## **Behavioral Health Sub-Committee**

Criminal Justice Policy Advisory Commission Criminal Justice Policy and Planning Division Connecticut Office of Policy and Management

## October 4, 2018 9:00 – 11:00 am (Page Hall, Conference Room 213)

## Minutes

In attendance: Michael Aiello, Martha Brown, Craig Burns, Magdalena Lekarczyk, Ed Mattison, Michael Norko, Monte Radler, David Rentler, Sally Zanger, Joann Norman, Sandra Violette, Sarah Baker (guest)

- 1. Introductions:
- 2. Minutes of July 5, 2018 meeting approved with one change in attendance list
- 3. Additions to agenda none
- 4. Substance abuse services for justice involved adults

Dr. Norko reported that the DMHAS proposal for the SAMHSA State Opioid Response (SOR) Grant has been approved, and distributed a description of the grant. Funds will be used to continue a number of projects that were started with the earlier SAMHSA State Targeted Response (STR) Opioid grant, including the continuation of: DOC's "Living Free" re-entry initiative that involves extensive in-reach pre-release, followed by treatment post-release in New Britain/Bristol; support for methadone maintenance and implement MAT induction at DOC facilities; support for the CSSD "Treatment Program Pathway" that involves a court-based assessment by a clinician and warm-hand-off to treatment when approved by court in Torrington, New London, Waterbury; and support for the implementation of the "Law Enforcement Assisted Diversion" (LEAD) initiatives in Hartford and New Haven.

- 5. BH program updates -
  - A. Addressed above.
  - B. No report
- 6. DOC BH updates no report
- 7. CJPAC Next meeting Thursday, October 25, 2018, Legislative Office Building
- 8. Interest Area updates no updates at this time
- 9. Other agency updates No reports
- 10. Other Items Future of the BH Subcommittee

Extended discussion was held about the future of the behavioral health subcommittee (BHS). Consensus was reached that we will focus on services for dually diagnosed individuals in the criminal justice system over the next 1-2 years, and meet more frequently (bi-monthly) to develop and maintain momentum. Several providers already do this, and DMHAS has been encouraging substance treatment providers to serve dually diagnosed individuals. We discussed ways to use/expand existing program and program models for this purpose, including FUSE, CORP, CREST, ASIST, Social Rehabilitation Program (SRP) at York, T.R.U.E. at Cheshire CI [which has a counterpart at York, called W.O.R.T.H.], and the vocational rehabilitation program at Willard-Cybulski. We discussed possibilities of expanding SRP to men, expanding CORP-style programming to more inmates at more facilities, having CORP programming straddle incarceration and post-release time periods, extending the Time Out program in DOC to post-release programs, and proposing such developments for DOJ/other grants in the future. Programs for dually-diagnosed individuals should also include focus on exercise, movement, self-mastery, and nutrition

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as a balance to talk therapies. We began discussions of two concrete ideas: 1) a joint project of CSSD, DMHAS and DOC to target dual diagnosis clients at Sierra or ASIST, utilizing evidence-based CBT and motivational-interviewing programming in an open-enrollment arrangement; 2) a program for dual diagnosis inmates housed together, receiving services from DOC, DMHAS and CSSD during incarceration and into the community. Mike Aiello volunteered to describe these ideas in more detail for distribution to the members, to be discussed further at the next meeting in November.

11. Bi-monthly Meetings: 9:00am – 11:00am, Russell Hall, 2<sup>nd</sup> floor, CVH Campus November 1, 2018
January 3, 2019
March 7, 2019
May 2, 2019
July 11, 2019
Sept 5, 2019