.usda.gov/sites/default/files/resource-files/PFS_Example_Grains_Oz_Eq.pdf

Product Formulation Statement for Documenting Grains/Breads Servings in the Child and Adult Care Food Program, Summer Food Service Program, and NSLP Afterschool Snacks (USDA):
https://www.fns.usda.gov/sites/default/files/resource-files/PFS_Grains-Breads_Servings_Fillable_508.pdf

Product Formulation Statement for Documenting Grains/Breads Servings in the Child and Adult Care Food Program, Summer Food Service Program, and NSLP Afterschool Snacks – Completed Sample (USDA):
https://www.fns.usda.gov/sites/default/files/resource-files/PFS_Example_Grains-Breads_Servings.pdf

Product Formulation Statements (CSDE's Crediting Foods for Grades K-12 in School Nutrition Programs webpage):
https://portal.ct.gov/sde/nutrition/crediting-foods-in-school-nutrition-programs#PFS

Recipe Analysis Workbook (RAW) for Standardized Recipes (USDA):
https://www.fns.usda.gov/tn/food-buying-guide-interactive-web-based-tool

USDA Memo SP 23-2019, CACFP 10-2019, and SFSP 09-2019: Crediting Popcorn in the Child Nutrition Programs:
https://www.fns.usda.gov/cn/crediting-popcorn-child-nutrition-programs

USDA Memo SP 30-2012: Grain Requirements for the National School Lunch Program and School Breakfast Program:
https://www.fns.usda.gov/school-meals/grain-requirements-national-school-lunch-program-and-school-breakfast-program

USDA Memo SP 34-2019, CACFP 15-2019, and SFSP 15-2019: Crediting Coconut, Hominy, Corn Masa, and Masa Harina in the Child Nutrition Programs:
https://www.fns.usda.gov/cn/crediting-coconut-hominy-corn-masa-and-masa-harina-child-nutrition-programs

What's in a Meal Module 11: Grains Component (CSDE's Training Program, What's in a Meal: National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12):
https://portal.ct.gov/sde/nutrition/meal-pattern-training-materials

What's in a Meal Module 12: Whole Grain-rich Requirement (CSDE's Training Program, What's in a Meal: National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12):
https://portal.ct.gov/sde/nutrition/meal-pattern-training-materials

What's in a Meal Module 13: Grains Ounce Equivalents (CSDE's Training Program, What's in a Meal: National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12):
https://portal.ct.gov/sde/nutrition/meal-pattern-training-materials

Webinar: Exhibit A Grains Tool to the Rescue (USDA):
https://www.fns.usda.gov/tn/exhibit-grains-tool-rescue

Webinar: How to Maximize the Exhibit A Grains Tool (USDA):
https://www.fns.usda.gov/tn/how-maximize-exhibit-grains-tool

When Commercial Grain Products Require a Product Formulation Statement to Credit in the School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/when_commercial_grain_products_require_pfs_snp.pdf

Whole Grain Resource for the National School Lunch and School Breakfast Programs (USDA):
https://www.fns.usda.gov/tn/whole-grain-resource-national-school-lunch-and-school-breakfast-programs-0

Whole Grain-rich Requirement ("Documents/Forms" section of CSDE's Crediting Foods in School Nutrition Programs webpage):
https://portal.ct.gov/sde/nutrition/crediting-foods-in-school-nutrition-programs/documents#WGR

Worksheet to Calculate the Weekly Percentage of Whole Grain-rich Menu Items in School Lunch and Breakfast Menus for Grades K-12 (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/worksheet_calculate_wgr_percentage_snp_grades_k-12.xlsx

Meal Modifications for Special Diets

Accommodating Children with Disabilities in the School Meal Programs: Guidance for School Food Service Professionals (USDA):
https://www.fns.usda.gov/cn/2017-edition-accommodating-children-disabilities-school-meal-programs

Allowable Fluid Milk Substitutes for Non-disability Reasons in the School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/specdiet/milk_substitutes_snp.pdf

Connecticut General Statutes Section 10-212c: Life-threatening food allergies and glycogen storage disease: Guidelines; district plans:
https://www.cga.ct.gov/current/pub/chap_169.htm#sec_10-212c

CSDE Operational Memo No. 13-17: Requirements for Meal Modifications in the School Nutrition Programs:
https://portal.ct.gov/-/media/sde/nutrition/nslp/memos/om2017/om13-17.pdf

