

Opioid Services Overview

Luiza Barnat, Director of Opioid Services

DMHAS

Opioid Services Team

- Luiza Barnat, Director
- Katie Ramos, OSAC Administrator
- Justin Mehl, Opioid Services Coordinator
- Christy Knowles, Opioid Project Lead

Connecticut's Action Plan

- Prevention
- Recovery Support
- Harm Reduction
- Treatment
 - Evidenced Based

Collaboration Across Agencies

- Department of Mental Health and Addiction Services (DMHAS)
- Department of Public Health (DPH)
- Department of Children and Families (DCF)
- Department of Social Services (DSS)
- Department of Corrections (DOC)
- Court Support Services Division (CSSD)

Over \$100 Million in Federal Grant Awards

CT Medication Assisted Treatment Expansion Grant (MATx)

- \$3 million over three years
- September 2016 – 2019

CT State Targeted Response to the Opioid Crisis Grant (STR)

- \$5.5 million each year over two years. Total \$11 million
- May 2017 – April 2019

CT State Opioid Response (SOR) Grant

- \$11 million each year over the first two years: Oct 2018 – Sept 2020
- Additional \$5.8 million supplemental grant
- \$ 14 million per year: Oct 2020 – Sept 2024

COSSAP Grant

- \$6 million over three years: Oct 2021 – Sept 2024

PROUD (Parents Recovering From Opioid Use Disorders)

- \$2.7 million over three years: 2020-2023

Connecticut Drug Overdose Data

- OCME data overview
- DPH data report
 - 1531 confirmed overdose deaths in 2021
 - 1467 confirmed overdose deaths in 2022
 - 85% of fentanyl analog involved in these deaths
 - 24% deaths involved xylazine
 - Around 60% of decedents died at a residence

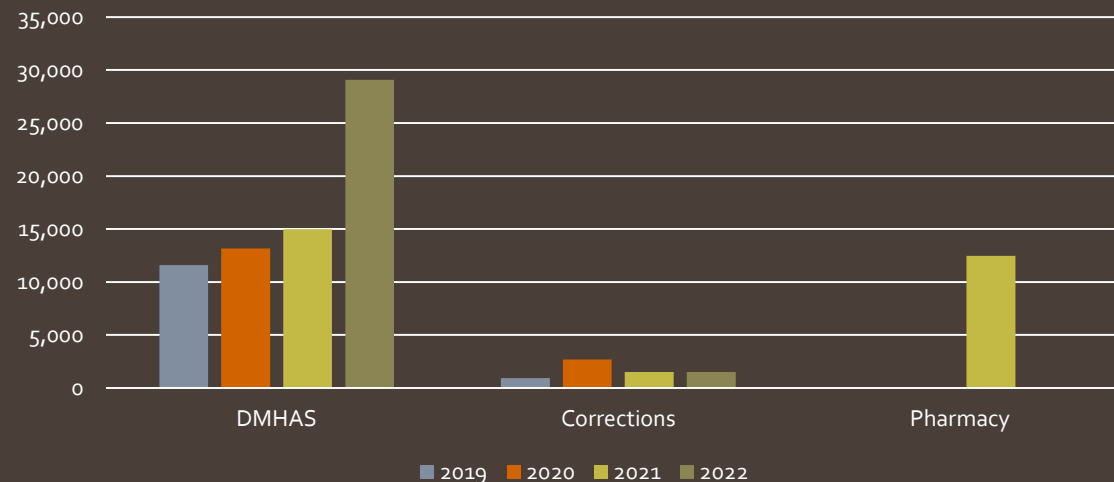
CT
Department of
Mental Health
and Addiction
Services
(DMHAS)
Priorities

- Naloxone
- Treatment
- Recovery Supports
- Outreach and engagement
- Overdose Prevention
- Harm Reduction
- Public Education
- Family Support
- Criminal Justice Interventions

Naloxone Saturation Plan

- DMHAS Regional Behavioral Health Action Organizations (RBHAO's)
- Department of Correction, Parole
- Department of Public Health
- ALL Hospital Emergency Departments Statewide
- ALL DMHAS facilities
- Police departments, fire departments
- Private non profit recovery support and treatment providers

Naloxone Distribution in Connecticut




Treatment

- Residential through outpatient levels of care
- Residential for Pregnant and Parenting Women (PPW)
- Medication has been proven to be the best treatment for opioid use disorders (methadone, buprenorphine, naltrexone). That does not mean that some people cannot free themselves of opioids by other means such as NA or other peer support networks or faith interventions
- Clinic Based Medication Assisted Treatment (MAT)
- Enhanced: MAT +recovery coaching+ employment services
- https://public.tableau.com/views/CTBHPMedicaidMATProviderMap/TreatmentProviders?:embed=y&:display_count=yes&:showVizHome=no

