Compendium Program: 1st Refusal: Education Program

Gender Specific for: BOTH; RT Program Code: EA
Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
Facilities:
BRIDGEPORT CC; BROOKLYN CI; CENTRAL OFFICE; CHESHIRE CI; CORRIGAN CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WALKER RC; YORK CI

Auspices:
Unknown

Treatment Types:
Education (Ed)

Domains:
Education, Employment, and Financial Situation

Types:
Unknown

Program Status:
Active Program Category Level: 0

Compendium Program: 211 Info Line

Gender Specific for: BOTH; RT Program Code: 0
Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
This is an information line to help callers find information, discover options, and provide assistance with such issues as food, housing, clothing, transportation, substance abuse, domestic violence, childcare or nearly every other need they may have. The 211 database is utilized by agency-wide staff who work with offenders in discharge planning and community reentry, and referred to in response to public inquiries of community resources.

Facilities:
BRIDGEPORT CC; BROOKLYN CI; CENTRAL OFFICE; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; PCS - Bridgeport; PCS - Hartford; PCS - New Haven; PCS - Norwich/New London; PCS - Residential; PCS - Waterbury; RADGOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI

Auspices:
All Facility Staff; Non-Contracted; Non-Residential

Treatment Types:
Aggression Replacement Training (ART); Behavior Modification (BM); Cognitive Behavioral Therapy (CBT); Education (Ed); Family Support (FS); Life Skills (LS); Medical (Med); Mental Health (MH); Reintegration Enhancement/Relapse Prevention (RERP); Substance Abuse (SA); Victim Impact (VI)

Domains:
Abuse/Trauma; Anger/Hostility; Education; Employment, and Financial Situation; Employment/Financial; Family; Family and Social Support; Housing Safety; Mental Health; Neighborhood Problems; Parenting; Relationships; Self Efficacy; Substance Abuse; Substance Abuse and Mental Health

Types:
Basic Needs; Behavioral Services; Community Service; Domestic Violence; Education; Employment; Family & Social Services; Medical Services/Treatment; Mental Health Services/Treatment; Re-Entry; Shelter Housing Services; Substance Abuse Services/Treatment; Transportation; Vocational & Educational Services; Wellness Activities

Program Status:
Active Program Category Level: 3
Compendium Program: 2nd Refusal: Education Program
Gender Specific for: BOTH; RT Program Code: EB
Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
Facilities:
BRIDGEPORT CC; BROOKLYN CI; CENTRAL OFFICE; CHESHIRE CI; CORRIGAN CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WALKER RC; YORK CI

Auspices:
Unknown

Treatment Types:
Education (Ed)

Domains:
Education, Employment, and Financial Situation

Types:
Unknown

Program Status:
Active Program Category Level: 0
Compendium Program: 3rd Refusal: Education Program
Gender Specific for: BOTH; RT Program Code: EC
Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
Facilities:
BRIDGEPORT CC; BROOKLYN CI; CENTRAL OFFICE; CHESHIRE CI; CORRIGAN CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WALKER RC; YORK CI

Auspices:
Unknown
Treatment Types:
Education (Ed)

Domains:
Education, Employment, and Financial Situation

Types:
Unknown

Program Status:
Active Program Category Level: 0

Compendium Program: 5 or 7 Day Job Assignments
Gender Specific for: BOTH; RT Program Code: L1
Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

Facilities:
BRIDGEPORT CC; BROOKLYN CI; CENTRAL OFFICE; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

Auspices:
Unknown

Treatment Types:
Life Skills (LS)

Domains:
Education, Employment, and Financial Situation; Employment/Financial

Types:
Unknown

Program Status:
Active Program Category Level: 2

Compendium Program: A Journey Towards Health and Hope
Gender Specific for: MALE; RT Program Code: 0
Open Close: True, Session Group: False, Session Numbers: 6, Evidence Based: False

Description:
A weekly, closed group that will help inmates to build and create a suicide relapse prevention plan. This group will assist inmates in understanding suicidal thinking, reduce stigma around suicidality and create interventions that will reduce suicidal actions and behaviors that place inmates at risk of suicidal completion. Each inmate will walk away with a detailed plan they can share with the mental health team overseeing their treatment and can use their individualized plan to engage in healthier coping skills.

Facilities:
GARNER CI
Auspices:  
Mental Health

Treatment Types:  
Cognitive Behavioral Therapy (CBT); Mental Health (MH)

Domains:  
Substance Abuse and Mental Health

Types:  
Unknown

Program Status:  
Active Program Category Level: 2

Compendium Program: Alcoholics Anonymous

Gender Specific for: BOTH; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:  
This is a 12-Step Fellowship self-help group for men and women who provide mutual support in obtaining and maintaining sobriety while also helping others to recover from alcoholism. Meetings, in a variety of formats (Big Book, Step Meetings, Speaker, etc.), are held on a weekly basis. Addiction Services or Volunteer Services staff coordinate the meetings and provide oversight for the program.

Facilities:  
BRIDGEPORT CC; BROOKLYN CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; RADGOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

Auspices:  
Addiction Services; Volunteer Services

Treatment Types:  
Behavior Modification (BM); Substance Abuse (SA)

Domains:  
Substance Abuse; Substance Abuse and Mental Health

Types:  
Addiction; Re-Entry

Program Status:  
Active Program Category Level: 3
<table>
<thead>
<tr>
<th>Compendium Program: Anger Management Program</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gender Specific for: BOTH; RT Program Code: 26</td>
</tr>
<tr>
<td>Open Close: True, Session Group: False, Session Numbers: 10, Evidence Based: False</td>
</tr>
<tr>
<td>Description: This program was designed based upon research regarding what works for Anger Management Programs. This 10-week program includes skill building, cognitive techniques, relaxation techniques and role play. In addition, an assessment tool to ensure program fidelity audits this program. This program can be modified for special populations.</td>
</tr>
<tr>
<td>Facilities: BROOKLYN CI; CHESHER CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; MACDOUGALL CI; MANSON YI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WILLARD CI; YORK CI</td>
</tr>
<tr>
<td>Auspices: All Facility Staff; Programs &amp; Treatment Unit</td>
</tr>
<tr>
<td>Treatment Types: Aggression Replacement Training (ART); Cognitive Behavioral Therapy (CBT); Life Skills (LS); Victim Impact (VI)</td>
</tr>
<tr>
<td>Domains: Anger/Hostility; Criminal Attitudes and Behavioral Patterns</td>
</tr>
<tr>
<td>Types: Anger Management; Mental Health; Self Improvement</td>
</tr>
<tr>
<td>Program Status: Active Program Category Level: 1</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Compendium Program: Catholic Bible Study</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gender Specific for: BOTH; RT Program Code: 0</td>
</tr>
<tr>
<td>Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False</td>
</tr>
<tr>
<td>Description: An academic study of the books of the bible or biblical topics and themes. This program seeks to foster understanding of scripture and help inmates develop self-awareness and personal growth based on biblical principles.</td>
</tr>
<tr>
<td>Facilities: BRIDGEPORT CC; BROOKLYN CI; CHESHER CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; OSBORN CI; RADGOWSKI CI; WALKER RC; WILLARD CI; YORK CI</td>
</tr>
<tr>
<td>Auspices: Religious Services; Volunteer Services</td>
</tr>
<tr>
<td>Treatment Types: Unknown</td>
</tr>
<tr>
<td>Domains: Unknown</td>
</tr>
<tr>
<td>Types: Unknown</td>
</tr>
</tbody>
</table>
Religious

Program Status:
Active Program Category Level:3

**Compendium Program: Catholic Bible Study (Spanish)**

**Gender Specific for:** BOTH; **RT Program Code:** 0

**Open Close:** True, **Session Group:** False, **Session Numbers:** 1, **Evidence Based:** False

**Description:**
This is the Catholic Bible Study held in Spanish.

**Facilities:**
BRIDGEPORT CC; GARNER CI; OSBORN CI

**Auspices:**
Religious Services

**Treatment Types:**
Unknown

**Domains:**
Unknown

**Types:**
Religious

Program Status:
Active Program Category Level:3

**Compendium Program: Catholic Choir**

**Gender Specific for:** BOTH; **RT Program Code:** 0

**Open Close:** True, **Session Group:** False, **Session Numbers:** 1, **Evidence Based:** False

**Description:**
This is a musical program educating inmates in deepening their understanding of the liturgy and enhancing the worship experience provided to all catholic inmates.

**Facilities:**
GARNER CI; OSBORN CI; YORK CI

**Auspices:**
Religious Services

**Treatment Types:**
Unknown

**Domains:**
Unknown

**Types:**
Religious

Program Status:
Active Program Category Level: 3

Compendium Program: Catholic Faith Sharing

Gender Specific for: MALE; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
A sharing of bible readings following the Catholic seasonal calendar. Thoughts generated by the readings are discussed as they apply to daily life helping the inmate to change attitude, values and behavior.

