Compendium Program: 12 Step Program

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

12 step fellowship self-help group for men and women who provide mutual support in obtaining and maintaining sobriety while also helping others to recover from addiction. Meetings are held in a variety of formats, ie, step meetings, speaker meetings, etc.; and are held on a weekly basis. Addiction services or volunteer services staff coordinate the meetings and provide oversight for the program.
* Alcoholics Anonymous
* Narcotics Anonymous
* Sponsorship Behind the Walls
* Al-Anon
* Alcoholics Anonymous - Spanish
* Alcoholics Anonymous - English
*** Not all 12 step Programs are run at all facilities

Facilities:
YORK CI

Auspices:
Addiction Services

Treatment Types:
Substance Abuse (SA)

Domains:
Self Efficacy;Substance Abuse;Substance Abuse and Mental Health

Types:
Substance Abuse Services/Treatment

Program Status:

Active Program Category Level:1

Compendium Program: 1st Refusal: Education Program

Gender Specific for:BOTH; RT Program Code: EA

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Facilities:
BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;YORK CI

Auspices:
Unknown

Treatment Types:

Education (Ed)

Domains:
Education, Employment, and Financial Situation

Types:
Unknown

Program Status:
Active Program Category Level:0

Compendium Program: 2nd Refusal: Education Program

Gender Specific for:BOTH; RT Program Code: EB

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Facilities:
BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;YORK CI

Auspices:
Unknown

Treatment Types:
Education (Ed)

Domains:
Education, Employment, and Financial Situation

Types:
Unknown

Program Status:
Active Program Category Level:0

Compendium Program: 3rd Refusal: Education Program

Gender Specific for:BOTH; RT Program Code: EC

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Facilities:
BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;YORK CI

Auspices:
Unknown

Treatment Types:
Education (Ed)

Domains:
Education, Employment, and Financial Situation

Types:
Unknown

Program Status:
Active Program Category Level:0

Compendium Program: 5 or 7 Day Job Assignments

Gender Specific for:BOTH; RT Program Code: L1

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Facilities:
BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:
Unknown

Treatment Types:
Life Skills (LS)

Domains:
Education, Employment, and Financial Situation;Employment/Financial

Types:
Unknown

Program Status:
Active Program Category Level:2

Compendium Program: Addiction Services - Assessment & Orientation

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Addiction Services - Assessment and Orientation consists of one or two sessions designed to assess the appropriate Treatment Needs Assessment Score to be assigned to each offender, provide basic substance abuse education. It provides the offender with information about available community resources, and provides the offender with information on available substance abuse treatment programs available throughout the Connecticut Department of Correction.

Facilities:
MANSON YI;WALKER RC;YORK CI

Auspices:
Addiction Services

Treatment Types:
Substance Abuse (SA)

Domains:
Substance Abuse;Substance Abuse and Mental Health

Types:
Addiction;Re-Entry

Program Status:
Active Program Category Level:1

Compendium Program: Addiction Services Integrated Care for Women with Co-Occurring Program

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This Integrated Care for Women/Co-Occurring Program provides treatment for inmates who have a pyschiatric disorder in combination with a substance abuse disorder. This program is eight weeks in duration and covers motivational enhancement therapy , cognitive behavioral therapy and is supported by specially designed 12 step meeting.

Facilities:
YORK CI

Auspices:
Addiction Services

Treatment Types:
Mental Health (MH);Substance Abuse (SA)

Domains:
Mental Health;Substance Abuse

Types:
Addiction

Program Status:
Active Program Category Level:1

Compendium Program: Administrative Segregation - York CI - Phase 1

Gender Specific for:FEMALE; RT Program Code: C3

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Facilities:
YORK CI

Auspices:
Unknown

Treatment Types:
Behavior Modification (BM)

Domains:
Anger/Hostility;Antisocial Attitudes;Criminal Attitudes and Behavioral Patterns;Self Efficacy

Types:
Unknown

Program Status:
Active Program Category Level:1

Compendium Program: Administrative Segregation - York CI - Phase 2

Gender Specific for:FEMALE; RT Program Code: C4

Open Close:True, Session Group:False, Session Numbers: 8, Evidence Based:False

Description:

Facilities:
YORK CI

Auspices:
Unknown

Treatment Types:
Behavior Modification (BM)

Domains:
Anger/Hostility;Antisocial Attitudes;Criminal Attitudes and Behavioral Patterns;Self Efficacy

Types:
Unknown

Program Status:
Active Program Category Level:1

Compendium Program: Administrative Segregation - York CI - Phase 3

Gender Specific for:FEMALE; RT Program Code: C5

Open Close:True, Session Group:False, Session Numbers: 16, Evidence Based:False

Description:

Facilities:
YORK CI

Auspices:
Unknown

Treatment Types:
Behavior Modification (BM)

Domains:

Anger/Hostility;Antisocial Attitudes;Self Efficacy

Types:
Unknown

Program Status:
Active Program Category Level:1

Compendium Program: Advanced TREM

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Advanced TREM (Trauma Recovery and Empowerment Model) is a gender specific, trauma-informed recovery group that meets for 16 weeks. It constitutes Phase Three of the CHANGE program which is a series of mental health, trauma informed and gender responsive programs. Therefore it is assumed that all participants have completed TARGET (Trauma Affect Regulation Guide for Education and Treatment), Phase One and TREM, Phase Two. The group is designed to expound on concepts learned in TREM by providing a safe group for female offenders to learn more about trauma and to continue to share their studies.

Facilities:
YORK CI

Auspices:
Mental Health;The Change Group

Treatment Types:
Mental Health (MH);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Mental Health

Types:
Unknown

Program Status:
Active Program Category Level:1

Compendium Program: Al-Anon

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is a self-help support group for friends and family members of alcoholic or problem drinkers. Discussions primarily focus on problematic behaviors exhibited by the alcoholic, helping the attendees develop coping strategies. This on-going evening group is offered weekly.

Facilities:
YORK CI

Auspices:
Addiction Services;Volunteer Services

Treatment Types:
Substance Abuse (SA)

Domains:
Unknown

Types:
Addiction

Program Status:
Active Program Category Level:3

Compendium Program: Alcoholics Anonymous

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is a 12-Step Fellowship self-help group for men and women who provide mutual support in obtaining and maintaining sobriety while also helping others to recover from alcoholism. Meetings, in a variety of formats (Big Book, Step Meetings, Speaker, etc.), are held on a weekly basis. Addiction Services or Volunteer Services staff coordinate the meetings and provide oversight for the program.

Facilities:
BRIDGEPORT CC;BROOKLYN CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:
Addiction Services;Volunteer Services

Treatment Types:
Behavior Modification (BM);Substance Abuse (SA)

Domains:
Substance Abuse;Substance Abuse and Mental Health

Types:
Addiction;Re-Entry

Program Status:
Active Program Category Level:3

Compendium Program: Alcoholics Anonymous , Conducted in English

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program is conducted in English. Alcoholics Anonymous is a Fellowship self help group for women who provide mutual support in obtaining and maintaining alcohol free lifestyle while also helping others to recover from alcohol addiction. Meetings are held on weekly basis. Addiction Service staff coordinate the meetings and provide oversight for the program.

Facilities:

YORK CI

Auspices:
Addiction Services

Treatment Types:
Unknown

Domains:
Unknown

Types:
Female;Mental Health;Self Improvement

Program Status:

Active Program Category Level:3

Compendium Program: Alternatives to Violence - Basic Workshops

Gender Specific for:BOTH; RT Program Code: 45

Open Close:True, Session Group:False, Session Numbers: 24, Evidence Based:False

Description:

Certified AVP volunteers lead basic, intermediate workshops to teach inmates to understand and to control anger, and how to cope with violence in their lives. Participants completing both basic and advanced workshops qualify for selection to become peer mentors.

Facilities:
CHESHIRE CI;MACDOUGALL CI;OSBORN CI;YORK CI

Auspices:
Volunteer Services

Treatment Types:
Aggression Replacement Training (ART);Life Skills (LS);Victim Impact (VI)

Domains:
Anger/Hostility;Criminal Attitudes and Behavioral Patterns

Types:
Anger Management;Self Improvement

Program Status:

Active Program Category Level:2

Compendium Program: Anger Management Program

Gender Specific for:BOTH; RT Program Code: 26

Open Close:True, Session Group:False, Session Numbers: 10, Evidence Based:False

Description:

This program was designed based upon research regarding what works for Anger Management Programs. This 10-week program includes skill building, cognitive techniques, relaxation techniques and role play. In addition, an assessment tool to ensure program fidelity audits this program. This program can be modified for special populations.

Facilities:
BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;MACDOUGALL CI;MANSON YI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:
All Facility Staff;Programs & Treatment Unit

Treatment Types:
Aggression Replacement Training (ART);Cognitive Behavioral Therapy (CBT);Life Skills (LS);Victim Impact (VI)

Domains:
Anger/Hostility;Criminal Attitudes and Behavioral Patterns

Types:
Anger Management;Mental Health;Self Improvement

Program Status:
Active Program Category Level:1

Compendium Program: Art Therapy (YCI)

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 12, Evidence Based:False

Description:

This group is designed to allow offenders the opportunity to express themselves through art in a therapeutic and structured environment. It allows offenders with no developed skills the opportunity to creatively express themselves by using basic art forms (drawing, painting, coloring and tracing)

Facilities:
YORK CI

Auspices:
Volunteer Services

Treatment Types:
Mental Health (MH)

Domains:
Criminal Attitudes and Behavioral Patterns;Substance Abuse and Mental Health

Types:
Unknown

Program Status:
Active Program Category Level:3

Compendium Program: Artists In Residence-Community Partners in Action (CPA)

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Accomplished artists provide inmates with an introduction to the basic principles of fine art. Volunteer Artists-In-Residence within correctional institutions bring art behind bars and serve to broaden inmates' abilities to express themselves by developing talents or skills in drawing, painting, music and creative writing. Inmate artwork is collected annually by a Prison Art Program Curator from Hartford's Community Partners in Action (CPA) which operates this service solely through the support of grants from local foundations, corporations and the Connecticut Commission on the Arts. This art collection is arranged for exhibition in community spaces across the state. The CPA also publishes an annual journal of arts in correction serving to bring creative writing, poetry and visual art produced by inmates to the broader community.

Facilities:
YORK CI

Auspices:
Contracted Program;Volunteer Services

Treatment Types:
Life Skills (LS)

Domains:
Self Efficacy

Types:
Self Improvement

Program Status:

Active Program Category Level:3

Compendium Program: Beyond Violence: A Prevention Program for Women

Gender Specific for:FEMALE; RT Program Code: BV

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The curriculum uses a Social-Ecological Model to understand and contextualize violence. This four-level model of violence prevention considers the complex interplay between individual, relationship, community, and societal factors. It addresses the factors that put people at risk for experiencing or perpetrating violence. This model is used by the Centers for Disease Control and Prevention and was used in the Prison Rape Elimination ACT research on women in prison.

Facilities:
YORK CI

Auspices:
All Facility Staff;Programs & Treatment Unit

Treatment Types:
Aggression Replacement Training (ART);Family Support (FS);Victim Impact (VI)

Domains:
Abuse/Trauma;Anger/Hostility;Criminal Attitudes and Behavioral Patterns;Relationships

Types:
Domestic Violence;Family

Program Status:
Active Program Category Level:1

Compendium Program: Books for Babies

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Through Read to Grow Organization this program provides a literacy packet to families with babies born at one of five hospitals. The goal is to promote early literacy by ensuring that every newborn receives a book and by encouraging parents to share books with their baby from birth. The supplies are delivered and we assemble the supplies creating these packages.

Facilities:
YORK CI

Auspices:
Charlene Perkins Center - Facility Staff;Volunteer Services

Treatment Types:
Family Support (FS)

Domains:
Parenting

Types:
Community Service

Program Status:
Active Program Category Level:3

Compendium Program: CARE PROGRAM: Cope, Affirm, Renew, Empower

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 8, Evidence Based:False

Description:

The CARE Program is an intensive outpatient program designed for long term offenders. Programming will be gender responsive and will address quality of life, adjustment, resillence, hope, substance use, trauma, interpersonal discord, mental health issues and spirituality. Treatment modalities will include a mixture of group psychotherapy, recreational therapies, spiritual opportunities, and independent learning activities facilitated by a number of disciplines dedicated to the program.

Facilities:
YORK CI

Auspices:
Mental Health

Treatment Types:
Life Skills (LS);Mental Health (MH);Substance Abuse (SA)

Domains:
Family;Mental Health;Substance Abuse

Types:
Unknown

Program Status:
Active Program Category Level:2

Compendium Program: Catholic Bible Study

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

An academic study of the books of the bible or biblical topics and themes. This program seeks to foster understanding of scripture and help inmates develop self-awareness and personal growth based on biblical principles.

Facilities:
BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;RADGOWSKI CI;WALKER RC;WILLARD CI;YORK CI

Auspices:
Religious Services ;Volunteer Services

Treatment Types:
Unknown

Domains:
Unknown

Types:
Religious

Program Status:
Active Program Category Level:3

Compendium Program: Catholic Choir

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is a musical program educating inmates in deepening their understanding of the liturgy and enhancing the worship experience provided to all catholic inmates.

Facilities:
GARNER CI;OSBORN CI;YORK CI

Auspices:
Religious Services

Treatment Types:
Unknown

Domains:
Unknown

Types:
Religious

Program Status:
Active Program Category Level:3

Compendium Program: Catholic Retreats

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Retreats: (e.g. Kairos, Emmaus, Life in the Spirit). Withdrawal from daily activities for a period of time for a program devoted to prayer, meditation, self-examination and decision making for one's spiritual life. It is hoped that this larger time-block will assist inmates in confronting issues that are not readily accessed in shorter time periods.

Facilities:
BROOKLYN CI;GARNER CI;MACDOUGALL CI;YORK CI

Auspices:
Religious Services ;Volunteer Services

Treatment Types:
Unknown

Domains:
Unknown

Types:
Religious

Program Status:
Active Program Category Level:3

Compendium Program: Catholic Worship Service

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The weekly Catholic service is the Mass (or a communion service when Mass cannot be held due to the unavailability of a priest). Fulfills constitutional right to worship.

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:
Religious Services ;Volunteer Services

Treatment Types:
Unknown

Domains:
Unknown

Types:
Worship Services

Program Status:
Active Program Category Level:3

Compendium Program: CEC - Work Assingment

Gender Specific for:BOTH; RT Program Code: L3

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Inmates who are assigned to a work assignment in Correctional Enterprises of Connecticut.

Facilities:
CHESHIRE CI;OSBORN CI;YORK CI

Auspices:
Correctional Enterprises of Connecticut

Treatment Types:
Life Skills (LS)

Domains:
Education, Employment, and Financial Situation

Types:
Employment

Program Status:
Active Program Category Level:0

Compendium Program: Certified Birth Certificate or Registration of Birth

Gender Specific for:BOTH; RT Program Code: I2

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

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Facilities:
BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:
Programs & Treatment Unit

Treatment Types:
Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Education, Employment, and Financial Situation;Employment/Financial

Types:
Re-Entry

Program Status:
Active Program Category Level:3

Compendium Program: CHANGE Program

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The CHANGE program is a series of mental health, trauma informed and gender responsive programs comprised of three phases. Each phase is an individual program or comprised of optional programming (phase three.) Phase one is TARGET (Trauma Affect Regulation: Guide for Education and Treatment) which is a 10 week program. Phase Two is TREM (Trauma-Recovery Empowerment Model) which is a 16 week program. Lastly Phase Three has programming options such as Advanced TREM-16 weeks, A Woman's Way Through the 12-Steps, Tai-Chi (movement therapy), Stress Management (east side only) and Mindfulness/Meditation.

