STATE OF CONNECTICUT DEPARTMENT OF PUBLIC HEALTH

Raul Pino, M.D., M.P.H. Commissioner



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Environmental Health

EHS Circular Letter # 2017-46

DATE: November 30, 2017

TO: Directors of Health Chief Sanitarians

FROM: Jimmy Davila Epidemiologist Lead, Radon and Healthy Homes Program

RE: Healthy Homes Surveillance Report and Strategic Plan

The Connecticut Department of Public Health (CT DPH) Lead, Radon and Healthy Homes Program (LR&HHP) is pleased to announce the availability of the *State of Connecticut Department of Public Health Healthy Homes Surveillance Report* (Report) and the *Connecticut Healthy Homes 2017 Strategic Plan (Plan)*. While not yet viewable on our website, copies of the Report and Plan have been attached for your convenience.

The Report summarizes and evaluates data from over 1500 Healthy Homes assessments and 375 reassessments that were performed from September 2010 to September 2016 to determine the prevalence and persistence of hazards and health-related issues in Connecticut homes.

The Plan details the process and efforts of the CT DPH and partners from hospitals, local municipalities, other state and local agencies, and local health departments to align and guide Healthy Homes efforts across the state. The Healthy Homes Coalition will be convened to determine strategies to implement the goals outlined in the Plan.

We believe that you will find the Report and Plan to be both informative and useful. Should you have any questions regarding the Report and Plan, please feel free to contact the Lead, Radon and Healthy Homes Program at (860) 509-7299.



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State of Connecticut Department of Public Health 2017 Healthy Homes Surveillance Report



Healthy Homes Initiative

Good Health Begins at Home www.ct.gov/dph/healthyhomes





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EXECUTIVE SUMMARY

Background

The Connecticut Department of Public Health's Healthy Homes Initiative was developed as a holistic and comprehensive approach to achieving the vision that 'Every Connecticut resident lives in a healthy and safe home environment.' Based upon the recognized connection between a home's environment and health, the Initiative sought to address the physical, chemical, and toxic hazards in Connecticut homes through many program activities: in-home assessment is one such activity. Healthy Homes Assessments are led by experts who make an extensive examination of the home environment to identify problems, make recommendations or referrals, and provide safety equipment and other educational resources.

Data from the Healthy Homes Assessments conducted across Connecticut are a valuable source of information on the prevalence and persistence of hazards and health-related issues in Connecticut homes. This report summarizes Healthy Homes Assessment findings from 1,502 homes performed by six local health departments and one partner agency (Bridgeport Health Department, Milford Health Department, New Haven Health Department, Quinnipiack Valley Health District, Torrington Area Health District, Uncas Health District, and the Connecticut Children's Healthy Homes Program). The report also includes the results of reassessments conducted on 375 homes. The dates of the assessments and reassessments ranged from September 2010 to September 2016.

Home Characteristics

Most of the 1,502 homes assessed were multi-apartment rental homes (66%) followed by owner-occupied, single family homes (21%), single family rentals (8%), or other (4%). Assessed homes were older than the typical Connecticut home. Approximately 70% in the assessment sample were built prior to 1950 compared to 29% for the state overall. Over 40% of assessed homes had at least one child under age 6 and approximately 10% had at least one senior resident (age 65 or older).

Assessment Findings

A total of 56 individual deficiencies across 4 categories (general and exterior conditions, interior conditions, general home safety, and indoor environmental quality) were examined during analysis of the Healthy Homes Assessment data. At least one deficiency was noted in 99% of homes with a total of 20,882 deficiencies noted across the

7 Features of a Healthy Home

CLEAN – to reduce pests, dangerous chemicals, and asthma triggers

DRY – to reduce pests and mold

SAFE – to reduce accidents and injuries

FREE OF PESTS – to prevent diseases and reduce asthma triggers

WELL VENTILATED – to provide fresh air and reduce breathing problems

FREE OF DANGEROUS CHEMICALS (like lead, asbestos, radon) – to reduce poisonings, injuries, and other harmful effects

WELL MAINTAINED – to keep small problems from becoming big problems

Healthy Homes Data Book, Connecticut Department of Public Health, Healthy Homes Initiative 1,502 assessments (average of 13.9 deficiencies per home). Homes built before 1950 had a higher average number of deficiencies identified (14.9 per home).

Figure 1 illustrates the prevalence of a select set of deficiencies that are of particular concern as they directly relate to the key features of a healthy home (see side bar above). At Assessment, approximately one quarter to half of homes had at least one of these issues present. The most common issues were no bathroom grab bars in homes with senior residents (51%), damaged or peeling interior paint in older homes with children age 6 or younger (36%), no allergen encasings on mattresses/box springs (35.7%), and inadequate bathroom ventilation (35%).



FIGURE 1. PREVALENCE OF DEFICIENCIES OF MAJOR CONCERN AT ASSESSMENT

**Homes with children < 6 present AND built pre-1978 only N=572, due to risk of lead exposure

In addition to deficiencies in and around the home, eight specific imminent hazards were examined during the assessment. These were specific conditions considered to be immediate threats to health and safety, such as broken or missing stairs, inadequate stairwell lighting, or lack of carbon monoxide (CO) alarms. At least one imminent hazard was noted in 73% of homes with a total of 1,921 hazards noted across the 1,502 assessments (average 1.3 hazards per home).

FIGURE 2. PREVALENCE OF IMMINENT HAZARDS AT ASSESSMENT



Reassessment Findings

Of the 1,502 homes in the Healthy Homes Assessment sample, 375 were reassessed, which allowed for the examination of deficiency and hazard prevalence over time and the identification of issues found during the first home assessment that were corrected or remediated prior to being reassessed. Overall, the prevalence of most deficiencies declined slightly between the time of the assessment and the reassessment in this group of 375 homes, **Figure 3**. The one area that decreased to a notable extent was "mold growth" from 38.9% at assessment to 28.8% at reassessment.

FIGURE 3. CHANGE IN PREVALENCE OF DEFICIENCIES OF MAJOR CONCERN



*Homes with Senior present only, N=149

**Homes with children < 6 present AND built pre-1978 only N=572, due to risk of lead exposure

In this group of 375 homes, two of the most concerning imminent hazards decreased greatly in prevalence (**Figure 4**). The rate of missing/non-functioning smoke alarms decreased from 22.1% to 4.0%. Likewise, the rate of missing/non-functioning CO alarms decreased from 47.2% to 10.4%.

FIGURE 4. CHANGE IN PREVALENCE OF IMMINENT HAZARDS



Much of this improvement can be attributed to the number of smoke

and CO alarms that were distributed to homes at the time of the initial assessment (361 CO alarms and 386 smoke alarms were distributed across all 1,502 homes).

Analysis was focused at the individual home level rate to determine whether or not residents (or property owners) corrected or remediated deficiencies and hazards after they were identified. This 'case correction' varied greatly depending upon the deficiency or hazard examined. About a third of deficiencies and/or hazards were corrected in less than 20% of cases while about one in ten deficiencies and/or hazards were corrected in approximately two-thirds of cases. Issues that were corrected in a larger number of cases were predominately safety issues and hazards such as obstructed exits and walkways (40.9% case correction), smoke alarms (77.1% case correction), CO alarms (75% case correction), keeping cleaning supplies or chemicals out of children's reach (41.7% case correction), or lack of non-slip bath/shower surface in homes with seniors (38.9% case correction). Most other issues were corrected in less than 20% of cases identified during the initial Assessment.

Summary and Recommendations

The Healthy Homes Assessment and Reassessment data suggests that the issues and hazards identified during the Healthy Homes Assessments are both common and persistent over time, at the population level. Correction of identified issues and hazards, within the reassessment timeframe is also low at the individual case level, which suggests that residents face challenges in addressing issues in a timely manner. This is most concerning for those deficiencies and hazards that pose a particularly high risk to health.

Additional education and the identification of strategies is needed to assist residents and property owners with preventing hazards and/or the correction of hazards. *General Knowledge and Awareness* is one of the three priority areas of the 2017 Healthy Homes Strategic Plan. Additional priorities of the Plan include, focusing on the development of *Policies, Guidelines, and Practices;* the *Implementation* of a coordinated statewide approach to achieve and maintain a healthy and safe home environment; and the identification and development of a competent, multi-disciplinary *Workforce* with a holistic approach and practice to achieve healthy homes.

