Contents for
Section 7 — Resources

Click on a topic below to go to that section.

7 — Resources

This section includes links to resources and websites that assist SFAs with meeting the NSLP and SBP meal patterns and crediting requirements for grades K-12. Topics include CSDE guides and resource lists, crediting and meal pattern resources, menu planning guidance, regulations and policy, and related websites.

More links to information on the federal and state requirements and guidance for school meals are available on the CSDE's Program Guidance for School Nutrition Programs webpages. For a list of resources on the NSLP and SBP meal patterns and crediting requirements for grades K-12, refer to the CSDE's *Resources for the School Meal Patterns for Grades K-12*.

Comparison Charts

Comparison of Meal Pattern Requirements for Preschool and Grades K-12 in the Afterschool Snack Program of the NSLP (CSDE):
https://portal.ct.gov/-/media/SDE/Nutrition/ASP/Comparison_Preschool_Grades_K-12_ASP.pdf

Comparison of Meal Pattern Requirements for Preschoolers and Grades K-12 in the NSLP and SBP (CSDE):
https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Preschool/Comparison_Preschool_Grades_K-12_SNP.pdf

Comparison of Meal Pattern Requirements for the Grains Component in School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Comparison_Grain_Crediting_SNP.pdf

Comparison of Meal Pattern Requirements for the Milk Component in School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Comparison_Milk_Requirements_SNP.pdf

How Do They Compare? Child Nutrition Programs' Meal Pattern Requirements (USDA):
https://portal.ct.gov/-/media/SDE/Nutrition/CNP_Meal_Pattern_Comparison.pdf

Crediting Requirements and Documentation

Accepting Processed Product Documentation in the NSLP and SBP (CSDE):
https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Accepting_Processed_Product_Documentation_SNP.pdf

Crediting Commercial Processed Products for Grades K-12 in School Nutrition Programs (CSDE's Crediting Foods in School Nutrition Programs webpage):
https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-School-Nutrition-Programs#CommercialProducts

Crediting Foods Made from Scratch for Grades K-12 in School Nutrition Programs (CSDE's Crediting Foods in School Nutrition Programs webpage):
https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-School-Nutrition-Programs#ScratchFoods

Crediting Summary Charts for the Meal Patterns for Grades K-12 in the School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Crediting_Summary_Charts_SNP_Grades_K-12.pdf

Crediting Updates for Child Nutrition Programs: Be in the Know! Webinar Series (USDA):
https://www.fns.usda.gov/tn/crediting-updates-child-nutrition-programs-be-know-webinar-series

Exhibit A Grains Tool (USDA's Food Buying Guide for Child Nutrition Programs):
https://foodbuyingguide.fns.usda.gov/ExhibitATool/Index

Food Buying Guide for Child Nutrition Programs (USDA):
https://www.fns.usda.gov/tn/food-buying-guide-for-child-nutrition-programs

Food Buying Guide for Child Nutrition Programs: Training Resources (USDA):
https://www.fns.usda.gov/tn/food-buying-guide-training-resources

Noncreditable Foods for Grades K-12 in the NSLP and SBP (CSDE webpage):
https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Noncreditable_Foods_SNP_grades_K-12.pdf

Product Formulation Statements (CSDE's Crediting Foods for Grades K-12 in School Nutrition Programs webpage):
https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-School-Nutrition-Programs#PFS

Recipe Analysis Workbook (USDA's Food Buying Guide for Child Nutrition Programs):
https://www.fns.usda.gov/tn/food-buying-guide-interactive-web-based-tool

Standardized Recipe Form for School Nutrition Programs:
  https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/
  Standardized_Recipe_Form_Schools.docx

Standardized Recipes ("Related Resources" section of the CSDE's Crediting Foods in
  School Nutrition Programs webpage):
  https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-School-Nutrition-
  Programs#StandardizedRecipes

Tips for Evaluating a Manufacturer's Product Formulation Statement (USDA):
  https://fns-prod.azureedge.us/sites/default/files/resource-files/
  manufacturerPFStipsheet.pdf

USDA Memo SP 11-2015 (v2), CACFP 10-2015, and SFSP 13-2015: CN Labels Copied with
  a Watermark:
  https://www.fns.usda.gov/cn-labels-copied-watermark-acceptable-documentation

USDA Memo TA-2010 (v.3): Guidance for Accepting Processed Product Documentation for
  Meal Pattern Requirements:
  https://fns-prod.azureedge.us/sites/default/files/resource-files/TA07-2010v3os.pdf

Using Child Nutrition (CN) Labels in the School Nutrition Programs (CSDE):
  https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/CN_Labels_SNP.pdf

Using Product Formulation Statements in the School Nutrition Programs (CSDE):
  https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/
  Product_Formulation_Statements.pdf

When Commercial Grain Products Require a Product Formulation Statement to Credit in the
  School Nutrition Programs (CSDE):
  https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/
  When_Commercial_Grain_Products_Require_PFS_SNP.pdf