Facilities:
YORK CI

Auspices:
Mental Health

Treatment Types:
Education (Ed);Mental Health (MH)

Domains:
Antisocial Friends;Mental Health;Substance Abuse

Types:
Unknown

Program Status:
Active Program Category Level:1

Compendium Program: Chronic Discipline Program - York CI

Gender Specific for:FEMALE; RT Program Code: D1

Open Close:True, Session Group:False, Session Numbers: 9, Evidence Based:False

Description:

Facilities:
YORK CI

Auspices:
Unknown

Treatment Types:
Behavior Modification (BM)

Domains:
Anger/Hostility;Antisocial Attitudes;Antisocial Friends;Self Efficacy

Types:
Unknown

Program Status:

Active Program Category Level:1

Compendium Program: CLICC Literacy Program

Gender Specific for:BOTH; RT Program Code: CL

Open Close:True, Session Group:True, Session Numbers: 24, Evidence Based:False

Description:

Facility-Based Services
Utilizing trained mentors and contracted grant partners, The Center will offer a twenty-four (24) session program that fosters discussions among parents regarding reconnecting with their children and nurtures parent/child communication through the use of literature. Throughout the course of the facility based component of the program, both child and parent will be assigned specific books (one per month), and will complete literacy exercises through letters to/from child and parent. These excercises will be facilitated by The Center staff, partners and mentors.

Facilities:
CHESHIRE CI;CYBULSKI CI;YORK CI

Auspices:
Parenting Unit- Facility Staff;Programs & Treatment Unit

Treatment Types:
Education (Ed);Family Support (FS)

Domains:
Family;Family and Social Support;Parenting

Types:
Re-Entry

Program Status:
Active Program Category Level:3

Compendium Program: Community Meeting

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program is open to those offenders housed on the mental health unit. The program serves to set the tone for the days therapeutic activities and to organize the offender's tasks, which might include anything from housekeeping duties to peer support.

Facilities:
YORK CI

Auspices:
Health Services

Treatment Types:
Mental Health (MH)

Domains:
Mental Health

Types:
Female;Mental Health

Program Status:
Active Program Category Level:3

Compendium Program: Community Outreach Program

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program provides assistance with Public Service projects for the state, local governments and non-profit organizations. Projects include general cleaning, painting, stripping and waxing floors, office work and outside grounds work. Includes programs:
*Habitat For Humanity
*Warm the Baby/Warm the Elderly

Facilities:
YORK CI

Auspices:
All Facility Staff

Treatment Types:
Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Employment/Financial

Types:
Community Service;Community Work Group;Re-Entry;Self Improvement

Program Status:
Active Program Category Level:0

Compendium Program: Connecticut College Tutoring Program

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 16, Evidence Based:False

Description:

The York Tutoring Program supplements education in correctional institutions by preparing volunteers, primarily college students, to provide free, quality tutoring and related programming to support the academic achievement of incarcerated people.

Facilities:
YORK CI

Auspices:
Volunteer Services

Treatment Types:
Education (Ed)

Domains:
Education

Types:
Education

Program Status:
Active Program Category Level:2

Compendium Program: CONNTAC-EOC (CT Talent Assistance Cooperative-Education Opportunity Center)

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Representatives from CONNTAC-EOC are provided with names of students to meet with while the student is still incarcerated. The representatives assist students with their post-secondary plans and financial aid.

Facilities:
BROOKLYN CI;CYBULSKI CI;ENFIELD CI;MANSON YI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:
USD#1

Treatment Types:
Education (Ed)

Domains:
Education;Education, Employment, and Financial Situation;Employment/Financial

Types:
Re-Entry

Program Status:
Active Program Category Level:3

Compendium Program: Coping Skills- York CI

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This five-session group meets weekly. This group covers issues common to the York CI population; including adjustment, detoxification, difficulty sleeping, anxiety, depression and stress. Stress as a topic is highlighted insofar as it may relate to all of the common themes.

Facilities:
YORK CI

Auspices:
Health Services

Treatment Types:
Mental Health (MH);Substance Abuse (SA)

Domains:
Mental Health;Substance Abuse

Types:
Female;Self Improvement

Program Status:
Active Program Category Level:3

Compendium Program: COPING:Sleep

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This group focuses on introducing participants to sleep hygiene practice and related skills for coping with insomnia, especially given the challenges entailed re:sleeping within a correctional environment.

Facilities:
YORK CI

Auspices:
Mental Health

Treatment Types:
Life Skills (LS);Mental Health (MH)

Domains:
Abuse/Trauma;Mental Health

Types:
Mental Health

Program Status:
Active Program Category Level:3

Compendium Program: CORP: Connecticut Offender Re-Entry Program

Gender Specific for:BOTH; RT Program Code: 28

Open Close:False, Session Group:True, Session Numbers: 35, Evidence Based:False

Description:

This program provides services for offenders with mental illness returning to the community after an extended period of incarceration. The emphasis is on reducing recidivism by identifying and intervening in those areas most in need. Individuals eligible for the services must have at least one year left to serve before release, have a mental health score of 3 or higher and are returning to a catchment area where CORP services are provided. Catchment areas include Hartford, New Haven, Bridgeport, Norwich/New London and Waterbury areas.

Facilities:
GARNER CI;OSBORN CI;YORK CI

Auspices:
Contracted Program;Health Services;Volunteer Services

Treatment Types:
Life Skills (LS);Mental Health (MH);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Family and Social Support;Mental Health;Substance Abuse and Mental Health

Types:
Mental Health;Re-Entry

Program Status:
Active Program Category Level:2

Compendium Program: CPC Charlene Perkins Center York CI

Gender Specific for:FEMALE; RT Program Code: 39

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The Charlene Perkins Center is a re-entry programming unit designed to prepare individuals for a successful re-integration into the community. This 98 bed housing unit offers a variety of programs, meetings, presentations and services all based around making connections and concrete plans prior to release. Includes programs:
*Houses of Healing

Facilities:
YORK CI

Auspices:
All Facility Staff;Charlene Perkins Center - Facility Staff

Treatment Types:
Aggression Replacement Training (ART);Cognitive Behavioral Therapy (CBT);Education (Ed);Family Support (FS);Life Skills (LS);Medical (Med);Mental Health (MH);Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA);Victim Impact (VI)

Domains:
Abuse/Trauma;Anger/Hostility;Antisocial Attitudes;Antisocial Friends;Criminal Attitudes and Behavioral Patterns;Education;Education, Employment, and Financial Situation;Employment/Financial;Family;Family and Social Support;Housing Safety;Neighborhood Problems;Parenting;Peer Associations;Relationships;Self Efficacy;Substance Abuse and Mental Health

Types:
Re-Entry

Program Status:
Active Program Category Level:2

Compendium Program: DEFY Ventures

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 36, Evidence Based:False

Description:

Defy Ventures is an employment, entrepreneurship, and personal development training program that supports the incarcerated and formerly incarcerated to become successful, legal entrepreneurs and employees. We “transform the hustle” and maximize the potential of Entrepreneurs-in-Training (EITs) impacted by the criminal justice system by building redemptive communities that pursue entrepreneurship and personal growth.

Facilities:
YORK CI

Auspices:
Volunteer Services

Treatment Types:
Education (Ed);Life Skills (LS)

Domains:
Education, Employment, and Financial Situation

Types:
Unknown

Program Status:
Active Program Category Level:3

Compendium Program: Discharge Orientation

Gender Specific for:BOTH; RT Program Code: RD

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Discharge Orientation is conducted either individually or in groups with offenders who are within a year of discharge to the community. Topics include: ID procurement; community programs; and related matters.

Facilities:
BRIDGEPORT CC;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:
Programs & Treatment Unit

Treatment Types:
Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Education, Employment, and Financial Situation;Family and Social Support

Types:
Re-Entry

Program Status:

Active Program Category Level:3

Compendium Program: DSS Connect Card

Gender Specific for:BOTH; RT Program Code: I7

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

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Facilities:
BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:
Programs & Treatment Unit

Treatment Types:
Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Education, Employment, and Financial Situation;Employment/Financial

Types:
Re-Entry

Program Status:

Active Program Category Level:3

Compendium Program: DUI (Driving Under the Influence)

Gender Specific for:BOTH; RT Program Code: 35

Open Close:True, Session Group:False, Session Numbers: 14, Evidence Based:False

Description:

DUI (Driving Under the Influence) Offenders that have a DUI charge and are not eligible for DUI Home Confinement Program.

Facilities:
CYBULSKI CI;OSBORN CI;ROBINSON CI;YORK CI

Auspices:
Addiction Services

Treatment Types:
Cognitive Behavioral Therapy (CBT)

Domains:
Criminal Attitudes and Behavioral Patterns;Substance Abuse and Mental Health

Types:
Addiction

Program Status:

Active Program Category Level:1

Compendium Program: DUI Home Confinement Program: Track Four

Gender Specific for:BOTH; RT Program Code: V4

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Offenders who are assessed as needing intensive treatment, having multiple risk factors, or otherwise assessed as inappropriate for DUI HC release.

Facilities:
OSBORN CI;ROBINSON CI;YORK CI

Auspices:
Addiction Services

Treatment Types:
Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)

Domains:
Criminal Attitudes and Behavioral Patterns;Substance Abuse;Substance Abuse and Mental Health

Types:
Addiction

Program Status:

Active Program Category Level:1

Compendium Program: DUI Home Confinement Program: Track Three

Gender Specific for:BOTH; RT Program Code: V3

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Offenders who are eligible for home confinement, but assessed as needing intensive substance abuse treatment beyond the DUI program and appropriate level of treatment, such as Tier 2 or 4. These offenders may still be eligible for DUI HC release upon successful program completion.

Facilities:
CYBULSKI CI;OSBORN CI;ROBINSON CI;YORK CI

Auspices:
Addiction Services

Treatment Types:
Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)

Domains:
Criminal Attitudes and Behavioral Patterns;Substance Abuse;Substance Abuse and Mental Health

Types:
Addiction

Program Status:

Active Program Category Level:1

Compendium Program: DUI Home Confinement Program: Track Two

Gender Specific for:BOTH; RT Program Code: V2

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Initial Screening identifies offenders as low to medium risk based on criminal and substance abuse history. Offender will be transferred to CRCI for a full assessment and DUI HC treatment, 14 session program. Offenders in Track Two may be assigned immediately following screening, or following a denial for immediate release after Track One due to need for additional treatment.

Facilities:
CORRIGAN CI;CYBULSKI CI;OSBORN CI;ROBINSON CI;YORK CI

Auspices:
Addiction Services

Treatment Types:
Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)

Domains:
Criminal Attitudes and Behavioral Patterns;Substance Abuse;Substance Abuse and Mental Health

Types:
Addiction

Program Status:

Active Program Category Level:1

Compendium Program: ECAD - Puppy Program

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program involves the use of female offenders to assist in training canines to be of service to individuals with disabilities. The female offenders are responsible for training and caring for the dogs twenty-four hours a day. The training sessions take place multiple times a day, and during these sessions the dogs are learning basic skills that they will use once they graduate and start their service.

Facilities:
YORK CI

Auspices:
Contracted Program;Volunteer Services

Treatment Types:
Education (Ed);Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Education;Peer Associations

Types:
Unknown

Program Status:

Active Program Category Level:3

Compendium Program: Education Needs to be Identified by USD#1

Gender Specific for:BOTH; RT Program Code: E1

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

A transcript review of educational needs will be completed for inmates.

Facilities:
BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:
Unknown

Treatment Types:
Education (Ed)

Domains:
Education, Employment, and Financial Situation

Types:
Unknown

Program Status:
Active Program Category Level:1

Compendium Program: Educational, Career Resources and Job Fairs

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

These types of Fairs are conducted in the form of a professional conference for students. The educational staff invite a keynote speaker and students proceed to attend individual workshops or resource stations that provide information about potential employment or post secondary educational opportunities. The goal of these Fairs is to assist inmates with their transition plans before they return to the community.

Facilities:
CYBULSKI CI;MACDOUGALL CI;MANSON YI;OSBORN CI;WALKER RC;WILLARD CI;YORK CI

Auspices:
Addiction Services;USD#1

Treatment Types:
Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Education;Education, Employment, and Financial Situation;Employment/Financial;Family;Mental Health;Parenting;Peer Associations;Relationships;Self Efficacy;Substance Abuse

Types:
Academic Education;Re-Entry

Program Status:
Active Program Category Level:3

Compendium Program: Evening Group

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program open to those offenders housed in the Mental Health Unit, includes topics dealing with personal development, community issues, and specific mental health and/or medical issues. It is conducted by unit nursing staff.

Facilities:
YORK CI

Auspices:
Health Services

Treatment Types:
Mental Health (MH)

Domains:
Mental Health

Types:
Female;Medical;Mental Health

Program Status:
Active Program Category Level:3

Compendium Program: Exercise Class

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program run by the Recreation Department is designed to provide inmates with exercise instruction to improve overall health-fitness. Stretching, walking, jogging and calisthenics provide the basic format of these health skills. Classes are conducted in a low impact aerobic package.

Facilities:
YORK CI

Auspices:
Recreation Services

Treatment Types:
Life Skills (LS)

Domains:
Education

Types:
Recreation

Program Status:
Active Program Category Level:0

Compendium Program: Expired Photo Driver's License

Gender Specific for:BOTH; RT Program Code: I3

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

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Facilities:
BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:
Programs & Treatment Unit

Treatment Types:
Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Education, Employment, and Financial Situation

Types:
Re-Entry

Program Status:
Active Program Category Level:3

Compendium Program: Financial Literacy

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 12, Evidence Based:False

Description:

Participants in this program learn basic budgeting skills, discuss checking and savings accounts and learn how to set financial goals, track daily spending habits, prepare a personal spending plan, identify ways to decrease spending and use tools that will help you manage your expenses. There is a section on credit where participants discover what having credit means, what a credit report and FICO score is, what affects a credit report, how to check it, and what you should do and not do to improve your credit. The women also learn how to identify your financial situation, identify ways to increase income and prioritize expenses, develop a financial recovery plan, and recognize how to guard against credit repair scams.

Facilities:
YORK CI

Auspices:
Programming Unit - Facility Staff

Treatment Types:
Education (Ed);Life Skills (LS)

Domains:
Education, Employment, and Financial Situation

Types:
Unknown

Program Status:
Active Program Category Level:2

Compendium Program: Fresh Start Youth Mentoring Program (Bridgeport)

Gender Specific for:BOTH; RT Program Code: WB

Open Close:True, Session Group:False, Session Numbers: 12, Evidence Based:False

Description:

Family Re-entry program offers a comprehensive re-entry program to help individuals and their families make a successful transition from incarceration into the community. A re-entry plan is designed with each individual 3 months before the scheduled release date. Who qualifies? Bridgeport area residents with 3 to 6 months to discharge, firm parole or Transitional Supervision date. Family Re-entry coordinates youthful offender mentoring programs for young men and women aged 14-18. Services offered: Individual and family therapy, specialized domestic violence offender programs, substance abuse recovery counseling, life skills programs, parenting education, anger management, Fathers Helping Fathers groups, connections to service providers for housing, employment and job skills development, health care and financial aid and legal assistance.