CSDE Operational Memo No. 22-15: Statements Supporting Accommodations for Children with Disabilities in the Child Nutrition Programs:
https://portal.ct.gov/-/media/sde/nutrition/nslp/memos/om2015/om22-15.pdf

Guide to Meal Modifications in the School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/specdiet/guide_meal_modifications_snp.pdf

Identifying Products that Meet the USDA's Nutrition Standards for Fluid Milk Substitutes in the School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/specdiet/identify_allowable_nondairy_milk_substitutes_snp.pdf

Instructions for the Medical Statement for Meal Modifications in the School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/specdiet/medical_statement_snp_instructions.pdf

Instructions for the Medical Statement for Meal Modifications in the School Nutrition Programs (Spanish): Instrucciones: Declaración médica para la modificación de alimentos en los programas de nutrición escolar (CSDE): https://portal.ct.gov/-/media/sde/nutrition/nslp/specdiet/medical_statement_snp_instructions_spanish.pdf

Managing Food Allergies in the Cafeteria: The Role of School Food Service Managers and Staff (CSDE Presentation): https://portal.ct.gov/-/media/sde/nutrition/nslp/specdiet/managing_food_allergies_cafeteria_snp_presentation.pdf

Medical Statement for Meal Modifications in the School Nutrition Programs (CSDE): https://portal.ct.gov/-/media/sde/nutrition/nslp/specdiet/medical_statement_snp.docx

Medical Statement for Meal Modifications in the School Nutrition Programs (Spanish): Declaración médica para la modificación de alimentos en los programas de nutrición escolar (CSDE): https://portal.ct.gov/-/media/sde/nutrition/nslp/specdiet/medical_statement_snp_spanish.docx

Medical Statements for School Nutrition Programs ("Documents/Forms" section of CSDE's Special Diets in School Nutrition Programs webpage): https://portal.ct.gov/sde/nutrition/special-diets-in-school-nutrition-programs/documents#MedicalStatements

NSLP regulations 7 CFR 210.10(d)(2): Fluid milk substitutes for non-disability reasons (USDA): https://www.ecfr.gov/current/title-7/part-210#p-210.10(d)(2)

NSLP regulations 7 CFR 210.10(m)(1): Modifications for disability reasons (USDA): https://www.ecfr.gov/current/title-7/part-210#p-210.10(m)(1)

NSLP regulations 7 CFR 210.10(m)(2): Variations for non-disability reason (USDA): https://www.ecfr.gov/current/title-7/part-210#p-210.10(m)(2)

Overview of the Requirements for Meal Modifications in the School Nutrition Program (CSDE): https://portal.ct.gov/-/media/sde/nutrition/nslp/specdiet/overview_meal_modifications_snp.pdf

Resource List for Special Diets in Child Nutrition Programs (CSDE): https://portal.ct.gov/-/media/sde/nutrition/resources/resources_special_diets.pdf

Resources for Special Diets in Child Nutrition Programs ("Documents/Forms" section of CSDE's Special Diets in School Nutrition Programs webpage): https://portal.ct.gov/sde/nutrition/special-diets-in-school-nutrition-programs/documents

Sample Action Plan: Developing District Policy for Meal Modifications in School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/specdiet/action_policy_meal_modifications_snp.pdf

Sample Action Plan: Promoting District Policy for Meal Modifications in School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/specdiet/action_promote_meal_modifications_snp.pdf

Sample Standard Operating Procedure (SOP) for Meal Modifications in the School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/specdiet/sample_sop_meal_modifcations_snp.pdf

Self-assessment of Local Practices for Meal Modifications in School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/specdiet/assessment_meal_modifications_snp.pdf

Special Diets in School Nutrition Programs (CSDE webpage):
https://portal.ct.gov/sde/nutrition/special-diets-in-school-nutrition-programs

Summary Charts of the Requirements for Meal Modifications in the School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/specdiet/summary_chart_meal_modifications_snp.pdf

Meal Patterns

Afterschool Snack Program Meal Pattern for Grades K-12 (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/asp/meal_pattern_asp_grades_k-12.pdf

Dietary Specifications (Nutrition Standards for School Meals) (CSDE's Meal Patterns for Grades K-12 in School Nutrition Programs webpage):
https://portal.ct.gov/sde/nutrition/meal-patterns-school-nutrition-programs/documents#DietarySpecifications

Guide to the Dietary Specifications for the National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12 (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/mpg/guide_dietary_specifications_nslp_sbp_k12.pdf