BACKGROUND

The Healthy Homes Strategic Plan, released by the Connecticut Department of Public Health in 2011, established the vision that *"Every Connecticut resident lives in a healthy and safe home environment."* This report represents one of the objectives outlined in the strategic plan, which is to provide access for partners to comprehensive compiled data for planning and coordination of Healthy Homes activities via a statewide data book of Healthy Homes inspection data and trends. As hazards in the home may cause or exacerbate a number of illnesses and injuries, this report aims to describe the current home environments of Connecticut residents and to quantify hazards identified during Healthy Homes Assessments in order to inform strategic planning activities. In 2009, the Surgeon General issued a Call to Action to Promote Healthy Homes using scientifically proven steps to reduce hazards in the home.¹ This report additionally serves to evaluate the impact of Connecticut's Healthy Homes interventions to remediate hazards that are identified during assessments.

Methods

The data presented in this report were retrieved from the Healthy Homes Surveillance System that was developed by the Lead, Radon, and Healthy Homes Program. The system, which went live in 2013, is web-based which allows for secure, remote access by local health department and partner agency staff. The question packages in the surveillance system mirror the Healthy Homes Assessment Checklist (HHAC) developed for use during inspections, allowing for easy manual entry of the data. Results are summarized across the 1,502 initial Healthy Homes Assessments and the 375 reassessments that were performed between September 10, 2010 and September 29, 2016 by six local health departments and one partner agency (**Table 1**):

- Bridgeport Health Department
- Connecticut Children's Healthy Homes Program (CCHHP) formerly Lead Action for Medicare Primary Prevention (LAMPP)
- Milford Health Department
- New Haven Health Department
- Quinnipiack Valley Health District
- Torrington Area Health District
- Uncas Health District

Assessment Information

A Healthy Homes Assessment (HHA) aims to identify hazards in the home that threaten the health and safety of the home's occupants. Although not a requirement, the Essentials for Healthy Homes Practitioners Training will provide the inspector with skills on how to identify and resolve hazards in the home. The inspector will perform a HHA using the DPH created HHAC, which outlines demographic information for the home and residents and hazards that may be found in the home. The inspector not only identifies the hazards, he/she reviews steps the occupants can take to minimize or eliminate the hazards. If the inspector is a regulating authority, he/she will also order the property owner to correct the hazards. If the inspector is not a regulating authority he/she is responsible for making a referral to

¹ U.S. Department of Health and Human Services. The Surgeon General's Call to Action to Promote Healthy Homes. U.S. Department of Health and Human Services, Office of the Surgeon General, 2009

the proper authority (e.g., local health department, local building official, local fire marshal) for enforcement. Detailed information related to the hazards included in this report is available in the *Connecticut Healthy Homes Data Book*, available at:

http://www.ct.gov/dph/lib/dph/environmental_health/eoha/pdf/hh_data_book.pdf.

	Assessments	Reassessments
Total	1,502	375
Bridgeport Health Department	344	1
Connecticut Children's Healthy Homes Program	855	259
(CCHHP), formerly LAMPP		
Milford Health Department	62	25
New Haven Health Department	44	0
Quinnipiack Valley Health District	44	17
Torrington Area Health District	97	31
Uncas Health District	56	42

TABLE 1. NUMBER OF ASSESSMENTS AND F	REASSESSMENTS CONDUCTED BY AGENCY
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FINDINGS

General Housing Characteristics

The General Housing Characteristics section of the assessment checklist contains questions that pertain to housing attributes such as the age of home, foundation type, type of ownership, heating, cooling and ventilation. The section also includes some occupant demographic information, such as the age of the occupants.

Type of Ownership

Most of the 1,502 homes assessed were multi-apartment rental homes (66%) followed by owneroccupied, single family homes (21%), single family rentals (8%), or other (4%). The category of 'other' was primarily comprised of owner-occupied multi-family homes. In contrast, the majority of homes in Connecticut overall are owner-occupied (67.5%) while a smaller proportion are renter-occupied (32.5%).² Thus, the homes targeted by the Healthy Homes intervention are characteristically distinct from the average Connecticut home.

Age of Homes

Homes that were included in Healthy Homes Assessments were also older than the typical Connecticut home. As illustrated in **Figure 5**, approximately 70% of homes assessed were built prior to 1950 and only 7.5% were built after 1978. Whereas, for the state overall, less than one third (18.5% nationally) of homes were built prior than 1950 and over a quarter (44.2% nationally) were built in 1980 or later.

The year a home was built is an important factor in assessing the health risks of a home. Those built prior to 1978, and particularly those built prior to 1950, pose the greatest risk of lead exposure due to the paint being manufactured with lead during that era. Children living in homes built prior to 1978 are

² US Census, American Community Survey, 5-year estimate (2011-2015)

at a higher risk of exposure to lead. In the assessment sample, there were a total of 1,293 homes built before 1978 and children under the age of 6 were living in 44% of these. More detailed data related to children and exposure to lead can be found in the *Indoor Environmental Quality* section.



FIGURE 5. AGE OF HOMES IN CONNECTICUT AND ASSESSMENT SAMPLE

^a DATA SOURCE: U.S. Census Bureau, American Community Survey, 5-Year Estimates, 2011-2015 NOTE: For the HH assessment sample, missing responses (N=104) were excluded when calculating percentages

Occupancy

While data on the age and number of occupants was unavailable for 144 (9.5%) of the 1,502 homes, the average occupancy for homes with data was 3.3 persons and the total number of occupants was calculated to be 4,542 individuals (997 children under age 6; 957 children age 6 or older; 2,395 adults age 18 to 64 years; and 193 seniors age 65 years or older). As illustrated in **Figure 6**, over 40% of homes in the assessment sample had at least one child under the age of 6 years and over a third of homes had at least one child that was age 6 years or older. A smaller proportion of homes had one or more seniors, age 65 years or older (9.9%), in residence.





NOTE: Categories are not mutually exclusive; percentages may not sum to 100%

Heating, Cooling, and Ventilation

Heating

The clear majority of homes in the assessment sample reported their heating fuel type to be natural gas or propane (69.4%) as shown in **Figure 7**. In contrast, only 37.1% of homes in Connecticut overall use natural gas or propane as their heating fuel type, while 44.0% of homes in Connecticut utilize oil³.

Additionally, assessments indicated that 68.4% of the 1,502 homes used radiators/baseboard as their heating source and 26.6% of homes used forced hot air. Access to heating controls was recorded as 'hard to control' or 'no access to control' among 13.1% of homes assessed and the proportion was slightly lower among owners (12.0%) compared to renters (13.8%).



FIGURE 7. HEATING FUEL USED BY ASSESSMENT SAMPLE

NOTE: Multiple responses allowed; percentages may not sum to 100%

Cooling and Ventilation

Among the 1,502 homes assessed, 57.7% used only windows and/or fans as a source of cooling. This rate was much lower among owner-occupied homes (36.4%) than renter-occupied homes (64.5%). Central or window A/C was reported for 35.3% of the assessed homes.

Ventilation is also included in the Healthy Homes Assessment. Proper ventilation allows fresh air to circulate and can reduce hazards of tobacco smoke, allergens, carbon monoxide, moisture, and mold. Poor ventilation can contribute to higher rates of respiratory illness. Among the 1,502 assessments, 65.9% of homes relied upon open windows only, while 22.4% reported using a window AC unit and 4.9% central ventilation. Reliance on open windows only was much more frequent among renter-occupied homes (71.1%) than owner-occupied homes (47.4%).

Exterior of Property

The section of the assessment pertaining to the exterior of the property relate to conditions that may contribute to pest problems, water intrusion (that may in turn lead to mold issues), lead paint hazards, drinking water source and septic system issues.

³ US Census, American Community Survey, 5-year estimate (2011-2015)

Exterior Conditions

As illustrated in **Figure 8**, many of the assessed items related to general home maintenance were observed deficient in owner-occupied homes more frequently than renter-occupied homes. Overall, 23.8% of homes assessed (26.9% of owner-occupied homes and 22.9% of renter-occupied homes) were observed to have at least one of the following issues: peeling or chipping paint, uncovered trash, debris in yard, or overgrown shrubs or grass – the first issue which could pose a lead-based paint hazard and the last three which are potential sources of food and harborage for pests.

Gutters, downspouts, and roof flashing were also examined in the assessments (**Figure 8**). While 19.9% of homes assessed had gutters or downspouts that were not attached, missing, or not functioning, the issue was noted much more frequently among owner-occupied homes (31.2%) than renter-occupied homes (16.9%). Likewise, 9.9% of all homes assessed had roof flashing that did not appear to be functioning and the issue was more often identified in owner-occupied homes (17.2%) than renter-occupied homes (8.0%). Such issues with water drainage present a problem as water may enter the home and contribute to mold growth. The presence of mold can have adverse effects on the health of the occupants, especially among those with respiratory diseases, such as asthma.