Facilities:
MANSON YI;YORK CI

Auspices:
Contracted Program;Volunteer Services

Treatment Types:
Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Abuse/Trauma;Anger/Hostility;Antisocial Attitudes;Antisocial Friends;Criminal Attitudes and Behavioral Patterns;Education;Education, Employment, and Financial Situation;Employment/Financial;Family;Family and Social Support;Housing Safety;Mental Health;Neighborhood Problems;Parenting;Peer Associations;Relationships;Self Efficacy;Substance Abuse;Substance Abuse and Mental Health

Types:
Family;Re-Entry

Program Status:

Active Program Category Level:3

Compendium Program: General Referral for ASU (Addiction Services Unit) Program

Gender Specific for:BOTH; RT Program Code: A1

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Facilities:
BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:
Unknown

Treatment Types:

Substance Abuse (SA)

Domains:
Substance Abuse and Mental Health

Types:
Unknown

Program Status:
Active Program Category Level:1

Compendium Program: General Referral for Vocational Education

Gender Specific for:BOTH; RT Program Code: E2

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

A review of vocational education needs will be completed for inmates.

Facilities:
BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:
Unknown

Treatment Types:
Education (Ed)

Domains:
Education, Employment, and Financial Situation

Types:
Unknown

Program Status:
Active Program Category Level:1

Compendium Program: Good Intentions - Bad Choices

Gender Specific for:BOTH; RT Program Code: CF

Open Close:True, Session Group:False, Session Numbers: 15, Evidence Based:True

Description:

This program features a three part DVD series that focuses on Relapse and Recidivism Prevention for addicts and offenders leaving treatment or an incarcerated setting re-entering society. This period of early reintegration is especially risky for addicts and offenders despite intentions of doing well and straightening out their lives because errors in thinking that are the result of years of an addictive and/or criminal lifestyle, and are not so easily or quickly resolved.

Facilities:
BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;ENFIELD CI;GARNER CI;MACDOUGALL CI;OSBORN CI;WILLARD CI;YORK CI

Auspices:

Programming Unit - Facility Staff

Treatment Types:
Cognitive Behavioral Therapy (CBT)

Domains:
Anger/Hostility;Antisocial Attitudes;Antisocial Friends;Criminal Attitudes and Behavioral Patterns;Relationships;Self Efficacy;Substance Abuse

Types:
Self Improvement

Program Status:
Active Program Category Level:1

Compendium Program: Good Works

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

A non-profit mentoring program -New Beginnings- in which mentors help mentees transition from prison to successful re-entry in the community.

Facilities:
YORK CI

Auspices:
Charlene Perkins Center - Facility Staff;Volunteer Services

Treatment Types:
Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Anger/Hostility;Antisocial Attitudes;Antisocial Friends;Education;Employment/Financial;Family;Housing Safety;Parenting;Relationships;Self Efficacy;Substance Abuse

Types:
Re-Entry

Program Status:
Active Program Category Level:3

Compendium Program: Goodwill Reentry Initiative

Gender Specific for:BOTH; RT Program Code: RI

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The Goodwill Reentry Initiative is a reentry program offered by Goodwill of Southern New England that offers case management services and basic needs support to offenders releasing to New Haven, West Haven, or Hamden.

Facilities:
CHESHIRE CI;CYBULSKI CI;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:
Volunteer Services

Treatment Types:
Cognitive Behavioral Therapy (CBT);Life Skills (LS)

Domains:
Criminal Attitudes and Behavioral Patterns

Types:
Re-Entry

Program Status:
Active Program Category Level:2

Compendium Program: Greenhouse Program

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program reduces offender idleness and exposes them to socially acceptable leisure time and activities by teaching through hands on experience, plant identification, irrigation, propagation, fertilization, garden layout, greenhouse organization, weeding and general garden maintenance. Along with hands on experience, this program may develop patience, a respect for nature, and a sense of pride in one's accomplishments. On the practical side of things, this program will be used to grow vegetables that will be utilized by the food service department for the purpose of subsidizing the menu and realizing monetary savings. The program will also grow flowers to beautify the exterior of the institution and donate the seedlings to local non-profit organizations.

Facilities:
YORK CI

Auspices:
Recreation Services

Treatment Types:
Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Education;Employment/Financial;Peer Associations;Self Efficacy

Types:
Self Improvement

Program Status:
Active Program Category Level:2

Compendium Program: Grief & Loss Recovery

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This group focuses on providing a supportive setting to guide participants through the process of understanding and working through the grieving process.

Facilities:
YORK CI

Auspices:
Health Services

Treatment Types:
Mental Health (MH)

Domains:
Mental Health

Types:
Mental Health

Program Status:

Active Program Category Level:3

Compendium Program: Grief Recovery Group

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 9, Evidence Based:False

Description:

Grief Recovery Group is for inmates dealing with losses past and present that may include death, family separation, faith, or growing up in an abusive home. The course addresses the effect of incarceration and substance abuse on the grief process. The goal is to support each person to find their own inner resources, to feel complete in their grief process, and move forward in their lives with a renewed sense of meaning and purpose.

Picking up the Pieces; a Workbook for Incarcerated Women.

Facilities:
YORK CI

Auspices:
Religious Services

Treatment Types:
Family Support (FS);Life Skills (LS)

Domains:
Family

Types:
Family

Program Status:
Active Program Category Level:2

Compendium Program: Habitat for Humanity

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

As part of York CI's Community Outreach program, participants will help provide opportunities for home ownership to families in need by partnering with public, private, faith based organizations and community volunteers in the building of decent affordable homes.

Facilities:
YORK CI

Auspices:
All Facility Staff;Charlene Perkins Center - Facility Staff

Treatment Types:
Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Employment/Financial;Self Efficacy

Types:
Community Service

Program Status:
Active Program Category Level:0

Compendium Program: Healthy Relationships

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This group examines relationship issues with particular attention to domestic violence. The trauma often inherent in unhealthy relationships is discussed. Coping skills are taught. Offenders are encouraged to examine past destructive relationships and are given guidance in making healthy relationship decisions in the future. This program is open to offenders in the Social Rehabilitation Program.

Facilities:
YORK CI

Auspices:
Health Services;The Social Rehabilitation Program

Treatment Types:
Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Abuse/Trauma;Relationships;Self Efficacy

Types:
Domestic Violence;Female;Self Improvement;Trauma Informed

Program Status:
Active Program Category Level:3

Compendium Program: Hepatitis B Vaccination Program

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Health Services, through a grant from the Department of Public Health, offers the Hepatitis B Vaccination Series to youths age 19 and under. The program includes an educational component as well as the 3-part vaccination series.

Facilities:
MANSON YI;YORK CI

Auspices:
Health Services

Treatment Types:
Medical (Med)

Domains:
Family and Social Support;Self Efficacy

Types:
Health Education;Medical;Mental Health

Program Status:
Active Program Category Level:3

Compendium Program: High School Diploma Programs

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The USD #1 offers opportunities for earning a high school diploma through either USD # 1's Adult Education Program or in some cases in collaboration with USD #1 and the local town/city. To receive a diploma from the local city/town, the former school district must be willing to cooperate with USD #1. USD #1 Adult Education opportunities include the following:

1. The General Education Development (GED) exam provides qualified offenders the opportunity to participate in the examination process in order to receive a Connecticut State High School Diploma.

2. The High School Equivalency Program provides qualified offenders the opportunity to earn the 20 credit hours (120 hours per credit) required to receive a Connecticut High School Diploma.

3. Credit Diploma Program (CDP) provides qualified offenders the opportunity to earn the 20 credit hours (50 hours per credit) required to receive a USD #1 Adult Education High School Diploma.

4. The External Diploma Program (EDP) provides qualified offenders the opportunity to complete a competency portfolio in order to receive a USD #1 Adult Education High School Diploma.

Not all programs are available at all sites, and USD #1 staff review these options with prospective students to assist in the decision regarding which high school diploma program best meets his/her needs.

Facilities:
BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:
USD#1

Treatment Types:
Education (Ed)

Domains:
Education, Employment, and Financial Situation

Types:
Academic Education

Program Status:
Active Program Category Level:1

Compendium Program: HIV Counseling, Testing & Risk Reduction Education

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

When inmates are tested for HIV, the department provides standardized counseling by Department of Public Health certified counselors before and after testing. Counseling components include what HIV and AIDS are, how to get it, how to avoid getting it, what it means to be HIV positive, how to take care of oneself if one is HIV positive, and help in dealing with the associated feelings.

Facilities:
BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;MACDOUGALL CI;MANSON YI;NORTHERN CI;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:
Health Services

Treatment Types:
Family Support (FS);Medical (Med)

Domains:
Peer Associations

Types:
Health Education;Medical

Program Status:
Active Program Category Level:3

Compendium Program: HIV Support Services

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The Department demonstrates a collaborative approach in providing HIV support services to inmates in all facilities. A UCONN (Contracted) Heath Services Team coordinates testing and counseling services; the Department's School District conducts classroom instruction about HIV; the Department's Addiction Services Unit Counselors provide HIV education and prevention counseling; a number of volunteers serve as "buddies" or sponsors; and Hartford's Community Partners in Action (CPA) receives funding from foundations, grants as well as support from the state's Department of Mental Health and Addiction Services to operate the "Beyond Fear" Program. Altogether the Department hosts a complete program that includes counseling, testing, education focus groups, videos, intervention strategies and is able to assist discharging inmates with need for such services as housing, medical treatment, food, clothing and transportation.
New Beginnings and AIDS Awareness Day has been added to the HIV Support Services program. New Beginnings is an HIV/AIDS support group.

Facilities:

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;WALKER RC;WILLARD CI;YORK CI

Auspices:
Health Services;Volunteer Services

Treatment Types:
Family Support (FS);Life Skills (LS);Medical (Med)

Domains:
Peer Associations;Substance Abuse and Mental Health

Types:
Health Education;Medical;Mental Health

Program Status:
Active Program Category Level:3

Compendium Program: Hospice Program

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program is provided through an interdisciplinary team approach, to provide twenty-four (24) hour compassionate, quality end-of-life care to terminally ill inmates and to view their families and/or those emotionally connected to them as part of the "unit of care". Specially trained inmate volunteers are assigned to provide on-going care and support. This program is also available to all terminally ill male inmates in the Connecticut Department of Correction who meet the criteria for transfer into the program at MacDougall-CI. This program is also available to all terminally and chronically ill female inmates in the Connecticut Department of Correction who meet the criteria for transfer into the program at York-CI.

Facilities:
MACDOUGALL CI;OSBORN CI;YORK CI

Auspices:
Health Services

Treatment Types:
Family Support (FS)

Domains:
Family;Family and Social Support;Housing Safety

Types:
Medical

Program Status:
Active Program Category Level:3

Compendium Program: Houses of Healing

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

A 12-session program that helps inmates to identify, express and manage their feelings. It fosters self-understanding, emotional and spiritual growth along with encouraging responsibility and accountability towards one's self and others.

Facilities:
YORK CI

Auspices:
Charlene Perkins Center - Facility Staff;Volunteer Services

Treatment Types:
Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Self Efficacy

Types:
Re-Entry

Program Status:

Active Program Category Level:3

Compendium Program: Houses of Healing Self-Study

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 14, Evidence Based:True

Description:

The Houses of Healing made available in a self-study course for offenders in segregated/restrictive housing units. A 14-week evidence based program in emotional literacy, designed to teach emotional regulation techniques, foster emotional and spiritual growth, and encourage responsibility and accountability for ones self and toward others. Offenders create meaningful narratives of their lives through working toward healing experiences of trauma and grief and learning emotional regulation and practices. The self-study course offers additional support while in segregation/restrictive housing and prepares the offender for returning to general population and reintegration into the community.

Facilities:
YORK CI

Auspices:
Religious Services

Treatment Types:
Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Criminal Attitudes and Behavioral Patterns

Types:
Unknown

Program Status:
Active Program Category Level:3

Compendium Program: How to be Happy

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is an open group in the Social Rehabilitation Program designed to educate participants in changing their thought processes in a more positive direction. This psychoeducational group focuses on mental health and life circumstances and supplies the necessary positive skill-sets needed to help change negative thinking and learn how to handle situations and our behavior in ways that produce a more suitable and happy outcome.

Facilities:
YORK CI

Auspices:
Mental Health;The Social Rehabilitation Program

Treatment Types:
Cognitive Behavioral Therapy (CBT);Life Skills (LS);Mental Health (MH)

Domains:
Criminal Attitudes and Behavioral Patterns

Types:
Mental Health;Social Rehabilitation

Program Status:
Active Program Category Level:3

Compendium Program: Individual Spiritual Direction Counseling

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 15, Evidence Based:False

Description:

Individual Spiritual Direction counseling is presently offered to the women in the Reintegration program and the Marilyn Baker substance abuse program. This one-to-one relationship provides a safe, confidential place for inmates to talk with a trained, certified spiritual director. Each individual session is approximately forty-five minutes in duration.
Through reflection and deep listening, the director (companion, guide) gently encourages the development of emotional and spiritual tools for successful living on the outside. The process of Spiritual Direction offers guidance, support and compassion which encourage inmates to move towards self-forgiveness and inner freedom.

Facilities:
YORK CI

Auspices:
Volunteer Services

Treatment Types:
Life Skills (LS)

Domains:
Self Efficacy

Types:
Faith Recovery Support Services

Program Status:
Active Program Category Level:3

Compendium Program: Islamic Studies

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Islamic studies devoted to the study of prayer, meditation, self-examination and decision making for a spiritual life. This will assist inmates in confronting issues of life.

Facilities:
BRIDGEPORT CC;BROOKLYN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:
Religious Services

Treatment Types:
Unknown

Domains:
Unknown

Types:
Religious

Program Status:
Active Program Category Level:3

Compendium Program: Jehovah's Witness Bible Study

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Biblical readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Jehovah's Witness principles.

Facilities:
CYBULSKI CI;ENFIELD CI;HARTFORD CC;MACDOUGALL CI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;YORK CI

Auspices:
Religious Services ;Volunteer Services

Treatment Types:
Unknown

Domains:
Unknown

Types:
Religious

Program Status:

Active Program Category Level:3

Compendium Program: Jehovah's Witness Collective Service

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is the weekly Jehovah's Witness worship service.

Facilities:
BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;MACDOUGALL CI;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:
Religious Services ;Volunteer Services

Treatment Types:
Unknown

Domains:
Unknown

Types:
Religious

Program Status:

Active Program Category Level:3

Compendium Program: Jewish Holy Day Observances

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The holy days of Rosh Hashanah, Sukkot, Hanukkah, Purim, Passover and Shavuot are observed with worship services and feasts.