Addiction Bed Availability Website

- www.ctaddictionservices.com
- Real-time bed availability for DMHAS addiction beds



Connecticut Department of Mental Health and Addiction Services
Addiction Services Bed Availability

[home](#) [about](#) [faq](#) [links](#)

Disclaimer: This website is for information only. Admission is not guaranteed even if availability is reported on this site. Call a program and complete their initial screening process for admission. **Note:** If a program shows no open beds, please call for waitlist options.

[Detox Programs](#) [Residential Treatment](#) [Recovery Houses](#) [Sober Houses](#)

Detox Programs	City	Phone	Open	As of
Medically managed detox				
CT Valley Hospital (CVH) - Blue Hills Hospital, Detox	Hartford	860-293-6400	0	7:29 am
CT Valley Hospital (CVH) - Merritt Hall, Detox	Middletown	800-828-3396 x5	2	7:51 am
Medically monitored detox				
Cornell Scott Hill Health Center - South Central Rehabilitation Center (SCRC), Detox	New Haven	203-503-3639	4	8:57 am
InterCommunity - Residential Detox	Hartford	860-569-5900 x515	5	8:48 am
MCCA - Residential Detox	Danbury	203-792-4515	0	7:30 am
Recovery Network of Programs (RNP) - First Step Detox	Bridgeport	203-416-1915	0	4/03
Rushford - Residential Detox	Middletown	877-577-3233	1	8:35 am
Southeastern Council on Alcoholism and Drug Dependence (SCADD) - Residential Detox	New London	860-447-1717	4	8:05 am

Access Line 1-800-563-4086

- Statewide toll-free number for people seeking treatment and information about treatment and services
- Answered 24/7/365
- Screenings via conference call with the caller, Access Line operator and provider
- Transportation to withdrawal management/detox and some residential treatment is available when necessary

Opioid Treatment Programs (OTP)

- DMHAS Oversight: State Opioid Treatment Authority (SOTA)
- Methadone Maintenance programs
- Withdrawal Management programs if utilize methadone protocol
- 22,397 individuals served in 2021 vs 21,903 individuals served in 2020
- 50 OTPs in CT
 - 11 withdrawal management programs
 - 32 methadone maintenance clinics
 - 1 located in VA (West Haven)
 - 7 OTPs located within DOC facilities (6 PNP, 1 DOC)
- OTP Regulatory Standards

Recovery Supports

- Recovery Coaching (Hospital ED's, Outpatient clinics, Methadone Clinics)
- "How Can We Help: Outreach to overdose survivors and family members
- CT Harm Reduction Drop-In Centers
- Imani Breakthrough – faith-based initiative
- Mobile Employment
- Mobile MAT
- Sober housing vouchers (ABH)
- Women's REACH program

Mobile Recovery Support and MAT



Imani Breakthrough Project

A cultural and faith-based recovery initiative for Black and Latinx communities

What is the meaning of Imani?

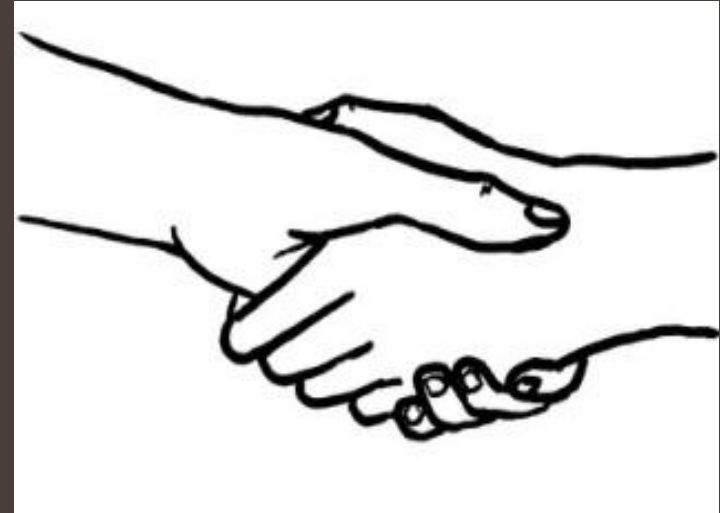
Imani means “faith” in Swahili.

The model combines Yale’s Citizenship concept with the 8 Dimensions of Wellness



“How Can We Help?”