FIGURE 8. EXTERIOR CONDITIONS OF ASSESSMENT SAMPLE, BY OWNERSHIP

The condition of the paint on a home is especially important in homes built before 1978 due to the possibility of lead in the paint. Children under the age of 6 are at particular risk for severe and irreversible health effects due to exposure to lead. There is no known safe blood lead level (BLL).⁴ In Connecticut, children who are diagnosed with a blood lead level of $\geq 5 \ \mu g/dL$ are considered to be lead poisoned, and in 2015, there were 2,156 children under the age of six with blood lead levels that exceeded this amount.

The proportions of homes identified as having peeling or chipping exterior paint, stratified by the age of the home and presence/absence of children under 6, is detailed in **Figure 9**. The highest rate of peeling/chipping paint was observed in the oldest homes, 19.7% of homes built prior to 1950 had peeling or chipped paint. The proportions were lower in homes built between 1950 and 1977 (6.6%) and

⁴ Centers for Disease Control and Prevention, Lead https://www.cdc.gov/nceh/lead/data/learnmore.htm

built in 1978 or later (4.8%). Irrespective of the age of the home, the rate of peeling or chipping paint was slightly higher in homes with children under 6 years (18.6%) compared to homes with no children under 6 years (13.5%). A more detailed examination of lead exposure risk in young children can be found in the *Indoor Environmental Quality* section.





Windows

The functionality and structural integrity of windows was assessed and older homes were the most likely to have issues noted. As illustrated in **Figure 10**, 22.2% of homes built before 1950 had windows that did not function or open properly, compared to 11.9% of homes built between 1950 and 1977 and 12.4% of homes built in 1978 or later. Broken window glass and missing or torn window screens were also observed more frequently in homes built prior to 1950 (24.2% and 33.8% respectively). Non-functioning windows (inability to open and remain open) are a concern for the proper ventilation of a home because they may contribute to the growth of mold/mildew. Broken glass and torn/missing screens are not only safety hazards but also a route of entry for pests.

FIGURE 10. CONDITION OF WINDOWS IN ASSESSMENT SAMPLE, BY AGE OF HOME



Water and Septic

City sewers accounted for the source of sewage removal for the vast majority of the 1,502 homes assessed (90.6%), while 5.9% had septic systems. Three of the 88 homes with septic systems showed evidence of failure (breakout) at the time of assessment.

Similarly, the clear majority of homes assessed (94.8%) used public water as their source of water. Public Water Systems are required to monitor and test their drinking water. The most common drinking water emergency is contamination by bacteria that may cause gastro-intestinal related illnesses. The level of testing is dependent on the population served by the Public Water System. Community Public Water Systems, which serve at least 25 year-round residents, are required to provide annual Consumer Confidence Reports to their customers that include information on source water, levels of detected contaminants, and compliance with drinking water rules, such as the Safe Water Drinking Act. Among the 1,424 homes using public water, 87.4% reported they had no knowledge of their Consumer Confidence Reports. This proportion was slightly lower among owner-occupied homes (80.8%) and slightly higher among renter-occupied homes (90.0%).

A small number of homes (N=36) were identified as having private wells as the source of water. Unlike those with public water systems, private well owners must perform their own water testing to determine any potential contamination. Among the 36 homes with private wells, 61.1% (N=22) reported that the water had never been tested or it was not known if the water was tested. In regards to well construction, there were six of the 36 homes that had wells that were not visible or in pits. Wells located below the ground surface in pits may be more vulnerable to contamination. Poorly constructed well pits may flood, increasing the risk of potential surface water intrusion leading to contamination. Additionally, connections at the top of the well head may not be watertight and may allow the entrance of insects or other foreign matter into the well.

Interior of Property

The questions in this category of the assessment cover concerns such as cleanliness, physical damage to walls, ceilings, and floors, evidence of mold and moisture, ventilation, and sleep environment (in terms of allergens). The conditions of the windows in the home are also examined.

General Cleanliness

It was noted in the assessments that 23.2% of the 1,502 homes required some type of cleaning or maintenance. Furthermore, 19.6% of homes were identified as having at least one of the following issues: visible dust, visible dirt and debris, or excess clutter; while 10.9% of homes did not have a sealed/covered trash receptacle. As illustrated in **Figure 11**, these issues were more frequently noted in renter-occupied homes than in owner-occupied homes.



FIGURE 11. GENERAL CLEANLINESS OF ASSESSMENT SAMPLE

Data also indicated these issues were more often observed in homes built prior to 1950 than homes built later. Dirt and dust can exacerbate asthma and allergies, while clutter and uncovered garbage provide an environment more susceptible to pest infestations.

The methods used to clean a home can be a particular health concern depending on the age of the home. Those built before 1978 may contain lead-based paint which may create lead dust. Sweeping or dry mopping and the use of a non-HEPA vacuum can potentially create an additional lead hazard by causing the lead dust to become airborne, and settling in areas away from the source. For this reason the use of HEPA vacuums and damp mopping/damp dusting are recommended cleaning methods in older homes. **Figure 12** details the cleaning methods used in the home, stratified by the age of the home. Among homes built prior to 1950, 25.9% relied only on a standard vaccuum or sweep/dry mop, and among homes built between 1950 and 1977, 42.7% reported only using a standard vaccuum or sweep/dry mop.



FIGURE 12. TYPE OF CLEANING, BY AGE OF HOME

Moisture and Mold

A number of items in the assessment pertain to moisture and mold. Molds are microscopic organisms that are found virtually everywhere, both indoors and outdoors. They are types of fungi that live on plants, food, dry leaves, wood and other organic materials. Mold spores are the reproductive part of molds. Mold needs three things to grow: a wet or damp environment; a food source such as leaves, wood, paper products, wall board and other organic-based materials; and a temperature similar to a human home (between 60 and 80 degrees Fahrenheit). Mold spores can cause health issues when they become airborne and inhaled. Some of these health effects include: asthma attacks, cough, headaches, nasal and sinus congestion, and dizziness.

Mold needs moisture to thrive and multiply in the home. There are a number of sources of indoor moisture that can contribute to mold growth, such as flooding, leaking, improper or lack of ventilation, and faulty gutters and downspouts. In addition to the condition of gutters/downspouts and roof flashing that were discussed in the Exterior Conditions section (**Figure 8**), a number of other structural items are assessed that are relevant to potential mold problems.

Specifically, 27.7% (N=416) of the 1,502 homes assessed had structural holes (either interior or exterior) and 38.2% of homes had some damage to walls, ceilings or floors. Of these 574 homes with evidence of

damage, 31.9% (N=183) of them were reported to be bulging or buckling, which may be due to a moisture issue. Water stains or leaks were also identified in 29.1% of homes, nearly a quarter of which were a size greater than or equal to four square feet. Other moisture concerns in assessed homes included the presence of a musty odor (16.6% of homes assessed), condensation on windows, doors, or walls (6.4%), hanging clothes indoor to air dry (6.5%), and use of an unvented dryer (2.9%). Most of the above issues were more common among owner-occupied homes than renter-occupied homes and in older homes (see Appendix I for detailed data tables). Despite the prevalent moisture issues observed in the assessed homes, only a small number of homes assessed had a dehumidifier present (4.7%).

Figure 13 details the proportion of homes with evidence of mold growth, overall and stratified by ownership and by age of the home. Overall, 31.2% of the 1,502 homes assessed had mold growth. Among these homes, a quarter had mold growth that was measured to be greater than or equal to four square feet. Mold was observed more frequently among the owner-occupied homes (48.7%) than renter-occupied homes (27.1%), however mold growth did not appear to differ by age of the home.





Kitchen and Bathroom Ventilation

A lack of ventilation in high humidity areas, such as kitchens and bathrooms, contribute to moisture and mold growth. Of the 1,502 homes assessed, 42.6% lacked a functioning stove exhaust fan/vent in the kitchen. As illustrated in **Figure 14** this was observed more often among homes built prior to 1950 (50.6%). Overall, 35.0% of homes assessed either lacked a functioning exhaust fan/vent in the bathroom or did not have a functioning window in the bathroom. This issue was also observed more often among homes built prior to 1950 (42.0%).



FIGURE 14. VENTILATION OF KITCHEN AND BATHROOMS, BY AGE OF HOME

Kitchen: Broken stove exhaust fan/vent, no stoveBathroom: Broken exhaust fan/vent; No exhaust
fan/vent or functioning window

Sleep Environment

Allergens caused by dust mites are found in bedding, mattresses, carpets, and rugs. According to the American College of Allergy, Asthma, and Immunology, dust mites are the most common cause of allergy and asthma in children⁵. They live and multiply in warm, humid places and are easily disturbed and become airborne during cleaning or simply when walking on a carpet. Removing carpets in bedrooms, frequent washing of bedding in hot water and minimizing humidity in the household are recommended to help manage dust allergies and asthma. The use of "mite proof" or allergen impermeable mattresses and pillow covers also play an important role in minimizing these triggers. Impermeable casing can also have a positive effect on the presence of bed bugs. The impermeable casings provides a smooth outer surface that can be inspected, vacuumed and easily cleaned, and makes it difficult for bed bugs to hide.