Facilities:
CHESHIRE CI;CORRIGAN CI;HARTFORD CC;MACDOUGALL CI;NORTHERN CI;OSBORN CI;RADGOWSKI CI;WALKER RC;YORK CI

Auspices:

Religious Services

Treatment Types:
Unknown

Domains:
Unknown

Types:
Religious

Program Status:

Active Program Category Level:3

Compendium Program: Jewish Sabbath Worship

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Sabbath afternoon prayer and reading of weekly Torah position, followed by study & discussion.

Facilities:
BROOKLYN CI;YORK CI

Auspices:
Religious Services

Treatment Types:
Unknown

Domains:
Unknown

Types:
Religious

Program Status:

Active Program Category Level:3

Compendium Program: Job Center - Pre-Employment Workshops

Gender Specific for:BOTH; RT Program Code: J1

Open Close:True, Session Group:False, Session Numbers: 6, Evidence Based:False

Description:

The Job Center is designed to help inmates get and maintain a job after release. It does this by providing job readiness training, resume writing, and employment referrals. Specific jobs are located by the Job Center's computer connection to the Department of Labor's Connecticut Job Bank and by using the Department of Correction Job Bank.

Facilities:
YORK CI

Auspices:
Employment Services;Programs & Treatment Unit

Treatment Types:
Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Education, Employment, and Financial Situation;Employment/Financial

Types:
Re-Entry;Self Improvement

Program Status:
Active Program Category Level:2

Compendium Program: Judy Dworin Performance Support Group

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This group is voluntary and meets for the participants the month prior to and following the Judy Dorwin Performance Project. It was developed for the purpose of allowing additional processing time regarding the themes and life stories that are brought to the surface through Judy's Performance Project.

Facilities:
CYBULSKI CI;YORK CI

Auspices:
Mental Health;The Change Group

Treatment Types:
Mental Health (MH)

Domains:
Abuse/Trauma;Relationships;Self Efficacy

Types:
Mental Health

Program Status:
Active Program Category Level:3

Compendium Program: Kairos

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is a 40-hour faith retreat that is held once a year with monthly reunions.

Facilities:
GARNER CI;MANSON YI;OSBORN CI;YORK CI

Auspices:
Religious Services ;Volunteer Services

Treatment Types:
Unknown

Domains:
Unknown

Types:
Religious

Program Status:

Active Program Category Level:3

Compendium Program: Labor Coaches

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program is a collaborative effort between York CI volunteers and Health Services staff in conjunction with Lawrence & Memorial Hospital's High Risk Infant Program. Community volunteers are trained as labor coaches to work specifically with inmate patients delivering babies at L&M Hospital.

Facilities:
YORK CI

Auspices:
Health Services;Volunteer Services

Treatment Types:
Family Support (FS);Life Skills (LS)

Domains:
Parenting

Types:
Family;Mental Health

Program Status:

Active Program Category Level:3

Compendium Program: Legion of Mary

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is a program which inmates become members of the largest Catholic lay group in the world. The Legion's goals are to form active, educated and charitable Catholics. This is done through a regular program of prayer that emphasizes the rosary and acts of charity. Inmates also do research and presentations on various aspects of the catholic tradition.

Facilities:
BROOKLYN CI;CHESHIRE CI;MACDOUGALL CI;ROBINSON CI;YORK CI

Auspices:
Religious Services ;Volunteer Services

Treatment Types:
Unknown

Domains:
Unknown

Types:
Religious

Program Status:
Active Program Category Level:3

Compendium Program: Library

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program is open to those offenders housed on the mental health unit. This program takes place in the institution library where offenders are guided toward reading that promotes personal growth and development.

Facilities:
OSBORN CI;ROBINSON CI;YORK CI

Auspices:
Health Services

Treatment Types:
Education (Ed)

Domains:
Education;Education, Employment, and Financial Situation;Self Efficacy

Types:
Female;Mental Health;Self Improvement

Program Status:
Active Program Category Level:3

Compendium Program: Life Skills (Life Lessons @ YCI)

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This weekly group encourages offenders to develop good social skills that are appropriate to living in both a therapeutic community (The Social Rehabilitation Program) and the world. Therapeutic games, readings, role-play, and sharing of life experience are used.

Facilities:
OSBORN CI;YORK CI

Auspices:
Health Services;The Social Rehabilitation Program

Treatment Types:
Life Skills (LS)

Domains:
Anger/Hostility;Antisocial Attitudes;Antisocial Friends;Education;Employment/Financial;Family and Social Support;Parenting;Relationships

Types:
Female;Social Rehabilitation

Program Status:
Active Program Category Level:3

Compendium Program: Living Free Comprehensive Re-entry Services

Gender Specific for:BOTH; RT Program Code: FL

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program offers an integrated system of care for inmates who have been sentenced to a period of three months or more, who have substance use issues (drug/alcohol score of 3 or higher), co-occurring mental health issues (mental health score of 3 or lower), and physical health concerns (medical score of 1 or higher). The inmates are expected to be released into the greater New Haven community within a four to six-month period of time and must be committed to working with the Living Free Program's Peer Advocates on various re-entry issues and concerns. Living Free will meet with each inmate at their designated facility for a structured four step process to ideally enroll and assess their needs for addiction, mental health, and/or medical treatment and care. If enrolled, the final step of this program is to bring the inmate on an "escorted visit" from their designated facility to the ForDD Clinic to meet with their treatment providers and Peer Advocate for discharge planning prior to their release date. Once released, each inmate is expected to attend weekly appointments with the treatment providers and Peer Advocates at the ForDD Clinic.

Facilities:
CYBULSKI CI;NEW HAVEN CC;WILLARD CI;YORK CI

Auspices:
Addiction Services

Treatment Types:
Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)

Domains:
Education, Employment, and Financial Situation;Substance Abuse and Mental Health

Types:
Addiction

Program Status:
Active Program Category Level:2

Compendium Program: Medication Assisted Treatment - MAT

Gender Specific for:MALE; RT Program Code: A3

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is a reentry based program that identifies offenders during their incarceration and connects them to a community treatment provider to receive medication assisted treatment. This process allows the offender to have a developed plan for services that is available to them upon their release. Addiction Services Staff coordinates admission into the program and schedules a meeting for the offender to meet with the community provider.

Facilities:
CORRIGAN CI;CYBULSKI CI;MANSON YI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:
Contracted Program

Treatment Types:
Cognitive Behavioral Therapy (CBT);Life Skills (LS);Substance Abuse (SA)

Domains:
Substance Abuse and Mental Health

Types:
Substance Abuse Services/Treatment

Program Status:
Active Program Category Level:2

Compendium Program: Mental Health Peer Mentoring Program: Sisters Standing Strong

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This mentor program is comprised of offender mentors/helpers who demonstrate pro-social, adaptive coping skills, as well as, offenders who have recently entered YCI and are presenting with difficulty adjusting to the correctional environment. The program, with staff present supervising, provides an outlet for the female offenders to receive peer-support and insight into common adjustment issues. The following topics are addressed: basic sleep hygiene, drug withdrawal, court stressors, managing the YCI system and coping strategies.

Facilities:
YORK CI

Auspices:
Health Services

Treatment Types:
Life Skills (LS)

Domains:
Abuse/Trauma;Anger/Hostility;Antisocial Friends;Mental Health;Self Efficacy;Substance Abuse

Types:
Mental Health;Self Improvement

Program Status:
Active Program Category Level:0

Compendium Program: MHU-Afternoon Group

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

MHU-Afternoon Group is actually any of the following groups or activities depending on the needs based the needs/level of functioning of the population at the time:
Start Now-usually Mondays and/or Tuesdays
Library-Thursdays when the Librarian is available
Coping Skills-usually Tuesdays and or Thursdays if there is no Library. The group reviews basic skills to utilize in everyday life both while incarcerated and while in the community.
Social Group-usually on Fridays. The members of the group are encouraged to interact positively with each other and use each other and the leader for extra support. Members get to know each other by socializing and relaxing while playing cards, board games, drawing, and engaging in small group discussions.

Facilities:
YORK CI

Auspices:
Mental Health

Treatment Types:
Mental Health (MH)

Domains:
Mental Health

Types:
Mental Health

Program Status:
Active Program Category Level:3

Compendium Program: Microsoft Group

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The east side Job Center Counselor at York CI provides instruction on how to use Microsoft software to create resumes and cover letters in an effort to obtain employment upon release.

Facilities:
YORK CI

Auspices:

Programs & Treatment Unit

Treatment Types:
Education (Ed);Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Education

Types:
Unknown

Program Status:
Active Program Category Level:3

Compendium Program: Miracle of Melody

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:True, Session Numbers: 5, Evidence Based:False

Description:

This program offers any eligible woman at YCI the chance to explore the connection between women's voices and what makes women's voices sing. The program meets weekly and explores vocal improvisation, circle singing, lyric writing, song writing, breathing, sounding and grounding.

Facilities:
YORK CI

Auspices:
Contracted Program;Volunteer Services

Treatment Types:
Education (Ed)

Domains:
Family and Social Support

Types:
Unknown

Program Status:
Active Program Category Level:3

Compendium Program: Mommy and Me

Gender Specific for:FEMALE; RT Program Code: MA

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The program consists of two hour visitation time with York CI mother and their children, held at least every other month on a Saturday to enable children to spend quality time with their mothers in the visiting center. Games, toys, books and a craft project facilitated by volunteers will be planned for each session. Pictures of the family unit will be taken by a staff member and distributed to mothers and their families.

Facilities:
YORK CI

Auspices:
Parenting Unit- Facility Staff

Treatment Types:
Family Support (FS);Life Skills (LS)

Domains:
Parenting

Types:
Family

Program Status:
Active Program Category Level:3

Compendium Program: Narcotics Anonymous

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Narcotics Anonymous is a twelve-step fellowship of addicts helping addicts to recover from the disease of addiction. Meetings, in a variety of formats (Step Meetings, Speaker, Speaker/Discussion, etc.), are held on a weekly basis. The meetings are usually conducted by outside volunteers who share their story of addiction and recovery. Addiction Services or Volunteer Services staff coordinate the meetings and provide oversight for the program.

Facilities:
BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:
Addiction Services;Volunteer Services

Treatment Types:
Substance Abuse (SA)

Domains:
Substance Abuse;Substance Abuse and Mental Health

Types:
Addiction

Program Status:
Active Program Category Level:3

Compendium Program: Native American Worship

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Sacred Circle is a community prayer, which includes smudging. It is celebrated weekly.

Facilities:
BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;MACDOUGALL CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:
Religious Services ;Volunteer Services

Treatment Types:
Unknown

Domains:
Unknown

Types:
Religious;Worship Services

Program Status:
Active Program Category Level:3

Compendium Program: New Directions - Socialization

Gender Specific for:BOTH; RT Program Code: NS

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Addiction Services

Facilities:
MANSON YI;YORK CI

Auspices:
Addiction Services

Treatment Types:
Unknown

Domains:
Unknown

Types:
Unknown

Program Status:
Active Program Category Level:0

Compendium Program: New Life Ministries

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

A mentoring program for offenders discharging to the New London area, conducted by a faith community. Mentors establish a relationship with offenders six months prior to release. They provide housing, clothing, transportation and a network of support to help the individual build a successful life in society.

Facilities:
YORK CI

Auspices:
Charlene Perkins Center - Facility Staff;Volunteer Services

Treatment Types:
Family Support (FS);Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Anger/Hostility;Antisocial Attitudes;Antisocial Friends;Employment/Financial;Housing Safety;Parenting;Relationships;Self Efficacy

Types:
Re-Entry

Program Status:
Active Program Category Level:3

Compendium Program: OAP Refusal

Gender Specific for:BOTH; RT Program Code: PR

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Facilities:
BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:
Unknown

Treatment Types:
Unknown

Domains:
Criminal Attitudes and Behavioral Patterns

Types:

Unknown

Program Status:
Active Program Category Level:1

Compendium Program: Outside Clearance

Gender Specific for:BOTH; RT Program Code: L4

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Facilities:
BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:
Unknown

Treatment Types:
Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Education, Employment, and Financial Situation;Employment/Financial

Types:
Unknown

Program Status:
Active Program Category Level:3

Compendium Program: Overeater's Anonymous

Gender Specific for:MALE; RT Program Code: N/A

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program is conducted in English. Overeater's Anonymous is a Fellowship self-help group for women who provide mutual support in obtaining and maintaining a healthy lifestyle while also helping others to recover from overeating addiction. Volunteers chair the meetings on a weekly basis. Addiction Service staff coordinate the meetings and provide oversight for the program.

Facilities:
YORK CI

Auspices:
Addiction Services

Treatment Types:
Unknown

Domains:
Unknown

Types:
Addiction;Mental Health;Self Improvement

Program Status:
Active Program Category Level:3

Compendium Program: Parenting from the Inside: Making the Mother-Child Connection

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Parenting from the Inside is a 9-week, open group. The curriculum is based in Cognitive Behavioral Therapy (CBT) to provide psycho-education and build skills. Women will learn ways to manage their own emotions in order to respond in the best way to their child. They will learn skills to strengthen/develop a relationship with their children through topics that are specific to the Prison environment.

Facilities:
YORK CI

Auspices:
Mental Health

Treatment Types:
Cognitive Behavioral Therapy (CBT)

Domains:
Family and Social Support

Types:
Family

Program Status:
Active Program Category Level:3

Compendium Program: Parenting-How to Be a Responsible Mother

Gender Specific for:FEMALE; RT Program Code: 38

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program is designed to help inmates with children become responsible parents. Inmates have classes in parenting skills and in some cases read children's books into audio cassettes to send home to their children. Components of the parenting skills classes include parenting from a distance, discipline techniques, and communicating with children.

Facilities:
YORK CI

Auspices:
Parenting Unit- Facility Staff

Treatment Types:
Education (Ed);Family Support (FS)

Domains:
Education, Employment, and Financial Situation;Family and Social Support

Types:
Education;Employment;Family;Financial

Program Status:
Active Program Category Level:2

Compendium Program: PEP - People Empowering People

Gender Specific for:BOTH; RT Program Code: 93

Open Close:True, Session Group:False, Session Numbers: 12, Evidence Based:False

Description:

This program provides educational training in values clarification, communication skills, problem solving and parenting. The program builds on personal strengths, providing opportunities for participants to gain skills while they take greater control of their own lives.

Facilities:
CHESHIRE CI;GARNER CI;RADGOWSKI CI;YORK CI

Auspices:
Volunteer Services

Treatment Types:
Family Support (FS);Life Skills (LS)

Domains:
Antisocial Attitudes;Antisocial Friends;Family and Social Support;Parenting;Self Efficacy

Types:
Self Improvement

Program Status:
Active Program Category Level:3

Compendium Program: Post-Partum Education

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The post partum group is available to all female offenders that have given birth while incarcerated. The group is facilitated by the Lawrence and Memorial Hospital High Risk Infant Social Worker. The participants are educated on what types of physical and hormonal changes to expect after delivery and how to best take care of themselves during this transition.