Facilities:
CYBULSKI CI; ENFIELD CI; GARNER CI; MACDOUGALL CI; MANSON YI; OSBORN CI

Auspices:
Religious Services

Treatment Types:
Unknown

Domains:
Unknown

Types:
Religious

Program Status:
Active Program Category Level: 3

Compendium Program: Catholic Retreats

Gender Specific for: BOTH; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
Retreats: (e.g. Kairos, Emmaus, Life in the Spirit). Withdrawal from daily activities for a period of time for a program devoted to prayer, meditation, self-examination and decision making for one’s spiritual life. It is hoped that this larger time-block will assist inmates in confronting issues that are not readily accessed in shorter time periods.

Facilities:
BROOKLYN CI; GARNER CI; MACDOUGALL CI; YORK CI

Auspices:
Religious Services; Volunteer Services

Treatment Types:
Unknown

Domains:
Unknown

Types:
Religious
Program Status:
Active Program Category Level:3

**Compendium Program: Catholic Worship Service**

**Gender Specific for:** BOTH; **RT Program Code:** 0

**Open Close:** True, **Session Group:** False, **Session Numbers:** 1, **Evidence Based:** False

**Description:**
The weekly Catholic service is the Mass (or a communion service when Mass cannot be held due to the unavailability of a priest). Fulfills constitutional right to worship.

**Facilities:**
BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

**Auspices:**
Religious Services; Volunteer Services

**Treatment Types:**
Unknown

**Domains:**
Unknown

**Types:**
Worship Services

**Program Status:**
Active Program Category Level:3

**Compendium Program: Certified Birth Certificate or Registration of Birth**

**Gender Specific for:** BOTH; **RT Program Code:** I2

**Open Close:** True, **Session Group:** False, **Session Numbers:** 1, **Evidence Based:** False

**Description:**
****

**Facilities:**
BRIDGEPORT CC; BROOKLYN CI; CENTRAL OFFICE; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

**Auspices:**
Programs & Treatment Unit

**Treatment Types:**
Reintegration Enhancement/Relapse Prevention (RERP)

**Domains:**
Education, Employment, and Financial Situation; Employment/Financial

**Types:**
Re-Entry
**Compendium Program: Cognitive Behavior Therapy**

**Gender Specific for:** MALE; **RT Program Code:** GD

**Open Close:** True, **Session Group:** False, **Session Numbers:** 1, **Evidence Based:** False

**Description:**
This program teaches the offender to identify thoughts and how thoughts are tied to behavior. The Goals of CBT are to teach individuals appropriate coping skills, stress management techniques, affect regulation and other management tools.

**Facilities:**
GARNER CI

**Auspices:**
Health Services; The Social Rehabilitation Program

**Treatment Types:**
Cognitive Behavioral Therapy (CBT); Mental Health (MH)

**Domains:**
Criminal Attitudes and Behavioral Patterns; Substance Abuse and Mental Health

**Types:**
Female; Mental Health; Self Improvement

**Program Status:**
Active Program Category Level: 3

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**Compandium Program: Communication Skills Improvement**

**Gender Specific for:** MALE; **RT Program Code:** CS

**Open Close:** True, **Session Group:** False, **Session Numbers:** 1, **Evidence Based:** False

**Description:**
Program participants will explore their personal characteristics, identify ineffective behaviors, and examine their thoughts and feelings with the goal of enhancing their communication skills. Participants will engage through exploratory activities; complete self-assessments, reflective journaling and educational handouts to discover their habitual, ineffective methods of communicating with others and to explore new ways of for enhancing personal communication.

**Facilities:**
GARNER CI

**Auspices:**
Programming Unit - Facility Staff

**Treatment Types:**
Behavior Modification (BM); Life Skills (LS)

**Domains:**
Criminal Attitudes and Behavioral Patterns
Types: Re-Entry

Program Status:
Active Program Category Level: 2

Compendium Program: Co-Occurring Disorders Program
Gender Specific for: BOTH; RT Program Code: 23
Open Close: False, Session Group: True, Session Numbers: 8, Evidence Based: False

Description:
The Co-occurring disorders program provides treatment for inmates who have a psychiatric disorder in combination with a substance use disorder. Inmates attend both a twelve-week educational group focusing on mental health and substance abuse issues and specially designed 12-step meeting.

Facilities:
GARNER CI; OSBORN CI

Auspices:
Addiction Services; Health Services

Treatment Types:
Mental Health (MH); Substance Abuse (SA)

Domains:
Mental Health; Substance Abuse; Substance Abuse and Mental Health

Types:
Addiction; Dual Diagnosis; Mental Health

Program Status:
Active Program Category Level: 3

Compendium Program: Coping skills
Gender Specific for: MALE; RT Program Code: GE
Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
This group is designed to help offenders to effectively deal with daily living issues and stressors while incarcerated.

Facilities:
GARNER CI

Auspices:
Health Services

Treatment Types:
Life Skills (LS); Mental Health (MH)

Domains:
Family and Social Support; Substance Abuse and Mental Health
Types: Mental Health; Self Improvement

Program Status: Active Program Category Level: 2

**Compendium Program: CORP: Connecticut Offender Re-Entry Program**

Gender Specific for: BOTH; RT Program Code: 28

Open Close: False, Session Group: True, Session Numbers: 35, Evidence Based: False

Description:
This program provides services for offenders with mental illness returning to the community after an extended period of incarceration. The emphasis is on reducing recidivism by identifying and intervening in those areas most in need. Individuals eligible for the services must have at least one year left to serve before release, have a mental health score of 3 or higher and are returning to a catchment area where CORP services are provided. Catchment areas include Hartford, New Haven, Bridgeport, Norwich/New London and Waterbury areas.

Facilities:
GARNER CI; OSBORN CI; YORK CI

Auspices:
Contracted Program; Health Services; Volunteer Services

Treatment Types:
Life Skills (LS); Mental Health (MH); Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Family and Social Support; Mental Health; Substance Abuse and Mental Health

Types: Mental Health; Re-Entry

Program Status: Active Program Category Level: 2

**Compendium Program: Creative Writing**

Gender Specific for: MALE; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
A volunteer writing instructor gives weekly writing assignments to students followed by sessions of critical reflection.

Facilities:
CHESHIRE CI; GARNER CI

Auspices:
Recreation Services; Volunteer Services

Treatment Types:
Life Skills (LS)
Domains:
Peer Associations

Types:
Recreation

Program Status:
Active Program Category Level:3

Compendium Program: Discharge Orientation
Gender Specific for:BOTH; RT Program Code: RD
Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:
Discharge Orientation is conducted either individually or in groups with offenders who are within a year of discharge to the community. Topics include: ID procurement; community programs; and related matters.

Facilities:
BRIDGEPORT CC;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

Auspices:
Programs & Treatment Unit

Treatment Types:
Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Education, Employment, and Financial Situation;Family and Social Support

Types:
Re-Entry

Program Status:
Active Program Category Level:3

Compendium Program: Drawing
Gender Specific for:MALE; RT Program Code: 0
Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:
Offenders will learn how to draw, sketch and shade through a volunteer instructor. This program is designed to teach inmates how to draw objects by sight by utilizing props.

Facilities:
GARNER CI

Auspices:
Volunteer Services

Treatment Types:
Life Skills (LS)
Domains:
Education, Employment, and Financial Situation

Types:
Vocational & Educational Services

Program Status:
Active Program Category Level:3

Compendium Program: DSS Connect Card

Gender Specific for: BOTH; RT Program Code: I7
Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
****

Facilities:
BRIDGEPORT CC; BROOKLYN CI; CENTRAL OFFICE; CHESIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

Auspices:
Programs & Treatment Unit

Treatment Types:
Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Education, Employment, and Financial Situation; Employment/Financial

Types:
Re-Entry

Program Status:
Active Program Category Level:3

Compendium Program: Dual Recovery Anonymous

Gender Specific for: MALE; RT Program Code: 90
Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
Dual Recovery Anonymous is a 12-step self-help program for individuals who are chemically dependent and affected by a psychiatric illness. The primary purpose of DRA is to help one another achieve dual recovery, prevent relapse and to carry the message of recovery to others who experience dual disorders.

Facilities:
GARNER CI

Auspices:
Health Services

Treatment Types:
Mental Health (MH); Substance Abuse (SA)

Domains:
Substance Abuse and Mental Health

Types:
Addiction; Mental Health

Program Status:
Active Program Category Level: 3

**Compendium Program: Education Needs to be Identified by USD#1**

Gender Specific for: BOTH; RT Program Code: E1

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
A transcript review of educational needs will be completed for inmates.

Facilities:
BRIDGEPORT CC; BROOKLYN CI; CENTRAL OFFICE; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

Auspices:
Unknown

Treatment Types:
Education (Ed)

Domains:
Education, Employment, and Financial Situation

Types:
Unknown

Program Status:
Active Program Category Level: 1

**Compendium Program: Embracing Fatherhood**

Gender Specific for: MALE; RT Program Code: 04

Open Close: True, Session Group: False, Session Numbers: 10, Evidence Based: True

Description:
Embracing Fatherhood is a program designed to assist incarcerated fathers in gaining awareness of the important role they play in the lives of their children. This awareness will enable participants to successfully embrace their roles as fathers and begin to build healthy lifestyles that will benefit both their children and them.