Guide to the National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12 (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/mpg/guide_meal_patterns_nslp_sbp_k12.pdf

Meal Pattern Exemption for Residential Child Care Institutions (RCCIs) with Multiple Age Groups ("Documents/Forms" section of CSDE's Meal Patterns for Grades K-12 in School Nutrition Programs webpage):
https://portal.ct.gov/sde/nutrition/meal-patterns-school-nutrition-programs/documents#RCCIexemption

Meal Pattern Training Materials (CSDE webpage):
https://portal.ct.gov/sde/nutrition/meal-pattern-training-materials

Meal Patterns for Grades K-12 in School Nutrition Programs (CSDE webpage):
https://portal.ct.gov/sde/nutrition/meal-patterns-school-nutrition-programs

Noncreditable Foods in the Afterschool Snack Program Meal Pattern for Grades K-12 (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/asp/noncreditable_foods_asp_grades_k-12.pdf

Noncreditable Foods in the National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12 (CSDE webpage):
https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/noncreditable_foods_snp_grades_k-12.pdf

Nutrition Standards for School Meals (USDA webpage):
https://www.fns.usda.gov/cn/nutrition-standards-school-meals

Nutrition Standards in the National School Lunch and School Breakfast Programs (Final Rule 77 FR 4087):
https://www.fns.usda.gov/cn/fr-012612

Sodium Limits for the National School Lunch Program and School Breakfast Program Meal Patterns for School Meals for Grades K-12 (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/mealpattern/sodium_limits_nslp_sbp.pdf

Updates to the School Nutrition Standards (USDA webpage):
https://www.fns.usda.gov/cn/school-nutrition-standards-updates

USDA Final Rule: Child Nutrition Programs: Meal Patterns Consistent with the 2020-2025 Dietary Guidelines for Americans (89 FR 31962):
https://www.federalregister.gov/documents/2024/04/25/2024-08098/child-nutrition-programs-meal-patterns-consistent-with-the-2020-2025-dietary-guidelines-for

USDA Memo SP 38-2019: Meal Requirements under the National School Lunch Program and School Breakfast Program: Q&As for Program Operators:
https://www.fns.usda.gov/cn/meal-requirements-under-national-school-lunch-program-and-school-breakfast-program

Weekly Calorie Ranges for the National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12 (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/mealpattern/calorie_ranges_nslp_sbp.pdf

What's in a Meal Module 2: Introduction to School Meal Patterns (CSDE's Training Program, What's in a Meal: National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12):
https://portal.ct.gov/sde/nutrition/meal-pattern-training-materials

What's in a Meal Module 3: National School Lunch Program (NSLP) Meal Pattern (CSDE's Training Program, What's in a Meal: National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12):
https://portal.ct.gov/sde/nutrition/meal-pattern-training-materials

What's in a Meal Module 4: School Breakfast Program (SBP) Meal Pattern (CSDE's Training Program, What's in a Meal: National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12):
https://portal.ct.gov/sde/nutrition/meal-pattern-training-materials

Meal Service

Guide to Meal Service Requirements for the National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12 (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/mpg/guide_meal_service_nslp_sbp_k12.pdf

Meats/Meat Alternates Component

Crediting Beans, Peas, and Lentils in the School Nutrition Programs(CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/credit_beans_peas_lentils_snp.pdf

Crediting Commercial Meat/Meat Alternate Products in the School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/credit_commercial_mma_snp.pdf.

Crediting Deli Meats in the School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/credit_deli_snp.pdf

Crediting Meats/Meat Alternates in the Child Nutrition Programs Tip Sheet (USDA):
https://fns-prod.azureedge.us/sites/default/files/resource-files/mma_tipsheet.pdf

Crediting Nuts and Seeds in the School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/credit_nuts_seeds_snp.pdf

Crediting Tofu and Tofu Products in the School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/credit_tofu_snp.pdf

Crediting Yogurt in the Meal Patterns for Grades K-12 in the School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/credit_yogurt_snp_grades_k-12.pdf

Food Buying Guide Section 1: Overview of Crediting Requirements for the Meats/Meat Alternates Component (USDA):
https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/USDA_FBG_Section1_MeatsAndMeatAlternates.pdf

Food Buying Guide Section 1: Yield Table for Meats/Meat Alternates (USDA):
https://foodbuyingguide.fns.usda.gov/files/Reports/USDA_FBG_Section1_MeatsAndMeatAlternatesYieldTable.pdf