Facilities:
YORK CI

Auspices:
Contracted Program

Treatment Types:

Education (Ed)

Domains:
Education;Parenting;Self Efficacy

Types:
Unknown

Program Status:
Active Program Category Level:3

Compendium Program: Pre-natal Education

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Pre-natal group offers weekly childbirth education classes to all pregnant York CI inmates. The group facilitator is a pre-natal educator fro Lawrence Memorial Hospital. The program topics include: nutrition, exercise, growth and development of baby, maternal changes with pregnancy, drug and alcohol use in pregnancy, signs & stages of labor, comfort techniques and pain medications, informed choice, postpartum care, newborn bonding, breast vs. bottle feeding, birth control and family planning, hospital protocols and labor coach volunteers.

Facilities:
YORK CI

Auspices:
Health Services;Volunteer Services

Treatment Types:
Family Support (FS)

Domains:
Family;Parenting

Types:
Health Education

Program Status:
Active Program Category Level:3

Compendium Program: Protestant Bible Study

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Biblical readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Christian principles.

Facilities:
BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:
Religious Services ;Volunteer Services

Treatment Types:
Unknown

Domains:
Unknown

Types:
Religious

Program Status:
Active Program Category Level:3

Compendium Program: Protestant Bible Study (Spanish)

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Biblical readings are reviewed with Spanish inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Christian principles.

Facilities:
BRIDGEPORT CC;BROOKLYN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;NEW HAVEN CC;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:
Religious Services ;Volunteer Services

Treatment Types:
Unknown

Domains:
Unknown

Types:
Religious

Program Status:
Active Program Category Level:3

Compendium Program: Protestant Choir

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Both Catholic and Protestant inmates are able to join choirs in their respective religious service. These choirs both enhance the religious liturgies and add a level of veneration to those services. In some institutions, there may also be Spanish choirs.

Facilities:
CHESHIRE CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;NORTHERN CI;OSBORN CI;ROBINSON CI;YORK CI

Auspices:
Religious Services ;Volunteer Services

Treatment Types:
Unknown

Domains:
Family and Social Support

Types:
Religious

Program Status:
Active Program Category Level:3

Compendium Program: Protestant Communion Service

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is a sacramental service that offers the administration of the -Lord's Supper-.

Facilities:
HARTFORD CC;YORK CI

Auspices:
Religious Services

Treatment Types:
Unknown

Domains:
Unknown

Types:
Religious

Program Status:
Active Program Category Level:3

Compendium Program: Protestant Prison Fellowship Seminar

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is a weekend faith development seminar held twice yearly.

Facilities:
BROOKLYN CI;CORRIGAN CI;MACDOUGALL CI;YORK CI

Auspices:
Religious Services ;Volunteer Services

Treatment Types:

Unknown

Domains:
Unknown

Types:
Religious

Program Status:
Active Program Category Level:3

Compendium Program: Protestant Service

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is the weekly Protestant worship service.

Facilities:
BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:
Religious Services ;Volunteer Services

Treatment Types:
Unknown

Domains:
Unknown

Types:
Worship Services

Program Status:
Active Program Category Level:3

Compendium Program: Purpose Driven Life

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

A Character Development Course that is a 40 week program. Inmates use the Purpose Driven Life Book to help them gain a sense of purpose and direction for daily living

Facilities:
CORRIGAN CI;RADGOWSKI CI;YORK CI

Auspices:
Religious Services

Treatment Types:
Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Criminal Attitudes and Behavioral Patterns

Types:
Religious

Program Status:
Active Program Category Level:3

Compendium Program: Quinnipiac University Courses

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Quinnipiac University provides qualified offenders with opportunities to participate in for-credit undergraduate courses while incarcerated at York CI. In order to qualify for the program, the participating offender must have a high school diploma or GED equivalency.

Facilities:
YORK CI

Auspices:
Volunteer Services

Treatment Types:
Education (Ed)

Domains:
Education;Self Efficacy

Types:
Unknown

Program Status:
Active Program Category Level:3

Compendium Program: Ramadan, Eid-Ul-Fitr, Eid-Ul-Adha

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Religiously Required Observations (Annual)

Facilities:
BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:
Religious Services

Treatment Types:
Unknown

Domains:
Unknown

Types:
Religious

Program Status:
Active Program Category Level:3

Compendium Program: Recreation

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program is open to those offenders housed on the mental health unit. The offenders are accompanied by mental health staff to the gymnasium, where they engage in physical activities designed to build self-esteem and group cohesion.

Facilities:
YORK CI

Auspices:
Health Services;Recreation Services

Treatment Types:
Education (Ed);Life Skills (LS)

Domains:
Self Efficacy

Types:
Female;Mental Health;Recreation;Self Improvement

Program Status:
Active Program Category Level:3

Compendium Program: Re-Entry and Discharge Planning

Gender Specific for:BOTH; RT Program Code: M1

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Facilities:
BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:
Unknown

Treatment Types:
Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Education;Education, Employment, and Financial Situation;Employment/Financial;Housing Safety;Substance Abuse

Types:
Unknown

Program Status:
Active Program Category Level:2

Compendium Program: Reintegration Unit at York CI

Gender Specific for:FEMALE; RT Program Code: RY

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Residential program to assist female offenders with reintegration

Facilities:
YORK CI

Auspices:
All Facility Staff

Treatment Types:
Unknown

Domains:
Unknown

Types:
Unknown

Program Status:
Active Program Category Level:0

Compendium Program: Rikers Debate Team

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The Rikers Debate Project (RDP) teaches competitive debate skills- including communication, conflict resolution, and public citizenship- to students held in Rikers Island jail and York Correctional Facility. RDP's modular curriculum helps our students advocate for their political interests, resolve conflicts peacefully and productively, and empathize with a variety of perspectives. Debate classes pair lessons about argumentation and logical reasoning with discussions of contemporary civic and political issues. Lesson goals are delineated for novice, intermediate, and advanced students, and we work hard to keep the RDP volunteer- student ratio small.

Facilities:
YORK CI

Auspices:
Volunteer Services

Treatment Types:
Education (Ed);Life Skills (LS)

Domains:
Neighborhood Problems;Peer Associations

Types:
Unknown

Program Status:
Active Program Category Level:3

Compendium Program: Sacramental Preparation (Spanish)

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is a course of studies conducted in Spanish.

Facilities:
NEW HAVEN CC;YORK CI

Auspices:
Religious Services

Treatment Types:
Unknown

Domains:
Unknown

Types:
Religious

Program Status:
Active Program Category Level:3

Compendium Program: Safe Passage:Your Future Group

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This group targets the growing population of women who have been incarcerated for than 5 years and will be discharging within the next 2 years. Group members will address their fears regarding release to the community; specifically becoming prepared for changes with family, life skills, social groups and modern technology. The participants are given the opportunity to utilize the group to process information from the schools re-entry group and job fair to foster their learning process.

Facilities:
YORK CI

Auspices:

Mental Health

Treatment Types:
Mental Health (MH)

Domains:
Substance Abuse and Mental Health

Types:
Re-Entry

Program Status:
Active Program Category Level:0

Compendium Program: School Record / Transcript

Gender Specific for:BOTH; RT Program Code: I4

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

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Facilities:
BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:
Programs & Treatment Unit

Treatment Types:
Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Education;Education, Employment, and Financial Situation

Types:
Re-Entry

Program Status:
Active Program Category Level:3

Compendium Program: Second Chance Pell Program

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The Second Chance Pell Program is a Three-Year Pilot Program from the United States Department of Education that allows qualified, participating offenders to attend college courses at selected facilities. The courses are instructed by participating community colleges and currently offer Associate Degrees, Certificates, or classes in Manufacturing, Business Administration, and Human Services.

Facilities:

BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;MACDOUGALL CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;YORK CI

Auspices:
Volunteer Services

Treatment Types:
Education (Ed)

Domains:
Education;Education, Employment, and Financial Situation;Employment/Financial

Types:
Education

Program Status:

Active Program Category Level:1

Compendium Program: Seeking Safety

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 25, Evidence Based:True

Description:

Seeking Safety is an evidence based, present- focused, coping skills therapy to help people attain safety from trauma and/ or substance abuse. It is an extremely safe treatment model as it addresses trauma and addiction, but without requiring participants to develop into the trauma narrative.

Facilities:
CHESHIRE CI;YORK CI

Auspices:
Mental Health

Treatment Types:
Cognitive Behavioral Therapy (CBT);Mental Health (MH);Substance Abuse (SA)

Domains:
Substance Abuse and Mental Health

Types:
Mental Health Services/Treatment

Program Status:

Active Program Category Level:3

Compendium Program: Self-Esteem

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This group employs psycho-education, cognitive behavioral intervention, and expressive modalities to help participants address self-esteem deficits, and develop improved self-esteem. It is part of the Safe Passage Program.

Facilities:
YORK CI

Auspices:
Health Services

Treatment Types:
Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Mental Health;Self Efficacy

Types:
Female;Mental Health;Self Improvement

Program Status:

Active Program Category Level:3

Compendium Program: Sex Treatment Program - York CI

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The Sex Treatment Program is a specialized program open only to offenders with sex-offender charges. The program is provided by mental health staff with specialized training in the treatment of sex offenders. It deals with both specific behavioral issues typical of the offense and the likely underlying individual issues. This is both a supportive group and a highly structured psycho-educational group. It is an integral part of the state wide Sex Treatment Program.

Facilities:
YORK CI

Auspices:
Health Services

Treatment Types:
Behavior Modification (BM);Mental Health (MH);Victim Impact (VI)

Domains:
Abuse/Trauma;Anger/Hostility;Antisocial Attitudes;Criminal Attitudes and Behavioral Patterns;Relationships;Self Efficacy;Substance Abuse and Mental Health

Types:

Self Improvement;Sex Offender

Program Status:
Active Program Category Level:1

Compendium Program: Sex Treatment Referral

Gender Specific for:BOTH; RT Program Code: S1

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Evaluation of inmates that have a history of charges and/or a conviction or disciplinary reports/institutional rule violations for an offense that involves sexual misconduct which may indicate a possible need for treatment of problematic sexual behavior. A clinical interview is conducted and actuarial and/or dynamic risk assessment measures are utilized to determine level and intensity of treatment indicated to address the inmate's problematic sexual behavior.

Facilities:
BROOKLYN CI;CHESHIRE CI;GARNER CI;MACDOUGALL CI;MANSON YI;NORTHERN CI;OSBORN CI;ROBINSON CI;YORK CI

Auspices:
Mental Health

Treatment Types:
Mental Health (MH)

Domains:
Criminal Attitudes and Behavioral Patterns;Substance Abuse and Mental Health

Types:
Unknown

Program Status:
Active Program Category Level:1

Compendium Program: Shift Program

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 8, Evidence Based:False

Description:

A component of the WORTH (18-25)Program. 8 Week Volunteer Led Workshop (Jenn Kuehn) Each Class = 1 hour. Activities include: Warm up, Work out, Stretch & Meditation, Journaling the Weekly Focus, Goal Setting, Vision Boarding, motivation (a weekly focus topic) ie. Finding your why, Later is never, Potential, Creating your own opportunities, etc.

Facilities:
YORK CI

Auspices:
Volunteer Services

Treatment Types:
Education (Ed)

Domains:
Family and Social Support

Types:
Unknown

Program Status:
Active Program Category Level:3

Compendium Program: Short-Term Sexual Offender Treatment Group

Gender Specific for:MALE; RT Program Code: ST

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:True

Description:

Utilizing the risk, need, responsivity model inmates are accessed to determine dosage and level of intensity of treatment that is indicated. Those inmates who are determined to be at moderate to low risk level, who will be receiving on-going treatment post-release in the community, or who are unable to participate in a more intensive treatment program for other reasons are assigned to the Short-Term Sexual Offender treatment group. Treatment targets dynamic risk factors empirically associated with risk of recidivism such as deviant sexual preferences, lack of positive social influences, intimacy deficits, problems with sexual self-regulation, problems a general self-regulation, attitudes supportive of sexual assault, and problems related to cooperation with supervision, integrates models of Cognitive Behavioral Treatment (i.e. The Good Lives Model) and Relapse Prevention.

Facilities:
BROOKLYN CI;CHESHIRE CI;MACDOUGALL CI;MANSON YI;OSBORN CI;YORK CI

Auspices:
Mental Health

Treatment Types:
Cognitive Behavioral Therapy (CBT)

Domains:
Criminal Attitudes and Behavioral Patterns;Substance Abuse and Mental Health

Types:
Sex Offender

Program Status:
Active Program Category Level:1

Compendium Program: Sisters Standing Strong

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The York CI Mentor Program is comprised of inmate mentors who demonstrate pro-social, adaptive coping skills as well as inmates who have recently entered YCI and are presenting with difficulty adjusting to the correctional environment. The program also provides an outlet for the female offenders to receive peer support and insight into common adjustment issues. Topics addressed include: basic sleep hygiene, drug withdrawal, court stressors, managing the YCI system and coping strategies.

Facilities:
YORK CI

Auspices:
Health Services

Treatment Types:
Life Skills (LS);Mental Health (MH)

Domains:
Housing Safety;Mental Health;Relationships

Types:
Mental Health

Program Status:

Active Program Category Level:3

Compendium Program: Social Rehabilitation Program

Gender Specific for:FEMALE; RT Program Code: D2

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The Social Rehabilitation Program (SRP) is a residential program housed in 2-North. There is a weekly schedule of groups and each participant is expected to attend five of these. In addition, the women are encouraged to be active in other forms of programming, including religious services. Recovery is emphasized, whether that is recovery from addiction, mental illness or trauma. In particular treatment is emphasized, as the vast majority of the participants are trauma survivors. Includes programs:
*How To Be Happy
*Women's Empowerment/Supportive Therapy
*Healthy Relationships
*Skills Training
*Tier Meeting
*Start Now Programming

Facilities:
YORK CI

Auspices:
Mental Health;The Social Rehabilitation Program

Treatment Types:
Aggression Replacement Training (ART);Cognitive Behavioral Therapy (CBT);Family Support (FS);Life Skills (LS);Medical (Med);Mental Health (MH);Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA);Victim Impact (VI)

Domains:
Abuse/Trauma;Mental Health;Substance Abuse

Types:
Mental Health

Program Status:
Active Program Category Level:2

Compendium Program: Social Security Card

Gender Specific for:BOTH; RT Program Code: I5

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:
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Facilities:
BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:
Programs & Treatment Unit

Treatment Types:
Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Education, Employment, and Financial Situation;Employment/Financial

Types:
Re-Entry

Program Status:
Active Program Category Level:3

Compendium Program: Special Education and Pupil Services

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The special education teachers, pupil services specialists (School Psychologists, School Counselors, School Social Workers), and the associated clerical and durational staff provide services to students with handicapping conditions which interfere with their ability to participate in school. These services are mandated by federal (Individuals with Disabilities Education Act Amendments of 1997) and state (Connecticut General Statutes 10-76) statute. Special education services encompass a broad array of activities including assessment, counseling, transition planning, and both the direct and indirect (e.g. consultation) services of the special education teachers and pupil services staff. Student programs are designed according to the individual needs of each student with disabilities and are specified in an Individualized Education Plan (IEP.) A social skills component is a part of the special education program.

Facilities:
BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:
USD#1

Treatment Types:
Education (Ed)

Domains:
Education;Education, Employment, and Financial Situation;Employment/Financial

Types:
Academic Education

Program Status:
Active Program Category Level:1

Compendium Program: Spiritual Direction

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program involves mentoring the female offenders in an effort to ease the transition from prison to the community. The mentor is a volunteer who comes into the facility to meet with individual offenders once a week for one hour sessions.