Facilities:
CYBULSKI CI; GARNER CI; MACDOUGALL CI; MANSON YI; OSBORN CI

Auspices:
All Facility Staff; Programs & Treatment Unit
Treatment Types:
Family Support (FS)

Domains:
Family and Social Support

Types:
Family

Program Status:
Active Program Category Level:2

Compendium Program: Emotional Regulation
Gender Specific for: MALE; RT Program Code: ER
Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
This is a group to better help understand emotions and how emotions affect us in our everyday life, and how your everyday life can affect your emotions. The group will meet twice a week. Inmates will be encouraged to attend 24 hours of class time and participate in all exercises. Some important topics of exercises will consist of: introductions to emotions and feelings and the difference between the two; how to better maintain a positive emotional state; understanding emotional development; out emotional development and relationships; understanding emotional abuse and its effects; using emotions as a reason for change; working with mental health issues and emotions; coping with unpleasant emotions; substance and alcohol abuse use and our emotions; controlling our emotions and responsible behaviors; communication skills and our emotions.

Facilities:
GARNER CI

Auspices:
Health Services; Mental Health

Treatment Types:
Life Skills (LS); Mental Health (MH)

Domains:
Substance Abuse and Mental Health

Types:
Mental Health; Self Improvement

Program Status:
Active Program Category Level:2

Compendium Program: Expired Photo Driver's License
Gender Specific for: BOTH; RT Program Code: I3
Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
****
Facilities:
BRIDGEPORT CC; BROOKLYN CI; CENTRAL OFFICE; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

Auspices:
Programs & Treatment Unit

Treatment Types:
Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Education, Employment, and Financial Situation

Types:
Re-Entry

Program Status:
Active Program Category Level: 3

Compendium Program: Facility Addiction Services - Intensive Aftercare Program
Gender Specific for: MALE; RT Program Code: A2
Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
Aftercare is a continuation of Tier 2 to further invest in recovery efforts.

Facilities:
BROOKLYN CI; GARNER CI; OSBORN CI

Auspices:
Addiction Services

Treatment Types:
Life Skills (LS); Reintegration Enhancement/Relapse Prevention (RERP); Substance Abuse (SA)

Domains:
Peer Associations; Substance Abuse and Mental Health

Types:
Substance Abuse Services/Treatment

Program Status:
Active Program Category Level: 1

Compendium Program: Facility Based Domestic Violence Program
Gender Specific for: MALE; RT Program Code: 02
Open Close: True, Session Group: False, Session Numbers: 15, Evidence Based: False

Description:
This group is designed for inmates who have committed a domestic violence offense. Successful completion of this program is a requirement for those inmates who enter into the department's community-based transitional supervision program for domestic violence offenders.
Facilities:
BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; MACDOUGALL CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WILLARD CI

Auspices:
All Facility Staff; Programs & Treatment Unit

Treatment Types:
Aggression Replacement Training (ART); Victim Impact (VI)

Domains:
Criminal Attitudes and Behavioral Patterns

Types:
Domestic Violence; Family

Program Status:
Active Program Category Level: 1

Compendium Program: Facility Orientation

Gender Specific for: MALE; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
Provides newly admitted or transferring inmates to Garner Correctional Institution with the facility rules and regulations, general understanding of policies within the State of Connecticut Department of Correction for inmates, and PREA training. To inform inmates on how the facility operates, what their obligations are and what programs and services are available to them.

Facilities:
GARNER CI

Auspices:
All Facility Staff

Treatment Types:
Behavior Modification (BM)

Domains:
Criminal Attitudes and Behavioral Patterns

Types:
Self Improvement

Program Status:
Active Program Category Level: 3
The purpose of this group is to provide a social environment for inmates to explore and discuss relevant topics and social issues as they apply to film. Participation in a question/answer discussion group following the conclusion of the film will also be encouraged.

Facilities:
GARNER CI

Auspices:
Mental Health

Treatment Types:
Education (Ed)

Domains:
Neighborhood Problems

Types:
Social Rehabilitation

Program Status:
Active Program Category Level:3

Chronic Discipline Program - Interval 1
Garner CI Only

Facilities:
GARNER CI

Auspices:
Programming Unit - Facility Staff

Treatment Types:
Behavior Modification (BM)

Domains:
Criminal Attitudes and Behavioral Patterns

Types:
Unknown

Program Status:
Active Program Category Level:1
Compendium Program: Garner CI Chronic Discipline Interval 2
Gender Specific for: MALE; RT Program Code: P2
Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
Chronic Discipline Program - Interval 2
Garner CI Only

Facilities:
GARNER CI

Auspices:
Programming Unit - Facility Staff

Treatment Types:
Behavior Modification (BM)

Domains:
Criminal Attitudes and Behavioral Patterns

Types:
Unknown

Program Status:
Active Program Category Level: 1

Compendium Program: GCI - Administrative Segregation
Gender Specific for: MALE; RT Program Code: AS
Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
GCI - Administrative Segregation

Facilities:
GARNER CI

Auspices:
All Facility Staff

Treatment Types:
Behavior Modification (BM)

Domains:
Criminal Attitudes and Behavioral Patterns

Types:
Administrative Segregation

Program Status:
Active Program Category Level: 0
### Compendium Program: GCI Anger Management

**Gender Specific for:** MALE; **RT Program Code:** GB

**Open Close:** True, **Session Group:** False, **Session Numbers:** 1, **Evidence Based:** False

**Description:**

This group is provided to inmates assigned to mental health housing units and general population. The program is designed to assist inmates to improve techniques for effective management of their anger without the use of aggressive behavior. The program focuses on stress reduction, adjustment to environmental change, improved communication skills and improved interpersonal relationship skills. The modalities used are: Relaxation technique, cognitive therapy, visualization and journal-keeping, and brief lectures on the nature of anger and factors sustaining it.

**Facilities:**

- GARNER CI

**Auspices:**

- Health Services

**Treatment Types:**

- Aggression Replacement Training (ART)
- Life Skills (LS)
- Mental Health (MH)

**Domains:**

- Criminal Attitudes and Behavioral Patterns
- Substance Abuse and Mental Health

**Types:**

- Anger Management
- Mental Health
- Self Improvement

**Program Status:**

- Active Program Category Level: 1

### Compendium Program: General Referral for ASU (Addiction Services Unit) Program

**Gender Specific for:** BOTH; **RT Program Code:** A1

**Open Close:** True, **Session Group:** False, **Session Numbers:** 1, **Evidence Based:** False

**Description:**

**Facilities:**

- BRIDGEPORT CC
- BROOKLYN CI
- CENTRAL OFFICE
- CHESHIRE CI
- CORRIGAN CI
- CYBULSKI CI
- ENFIELD CI
- GARNER CI
- HARTFORD CC
- MACDOUGALL CI
- MANSON YI
- NEW HAVEN CC
- NORTHERN CI
- OSBORN CI
- RADGOWSKI CI
- ROBINSON CI
- WALKER RC
- WILLARD CI
- YORK CI

**Auspices:**

- Unknown

**Treatment Types:**

- Substance Abuse (SA)

**Domains:**

- Substance Abuse and Mental Health

**Types:**
Program Status:
Active Program Category Level: 1

Compendium Program: General Referral for Vocational Education
Gender Specific for: BOTH; RT Program Code: E2
Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False
Description:
A review of vocational education needs will be completed for inmates.

Facilities:
BRIDGEPORT CC; BROOKLYN CI; CENTRAL OFFICE; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

Auspices:
Unknown

Treatment Types:
Education (Ed)

Domains:
Education, Employment, and Financial Situation

Types:
Unknown

Program Status:
Active Program Category Level: 1

Compendium Program: Good Intentions - Bad Choices
Gender Specific for: BOTH; RT Program Code: CF
Open Close: True, Session Group: False, Session Numbers: 15, Evidence Based: True
Description:
This program features a three part DVD series that focuses on Relapse and Recidivism Prevention for addicts and offenders leaving treatment or an incarcerated setting re-entering society. This period of early reintegration is especially risky for addicts and offenders despite intentions of doing well and straightening out their lives because errors in thinking that are the result of years of an addictive and/or criminal lifestyle, and are not so easily or quickly resolved.