Yield Study Form for Child Nutrition Programs (CSDE):
  https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/
  Yield_Study_Form.pdf

CSDE Guides

Action Guide for Child Care Nutrition and Physical Activity Policies (CSDE):
https://portal.ct.gov/-/media/SDE/Nutrition/SWP/Action_Guide.pdf

Afterschool Snack Program Handbook (CSDE):
https://portal.ct.gov/-/media/SDE/Nutrition/ASP/ASP_Handbook.pdf

Guide to Competitive Foods in HFC Public Schools (CSDE):
https://portal.ct.gov/-/media/SDE/Nutrition/CompFoods/
Competitive_Foods_Guide_HFC.pdf

Guide to Competitive Foods in Non-HFC Public Schools (CSDE):
https://portal.ct.gov/-/media/SDE/Nutrition/CompFoods/
Competitivec_Foods_Guide_Non_HFC.pdf

Guide to Competitive Foods in Private Schools and Residential Child Care Institutions (CSDE):
https://portal.ct.gov/-/media/SDE/Nutrition/CompFoods/
Competitive_Foods_Private_RCCI.pdf

Guide to Meal Modifications in School Nutrition Programs (CSDE):
https://portal.ct.gov/-
/media/SDE/Nutrition/NSLP/SpecDiet/Guide_Meal_Modifications_SNP.pdf

Menu Planning Guide for Preschoolers in the NSLP and SBP (CSDE):
https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/
Preschool/Menu_Planning_Guide_Preschool.pdf

Menu Planning Guide for School Meals for Grades K-12 in the NSLP and SBP (CSDE):
https://portal.ct.gov/SDE/Nutrition/Menu-Planning-Guide-for-School-Meals

Offer versus Serve Guide for School Meals (CSDE):
https://portal.ct.gov/SDE/Nutrition//-/media/SDE/Nutrition/NSLP/OVS/
OVS_guide_SNP.pdf

CSDE Resource Lists

Resource List for Child Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/SDE/Nutrition/Resources/
Resources_Child_Nutrition_Programs.pdf

Resource List for Competitive Foods (CSDE):
https://portal.ct.gov/-/media/SDE/Nutrition/Resources/
Resources_Competitive_Foods.pdf

Resource List for Dietary Guidance and Nutrition Information (CSDE):
https://portal.ct.gov/-/media/SDE/Nutrition/Resources/
Resources_Dietary_Guidance.pdf

Resource List for Food Safety in Child Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/SDE/Nutrition/Resources/Resources_Food_Safety.pdf

Resource List for Health and Achievement (CSDE):
https://portal.ct.gov/-/media/SDE/Nutrition/Resources/Resources_Achievement.pdf

Resource List for Menu Planning and Food Production in Child Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/SDE/Nutrition/Resources/
Resources_Menu_Planning.pdf

Resource List for Nutrition Education (CSDE):
https://portal.ct.gov/-/media/SDE/Nutrition/Resources/
Resources_Nutrition_Education.pdf

Resource List for Obesity Data and Preventions (CSDE):
https://portal.ct.gov/-/media/SDE/Nutrition/Resources/Resources_Obesity.pdf

Resource List for Physical Activity and Physical Education (CSDE):
https://portal.ct.gov/-/media/SDE/Nutrition/Resources/ResourcesPhysicalActivity.pdf

Resource List for Special Diets in Child Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/SDE/Nutrition/Resources/Resources_Special_Diets.pdf

Resource List for Wellness Policies for Schools and Child Care (CSDE):
https://portal.ct.gov/-/media/SDE/Nutrition/Resources/
Resources_Wellness_Policy.pdf

Resources for Child Nutrition Programs (CSDE webpage):
https://portal.ct.gov/SDE/Nutrition/Resources-for-Child-Nutrition-Programs

Resources for the School Meal Patterns for Grades K-12 (CSDE):
https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/MealPattern/
Resources_School_Meal_Patterns_grades_K-12.pdf

Fruits Component

Crediting Juice for Grades K-12 in the NSLP and SBP (CSDE):
https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Credit_Juice_SNP_grades_K-12.pdf

Crediting Smoothies for Grades K-12 in the NSLP and SBP (CSDE):
https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Credit_Smoothies_SNP_grades_K-12.pdf

Crediting Vegetable Noodles and Coconut in the Child Nutrition Programs (USDA Webinar):
https://www.fns.usda.gov/tn/crediting-vegetable-noodles-and-coconut-child-nutrition-programs

CSDE Operational Memorandum No. 07-19: Compliance Issues with the Vegetables and Fruits Components for Grades K-12 in the NSLP and SBP:
https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Memos/OM2019/OM07-19.pdf

Food Buying Guide Section 3: Overview of Crediting Requirements for the Fruits Component (USDA):
https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/USDA_FBG_Section3_Fruits.pdf

