

# Menu Planning Guide for School Meals for Grades K-12

## School Year 2020-21 (July 1, 2020, through June 30, 2021)

The Connecticut State Department of Education's (CSDE) *Menu Planning Guide for School Meals for Grades K-12* (MPG) contains information and guidance on planning menus to meet the U.S. Department of Agriculture's (USDA) meal patterns for grades K-12 in the National School Lunch Program (NSLP) and School Breakfast Program (SBP), based on the USDA's regulations and policies and Connecticut statutes and regulations. The contents of the MPG are subject to change. The CSDE updates this guide when the USDA issues additional policy and guidance.

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For more information on menu planning and crediting foods, visit the CSDE's [Meal Patterns for Grades K-12 in School Nutrition Programs](#) and [Crediting Foods in School Nutrition Programs](#) webpages, or contact the [school nutrition programs](#) staff in the CSDE Bureau of Health/Nutrition, Family Services and Adult Education, 450 Columbus Boulevard, Suite 504, Hartford, CT 06103-1841.

This document is available at <https://portal.ct.gov/-/media/SDE/Nutrition/MPG/MPGOverview.pdf>.

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