Facilities:
BROOKLYN CI; CHESHIRE CI; CYBULSKI CI; ENFIELD CI; GARNER CI; MACDOUGALL CI; OSBORN CI; WILLARD CI; YORK CI

Auspices:
Programming Unit - Facility Staff

Treatment Types:
Cognitive Behavioral Therapy (CBT)

Domains:
Compendium Program: Grief Recovery Loss

Gender Specific for: MALE; RT Program Code: LG

Open Close: True, Session Group: True, Session Numbers: 6, Evidence Based: True

Description:
Grief Recovery Group is for inmates dealing with past losses that may include death, family separation, loss of faith, or growing up in an abusive home; and the current loss of freedom due to incarceration. The course addresses the effect of incarceration and substance abuse on the grief process, the importance of taking responsibility for one's self, and how to find forgiveness and hope in life. The goal is for the group to support each person to find their own inner resources, to feel complete in their grief process, and move forward in their lives with a renewed sense of meaning and purpose - making it less likely they will reoffend and become re-incarcerated.

Program will utilize LIFE BEYOND LOSS - a Workbook for Incarcerated Men by Beverly Welo

Facilities:
GARNER CI

Auspices:
Religious Services

Treatment Types:
Education (Ed); Life Skills (LS); Mental Health (MH)

Domains:
Family and Social Support; Substance Abuse and Mental Health

Types:
Family & Social Services; Mental Health

Program Status:
Active Program Category Level: 1

Compendium Program: Health & Wellness

Gender Specific for: MALE; RT Program Code: W3

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
This program is designed to assist offenders in basic medication information and compliance, improving communication skills, using effective coping and problem solving skills and improving personal hygiene and Advanced Daily Living Skills (ADL’s).

Facilities:
GARNER CI
Auspices: Health Services

Treatment Types: Mental Health (MH)

Domains: Family and Social Support; Substance Abuse and Mental Health

Types: Mental Health

Program Status: Active Program Category Level: 3

Compendium Program: Hebrew Language studies

Gender Specific for: MALE; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description: Inmates will learn the Hebrew language.

Facilities: GARNER CI

Auspices: Religious Services

Treatment Types: Life Skills (LS)

Domains: Education, Employment, and Financial Situation

Types: Religious

Program Status: Active Program Category Level: 0
Compendium Program: High School Diploma Programs
Gender Specific for: BOTH; RT Program Code: 0
Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
The USD #1 offers opportunities for earning a high school diploma through either USD #1's Adult Education Program or in some cases in collaboration with USD #1 and the local town/city. To receive a diploma from the local city/town, the former school district must be willing to cooperate with USD #1. USD #1 Adult Education opportunities include the following:

1. The General Education Development (GED) exam provides qualified offenders the opportunity to participate in the examination process in order to receive a Connecticut State High School Diploma.

2. The High School Equivalency Program provides qualified offenders the opportunity to earn the 20 credit hours (120 hours per credit) required to receive a Connecticut High School Diploma.

3. Credit Diploma Program (CDP) provides qualified offenders the opportunity to earn the 20 credit hours (50 hours per credit) required to receive a USD #1 Adult Education High School Diploma.

4. The External Diploma Program (EDP) provides qualified offenders the opportunity to complete a competency portfolio in order to receive a USD #1 Adult Education High School Diploma.

Not all programs are available at all sites, and USD #1 staff review these options with prospective students to assist in the decision regarding which high school diploma program best meets his/her needs.

Facilities:
BRIDGEPORT CC; BROOKLYN CI; CENTRAL OFFICE; CHESIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

Auspices:
USD#1

Treatment Types:
Education (Ed)

Domains:
Education, Employment, and Financial Situation

Types:
Academic Education

Program Status:
Active Program Category Level: 1
Compendium Program: HIV Counseling, Testing & Risk Reduction Education

Gender Specific for: BOTH; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
When inmates are tested for HIV, the department provides standardized counseling by Department of Public Health certified counselors before and after testing. Counseling components include what HIV and AIDS are, how to get it, how to avoid getting it, what it means to be HIV positive, how to take care of oneself if one is HIV positive, and help in dealing with the associated feelings.

Facilities:
BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; MACDOUGALL CI; MANSON YI; NORTHERN CI; OSBORN CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

Auspices:
Health Services

Treatment Types:
Family Support (FS); Medical (Med)

Domains:
Peer Associations

Types:
Health Education; Medical

Program Status:
Active Program Category Level: 3

Compendium Program: HIV Support Services

Gender Specific for: BOTH; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
The Department demonstrates a collaborative approach in providing HIV support services to inmates in all facilities. A UCONN (Contracted) Heath Services Team coordinates testing and counseling services; the Department's School District conducts classroom instruction about HIV; the Department's Addiction Services Unit Counselors provide HIV education and prevention counseling; a number of volunteers serve as "buddies" or sponsors; and Hartford's Community Partners in Action (CPA) receives funding from foundations, grants as well as support from the state's Department of Mental Health and Addiction Services to operate the "Beyond Fear" Program. Altogether the Department hosts a complete program that includes counseling, testing, education focus groups, videos, intervention strategies and is able to assist discharging inmates with need for such services as housing, medical treatment, food, clothing and transportation.

New Beginnings and AIDS Awareness Day has been added to the HIV Support Services program. New Beginnings is an HIV/AIDS support group.

Facilities:
Auspices:
Health Services; Volunteer Services

Treatment Types:
Family Support (FS); Life Skills (LS); Medical (Med)

Domains:
Peer Associations; Substance Abuse and Mental Health

Types:
Health Education; Medical; Mental Health

Program Status:
Active Program Category Level: 3

Compendium Program: Individual Therapy 15, 30, 45 or 60 minutes.
Gender Specific for: MALE; RT Program Code: GH
Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False
Description:
This is a Garner mental health unit specific program to identify contacts made with inmates by mental health staff for the times indicated.

Facilities:
GARNER CI

Auspices:
Mental Health

Treatment Types:
Mental Health (MH)

Domains:
Substance Abuse and Mental Health

Types:
Mental Health

Program Status:
Active Program Category Level: 3

Compendium Program: Individual Treatment Plan
Gender Specific for: MALE; RT Program Code: 0
Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False
Description:
Individual Treatment Plan

Facilities:
GARNER CI; OSBORN CI

As of: 08/10/2021
Auspices:
Mental Health

Treatment Types:
Mental Health (MH)

Domains:
Criminal Attitudes and Behavioral Patterns

Types:
Mental Health

Program Status:
Active Program Category Level: 0

Compendium Program: Inmate Photo Program

Gender Specific for: MALE; RT Program Code: M8

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
Inmates register each month to take photos for a small fee and these photos are sent home or otherwise kept for personal use. Proceeds that are generated are held in a Special Activity Fund. From this fund, thousands of dollars have been donated to local charitable organizations each year, e.g. women's shelters, children's hospitals, youth organizations, and youth at risk programs.

Facilities:
CHESHIRE CI; CYBULSKI CI; ENFIELD CI; Garner CI; MACDOUGALL CI; MANSON YI; ROBINSON CI; WALKER RC; WILLARD CI

Auspices:
All Facility Staff

Treatment Types:
Family Support (FS)

Domains:
Family and Social Support

Types:
Community Service

Program Status:
Active Program Category Level: 0
Compendium Program: Inside Out Prison Exchange Program

**Gender Specific for:** MALE; **RT Program Code:** PE

**Open Close:** True, **Session Group:** False, **Session Numbers:** 1, **Evidence Based:** False

**Description:**
The Inside Out Prison Exchange Program increases opportunities for men and women, inside and outside of prison, to have transformative learning experiences that emphasize collaboration and dialog, inviting participants to take leadership in addressing crime, justice, and other issues of social concern.

**Facilities:**
GARNER CI

**Auspices:**
Volunteer Services

**Treatment Types:**
Education (Ed); Life Skills (LS)

**Domains:**
Education, Employment, and Financial Situation

**Types:**
Unknown

**Program Status:**
Active Program Category Level: 3

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Compendium Program: Inside Out Program Extension

**Gender Specific for:** MALE; **RT Program Code:** CO

**Open Close:** True, **Session Group:** False, **Session Numbers:** 12, **Evidence Based:** False

**Description:**
Intended for inside students who successfully complete the Inside-Out seminar. The primary goal of this work is to improve written communication and analytical ability.

**Facilities:**
GARNER CI; ROBINSON CI

**Auspices:**
Volunteer Services

**Treatment Types:**
Education (Ed); Life Skills (LS)

**Domains:**
Education, Employment, and Financial Situation

**Types:**
Unknown

**Program Status:**
Active Program Category Level: 3
Compendium Program: Intercessory Prayer - Protestant
Gender Specific for: MALE; RT Program Code: 0
Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False
Description:
A time of intercessory prayer that is held weekly.
Facilities:
GARNER CI
Auspices:
Religious Services
Treatment Types:
Unknown
Domains:
Unknown
Types:
Religious
Program Status:
Active Program Category Level: 3

Compendium Program: Islamic Studies
Gender Specific for: MALE; RT Program Code: 0
Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False
Description:
Islamic studies devoted to the study of prayer, meditation, self-examination and decision making for a spiritual life. This will assist inmates in confronting issues of life.
Facilities:
BRIDGEPORT CC; BROOKLYN CI; CYBULSKI CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; OSBORN CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI
Auspices:
Religious Services
Treatment Types:
Unknown
Domains:
Unknown
Types:
Religious
Program Status:
Active Program Category Level: 3
Compendium Program: Jehovah's Witness Collective Service
Gender Specific for: BOTH; RT Program Code: 0
Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
This is the weekly Jehovah's Witness worship service.

