CTDOL Services at American Job Centers

The CT Department of Labor is pleased to provide a full complement of services at the Regional American Job Centers (AJCs). We now offer remote/virtual, phone and in-person services to individuals by appointment and on a walk-in basis.

*The number of people in each AJC will be limited to allow for social distancing protocols.*

An appropriate face-covering mask must be worn by staff and visitors inside the facility.

Per the CT Department of Public Health, “An appropriate face-covering mask is one that includes multiple layers of tightly woven (or melt blown) material, is worn directly on the face, completely covers the nose and mouth, and fits closely without significant gaps between the mask and face.”

Appointments are recommended to ensure timely service. Walk-ins will be served based upon availability.

Online scheduling:
Go to portal.ct.gov/ajc for the appointment scheduling link (or use this direct electronic access to the appointment form). After the form is submitted, our staff will call to set up your appointment.

Schedule appointment by phone:
- Bridgeport (203) 455-2700
- Hamden (203) 859-3200
- Hartford (860) 256-3700
- Montville (860) 848-5200
- Waterbury (203) 437-3380

Assistance with Employment Services:
- Career counseling and Job search
- Résumé and cover letter writing
- Interviewing skills
- CTHires registration
- Workshop registration
- Training program(s) information
- Career Center equipment usage
- Recruitment (Employers only)

Unemployment Insurance (UI) claims assistance available by phone and online with our Consumer Contact Center Online information and access to claim support: www.FileCTUI.com

HOURS: Monday - Friday: 8:00am - 5:00pm  
Saturday: 8:00am - 3:00pm  
Closed Sunday & holidays  

PHONE: 203-941-6868  
860-967-0493  
800-956-3294  
TTY - 711 or 800-842-9710

Unemployment Insurance (UI) claims assistance available in an AJC by scheduling through portal.ct.gov/ajc for the appointment scheduling link (or use this direct electronic access to the appointment form). Walk-in UI assistance is NOT currently available in AJCs.