Meats/Meat Alternates Component for Grades K-12 ("Documents/Forms" section of CSDE's Crediting Foods in School Nutrition Programs webpage):
https://portal.ct.gov/sde/nutrition/crediting-foods-in-school-nutrition-programs/documents#MMA

Meats/Meat Alternates Component for Grades K-12 in the ASP ("Documents/Forms" section of the CSDE's Afterschool Snack Program webpage):
https://portal.ct.gov/sde/nutrition/afterschool-snack-program/documents#MMAK12

Offering Meats and Meat Alternates at School Breakfast (USDA):
https://www.fns.usda.gov/tn/offering-meats-and-meat-alternates-school-breakfast

Product Formulation Statement for Documenting Meats/Meat Alternates (M/MA) in Child Nutrition Programs (USDA):
https://www.fns.usda.gov/sites/default/files/resource-files/PFS_Meats-Meat_Alternates_Fillable_508.pdf

Questions and Answers on Alternate Protein Products (APP) (USDA):
https://www.fns.usda.gov/questions-and-answers-alternate-protein-products-app

Requirements for Alternate Protein Products in the School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/app_requirements_snp.pdf

Reviewer's Checklist for Evaluating Manufacturer Product Formulation Statements (Product Analysis) for Meat/Meat Alternate (M/MA) Products
https://fns-prod.azureedge.us/sites/default/files/reviewer_checklist.pdf

USDA Memo SP 02-2024, CACFP 02-2024, and SFSP 02-2024: Revised: Crediting Tofu and Soy Yogurt Products in the School Meal Programs, CACFP, and SFSP:
https://www.fns.usda.gov/cn/crediting-tofu-and-soy-yogurt-products-school-meal-programs-and-cacfp

USDA Memo SP 21-2019, CACFP 08-2019, and SFSP 07-2019: Crediting Shelf-Stable, Dried and Semi-Dried Meat, Poultry, and Seafood Products in the Child Nutrition Programs:
https://www.fns.usda.gov/cn/crediting-shelf-stable-dried-and-semi-dried-meat-poultry-and-seafood-products-child-nutrition

USDA Memo SP 24-2019, CACFP 11-2019, and SFSP 10-2019: Crediting Surimi Seafood in the Child Nutrition Programs: https://www.fns.usda.gov/cn/crediting-surimi-seafood-child-nutrition-programs:
https://www.fns.usda.gov/cn/crediting-surimi-seafood-child-nutrition-programs

USDA Memo SP 25-2019, CACFP 12-2019, and SFSP 11-2019: Crediting Tempeh in the Child Nutrition Programs:
https://www.fns.usda.gov/cn/crediting-tempeh-child-nutrition-programs

USDA Memo SP 26-2019, CACFP 13-2019, and SFSP 12-2019: Crediting Pasta Products Made of Vegetable Flour in the Child Nutrition Programs:
https://www.fns.usda.gov/cn/crediting-pasta-products-made-vegetable-flour-child-nutrition-programs

Webinar: Additional Meat/Meat Alternate Options for CNPs: Crediting Tempeh and Surimi (USDA):
https://www.fns.usda.gov/tn/additional-meat-meat-alternate-tempeh-and-surimi

Webinar: Moving Forward: Update on Food Crediting in Child Nutrition Programs with Guidance for Dried Meat Products (USDA):
https://www.fns.usda.gov/tn/moving-forward-update-food-crediting-dried-meat-product

What's in a Meal Module 8: Meats/Meat Alternates Component (CSDE's Training Program, What's in a Meal: National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12):
https://portal.ct.gov/sde/nutrition/meal-pattern-training-materials

Menu Planning

Afterschool Snack Program Menu Form for Grades K-12 (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/asp/forms/menu_form_asp_grades_k-12.docx

Afterschool Snack Program Sample Menu for Grades K-12 (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/asp/sample_menu_asp_grades_k-12.pdf

Choking Prevention (CSDE's Food Safety for Child Nutrition Programs webpage):
https://portal.ct.gov/sde/nutrition/food-safety-for-child-nutrition-programs/documents#ChokingPrevention

Menu Planning Checklists for Lunch for Grades K-12 (CSDE's Forms for School Nutrition Programs webpage):
https://portal.ct.gov/sde/nutrition/forms-for-school-nutrition-programs#MenuPlanningChecklistsLunchGradesK-12