Among all homes assessed, 35.7% were reported not to have allergen impermeable encasings on their mattresses or box springs. Allergen impermeable encasings were not on pillows in 29.9% of homes. Overall, 33.1% of homes reported no allergy impermeable encasings of any kind. The proportions of homes with children under 6 years that did not have encasings were only slightly higher than the overall sample. While a larger proportion of homes did report having allergy impermeable encasings, many were not zippered: 39.8% of homes had non-zippered mattress encasings, 30.0% of homes had non-zippered box springs encasings, and 34.7% had non-zippered pillow encasings.

⁵ American College of Allergy, Asthma & Immunology, Dust Allergy http://acaai.org/allergies/types/dust-allergy



FIGURE 15. ALLERGEN IMPERMEABLE ENCASINGS, BY PRESENCE OF CHILDREN

The assessment also identified other soft materials in the sleeping environment that provide opportunities for exposure to dust mites. Feather/down pillows and bedding, or bedding that is not washable increase risk for exposure to allergens and were present in 2.8% of homes, while an additional 11.3% of homes did not know their pillow or bedding material. Carpeting and rugs were observed in the bedrooms of nearly half of homes overall (46.7%), however, they were more common among homes built in 1978 or later (61.9%) than among older homes (15% of homes built prior to 1950; 51.3% of homes built between 1950 and 1977).

Physical Home Safety

The five leading causes of residential injury (falls, fire/burns, poisoning, choking/suffocation and drowning) cause approximately 47% of Connecticut's injury-related deaths. These causes are responsible for, on average, 886 deaths, 10,281 inpatient hospitalizations and 99,501 emergency department visits among state residents each year⁶. A wide range of items related to general home safety are included in the Healthy Homes Assessment. These pertain to issues in the home that may lead to unintentional injuries including trips, slips and falls, poisonings, fire/burns, and choking/suffocation.

Imminent Hazards

Many of the housing issues that contribute to these injuries are considered imminent hazards because they are immediate threats to health and safety and could potentially be life-threatening. There are 8 items on the Healthy Homes Assessment that can be considered imminent hazards: 1) presence of unvented combustion appliances; 2) stair railings/porches/ramps that are broken, insecure, damaged, loose, unusable or missing; 3) steps/stairs where one or more are broken or missing; 4) exits/stairs/walkways that contain tripping hazards or other obstructions; 5) stairwell lighting that is not present at the top and bottom of stairs; 6) hot water temperatures that exceed 120 degrees Fahrenheit; 7) absence of smoke alarms or smoke alarms that lack power or batteries; 8) absence of CO alarms or CO alarms that lack power or batteries. **Figure 16** presents the proportion of homes where each of the 8 hazards were observed, stratified by ownership. Details about the total counts of imminent hazards across the assessment sample can be found in the *Assessment Summary* section.

⁶Connecticut Department of Public Health, Office of Injury Prevention, Injury In Connecticut: Deaths, Hospitalizations and Emergency Department Visits, 2008 to 2013, July 14, 2016



FIGURE 16. IMMINENT HAZARDS IN ASSESSMENT SAMPLE, BY OWNERSHIP

The most common hazards were the absence of functioning CO alarms (54.1% of all homes), the presence of unvented combustion appliances (21.8% of all homes), the absence of functioning smoke alarms (19.8% of all homes), and issues with stair railings/porches/ramps (15.9% of all homes). Nearly all imminent hazards were more often noted among owner-occupied homes than renter-occupied, except for CO alarms. Renter-occupied homes were more likely to lack functioning CO alarms (57.5%) than owner-occupied homes (42.9%).

A few hazards were also observed to occur more frequently in older homes. Unvented combustion appliances – these were most often a stove or a gas clothes dryer - were more common among homes built before 1950 (26.3%) compared to homes built between 1950 and 1977 (10.3%) or built in 1978 or later (15.2%). A lack of CO alarms was also observed more often among the oldest homes (60.9% of homes built prior to 1950) compared to younger homes (43.0% of homes built between 1950 and 1977; 29.5% of homes built in 1978 or later).

Smoke and CO Alarms

In addition to being two of the most frequently observed imminent hazards across the assessments, the lack of smoke or CO alarms is a primary concern from a public health perspective. According to the U.S. Fire Administration (USFA), nationally there were 380,900 residential building fires in 2015 resulting in deaths and 11,475 injuries.⁷ The National Fire Protection Association (NFPA) reports that between

⁷ US Fire Association, Fire Estimate Summary – Residential Building Fire Trends (2006-2015)

2007-2011 the death rate per 100 reported home fires was more than twice as high in homes that did not have any working smoke alarms. The rates were 1.18 deaths per 100 fires in homes where no smoke alarm was present or an alarm was present but not working versus 0.53 deaths per 100 fires in homes where working smoke alarms were present⁸. As noted above, 19.8% (N=297) of homes assessed did not have smoke alarms, or had smoke alarms but no power or battery present.

CO (carbon monoxide) is a colorless, odorless, gas created when fuels (such as gasoline, oil, natural gas, and wood) burn incompletely. In the home, heating and cooking equipment that burn fuel are potential sources of carbon monoxide. Vehicles or generators running in an attached garage can also produce dangerous levels of carbon monoxide. Health effects of exposure to carbon monoxide include nausea, dizziness and headaches. Exposures to high enough levels of carbon monoxide could result in loss of consciousness and ultimately death. As noted above 54.1% (N=813) of homes assessed did not have CO alarms, or had a CO alarm but had no power or battery present. Importantly, 21.8% (N=328) of homes also had an unvented combustible appliance present, which is a direct source of CO in the home (as well as other indoor pollutants). In-depth analyses of the assessment data showed that among the 328 homes with an unvented combustion appliance, 53.7% (N=176) did not have a functioning CO alarm in the home suggesting a high-risk combination of identified issues.

Children's Safety

According to the Centers for Disease Control and Prevention, unintentional injuries are the leading cause of mortality among children in the United States.⁹ The Healthy Homes Assessment includes a number of potential hazards that are specific to children. Based upon the age of occupancy recorded in the assessment, a total of 641 homes (42.7%) were identified as having at least one child under the age of six living in residence.

The proportion of homes where general safety issues for young children were observed are illustrated in *Figure 17*. These represent some of the leading causes of injuries to children including scalding (high hot water temperature), strangulation (window blinds with looped cords), electrical shocks (lack of tamper resistant outlet covers), and falls (lack of functional stair gates or window guards above the 1st floor). Among the assessed homes with children under 6 years, the majority lacked outlet covers (62.4%), stair gates (75.8%), or window guards (71.8%). In addition to these risks, it was also observed that 5.5% of homes with children under 6 years stored cleaning supplies, pesticides and other chemicals within children's reach while 1.7% stored medicine or vitamins within children's reach.

⁸ National Fire Protection Association, Smoke Alarms in U.S. Home Fires, September 2015

⁹ Centers for Disease Control and Prevention, Child Safety and Injury Prevention <u>https://www.cdc.gov/safechild/</u>



FIGURE 17. GENERAL SAFETY HAZARDS TO CHILDREN < 6 YEARS IN ASSESSMENT SAMPLE

NOTE: Proportions based only on homes with children < 6 years present (N=641)

The impact of disasters and emergencies affect children differently than adults. Emergency preparedness is an important factor in ensuring home safety. Only a third of Americans have developed and practiced a home fire escape plan. It was noted in the assessment that 68.2% of homes with children under 6 years did not have a family fire escape plan (a rate similar to the 68.0% observed among all 1,502 homes assessed) and 69% of homes with children under 6 years did not have the number for poison control posted by the phone. Children under six comprise nearly half of all poison exposures. These findings suggest families may not be prepared to properly react to some emergencies should they arise.