- Overdose Outreach and support for individuals and families
- Community Based
- Health Departments, First Responders, Recovery Coaches/Navigators, and faith based support
- Harm reduction and connection to care



Mobile Employment Services (MES)



- Dayville
- East Hartford
- Hartford
- North Haven
- Stamford
- Torrington

Family Support

- TriCircle Inc. – grief support groups
- Six family support groups statewide:
 - Clifford Beers Clinic, New Haven
 - Community Renewal Team, Hartford (2)
 - McCall Foundation, Torrington
 - NAMI Connecticut, Waterbury
 - Sound Community Services, New London

Women's Recovery Support Programs and Outpatient Services

- **15 beds statewide**
 - Designed for pregnant/ parenting women and their children – may reside in the program together
 - Coordination with community treatment and recovery supports
 - Daily on-site groups focused on supporting recovery
 - 24/7 staffing
- **Community based outpatient and intensive outpatient services**
 - Gender specific and trauma informed
 - On site childcare to reduce barriers to treatment

Women's REACH Program

Recovery

- Multiple pathways to support healthy lives- all Navigators are women with personal lived experience

Engagement

- Meeting women in their community
- No wrong door to enter services

Access

- Making connections for community-based resources
- Facilitating warm handoffs to treatment

Coaching

- Using shared experiences to encourage, support, advocate and provide a listening ear

Healing

- Modeling that recovery is possible and accessible

Substance Exposed Pregnancy Initiative of CT (SEPI-CT)

SEPI-CT (formally SEI-FASD Statewide Initiative) aims to strengthen capacity at the community, provider, and systems levels to improve the health and well-being of infants born substance exposed through supporting the recovery of pregnant people and their families.

This initiative is funded by CT DMHAS and CT DCF and contracted through Wheeler.

Potential to incorporate messaging about fentanyl lethality, secure storage and environment, into ongoing health campaigns, create a landing spot on soon to be launched SEPI website and/or create a companion video to soon to be launched Family Care Plan video.

Youth Recovery Services

- Partnership with DCF
- Youth Recovery CT @ [YouthRecoveryCT | Alternative Teen Addiction Support](#)
- For youth ages 16-24
 - SMART Recovery Groups
 - Alternate Peer Groups
 - Friends and Family groups
- Recovery management check-ups CRAFT parenting groups

Justice- Related Interventions

- Methadone maintenance at nine DOC facilities
- “Treatment Program Pathway” (TPP) - Recovery Coaches at Bridgeport, New London, Waterbury and Torrington Courts
- Early Screening Intervention (ESI) - Resource Counselors at five additional courts

Media
Campaign



RECOVERY
STARTS WITH **LOVE**

LiveLOUD.org dmhas **LIVE LOUD**

CAN YOU SPOT



THE FAKE?

Learn more to stay safe LiveLOUD.org dmhas **LIVE LOUD**

Change the Script: DrugfreeCT.org

The screenshot displays the DrugfreeCT.org website with a yellow header bar containing the text "COVID-19: Behavioral Health Resources >". Below this is the site's logo and a navigation menu with links for "Prevention", "Harm Reduction", "Treatment", "Recovery", "Resources", and "Search". A secondary navigation bar lists categories: "PRESCRIPTION / OTC DRUGS", "ILLICIT DRUGS", "MARIJUANA", "VAPING & SMOKING", and "ALCOHOL". The main content area features a purple background with the headline "Helping Connecticut understand, prevent, and recover from substance use disorders". Four hexagonal call-to-action boxes are arranged horizontally, each with a title, description, and a link. A yellow callout box on the right provides a 24/7 helpline number.

COVID-19: Behavioral Health Resources >

drugfreeCT.org

Prevention Harm Reduction Treatment Recovery Resources Search

PRESCRIPTION / OTC DRUGS ILLICIT DRUGS MARIJUANA VAPING & SMOKING ALCOHOL

Helping Connecticut understand, prevent, and recover from substance use disorders

Let's
#MentionPrevention
COVID-19 & alcohol
awareness campaign
VIEW CAMPAIGN >

Administering Naxolone
during COVID-19
LEARN MORE >

LiveLOUD Live Chat
connects you with
recovery coaches
TALK TO A COACH >

For 24/7 substance use
treatment call 1-800-
563-4086
FIND TREATMENT >

For 24/7 help call
1-800-563-4086

Questions?

Contact information:

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860-335-9857

List of DMHAS websites with additional information:

[Opioid Services \(ct.gov\)](#)

[Women's and Children's Services \(ct.gov\)](#)