Facilities:
BROOKLYN CI; CHESIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; MACDOUGALL CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WILLARD CI; YORK CI

Auspices:
Religious Services; Volunteer Services

Treatment Types:
Unknown

Domains:
Unknown

Types:
Religious

Program Status:
Active Program Category Level: 3

Compendium Program: Jewish Sabbath Worship and Torah Study
Gender Specific for: MALE; RT Program Code: 0
Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
Sabbath afternoon prayer and reading of weekly Torah portion, followed by study and discussion.

Facilities:
GARNER CI; HARTFORD CC

Auspices:
Religious Services; Volunteer Services

Treatment Types:
Unknown

Domains:
Unknown

Types:
Religious; Worship Services

Program Status:
Active Program Category Level: 3
Compendium Program: Jewish Worship and Study
Gender Specific for: MALE; RT Program Code: 0
Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False
Description:
Jewish worship followed by study of the Hebrew Bible or Jewish history.
Facilities:
CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; NEW HAVEN CC; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WILLARD CI
Auspices:
Religious Services
Treatment Types:
Unknown
Domains:
Unknown
Types:
Religious
Program Status:
Active Program Category Level: 3

Compendium Program: Jumah
Gender Specific for: MALE; RT Program Code: 0
Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False
Description:
Weekly collective Islamic worship service held on Friday between afternoon and late afternoon.
Facilities:
BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI
Auspices:
Religious Services
Treatment Types:
Unknown
Domains:
Unknown
Types:
Worship Services
Program Status:
Active Program Category Level: 3
Compendium Program: Kairos
Gender Specific for: BOTH; RT Program Code: 0
Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False
Description:
This is a 40-hour faith retreat that is held once a year with monthly reunions.

Facilities:
GARNER CI; MANSON YI; OSBORN CI; YORK CI

Auspices:
Religious Services; Volunteer Services

Treatment Types:
Unknown

Domains:
Unknown

Types:
Religious

Program Status:
Active Program Category Level: 3

Compendium Program: Kairos Reunion
Gender Specific for: MALE; RT Program Code: 0
Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False
Description:
A monthly two hour reunion that re-inforces the Kairos principles for inmates who have already participated in the 40 hour Kairos Retreat.

Facilities:
GARNER CI

Auspices:
Religious Services; Volunteer Services

Treatment Types:
Education (Ed); Family Support (FS); Life Skills (LS)

Domains:
Criminal Attitudes and Behavioral Patterns

Types:
Unknown

Program Status:
Active Program Category Level: 3
**Compendium Program: Library Group**

*Gender Specific for: MALE; RT Program Code: 0*

*Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False*

**Description:**

This program allows the mental health inmate the opportunity to enhance their cognitive capabilities through reading, writing and library resource material. There is no access to law books, periodicals or newspapers.

**Facilities:**

GARNER CI

**Auspices:**

Health Services

**Treatment Types:**

Education (Ed)

**Domains:**

Education, Employment, and Financial Situation

**Types:**

Mental Health, Self Improvement

**Program Status:**

Active Program Category Level: 3

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**Compendium Program: Mindful Meditation**

*Gender Specific for: MALE; RT Program Code: 0*

*Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False*

**Description:**

The Mindful Meditation class is a twelve week class designed to help inmates develop emotional intelligence. It will help them become more resourceful and their response to emotions and their reactions to those emotions. The class will help them develop skillful resources to deal with depression, PTSD, stress and aggression. Inmates will learn emotional regulation, reactivity and compassion for self and others through workbook exercises and meditation.

**Facilities:**

GARNER CI

**Auspices:**

Religious Services

**Treatment Types:**

Education (Ed); Life Skills (LS); Mental Health (MH)

**Domains:**

Substance Abuse and Mental Health

**Types:**

Unknown
Program Status:
Active Program Category Level:3

**Compendium Program: Mindfulness (MH)**

**Gender Specific for:** MALE; RT Program Code: 0

**Open Close:** True, **Session Group:** False, **Session Numbers:** 22, **Evidence Based:** True

**Description:**
Group therapy to teach mindfulness strategies and enhance self-regulation and improve coping skills.

**Facilities:**
GARNER CI

**Auspices:**
Mental Health

**Treatment Types:**
Mental Health (MH)

**Domains:**
Substance Abuse and Mental Health

**Types:**
Unknown

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Program Status:
Active Program Category Level:3

**Compendium Program: Modern Media for Motivational Discussion and Concepts**

**Gender Specific for:** MALE; RT Program Code: 0

**Open Close:** True, **Session Group:** False, **Session Numbers:** 2, **Evidence Based:** False

**Description:**
The objective of the Modern Media for Motivational Discussion and concepts is to utilize media to enhance individual teaching and learning. Media like many other teaching techniques can be used judiciously in the learning process. It can be utilized to motivate discussions, or lock in concepts. According to the Fair Use Act, exemption of teaching and educational use of materials (including film) from copyright prohibitions. (17 U.S.C Section 110(1). The concept would utilize television (Channel 12/13) to display video footage for learning purposes. Movies can be selected to review. Participants will answer questions related to learning new concepts, and motivational discussion with an educational purpose. The participant will be provided a questionnaire, that reflects on media viewed.

**Facilities:**
GARNER CI; MACDOUGALL CI

**Auspices:**
Programming Unit - Facility Staff

**Treatment Types:**
Compendium Program: Narcotics Anonymous

Gender Specific for: MALE; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
Narcotics Anonymous is a twelve-step fellowship of addicts helping addicts to recover from the disease of addiction. Meetings, in a variety of formats (Step Meetings, Speaker, Speaker/Discussion, etc.), are held on a weekly basis. The meetings are usually conducted by outside volunteers who share their story of addiction and recovery. Addiction Services or Volunteer Services staff coordinate the meetings and provide oversight for the program.

Facilities:
BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; RADGOWSKI CI; ROBINSON CI; WILLARD CI; YORK CI

Auspices:
Addiction Services; Volunteer Services

Treatment Types:
Substance Abuse (SA)

Domains:
Substance Abuse; Substance Abuse and Mental Health

Types:
Addiction

Program Status:
Active Program Category Level: 3

Compendium Program: Native American Harvest Festival

Gender Specific for: MALE; RT Program Code: N/A

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
Delivery of a special meal to commemorate Seasonal Celebration of the Harvest as observed by Native Americans.

Facilities:
BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; MACDOUGALL CI; NORTHERN CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI

Auspices:
Religious Services

Treatment Types:
Unknown

Domains:
Unknown

Types:
Religious

Program Status:
Active Program Category Level:3

Compendium Program: Native American Strawberry Festival

Gender Specific for: MALE; RT Program Code: N/A

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
Seasonal Celebration of the First Fruit of the Season and observation of a time of Peace. Special Meal with Strawberries, Appropriate Story, Special Prayers and the exchange of wishes for Peace.

Facilities:
BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; MACDOUGALL CI; NORTHERN CI; OSBORN CI; RAGDOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI

Auspices:
Religious Services

Treatment Types:
Unknown

Domains:
Unknown

Types:
Religious

Program Status:
Active Program Category Level:3

Compendium Program: Native American Worship

Gender Specific for: BOTH; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
Sacred Circle is a community prayer, which includes smudging. It is celebrated weekly.

Facilities:
BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; MACDOUGALL CI; OSBORN CI; RAGDOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

Auspices:
Religious Services; Volunteer Services

Treatment Types:
Unknown

Domains:
Unknown

Types:
Religious; Worship Services

Program Status:
Active Program Category Level: 3

Compendium Program: OAP Refusal
Gender Specific for: BOTH; RT Program Code: PR
Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False
Description:

Facilities:
BRIDGEPORT CC; BROOKLYN CI; CENTRAL OFFICE; CHESIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

Auspices:
Unknown

Treatment Types:
Unknown

Domains:
Criminal Attitudes and Behavioral Patterns

Types:
Unknown

Program Status:
Active Program Category Level: 1

Compendium Program: Outside Clearance
Gender Specific for: BOTH; RT Program Code: L4
Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False
Description:

Facilities:
BRIDGEPORT CC; BROOKLYN CI; CENTRAL OFFICE; CHESIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

Auspices:
Unknown
Compendium Program: Passport
Gender Specific for: BOTH; RT Program Code: I8
Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False
Description:
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Facilities:
BRIDGEPORT CC; BROOKLYN CI; CENTRAL OFFICE; CHESIRE CI; CORRIGAN CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; ROBINSON CI; WALKER RC
Auspices:
Programs & Treatment Unit

Compendium Program: PEP - People Empowering People
Gender Specific for: BOTH; RT Program Code: 93
Open Close: True, Session Group: False, Session Numbers: 12, Evidence Based: False
Description:
This program provides educational training in values clarification, communication skills, problem solving and parenting. The program builds on personal strengths, providing opportunities for participants to gain skills while they take greater control of their own lives.
Facilities:
CHESIRE CI; GARNER CI; RADGOWSKI CI; YORK CI
Auspices:
Volunteer Services
Treatment Types:
Family Support (FS); Life Skills (LS)

Domains:
Antisocial Attitudes; Antisocial Friends; Family and Social Support; Parenting; Self Efficacy

Types:
Self Improvement

Program Status:
Active Program Category Level: 3

**Compendium Program: Playwriting, Performance, and Applied Theater**

Gender Specific for: MALE; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
Traditional playwriting and performance instruction is given to inmates to present plays to an audience two times per year. Applied theater volunteers assist with games and exercises in seminars to produce role playing scenarios that address interactions with staff and other inmates.

