



CONNECTICUT DEPARTMENT OF PUBLIC HEALTH



Connecticut Adult Tobacco Data

2021 Behavioral Risk Factor Surveillance System Results and Trends

January 2023

Connecticut Department of Public Health
Behavioral Risk Factor Surveillance System Survey

Last updated: January 4, 2023

Connecticut Adult Bar Charts - Tobacco

Each chart graphically describes Behavioral Risk Factor Surveillance System (BRFSS) results for selected variables:

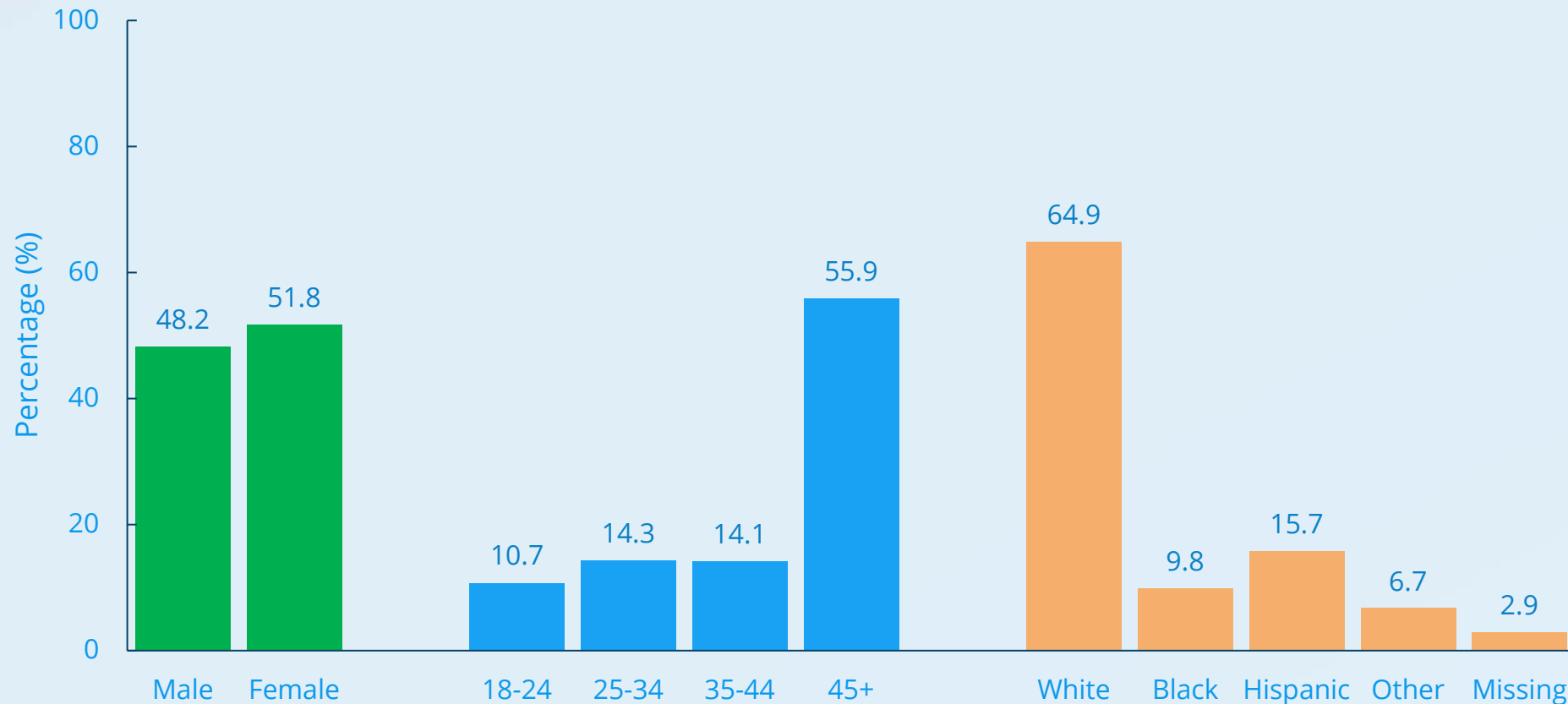
- The weighted percentage of adults (ages 18 years and over) who reported each behavior overall and by sex, years of age and race/ethnicity.
- Tobacco includes cigarettes, cigars, e-cigarettes and other electronic vapor products, hookahs (waterpipes) and smokeless tobacco (chewing tobacco, snuff and snus).
- Core-3 tobacco includes cigarettes, e-cigarettes and other electronic vapor products, and smokeless tobacco. Questions on these three products are asked annually on the survey.
- To preserve data reliability, certain estimates may be suppressed by examining the coefficient of variation (CV). CV is a measure of variability about its estimate:
 - A higher CV means a lower confidence in its data reliability.
 - Estimates with CV less than 15% are considered statistically reliable.
 - Estimates with CV between 15% and 20%, inclusive, may be of limited validity and are footnoted.
 - Estimates with a CV greater than 20% are suppressed in this presentation.
- Statistically significant differences by sex, age and race/ethnicity, if they exist.
- All Hispanic adults are included in the Hispanic category. All other races are non-Hispanic.
- SAS was used to calculate statistical differences.