Food Buying Guide Section 3: Yield Table for Fruits (USDA):
https://foodbuyingguide.fns.usda.gov/files/Reports/USDA_FBG_Section3_FruitsYieldTable.pdf

Fruits Component for Grades K-12 ("Documents/Forms" section of CSDE's Crediting Foods in School Nutrition Programs webpage):
https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-School-Nutrition-Programs/Documents#Fruits

Offering Smoothies as Part of Reimbursable School Meals (USDA):
https://www.fns.usda.gov/tn/offering-smoothies-part-reimbursable-school-meals

Portion Guide for Fresh Fruits (Start with Half a Cup):
https://portal.ct.gov/-/media/SDE/Nutrition/SWHAC/PortionGuideFruit85x14.pdf

USDA Memo SP 34-2019, CACFP 15-2019, and SFSP 15-2019: Crediting Coconut, Hominy, Corn Masa, and Masa Harina in the Child Nutrition Programs:
https://www.fns.usda.gov/cn/crediting-coconut-hominy-corn-masa-and-masa-harina-child-nutrition-programs

USDA Memo SP 40-2019, CACFP 17-2019, and SFSP 17-2019: Smoothies Offered in Child Nutrition Programs:
https://www.fns.usda.gov/cn/smoothies-offered-child-nutrition-programs

Grains Component

Calculating the Weekly Percentage of Whole Grain-rich Menu Items in the NSLP and SBP (CSDE): https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Calculate_WGR_Percentage_SNP.pdf

Calculation Methods for Grain Ounce Equivalents for Grades K-12 in the NSLP and SBP (CSDE): https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Grain_Calculation_SNP_grades_K-12.pdf

Comparison of Meal Pattern Requirements for the Grains Component in School Nutrition Programs (CSDE): https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Comparison_Grain_Crediting_SNP.pdf

Crediting Breakfast Cereals for Grades K-12 in the NSLP and SBP (CSDE): https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Credit_Cereals_SNP_grades_K-12.pdf

Crediting Enriched Grains in the NSLP and SBP (CSDE): https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Credit_Enriched_Grains_SNP.pdf

Crediting Grain-based Desserts for Grades K-12 in the School Nutrition Programs (CSDE): https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Credit_Grain_Based Desserts_grades_K-12_SNP.pdf

Crediting Whole Grains in the NSLP and SBP (CSDE): https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Credit_Whole_Grains_SNP.pdf

Exhibit A Grains Tool (USDA's Food Buying Guide for Child Nutrition Programs): https://foodbuyingguide.fns.usda.gov/ExhibitATool/Index

Exhibit A Grains Tool to the Rescue (USDA Webinar): https://www.fns.usda.gov/tn/exhibit-grains-tool-rescue

Exhibit A: Grain Requirements for Child Nutrition Programs (USDA): https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/ExhibitA.pdf

Food Buying Guide Section 4: Overview of Crediting Requirements for the Grains Component (USDA): https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/USDA_FBG_Section4_Grains.pdf

Food Buying Guide Section 4: Yield Table for Grains (USDA):
https://foodbuyingguide.fns.usda.gov/files/Reports/USDA_FBG_Section4_GrainsYieldTable.pdf

Grain Ounce Equivalents for Grades K-12 in the NSLP and SBP (CSDE):
https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Grains_Oz_Eq_SNP_grades_K-12.pdf

Grains Component for Grades K-12 ("Documents/Forms" section of CSDE's Crediting Foods in School Nutrition Programs webpage):
https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-School-Nutrition- Programs/Documents#Grains

How to Maximize the Exhibit A Grains Tool (USDA Webinar):
https://www.fns.usda.gov/tn/how-maximize-exhibit-grains-tool

How to Use the Grain Ounce Equivalents Chart for the National School Lunch Program and School Breakfast Program (CSDE):
https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/How_to_Use_Ounce_Equivalents_Chart.pdf

Meeting the Whole Grain-rich Requirement for the NSLP and SBP Meal Patterns for Grades
K-12 (CSDE):
https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/WGR_Requirement_SNP_grades_K-12.pdf

USDA Memo SP 23-2019, CACFP 10-2019, and SFSP 09-2019: Crediting Popcorn in the Child Nutrition Programs:
https://www.fns.usda.gov/cn/crediting-popcorn-child-nutrition-programs

USDA Memo SP 30-2012: Grain Requirements for the National School Lunch Program and School Breakfast Program:
https://www.fns.usda.gov/school-meals/grain-requirements-national-school-lunch-program- and-school-breakfast-program

USDA Memo SP 34-2019, CACFP 15-2019, and SFSP 15-2019: Crediting Coconut, Hominy, Corn Masa, and Masa Harina in the Child Nutrition Programs:
https://www.fns.usda.gov/cn/crediting-coconut-hominy-corn-masa-and-masa-harina-child- nutrition-programs