Facilities:
GARNER CI

Auspices:
All Facility Staff; Volunteer Services

Treatment Types:
Life Skills (LS)

Domains:
Peer Associations

Types:
Recreation; Youth SRG

Program Status:
Active Program Category Level: 3

**Compendium Program: Poetry Therapy**

Gender Specific for: MALE; RT Program Code: GS

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
Using poetry to share life stories and hopes.

Facilities:
GARNER CI

Auspices:
Mental Health
Life Skills (LS);Mental Health (MH)

Domains:
Family and Social Support;Substance Abuse and Mental Health

Types:
Mental Health

Program Status:
Active Program Category Level:3

**Compendium Program: Post Traumatic Stress Group**

**Gender Specific for:** MALE; RT Program Code: PO

**Open Close:** True, Session Group: False, Session Numbers: 1, Evidence Based: False

**Description:**
This group assists the inmate to deal with past life traumas that influence the quality of life of the inmate. It utilizes relaxation technique, group discussion and conflict resolution.

**Facilities:**
GARNER CI

**Auspices:**
Mental Health

**Treatment Types:**
Mental Health (MH)

**Domains:**
Substance Abuse and Mental Health

**Types:**
Unknown

Program Status:
Active Program Category Level:3

**Compendium Program: Protestant Bible Study**

**Gender Specific for:** BOTH; RT Program Code: 0

**Open Close:** True, Session Group: False, Session Numbers: 1, Evidence Based: False

**Description:**
Biblical readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Christian principles.

**Facilities:**
BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

**Auspices:**
Religious Services ;Volunteer Services

**Treatment Types:**
**Compendium Program: Protestant Bible Study (Spanish)**

**Gender Specific for:** BOTH; RT Program Code: 0

**Open Close:** True, **Session Group:** False, **Session Numbers:** 1, **Evidence Based:** False

**Description:**
Biblical readings are reviewed with Spanish inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Christian principles.

**Facilities:**
BRIDGEPORT CC; BROOKLYN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; NEW HAVEN CC; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

**Auspices:**
Religious Services; Volunteer Services

**Treatment Types:**
Unknown

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**Compendium Program: Protestant Choir**

**Gender Specific for:** MALE; RT Program Code: 0

**Open Close:** True, **Session Group:** False, **Session Numbers:** 1, **Evidence Based:** False

**Description:**
Both Catholic and Protestant inmates are able to join choirs in their respective religious service. These choirs both enhance the religious liturgies and add a level of veneration to those services. In some institutions, there may also be Spanish choirs.

**Facilities:**
CHESHIRE CI; CYBULSKI CI; GARNER CI; MACDOUGALL CI; MANSON YI; OSBORN CI; ROBINSON CI; YORK CI

**Auspices:**
Religious Services; Volunteer Services

**Treatment Types:**
Unknown

Domains:
Family and Social Support

Types:
Religious

Program Status:
Active Program Category Level:3

**Compendium Program: Protestant Service**

**Gender Specific for:** BOTH; **RT Program Code:** 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

**Description:**
This is the weekly Protestant worship service.

**Facilities:**
BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

**Auspices:**
Religious Services ; Volunteer Services

**Treatment Types:**
Unknown

Domains:
Unknown

Types:
Worship Services

Program Status:
Active Program Category Level: 3

**Compendium Program: Protestant Service (Spanish)**

**Gender Specific for:** MALE; **RT Program Code:** 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

**Description:**
This is the weekly Protestant worship service conducted in Spanish.

**Facilities:**
BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; NEW HAVEN CC; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WILLARD CI

**Auspices:**
Religious Services ; Volunteer Services

**Treatment Types:**
Unknown
Domains:
Unknown

Types:
Worship Services

Program Status:
Active Program Category Level:3

Compendium Program: Protestant Spanish Prayer
Gender Specific for: MALE; RT Program Code: 0
Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
This program of prayer, scripture and songs that helps inmates to withdraw from weekly stress and empowers their desire to change and grow personally.

Facilities:
CHESHIRE CI; GARNER CI

Auspices:
Religious Services

Treatment Types:
Unknown

Domains:
Unknown

Types:
Religious

Program Status:
Active Program Category Level:3

Compendium Program: Ramadan, Eid-Ul-Fitr, Eid-Ul-Adha
Gender Specific for: BOTH; RT Program Code: 0
Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
Religiously Required Observations (Annual)

Facilities:
BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

Auspices:
Religious Services

Treatment Types:
Unknown

Domains:
Unknown

Types:
Religious

Program Status:
Active Program Category Level:3

Compendium Program: Rational Behavior Therapy

Gender Specific for: MALE; RT Program Code: GU
Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
This program helps offenders learn the symptoms of mood disorders and how to identify their own symptoms and negative self-talk. Offenders also learn what behavior helps to stabilize their moods to increase their own positive self-talk.

Facilities:
GARNER CI

Auspices:
Health Services

Treatment Types:
Mental Health (MH)

Domains:
Criminal Attitudes and Behavioral Patterns; Family and Social Support; Substance Abuse and Mental Health

Types:
Mental Health; Self Improvement

Program Status:
Active Program Category Level:3

Compendium Program: Re-Entry and Discharge Planning

Gender Specific for: BOTH; RT Program Code: M1
Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

Facilities:
BRIDGEPORT CC; BROOKLYN CI; CENTRAL OFFICE; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

Auspices:
Unknown

Treatment Types:
Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Education;Education, Employment, and Financial Situation;Employment/Financial;Housing Safety;Substance Abuse

Types:
Unknown

Program Status:
Active Program Category Level:2

Compendium Program: Relapse Prevention/Discharge Group
Gender Specific for:MALE; RT Program Code: N/A
Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:
This program is designed to prepare the offender to return to the general prison population, prevent relapses, and to help the offender monitor their mental state while on discharge status.

Facilities:
GARNER CI

Auspices:
Health Services

Treatment Types:
Mental Health (MH)

Domains:
Substance Abuse and Mental Health

Types:
Medical;Mental Health;Re-Entry

Program Status:
Active Program Category Level:3

Compendium Program: School Record / Transcript
Gender Specific for:BOTH; RT Program Code: I4
Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False

Description:
****

Facilities:
BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;ENFIELD CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;NORTHERN CI;OSBORN CI;RADGOWSKI CI;ROBINSON CI;WILLARD CI;YORK CI

Auspices:
Programs & Treatment Unit

Treatment Types:
Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Education;Education, Employment, and Financial Situation
Types: Re-Entry

Program Status: Active Program Category Level: 3

**Compendium Program: Sexual Treatment Need Evaluation**

Gender Specific for: BOTH; RT Program Code: S1

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: True

**Description:**

Evaluation of inmates that have a history of charges and/or a conviction or disciplinary reports/institutional rule violations for an offense that involves sexual misconduct which may indicate a possible need for treatment of problematic sexual behavior. A clinical interview is conducted and actuarial and/or dynamic risk assessment measures are utilized to determine level and intensity of treatment indicated to address the inmate's problematic sexual behavior.

**Facilities:**

BROOKLYN CI; GARNER CI; MACDOUGALL CI; MANSON YI; OSBORN CI; WALKER RC; YORK CI

**Auspices:**

Mental Health

**Treatment Types:**

Mental Health (MH)

**Domains:**

Criminal Attitudes and Behavioral Patterns; Substance Abuse and Mental Health

Types: Unknown

Program Status: Active Program Category Level: 1

**Compendium Program: Short-Term Sexual Offender Treatment Group**

Gender Specific for: BOTH; RT Program Code: ST

Open Close: True, Session Group: False, Session Numbers: 12, Evidence Based: True

**Description:**

Utilizing the risk, need, responsivity model inmates are accessed to determine dosage and level of intensity of treatment that is indicated. Those inmates who are determined to be at moderate to low risk level, who will be receiving on-going treatment post-release in the community, or who are unable to participate in a more intensive treatment program for other reasons are assigned to the Short-Term Sexual Offender treatment group. Treatment targets dynamic risk factors empirically associated with risk of recidivism such as deviant sexual preferences, lack of positive social influences, intimacy deficits, problems with sexual self-regulation, problems a general self-regulation, attitudes supportive of sexual assault, and problems related to cooperation with supervision, integrates models of Cognitive Behavioral Treatment (i.e. The Good Lives Model) and Relapse Prevention.