Connecticut Adult Tobacco Trend Graphs

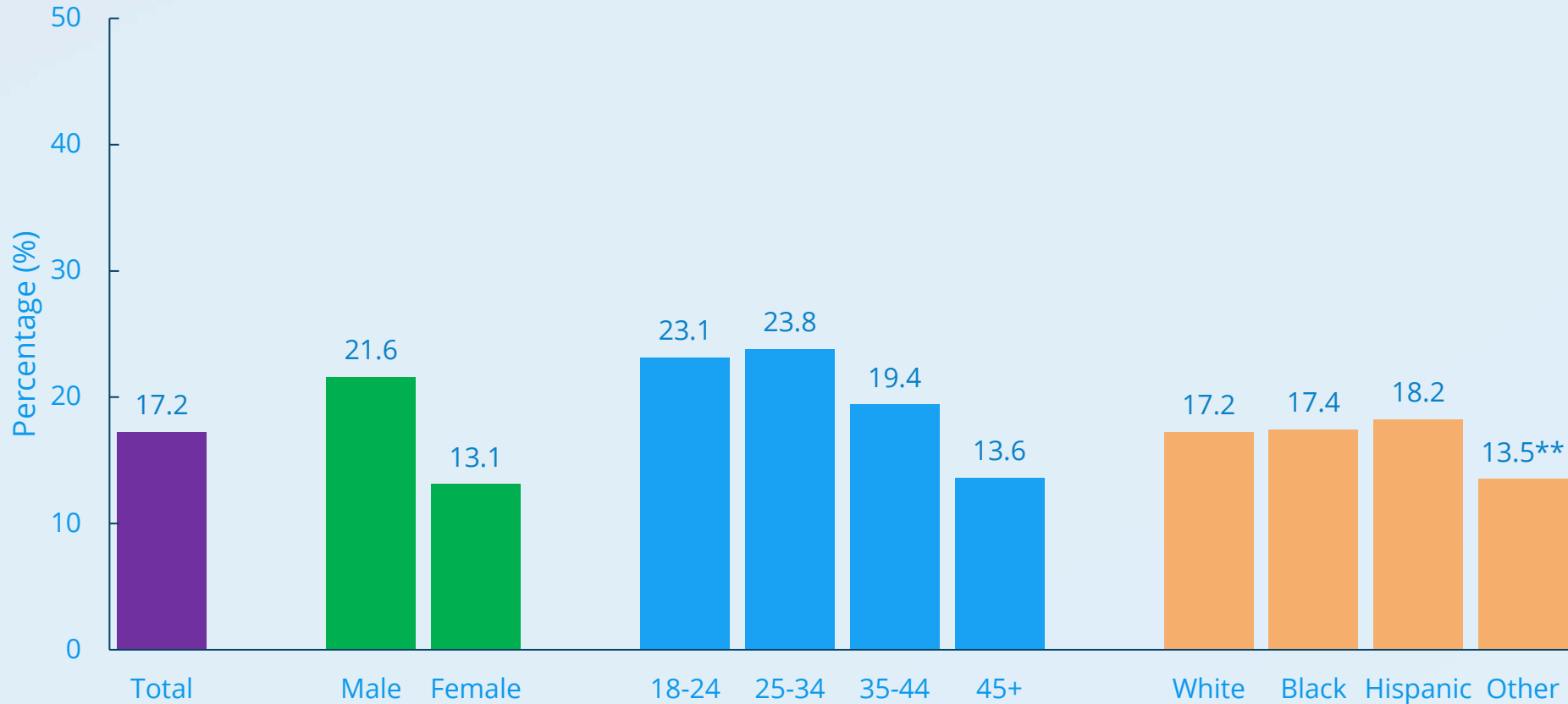
Each trend graph graphically describes whether the prevalence of a behavior has increased, decreased or stayed the same over time:

- The weighted percentage of adults who reported each behavior by year.
- Questions on use of cigars and hookahs are not asked annually; therefore, estimates for these products and overall tobacco use will not be available for all years.
- Whether there was a statistically significant change in prevalence between 2020 (or the latest prior year an estimate is available) and 2021.

Demographics of the Connecticut Behavioral Risk Factor Surveillance System Survey, by Sex, Years of Age, and Race/Ethnicity, 2021



Percentage of Adults Who Currently Used Tobacco,* by Sex,[†] Years of Age,[†] and Race/Ethnicity, 2021



*Some days or every day; includes cigarettes, cigars, e-cigarettes and other electronic vapor products, hookahs (waterpipes) and smokeless tobacco.

[†]M>F; 18-24>45+, 25-34>45+, 35-44>45+ (Based on t-test analysis, p<0.05).

**Estimate may be of limited validity; interpret with caution.

Note: This graph contains weighted results.

