

## 7 — Resources

This section includes links to resources and websites that assist SFAs with meeting the NSLP and SBP meal pattern and crediting requirements for grades K-12. Topics include CSDE guides and resource lists, crediting and meal pattern resources, menu planning guidance, regulations and policy, and related websites.

More links to information on the federal and state requirements and guidance for school meals are available on the CSDE's [Program Guidance for School Nutrition Programs](#) webpages. For a list of resources on the NSLP and SBP meal patterns and crediting requirements for grades K-12, refer to the CSDE's [Resources for the School Meal Patterns for Grades K-12](#).

### Comparison Charts

Comparison of Meal Pattern Requirements for Preschool and Grades K-12 in the Afterschool Snack Program of the NSLP (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/ASP/Comparison\\_Preschool\\_Grades\\_K-12\\_ASP.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/ASP/Comparison_Preschool_Grades_K-12_ASP.pdf)

Comparison of Meal Pattern Requirements for Preschoolers and Grades K-12 in the NSLP and SBP (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Preschool/Comparison\\_Preschool\\_Grades\\_K-12\\_SNP.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Preschool/Comparison_Preschool_Grades_K-12_SNP.pdf)

Comparison of Meal Pattern Requirements for the Grains Component in School Nutrition Programs (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Comparison\\_Grain\\_Crediting\\_SNP.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Comparison_Grain_Crediting_SNP.pdf)

Comparison of Meal Pattern Requirements for the Milk Component in School Nutrition Programs (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Comparison\\_Milk\\_Requirements\\_SNP.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Comparison_Milk_Requirements_SNP.pdf)

How Do They Compare? Child Nutrition Programs' Meal Pattern Requirements (USDA):

[https://portal.ct.gov/-/media/SDE/Nutrition/CNP\\_Meal\\_Pattern\\_Comparison.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/CNP_Meal_Pattern_Comparison.pdf)

## Crediting Requirements and Documentation

Accepting Processed Product Documentation in the NSLP and SBP (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Accepting\\_Proccsed\\_Product\\_Documentation\\_SNP.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Accepting_Proccsed_Product_Documentation_SNP.pdf)

Child Nutrition (CN) Labeling Program (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/CN\\_Labeling\\_Program.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/CN_Labeling_Program.pdf)

Crediting Commercial Processed Products for Grades K-12 in School Nutrition Programs (CSDE's Crediting Foods in School Nutrition Programs webpage):

<https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-School-Nutrition-Programs#CommercialProducts>

Crediting Foods Made from Scratch for Grades K-12 in School Nutrition Programs (CSDE's Crediting Foods in School Nutrition Programs webpage):

<https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-School-Nutrition-Programs#ScratchFoods>

Crediting Summary Charts for the Meal Patterns for Grades K-12 in the School Nutrition Programs (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Crediting\\_Summary\\_Charts\\_SNP\\_Grades\\_K-12.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Crediting_Summary_Charts_SNP_Grades_K-12.pdf)

Crediting Updates for Child Nutrition Programs: Be in the Know! Webinar Series (USDA):

<https://www.fns.usda.gov/tn/crediting-updates-child-nutrition-programs-be-know-webinar-series>

Exhibit A Grains Tool (USDA's Food Buying Guide for Child Nutrition Programs):

<https://foodbuyingguide.fns.usda.gov/ExhibitATool/Index>

Food Buying Guide for Child Nutrition Programs (USDA):

<https://www.fns.usda.gov/tn/food-buying-guide-for-child-nutrition-programs>

Food Buying Guide for Child Nutrition Programs: Training Resources (USDA):

<https://www.fns.usda.gov/tn/food-buying-guide-training-resources>

Noncreditable Foods for Grades K-12 in the NSLP and SBP (CSDE webpage):

[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Noncreditable\\_Foods\\_SNP\\_grades\\_K-12.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Noncreditable_Foods_SNP_grades_K-12.pdf)

Product Formulation Statements (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Product\\_Formulation\\_Statements.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Product_Formulation_Statements.pdf)

Product Formulation Statements (CSDE’s Crediting Foods for Grades K-12 in School Nutrition Programs webpage):

<https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-School-Nutrition-Programs#PFS>

Recipe Analysis Workbook (USDA’s Food Buying Guide for Child Nutrition Programs):

<https://www.fns.usda.gov/tn/food-buying-guide-interactive-web-based-tool>

Standardized Recipe Form for School Nutrition Programs:

[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Standardized\\_Recipe\\_Form\\_Schools.docx](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Standardized_Recipe_Form_Schools.docx)

Standardized Recipes (“Related Resources” section of the CSDE’s Crediting Foods in School Nutrition Programs webpage):

<https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-School-Nutrition-Programs#StandardizedRecipes>

Tips for Evaluating a Manufacturer’s Product Formulation Statement (USDA):