Menu Planning for Child Nutrition Programs (CSDE webpage):
https://portal.ct.gov/sde/nutrition/menu-planning

Menu Planning for School Meals ("Related Resources" section of CSDE's Meal Patterns for Grades K-12 in School Nutrition Programs webpage):
https://portal.ct.gov/sde/nutrition/meal-patterns-school-nutrition-programs/related-resources#MenuPlanningSchoolMeals

Menu Planning for Shorter or Longer Weeks (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/mealpattern/weekly_adjustments_nslp_sbp.pdf

Menu Planning for the Afterschool Snack Program (CSDE webpage):
https://portal.ct.gov/sde/nutrition/afterschool-snack-program/documents#MenuPlanning

Noncreditable Foods in the Afterschool Snack Program Meal Pattern for Grades K-12 (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/asp/noncreditable_foods_asp_grades_k-12.pdf

Noncreditable Foods in the National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12 (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/noncreditable_foods_snp_grades_k-12.pdf

Overview of Menu Planning for Grades K-12 in the National School Lunch Program (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/mealpattern/overview_menu_planning_nslp_grades_k-12.pdf

Overview of Menu Planning for Grades K-12 in the School Breakfast Program (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/sbp/overview_menu_planning_sbp_grades_k-12.pdf

Reducing the Risk of Choking in Young Children at Mealtimes (USDA):
https://www.fns.usda.gov/tn/reducing-risk-choking-young-children-mealtimes

Resource List for Menu Planning and Food Production in Child Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/resources/resources_menu_planning.pdf

Milk Component

Allowable Milk Substitutions for Children without Disabilities in School Nutrition Programs:
https://portal.ct.gov/-/media/sde/nutrition/nslp/specdiet/milk_substitutes_snp.pdf

Comparison of Meal Pattern Requirements for the Milk Component in School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/comparison_milk_requirements_snp.pdf

Crediting Fluid Milk in the Child Nutrition Programs Tip Sheet (USDA)
http://https//www.fns.usda.gov/tn/crediting-milk-child-nutrition-programs-tip-sheet

CSDE Operational Memorandum No. 06-19: Summary of Federal and State Milk Requirements for the NSLP, SBP, SSO of the NSLP, ASP of the NSLP, and Special Milk Program (SMP):
https://portal.ct.gov/-/media/sde/nutrition/nslp/memos/om2019/om07-19.pdf

Determining if Nondairy Beverages Meet the USDA's Nutrition Standards for Fluid Milk Substitutes in School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/specdiet/determining_allowable_nondairy_milk_substitutes_snp.pdf

FNS Instruction 783-7 Rev. 1: Milk Requirement Child Nutrition Programs (USDA):
https://fns-prod.azureedge.us/sites/default/files/resource-files/Milk%20Requirement%20Child%20Nutrition%20Programs.pdf

Food Buying Guide Section 5: Overview of Crediting Requirements for the Milk Component (USDA):
https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/USDA_FBG_Section5_Milk.pdf

Food Buying Guide Section 5: Yield Table for Milk (USDA):
https://foodbuyingguide.fns.usda.gov/files/Reports/USDA_FBG_Section5_MilkYieldTable.pdf

Milk Component for Grades K-12 ("Documents/Forms" section of CSDE's Crediting Foods in School Nutrition Programs webpage):
https://portal.ct.gov/sde/nutrition/crediting-foods-in-school-nutrition-programs/documents#Milk

Milk Component for Grades K-12 in the ASP ("Documents/Forms" section of the CSDE's Afterschool Snack Program webpage):
https://portal.ct.gov/sde/nutrition/afterschool-snack-program/documents#MilkK12

Resources for the School Meal Patterns for Grades K-12

USDA Memo SP 07-2010, CACFP 04-2010, and SFSP 05-2010: Questions and Answers: Fluid Milk Substitutions*:*
https://www.fns.usda.gov/qas-milk-substitution-children-medical-or-special-dietary-needs-non-disability

USDA Memo SP 39-2019: Clarification on the Milk and Water Requirements in the School Meal Program:
https://www.fns.usda.gov/school-meals/clarification-milk-and-water-requirements-school-meal-program

What's in a Meal Module 7: Milk Component (CSDE's Training Program, What's in a Meal: National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12):
https://portal.ct.gov/sde/nutrition/meal-pattern-training-materials

Offer versus Serve (OVS)