What's in a Meal Module 11: Grains Component (CSDE's Training Program, What's in a Meal: National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12):
https://portal.ct.gov/SDE/Nutrition/Meal-Pattern-Training-Materials

What's in a Meal Module 12: Whole Grain-rich Requirement (CSDE's Training Program, What's in a Meal: National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12):
https://portal.ct.gov/SDE/Nutrition/Meal-Pattern-Training-Materials

What's in a Meal Module 13: Grain Ounce Equivalents (CSDE's Training Program, What's in a Meal: National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12):
https://portal.ct.gov/SDE/Nutrition/Meal-Pattern-Training-Materials

When Commercial Grain Products Require a Product Formulation Statement to Credit in the School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/
When_Commercial_Grain_Products_Require_PFS_SNP.pdf

Whole Grain Resource for the National School Lunch and School Breakfast Programs (USDA):
https://www.fns.usda.gov/tn/whole-grain-resource-national-school-lunch-and-
school- breakfast-programs-0

Worksheet to Calculate the Weekly Percentage of Whole Grain-rich Menu Items in School Lunch and Breakfast Menus for Grades K-12 (CSDE):
https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/
Worksheet_Calculate_WGR_Percentage_SNP_grades_K-12.xlsx

Meal Patterns and Menu Planning

Breakfast Meal Patterns for Grades K-12 (CSDE's Meal Patterns for Grades K-12 in School Nutrition Programs webpage):
https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-School-Nutrition-
Programs/Documents#BreakfastMealPatterns

Comparison of Meal Pattern Requirements for Preschoolers and Grades K-12 in the NSLP and SBP (CSDE):
https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Preschool/
Comparison_Preschool_Grades_K-12_SNP.pdf

Dietary Specifications (Nutrition Standards for School Meals) (CSDE's Meal Patterns for Grades K-12 in School Nutrition Program webpage):
https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-School-Nutrition-
Programs/Documents#DietarySpecifications

Lunch Meal Patterns for Grades K-12 (CSDE's Meal Patterns for Grades K-12 in School Nutrition Programs webpage):
https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-School-Nutrition-Programs/Documents#LunchMealPatterns

Meal Patterns for Grades K-12 in School Nutrition Programs ("Documents/Forms" section of the CSDE's Meal Patterns for Grades K-12 in School Nutrition Programs webpage):
https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-School-Nutrition-Programs/Documents

Menu Planning Checklists for Lunch for Grades K-12 (CSDE's Forms for School Nutrition Programs webpage):
https://portal.ct.gov/SDE/Nutrition/Forms-for-School-Nutrition-Programs#MenuPlanningChecklistsLunchGradesK-12

Menu Planning for School Meals ("Related Resources" section of CSDE's Meal Patterns for Grades K-12 in School Nutrition Programs webpage):
https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-School-Nutrition-Programs/Related-Resources#MenuPlanningSchoolMeals

Nutrition Standards for School Meals (USDA webpage):
https://www.fns.usda.gov/cn/nutrition-standards-school-meals

Overview of Menu Planning for Grades K-12 in the NSLP (CSDE):
https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/MealPattern/Overview_Menu_Planning_NSLP_gradesK-12.pdf

Overview of Menu Planning for Grades K-12 in the SBP (CSDE):
https://portal.ct.gov/-/media/SDE/Nutrition/SBP/Overview_Menu_Planning_SBP_gradesK-12.pdf

Production Records for School Nutrition Programs (CSDE webpage):
https://portal.ct.gov/SDE/Nutrition/Production-Records-for-School-Nutrition-Programs

Requirements for Production Records in School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Forms/ProdRecord/Requirements_Production_Records_NSLP_SBP.pdf

Resources for the School Meal Patterns for Grades K-12 (CSDE):
https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/MealPattern/Resources_School_Meal_Patterns_gradesK-12.pdf

Transitional Sodium Limits for the NSLP and SBP (CSDE):
https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/MealPattern/Transitional_Sodium_Limits_NSLP_SBP.pdf

What's in a Meal Module 5: Dietary Specifications (CSDE's Training Program,
What's in a Meal: National School Lunch Program and School Breakfast Program Meal
Patterns for Grades K-12):
https://portal.ct.gov/SDE/Nutrition/Meal-Pattern-Training-Materials

Meat/Meat Alternates Component

Crediting Commercial Meat/Meat Alternate Products in the NSLP and SBP (CSDE):
https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/
Credit_Commercial_MMA_SNP.pdf.

