## Sneha: Who We Are

Means Affection/Friendship

#### • Mission:

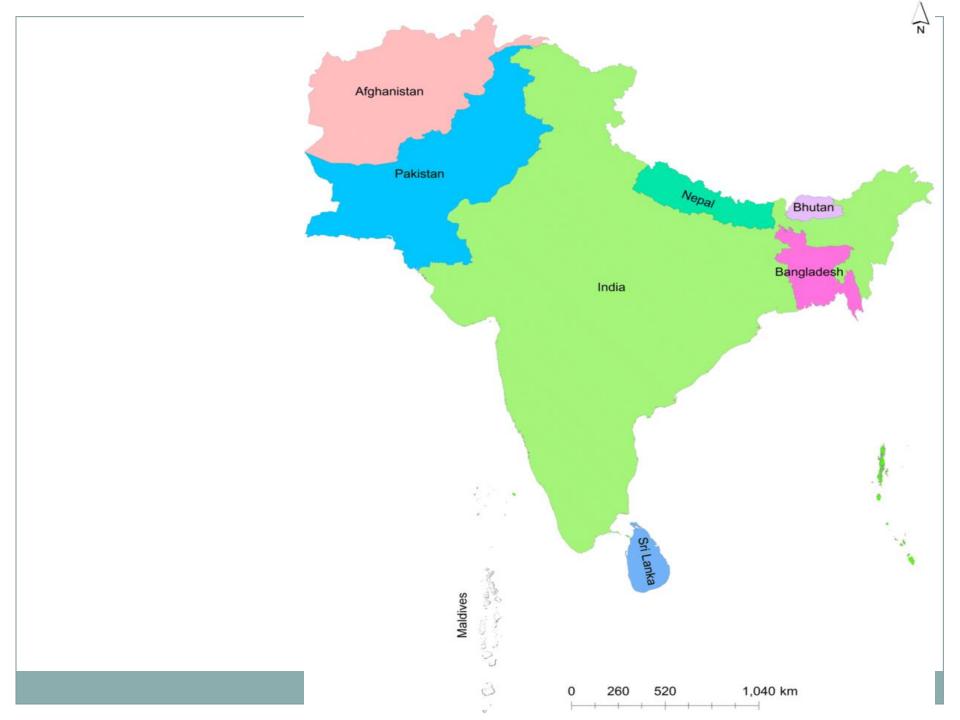
- Offer support to South Asian women survivors of interpersonal Violence (IPV) in CT
- Promote & encourage dialogue around topics including generational shifts, immigration & acculturation

## Sneha: Who We Are

Founded in 1983

Became a non-profit in 1998

• 100% VOLUNTEER Based



## By the Numbers: Asians Indians in CT



## **Fastest Growing Community**

- Asians projected to be the fastest growing immigrant group in Connecticut mainly from China and India
- Growth of Asian immigrant group from 2010-2020:30%\*
- Origin of largest immigrant group is Southeast Asia \*
- For eg, Asian population in Rocky Hill most of which hails from India, nearly doubled from 9.8% in 2010 to more than 18% in 2020.\*
- \*Data from APIAVOTE
- \*Hartford business journal article

## Cultural

#### **Gender Roles & Status**

- South Asian culture is identified as a collectivist culture with emphasis on the goals of the family rather than individual goals.
- Asian women are traditionally expected to marry, be obedient helpers, and respect the authority of males.

#### Forms of DV

- Literature has noted that typical forms of abuse practiced by South Asian men are:
- Isolation
- Threats of jail/deportation
- Withholding of money/food
- Abandonment
- Sexual, physical and mental abuse.

## **Barriers to Seeking Services**



- Feelings of obligation/gender Roles/Collectivism
- Feelings of stigma, guilt and shame
- Stigma around Services
- Isolation/Lack of Social Support
- Loss of Routine, Personal Space, Freedom
- Level of Education
- Arranged
   Marriages/Extended
   Families

#### Linguistic

- Limited English proficiency
- Limited access to Interpreters

#### Myths

- Model Minority
- Uncommon

## **Barriers to Seeking Services**

#### Economic

- Limited Work Opportunities
- Immigration work status
- Lack of Income
- Limited means of Transportation

### Legal

- Immigration Status
- Misinformation of Legal System
- Fear of Police and judicial system
- Fear of deportatin
- Fear of Loss of Custody of Children
- High Standard of Proof

## Our Programs/Services



Exploration of Choices

**Linguistic Support** 

Practical Needs/Funding

#### Referrals

Legal, counselors, doctors

Contacts to local community agencies Housing/ Jobs

Finance driving lessons, basic needs, mobilize the larger community for other help

# Community Education & Conversation

Training to Religious Entities

Support to CCADV

Promote dialogue around S Asian topics by speaking at different forums.

## Contact Us

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