Lunch Meal Pattern Components Poster (CSDE):
https://portal.ct.gov/sde/nutrition//-/media/sde/nutrition/nslp/ovs/lunchpostercomp.pdf

Lunch Offer versus Serve Poster (CSDE):
https://portal.ct.gov/sde/nutrition//-/media/sde/nutrition/nslp/ovs/lunchposterovs.pdf

Offer versus Serve for School Nutrition Programs (CSDE webpage):
https://portal.ct.gov/sde/nutrition/offer-versus-serve-for-school-nutrition-programs

Offer versus Serve Guide for School Meals (CSDE):
https://portal.ct.gov/sde/nutrition//-/media/sde/nutrition/nslp/ovs/ovs_guide_snp.pdf

Offer versus Serve Lunch Poster for Elementary Schools (USDA):
https://fns-prod.azureedge.us/sites/default/files/resource-files/OVS_ElemPoster.pdf

Offer versus Serve Lunch Poster for High Schools (USDA):
https://fns-prod.azureedge.us/sites/default/files/resource-files/OVS_HS-Poster.pdf

Offer versus Serve Lunch Poster for Middle Schools (USDA):
https://fns-prod.azureedge.us/sites/default/files/resource-files/OVS_MiddlePoster.pdf

Offer versus Serve NSLP Posters (USDA):
https://www.fns.usda.gov/tn/offer-versus-serve-national-school-lunch-program-posters

Offer versus Serve Tip Sheet for School Food Service Managers: National School Lunch Program (USDA):
https://www.fns.usda.gov/tn/offer-vs-serve-lunch-program-tip-sheet

Offer versus Serve Tip Sheet for School Food Service Managers: School Breakfast Program (USDA):
https://www.fns.usda.gov/tn/offer-vs-serve-breakfast-program-tip-sheet

Overview of Offer versus Serve in the National School Lunch Program (CSDE):
https://portal.ct.gov/sde/nutrition/-/media/sde/nutrition/nslp/ovs/overview_ovs_nslp.pdf

Overview of Offer versus Serve in the School Breakfast Program (CSDE):
https://portal.ct.gov/sde/nutrition/-/media/sde/nutrition/nslp/ovs/overview_ovs_sbp.pdf

Signage Requirements for the National School Lunch Program and School Breakfast Program (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/ovs/signage_requirements_nslp_sbp.pdf

USDA Memo SP 35-2011 and CACFP 23-2011: Clarification on the Use of Offer versus Serve and Family Style Meal Service:
https://www.fns.usda.gov/clarification-use-offer-vs-serve-and-family-style-meal-service

USDA Memo SP 41-2015: Updated Offer vs Serve Guidance for the NSLP and SBP Beginning SY 2015-16:
https://www.fns.usda.gov/updated-offer-vs-serve-guidance-nslp-and-sbp-beginning-sy2015-16

What's in a Meal Module 15: Offer versus Serve (OVS) in the NSLP (CSDE's Training Program, What's in a Meal: National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12):
https://portal.ct.gov/sde/nutrition/meal-pattern-training-materials

What's in a Meal Module 16: Offer versus Serve (OVS) in the SBP (CSDE's Training Program, What's in a Meal: National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12):
https://portal.ct.gov/sde/nutrition/meal-pattern-training-materials

Product Formulation Statements

Food Buying Guide Module 3: Product Formulation Statements (PFS) (ICN):
https://theicn.docebosaas.com/learn/course/external/view/elearning/139/fbg-module-3-product-formulation-statements-pfs

Manufacturer's Product Formulation Statement: Is it Acceptable? (ICN and USDA):
https://www.youtube.com/watch?v=xtUo70IP9cc

Manufacturer's Product Formulation Statement: Is it Acceptable? Presentation Slides (ICN and USDA):
https://theicn.org/resources/930/march-2016/109876/manufacturers-product-formulation-statement-pfs03-31-16.pdf

Product Formulation Statement for Documenting Grains in Child Nutrition Programs (USDA):
https://www.fns.usda.gov/sites/default/files/resource-files/PFS_Grains_Oz_Eq_Fillable_508.pdf

Product Formulation Statement for Documenting Grains in Child Nutrition Programs – Completed Sample (USDA):
https://www.fns.usda.gov/sites/default/files/resource-files/PFS_Example_Grains_Oz_Eq.pdf

Product Formulation Statement for Documenting Grains/Breads Servings in the Child and Adult Care Food Program, Summer Food Service Program, and NSLP Afterschool Snacks (USDA):
https://www.fns.usda.gov/sites/default/files/resource-files/PFS_Grains-Breads_Servings_Fillable_508.pdf