Crediting Deli Meats in the NSLP and SBP (CSDE):
https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Credit_Deli_SNP.pdf

Crediting Legumes in the NSLP and SBP (CSDE):
https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/
Credit_Legumes_SNP.pdf

Crediting Nuts and Seeds in the NSLP and SBP (CSDE):
https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/
Credit_Nuts_Seeds_SNP.pdf

Crediting Tofu and Tofu Products in the NSLP and SBP (CSDE):
https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Credit_Tofu_SNP.pdf

Crediting Yogurt for Grades K-12 in the NSLP and SBP (CSDE):
https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/
Credit_Yogurt_SNP_grades_K-12.pdf

Food Buying Guide Section 1: Overview of Crediting Requirements for the
Meat/Meat Alternates Component (USDA):
https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/USDA_FBG_Secti
on1_MeatsAndMeatAlternates.pdf

Food Buying Guide Section 1: Yield Table for Meat/Meat Alternates
(USDA):
https://foodbuyingguide.fns.usda.gov/files/Reports/USDA_FBG_Secti
on1_MeatsAndMeatAlternatesYieldTable.pdf

Meat/Meat Alternates Component for Grades K-12 ("Documents/Forms" section of
CSDE's Crediting Foods in School Nutrition Programs webpage):
https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-School-Nutrition-
Programs/Documents#MMA

Questions and Answers on Alternate Protein Products (APP) (USDA):
https://www.fns.usda.gov/questions-and-answers-alternate-protein-products-app

Requirements for Alternate Protein Products in the NSLP and SBP (CSDE):
https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/
APP_Requirements_SNP.pdf

Reviewer's Checklist for Evaluating Manufacturer Product Formulation Statements for Meat/Meat Alternates (USDA):
https://fns-prod.azureedge.us/sites/default/files/reviewer_checklist.pdf

USDA Memo SP 21-2019, CACFP 08-2019, and SFSP 07-2019: Crediting Shelf-Stable, Dried and Semi-Dried Meat, Poultry, and Seafood Products in the Child Nutrition Programs:
https://www.fns.usda.gov/cn/crediting-shelf-stable-dried-and-semi-dried-meat-poultry-and-seafood-products-child-nutrition

USDA Memo SP 24-2019, CACFP 11-2019, and SFSP 10-2019: Crediting Surimi Seafood in the Child Nutrition Programs: https://www.fns.usda.gov/cn/crediting-surimi-seafood-child-nutrition-programs:
https://www.fns.usda.gov/cn/crediting-surimi-seafood-child-nutrition-programs

USDA Memo SP 25-2019, CACFP 12-2019, and SFSP 11-2019: Crediting Tempeh in the Child Nutrition Programs:
https://www.fns.usda.gov/cn/crediting-tempeh-child-nutrition-programs

USDA Memo SP 26-2019, CACFP 13-2019, and SFSP 12-2019: Crediting Pasta Products Made of Vegetable Flour in the Child Nutrition Programs:
https://www.fns.usda.gov/cn/crediting-pasta-products-made-vegetable-flour-child-nutrition-programs

USDA Memo SP 02-2024, CACFP 02-2024, SFSP 02-2024: Revised: Crediting Tofu and Soy Yogurt Products in the School Meal Programs, CACFP, and SFSP:
https://www.fns.usda.gov/cn/crediting-tofu-and-soy-yogurt-products-school-meal-programs-and-cacfp

Webinar: Additional Meat/Meat Alternates Options for CNPs: Crediting Tempeh and Surimi (USDA):
https://www.fns.usda.gov/tn/additional-meat-meat-alternate-tempeh-and-surimi

Webinar: Moving Forward: Update on Food Crediting in Child Nutrition Programs with Guidance for Dried Meat Products (USDA):
https://www.fns.usda.gov/tn/moving-forward-update-food-crediting-dried-meat-products

What's in a Meal Module 8: Meat/Meat Alternates Component (CSDE's Training Program, What's in a Meal: National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12):
https://portal.ct.gov/SDE/Nutrition/Meal-Pattern-Training-Materials

Milk Component

Allowable Milk Substitutions for Children without Disabilities in School Nutrition Programs:
https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/SpecDiet/Milk_Substitutes_SNP.pdf

Comparison of Meal Pattern Requirements for the Milk Component in School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Comparison_Milk_Requirements_SNP.pdf

CSDE Operational Memorandum No. 06-19: Summary of Federal and State Milk Requirements for the NSLP, SBP, SSO of the NSLP, ASP of the NSLP, and Special Milk Program (SMP):
https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Memos/OM2019/OM07-19.pdf

Determining if Nondairy Beverages Meet the USDA's Nutrition Standards for Fluid Milk Substitutes in School Nutrition Programs (CSDE):
https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/SpecDiet/Determining_Allowable_Nondairy_Milk_Substitutes_SNP.pdf

Food Buying Guide Section 5: Overview of Crediting Requirements for the Milk Component (USDA):
https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/USDA_FBG_Section5_Milk.pdf

Food Buying Guide Section 5: Yield Table for Milk (USDA):
https://foodbuyingguide.fns.usda.gov/files/Reports/USDA_FBG_Section5_MilkYieldTable.pdf