<https://fns-prod.azureedge.net/sites/default/files/resource-files/manufacturerPFStipsheet.pdf>

USDA Memo SP 11-2015 (v2), CACFP 10-2015 and SFSP 13-2015: CN Labels Copied with a Watermark:

<https://www.fns.usda.gov/cn-labels-copied-watermark-acceptable-documentation>

USDA Memo TA 07-2010 (v.3): Guidance for Accepting Processed Product Documentation for Meal Pattern Requirements:

<https://fns-prod.azureedge.net/sites/default/files/cn/TA07-2010v3os.pdf>

USDA Memo TA-2010 (v.3): Guidance for Accepting Processed Product Documentation for Meal Pattern Requirements:

<https://fns-prod.azureedge.net/sites/default/files/resource-files/TA07-2010v3os.pdf>

Yield Study Form for Child Nutrition Programs (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Yield\\_Study\\_Form.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Yield_Study_Form.pdf)

### CSDE Guides

Accommodating Special Diets in School Nutrition Programs (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/SpecDiet/Special\\_Diets\\_Guide\\_SNP.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/SpecDiet/Special_Diets_Guide_SNP.pdf)

Action Guide for Child Care Nutrition and Physical Activity Policies (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/SWP/Action\\_Guide.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/SWP/Action_Guide.pdf)

Afterschool Snack Program Handbook (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/ASP/ASP\\_Handbook.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/ASP/ASP_Handbook.pdf)

Guide to Competitive Foods in HFC Public Schools (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/CompFoods/Competitive\\_Foods\\_Guide\\_HFC.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/CompFoods/Competitive_Foods_Guide_HFC.pdf)

Guide to Competitive Foods in Non-HFC Public Schools (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/CompFoods/Competitive\\_Foods\\_Guide\\_Non\\_HFC.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/CompFoods/Competitive_Foods_Guide_Non_HFC.pdf)

Guide to Competitive Foods in Private Schools and Residential Child Care Institutions (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/CompFoods/Competitive\\_Foods\\_Private\\_RCCL.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/CompFoods/Competitive_Foods_Private_RCCL.pdf)

Menu Planning Guide for Preschoolers in the NSLP and SBP (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Preschool/Menu\\_Planning\\_Guide\\_Preschool.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Preschool/Menu_Planning_Guide_Preschool.pdf)

Menu Planning Guide for School Meals for Grades K-12 in the NSLP and SBP (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Menu-Planning-Guide-for-School-Meals>

Offer versus Serve Guide for School Meals (CSDE):

[https://portal.ct.gov/SDE/Nutrition/-/media/SDE/Nutrition/NSLP/OVS/OVS\\_guide\\_SNP.pdf](https://portal.ct.gov/SDE/Nutrition/-/media/SDE/Nutrition/NSLP/OVS/OVS_guide_SNP.pdf)

## CSDE Resource Lists

Resource List for Child Nutrition Programs (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/Resources/Resources\\_Child\\_Nutrition\\_Programs.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/Resources/Resources_Child_Nutrition_Programs.pdf)

Resource List for Competitive Foods (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/Resources/Resources\\_Competitive\\_Foods.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/Resources/Resources_Competitive_Foods.pdf)

Resource List for Dietary Guidance and Nutrition Information (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/Resources/Resources\\_Dietary\\_Guidance.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/Resources/Resources_Dietary_Guidance.pdf)

Resource List for Food Safety in Child Nutrition Programs (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/Resources/Resources\\_Food\\_Safety.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/Resources/Resources_Food_Safety.pdf)

Resource List for Health and Achievement (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/Resources/Resources\\_Achievement.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/Resources/Resources_Achievement.pdf)

Resource List for Menu Planning and Food Production in Child Nutrition Programs (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/Resources/Resources\\_Menu\\_Planning.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/Resources/Resources_Menu_Planning.pdf)

Resource List for Nutrition Education (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/Resources/Resources\\_Nutrition\\_Education.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/Resources/Resources_Nutrition_Education.pdf)

Resource List for Obesity Data and Preventions (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/Resources/Resources\\_Obesity.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/Resources/Resources_Obesity.pdf)

Resource List for Physical Activity and Physical Education (CSDE):

<https://portal.ct.gov/-/media/SDE/Nutrition/Resources/ResourcesPhysicalActivity.pdf>

Resource List for Special Diets in Child Nutrition Programs (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/Resources/Resources\\_Special\\_Diets.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/Resources/Resources_Special_Diets.pdf)

Resource List for Wellness Policies for Schools and Child Care (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/Resources/Resources\\_Wellness\\_Policy.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/Resources/Resources_Wellness_Policy.pdf)

Resources for Child Nutrition Programs (CSDE webpage):