Percentage of Adults Who Currently Used Tobacco,* 2015-2017, 2021†

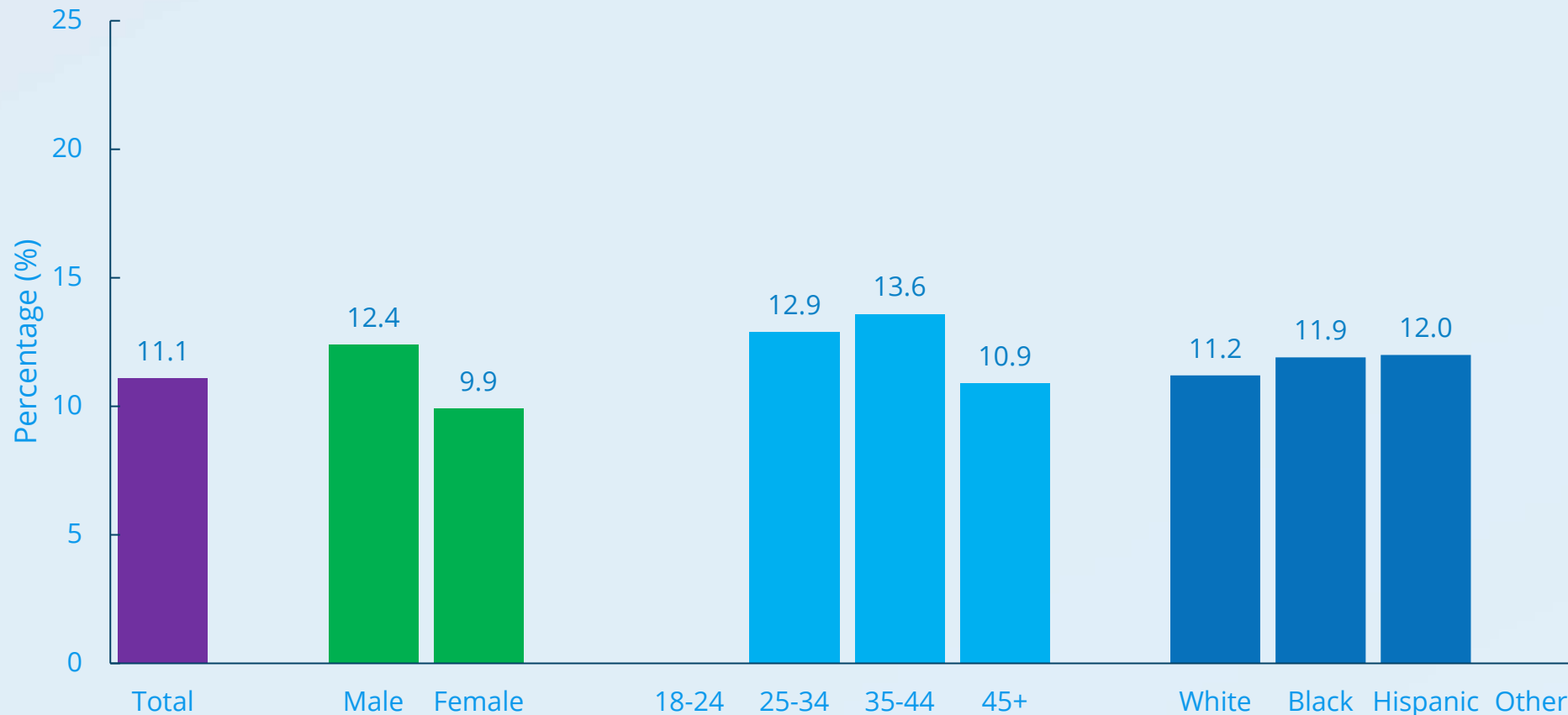


*Some days or every day.

†No significant change between 2017 and 2021.

Notes: This graph contains weighted results. Questions on use of every tobacco product are not asked on an annual-basis; therefore, estimates are shown for the years when all questions were asked (i.e., for use of cigarettes, cigars, e-cigarettes or other electronic vapor products, hookahs and smokeless tobacco).

Percentage of Adults Who Currently Smoked Cigarettes,^{*} by Sex,[†] Years of Age, and Race/Ethnicity, 2021



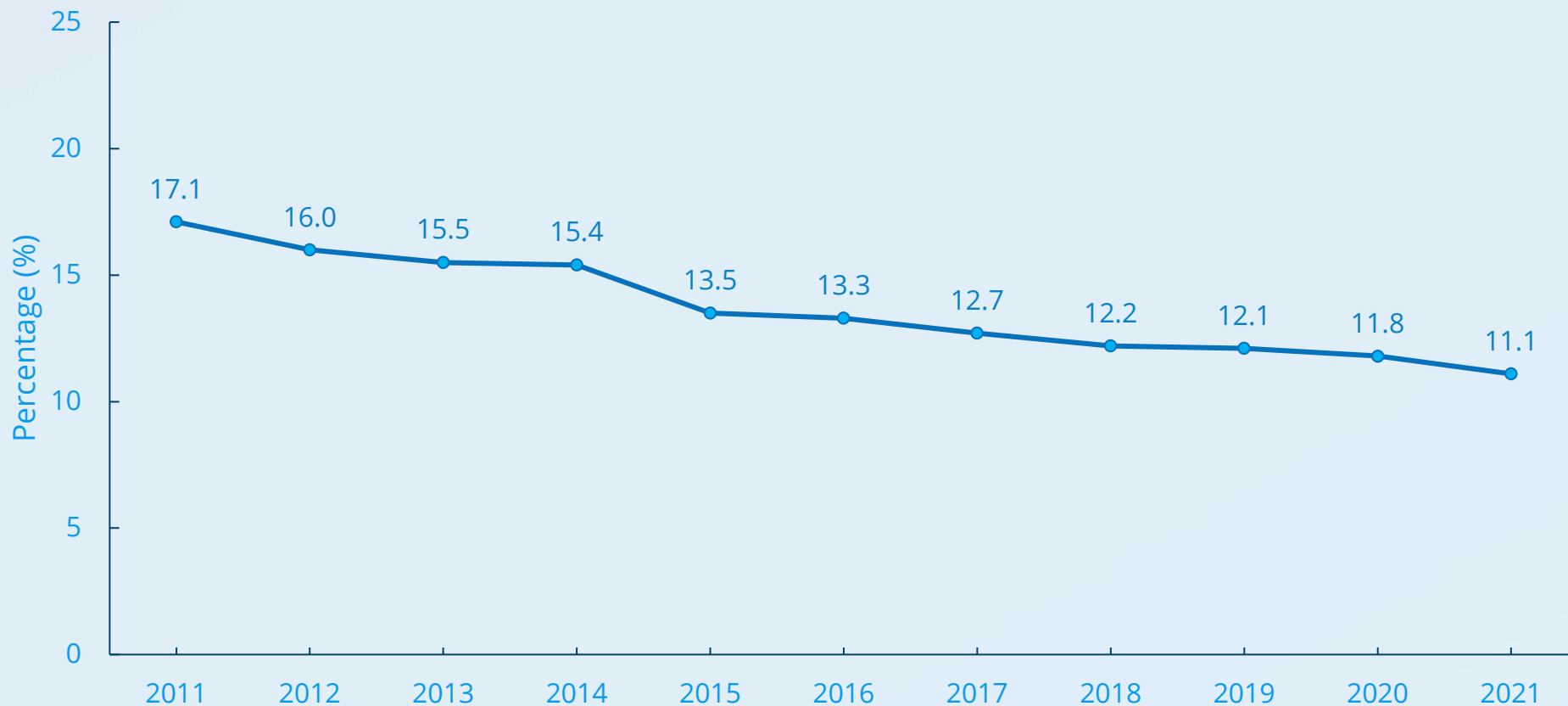
^{*}Some days or every day.

[†]M>F (Based on t-test analysis, p<0.05).

Missing bar indicates CV>20%.

Note: This graph contains weighted results.

Percentage of Adults Who Currently Smoked Cigarettes,* 2011-2021[†]