Milk Component for Grades K-12 ("Documents/Forms" section of CSDE's Crediting Foods in School Nutrition Programs webpage):
https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-School-Nutrition-Programs/Documents#Milk

Milk Component for Grades K-12 in the ASP ("Documents/Forms" section of the CSDE's Afterschool Snack Program webpage):
https://portal.ct.gov/SDE/Nutrition/Afterschool-Snack-Program/Documents#MilkK12

USDA Memo SP 07-2010, CACFP 04-2010, and SFSP 05-2010: Questions and Answers: Fluid Milk Substitutions:
https://www.fns.usda.gov/qas-milk-substitution-children-medical-or-special-dietary-needs-non-disability

USDA Memo SP 39-2019: Clarification on the Milk and Water Requirements in the School Meal Program:
https://www.fns.usda.gov/school-meals/clarification-milk-and-water-requirements-school- meal-program

What's in a Meal Module 7: Milk Component (CSDE's Training Program, What's in a Meal: National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12):
https://portal.ct.gov/SDE/Nutrition/Meal-Pattern-Training-Materials

Regulations and Policy

C.G.S. Section 10-221o. Lunch Periods and Recess:
https://www.cga.ct.gov/current/pub/chap_170.htm#sec_10-221o

C.G.S. Section 10-221q. Sale of beverages:
https://www.cga.ct.gov/current/pub/chap_170.htm#sec_10-221q

Child Nutrition Programs Legislation & Regulations (USDA):
https://www.fns.usda.gov/cn/program-legislation-regulations

Code of Federal Regulations (CFR) for the National School Lunch Program (7 CFR 210) (USDA):
https://www.ecfr.gov/current/title-7/subtitle-B/chapter-II/subchapter-A/part-210

Code of Federal Regulations (CFR) for the School Breakfast Program (7 CFR 220) (USDA):
https://www.ecfr.gov/current/title-7/subtitle-B/chapter-II/subchapter-A/part-220

Code of Federal Regulations (CFR) for the Special Milk Program (7 CFR 215) (USDA):
https://www.ecfr.gov/current/title-7/subtitle-B/chapter-II/subchapter-A/part-215

Comparison of Programs: SFSP/NSLP/Seamless Summer Option (USDA):
https://www.fns.usda.gov/comparison-programs-sfspnslpseamless-option

CSDE Circular Letter C-9: Federal and State Requirements for Provision and Timeframe of Daily Lunch Period for Students:
https://portal.ct.gov/-/media/SDE/Circular-Letters/circ07-08/C9.pdf

CSDE Operational Memorandum No. 02-23: Mealtime Requirements for Regular and Half Days:
https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Memos/OM2023/OM02-23.pdf

CSDE Operational Memorandum No. 10-19: Requirements for Lunch Periods in the National School Lunch Program (NSLP):
https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Memos/OM2019/OM10-19.pdf

CSDE Operational Memorandum No. 31-11: Child Nutrition Reauthorization 2010: Water Availability during National School Lunch Program Meal Service: https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Memos/OMEarlierYears/OM31-11.pdf

Laws and Regulations for Child Nutrition Programs (CSDE webpage): https://portal.ct.gov/SDE/Nutrition/Laws-and-Regulations-for-Child-Nutrition-Programs

Questions and Answers on Connecticut Statutes for School Foods and Beverages (CSDE): https://portal.ct.gov/-/media/SDE/Nutrition/HFC/Questions_Answers_Connecticut_Statutes_School_Foods_Beverages.pdf

USDA Final Rule (77 FR 4087): Nutrition Standards in the National School Lunch and School Breakfast Programs: https://www.fns.usda.gov/school-meals/fr-012612

USDA Final Rule (87 FR 6984): Child Nutrition Programs: Transitional Standards for Milk, Whole Grains, and Sodium: https://www.federalregister.gov/documents/2022/02/07/2022-02327/child-nutrition-programs-transitional-standards-for-milk-whole-grains-and-sodium

USDA Final Rule Correction (87 FR 52329): Child Nutrition Programs: Transitional Standards for Milk, Whole Grains, and Sodium: https://www.federalregister.gov/documents/2022/08/25/2022-18220/child-nutrition-programs-transitional-standards-for-milk-whole-grains-and-sodium-correction

USDA FNS Instruction 786-8: Reimbursement for Off-Site Meal Consumption: https://portal.ct.gov/-/media/SDE/Nutrition/FNSinstruction/786-8.pdf

USDA Memo SP 05-2022: Meal Requirements Under the NSLP & SBP: Q&A for Program Operators Updated to Support the Transitional Standards Effective July 1, 2022 https://www.fns.usda.gov/cn/sp052022-questions-answers-program-operators

USDA Memo SP 17-2012: Procurement Questions and Answers to Assist in the Implementation of the final rule titled Nutrition Standards in the National School Lunch and School Breakfast Program. https://www.fns.usda.gov/cn/procurement-qas-assist-implementation-final-rule