Senior Safety

Based upon the age of occupancy recorded in the assessment, a total of 149 homes were identified as having at least one senior, age 65 or older, living there and 47.0% of seniors were reported to be living alone. According to the National Council on Aging, falls are the leading cause of both fatal and non-fatal injuries for older Americans.¹⁰ In Connecticut, falls are the leading cause of injury death for older adults.¹¹ Several items included in the Healthy Homes Assessment relate to potential unintentional injury hazards that may affect seniors: stair railings/porches/ramps that are broken, insecure, damaged, loose or unusable; steps or stairs that are broken or missing; exits/stairs/walkways with tripping hazards or other obstructions present, or inadequate stairwell lighting. Other potential fall hazards were also captured in the assessment, such as inadequate lighting in hallways or living areas, step/stair/floor covering that are not attached or are in poor condition, a lack of non-slip surface in bathtub/shower, and a lack of bathroom grab bars.

Results of the assessment are illustrated in **Figure 18.** A lack of bathroom grab bars was noted in about half of the 149 homes with seniors (51.0%) while non-slip surfaces were absent in 36.9% of homes with seniors. Problems with stair railings/porches/ramps were noted in 15.4% of homes with seniors. Other issues were less common.

¹⁰ National Council on Aging, Falls Prevention Facts https://www.ncoa.org/news/resources-for-reporters/get-the-facts/falls-prevention-facts/

¹¹ Connecticut Department of Public Health, Office of Injury Prevention, Injury In Connecticut: Deaths, Hospitalizations and Emergency Department Visits, 2008 to 2013, July 14, 2016

FIGURE 18. GENERAL SAFETY HAZARDS TO SENIORS IN ASSESSMENT SAMPLE



NOTE: Proportions based only on homes with seniors age 65+ present (N=149)

Indoor Environmental Quality

A major component of the Healthy Homes Assessment included items pertaining to the quality of the indoor environment. According the Environmental Protection Agency's Report on the Environment, "indoor air quality refers to the quality of air in a home, school, office or other building environment." The potential impact of indoor air quality on human health can be considerable given that Americans typically spend approximately 90% of their time indoors where the concentration of some pollutants are often two to five times higher than typical outdoor concentrations. Individuals who are more susceptible to these pollutants (e.g. the very young, seniors and individuals with cardiovascular or respiratory disease) tend to spend even more time indoors.¹²

The indoor air pollutants examined as part of the assessment include dander, pesticides, asbestos, radon, environmental tobacco smoke, and other irritants. These pollutants can exacerbate asthma and other respiratory diseases, and are associated with a number of health effects such as headaches, dizziness, and fatigue as well as heart disease and cancer. Other topics covered in this section include potential lead paint hazards, which can cause lead poisoning.

¹² United Stated Environmental Protection Agency – Indoor Air Quality https://cfpub.epa.gov/roe/chapter/air/indoorair.cfm

Pets

Pets may cause allergies in some people and may also be a trigger for individuals with asthma. Among the 1,502 homes assessed, 30.5% reported having a pet and most of these were permitted full access throughout the home (67% of homes with pets). Pets shed fur, dander, and skin flakes which can trigger asthma episodes in some people. To prevent this, pets should be kept off the bed and out of the bedroom (pet free bedrooms) along with keeping them off fabric covered furniture.

Pests

Unwanted pests can present a number of health issues to a home's occupants. They may act as triggers for asthma and may cause disease. Rodents can directly transmit a number of diseases to humans including but not limited to hantavirus, salmonellosis and leptospirosis.¹³ A least 1 pest (mice, rats, cockroaches, bedbugs) was reported or evidence of a pest was seen in 28.0% of all homes assessed, **Figure 19.** Mice were the most common pest overall (19.6%) in both owner-occupied homes (15.9%) and renter-occupied homes (21.4%). Cockroaches were much more likely to be reported or observed in renter-occupied homes (16.0%) than owner-occupied homes (4.9%). Bedbugs were also reported or observed more often in renter-occupied homes (5.5%) than owner-occupied homes (1.0%). The evidence of pesticide use is a secondary indicator for the presence of pests, but it can also present a separate health concern for occupants. Exposure to pesticides can result in dizziness, headaches, nausea, vomiting, and increased risk of cancer. There was evidence of the use of pesticides in 10.5% of homes assessed.



FIGURE 19. PESTS IN ASSESSMENT SAMPLE, BY OWNERSHIP

Lead Paint

Housing built prior to 1978, and housing built before 1950 in particular, is most likely to contain leadbased paint. Of the 1,502 homes assessed, 86% (N=1,293) were built prior to 1978. The presence of lead-based paint in homes can be a source of exposure to the occupants, potentially leading to lead poisoning, with young children and pregnant women most at risk. Potential interior lead paint hazards (indicated by damaged or peeling paint) were observed among 35.7% of homes built before 1950 and 21.9% of homes built between 1950 and 1977, **Figure 20**. Additionally, active renovation or remodeling was occurring in 95 of the homes built before 1978 during the time of assessment. Such renovations, if performed without proper precautions, can expose occupants to a lead hazard. To keep residents

¹³ Centers for Disease Control and Prevention – Diseases directly transmitted by rodents https://www.cdc.gov/rodents/diseases/direct.html

informed, the Environmental Protection Agency and the U.S. Department of Housing and Urban Development require that sellers and landlords provide buyers and renters with a pamphlet that contains information to prevent lead poisoning in the homes. The occupants of nearly half of the homes built prior to 1978 indicated that they had not received this pamphlet.





Lead Poisoning Risk to Children

The presence of lead-based paint in homes can be a source of exposure to the occupants. Exposure to lead in a home can have serious impact on a child's health increasing their risk for a number of health issues. There is no known safe blood lead level (BLL).¹⁴ Connecticut has adopted the national standard recommended by the Centers for Disease Control and Prevention, whereby children who are diagnosed with a blood lead level of $\geq 5 \ \mu g/dL$ are considered to be lead poisoned. In 2015, there were 2,156 children under the age of six with blood lead levels that exceeded this amount. Some symptoms in children include restlessness, irritability, decreased IQ, learning disabilities, behavioral issues, and in acute cases, coma or death. Health effects caused by lead poisoning are irreversible.

As mentioned above, homes built prior to 1978 may have lead based paint in them which can pose a serious risk to young children. Among the 1,293 homes built before 1978, 44.2% (N=572) of them had at least one occupant under the age of 6 years.

Figure 21 details several key indicators of lead exposure risk to young children residing in these 572 homes. Approximately one third of older homes with children under 6 were observed to have interior damaged/peeling paint (36.0%) and/or use sweeping/dry mop or standard vacuum only (31.5%), both conditions that increase the risk of lead poisoning in young children. Another 18.7% of older homes with children under 6 were observed to have exterior peeling/chipping paint and 7.3% were undergoing renovation at the time of the assessment.

¹⁴ Centers for Disease Control and Prevention, Lead https://www.cdc.gov/nceh/lead/data/learnmore.htm

FIGURE 21. LEAD POISONING RISKS TO CHILDREN UNDER 6 AND LIVING IN PRE-1978 HOMES



NOTE: Proportions based only on Pre-1978 homes with children < 6 years (N=572)

Other Environmental Hazards

According to the Environmental Protection Agency's estimates, **radon** is the number one cause of lung cancer among non-smokers and is responsible for approximately 21,000 lung cancer deaths every year.¹⁵ In 2015, a National Radon Action Plan was released with an ultimate goal of eliminating avoidable radon-induced lung cancer.¹⁶ Radon is a naturally-occurring radioactive gas that is a product of uranium decay. It is colorless and odorless, and can enter homes from the surrounding soil and rock where it can accumulate to unhealthy levels inside a home. It can also enter through groundwater sources. The Connecticut Department of Public Health recommends that all homeowners test for radon, and take steps to reduce radon levels when they equal or exceed 4 picocuries per liter (pCi/L). Across all 1,502 homes assessed, 70.2% had not been tested for radon (N=1,055). There were an additional four homes where testing had indicated that levels of radon equaled or exceeded 4 pCi/L but mitigation had not been performed.

Asbestos is the name given to a group of minerals that occur naturally in the environment as bundles of fibers that can be separated into thin, durable threads. These fibers are resistant to heat, fire, and chemicals, and they do not conduct electricity. For these reasons, asbestos was used in many building products. Breathing asbestos can cause the tiny fibers to become stuck in the lungs and irritate lung tissues resulting in harmful health effects. Asbestosis and Pleural Disease are non-cancerous diseases that can result from breathing asbestos. Asbestos exposure also increases the risk of developing lung cancer, mesothelioma and cancer of the ovary and larynx.¹⁷ Across all 1,502 homes assessed, 48 homes (3.2%) had suspect asbestos-containing material present but had not yet been tested. Another 16 homes (1.1%) had known asbestos-containing material present and in poor condition. Otherwise, the overwhelming majority of homes had not been tested (46.9%; N=1,155).