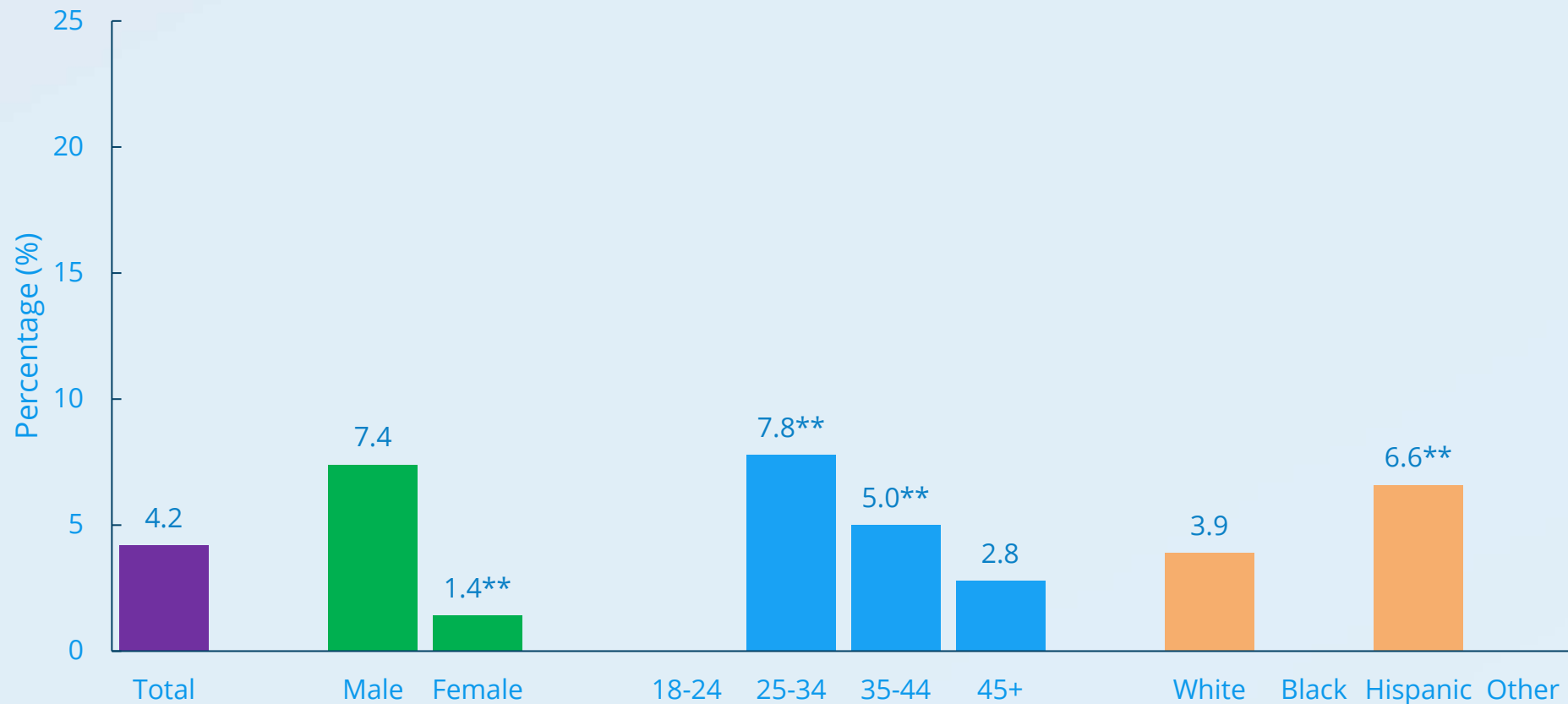


*Some days or every day.

[†]No significant change between 2020 and 2021.

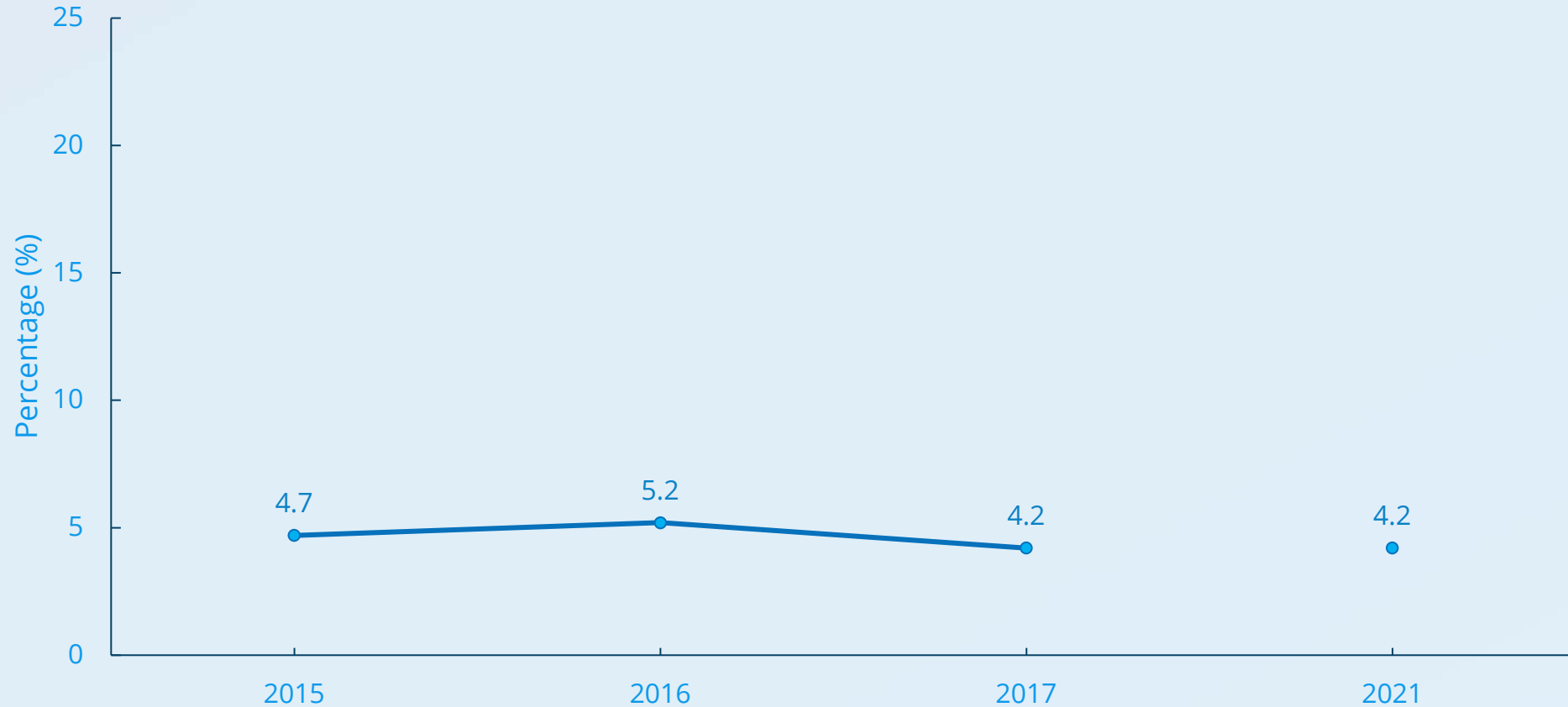
Note: This graph contains weighted results.

