

# Overview of Menu Planning Guide for School Meals for Grades K-12: School Year 2023-24

The Connecticut State Department of Education’s (CSDE) *Menu Planning Guide for School Meals for Grades K-12* provides comprehensive guidance and resources for school food authorities (SFAs) on planning menus to meet the U.S. Department of Agriculture’s (USDA) meal patterns for grades K-12 in the National School Lunch Program (NSLP), School Breakfast Program (SBP), and Seamless Summer Option (SSO) of the NSLP.

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For more information, visit the CSDE's [Meal Patterns for Grades K-12 in School Nutrition Programs](#) and [Crediting Foods in School Nutrition Programs](#) webpages or contact the [school nutrition programs](#) staff at the Connecticut State Department of Education, Bureau of Child Nutrition Programs, 450 Columbus Boulevard, Suite 504, Hartford, CT 06103-1841.

This document is available at [https://portal.ct.gov/-/media/SDE/Nutrition/MPG/MPG\\_Overview.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/MPG/MPG_Overview.pdf)

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