The Connecticut State Department of Education’s (CSDE) Menu Planning Guide for School Meals for Grades K-12 (MPG) contains information and guidance on planning menus to meet the U.S. Department of Agriculture’s (USDA) meal patterns for grades K-12 in the National School Lunch Program (NSLP) and School Breakfast Program (SBP), based on the USDA’s regulations and policies and Connecticut statutes and regulations. The contents of the MPG are subject to change. The CSDE updates this guide when the USDA issues additional policy and guidance.

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