#### WHAT IS NARCAN NASAL SPRAY?

- NARCAN® Nasal Spray is a prescription medicine used for the treatment of a known or suspected opioid overdose emergency with signs of breathing problems and severe sleepiness or not being able to respond.
- NARCAN® Nasal Spray is to be given right away and does not take the place of emergency medical care. Get emergency medical help right away after giving the first dose of NARCAN® Nasal Spray, even if the person wakes up.

NARCAN® Nasal Spray is safe and effective in children for known or suspected opioid overdose.

If you suspect an opioid overdose, administer NARCAN. Nasal Spray and get emergency medical assistance right away.

# KEY STEPS TO ADMINISTERING NARCAN® NASAL SPRAY\*:

#### PEEL



Peel back the package to remove the device. Hold the device with your thumb on the bottom of the red plunger and 2 fingers on the nozzle.

### **PLACE**



Place and hold the tip of the nozzle in either nostril until your fingers touch the bottom of the patient's nose.



Press the red plunger firmly to release the dose into the patient's nose.

Not a substitute for emergency medical care. When administering NARCAN Nasal Spray, always be sure to call 911 right away, even if the person wakes up. Keep the patient under surveillance or close watch. If breathing does not return to normal or if breathing difficulty resumes, after 2-3 minutes, give an additional dose of NARCAN. Nasal Spray using a new device in the alternate nostril. Repeat doses may be necessary.

## OW TO ADMINISTER

In this video, you will learn how to:

- Recognize symptoms of an opioid overdose
- Administer NARCAN Nasal Spray
- How to proceed if the person regains consciousness before help arrives

Who should not use NARCAN® Nasal Spray?

Do not use NARCAN\* Nasal Spray if you are allergic to naloxone hydrochloride or any of the ingredients in NARCAN® Nasal Spray.

What is the most important information I should know about NARCAN® Nasal Spray?

NARCAN® Nasal Spray is used to temporarily reverse the effects of opioid medicines. The medicine in

NARCAN® Nasal Spray has no effect on people who are not taking opioid medicines. Always carry NARCAN® Nasal Spray with you in case of an opioid overdose.

- 1. Use NARCAN® Nasal Spray right away if you or your caregiver think signs or symptoms of an opioid overdose are present, even if you are not sure because an opioid overdose can cause severe injury or death. Signs and symptoms of an opioid overdose may include:
  - o unusual sleepiness and you are not able to awaken the person with a loud voice or by rubbing firmly on the middle of their chest (sternum)
  - o breathing problems including slow or shallow breathing in someone difficult to awaken or who looks like they are not breathing
  - o the black circle in the center of the colored part of the eye (pupil) is very small, sometimes called "pinpoint pupils," in someone difficult to awaken
- 2. Family members, caregivers, or other people who may have to use NARCAN® Nasal Spray in an opioid overdose should know where NARCAN® Nasal Spray is stored and how to give NARCAN® Nasal Spray before an opioid overdose happens.
- 3. Get emergency medical help right away after giving the first dose of NARCAN\* Nasal Spray. Rescue breathing or CPR (cardiopulmonary resuscitation) may be given while waiting for emergency medical help.
- 4. The signs and symptoms of an opioid overdose can return after NARCAN® Nasal Spray is given. If this happens, give another dose after 2 to 3 minutes using a new NARCAN® Nasal Spray device and watch the person closely until emergency help is received.

FOR ADDITIONAL INFORMATION ABOUT NARCAN AND HOW TO OBTAIN NALOXONE PLEASE EMAIL- DOC.NARCAN@ct.gov