<https://portal.ct.gov/SDE/Nutrition/Resources-for-Child-Nutrition-Programs>

Resources for the School Meal Patterns for Grades K-12 (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/MealPattern/Resources\\_School\\_Meal\\_Patterns\\_grades\\_K-12.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/MealPattern/Resources_School_Meal_Patterns_grades_K-12.pdf)

## Fruits Component

Crediting Juice for Grades K-12 in the NSLP and SBP (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Credit\\_Juice\\_SNP\\_grades\\_K-12.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Credit_Juice_SNP_grades_K-12.pdf)

Crediting Smoothies for Grades K-12 in the NSLP and SBP (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Credit\\_Smoothies\\_SNP\\_grades\\_K-12.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Credit_Smoothies_SNP_grades_K-12.pdf)

CSDE Operational Memorandum No. 07-19: Compliance Issues with the Vegetables and Fruits Components for Grades K-12 in the NSLP and SBP:

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Memos/OM2019/OM07-19.pdf>

Food Buying Guide Section 3: Overview of Crediting Requirements for the Fruits Component (USDA):

[https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/USDA\\_FBG\\_Section3\\_Fruits.pdf](https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/USDA_FBG_Section3_Fruits.pdf)

Food Buying Guide Section 3: Yield Table for Fruits (USDA):

[https://foodbuyingguide.fns.usda.gov/files/Reports/USDA\\_FBG\\_Section3\\_FruitsYieldTable.pdf](https://foodbuyingguide.fns.usda.gov/files/Reports/USDA_FBG_Section3_FruitsYieldTable.pdf)

Fruits Component for Grades K-12 (“Documents/Forms” section of CSDE’s Crediting Foods in School Nutrition Programs webpage):

<https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-School-Nutrition-Programs/Documents#Fruits>

Portion Guide for Fresh Fruits (Start with Half a Cup):

<https://portal.ct.gov/-/media/SDE/Nutrition/SWHAC/PortionGuideFruit85x14.pdf>

USDA Memo SP 34-2019, CACFP 15-2019 and SFSP 15-2019: Crediting Coconut, Hominy, Corn Masa, and Masa Harina in the Child Nutrition Programs:

<https://www.fns.usda.gov/cn/crediting-coconut-hominy-corn-masa-and-masa-harina-child-nutrition-programs>

USDA Memo SP 40-2019, CACFP 17-2019 and SFSP 17-2019: Smoothies Offered in Child Nutrition Programs:

<https://www.fns.usda.gov/cn/smoothies-offered-child-nutrition-programs>

## Grains Component

Calculation Methods for Grain Ounce Equivalents for Grades K-12 in the NSLP and SBP (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Grain\\_Calculation\\_SNP\\_grades\\_K-12.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Grain_Calculation_SNP_grades_K-12.pdf)

Comparison of Meal Pattern Requirements for the Grains Component in School Nutrition Programs (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Comparison\\_Grain\\_Crediting\\_SNP.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Comparison_Grain_Crediting_SNP.pdf)

Crediting Breakfast Cereals for Grades K-12 in the NSLP and SBP (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Credit\\_Cereals\\_SNP\\_grades\\_K-12.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Credit_Cereals_SNP_grades_K-12.pdf)

Crediting Enriched Grains in the NSLP and SBP (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Credit\\_Enriched\\_Grains\\_SNP.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Credit_Enriched_Grains_SNP.pdf)

Crediting Whole Grains in the NSLP and SBP (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Credit\\_Whole\\_Grains\\_SNP.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Credit_Whole_Grains_SNP.pdf)

Exhibit A Grains Tool (USDA's Food Buying Guide for Child Nutrition Programs):

<https://foodbuyingguide.fns.usda.gov/ExhibitATool/Index>

Exhibit A: Grain Requirements for Child Nutrition Programs (USDA):

<https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/ExhibitA.pdf>

Food Buying Guide Exhibit A Grains Tool (USDA):

<https://foodbuyingguide.fns.usda.gov/ExhibitATool/Index>

Food Buying Guide Section 4: Overview of Crediting Requirements for the Grains Component (USDA):

[https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/USDA\\_FBG\\_Section4\\_Grains.pdf](https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/USDA_FBG_Section4_Grains.pdf)

Food Buying Guide Section 4: Yield Table for Grains (USDA):

[https://foodbuyingguide.fns.usda.gov/files/Reports/USDA\\_FBG\\_Section4\\_GrainsYieldTable.pdf](https://foodbuyingguide.fns.usda.gov/files/Reports/USDA_FBG_Section4_GrainsYieldTable.pdf)

Grain Ounce Equivalents for Grades K-12 in the NSLP and SBP (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Grains\\_Oz\\_Eq\\_SNP\\_grades\\_K-12.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Grains_Oz_Eq_SNP_grades_K-12.pdf)

