



# Family Bridge

*From birth to home*

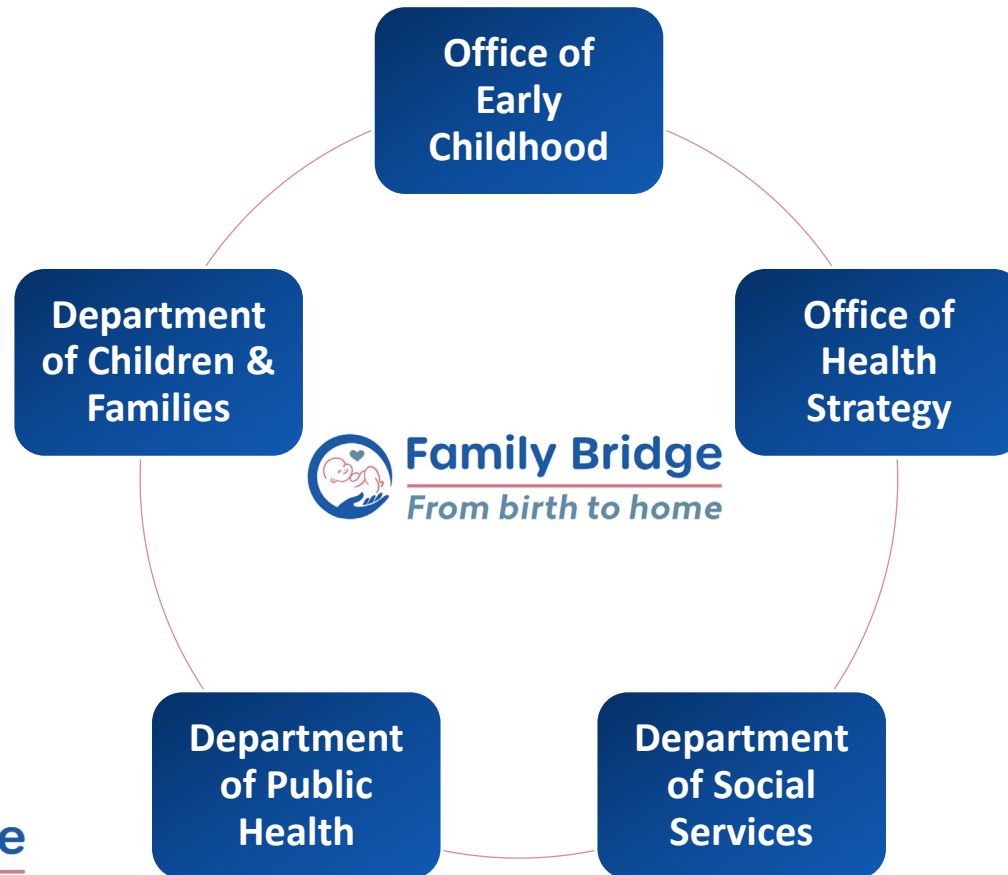
## Presentation to Council on Women and Girls

10.17.23



# Multi-Agency Collaboration

This innovative multi-agency collaborative aims to address the physical and social determinants of health that have adversely impacted many newborn families, exacerbated by Covid-19, and issues of morbidity and mortality to improve the health of new mothers and newborns.



# Family Bridge: Intent



## Population-level solutions

It is critical to **build population-level health impacts** and offer services to all families early in babies' lives. Broad, upstream interventions can prevent the health disparities that persist throughout life and were laid bare at a community-level by COVID-19.

## Reduced stigma for services



**Universal nurse home visiting reduces the stigma** associated with targeted eligibility requirements, which creates enrollment challenges for existing services statewide.