Environmental Tobacco Smoke is the smoke that is emitted from a burning cigarette or other tobacco product and the smoke exhaled by the smoker. Smoking in the home pollutes the air and can cause irritation to the eyes, skin, nose, and throat. The U.S. Surgeon General released a report in 2010 and another in 2014 suggesting there is no safe level of exposure to tobacco smoke.¹⁸ Children exposed to

11/documents/nrap guide 2015 final.pdf

 ¹⁵ US Environmental Protection Agency, Health Risk of Radon <u>https://www.epa.gov/radon/health-risk-radon</u>
 ¹⁶ National Radon Action Plan - <u>https://www.epa.gov/sites/production/files/2015-</u>

¹⁷ Agency for Toxic Substances and Disease Registry, Health Effects of Asbestos <u>https://www.atsdr.cdc.gov/asbestos/health_effects_asbestos.html</u>

¹⁸ Centers for Disease Control and Prevention, What You Need to Know about Smoking <u>https://www.cdc.gov/tobacco/data_statistics/sgr/50th-anniversary/pdfs/what-you-need-to-know.pdf</u>

smoke are more likely to have respiratory infections, ear infections, bronchitis, and severe asthma. Chemicals found in smoke are known to cause lung cancer, respiratory illness, heart disease, and cardiovascular disease.

Smoking in the home also presents a potential fire hazard. According to the U.S. Fire Association, smoking was the third leading cause of residential building fire deaths in 2015, resulting in 320 deaths nationally.¹⁹ According to data from the 2015 Connecticut Behavioral Risk Factor Surveillance Survey (BRFSS), one in eight Connecticut adults (13.5%) smoked cigarettes "every day" or "some days". Among the 1,502 homes assessed, 10.4% had at least one smoker reported to live in the home, while 20.0% of homes allowed smoking (indoors or outdoors), allowed visitors to smoke in the home, or had visible evidence of smoking in the home.

Other potential airborne irritants commonly used in homes include potpourri, candles, incense and air fresheners. All of these may act as triggers for those with asthma. Overall, 40.7% of homes assessed used one or more of these types of products. They were more frequently reported in owner-occupied homes (55.2%) than renter-occupied homes (37.6%).

Asthma Triggers

Asthma is a chronic respiratory disease that is characterized by symptoms of wheezing, coughing and shortness of breath, but it can be controlled. The prevalence of adult asthma in Connecticut was 10.5% and 11.7% in children in 2015.²⁰ A number of conditions within the home can trigger or exacerbate asthma symptoms. Exposure to pets, dust mites, cockroaches, rodents, pesticides and molds, as well as environmental tobacco smoke can worsen asthma symptoms. While actual health conditions of occupants residing in the homes is not captured as part of the Healthy Homes Assessment, many of these asthma triggers are assessed. **Table 2** summarizes the potential asthma triggers observed across the assessment sample in order of frequency.

Healthy Homes Assessment Indicator	All Homes (N=1,502)
Bedroom Flooring is large/small rug or wall-to-wall carpet	46.7%
Broken stove exhaust fan/vent or no stove exhaust fan/vent in kitchen	42.6%
Other airborne irritants used (air fresheners, potpourri, incense, candles, other)	40.7%
No allergen impermeable encasings on mattresses/box springs	35.7%
Broken exhaust fan/vent, no exhaust fan/vent or functioning window in bathroom	35.0%
Mold growth present	31.2%
Standard vacuum or sweep/dry mop are only cleaning methods used	30.9%
Any pets are present in the home	30.5%
No allergen impermeable encasings on pillows	29.9%
Any water stains/leaks observed	29.1%
Any pests reported or evidenced (mice, cockroaches, rats, bedbugs)	28.0%
Smoking allowed (indoor or outdoor), visitors allowed, evidence observed	20.0%
Any visible dust, dirt, debris, or clutter observed	19.6%

TABLE 2. P	OTENTIAL	Азтнма	TRIGGERS	OBSERVED	Across	THE AS	SESSMENT	SAMPLE,	RANKED BY	PREVALENCE
								/		

¹⁹ US Fire Association, Fire Estimate Summary – Residential Building Fire Trends (2006-2015)

²⁰ CT Department of Public Health, Health Indicators and Risk Behaviors in CT: 2015

Musty odor observed	16.6%
Pillow material is feather/down or don't know	13.0%
Evidence of pesticide use	10.5%
Bedding material is feather/down, not washable (wool), or don't know	8.7%
Clothes are hung to air dry	6.5%
Condensation observed on windows, doors, walls	6.4%
Unvented clothes dryer	2.9%

NOTE: Multiple responses allowed; percentages may not sum to 100%

Assessment Summary

Deficiencies

A summary of the number and proportion of homes where deficiencies were noted is detailed in **Table 3.** Nearly all homes had at least one deficiency and deficiencies were noted within all sub-categories of the assessment. In total, 20,882 deficiencies were noted across the 1,502 assessments with an average of 13.9 deficiencies per home. The average number of deficiencies were similar for renter-occupied homes (13.8 per home) and owner-occupied homes (14.6 per home), however homes built before 1950 had a higher average number of deficiencies noted on the assessment (14.9 per home) compared to homes built between 1950 and 1977 (12.5 per home) or built in 1978 or later (11.8 per home). The average number of deficiencies in homes with children under 6 years was 15.0 per home while the average for homes with seniors was 13.0.

	Total Deficiencies Possible	Homes with at Least One Deficiency		Number of Deficiencies per Home
		Count	Percent	Average
General and Exterior	10	1,395	92.9%	2.1
Interior Conditions	16	1,417	94.3%	3.9
General Home Safety	18	1,432	95.3%	4.3
Indoor Environmental Quality	12	1,452	96.7%	3.6
Any of the Above	56	1,491	99.3%	13.9

TABLE 3. SUMMARY OF DEFICIENCIES NOTED ACROSS THE ASSESSMENT SAMPLE

Imminent Hazards

A summary of the numbers of homes where imminent hazards were identified is provided in **Table 4**. A total of 1,921 hazards were noted across the 1,502 assessments with an average of 1.3 hazards per home. The average number of hazards were similar for renter-occupied homes (1.3 per home) and owner-occupied homes (1.4 per home), however homes built before 1950 had a slighter higher average number of hazards noted on the assessment (1.4 per home) compared to homes built between 1950 and 1977 (1.0 per home) or built in 1978 or later (0.8 per home). Homes with children under 6 years and homes with seniors each averaged 1.2 hazards per home. When an imminent hazard is identified the inspector is trained to notify the enforcement agency that has the authority to ensure that the hazard is corrected (e.g., missing or broken stairs is the responsibility of the local building department, missing or broken fire alarms is the responsibility of the local fire marshal).

	Homes with Hazard Ic	Imminent lentified	Proper Authority Notified	
	Count	Percent	Count	
Unvented Combustion Appliances present	328	28.1%	18	
Stair railings/porches/ramps broken,	239	15.9%	60	
insecure, damaged, or missing				
Steps/stairs broken or missing	93	6.2%	21	
Exits/stairs/walkways not clear	56	3.7%	17	
Stairwell lighting not present	41	2.7%	12	
Maximum hot water exceeded	54	3.6%	21	
Smoke alarms non-functioning/absent	297	19.8%	13	
CO alarms non-functioning/absent	813	54.1%	28	
Any of the Above	1,090	72.6%	248	

TABLE 4. SUMMARY OF IMMINENT HAZARDS IDENTIFIED IN ASSESSMENT SAMPLE

Referrals/Outcomes

As part of the Healthy Homes Assessment, some inspectors handed out smoke alarms, CO alarms, radon test kits, and child safety kits to residents. Over the time period in which the 1,502 assessments occurred, inspectors distributed:

- 361 CO alarms to 341 homes
- 386 smoke alarms to 255 homes
- 147 child safety kits to 141 homes
- 184 radon test kits to 184 homes

Other outcomes and referrals do take place after the Healthy Homes Assessment; however they are less consistently documented in the surveillance system and likely underrepresent total numbers:

- 9 homes had lead abatement or remediation work conducted
- 2 homes had weatherization/energy efficiency work conducted
- 25 homes had healthy homes remediation conducted
- 23 homes had imminent hazards corrected
- 2 homes had housing rehab conducted

Reassessments

Reassessments are required when being performed by agencies under contract with DPH when hazards are found during the initial assessment. Of the seven agencies that conducted Healthy Homes Assessments only five were under contract with DPH. They were CCHHP, Milford Health Department, Quinnipiack Valley Health District, Torrington Area Health District and Uncas Health District, accounting for 1114 assessments and 374 reassessments. While we would like to see every residence reassessed, there are instances where the contractor is unable to re-enter a residence because the occupant will not allow re-entry or has moved. For CCHHP, a non-regulatory contractor, an occupant was very likely not to allow re-entry.