Grains Component for Grades K-12 (“Documents/Forms” section of CSDE’s Crediting Foods in School Nutrition Programs webpage):  
<https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-School-Nutrition-Programs/Documents#Grains>

Meeting the Whole Grain-rich Requirement for the NSLP and SBP Meal Patterns for Grades K-12 (CSDE):  
[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/WGR\\_Requirement\\_SNP\\_grades\\_K-12.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/WGR_Requirement_SNP_grades_K-12.pdf)

Recipe Analysis Workbook (USDA’s Food Buying Guide for Child Nutrition Programs):  
<https://www.fns.usda.gov/tn/food-buying-guide-interactive-web-based-tool>

USDA Memo SP 23-2019, CACFP 10-2019 and SFSP 09-2019: Crediting Popcorn in the Child Nutrition Programs:  
<https://www.fns.usda.gov/cn/crediting-popcorn-child-nutrition-programs>

USDA Memo SP 30-2012: Grain Requirements for the National School Lunch Program and School Breakfast Program:  
<https://www.fns.usda.gov/school-meals/grain-requirements-national-school-lunch-program-and-school-breakfast-program>

### Meal Patterns and Menu Planning

Breakfast Meal Patterns for Grades K-12 (CSDE’s Meal Patterns for Grades K-12 in School Nutrition Programs webpage):  
<https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-School-Nutrition-Programs/Documents#BreakfastMealPatterns>

Comparison of Meal Pattern Requirements for Preschoolers and Grades K-12 in the NSLP and SBP (CSDE):  
[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Preschool/Comparison\\_Preschool\\_Grades\\_K-12\\_SNP.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Preschool/Comparison_Preschool_Grades_K-12_SNP.pdf)

Dietary Specifications (Nutrition Standards for School Meals) (CSDE’s Meal Patterns for Grades K-12 in School Nutrition Program webpage):  
<https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-School-Nutrition-Programs/Documents#DietarySpecifications>

Lunch Meal Patterns for Grades K-12 (CSDE’s Meal Patterns for Grades K-12 in School Nutrition Programs webpage):  
<https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-School-Nutrition-Programs/Documents#LunchMealPatterns>



Meal Patterns for Grades K-12 in School Nutrition Programs (“Documents/Forms” section of the CSDE’s Meal Patterns for Grades K-12 in School Nutrition Programs webpage):  
<https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-School-Nutrition-Programs/Documents>

Menu Planning Checklists for Lunch for Grades K-12 (CSDE’s Forms for School Nutrition Programs webpage):  
<https://portal.ct.gov/SDE/Nutrition/Forms-for-School-Nutrition-Programs/#MenuPlanningChecklistsLunchGradesK-12>

Menu Planning for School Meals (“Related Resources” section of CSDE’s Meal Patterns for Grades K-12 in School Nutrition Programs webpage):  
<https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-School-Nutrition-Programs/Related-Resources/#MenuPlanningSchoolMeals>

Nutrition Standards for School Meals (USDA webpage):  
<https://www.fns.usda.gov/cn/nutrition-standards-school-meals>

Overview of Menu Planning for Grades K-12 in the NSLP (CSDE):  
[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/MealPattern/Overview\\_Menu\\_Planning\\_NSLP\\_gradesK-12.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/MealPattern/Overview_Menu_Planning_NSLP_gradesK-12.pdf)

Overview of Menu Planning for Grades K-12 in the SBP (CSDE):  
[https://portal.ct.gov/-/media/SDE/Nutrition/SBP/Overview\\_Menu\\_Planning\\_SBP\\_gradesK-12.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/SBP/Overview_Menu_Planning_SBP_gradesK-12.pdf)

Production Records for School Nutrition Programs (CSDE webpage):  
<https://portal.ct.gov/SDE/Nutrition/Production-Records-for-School-Nutrition-Programs>

Requirements for Production Records in School Nutrition Programs (CSDE):  
[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Forms/ProdRecord/Requirements\\_Production\\_Records\\_NSLP\\_SBP.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Forms/ProdRecord/Requirements_Production_Records_NSLP_SBP.pdf)

Resources for the School Meal Patterns for Grades K-12 (CSDE):  
[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/MealPattern/Resources\\_School\\_Meal\\_Patterns\\_gradesK-12.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/MealPattern/Resources_School_Meal_Patterns_gradesK-12.pdf)

## Meat/Meat Alternates Component

Checklist for Evaluating Manufacturer Product Formulation Statements (Product Analysis) for Meat/Meat Alternate (M/MA) Products (USDA):

[https://fns-prod.azureedge.net/sites/default/files/reviewer\\_checklist.pdf](https://fns-prod.azureedge.net/sites/default/files/reviewer_checklist.pdf)

Crediting Commercial Meat/Meat Alternate Products in the NSLP and SBP (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Credit\\_Commercial\\_MMA\\_SNP.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Credit_Commercial_MMA_SNP.pdf).