Facilities:
YORK CI

Auspices:
Contracted Program;Volunteer Services

Treatment Types:

Education (Ed);Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Criminal Attitudes and Behavioral Patterns

Types:
Unknown

Program Status:
Active Program Category Level:3

Compendium Program: Spirituality & Recovery

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This 13 session program uses spiritual principles, meditation and journaling to gain strength in recovery from addiction. The program utilizes power point presentations, reflection and independent assignments to help offenders understand themselves better and gain insight into their addiction and their progress in recovery

Facilities:
OSBORN CI;YORK CI

Auspices:
Religious Services

Treatment Types:
Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Criminal Attitudes and Behavioral Patterns

Types:
Addiction;Religious

Program Status:
Active Program Category Level:3

Compendium Program: Sponsorship Behind the Walls

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program is designed for inmates participating in a 12-step recovery program. It enables participants to write to an outside sponsor in order to work the 12 steps of recovery.

Facilities:
CYBULSKI CI;OSBORN CI;RADGOWSKI CI;YORK CI

Auspices:
Addiction Services;Volunteer Services

Treatment Types:

Unknown

Domains:
Unknown

Types:
Addiction

Program Status:
Active Program Category Level:3

Compendium Program: SRG Affiliation - York CI

Gender Specific for:FEMALE; RT Program Code: C9

Open Close:True, Session Group:False, Session Numbers: 32, Evidence Based:False

Description:

Facilities:
YORK CI

Auspices:
Unknown

Treatment Types:
Behavior Modification (BM)

Domains:
Anger/Hostility;Antisocial Attitudes;Antisocial Friends;Criminal Attitudes and Behavioral Patterns;Neighborhood Problems;Self Efficacy;Substance Abuse and Mental Health

Types:
Unknown

Program Status:
Active Program Category Level:1

Compendium Program: SRG Security Risk Group - Phase 1

Gender Specific for:BOTH; RT Program Code: S4

Open Close:False, Session Group:True, Session Numbers: 3, Evidence Based:False

Description:

Phase 1 of the SRG program consists of 3 programs designed to be facilitated on an in cell basis. The 3 components of Phase 1 include Getting Settled and Getting Going, Handling a Crisis and Interpersonal Effectiveness. This program can be modified for specific populations or facility use.

Facilities:
BRIDGEPORT CC;CORRIGAN CI;MANSON YI;YORK CI

Auspices:
All Facility Staff

Treatment Types:

Behavior Modification (BM)

Domains:
Criminal Attitudes and Behavioral Patterns;Neighborhood Problems;Peer Associations

Types:
Female SRG;SRG ;Youth SRG

Program Status:
Active Program Category Level:1

Compendium Program: SRG Security Risk Group - Phase 2

Gender Specific for:BOTH; RT Program Code: S5

Open Close:False, Session Group:True, Session Numbers: 16, Evidence Based:False

Description:

Phase 2 of the SRG program consists of two programs. The programs are Anger Management and Choices and Consequences. This program can be modified for specific population or facility use.

Facilities:
BRIDGEPORT CC;CORRIGAN CI;MANSON YI;WALKER RC;YORK CI

Auspices:
All Facility Staff

Treatment Types:
Behavior Modification (BM)

Domains:
Criminal Attitudes and Behavioral Patterns;Neighborhood Problems;Peer Associations

Types:
Female SRG;SRG ;Youth SRG

Program Status:
Active Program Category Level:1

Compendium Program: SRG Security Risk Group - Phase 3

Gender Specific for:BOTH; RT Program Code: S6

Open Close:False, Session Group:True, Session Numbers: 16, Evidence Based:False

Description:

Phase 3 of the SRG program consists of three programs. The programs are Attitudes, Behavior and Choices, Building the Ladder and Unlock Your Thinking. This program can be modified for specific population or facility use.

Facilities:
BRIDGEPORT CC;CORRIGAN CI;MANSON YI;WALKER RC;YORK CI

Auspices:
All Facility Staff

Treatment Types:

Behavior Modification (BM)

Domains:
Criminal Attitudes and Behavioral Patterns;Neighborhood Problems;Peer Associations

Types:
Female SRG;SRG ;Youth SRG

Program Status:
Active Program Category Level:1

Compendium Program: SRG Security Risk Group - Phase 4

Gender Specific for:BOTH; RT Program Code: S7

Open Close:False, Session Group:True, Session Numbers: 16, Evidence Based:False

Description:

Phase 4 of the SRG program consists of 2 programs. The programs are Voices for SRG and How to do your Bid. This program can be modified for specific population or facility use.

Facilities:
BRIDGEPORT CC;CORRIGAN CI;MANSON YI;WALKER RC;YORK CI

Auspices:
All Facility Staff

Treatment Types:
Behavior Modification (BM)

Domains:
Criminal Attitudes and Behavioral Patterns;Neighborhood Problems;Substance Abuse and Mental Health

Types:
Female SRG;SRG ;Youth SRG

Program Status:
Active Program Category Level:1

Compendium Program: SRG Security Risk Group - Phase 5

Gender Specific for:BOTH; RT Program Code: S8

Open Close:False, Session Group:True, Session Numbers: 6, Evidence Based:False

Description:

Phase 5 of the SRG program consists of 2 programs. The programs are Relapse Prevention and Bridge Group. This program can be modified for specific population or facility use.

Facilities:
BRIDGEPORT CC;CORRIGAN CI;MANSON YI;WALKER RC;YORK CI

Auspices:
All Facility Staff

Treatment Types:
Behavior Modification (BM)

Domains:
Criminal Attitudes and Behavioral Patterns;Neighborhood Problems;Peer Associations

Types:
Female SRG;SRG ;Youth SRG

Program Status:
Active Program Category Level:1

Compendium Program: Start Now: Unit 1

Gender Specific for:BOTH; RT Program Code: N1

Open Close:True, Session Group:False, Session Numbers: 10, Evidence Based:False

Description:

Start Now is a 32 session program broken down into 4 sections. Start Now is a manualized Dialectical Behavior Therapy that utilizes a workbook and teaches hygiene, the use of positive self-talk, acceptance, positive coping skills , understanding grief/loss/anger/worry and anxiety and depression. It educates others to use positive coping skills such as imagery, focusing, active listening, open attitudes, setting boundaries, and problem solving.

Facilities:
CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;NORTHERN CI;OSBORN CI;WILLARD CI;YORK CI

Auspices:
Mental Health

Treatment Types:
Cognitive Behavioral Therapy (CBT);Life Skills (LS);Mental Health (MH)

Domains:
Abuse/Trauma;Anger/Hostility;Criminal Attitudes and Behavioral Patterns;Mental Health;Self Efficacy;Substance Abuse and Mental Health

Types:
Medical;Mental Health

Program Status:
Active Program Category Level:2

Compendium Program: Start Now: Unit 2

Gender Specific for:BOTH; RT Program Code: N2

Open Close:True, Session Group:False, Session Numbers: 8, Evidence Based:False

Description:

Start Now is a 32 Session program broken down into 4 sections. This is a manualized Dialectical Behavior Therapy that utilizes a workbook and teaches hygiene, the use of positive self talk, acceptance, positive coping skills, understanding grief/loss/anger/worry, anxiety and depression. It educates others to use positive coping skills such as imagery, focusing, active listening, open attitudes, setting boundaries and problem solving.

Facilities:

CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;NORTHERN CI;OSBORN CI;WILLARD CI;YORK CI

Auspices:
Mental Health

Treatment Types:
Cognitive Behavioral Therapy (CBT);Life Skills (LS);Mental Health (MH)

Domains:
Abuse/Trauma;Anger/Hostility;Criminal Attitudes and Behavioral Patterns;Mental Health;Self Efficacy;Substance Abuse and Mental Health

Types:
Medical;Mental Health

Program Status:

Active Program Category Level:2

Compendium Program: Start Now: Unit 3

Gender Specific for:BOTH; RT Program Code: N3

Open Close:True, Session Group:False, Session Numbers: 8, Evidence Based:False

Description:

Start Now is a 32 Session program broken down into 4 sections. This is a manualized Dialectical Behavior Therapy that utilizes a workbook and teaches hygiene, the use of positive self talk, acceptance, positive coping skills, understanding grief/loss/anger/worry/anxiety and depression. It educates others to use positive coping skills such as imagery, focusing, active listening, open attitudes, setting boundaries, and problem solving.

Facilities:
CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;NORTHERN CI;OSBORN CI;WILLARD CI;YORK CI

Auspices:
Mental Health

Treatment Types:
Cognitive Behavioral Therapy (CBT);Life Skills (LS);Mental Health (MH)

Domains:
Abuse/Trauma;Anger/Hostility;Criminal Attitudes and Behavioral Patterns;Mental Health;Self Efficacy;Substance Abuse and Mental Health

Types:
Medical;Mental Health

Program Status:

Active Program Category Level:2

Compendium Program: Start Now: Unit 4

Gender Specific for:BOTH; RT Program Code: N4

Open Close:True, Session Group:False, Session Numbers: 6, Evidence Based:False

Description:

Start Now is a 32 Session program that is broken down into 4 sections. This is a manualized Dialectical Behavior Therapy that utilizes a workbook and teaches hygiene, the use of positive self talk, acceptance, positive coping skills, understanding grief/loss/angry/worry/anxiety and depression. It educates others to use positive coping skills such as imagery, focusing, active listening, open attitudes, setting boundaries and problem solving.

Facilities:
CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;NORTHERN CI;OSBORN CI;WILLARD CI;YORK CI

Auspices:
Mental Health

Treatment Types:
Cognitive Behavioral Therapy (CBT);Life Skills (LS);Mental Health (MH)

Domains:
Abuse/Trauma;Anger/Hostility;Criminal Attitudes and Behavioral Patterns;Mental Health;Self Efficacy;Substance Abuse and Mental Health

Types:
Medical;Mental Health

Program Status:

Active Program Category Level:2

Compendium Program: State ID Card

Gender Specific for:BOTH; RT Program Code: I6

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

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Facilities:
BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:
Programs & Treatment Unit

Treatment Types:
Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Education, Employment, and Financial Situation;Employment/Financial

Types:

Re-Entry

Program Status:
Active Program Category Level:3

Compendium Program: Step Forward

Gender Specific for:BOTH; RT Program Code: SF

Open Close:True, Session Group:True, Session Numbers: 4, Evidence Based:False

Description:

This program offers an integrated system of care for inmates who have been sentenced to a period of three months or more, who have substance use issues (drug/alcohol score of 3 or higher), co-occurring mental health issues (mental health score of 5 or lower), and physical health concerns (medical score of 1 or higher). The inmates are expected to be released into the greater New Britain community within a four to six-month period of time and must be committed to working with the Step Forward Program's Community Advocates on various re-entry issues and concerns. Step Forward will meet with each inmate at their designated facility for a structured four step process to ideally enroll and assess their needs for addiction, mental health, and/or medical treatment and care. If enrolled, the final step of this program is to bring the inmate on an "escorted visit" from their designated facility to the CT Mental Health Affiliate's Clinic to meet with their treatment providers and Community Advocate for discharge planning prior to their release date. Once released, each inmate is expected to attend weekly appointments with the treatment providers and Peer Advocates at the CMHA Clinic.

Facilities:
CYBULSKI CI;WILLARD CI;YORK CI

Auspices:
Addiction Services

Treatment Types:
Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)

Domains:
Education, Employment, and Financial Situation;Substance Abuse and Mental Health

Types:
Addiction

Program Status:
Active Program Category Level:2

Compendium Program: Storybook Project

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The Storybook Project is a program available for inmates with children 10 years of age or younger. Volunteers assist the women in selecting a new, age-appropriate book to read and record on an audio cassette. The books and audio cassettes are sent to the children. An inmate may participate one time only and DCF approval is required, as necessary.

Facilities:
YORK CI

Auspices:
All Facility Staff;Volunteer Services

Treatment Types:
Family Support (FS)

Domains:
Parenting

Types:
Family

Program Status:
Active Program Category Level:3

Compendium Program: Stress Management-York

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 5, Evidence Based:False

Description:

A five session group providing instruction and practice of Benson's Relaxation response, progressive muscle relaxation, self-hypnosis for sleep induction and introduction to interpersonal conflict resolution.

Facilities:
YORK CI

Auspices:
Mental Health

Treatment Types:
Mental Health (MH)

Domains:
Abuse/Trauma;Anger/Hostility;Self Efficacy

Types:
Mental Health

Program Status:
Active Program Category Level:3

Compendium Program: STRIDE

Gender Specific for:BOTH; RT Program Code: WC

Open Close:True, Session Group:False, Session Numbers: 12, Evidence Based:False

Description:

Provides services to those who are non-custodial parents of children who are in receipt of temporary family assistance benefits with the occupational and job search skills as well as resources to enter competitive employment positions.

Facilities:
RADGOWSKI CI;YORK CI

Auspices:
Contracted Program

Treatment Types:
Life Skills (LS)

Domains:
Education, Employment, and Financial Situation;Family and Social Support

Types:
Unknown

Program Status:

Active Program Category Level:3

Compendium Program: Supportive Therapy

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program is open to all who sign up. It is intended to serve as an outlet for inmates who often express concerns for the future as they approach discharge.

Facilities:
YORK CI

Auspices:
Health Services

Treatment Types:
Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Abuse/Trauma;Anger/Hostility;Antisocial Attitudes;Antisocial Friends;Education;Employment/Financial;Family;Housing Safety;Mental Health;Parenting;Relationships;Self Efficacy;Substance Abuse

Types:
Re-Entry

Program Status:

Active Program Category Level:3

Compendium Program: Survivors of Sexual Abuse/Trauma & Empowerment

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This group provides a safe environment where victims of sexual abuse can share their experience, beliefs about abuse and begin the healing process. The group helps participants gain insight into how abuse has influenced their lives and how to increase their self-esteem.

Facilities:
YORK CI

Auspices:
Health Services

Treatment Types:
Mental Health (MH)

Domains:
Abuse/Trauma;Self Efficacy

Types:
Self Improvement

Program Status:

Active Program Category Level:3

Compendium Program: Talk it Out

Gender Specific for:MALE; RT Program Code: N/A

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This group which is part of the Safe Passage Program meets once a week with rolling admissions of 15 participants (limit 15). This groups purpose is to foster interpersonal peer support. Individuals come with an agenda and express their issues, concerns and ideas in the group and then receive support and feedback.

Facilities:
YORK CI

Auspices:
Health Services;Safe Passage

Treatment Types:
Unknown

Domains:
Antisocial Attitudes;Mental Health;Self Efficacy

Types:
Dual Diagnosis;Health Education;Mental Health;Self Improvement;Social Rehabilitation

Program Status:

Active Program Category Level:3

Compendium Program: Target Group

Gender Specific for:BOTH; RT Program Code: W1

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Target is an acronym for Trauma Adaptive Recovery Group Education and Therapy. This program guides participants through a series of steps. Psycho education is provided on Post-Traumatic Stress Disorder and skills are taught that permit trauma survivors to deal with the internal distress that often affects people with trauma histories. The emphasis is on learning about the disorder and acquiring the tools to permit a higher level of functioning. Target also prepares participants to engage in intensive therapy in dealing with their personal stories.