A total of 375 Healthy Homes Reassessments were performed. This reflects 25% of homes in the overall assessment sample. Ideally, reassessments are performed within 90 days of the initial assessment. Among this group of 375 homes, 23% (N=86) were reassessed within 90 days of their initial assessment. During these reassessments, inspectors handed out an additional 51 CO alarms to 50 homes; 55 smoke alarms to 41 homes; 11 child safety kits to 11 homes; and 11 radon test kits to 11 homes. The general characteristics of homes included in the assessment-reassessment sample are presented in **Table 5**.

	Homes with Assessment and			
Characteristic	Reassessment (N=375)			
	Count	Percent		
Ownership Type				
Owner-occupied	98	26.1%		
Renter-occupied	265	70.7%		
Other	7	1.9%		
Age of Home				
Pre-1950	180	48.0%		
1950-1977	140	37.3%		
1978 or later	31	8.3%		
Occupancy				
Children, under 6 years	185	49.3%		
Children, 6 or older	146	38.9%		
Adults, 18-64 years	320	85.3%		
Seniors, 65 or older	47	12.5%		

 TABLE 5. CHARACTERISTICS OF HOMES WITH ASSESSMENTS AND REASSESSMENTS (N=375)

The following sections describe the assessment and reassessment findings for this group of 375 homes. These data allow one to compare the rates of deficiencies and imminent hazards (i.e. prevalence of these issues) between assessment and reassessment timepoints at the population level. This provides insight into which deficiencies or hazards are more often corrected or reduced after a Healthy Homes Assessment and illustrates, based upon this sample of homes, how persistent some deficiencies or hazards may be in Connecticut homes. In addition to this broad examination of prevalence at the two timepoints, further analyses were conducted of the major deficiencies/hazards to determine how many homes corrected an identified deficiency or hazard. Specifically, among those homes with a given deficiency or hazard at the assessment, the proportion that no longer had that given deficiency at the reassessment was examined. This proportion, referred to as the case correction rate, provides an estimate of how many homes are likely to correct the given deficiency or hazard after being alerted to the issue during an assessment.

Exterior Conditions

As illustrated in **Figure 22**, the proportion of homes with deficiencies in exterior conditions was slightly lower at reassessment. Improvements in yard debris (11.7% at assessment and 8.0% at reassessment) was noted and the proportion of homes with any of these issues declined slightly (24.8% at assessment and 20.8% at reassessment). When analysis was restricted only to the 93 homes that had any of these exterior deficiencies at the assessment, 18 of them no longer had any of these deficiencies noted at the reassessment (19.4% case correction).



FIGURE 22. EXTERIOR CONDITIONS, ASSESSMENT VS. REASSESSMENT (N=375)

Interior Conditions

General Cleanliness

The proportions of homes observed to have deficiencies in the general cleanliness of the home at assessment and reassessment are illustrated in **Figure 23.** The prevalence of homes that need cleaning or general maintenance was slightly lower upon reassessment, however the prevalence of visible dust, dirt, clutter or trash that was uncovered remained stable between assessment and reassessment. Of the 90 homes with either general cleanliness issues or visible dust/dirt/clutter noted at the assessment, 3 did not have either issue noted at the reassessment (3.3% case correction) and 5 of 29 homes with uncovered trash at assessment had corrected the issue at reassessment (17.2% case correction).





As discussed in earlier sections of this report, the type of cleaning methods used in the home can prevent or exacerbate health risks, specifically to residents in older homes built prior to 1978 where the presence of lead paint is more likely. As illustrated in **Figure 24**, among homes built prior to 1978 and

who were included in the reassessment sample (N=320), the proportion reporting use of only a standard vacuum or sweeping/dry mopping for cleaning declined (42.2% at assessment and 40.3% at reassessment). Additionally, in the sub-set of these homes with young children present (N=167), use of only a standard vacuum or sweeping/dry mopping for cleaning declined from 48.5% at assessment to 44.9% at reassessment. Of the 135 older homes that reported only these cleaning methods at the assessment, 23 no longer reported only using these methods at the reassessment (17.0% case correction), and of the 81 older homes with children under 6 years that reported only these cleaning methods at the assessment, 8 no longer reported only using these methods at the reassessment (9.9% case correction).



FIGURE 24. TYPE OF CLEANING BY AGE OF HOME, ASSESSMENT VS. REASSESSMENT (N=375)

Moisture and Mold

As described earlier in this report, mold growth and moisture issues are important factors in the health of a home. Thus, timely remediation or correction of these issues is more likely to have a positive impact on the health of the home's residents. As shown in **Figure 25**, the prevalence of mold growth declined from 38.9% at assessment to 28.8% at reassessment among the 375 homes that were reassessed. Of the 146 homes with mold growth at the assessment, 33 of them no longer had visible mold growth present at the reassessment (22.6% case correction).

Consistent with a reduction in the prevalence of mold growth, indicators of moisture problems declined between the assessment and reassessment. Water stains/leaks decreased from 29.9% at assessment to 21.6% at reassessment; condensation on windows, doors, or walls decreased from 12.8% at assessment to 9.9% at reassessment. Of the 112 homes with water stains/leaks at assessment, 31 no longer had water stains or leaks at reassessment (27.7% case correction); and of the 48 homes with condensation issues at assessment, 2 no longer had condensation at reassessment (4.2% case correction).

Proper ventilation in the high humidity environments of kitchens and bathrooms can assist in keeping moisture issues in check. The proportion of homes with broken or absent exhaust fans/vents in the kitchen decreased from 31.5% at assessment to 29.6% at reassessment, with 8 of 118 homes with the issue identified at assessment correcting the issue at reassessment (6.8% case correction). Similarly, the proportion of homes with broken or absent exhaust fans/vents in the bathroom (or lacking a functioning window in the bathroom) decreased from 28.5% at assessment to 25.9% at reassessment. Of the 107 homes identified with this issue at assessment, 12 did not have the issue when reassessed (11.2% case correction).



FIGURE 25. MOISTURE AND MOLD ISSUES, ASSESSMENT VS. REASSESSMENT (N=375)

Sleep Environment

A key factor in a healthy sleep environment is the use of allergen impermeable encasings on mattresses, box springs, and pillows. As illustrated in **Figure 26**, the proportion of homes without encasings on mattress/box spring decreased slightly (46.4% at assessment and 44.0% at reassessment) and the proportion of homes without encasings on pillows decreased slightly (35.7% at assessment and 33.3% at reassessment). The numbers of homes that corrected these issues after they were noted on the assessment was also small. Of the 174 homes without mattress/box spring encasings at assessment, 5 did have them at reassessment (2.9% case correction) and of the 134 homes without pillow encasings at assessment, 2 did have them at reassessment (1.5% case correction).

FIGURE 26. ALLERGEN IMPERMEABLE ENCASINGS, ASSESSMENT VS. REASSESSMENT (N=375)



Physical Home Safety

Imminent Hazards

Because of the immediate dangers associated with the hazards that are included the Healthy Homes Assessment, timely correction of the issues identified are a high priority. Many of the referrals and safety kits distributed by inspectors during the assessments are directly related to these hazards. As illustrated in **Figure 27**, the proportion of homes with hazards identified did decrease between the assessment and reassessment for most of the hazards examined.



FIGURE 27. IMMINENT HAZARDS, ASSESSMENT VS. REASSESSMENT (N=375)

The imminent hazards that decreased the most in the group of 375 homes were the absence of CO alarms (47.2% at assessment and 10.4% at reassessment) and the absence of smoke alarms (22.1% at assessment and 4.0% at reassessment), likely attributed to the number of smoke and CO alarms that were distributed by inspectors.

While the declines in the proportions of homes with imminent hazards were more modest for the other hazards examined, it is important to highlight the case correction rates in these cases. The overall proportion of homes with hazards identified at reassessment does include new issues that have arisen since the initial assessment was conducted, which makes the proportion a useful indicator of the presence or persistence of these hazards at the population level. On the other hand, the case correction rates for these hazards provide data on the actual number of homes that corrected or remediated the hazard after they were alerted to the issue during the assessment.

As detailed within **Figure 27**, the case correction rates for most of the imminent hazards were quite high. Over 75% of homes without smoke or CO alarms at the assessment had them at reassessment, 40.9% of homes with exits/stairs/walkways that contained tripping hazards or other obstacles had corrected the issue, 30.8% of homes with inadequate stairwell lighting had corrected the issue, and 28.6% of homes with hot water temperatures over 120 degrees Fahrenheit had corrected the issue.