Crediting Deli Meats in the NSLP and SBP (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Credit\\_Deli\\_SNP.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Credit_Deli_SNP.pdf)

Crediting Legumes in the NSLP and SBP (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Credit\\_Legumes\\_SNP.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Credit_Legumes_SNP.pdf)

Crediting Nuts and Seeds in the NSLP and SBP (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Credit\\_Nuts\\_Seeds\\_SNP.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Credit_Nuts_Seeds_SNP.pdf)

Crediting Tofu and Tofu Products in the NSLP and SBP (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Credit\\_Tofu\\_SNP.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Credit_Tofu_SNP.pdf)

Crediting Yogurt for Grades K-12 in the NSLP and SBP (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Credit\\_Yogurt\\_SNP\\_grades\\_K-12.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Credit_Yogurt_SNP_grades_K-12.pdf)

Food Buying Guide Section 1: Overview of Crediting Requirements for the Meat/Meat Alternates Component (USDA):

[https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/USDA\\_FBG\\_Section1\\_MeatsAndMeatAlternates.pdf](https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/USDA_FBG_Section1_MeatsAndMeatAlternates.pdf)

Food Buying Guide Section 1: Yield Table for Meat/Meat Alternates (USDA):

[https://foodbuyingguide.fns.usda.gov/files/Reports/USDA\\_FBG\\_Section1\\_MeatsAndMeatAlternatesYieldTable.pdf](https://foodbuyingguide.fns.usda.gov/files/Reports/USDA_FBG_Section1_MeatsAndMeatAlternatesYieldTable.pdf)

Meat/Meat Alternates Component for Grades K-12 (“Documents/Forms” section of CSDE’s Crediting Foods in School Nutrition Programs webpage):

<https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-School-Nutrition-Programs/Documents#MMA>

Questions and Answers on Alternate Protein Products (APP) (USDA):

<https://www.fns.usda.gov/questions-and-answers-alternate-protein-products-app>

Requirements for Alternate Protein Products in the NSLP and SBP (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/APP\\_Requirements\\_SNP.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/APP_Requirements_SNP.pdf)

Reviewer's Checklist for Evaluating Manufacturer Product Formulation Statements for Meat/Meat Alternates (USDA):

[https://fns-prod.azureedge.net/sites/default/files/reviewer\\_checklist.pdf](https://fns-prod.azureedge.net/sites/default/files/reviewer_checklist.pdf)

USDA Memo SP 21-2019, CACFP 08-2019 and SFSP 07-2019: Crediting Shelf-Stable, Dried and Semi-Dried Meat, Poultry, and Seafood Products in the Child Nutrition Programs:

<https://www.fns.usda.gov/cn/crediting-shelf-stable-dried-and-semi-dried-meat-poultry-and-seafood-products-child-nutrition>

USDA Memo SP 24-2019, CACFP 11-2019 and SFSP 10-2019: Crediting Surimi Seafood in the Child Nutrition Programs: <https://www.fns.usda.gov/cn/crediting-surimi-seafood-child-nutrition-programs>:

<https://www.fns.usda.gov/cn/crediting-surimi-seafood-child-nutrition-programs>

USDA Memo SP 25-2019, CACFP 12-2019 and SFSP 11-2019: Crediting Tempeh in the Child Nutrition Programs:

<https://www.fns.usda.gov/cn/crediting-tempeh-child-nutrition-programs>

USDA Memo SP 26-2019, CACFP 13-2019 and SFSP 12-2019: Crediting Pasta Products Made of Vegetable Flour in the Child Nutrition Programs:

<https://www.fns.usda.gov/cn/crediting-pasta-products-made-vegetable-flour-child-nutrition-programs>

USDA Memo SP 53-2016 and CACFP 21-2016: Crediting Tofu and Soy Yogurt Products in the School Meal Programs and the CACFP:

<http://www.fns.usda.gov/crediting-tofu-and-soy-yogurt-products-school-meal-programs-and-cacfp>

Webinar: Additional Meat/Meat Alternates Options for CNPs: Crediting Tempeh and Surimi (USDA):

<https://www.fns.usda.gov/tn/additional-meat-meat-alternate-tempeh-and-surimi>

Webinar: Moving Forward: Update on Food Crediting in Child Nutrition Programs with Guidance for Dried Meat Products (USDA):

<https://www.fns.usda.gov/tn/moving-forward-update-food-crediting-dried-meat-products>

## Milk Component

Allowable Milk Substitutions for Children without Disabilities in School Nutrition Programs:

[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/SpecDiet/Milk\\_Substitutes\\_SNP.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/SpecDiet/Milk_Substitutes_SNP.pdf)