**Facilities:**

As of: 08/10/2021
Auspices: Mental Health

Treatment Types: Cognitive Behavioral Therapy (CBT)

Domains: Criminal Attitudes and Behavioral Patterns; Substance Abuse and Mental Health

Types: Sex Offender

Program Status: Active Program Category Level: 1

**Compendium Program: Social and Coping Skills**

**Gender Specific for:** MALE; **RT Program Code:** SS

**Open Close:** True, **Session Group:** False, **Session Numbers:** 1, **Evidence Based:** False

**Description:**
Psycho-educational groups which focus on helping offenders learn to identify and master necessary skills to improve their overall functioning in their daily lives.

**Facilities:**
GARNER CI

Auspices: Health Services

Treatment Types: Mental Health (MH)

Domains: Substance Abuse and Mental Health

Types: Unknown

Program Status: Active Program Category Level: 2

**Compendium Program: Social Security Card**

**Gender Specific for:** BOTH; **RT Program Code:** I5

**Open Close:** True, **Session Group:** False, **Session Numbers:** 1, **Evidence Based:** False

**Description:**
****

**Facilities:**
BRIDGEPORT CC; BROOKLYN CI; CENTRAL OFFICE; CHESIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RAGOWSKI CI; ROBINSON CI; WALLER RC; WILLARD CI; YORK CI
Auspices:
Programs & Treatment Unit

Treatment Types:
Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Education, Employment, and Financial Situation; Employment/Financial

Types:
Re-Entry

Program Status:
Active Program Category Level: 3

Compendium Program: Social Skills

Gender Specific for: MALE; RT Program Code: GQ
Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
This program is designed for offenders whom the acquisition of ordinary daily social skills would be valuable for their mental health treatment and rehabilitation. Topics include but are not limited to assertiveness, skills for living in prison, conversation, and telephone protocols.

Facilities:
GARNER CI

Auspices:
Health Services

Treatment Types:
Life Skills (LS); Mental Health (MH)

Domains:
Family and Social Support; Substance Abuse and Mental Health

Types:
Mental Health; Self Improvement; Social Rehabilitation

Program Status:
Active Program Category Level: 3
Compendium Program: Sociology 101
Gender Specific for: MALE; RT Program Code: SL
Open Close: True, Session Group: False, Session Numbers: 14, Evidence Based: False
Description:
Prerequisite - Completion of the Inside Out Program.

The purpose of this course, as indicated by the course title, is to introduce students to the discipline of sociology. The course is designed as an analysis of what sociology as the systematic study of all things social is, and how this relates to other disciplines and modes of knowledge. The course will offer a brief overview of the history of sociological thought, will examine the major theoretical perspectives within sociology, the methods of study employed and then will apply these to some of the following topics: sociological methods, culture, socialization, groups, organizations, social class and stratification, racism, sexism, deviance, collective movements, politics, education, religion, the family and social change.

Facilities:
GARNER CI

Auspices:
Programs & Treatment Unit; Volunteer Services

Treatment Types:
Education (Ed)

Domains:
Education, Employment, and Financial Situation

Types:
Education

Program Status:
Active Program Category Level: 3

Compendium Program: Special Education and Pupil Services
Gender Specific for: BOTH; RT Program Code: 0
Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False
Description:
The special education teachers, pupil services specialists (School Psychologists, School Counselors, School Social Workers), and the associated clerical and durational staff provide services to students with handicapping conditions which interfere with their ability to participate in school. These services are mandated by federal (Individuals with Disabilities Education Act Amendments of 1997) and state (Connecticut General Statutes 10-76) statute. Special education services encompass a broad array of activities including assessment, counseling, transition planning, and both the direct and indirect (e.g. consultation) services of the special education teachers and pupil services staff. Student programs are designed according to the individual needs of each student with disabilities and are specified in an Individualized Education Plan (IEP.) A social skills component is a part of the special education program.

Facilities:
Auspices: USD#1

Treatment Types: Education (Ed)

Domains: Education; Education, Employment, and Financial Situation; Employment/Financial

Types: Academic Education

Program Status: Active Program Category Level: 1

Compendium Program: Start Now: Unit 1

Gender Specific for: BOTH; RT Program Code: N1

Open Close: True, Session Group: False, Session Numbers: 10, Evidence Based: False

Description:
Start Now is a 32 session program broken down into 4 sections. Start Now is a manualized Dialectical Behavior Therapy that utilizes a workbook and teaches hygiene, the use of positive self-talk, acceptance, positive coping skills, understanding grief/loss/anger/worry and anxiety and depression. It educates others to use positive coping skills such as imagery, focusing, active listening, open attitudes, setting boundaries, and problem solving.

Facilities: CORRIGAN CI; CYBULSKI CI; GARNER CI; MACDOUGALL CI; MANSON YI; NORTHERN CI; OSBORN CI; WILLARD CI; YORK CI

Auspices: Mental Health

Treatment Types: Cognitive Behavioral Therapy (CBT); Life Skills (LS); Mental Health (MH)

Domains: Abuse/Trauma; Anger/Hostility; Criminal Attitudes and Behavioral Patterns; Mental Health; Self Efficacy; Substance Abuse and Mental Health

Types: Medical; Mental Health

Program Status: Active Program Category Level: 2
Compendium Program: Start Now: Unit 2
Gender Specific for: BOTH; RT Program Code: N2
Open Close: True, Session Group: False, Session Numbers: 8, Evidence Based: False

Description:
Start Now is a 32 Session program broken down into 4 sections. This is a manualized Dialectical Behavior Therapy that utilizes a workbook and teaches hygiene, the use of positive self talk, acceptance, positive coping skills, understanding grief/loss/anger/worry, anxiety and depression. It educates others to use positive coping skills such as imagery, focusing, active listening, open attitudes, setting boundaries and problem solving.

Facilities:
CORRIGAN CI; CYBULSKI CI; GARNER CI; MACDOUGALL CI; MANSON YI; NORTHERN CI; OSBORN CI; WILLARD CI; YORK CI

Auspices:
Mental Health

Treatment Types:
Cognitive Behavioral Therapy (CBT); Life Skills (LS); Mental Health (MH)

Domains:
Abuse/Trauma; Anger/Hostility; Criminal Attitudes and Behavioral Patterns; Mental Health; Self Efficacy; Substance Abuse and Mental Health

Types:
Medical; Mental Health

Program Status:
Active Program Category Level: 2

Compendium Program: Start Now: Unit 3
Gender Specific for: BOTH; RT Program Code: N3
Open Close: True, Session Group: False, Session Numbers: 8, Evidence Based: False

Description:
Start Now is a 32 Session program broken down into 4 sections. This is a manualized Dialectical Behavior Therapy that utilizes a workbook and teaches hygiene, the use of positive self talk, acceptance, positive coping skills, understanding grief/loss/anger/worry/anxiety and depression. It educates others to use positive coping skills such as imagery, focusing, active listening, open attitudes, setting boundaries, and problem solving.

Facilities:
CORRIGAN CI; CYBULSKI CI; GARNER CI; MACDOUGALL CI; MANSON YI; NORTHERN CI; OSBORN CI; WILLARD CI; YORK CI

Auspices:
Mental Health

Treatment Types:
Cognitive Behavioral Therapy (CBT); Life Skills (LS); Mental Health (MH)

Domains:
Description:
Start Now is a 32 Session program that is broken down into 4 sections. This is a manualized Dialectical Behavior Therapy that utilizes a workbook and teaches hygiene, the use of positive self talk, acceptance, positive coping skills, understanding grief/loss/angry/worry/anxiety and depression. It educates others to use positive coping skills such as imagery, focusing, active listening, open attitudes, setting boundaries and problem solving.

Facilities:
CORRIGAN CI; CYBULSKI CI; GARNER CI; MACDOUGALL CI; MANSON YI; NORTHERN CI; OSBORN CI; WILLARD CI; YORK CI

Auspices:
Mental Health

Program Status:
Active Program Category Level: 2

Compendium Program: State ID Card
Gender Specific for: BOTH; RT Program Code: I6
Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
****

Facilities:
BRIDGEPORT CC; BROOKLYN CI; CENTRAL OFFICE; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

Auspices:
Programs & Treatment Unit
Treatment Types:
Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Education, Employment, and Financial Situation; Employment/Financial

Types:
Re-Entry

Program Status:
Active Program Category Level: 3

Compendium Program: Stress Management
Gender Specific for: MALE; RT Program Code: GR
Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False
Description:
This program is designed to help offenders learn to manage their stress and anger issues both in an institutional setting and on the outside. Some techniques taught include relaxation techniques and facing fear of change.