Percentage of Adults Who Currently Smoked Cigars,^{*} by Sex,[†] Years of Age,[†] and Race/Ethnicity,[†] 2021



^{*}Some days or every day; includes cigars, cigarillos and little cigars.
[†]M>F; 25-34>45+, 35-44>45+; H>W (Based on t-test analysis, p<0.05).
^{**}Estimate may be of limited validity; interpret with caution.
 Missing bar indicates CV>20%.
 Note: This graph contains weighted results.

Percentage of Adults Who Currently Smoked Cigars,* 2015-2017, 2021[†]

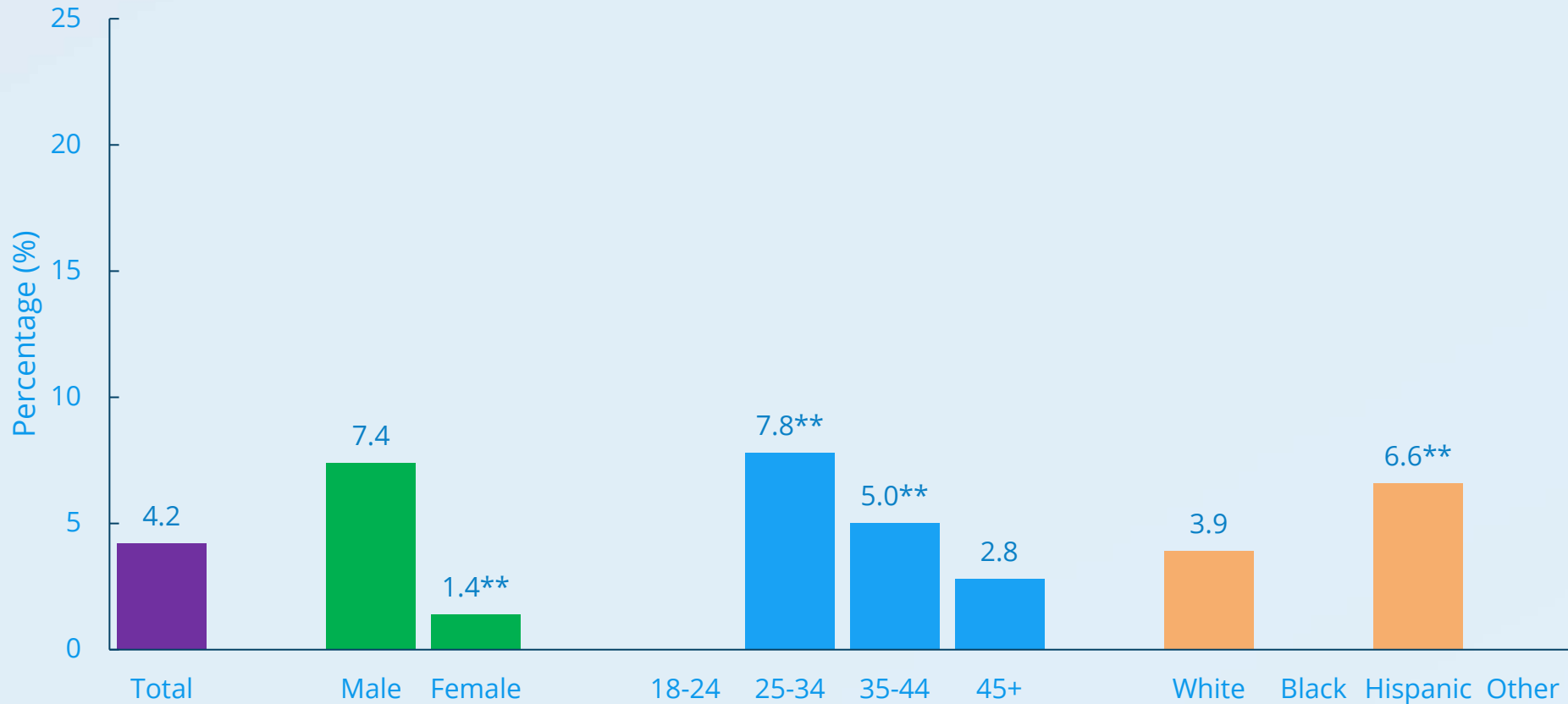


*Some days or every day.

[†]No significant change between 2017 and 2021.

Notes: This graph contains weighted results. The question on cigar use is not asked annually.

Percentage of Adults Who Currently Used E-Cigarettes or Other Electronic Vapor Products,* by Sex,† Years of Age,† and Race/Ethnicity, 2021



*Some days or every day.