Comparison of Meal Pattern Requirements for the Milk Component in School Nutrition Programs (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Comparison\\_Milk\\_Requirements\\_SNP.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Comparison_Milk_Requirements_SNP.pdf)

CSDE Operational Memorandum No. 06-19: Summary of Federal and State Milk Requirements for the NSLP, SBP, SSO of the NSLP, ASP of the NSLP, and Special Milk Program (SMP):

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Memos/OM2019/OM07-19.pdf>

Food Buying Guide Section 5: Overview of Crediting Requirements for the Milk Component (USDA):

[https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/USDA\\_FBG\\_Section5\\_Milk.pdf](https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/USDA_FBG_Section5_Milk.pdf)

Food Buying Guide Section 5: Yield Table for Milk (USDA):

[https://foodbuyingguide.fns.usda.gov/files/Reports/USDA\\_FBG\\_Section5\\_MilkYieldTable.pdf](https://foodbuyingguide.fns.usda.gov/files/Reports/USDA_FBG_Section5_MilkYieldTable.pdf)

Milk Component for Grades K-12 (“Documents/Forms” section of CSDE’s Crediting Foods in School Nutrition Programs webpage):

<https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-School-Nutrition-Programs/Documents#Milk>

Milk Component for Grades K-12 in the ASP (“Documents/Forms” section of the CSDE’s Afterschool Snack Program webpage):

<https://portal.ct.gov/SDE/Nutrition/Afterschool-Snack-Program/Documents#MilkK12>

USDA Memo SP 07-2010, CACFP 04-2010 and SFSP 05-2010: Questions and Answers: Fluid Milk Substitutions:

<https://www.fns.usda.gov/qas-milk-substitution-children-medical-or-special-dietary-needs-non-disability>

USDA Memo SP 39-2019: Clarification on the Milk and Water Requirements in the School Meal Program:

<https://www.fns.usda.gov/school-meals/clarification-milk-and-water-requirements-school-meal-program>

## Vegetables Component

Crediting Juice for Grades K-12 in the NSLP and SBP (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Credit\\_Juice\\_SNP\\_grades\\_K-12.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Credit_Juice_SNP_grades_K-12.pdf)

Crediting Legumes in the NSLP and SBP (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Credit\\_Legumes\\_SNP.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Credit_Legumes_SNP.pdf)

Crediting Smoothies for Grades K-12 in the NSLP and SBP (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Credit\\_Smoothies\\_SNP\\_grades\\_K-12.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Credit_Smoothies_SNP_grades_K-12.pdf)

Crediting Soups in the NSLP and SBP (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Credit\\_Soups\\_SNP.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Credit_Soups_SNP.pdf)

CSDE Operational Memorandum No. 07-19: Compliance Issues with the Vegetables and Fruits Components for Grades K-12 in the NSLP and SBP:

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Memos/OM2019/OM07-19.pdf>

Food Buying Guide Section 2: Overview of Crediting Requirements for the Vegetables Component (USDA):

[https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/USDA\\_FBG\\_Section2\\_Vegetables.pdf](https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/USDA_FBG_Section2_Vegetables.pdf)

Food Buying Guide Section 2: Yield Table for Vegetables (USDA):

[https://foodbuyingguide.fns.usda.gov/files/Reports/USDA\\_FBG\\_Section2\\_VegetablesYieldTable.pdf](https://foodbuyingguide.fns.usda.gov/files/Reports/USDA_FBG_Section2_VegetablesYieldTable.pdf)

Portion Guide for Fresh Vegetables (Start with Half a Cup):

[https://portal.ct.gov/-/media/SDE/Nutrition/SWHAC/Beans \(ICN and USDA\):](https://portal.ct.gov/-/media/SDE/Nutrition/SWHAC/Beans(ICNandUSDA).pdf)  
<https://theicn.org/cnss/menu-planning/beans/>

USDA Memo SP 26-2019, CACFP 13-2019 and SFSP 12-2019: Crediting Pasta Products Made of Vegetable Flour in the Child Nutrition Programs:

<https://www.fns.usda.gov/cn/crediting-pasta-products-made-vegetable-flour-child-nutrition-programs>

USDA Memo SP 40-2019, CACFP 17-2019 and SFSP 17-2019: Smoothies Offered in Child Nutrition Programs:

<https://www.fns.usda.gov/cn/smoothies-offered-child-nutrition-programs>

Vegetable Subgroups in the NSLP (CSDE):

[https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Vegetable\\_Subgroups\\_NSLP.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Vegetable_Subgroups_NSLP.pdf)

Vegetables Component for Grades K-12 (“Documents/Forms” section of CSDE’s Crediting Foods in School Nutrition Programs webpage):

<https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-School-Nutrition-Programs/Documents#Vegetables>

Webinar: Crediting Vegetable Noodles and Coconut in the Child Nutrition Programs (USDA):