## Enhanced referral system



**Community health workers serve as an entry point** into Connecticut's existing service array and **connect high-need families to resources.**

# Family Bridge: Impact

Nationally, **MATERNAL MENTAL HEALTH** challenges cost \$14 billion per year<sup>2, 3</sup>

**Family Connects improves maternal mental health and child outcomes<sup>4</sup>**

**30% reduction**  
mothers experiencing  
postpartum  
depression or anxiety

**44% lower  
rates** of Child  
Protective Services  
investigations

**50% reduction**  
emergency room  
visits and hospital  
overnight stays

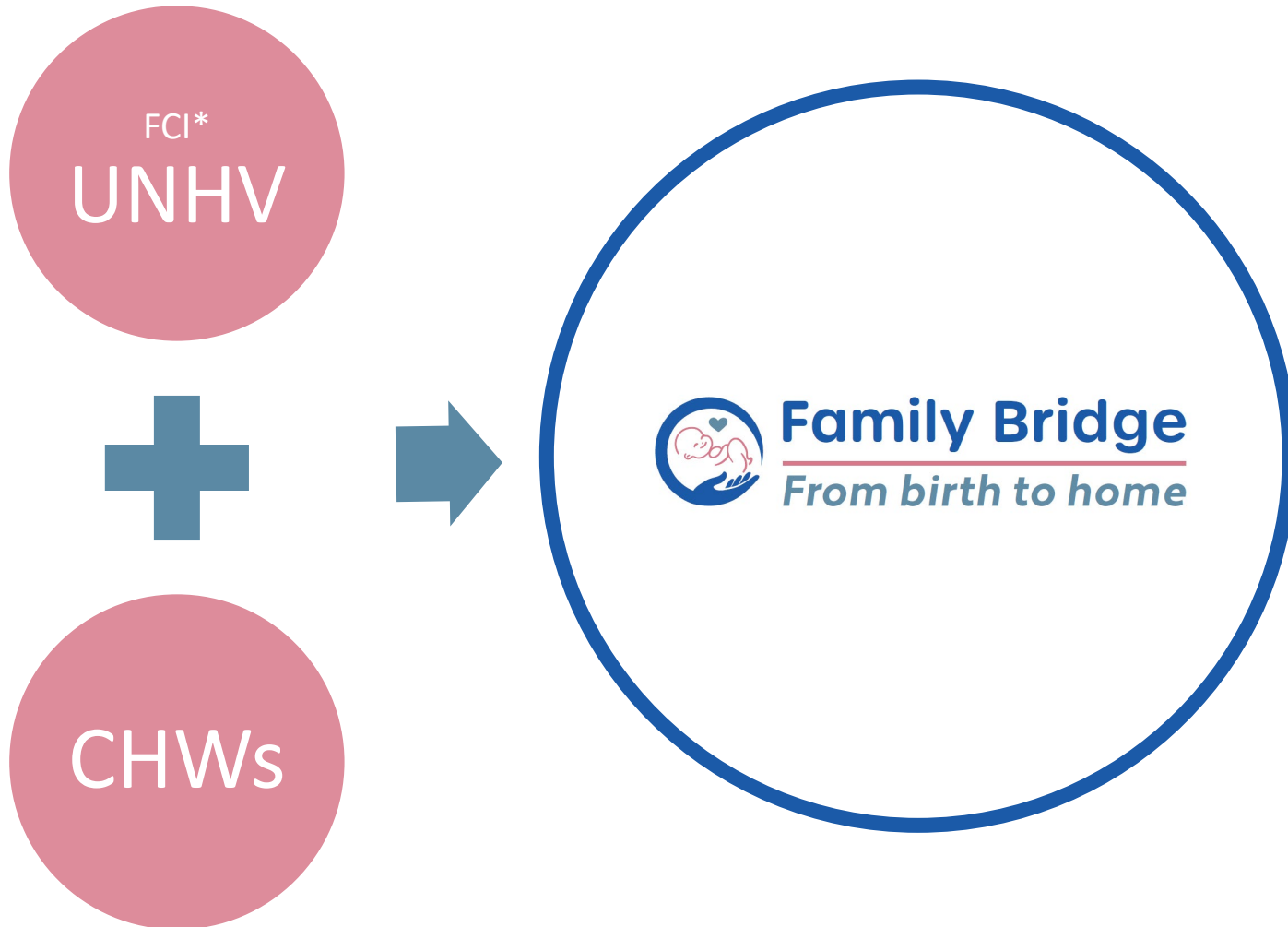
**15% increase**  
community  
connections

Mothers reported **more positive parenting behaviors**

**Family Connects (Universal Nurse Home Visiting) generates cost savings of \$3 for every \$1 in program costs<sup>5</sup>**

1. [Davenport et al. \(2020\)](#). 2. [Brown et al. \(2021\)](#). 3. [Moore et al. \(2021\)](#). 4. [Family Connects International website](#). 5. [Goodman et al. \(2019\)](#).