Vegetables Component

Crediting Juice for Grades K-12 in the NSLP and SBP (CSDE):
https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Credit_Juice_SNP_grades_K-12.pdf

Crediting Legumes in the NSLP and SBP (CSDE):
https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Credit_Legumes_SNP.pdf

Crediting Smoothies for Grades K-12 in the NSLP and SBP (CSDE):
https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Credit_Smoothies_SNP_grades_K-12.pdf

Crediting Soups in the NSLP and SBP (CSDE):
https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Credit_Soups_SNP.pdf

Crediting Vegetable Noodles and Coconut in the Child Nutrition Programs (USDA Webinar):
https://www.fns.usda.gov/tn/crediting-vegetable-noodles-and-coconut-child-nutrition-programs

CSDE Operational Memorandum No. 07-19: Compliance Issues with the Vegetables and Fruits Components for Grades K-12 in the NSLP and SBP:
https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Memos/OM2019/OM07-19.pdf

Food Buying Guide Section 2: Overview of Crediting Requirements for the Vegetables Component (USDA):
https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/USDA_FBG_Section2_Vegetables.pdf

Food Buying Guide Section 2: Yield Table for Vegetables (USDA):
https://foodbuyingguide.fns.usda.gov/files/Reports/USDA_FBG_Section2_VegetablesYieldTable.pdf

Portion Guide for Fresh Vegetables (Start with Half a Cup):
https://portal.ct.gov/-/media/SDE/Nutrition/SWHAC/

USDA Memo SP 06-2023, CACFP 05-2023, and SFSP 02-2023: Consolidated Appropriations Act, 2023: Effect on Child Nutrition Programs:
https://www.fns.usda.gov/cn/consolidated-appropriations-act-2023-effect-programs

USDA Memo SP 26-2019, CACFP 13-2019, and SFSP 12-2019: Crediting Pasta Products Made of Vegetable Flour in the Child Nutrition Programs:
https://www.fns.usda.gov/cn/crediting-pasta-products-made-vegetable-flour-child-nutrition-programs

USDA Memo SP 40-2019, CACFP 17-2019, and SFSP 17-2019: Smoothies Offered in Child Nutrition Programs:
https://www.fns.usda.gov/cn/smoothies-offered-child-nutrition-programs

Vegetable Subgroups in the NSLP (CSDE):
https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Vegetable_Subgroups_NSLP.pdf

Vegetables Component for Grades K-12 ("Documents/Forms" section of CSDE's Crediting Foods in School Nutrition Programs webpage):
https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-School-Nutrition-Programs/Documents#Vegetables

What's in a Meal Module 10: Vegetables Component (CSDE's Training Program, What's in a Meal: National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12):
https://portal.ct.gov/SDE/Nutrition/Meal-Pattern-Training-Materials

Water Availability During Meal Service

USDA Memo SP 28-2011: Water Availability During National School Lunch Program Meal Service:
https://www.fns.usda.gov/cn/water-availability-during-nslp-meal-service

USDA Memo SP 39-2019: Clarification on the Milk and Water Requirements in the School Meal Programs:
https://www.fns.usda.gov/school-meals/clarification-milk-and-water-requirements-school-meal-program

USDA Memo SP 49-2016 CACFP 18-2016: Resources for Making Potable Water Available in Schools and Child Care Facilities:
https://www.fns.usda.gov/resources-making-potable-water-available-schools-and-child-care-facilities-0

Water Availability (CSDE's Program Guidance for School Nutrition Programs webpage):
https://portal.ct.gov/SDE/Nutrition/Program-Guidance-School-Nutrition-Programs#WaterAvailability

What's in a Meal Module 14: Water Availability During Meal Service (CSDE's Training Program, What's in a Meal: National School Lunch Program and School Breakfast Program Meal Patterns for Grades K-12): https://portal.ct.gov/SDE/Nutrition/Meal-Pattern-Training-Materials

Websites

Afterschool Snack Program (CSDE): https://portal.ct.gov/SDE/Nutrition/Afterschool-Snack-Program

Afterschool Snack Program (USDA): https://www.fns.usda.gov/cn/afterschool-snacks

An Opportunity for Schools: Seamless Summer Option of the NSLP (USDA): https://www.fns.usda.gov/cn/opportunity-schools

Beverage Requirements (CSDE): https://portal.ct.gov/SDE/Nutrition/Beverage-Requirements

Child Nutrition (CN) Labeling (USDA): https://www.fns.usda.gov/cn/labeling-program

Child Nutrition Programs (CSDE): https://portal.ct.gov/SDE/Nutrition/Child-Nutrition-Programs

Child Nutrition Sharing Site (ICN): https://theicn.org/cnss/

Choose MyPlate (USDA): https://www.choosemyplate.gov/

Competitive Foods in Schools (CSDE): https://portal.ct.gov/SDE/Nutrition/Competitive-Foods

