

Money Follows the Person

A PROGRAM TO HELP LONG TERM SERVICE
AND SUPPORT (LTSS) CONSUMERS LIVE IN
THE SETTING OF THEIR CHOICE



History and Purpose

Money Follows the Person was created as a response to the Olmstead decision; “The U.S. Supreme Court's 1999 landmark decision in Olmstead v. L.C. (Olmstead) found the unjustified segregation of people with disabilities is a form of unlawful discrimination under the Americans with Disabilities Act (ADA). “ (Health and Human Services/Olmstead)

Until this decision people with mental health and physical disabilities were primarily receiving services in long term care facilities and other institutions. In effect forcing them to remain institutionalized and segregated from the general public.

Program Goals and Benchmarks

- Transition 5200 persons from Institutions to the community with appropriate supports.
- Increase dollars to home & community-based services.
- Increase the probability that an individual admitted to a facility will return to the community within six months.
- Increase the percentage of individuals receiving long-term supports in the community
- Decrease the number of hospital discharges to nursing facilities.

CT MFP has reached all of the program goals and benchmarks listed above; as an ongoing program under Connecticut Medicaid.

Basic Program Requirements and Additional Rules

- At the time of the application a person:
 - Must be in a Qualified Institution (i.e. Nursing Facility, Hospital, Chronic Disease Hospital, Intermediate Care Facility for Persons with a Developmental Disability.)
 - Must have a pending application for Medicaid.
- At the time of the person's transition:
 - Must have been institutionalized for three months*
 - Have a service plan that can be supported on Medicaid after the MFP demonstration year.

Money Follows the Person Demonstration Program supports the person in the community for 365 days. Many of the services and or subsidies provided by the program remain with the person after the demonstration year.

Variety of Services Based on Needs

- Multiple waiver services intended to help manage mental health, physical needs, and cognitive needs for all ages.
- Demonstration services for those who qualify which may include housing services as well care services. What is demonstrated to be helpful in the program has a possibility for sustainability in Medicaid moving forward.
- Case management assistance for Medicaid services and tenancy support for up to 365 days.

It takes a village to transition one person from an institution to community setting.

- Specialized Care Manager
- Transition Coordinator
- Housing Coordinator
- Central Office Nursing
- Other Central Office Technical assistance

Housing in Money Follows the Person

Task Name	Task Description	Priority	Parent Support
1.0000	Transition Work Group		
1.0001	Transition Access		
1.0002	Transition Support		
1.0003	Transition Planning		
1.0004	Transition Assessment		
1.0005	Transition Evaluation		
1.0006	Transition Implementation		
1.0007	Transition Monitoring		
1.0008	Transition Evaluation		
1.0009	Transition Support		
1.0010	Transition Planning		
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1.0012	Transition Evaluation		
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1.0020	Transition Implementation		
1.0021	Transition Monitoring		
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1.0023	Transition Support		
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1.0025	Transition Assessment		
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1.0040	Transition Evaluation		
1.0041	Transition Implementation		
1.0042	Transition Monitoring		
1.0043	Transition Evaluation		
1.0044	Transition Support		
1.0045	Transition Planning		
1.0046	Transition Assessment		
1.0047	Transition Evaluation		
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1.0095	Transition Assessment		
1.0096	Transition Evaluation		
1.0097	Transition Implementation		
1.0098	Transition Monitoring		
1.0099	Transition Evaluation		
1.0100	Transition Support		

- There are approximately 100+ tasks needed for the transition of a single consumer
- Yellow Highlights are the potential housing activities with any single client
- The highlighted activities involve direct consumer /LL/or HA communication
- HC's must constantly work beyond the highlights
- Most items on the list follow a linear process
- Being a housing resource is not a linear support function.
- Timing is essential for all avenues of progress to integrate to give the consumer a healthy and safe transition to the community

Person Center Housing paired with Housing First

Person-centered Housing-is an approach that provides an individual with information about availability, affordability, accessibility, and community inclusion options in housing. The housing options are based on the consumer's individual preferences, choices, and strengths. The process and housing choice must respect the consumer's rights to autonomy and privacy in the most independent and integrated setting possible.

Housing First- is an approach to quickly and successfully connect individuals and families experiencing homelessness to permanent housing without preconditions and barriers to entry, such as sobriety, treatment or service participation requirements.” (HUD Exchange)

Housing Related Assistance

- Housing Search assistance
- Rental Assistance Program (RAP)
- Security Deposit Guarantee (SDG)
- CT811- Project based housing
- Modification Funding based on approved plan of care

COVID's Affect on MFP

- Care planning
- Staffing
- Housing
- Other areas

Resources

- How to Apply?
 - www.ctmfp.com
- Where to learn more about long-term services and supports and options for Medicaid and non-Medicaid?
 - www.myplacect.org

References

- Health and Humans Services (HHS)/ Olmstead-- <https://www.hhs.gov/civil-rights/for-individuals/special-topics/community-living-and-olmstead/index.html>
- HUD Exchange-- <https://www.hudexchange.info/resource/3892/housing-first-in-permanent-supportive-housing-brief/>

Presenters

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