# What is Family Bridge?



# Family Bridge: Connecticut Model

## Program Overview

Family Bridge is currently being piloted in Bridgeport, CT. The pilot adheres to an evidence-based model developed by Family Connects International that will support UNHV registered nurses in the provision of 1-3 home visits to families with newborns. Families with additional needs will be connected to a CHW who will link families with local resources.

## Eligibility

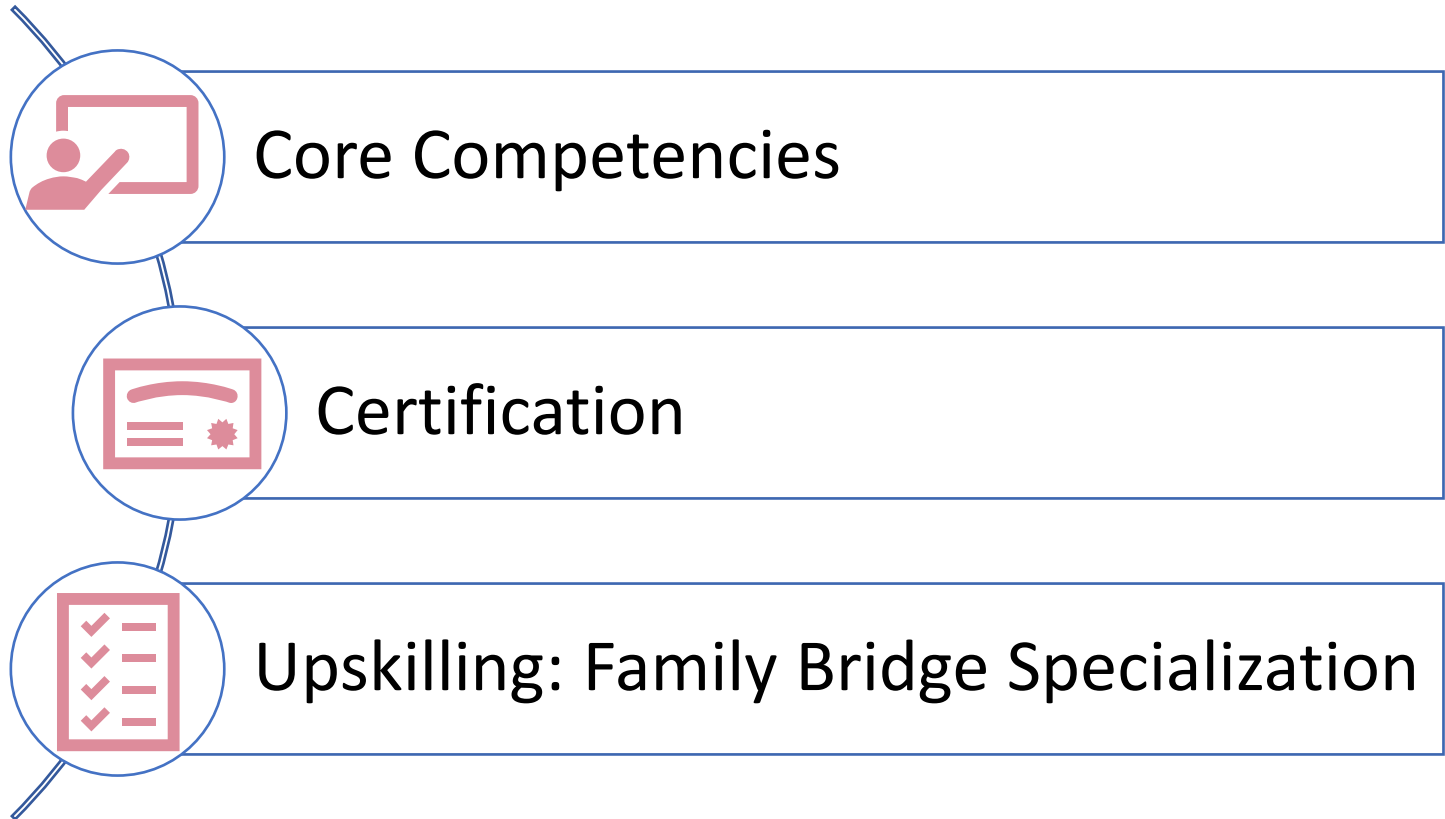
Any family who delivers their babies in the catchment area, **regardless of income, is eligible**