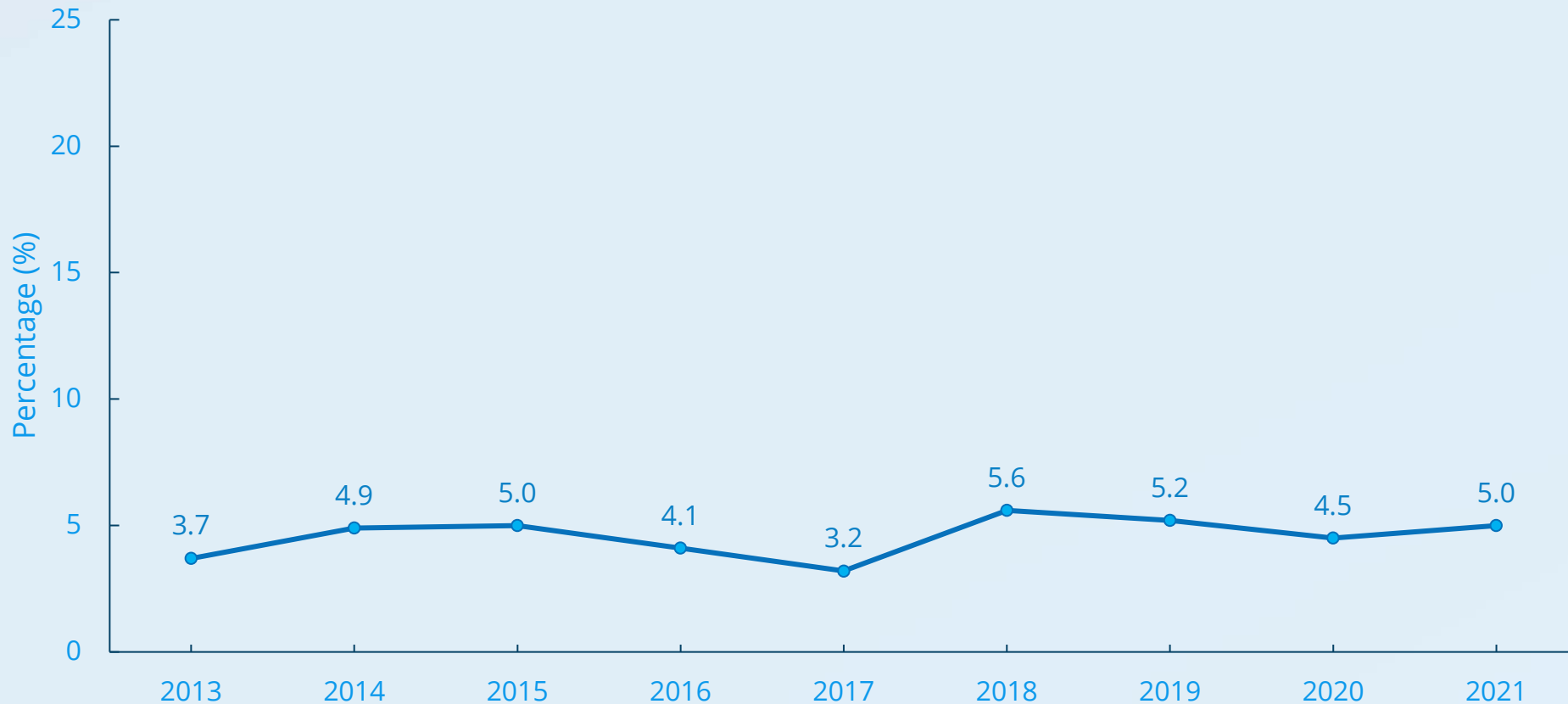
†M>F; 18-24>25-34, 35-44, 45+; 25-34>35-44, 45+; 35-44>45+ (Based on t-test analysis, p<0.05).

**Estimate may be of limited validity; interpret with caution.

Missing bar indicates CV>20%.

Note: This graph contains weighted results.

Percentage of Adults Who Currently Used E-Cigarettes or Other Electronic Vapor Products,* 2013-2021

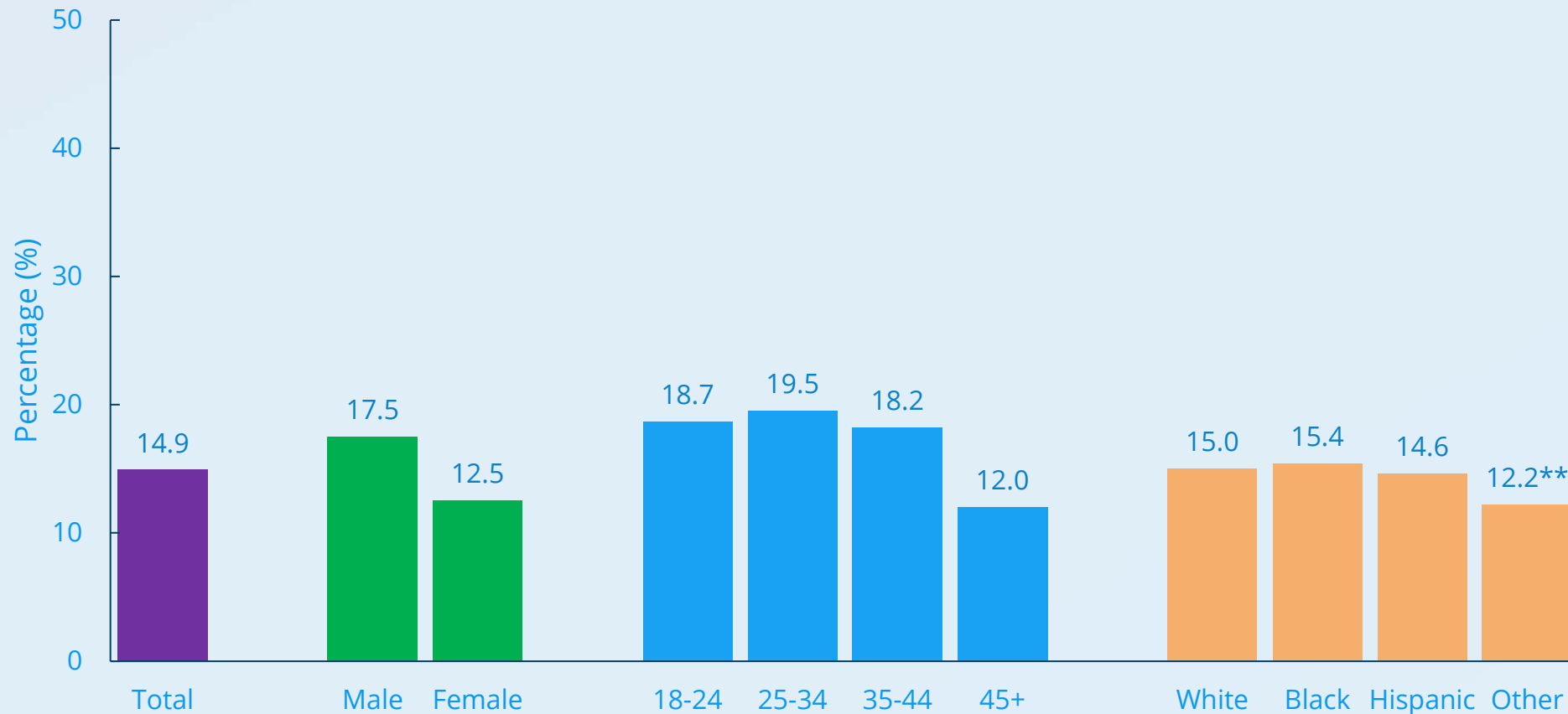


*Some days or every day.

†No significant change between 2020 and 2021.

Note: This graph contains weighted results.