Product Formulation Statement for Documenting Grains/Breads Servings in the Child and Adult Care Food Program, Summer Food Service Program, and NSLP Afterschool Snacks – Completed Sample (USDA): https://www.fns.usda.gov/sites/default/files/resource-files/PFS_Example_Grains-Breads_Servings.pdf

Product Formulation Statement for Documenting Meats/Meat Alternates (M/MA) in Child Nutrition Programs (USDA): https://www.fns.usda.gov/sites/default/files/resource-files/PFS_Meats-Meat_Alternates_Fillable_508.pdf

Product Formulation Statement for Documenting Vegetables and Fruits in School Meal Programs (USDA): https://fns-prod.azureedge.us/sites/default/files/resource-files/PFS_Veg_Subgroups_Fruits_Fillable_508.pdf

Product Formulation Statement for Documenting Vegetables and Fruits in School Meal Programs: Completed Sample for Vegetables (USDA): https://www.fns.usda.gov/sites/default/files/resource-files/PFSsamplevegetables.pdf

Product Formulation Statement for Documenting Vegetables and Fruits in School Meal Programs: Completed Sample for Fruits (USDA): https://fns-prod.azureedge.us/sites/default/files/resource-files/PFSsamplefruits.pdf

Product Formulation Statement for Documenting Vegetables and Fruits in the Child and Adult Care Food Program, Summer Food Service Program, and NSLP Afterschool Snacks (USDA): https://www.fns.usda.gov/sites/default/files/resource-files/PFS_Total_Veg_Fruits_Fillable_508.pdf

Product Formulation Statements (CSDE's Crediting Foods for Grades K-12 in School Nutrition Programs webpage): https://portal.ct.gov/sde/nutrition/crediting-foods-in-school-nutrition-programs#PFS

Reviewer's Checklist for Evaluating Manufacturer Product Formulation Statements (Product Analysis) for Meat/Meat Alternate (M/MA) Products https://fns-prod.azureedge.us/sites/default/files/reviewer_checklist.pdf

Tips for Evaluating a Manufacturer's Product Formulation Statement (USDA): https://fns-prod.azureedge.us/sites/default/files/resource-files/manufacturerPFStipsheet.pdf

Using Product Formulation Statements in the School Nutrition Programs (CSDE): https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/product_formulation_statements.pdf

What's in a Meal Module 6: Meal Pattern Documentation (CSDE's Training Program, What's in a Meal: National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12):
https://portal.ct.gov/sde/nutrition/meal-pattern-training-materials

Production Records

Production Records for School Nutrition Programs (CSDE webpage):
https://portal.ct.gov/sde/nutrition/production-records-for-school-nutrition-programs

Requirements for Production Records in School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/forms/prodrecord/requirements_production_records_nslp_sbp.pdf

What's in a Meal Module 6: Meal Pattern Documentation (CSDE's Training Program, What's in a Meal: National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12):
https://portal.ct.gov/sde/nutrition/meal-pattern-training-materials

Vegetables Component

Beans (ICN and USDA):
https://theicn.org/cnss/menu-planning/beans/

Crediting Beans, Peas, and Lentils in the School Nutrition Programs(CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/credit_beans_peas_lentils_snp.pdf

Crediting Juice for Grades K-12 in the School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/credit_juice_snp_grades_k-12.pdf

Crediting Smoothies in the Meal Patterns for Grades K-12 in the School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/credit_smoothies_snp_grades_k-12.pdf

Crediting Soups in the School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/credit_soups_snp.pdf

CSDE Operational Memorandum No. 07-19: Compliance Issues with the Vegetables and Fruits Components for Grades K-12 in the National School Lunch Program and School Breakfast Program:
https://portal.ct.gov/-/media/sde/nutrition/nslp/memos/om2019/om07-19.pdf

Food Buying Guide Section 2: Overview of Crediting Requirements for the Vegetables Component (USDA): https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/USDA_FBG_Section2_Vegetables.pdf

Food Buying Guide Section 2: Yield Table for Vegetables (USDA): https://foodbuyingguide.fns.usda.gov/files/Reports/USDA_FBG_Section2_VegetablesYieldTable.pdf

Portion Guide for Fresh Vegetables (Start with Half a Cup): https://portal.ct.gov/-/media/sde/nutrition/swhac/portionguideveg85x14.pdf