<https://www.fns.usda.gov/tn/crediting-vegetable-noodles-and-coconut-child-nutrition-programs>

### Regulations and Policy

C.G.S. Section 10-221o. Lunch Periods and Recess:

[https://www.cga.ct.gov/current/pub/chap\\_170.htm#sec\\_10-221o](https://www.cga.ct.gov/current/pub/chap_170.htm#sec_10-221o)

C.G.S. Section 10-221q. Sale of beverages:

[https://www.cga.ct.gov/current/pub/chap\\_170.htm#sec\\_10-221q](https://www.cga.ct.gov/current/pub/chap_170.htm#sec_10-221q)

Child Nutrition Programs Legislation & Regulations (USDA):

<https://www.fns.usda.gov/cn/program-legislation-regulations>

Code of Federal Regulations (CFR) for the National School Lunch Program (7 CFR 210) (USDA):

<https://www.fns.usda.gov/part-210—national-school-lunch-program>

Code of Federal Regulations (CFR) for the School Breakfast Program (7 CFR 220) (USDA):

<https://www.fns.usda.gov/part-220—school-breakfast-program>

Code of Federal Regulations (CFR) for the Special Milk Program (7 CFR 215) (USDA):

<https://www.fns.usda.gov/part-215—special-milk-program-children>

Comparison of Programs: SFSP/NSLP/Seamless Summer Option (USDA):

<https://www.fns.usda.gov/comparison-programs-sfspnslpseamless-option>

CSDE Circular Letter C-9: Federal and State Requirements for Provision and Timeframe of Daily Lunch Period for Students:

<https://portal.ct.gov/-/media/SDE/Circular-Letters/circ07-08/C9.pdf>

CSDE Operational Memorandum No. 10-19: Requirements for Lunch Periods in the National School Lunch Program (NSLP):

<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Memos/OM2019/OM10-19.pdf>

CSDE Operational Memorandum No. 31-11: Child Nutrition Reauthorization 2010: Water Availability during National School Lunch Program Meal Service:  
<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Memos/OMEarlierYears/OM31-11.pdf>

Healthy, Hunger-Free Kids Act of 2010 (Public Law 111-296):  
<https://www.fns.usda.gov/cn/healthy-hunger-free-kids-act>

Questions and Answers on Connecticut Statutes for School Foods and Beverages (CSDE):  
[https://portal.ct.gov/-/media/SDE/Nutrition/HFC/Questions\\_Answers\\_Connecticut\\_Statutes\\_School\\_Foods\\_Beverages.pdf](https://portal.ct.gov/-/media/SDE/Nutrition/HFC/Questions_Answers_Connecticut_Statutes_School_Foods_Beverages.pdf)

Laws and Regulations for Child Nutrition Programs (CSDE webpage):  
<https://portal.ct.gov/SDE/Nutrition/Laws-and-Regulations-for-Child-Nutrition-Programs>

Regulations for the NSLP (7 CFR 210):  
<https://www.fns.usda.gov/part-210%E2%80%94national-school-lunch-program>

Regulations for the SBP (7 CFR 220):  
<https://www.fns.usda.gov/part-220%E2%80%94school-breakfast-program>

USDA Final Rule (77 FR 4088): Nutrition Standards for the National School Lunch and Breakfast Programs:  
<https://www.gpo.gov/fdsys/pkg/FR-2012-01-26/pdf/2012-1010.pdf>

USDA FNS Instruction 786-8: Reimbursement for Off-Site Meal Consumption:  
<https://portal.ct.gov/-/media/SDE/Nutrition/FNSinstruction/786-8.pdf>

USDA Memo (April 3, 2002): Granting Exemptions to the Lunch Period:  
<https://fns-prod.azureedge.net/sites/default/files/2002-04-03a.pdf>

USDA Memo SP 17-2012: Procurement Questions and Answers to Assist in the Implementation of the final rule titled Nutrition Standards in the National School Lunch and School Breakfast Program.  
<https://www.fns.usda.gov/procurement-qas-assist-implementation-final-rule-titled-nutrition-standards-nslp-and-sbp>

USDA Memo SP 38-2019: Meal Requirements under the National School Lunch Program and School Breakfast Program: Questions and Answers for Program Operators:  
<https://www.fns.usda.gov/qas-final-rule-nutrition-standards-national-school-lunch-and-school-breakfast-programs>

### Websites

Afterschool Snack Program (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Afterschool-Snack-Program>

Afterschool Snack Program (USDA):

<https://www.fns.usda.gov/cn/afterschool-snacks>

An Opportunity for Schools: Seamless Summer Option of the NSLP (USDA):

<https://www.fns.usda.gov/cn/opportunity-schools>

Beverage Requirements (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Beverage-Requirements>

Child Nutrition (CN) Labeling (USDA):