Percentage of Adults Who Currently Used Core-3 Tobacco,^{*} by Sex,[†] Years of Age,[†] and Race/Ethnicity, 2021



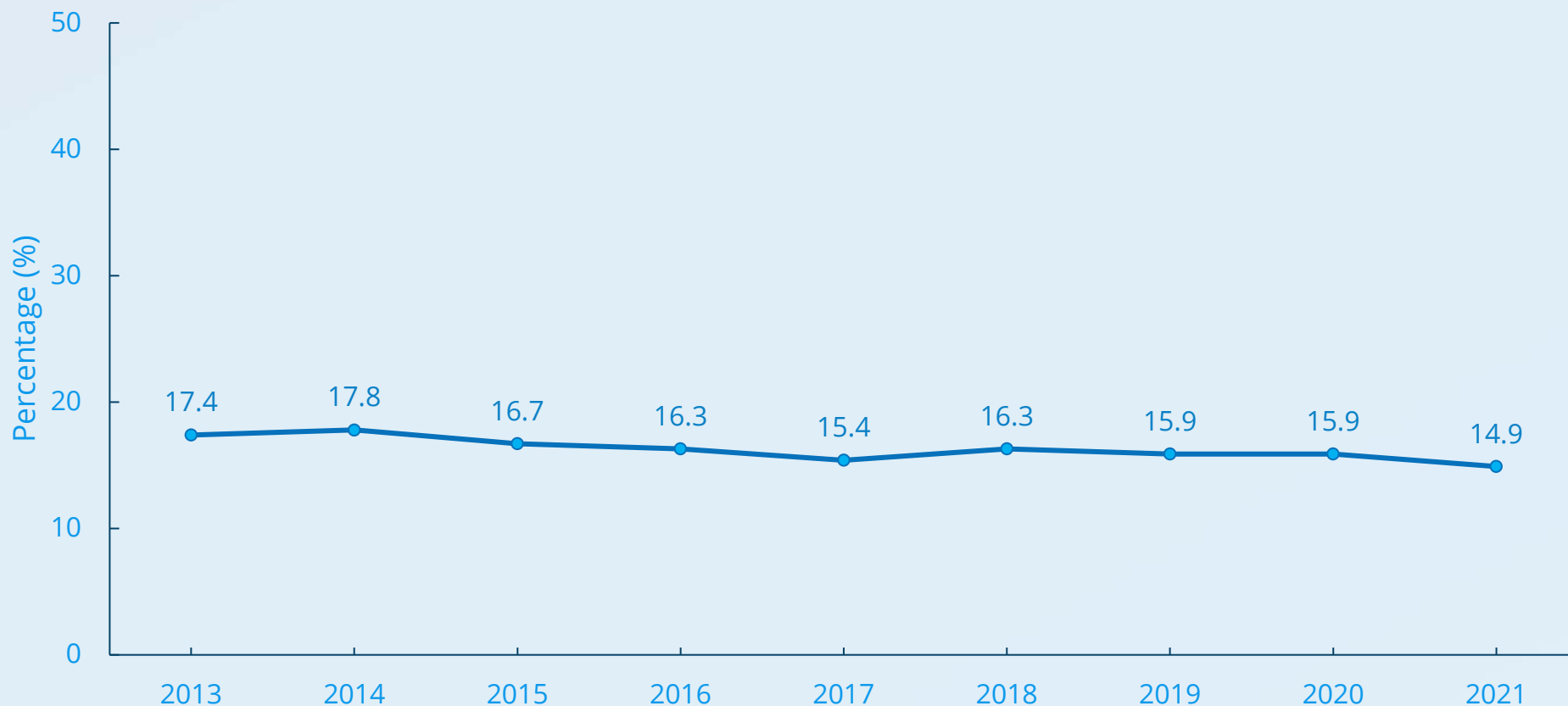
^{*}Some days or every day; includes cigarettes, e-cigarettes and other electronic vapor products, and smokeless tobacco.

[†]M>F; 18-24>45+, 25-34>45+, 35-44>45+ (Based on t-test analysis, p<0.05).

**Estimate may be of limited validity; interpret with caution.

Note: This graph contains weighted results.

Percentage of Adults Who Currently Used Core-3 Tobacco,* 2013-2021[†]