## Services Offered

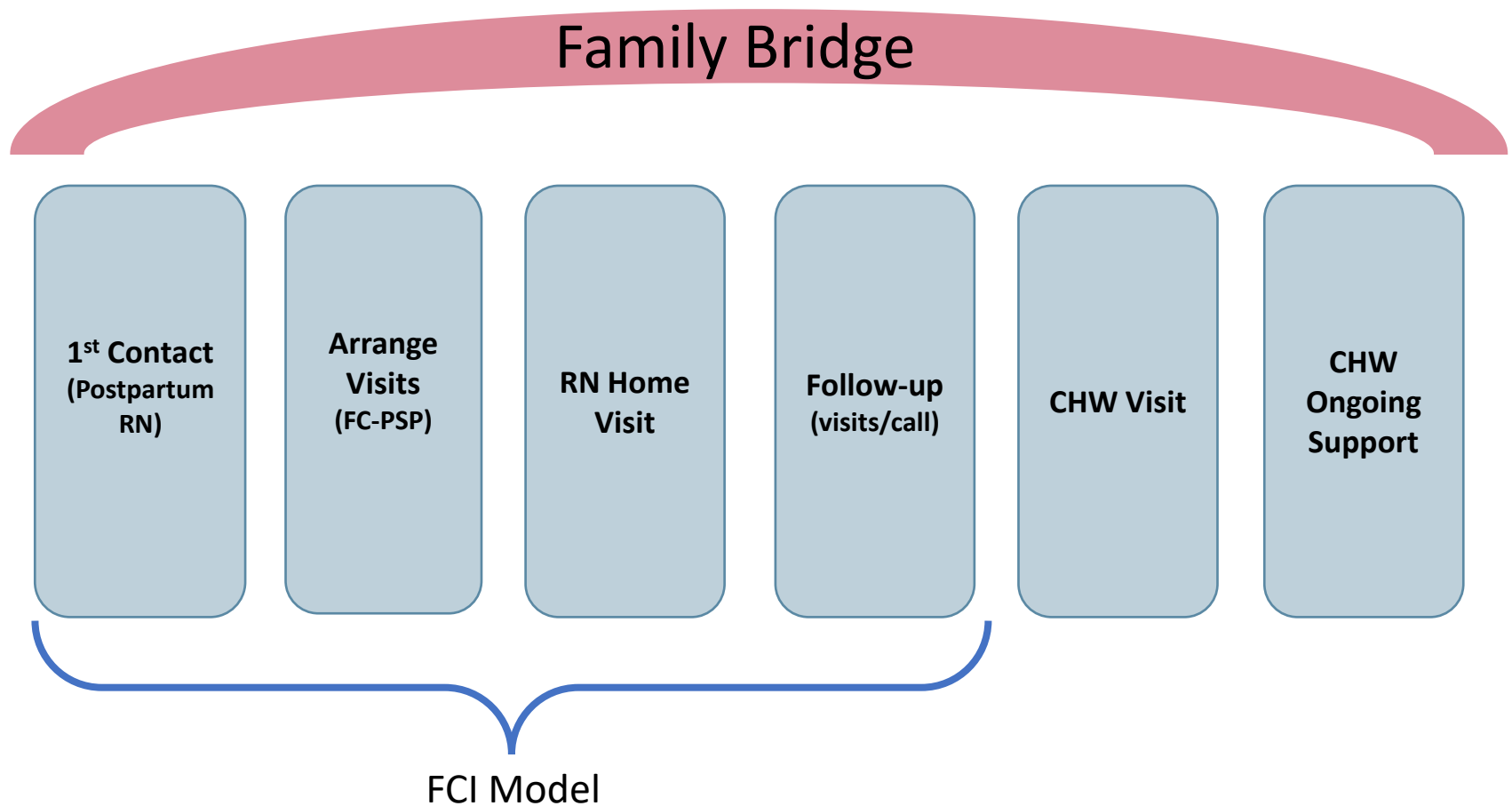
Families receive:

- **1-3 in-home postpartum visits at home by Registered Nurse**
- **Referrals to community resources and support from Community Health Workers**

# Family Bridge CHW Training

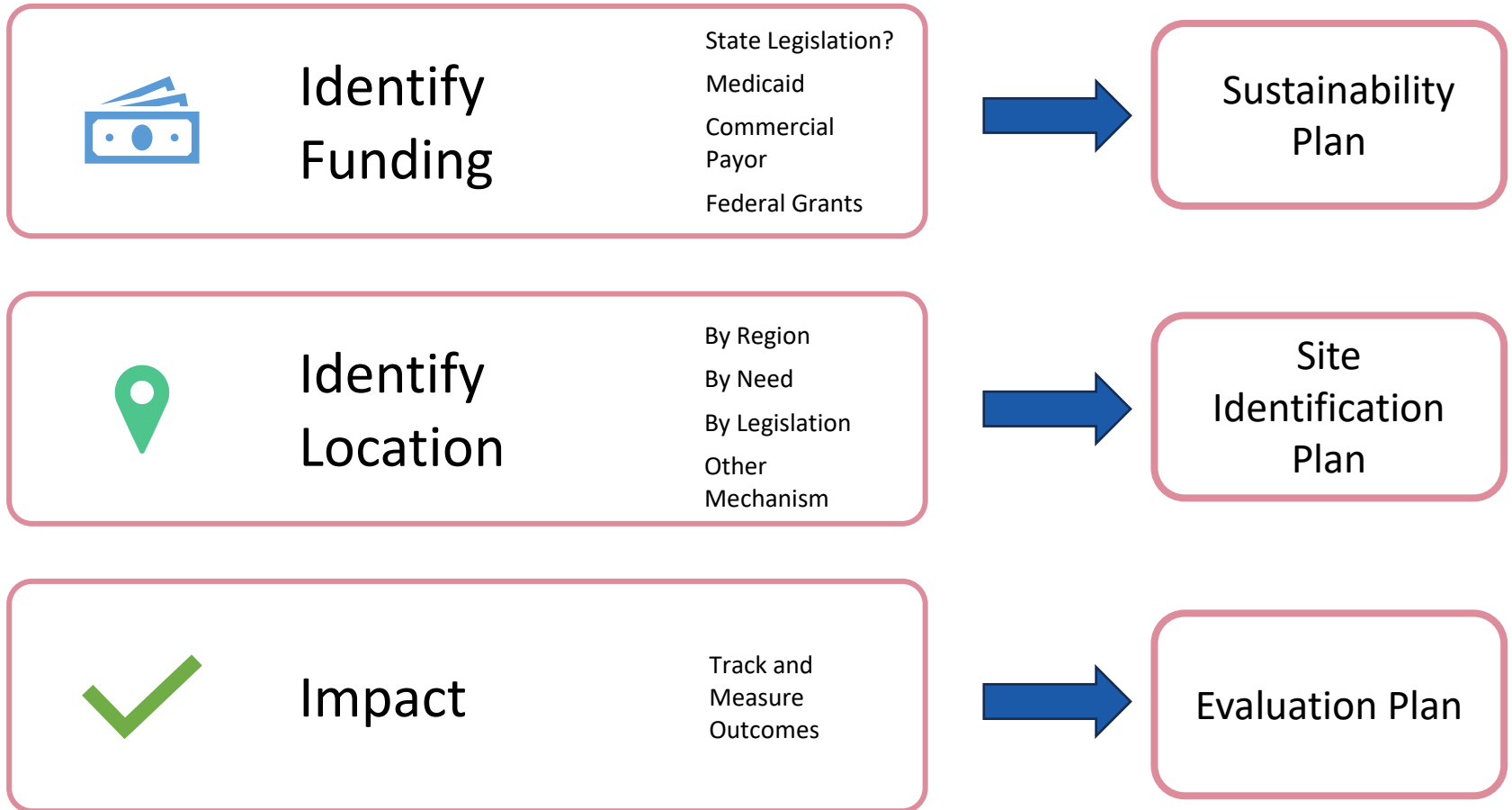


# Family Bridge: Service Integration Model





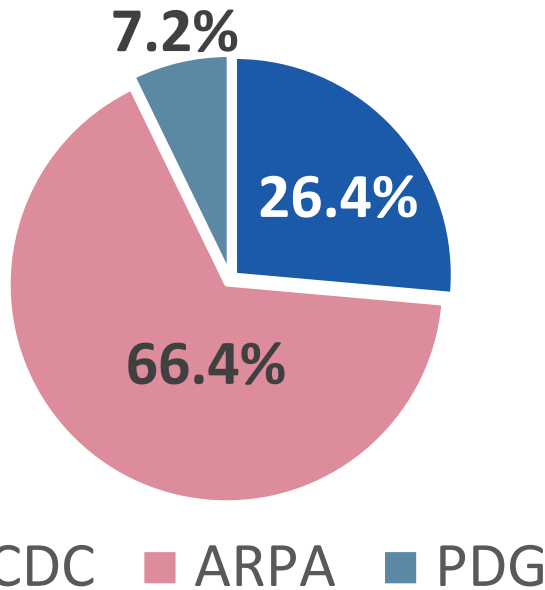
# Family Bridge: Service Integration Model



# Goal: Sustainability

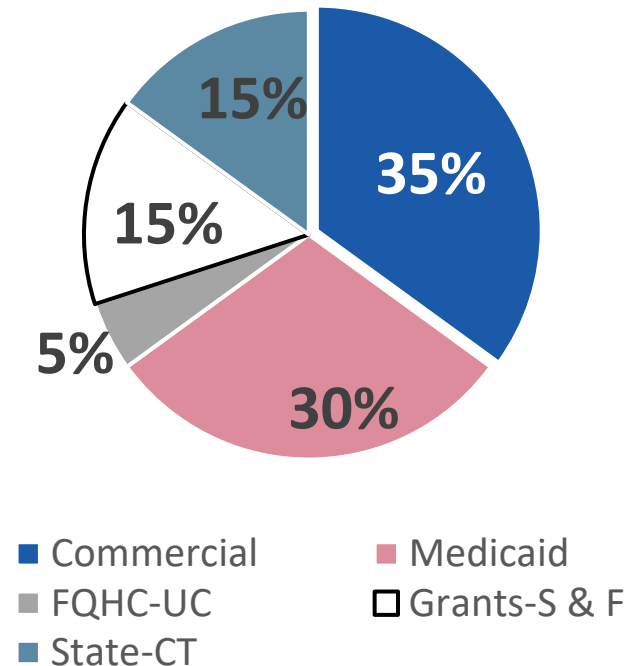
## Current Funding:

*State and Federal Grants*



## Future Goal:

*Diversification of Revenue Streams*



# Bridgeport - Current Funding Sources:

## PDG:

The Preschool Development Grant Birth through Five (PDG B-5) grant program co-administered by the Office of Child Care (OCC) at the Administration for Children and Families (ACF).

- **ARPA:**

American Rescue Plan Act-Coronavirus State and Local Fiscal Recovery Funds (CSLFRF)

- **CDC (via DPH):**

Center for Disease Control- CDC Health Disparity Grant Funding CDC-RFA-OT21-2103

# Plan: Sustainability