Facilities:
GARNER CI;YORK CI

Auspices:
Health Services

Treatment Types:
Life Skills (LS);Mental Health (MH)

Domains:
Abuse/Trauma;Family and Social Support;Mental Health;Substance Abuse and Mental Health

Types:
Mental Health

Program Status:

Active Program Category Level:2

Compendium Program: Technical Violators Program (ASU-TOP)

Gender Specific for:BOTH; RT Program Code: D4

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The Addiction Services Unit - Time Out Program (ASU-TOP) provides Substance Abuse Treatment for offenders returned to custody for non-compliance with the stipulations and/or conditions of their release from a DOC facility. ASU-TOP programming serves to reinforce the offender's foundation of substance abuse information, personal identification with recovery, and to motivate their continued use of formal and informal recovery support services upon their return to the community. The ASU-TOP uses two evidence-based; psycho-educational curriculum driven programs designed to help the offender identify the mechanisms which triggered their relapse into the use of Alcohol or other Drugs; enhance their recovery skills, and develop a plan for an on-going drug and crime free lifestyle. The ASU-TOP program will be delivered 5 times per week over the course of 3 weeks The Brief Substance Abuse Treatment Program shall be 15 sessions in length; the Intensive Relapse Prevention Program shall be 10 sessions in length. Participants will also complete the Job Center Program and the Reentry Workbook Program. Upon successful completion of TOP, inmates may attend Aftercare.

Facilities:
OSBORN CI;ROBINSON CI;YORK CI

Auspices:
Addiction Services;Charlene Perkins Center - Facility Staff

Treatment Types:
Behavior Modification (BM);Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)

Domains:
Criminal Attitudes and Behavioral Patterns;Neighborhood Problems;Substance Abuse;Substance Abuse and Mental Health

Types:
Addiction;Re-Entry

Program Status:
Active Program Category Level:3

Compendium Program: Textile Shop

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is the largest of the shops of Correctional Enterprises of Connecticut (CEC). Inmates first assigned to this program spend several months in a training program learning how to operate sewing machines and other equipment used in the manufacture of garments, mattresses and embroidered items. The shop manufactures over 500,000 items annually. In,s learn to work in a high production environment providing quality products in a timely manner.

Facilities:
OSBORN CI;YORK CI

Auspices:
Correctional Enterprises of Connecticut

Treatment Types:
Education (Ed);Life Skills (LS)

Domains:
Education, Employment, and Financial Situation

Types:
Career Technical Education;Institutional Employment;Re-Entry

Program Status:
Active Program Category Level:3

Compendium Program: The Bridge-Supportive Therapy

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This psychotherapy group includes a fixed membership group (closed admission) inviting participants to focus on how they can develop a -bridge- from where they are currently in their lives to where they would like to be in the near and distant future. The focus is on addressing internal and external barriers to positive change, employing constructive problem solving and developing a positive support system for change.

Facilities:
YORK CI

Auspices:
Health Services

Treatment Types:
Mental Health (MH)

Domains:
Self Efficacy

Types:
Mental Health;Self Improvement;Social Rehabilitation

Program Status:
Active Program Category Level:3

Compendium Program: The Red Road to Wellbriety

Gender Specific for:FEMALE; RT Program Code: RR

Open Close:True, Session Group:False, Session Numbers: 14, Evidence Based:True

Description:

An on-going evidence based program in spiritual growth and emotional literacy, designed to teach emotional regulation techniques, foster emotional growth, and encourage responsibility and accountability for oneself and toward others. Female offenders create meaningful narratives of their lives through working toward healing experiences of past decisions, trauma and grief and learning emotional regulation and practices. Wellbriety is a change in personal identity and values and a visible change in ones relationship with others. It is about Spiritual, physical, emotional, and relational health. This is not accomplished in isolation but in relation to those around us, family, and the community.

Facilities:
YORK CI

Auspices:
Religious Services

Treatment Types:
Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)

Domains:
Abuse/Trauma;Mental Health;Relationships;Self Efficacy;Substance Abuse

Types:
Faith Recovery Support Services;Religious

Program Status:
Active Program Category Level:3

Compendium Program: Thresholds

Gender Specific for:BOTH; RT Program Code: 95

Open Close:True, Session Group:False, Session Numbers: 16, Evidence Based:False

Description:

This is a community-based therapeutic counseling system specifically designed for delivery by trained volunteers. It focuses on developing decision-making and problems-solving skills.

Facilities:
CHESHIRE CI;CYBULSKI CI;GARNER CI;MANSON YI;YORK CI

Auspices:
All Facility Staff;Contracted Program;Volunteer Services

Treatment Types:
Cognitive Behavioral Therapy (CBT);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Anger/Hostility;Antisocial Friends;Criminal Attitudes and Behavioral Patterns;Self Efficacy

Types:
Anger Management;Self Improvement

Program Status:
Active Program Category Level:3

Compendium Program: Tier 2 Addiction Services Intensive Outpatient Program

Gender Specific for:MALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Tier 2 is an evidence based curriculum program provided three times a week in a non-residential setting. Using the -Living in Balance- program Tier 2 helps the offender develop an understanding of addiction, the substances of abuse, triggers and relapse prevention and how addiction has effected the cognitive, physical, social and familial spheres of their lives. Tier 2 also helps the offender identify and plan for the educational, vocational and consumer based issues they may face upon release.

Facilities:
BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;ENFIELD CI;MACDOUGALL CI;MANSON YI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:
Addiction Services

Treatment Types:
Cognitive Behavioral Therapy (CBT);Life Skills (LS);Substance Abuse (SA)

Domains:
Substance Abuse and Mental Health

Types:
Addiction;Re-Entry

Program Status:

Active Program Category Level:1

Compendium Program: Tier Four Addiction Services Residential Treatment Program

Gender Specific for:BOTH; RT Program Code: 16

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The Tier 4 Addiction Services program is a modified therapeutic community. The program provides inmates the opportunity to be involved in full-time substance treatment in a separate housing unit. Tier 4 treatment is intensive and includes curriculum, skill building and process groups, as well as community building and individual counseling. These residential programs are six-twelve months in length.

Facilities:
OSBORN CI;ROBINSON CI;YORK CI

Auspices:
Addiction Services

Treatment Types:
Cognitive Behavioral Therapy (CBT);Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)

Domains:
Substance Abuse;Substance Abuse and Mental Health

Types:
Addiction;Re-Entry

Program Status:

Active Program Category Level:1

Compendium Program: Tier Meeting

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Tier meetings meet weekly to discuss matters touching life on the individual tier (24 beds/12 cells). Offenders are encouraged to deal in an appropriate manner with local concerns that may well be causing friction within the group. These meetings occur in various housing units at York CI as part of therapeutic community mental health programs.

Facilities:

YORK CI

Auspices:
Health Services;The Social Rehabilitation Program

Treatment Types:
Life Skills (LS);Mental Health (MH);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Mental Health;Self Efficacy

Types:
Female;Mental Health;Social Rehabilitation

Program Status:
Active Program Category Level:3

Compendium Program: Tier Two Addiction Services Intensive Outpatient Program

Gender Specific for:BOTH; RT Program Code: 14

Open Close:True, Session Group:False, Session Numbers: 30, Evidence Based:False

Description:

The Tier Two Program is an intensive outpatient Addiction Services Program with 30 curriculum sessions for 10 weeks. Group components are held three times weekly and incorporate weekly fellowship meetings to lay the foundation of basic substance abuse information, promote personal identification with recovery, and motivate further treatment involvement. This program may also be held in Spanish for Spanish Speaking offenders.

Facilities:
BRIDGEPORT CC;BROOKLYN CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:
Addiction Services

Treatment Types:
Cognitive Behavioral Therapy (CBT);Substance Abuse (SA)

Domains:
Criminal Attitudes and Behavioral Patterns;Substance Abuse;Substance Abuse and Mental Health

Types:
Addiction

Program Status:
Active Program Category Level:1

Compendium Program: Time of Prayer

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is a prayer group that is held once per month.

Facilities:
YORK CI

Auspices:
Religious Services ;Volunteer Services

Treatment Types:
Unknown

Domains:
Unknown

Types:
Religious

Program Status:

Active Program Category Level:3

Compendium Program: Total Forgiveness

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 8, Evidence Based:False

Description:

Uncovers physical, emotional, and spiritual consequences of forgiveness and shows why God adamantly encourages the forgiveness of tohers.

Facilities:
HARTFORD CC;YORK CI

Auspices:
Religious Services ;Volunteer Services

Treatment Types:
Behavior Modification (BM);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Criminal Attitudes and Behavioral Patterns

Types:
Religious

Program Status:

Active Program Category Level:3

Compendium Program: Transitional Case Management (TCM)

Gender Specific for:BOTH; RT Program Code: MC

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The Transitional Case Management (TCM) program is designed to help ensure individuals a successful transition from incarceration back to the community through comprehensive case management, encouragement and support as well as addiction service treatment. Weekly individual and group therapy sessions are held with clients from three months prior to release and up to four months afterwards for transition planning. TCM clinicians focus during this period on issues such as employment, housing, insurance, transportation and education as they improve confidence in themselves an their ability to succeed.

Facilities:
CYBULSKI CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:
Community Addiction Services;Contracted Program

Treatment Types:
Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)

Domains:
Education;Employment/Financial;Housing Safety;Mental Health;Self Efficacy;Substance Abuse;Substance Abuse and Mental Health

Types:
Re-Entry

Program Status:
Active Program Category Level:2

Compendium Program: Transitional Linkage into the Community (TLC)

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Transitional Linkage into the Community (TLC) is a program of Community Partners in Action which provides discharge planning for inmates with HIV/AIDS. TLC serves every prison and jail in the state, and works with clients returning to every region of the state. TLC case managers meet clients' emergency needs upon release, and connect them with services in their local communities for continuing care and assistance.

Facilities:
BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;WALKER RC;YORK CI

Auspices:
Health Services

Treatment Types:
Behavior Modification (BM);Mental Health (MH);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Abuse/Trauma;Employment/Financial;Housing Safety;Mental Health;Relationships;Self Efficacy;Substance Abuse;Substance Abuse and Mental Health

Types:
Health Education;Re-Entry

Program Status:
Active Program Category Level:3

Compendium Program: Trauma Informed Mindfulness-Based Stress Reduction

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 8, Evidence Based:False

Description:

The volunteer led course in Trauma Informed Mindfulness-Based Stress Reduction will take place over eight weeks. Classes will be approximately two to two and one-half hours long. Each class consists of lead meditations, gentle movement exercises, didactic lecture, and group discussion. Between classes, students deepen their participation by practicing 30-45 minutes a day, as well as doing additional reading from course handouts.

Facilities:
YORK CI

Auspices:
Volunteer Services

Treatment Types:
Life Skills (LS);Mental Health (MH)

Domains:
Abuse/Trauma;Mental Health

Types:
Unknown

Program Status:
Active Program Category Level:3

Compendium Program: Trauma Resolution Program (TRP)

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

An open group therapy curriculum addressing the physical, emotional, and relational aspects of the healing journey. This group will focus on the after-effects of physical and/or sexual abuse and domestic violence. Women will gain education about trauma and it's impact on one's development, self-esteem, relationships, and sense of safety. Skill building will focus on ways to manage triggers/distress and establish healthy boundaries. This group will provide a foundation for women to pursue trauma therapy, during or after their incarceration.

Facilities:
YORK CI

Auspices:
Safe Passage

Treatment Types:
Mental Health (MH)

Domains:
Family and Social Support

Types:
Mental Health

Program Status:
Active Program Category Level:3

Compendium Program: TREM: Trauma Recovery and Empowerment Model (Female)

Gender Specific for:FEMALE; RT Program Code: FT

Open Close:True, Session Group:False, Session Numbers: 16, Evidence Based:False

Description:

TREM (Trauma Recovery and Empowerment Model) is a gender specific, trauma-informed recovery group that meets in 16 sessions. It constitutes Phase Two of the Change Program. Therefore, it is assumed that all participants have completed TARGET (Trauma Affect Regulation Guide for Education and Treatment,) Phase One. The group is designed as a safe place where women in the group can learn more about trauma and its effect on the person and, importantly, begin sharing their stories.

Facilities:
YORK CI

Auspices:
Mental Health;The Change Group

Treatment Types:
Aggression Replacement Training (ART);Life Skills (LS);Mental Health (MH)

Domains:
Abuse/Trauma

Types:
Mental Health

Program Status:
Active Program Category Level:1

Compendium Program: Trinity College Courses

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Trinity College is providing a credit-bearing college seminar entitled "Identity in a Global World" to York CI inmates. The seminar will be provided in a multi-disciplinary format at the rate of one seminar per year. Seminar will include up to fifteen inmates. To be eligible participants must have a high school diploma or GED equivalency.

Facilities:
YORK CI

Auspices:
Volunteer Services

Treatment Types:
Education (Ed)

Domains:
Education;Self Efficacy

Types:
Unknown

Program Status:

Active Program Category Level:3

Compendium Program: USD #1 Voc. Ed: Cosmetology/Barbering

Gender Specific for:BOTH; RT Program Code: 69

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program prepares students to become licensed barbers and cosmetologists. Course requirements are 1500 hours(Barbering = 1000 hours) of theory and practical experience to qualify for licensure. The barbering program provides experience in the areas of hair cutting and treatment, styling and shaving, human anatomy and physiology; and business practices. A rigorous set of criteria is required for entrance into the program. The classroom is set up to simulate an actual salon environment including appropriate business behavior. Upon completion students receive information about receiving a grant from the Department of Labor to take the state examination when they discharge from the facility. Approval for licensure is determined through the State Board of Health and Addiction Services.

Facilities:
CHESHIRE CI;MACDOUGALL CI;YORK CI

Auspices:
USD#1

Treatment Types:
Education (Ed)

Domains:
Education;Education, Employment, and Financial Situation;Employment/Financial

Types:
Career Technical Education;Re-Entry

Program Status:
Active Program Category Level:1

Compendium Program: USD #1 Voc. Ed: Culinary Arts

Gender Specific for:BOTH; RT Program Code: 70

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This course stresses safety and sanitation as well as tool and equipment usage. Through practice and discussion, students are taught skills in basic cooking, methods, culinary techniques, weights, measures and recipe conversions. Participants earn a Safe Serve Certificate after passing a test administered by the National Restaurant Association. This program is an apprenticeship approved through the CT State Department of Labor.

Facilities:
MACDOUGALL CI;MANSON YI;OSBORN CI;RADGOWSKI CI;YORK CI

Auspices:
USD#1

Treatment Types:
Education (Ed)

Domains:
Education;Education, Employment, and Financial Situation;Employment/Financial

Types:
Career Technical Education;Re-Entry

Program Status:
Active Program Category Level:1

Compendium Program: USD#1 - DOC Re-entry Curriculum

Gender Specific for:BOTH; RT Program Code: 87

Open Close:True, Session Group:False, Session Numbers: 21, Evidence Based:False

Description:

This 21 day program prepares inmates for their transition back into society. The class provides a variety of interactive and personal activities to assist inmates with acquiring identification, building employment skills, encouraging sound educational and career goal setting, and taking responsibility. All inmates who complete the Re-entry Class will have developed an Individual Transition Plans of contacts, addresses, and phone numbers for the community area he/she will be returning to, based on his/her needs. In addition, the inmates receive a portfolio including DMV, DOL, Social Security, SAGA, continuing education, housing, clothing, and 211 Info-line information.

