

Sneha: Who We Are



- Means Affection/Friendship
- Mission:
 - Offer support to South Asian women survivors of interpersonal Violence (IPV) in CT
 - Promote & encourage dialogue around topics including generational shifts, immigration & acculturation

Sneha: Who We Are



- Founded in 1983
- Became a non-profit in 1998
- 100% VOLUNTEER Based



By the Numbers: Asians Indians in CT



1990

11,755

2000

23,622

2010

50,806

2022

68,112

Fastest Growing Community



- **Asians projected to be the fastest growing immigrant group in Connecticut mainly from China and India**
- **Growth of Asian immigrant group from 2010-2020 :30%***
- **Origin of largest immigrant group is Southeast Asia ***
- **For eg, Asian population in Rocky Hill most of which hails from India, nearly doubled from 9.8% in 2010 to more than 18% in 2020.***
- ***Data from APIAVOTE**
- ***Hartford business journal article**

Cultural



Gender Roles & Status

- South Asian culture is identified as a collectivist culture with emphasis on the goals of the family rather than individual goals.
- Asian women are traditionally expected to marry, be obedient helpers, and respect the authority of males.

Forms of DV

- Literature has noted that typical forms of abuse practiced by South Asian men are:
- Isolation
- Threats of jail/deportation
- Withholding of money/food
- Abandonment
- Sexual, physical and mental abuse.

Barriers to Seeking Services



Cultural

- Feelings of obligation/gender Roles/Collectivism
- Feelings of stigma, guilt and shame
- Stigma around Services
- Isolation/Lack of Social Support
- Loss of Routine, Personal Space, Freedom
- Level of Education
- Arranged Marriages/Extended Families

Linguistic

- Limited English proficiency
- Limited access to Interpreters

Myths

- Model Minority
- Uncommon

Barriers to Seeking Services



Economic

- Limited Work Opportunities
- Immigration work status
- Lack of Income
- Limited means of Transportation

Legal

- Immigration Status
- Misinformation of Legal System
- Fear of Police and judicial system
- Fear of deportatin
- Fear of Loss of Custody of Children
- High Standard of Proof

Our Programs/Services



Direct Support

Exploration of Choices

Linguistic Support

Practical
Needs/Funding

Referrals

Legal,
counselors, doctors

Contacts to local
community agencies
Housing/ Jobs

Finance driving lessons,
basic needs, mobilize
the larger community
for other help

Community Education & Conversation

Training to Religious
Entities

Support to CCADV

Promote dialogue
around S Asian topics
by speaking at different
forums.

Contact Us



- www.sneha.org
- sneha@sneha.org
- 860-537-0795