Product Formulation Statement for Documenting Vegetables and Fruits in School Meal Programs (USDA): https://fns-prod.azureedge.us/sites/default/files/resource-files/PFS_Veg_Subgroups_Fruits_Fillable_508.pdf

Product Formulation Statement for Documenting Vegetables and Fruits in School Meal Programs: Completed Sample for Vegetables (USDA): https://www.fns.usda.gov/sites/default/files/resource-files/PFSsamplevegetables.pdf

Product Formulation Statement for Documenting Vegetables and Fruits in School Meal Programs: Completed Sample for Fruits (USDA): https://fns-prod.azureedge.us/sites/default/files/resource-files/PFSsamplefruits.pdf

Product Formulation Statement for Documenting Vegetables and Fruits in the Child and Adult Care Food Program, Summer Food Service Program, and NSLP Afterschool Snacks (USDA): https://www.fns.usda.gov/sites/default/files/resource-files/PFS_Total_Veg_Fruits_Fillable_508.pdf

USDA Memo SP 26-2019, CACFP 13-2019, and SFSP 12-2019: Crediting Pasta Products Made of Vegetable Flour in the Child Nutrition Programs: https://www.fns.usda.gov/cn/crediting-pasta-products-made-vegetable-flour-child-nutrition-programs

USDA Memo SP 40-2019, CACFP 17-2019, and SFSP 17-2019: Smoothies Offered in Child Nutrition Programs: https://www.fns.usda.gov/cn/smoothies-offered-child-nutrition-programs

Vegetable Subgroups in the National School Lunch Program (CSDE): https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/vegetable_subgroups_nslp.pdf

Vegetables Component for Grades K-12 ("Documents/Forms" section of CSDE's Crediting Foods in School Nutrition Programs webpage): https://portal.ct.gov/sde/nutrition/crediting-foods-in-school-nutrition-programs/documents#Vegetables

Vegetables/Fruits Component for Grades K-12 in the ASP ("Documents/Forms" section of the CSDE's Afterschool Snack Program webpage): https://portal.ct.gov/sde/nutrition/afterschool-snack-program/documents#VegetablesFruitsK12

What's in a Meal Module 10: Vegetables Component (CSDE's Training Program, What's in a Meal: National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12): https://portal.ct.gov/sde/nutrition/meal-pattern-training-materials

Webinar: Crediting Vegetable Noodles and Coconut in the Child Nutrition Programs (USDA): https://www.fns.usda.gov/tn/crediting-vegetable-noodles-and-coconut-child-nutrition-programs

Water Availability During Meal Service

Increasing Access to Drinking Water in Schools (Centers for Disease Control and Prevention): https://www.cdc.gov/healthyschools/npao/pdf/water_access_in_schools_508.pdf

USDA Memo SP 28-2011 Revised: Child Nutrition Reauthorization 2010: Water Availability During National School Lunch Program Meal Service: https://www.fns.usda.gov/cn/water-availability-during-nslp-meal-service

USDA Memo SP 39-2019: Clarification on the Milk and Water Requirements in the School Meal Programs: https://www.fns.usda.gov/cn/clarification-milk-and-water-requirements-school-meal-program

USDA Memo SP 49-2016 and CACFP 18-2016: Resources for Making Potable Water Available in Schools and Child Care Facilities: https://www.fns.usda.gov/cn/water-availability-during-nslp-meal-service

Water Access in Schools (Centers for Disease Control and Prevention): https://www.cdc.gov/healthyschools/nutrition/wateraccess.htm

Water Availability (CSDE's on Program Guidance for School Nutrition Programs webpage): https://portal.ct.gov/sde/nutrition/program-guidance-school-nutrition-programs#w

What's in a Meal Module 14: Water Availability During Meal Service (CSDE's Training Program, What's in a Meal: National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12): https://portal.ct.gov/sde/nutrition/meal-pattern-training-materials

For more information, visit the CSDE's Meal Patterns for Grades K-12 in School Nutrition Programs webpage and Crediting Foods in School Nutrition Programs webpage or contact the school nutrition programs staff at the Connecticut State Department of Education, Bureau of Child Nutrition Programs, 450 Columbus Boulevard, Suite 504, Hartford, CT 06103-1841. This document is available at https://portal.ct.gov/-/media/sde/nutrition/nslp /meal_pattern/resources_school_meal_patterns_grades_k-12.pdf.

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