Connecticut Child Nutrition Programs (CSDE): https://portal.ct.gov/SDE/Nutrition/Child-Nutrition-Programs

Connecticut General Statutes for School Foods and Beverages (CSDE): https://portal.ct.gov/SDE/Nutrition/Requirements-for-School-Foods-and-Beverages/Regulations

Dietary Guidelines for Americans (USDA): https://health.gov/dietaryguidelines/

Farm to School (CSDE): https://portal.ct.gov/SDE/Nutrition/Farm-to-School

Food and Nutrition Service (FNS) Documents & Resources (USDA webpage):
https://www.fns.usda.gov/resources

Food and Nutrition Service (FNS) Instructions (CSDE):
https://portal.ct.gov/SDE/Nutrition/FNS-Instructions-for-Child-Nutrition-Programs

Food Buying Guide for Guide for Child Nutrition Programs (USDA):
https://portal.ct.gov/SDE/Nutrition/FNS-Instructions-for-Child-Nutrition-Programs

Food Labeling & Nutrition (FDA):
https://www.fda.gov/food/food-labeling-nutrition

Fresh Fruit and Vegetable Program (CSDE):
https://portal.ct.gov/SDE/Nutrition/Fresh-Fruit-and-Vegetable-Program

Healthy Food Certification (CSDE):
https://portal.ct.gov/SDE/Nutrition/Healthy-Food-Certification

Laws and Regulations for Child Nutrition Programs (CSDE):
https://portal.ct.gov/SDE/Nutrition/Laws-and-Regulations-for-Child-Nutrition-Programs

List of Acceptable Foods and Beverages (CSDE):
https://portal.ct.gov/SDE/Nutrition/List-of-Acceptable-Foods-and-Beverages

Manuals and Guides for Child Nutrition Programs (CSDE):
https://portal.ct.gov/SDE/Nutrition/Manuals-and-Guides-for-Child-Nutrition-Programs

Meal Pattern Training Materials for School Nutrition Programs (CSDE):
https://portal.ct.gov/SDE/Nutrition/Meal-Pattern-Training-Materials

Meal Patterns for Grades K-12 in School Nutrition Programs (CSDE):
https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-School-Nutrition-Programs

Menu Planning for Child Nutrition Programs (CSDE):
https://portal.ct.gov/SDE/Nutrition/Menu-Planning

National School Lunch Program (CSDE):
https://portal.ct.gov/SDE/Nutrition/National-School-Lunch-Program

Nutrition Education (CSDE):
https://portal.ct.gov/SDE/Nutrition/Nutrition-Education

Nutrition Standards for School Meals (USDA):
http://www.fns.usda.gov/cnd/governance/legislation/nutritionstandards.htm

Offer versus Serve for Grades K-12 in School Nutrition Programs (CSDE):
https://portal.ct.gov/SDE/Nutrition/Offer-versus-Serve-for-School-Nutrition-Programs

Operating Child Nutrition Programs during COVID-19 (CSDE):
https://portal.ct.gov/SDE/Nutrition/Operating-Child-Nutrition-Programs-during-COVID-19

Operational Memoranda for School Nutrition Programs (CSDE):
https://portal.ct.gov/SDE/Lists/Operational-Memoranda-for-School-Nutrition-Programs

Procurement for School Nutrition Programs (CSDE):
https://portal.ct.gov/SDE/Nutrition/Procurement-for-School-Nutrition-Programs

Production Records for School Nutrition Programs (CSDE):
https://portal.ct.gov/SDE/Nutrition/Production-Records-for-School-Nutrition-Programs

Program Guidance for School Nutrition Programs (CSDE):
https://portal.ct.gov/SDE/Nutrition/Program-Guidance-School-Nutrition-Programs

Resources for Child Nutrition Programs (CSDE):
https://portal.ct.gov/SDE/Nutrition/Resources-for-Child-Nutrition-Programs

School Breakfast Program (CSDE):
https://portal.ct.gov/SDE/Nutrition/School-Breakfast-Program

School Wellness Policies (CSDE):
https://portal.ct.gov/SDE/Nutrition/School-Wellness-Policies

Seamless Summer Option of the NSLP (CSDE):
https://portal.ct.gov/SDE/Nutrition/Seamless-Summer-Option-SSO-of-the-NSLP

Special Diets in School Nutrition Programs (CSDE):
https://portal.ct.gov/SDE/Nutrition/Special-Diets-in-School-Nutrition-Programs

Special Milk Program (CSDE):
https://portal.ct.gov/SDE/Nutrition/Special-Milk-Program

Special Milk Program (USDA):
https://www.fns.usda.gov/smp/special-milk-program

Training for Child Nutrition Programs (CSDE):
https://portal.ct.gov/SDE/Nutrition/Training-for-Child-Nutrition-Programs