<https://www.fns.usda.gov/cn/labeling-program>

Child Nutrition Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Child-Nutrition-Programs>

Child Nutrition Sharing Site (ICN):

<https://theicn.org/cnss/>

Choose MyPlate (USDA):

<https://www.choosemyplate.gov/>

Competitive Foods in Schools (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Competitive-Foods>

Connecticut Child Nutrition Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Child-Nutrition-Programs>

Connecticut General Statutes for School Foods and Beverages (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Requirements-for-School-Foods-and-Beverages/Regulations>

Dietary Guidelines for Americans (USDA):

<https://health.gov/dietaryguidelines/>

Farm to School (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Farm-to-School>



Food and Nutrition Service (FNS) Documents & Resources (USDA webpage):

<https://www.fns.usda.gov/resources>

Food and Nutrition Service (FNS) Instructions (CSDE):

<https://portal.ct.gov/SDE/Nutrition/FNS-Instructions-for-Child-Nutrition-Programs>

Food Buying Guide for Guide for Child Nutrition Programs (USDA):

<https://portal.ct.gov/SDE/Nutrition/FNS-Instructions-for-Child-Nutrition-Programs>

Food Labeling & Nutrition (FDA):

<https://www.fda.gov/food/food-labeling-nutrition>

Fresh Fruit and Vegetable Program (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Fresh-Fruit-and-Vegetable-Program>

Healthy Food Certification (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Healthy-Food-Certification>

Laws and Regulations for Child Nutrition Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Laws-and-Regulations-for-Child-Nutrition-Programs>

List of Acceptable Foods and Beverages (CSDE):

<https://portal.ct.gov/SDE/Nutrition/List-of-Acceptable-Foods-and-Beverages>

Manuals and Guides for Child Nutrition Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Manuals-and-Guides-for-Child-Nutrition-Programs>

Meal Pattern Training Materials for School Nutrition Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Meal-Pattern-Training-Materials>

Meal Patterns for Grades K-12 in School Nutrition Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-School-Nutrition-Programs>

Menu Planning for Child Nutrition Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Menu-Planning>

National School Lunch Program (CSDE):

<https://portal.ct.gov/SDE/Nutrition/National-School-Lunch-Program>

Nutrition Education (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Nutrition-Education>

Nutrition Standards for School Meals (USDA):

<http://www.fns.usda.gov/cnd/governance/legislation/nutritionstandards.htm>

Offer versus Serve for Grades K-12 in School Nutrition Programs (CSDE):

<https://portal.ct.gov/SDE/Nutrition/Offer-versus-Serve-for-School-Nutrition-Programs>

- Operating Child Nutrition Programs during COVID-19 Outbreaks (CSDE):  
<https://portal.ct.gov/SDE/Nutrition/Operating-Child-Nutrition-Programs-during-COVID-19-Outbreaks>
- Operational Memoranda for School Nutrition Programs (CSDE):  
<https://portal.ct.gov/SDE/Lists/Operational-Memoranda-for-School-Nutrition-Programs>
- Procurement for School Nutrition Programs (CSDE):  
<https://portal.ct.gov/SDE/Nutrition/Procurement-for-School-Nutrition-Programs>
- Production Records for School Nutrition Programs (CSDE):  
<https://portal.ct.gov/SDE/Nutrition/Production-Records-for-School-Nutrition-Programs>
- Program Guidance for School Nutrition Programs (CSDE):  
<https://portal.ct.gov/SDE/Nutrition/Program-Guidance-School-Nutrition-Programs>
- Resources for Child Nutrition Programs (CSDE):  
<https://portal.ct.gov/SDE/Nutrition/Resources-for-Child-Nutrition-Programs>
- School Breakfast Program (CSDE):  
<https://portal.ct.gov/SDE/Nutrition/School-Breakfast-Program>
- School Wellness Policies (CSDE):  
<https://portal.ct.gov/SDE/Nutrition/School-Wellness-Policies>
- Seamless Summer Option of the NSLP (CSDE):  
<https://portal.ct.gov/SDE/Nutrition/Seamless-Summer-Option-SSO-of-the-NSLP>
- Special Diets in School Nutrition Programs (CSDE):  
<https://portal.ct.gov/SDE/Nutrition/Special-Diets-in-School-Nutrition-Programs>
- Special Milk Program (CSDE):  
<https://portal.ct.gov/SDE/Nutrition/Special-Milk-Program>
- Special Milk Program (USDA):  
<https://www.fns.usda.gov/smp/special-milk-program>
- Training for Child Nutrition Programs (CSDE):  
<https://portal.ct.gov/SDE/Nutrition/Training-for-Child-Nutrition-Programs>
- Water Availability (CSDE's Program Guidance for School Nutrition Programs webpage):  
<https://portal.ct.gov/SDE/Nutrition/Program-Guidance-School-Nutrition-Programs#WaterAvailability>