Facilities:
CYBULSKI CI;ENFIELD CI;MANSON YI;OSBORN CI;YORK CI

Auspices:
USD#1

Treatment Types:
Education (Ed);Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Education;Education, Employment, and Financial Situation;Employment/Financial

Types:
Re-Entry

Program Status:
Active Program Category Level:2

Compendium Program: USD#1 Adult Basic Education (GL 5-8)

Gender Specific for:BOTH; RT Program Code: 51

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

ABE is a primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. The program is directed toward increasing academic proficiency. ABE 2 is provided to individuals who have been assessed by the education unit with a 5-8 grade level.

Facilities:
BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:
USD#1

Treatment Types:
Education (Ed)

Domains:
Education;Education, Employment, and Financial Situation

Types:
Academic Education

Program Status:
Active Program Category Level:1

Compendium Program: USD#1 Adult Basic Education (GL 9-12)

Gender Specific for:BOTH; RT Program Code: 52

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

ABE is the primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. The program is directed toward increasing academic proficiency. ABE 3 is provided to individuals who have been assessed by the education unit with a 9-12 grade level.

Facilities:
BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:
USD#1

Treatment Types:
Education (Ed)

Domains:
Education;Education, Employment, and Financial Situation

Types:
Academic Education

Program Status:

Active Program Category Level:1

Compendium Program: USD#1 Adult Basic Education 4 (GL 0-12)

Gender Specific for:BOTH; RT Program Code: 53

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

ABE is the primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. the program is directed toward increasing academic proficiency. ABE 4 is provided to individuals who have been assessed by the education unit with a 0-12 grade level.

Facilities:
BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:
USD#1

Treatment Types:
Education (Ed)

Domains:
Education;Education, Employment, and Financial Situation

Types:
Academic Education

Program Status:
Active Program Category Level:1

Compendium Program: USD#1 College Credit Program

Gender Specific for:BOTH; RT Program Code: 55

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

College Credit opportunities are available through correspondence courses, independent study, credit by exam (CLEP and DSST), and in some cases, college classes are offered by local community colleges.

Facilities:
CHESHIRE CI;ROBINSON CI;YORK CI

Auspices:
USD#1

Treatment Types:
Education (Ed)

Domains:
Education;Education, Employment, and Financial Situation

Types:
Academic Education;Career Technical Education

Program Status:
Active Program Category Level:1

Compendium Program: USD#1 English As A Second Language (ESL) / TESOL

Gender Specific for:BOTH; RT Program Code: 54

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Teaching English to Speakers of Other Languages (TESOL)/Language Acquistion Skills (LAS) are instructional programs for students whose primary language is not English. TESOL instruction helps students to speak, read and write English or assists them in developing the language skills necessary for overall academic and vocational progress.

Facilities:
CORRIGAN CI;HARTFORD CC;MANSON YI;RADGOWSKI CI;YORK CI

Auspices:
USD#1

Treatment Types:
Education (Ed)

Domains:

Education;Education, Employment, and Financial Situation

Types:
Academic Education

Program Status:
Active Program Category Level:1

Compendium Program: USD#1 Family Education & Parenting

Gender Specific for:BOTH; RT Program Code: 37

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program is designed to help inmates with children become responsible parents. Inmates have classes in parenting skills and in some cases read children's books into audio cassettes to send home to their children. Components of the parenting skills classes include parenting from a distance, discipline techniques, and communicating with children.

Facilities:
BROOKLYN CI;CYBULSKI CI;ENFIELD CI;MANSON YI;OSBORN CI;WILLARD CI;YORK CI

Auspices:
All Facility Staff;USD#1

Treatment Types:
Education (Ed);Family Support (FS)

Domains:
Education;Education, Employment, and Financial Situation;Family;Family and Social Support;Parenting

Types:
Family;Self Improvement

Program Status:
Active Program Category Level:2

Compendium Program: USD#1 GED/High School Diploma

Gender Specific for:BOTH; RT Program Code: 86

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The GED is the primary program of instruction for students functioning above an eighth grade level who wish to earn a State of Connecticut high school diploma through the examination process. GED Tutors and volunteers assist Department teachers by helping inmates prepare for the GED Exam and/or by helping to teach basic language skills.

Facilities:
BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:
USD#1

Treatment Types:
Education (Ed)

Domains:
Education;Education, Employment, and Financial Situation

Types:
Academic Education

Program Status:
Active Program Category Level:1

Compendium Program: USD#1 Voc. Ed: Business Education

Gender Specific for:BOTH; RT Program Code: 63

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program prepares students for entry-level employment requiring basic business skills.

Facilities:
CHESHIRE CI;CYBULSKI CI;YORK CI

Auspices:
USD#1

Treatment Types:
Education (Ed)

Domains:
Education;Education, Employment, and Financial Situation;Employment/Financial

Types:
Career Technical Education;Re-Entry

Program Status:
Active Program Category Level:1

Compendium Program: USD#1 Voc. Ed: Computer Education

Gender Specific for:BOTH; RT Program Code: 67

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The Computer Software Application Technology course is designed to provide students with an introduction to computer operations and with the application of various software packages and programs. Students begin by learning simple software programs and then progress to more sophisticated packages as their individual skills develop. Software programs introduced include but are not limited to the following: Access, Visual Basic, Adobe PageMaker, Excel, MicroSoft Works, Power Point, Micro-Soft Word, Micro-Soft for Windows, and Adobe Indesign Adobe Illustrator. Students design and complete projects using this software.

Facilities:
CYBULSKI CI;ENFIELD CI;MACDOUGALL CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:
USD#1

Treatment Types:
Education (Ed)

Domains:
Education;Education, Employment, and Financial Situation;Employment/Financial

Types:
Career Technical Education;Re-Entry

Program Status:
Active Program Category Level:1

Compendium Program: USD#1 Voc. Ed: Hospitality Operations Technology

Gender Specific for:FEMALE; RT Program Code: 79

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program prepares students to work in the field of hospitality. Skill based training for 12 of the major positions of employment within the hospitality industry is available. During this 6 month course, students learn about guest service professionalism, safety and effective communication. The lodging and hospitality industry is a diverse, rapidly growing field. Many opportunities are available for entry level staff who are dedicated to a career in this field.

Facilities:
YORK CI

Auspices:
USD#1

Treatment Types:
Education (Ed)

Domains:
Education;Education, Employment, and Financial Situation;Employment/Financial

Types:
Career Technical Education;Re-Entry

Program Status:
Active Program Category Level:1

Compendium Program: Valid Photo Driver's License

Gender Specific for:BOTH; RT Program Code: I1

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

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Facilities:

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:
Programs & Treatment Unit

Treatment Types:
Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Education, Employment, and Financial Situation;Employment/Financial

Types:
Re-Entry

Program Status:

Active Program Category Level:3

Compendium Program: VOICES (Victim Offender Institutional Correctional Educational Services)

Gender Specific for:BOTH; RT Program Code: 03

Open Close:True, Session Group:False, Session Numbers: 15, Evidence Based:True

Description:

Victim Offender Institutional Correctional Educational Services . This program is designed to use volunteer support to broaden inmates' understanding and sensitivity to the impact of their crime on others.

Facilities:
BROOKLYN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:
All Facility Staff;Contracted Program;Programs & Treatment Unit;Safe Passage;Volunteer Services

Treatment Types:
Victim Impact (VI)

Domains:
Anger/Hostility;Antisocial Attitudes;Criminal Attitudes and Behavioral Patterns

Types:
Anger Management;Family;Victim

Program Status:

Active Program Category Level:2

Compendium Program: Voices of Joy Choir

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This is a group that meets to practice gospel music and participates in Protestant Worship services and community functions.

Facilities:
YORK CI

Auspices:
Religious Services

Treatment Types:
Unknown

Domains:
Unknown

Types:
Religious

Program Status:

Active Program Category Level:3

Compendium Program: W.O.R.T.H. Unit

Gender Specific for:FEMALE; RT Program Code: WW

Open Close:True, Session Group:False, Session Numbers: 4, Evidence Based:False

Description:

WORTH UNIT: The women of W.O.R.T. H's objectives are centered on restoration, rehabilitation and reintegration readiness. This restorative community, which resembles and functions more like the outside world than an institution, engages in gender responsive and youth specific strategies that are implemented through collaborations between residents, their families, staff, and the community. The WORTH unit focuses on the fostering of pro-social behaviors and the empowerment of women through the development of critical thinking and decision making skills that enhance women's opportunities to build character and positive community connections. Four Phases: Orientation Phase (14 Days) Restorative Living Phase, Restorative Leadership Phase, Transition Phase

Facilities:
YORK CI

Auspices:
Addiction Services;Health Services;Mental Health;Programming Unit - Facility Staff;Religious Services ;Volunteer Services

Treatment Types:

Education (Ed);Family Support (FS);Life Skills (LS);Medical (Med);Mental Health (MH);Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)

Domains:
Criminal Attitudes and Behavioral Patterns;Education, Employment, and Financial Situation;Family and Social Support;Mental Health;Peer Associations;Substance Abuse

Types:
Unknown

Program Status:
Active Program Category Level:2

Compendium Program: Wally Lamb Writing Workshop

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

Participants of this rehabilitative workshop class, writing mostly about their lives, read their first drafts and receive useful feedback about what is working successfully and what they might add, cut, clarify, or reposition to make the writing more effective. Students learn that the best writing emerges from revision and that the process of reworking their prose is an opportunity to reclaim their pasts and stand in the truths that are revealed. Time plus consistent effort has resulted in tremendous growth for many of the women in our program, both in terms of their writing and critiquing skills and their ability to reflect deeply about their lives and invest in their rehabilitation

Facilities:
YORK CI

Auspices:
Volunteer Services

Treatment Types:
Education (Ed)

Domains:
Education, Employment, and Financial Situation;Family and Social Support

Types:
Education

Program Status:
Active Program Category Level:3

Compendium Program: Warm Up to the Day (community Meeting)

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This group fosters, open communication on the unit between staff and inmates as it provides a safe supportive environment to vocalize one's issues with the unit, tier, roommates, etc. Walk/Stretch follows, providing valuable exercise in the morning, teaching new stretch/exercises, promoting leadership as offenders lead the stretching/exercise, and educates them on correct form and alternatives to do in their rooms during lock time.

Facilities:
YORK CI

Auspices:
Health Services

Treatment Types:
Mental Health (MH)

Domains:
Self Efficacy

Types:
Mental Health

Program Status:
Active Program Category Level:3

Compendium Program: Warren Kimbro Re-Entry Project (WKRP)

Gender Specific for:BOTH; RT Program Code: WK

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

New Haven Re-entry Project

Facilities:
CYBULSKI CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:
All Facility Staff

Treatment Types:
Unknown

Domains:
Unknown

Types:
Unknown

Program Status:
Active Program Category Level:0

Compendium Program: Wesleyan Center for Prison Education

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The Center for Prison Education is beginning it's fourth academic year at Cheshire Correctional Institution. This program has offered a wide array of classes spanning the liberal arts of Wesleyan, from Greek Tragedy, Biology, American Intellectual History to Fiction Writing. The inmates are selected through a rigorous applications process of timed essay prompts, interviews and a math exam. The program also engages inmates who were not selected for the college program in a multi-disciplinary college prep workshop run by Wesleyan students.

Facilities:
CHESHIRE CI;RADGOWSKI CI;YORK CI

Auspices:
Volunteer Services

Treatment Types:
Education (Ed)

Domains:
Education;Education, Employment, and Financial Situation

Types:
Academic Education

Program Status:

Active Program Category Level:3

Compendium Program: Women's Empowerment/Supportive Therapy

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This group is designed to meet the needs of inmate's with acute mental health disorders. This group is mainly psychoeducational as well as providing support to this population. This group focuses on; hygiene, psychotropic medicine management, mental health diagnosis, communication skills, anger management, and healthy relationships. Members are encouraged to provide feedback and support each other in a safe, encouraging atmosphere.

Facilities:
YORK CI

Auspices:
Mental Health;The Social Rehabilitation Program

Treatment Types:
Life Skills (LS);Mental Health (MH)

Domains:
Mental Health;Substance Abuse

Types:
Mental Health

Program Status:
Active Program Category Level:3

Compendium Program: Worth Unit Program Mentor

Gender Specific for:FEMALE; RT Program Code: WM

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

The State of Connecticut Department of Correction's program for young adults incarcerated in CT ages 18 through 25; located at the York Correctional Institution.

Facilities:
YORK CI

Auspices:
All Facility Staff

Treatment Types:
Unknown

Domains:
Unknown

Types:
Unknown

Program Status:
Active Program Category Level:0

Compendium Program: WOW - Wellness of Women

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

WOW is a monthly program for women, who choose to join, designed to help motivate them to lose weight, educate them about nutrition, and the value of exercise. In addition, a special twice weekly exercise class is available to members of this group only. During each class weights and waists are measured. The participants are responsible for tracking their results on a form designed for this purpose.

Facilities:
YORK CI

Auspices:
Health Services;Recreation Services

Treatment Types:
Medical (Med);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:

Self Efficacy

Types:
Health Education

Program Status:
Active Program Category Level:3

Compendium Program: Writing Class

Gender Specific for:BOTH; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This program is divided into 6 weeks cycles, one hour per week. Each cycle covers one of the following topics: Creative writing, journal writing, letter writing, and poetry. The student is required to complete the homework assignment or is not permitted to come to class. The instructor corrects all homework assignments and returns it to the student. Class discussion is focused on the homework assignment.

Facilities:
RADGOWSKI CI;YORK CI

Auspices:
All Facility Staff;Volunteer Services

Treatment Types:
Education (Ed);Life Skills (LS)

Domains:
Education;Self Efficacy

Types:
Academic Education;Self Improvement

Program Status:
Active Program Category Level:0

Compendium Program: Yoga Class

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This class provides offenders with a broad understanding of the principles of yoga. Offenders learn low impact cardiovascular and meditation techniques. This class is designed to decrease stress and increase self-assessments.

Facilities:
YORK CI

Auspices:
Charlene Perkins Center - Facility Staff;Health Services;The Social Rehabilitation Program;Volunteer Services

Treatment Types:

Life Skills (LS);Mental Health (MH);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Abuse/Trauma;Self Efficacy

Types:
Mental Health;Recreation;Self Improvement

Program Status:
Active Program Category Level:3

Compendium Program: Youthful Offenders Community Meeting

Gender Specific for:FEMALE; RT Program Code: 0

Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:

This weekly group is held on the youthful offender unit. It deals with -community- issues and emphasizes collaborative problem solving. Socialization is a prominent feature of this group, which is designed to serve as a flexible tool for supporting harmony in the group and the growth of these young people.

Facilities:
YORK CI

Auspices:
Health Services

Treatment Types:
Mental Health (MH);Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Relationships;Self Efficacy

Types:
Female;Self Improvement;Youth;Youth - York CI

Program Status:
Active Program Category Level:3