Facilities:
GARNER CI

Auspices:
Health Services

Treatment Types:
Life Skills (LS); Mental Health (MH)

Domains:
Family and Social Support; Substance Abuse and Mental Health

Types:
Anger Management; Health Education; Mental Health; Self Improvement

Program Status:
Active Program Category Level: 3

Compendium Program: Taleem
Gender Specific for: MALE; RT Program Code: 0
Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False
Description:
A study of text and themes from the Quran with life application.

Facilities:
BRIDGEPORT CC; CHESHIRE CI; CORRIGAN CI; ENFIELD CI; GARNER CI; MACDOUGALL CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WALKER RC

Auspices:
Religious Services

Treatment Types:
Target is an acronym for Trauma Adaptive Recovery Group Education and Therapy. This program guides participants through a series of steps. Psycho education is provided on Post-Traumatic Stress Disorder and skills are taught that permit trauma survivors to deal with the internal distress that often affects people with trauma histories. The emphasis is on learning about the disorder and acquiring the tools to permit a higher level of functioning. Target also prepares participants to engage in intensive therapy in dealing with their personal stories.

Facilities:
GARNER CI; YORK CI

Auspices:
Health Services

Treatment Types:
Life Skills (LS); Mental Health (MH)

Domains:
Abuse/Trauma; Family and Social Support; Mental Health; Substance Abuse and Mental Health

Types:
Mental Health

Program Status:
Active Program Category Level: 3
Active Program Category Level: 2

Thresholds

This is a community-based therapeutic counseling system specifically designed for delivery by trained volunteers. It focuses on developing decision-making and problems-solving skills.

Facilities:
CHESHIRE CI; CYBULSKI CI; GARNER CI; MANSON YI; YORK CI
Auspices: All Facility Staff; Contracted Program; Volunteer Services

Treatment Types: Cognitive Behavioral Therapy (CBT); Reintegration Enhancement/Relapse Prevention (RERP)

Domains: Anger/Hostility; Antisocial Friends; Criminal Attitudes and Behavioral Patterns; Self Efficacy

Types: Anger Management; Self Improvement

Program Status: Active Program Category Level: 3

Compendium Program: Transitional Linkage into the Community (TLC)

Gender Specific for: BOTH; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description: Transitional Linkage into the Community (TLC) is a program of Community Partners in Action which provides discharge planning for inmates with HIV/AIDS. TLC serves every prison and jail in the state, and works with clients returning to every region of the state. TLC case managers meet clients' emergency needs upon release, and connect them with services in their local communities for continuing care and assistance.

Facilities:
BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RAGGOWSKI CI; WALKER RC; YORK CI

Auspices: Health Services

Treatment Types: Behavior Modification (BM); Mental Health (MH); Reintegration Enhancement/Relapse Prevention (RERP)

Domains: Abuse/Trauma; Employment/Financial; Housing Safety; Mental Health; Relationships; Self Efficacy; Substance Abuse; Substance Abuse and Mental Health

Types: Health Education; Re-Entry

Program Status: Active Program Category Level: 3

Compendium Program: Trauma Informed

Gender Specific for: MALE; RT Program Code: TI

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description: Identifying and discussing various types of trauma and learning effective ways to cope.

Facilities:
GARNER CI

**Auspices:**
Mental Health

**Treatment Types:**
Life Skills (LS); Mental Health (MH)

**Domains:**
Substance Abuse and Mental Health

**Types:**
Unknown

**Program Status:**
Active Program Category Level:3

**Compendium Program:** Turning Point Program

**Gender Specific for:** MALE; RT Program Code: 0

**Open Close:** True, Session Group: False, Session Numbers: 1, Evidence Based: False

**Description:**
In this program specially screened long and short sentenced inmates speak to students (normally juvenile delinquent referrals) about "if they knew then what they know now." Students tour the facility and engage in a group discussion with inmates surrounding the topics of problems, consequences, effects and solutions. The purpose is to deter students in the community from criminal activity in a respectful, non-threatening forum.

**Facilities:**
GARNER CI

**Auspices:**
All Facility Staff; Volunteer Services

**Treatment Types:**
Life Skills (LS)

**Domains:**
Family and Social Support; Peer Associations

**Types:**
Community Service; Self Improvement

**Program Status:**
Active Program Category Level:3
Compendium Program: USD #1-Mandatory Education Unit (MEU)
Gender Specific for: MALE; RT Program Code: 0
Open Close: True, Session Group: False, Session Numbers: 446, Evidence Based: False
Description:
SRG designated inmates housed at Garner CI. Youth Education Unit (YDU) are provided with comprehensive educational services. YDU is comprised of a mixture of both special and regular education students and who are between the ages of 18 and 22. The education within YDU prepares students to achieve their GED and/or High School Diploma along with transitional counseling services. Special education students are provided with the services and support required by their Individual Education Plans (IEP). Additionally, all subjects and educational levels are addressed in the daily AM and PM classes offered. Students in the YDU are offered the same number of educational hours as students housed in the general population. Name changed from Youth Development Unit (YDU) 08082016.

Facilities:
GARNER CI

Auspices:
USD#1

Treatment Types:
Education (Ed)

Domains:
Education, Employment, and Financial Situation

Types:
Youth SRG

Program Status:
Active Program Category Level: 1

Compendium Program: USD#1 Adult Basic Education (GL 5-8)
Gender Specific for: BOTH; RT Program Code: 51
Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False
Description:
ABE is a primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. The program is directed toward increasing academic proficiency. ABE 2 is provided to individuals who have been assessed by the education unit with a 5-8 grade level.

Facilities:
BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WILLARD CI; YORK CI

Auspices:
USD#1

Treatment Types:
### Compendium Program: USD#1 Adult Basic Education (GL 9-12)

<table>
<thead>
<tr>
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<th>BOTH; RT Program Code: 52</th>
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<td>True, Session Group: False, Session Numbers: 1, Evidence Based: False</td>
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**Description:**
ABE is the primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. The program is directed toward increasing academic proficiency. ABE 3 is provided to individuals who have been assessed by the education unit with a 9-12 grade level.

**Facilities:**
BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

**Auspices:**
USD#1

### Compendium Program: USD#1 Adult Basic Education 4 (GL 0-12)

<table>
<thead>
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<td>Open Close:</td>
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</tbody>
</table>

**Description:**
ABE is the primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. The program is directed toward increasing academic proficiency. ABE 4 is provided to individuals who have been assessed by the education unit with a 0-12 grade level.

**Facilities:**
Auspices:
USD#1

Treatment Types:
Education (Ed)

Domains:
Education;Education, Employment, and Financial Situation

Types:
Academic Education

Program Status:
Active Program Category Level: 1

Compendium Program: USD#1 GED/High School Diploma

Gender Specific for: BOTH; RT Program Code: 86

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
The GED is the primary program of instruction for students functioning above an eighth grade level who wish to earn a State of Connecticut high school diploma through the examination process. GED Tutors and volunteers assist Department teachers by helping inmates prepare for the GED Exam and/or by helping to teach basic language skills.

Facilities:
BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WILLARD CI; YORK CI

Auspices:
USD#1

Treatment Types:
Education (Ed)

Domains:
Education;Education, Employment, and Financial Situation

Types:
Academic Education

Program Status:
Active Program Category Level: 1
Compendium Program: Valid Photo Driver's License
Gender Specific for: BOTH; RT Program Code: I1
Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False
Description:
****
Facilities:
BRIDGEPORT CI; BROOKLYN CI; CENTRAL OFFICE; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI
Auspices:
Programs & Treatment Unit
Treatment Types:
Reintegration Enhancement/Relapse Prevention (RERP)
Domains:
Education, Employment, and Financial Situation; Employment/Financial
Types:
Re-Entry
Program Status:
Active Program Category Level: 3

Compendium Program: VOICES (Victim Offender Institutional Correctional Educational Services)
Gender Specific for: BOTH; RT Program Code: 03
Open Close: True, Session Group: False, Session Numbers: 15, Evidence Based: True
Description:
Victim Offender Institutional Correctional Educational Services. This program is designed to use volunteer support to broaden inmates' understanding and sensitivity to the impact of their crime on others.
Facilities:
BROOKLYN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; RADGOWSKI CI; ROBINSON CI; WILLARD CI; YORK CI
Auspices:
All Facility Staff; Contracted Program; Programs & Treatment Unit; Safe Passage; Volunteer Services
Treatment Types:
Victim Impact (VI)
Domains:
Anger/Hostility; Antisocial Attitudes; Criminal Attitudes and Behavioral Patterns
Types:
Anger Management; Family; Victim
Program Status:

As of: 08/10/2021
Active Program Category Level:2

Compendium Program: Wellness/Health Awareness

Gender Specific for: MALE; RT Program Code: G2

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
Any offender without disciplinary exclusion introduced to healthy lifestyle exercises. May include Yoga, Expressive Arts Therapy, Stress Management, Nutritional Guidance, etc-

Facilities:
GARNER CI

Auspices:
Recreation Services

Treatment Types:
Mental Health (MH)

Domains:
Substance Abuse and Mental Health

Types:
Recreation

Program Status:
Active Program Category Level: 0