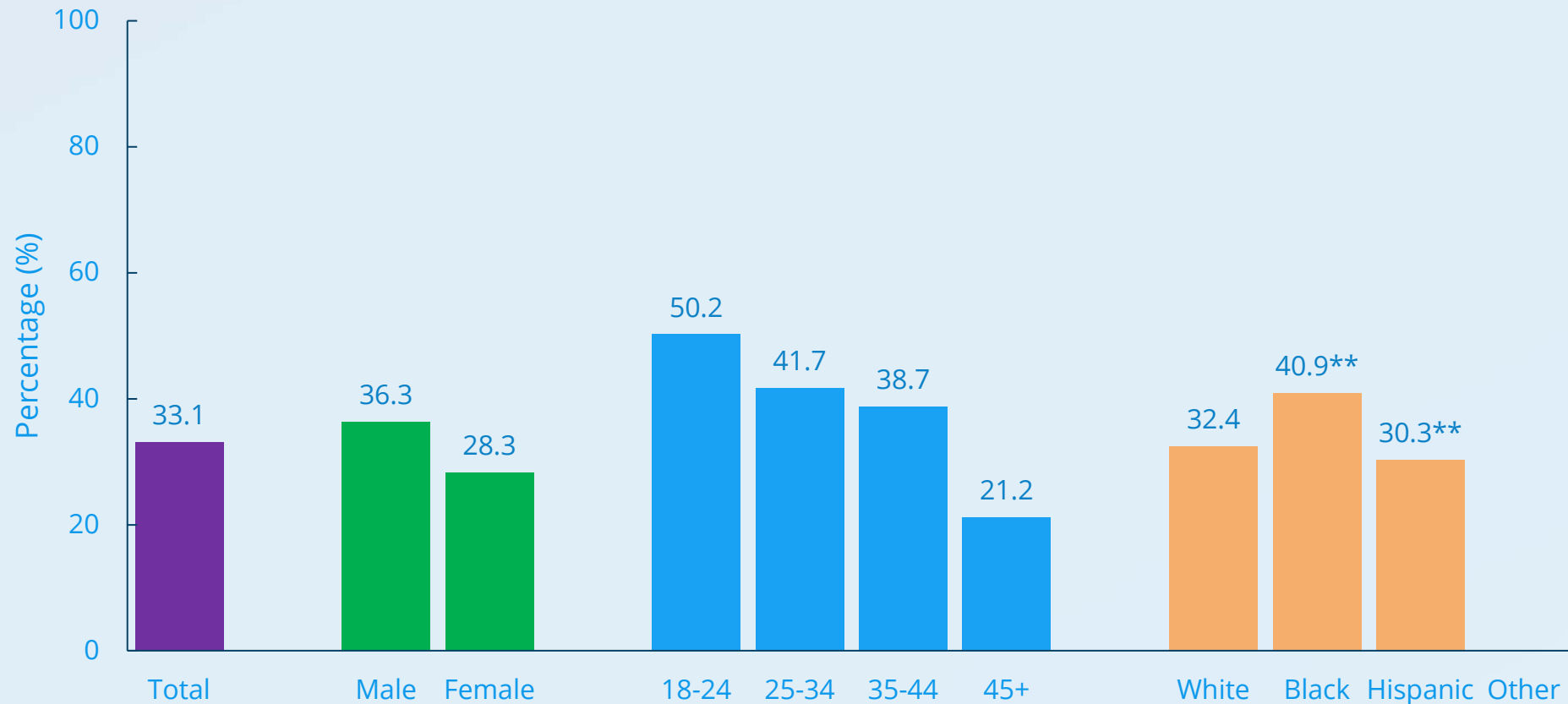


*Some days or every day; includes cigarettes, e-cigarettes and other electronic vapor products, and smokeless tobacco.

[†]No significant change between 2020 and 2021.

Notes: This graph contains weighted results.

Percentage of Adult Tobacco Users Who Co-Used Cannabis,^{*} by Sex,[†] Years of Age,[†] and Race/Ethnicity, 2021



*Current tobacco users who used cannabis (also called marijuana) on at least 1 day during the 30 days before the survey.

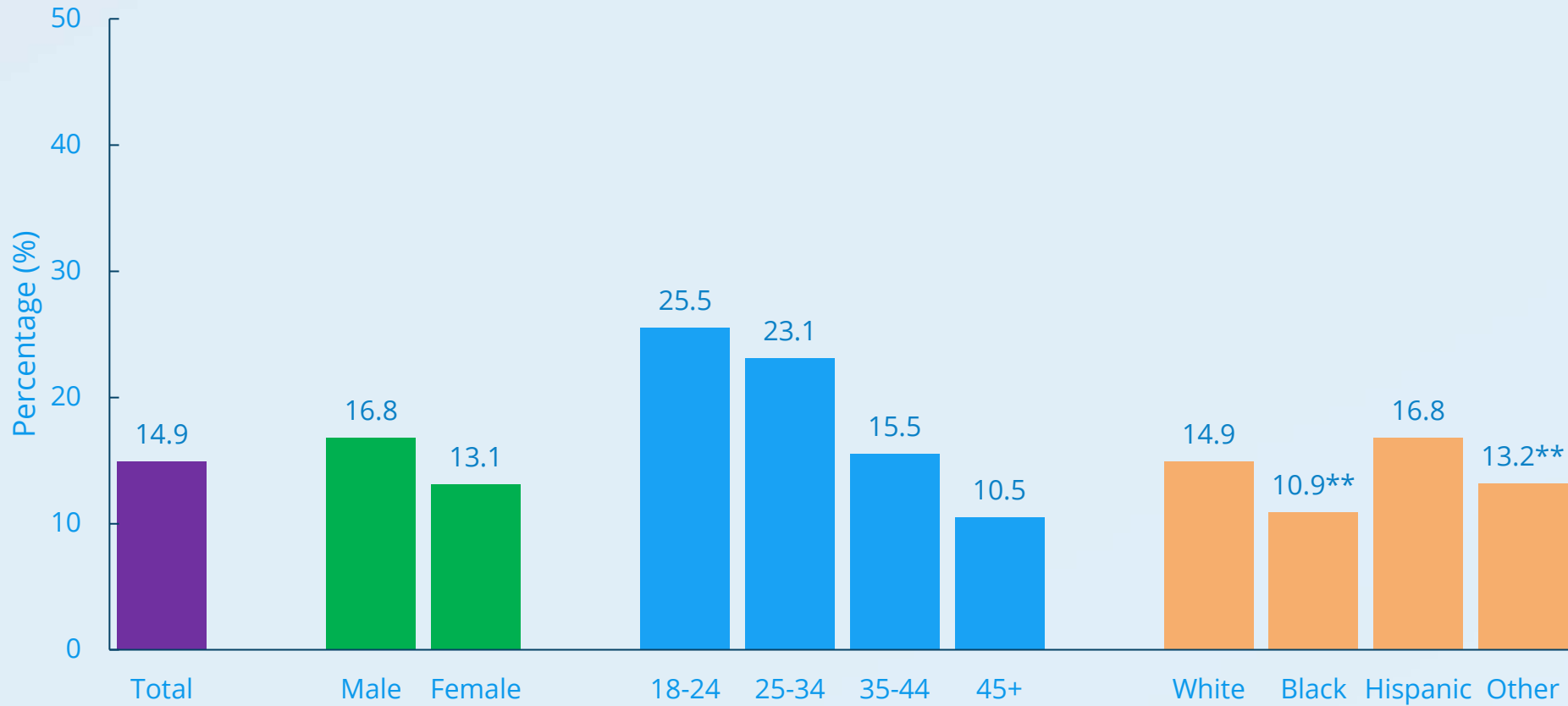
†M>F; 18-24>45+, 25-34>45+, 35-44>45+ (Based on t-test analysis, p<0.05).

**Estimate may be of limited validity; interpret with caution.

Missing bar indicates CV>20%.

Note: This graph contains weighted results.

Percentage of Adults Who Breathed the Smoke, Vapor or Aerosol from Someone Who Was Smoking or Vaping a Tobacco Product,* by Sex,[†] Years of Age,[†] and Race/Ethnicity,[†] 2021



*On 1 or more of last 7 days.

[†]M>F; 18-24>35-44, 45+; 25-34>35-44, 45+; 35-44>45+; W>B, H>B (Based on t-test analysis, p<0.05).

**Estimate may be of limited validity; interpret with caution.

Note: This graph contains weighted results.