Children's Safety

The prevalence of safety hazards in the home that are specific to young children were reduced slightly between the time of assessment and reassessment, among the homes in the reassessment sample that had at least one resident under the age of 6 years (N=185). Results are shown in **Figure 28.** The largest decreases were seen in the lack of tamper resistant outlet covers (49.2% at assessment and 41.6% at reassessment). Case correction rates were generally low for each of these safety hazards, detailed data are provided in Appendix II.


FIGURE 28. HAZARDS TO CHILDREN < 6 YEARS, ASSESSMENT VS. REASSESSMENT (N=185)

Senior Safety

The prevalence of safety hazards in the home that are specific to seniors age 65 or older were reduced between the time of assessment and reassessment, among the homes in the reassessment sample that had at least one resident age 65 years or older (N=47). Results are shown in **Figure 29.** Modest decreases were observed for stair railings, porches, or ramps that were broken, insecure, loose, unusable or missing (19.2% at assessment and 14.9% at reassessment) and for the absence of bathroom grab bars (44.7% at assessment and 42.6% at reassessment). A more notable decrease was observed in the proportion of homes with seniors that lacked non-slip surface in the bathtub or shower (38.3% at assessment and 23.4% at reassessment). Of the 18 homes with seniors that did not have non-slip surfaces in the bathtub or shower at assessment, seven homes had them installed before reassessment (38.9% case correction).

FIGURE 29. HAZARDS TO SENIORS, ASSESSMENT VS. REASSESSMENT (N=47)



Indoor Environmental Quality

Pests

The proportion of homes with resident's report or evidence of any pest (cockroaches, mice, rats, or bedbugs) declined from 31.2% at assessment to 25.3% at reassessment, **Figure 30.** Of the 117 homes that had any of these pests at assessment, 28 no longer had evidence of pests at reassessment (23.9%)

case correction). However, the decreases/improvements were primarily confined to reductions in homes with mice or bedbugs as the proportions of homes with cockroaches or rats were unchanged. Of the 96 homes with mice at assessment, 23 no longer reported or had evidence of mice at reassessment (24.0% case correction) and of the 11 homes with report or evidence of bedbugs at assessment, 6 had remedied the issue at reassessment (54.5% case correction). Consistent with these findings, the proportion of homes where evidence of pesticide use was noted increased slightly from 14.1% at assessment to 17.6% at reassessment.



FIGURE 30. PESTS, ASSESSMENT VS. REASSESSMENT (N=375)

Lead Paint

Damaged or peeling paint poses a potential health risk in homes built prior to 1978 due to an increased likelihood of the lead in the paint becoming airborne and settling as dust in the home. As illustrated in **Figure 31**, the proportion of homes with damaged or peeling paint decreased between assessment and reassessment. Among homes built prior to 1978 the proportion decreased from 32.5% to 24.4%. And among the 104 homes built prior to 1978 where the issue was identified at assessment, 25 homes had corrected the issue at reassessment (24.0% case correction rate).





Lead Poisoning Risk to Children

The timely correction of potential lead exposure risks is particularly important for homes built prior to 1978 and have young children living in them. **Figure 32** shows the assessment-reassessment results for several key indicators of lead exposure risk in the 167 homes with children under 6 years and that were built before 1978. Overall, the prevalence of these exposure risks all decreased slightly. The largest reduction was observed for the presence of damaged or peeling interior paint (38.3% at assessment and 30.5% at reassessment). Of the 64 older homes with young children that had damaged or peeling paint at assessment, 14 of them had corrected the issue at reassessment (21.9% case correction).



FIGURE 32. LEAD POISONING RISKS TO CHILDREN < 6 IN HOMES BUILT PRE-1978 (N=167)

Reassessment Summary

Deficiencies

The detailed results for other items that were not highlighted in the above assessment-reassessment sections can be found in Appendix II. As shown in **Table 6**, a total of 5,357 deficiencies were noted across the 375 assessments with an average of 14.3 deficiencies per home. Upon reassessment of the same 375 homes, a total of 5,089 deficiencies were noted, a reduction of 268 deficiencies, and the average had dropped slightly to 13.6 deficiencies per home.

	ASSE Homes wit Def	SSMENT h at Least One iciency	REASSI Homes with Defi	ESSMENT at Least One ciency
	Count	Percent	Count	Percent
General and Exterior	349	93.1%	330	88.0%
Interior Conditions	363	96.8%	350	93.3%
General Home Safety	361	96.3%	344	91.7%
Indoor Environmental Quality	363	96.8%	360	96.0%
Any of the Above	374	99.7%	370	98.7%
	Average 1	4.3 per home	Average 13	3.6 per home

TABLE 6. SUMMARY OF DEFICIENCIES NOTED ACROSS THE ASSESSMENT-REASSESSMENT SAMPLE (N=375)

Imminent Hazards

A total of 472 Imminent Hazards were identified across the 375 reassessments with an average of 1.3 hazards per home. Upon reassessment of the same 375 homes, 229 hazards were noted, a decrease of 243 hazards, and the average number had dropped to 0.6 per home. The hazards that were addressed or corrected in the largest number of homes between the assessment and reassessment were CO alarms (138 more homes had a CO alarm upon reassessment) and smoke alarms (68 more homes had a smoke alarm upon reassessment).

	ASSESSME Homes with Im Hazard Ident	NT minent iified	REASSES Homes with Hazard Io	SMENT Imminent lentified
	Count	Percent	Count	Percent
Unvented Combustion Appliances present	65	17.3%	58	15.5%
Stair railings/porches/ramps broken, insecure, damaged, or missing	59	15.7%	53	14.1%
Steps/stairs broken or missing	25	6.7%	25	6.7%
Exits/stairs/walkways not clear	22	5.9%	13	3.5%
Stairwell lighting not adequate	13	3.5%	10	2.7%
Maximum hot water exceeded	28	7.5%	16	4.3%
Smoke alarms non-functioning/absent	83	22.1%	15	4.0%
CO alarms non-functioning/absent	177	47.2%	39	10.4%
Any of the Above	241	64.3%	138	36.8%
	Average 1.25 pe	er home	Average 0.6	1 per home

TABLE 7. SUMMARY OF IMMINENT HAZARDS NOTED IN ASSESSMENT-REASSESSMENT SAMPLE (N=375)

APPENDIX I

General and Exterior Conditions in Assessment Sample

				Type of (Ownersh	nip			Ag	e of Home			Prese Child	nce of ren <6	Pre: Se	sence of eniors
	То	otal	(Own	R	ent	Pr	e-'50	'5	50-'77	'78	or later				
	(N=1	.,502)	(N	=308)	(N=:	1,109)	(N:	=991)	(N	=302)	(N	=105)	(N=	641)	۲) ۱	N=149)
	N	%	IN	%	N	%	IN	%	N	%	N	%	N	%	N	%
Type of Ownership																
Owner-occupied, single family	308	20.5%	308	100.0%	0	0.0%	164	16.5%	95	31.5%	38	36.2%	128	20.0%	61	40.9%
Rental, single family or multi-apartments	1,109	73.8%	0	0.0%	1,109	100.0%	778	78.5%	196	64.9%	58	55.2%	477	74.4%	77	51.7%
Other	57	3.8%	0	0.0%	0	0.0%	37	3.7%	9	3.0%	9	8.6%	29	4.5%	9	6.0%
Age of Home																
Pre-1950	991	66.0%	164	53.2%	778	70.2%	991	100.0%	0	0.0%	0	0.0%	430	67.1%	73	49.0%
1950-1977	302	20.1%	95	30.8%	196	17.7%	0	0.0%	302	100.0%	0	0.0%	142	22.2%	55	36.9%
1978 or later	105	7.0%	38	12.3%	58	5.2%	0	0.0%	0	0.0%	105	100.0%	29	4.5%	18	12.1%
Occupants of Dwelling Unit*																
Children, < 6 years	641	42.7%	128	41.6%	477	43.0%	430	43.4%	142	47.0%	29	27.6%	641	100.0%	23	15.4%
Children, >= 6 years	544	36.2%	109	35.4%	408	36.8%	351	35.4%	122	40.4%	29	27.6%	281	43.8%	15	10.1%
Adults, 18-64 years	1,222	81.4%	247	80.2%	919	82.9%	806	81.3%	254	84.1%	83	79.0%	610	95.2%	44	29.5%
Seniors, 65+ years	149	9.9%	61	19.8%	77	6.9%	73	7.4%	55	18.2%	18	17.1%	23	3.6%	149	100.0%
Heating Fuel Source*																
Natural gas/propane	1,042	69.4%	167	54.2%	815	73.5%	716	72.3%	193	63.9%	62	59.0%	494	77.1%	70	47.0%
Oil	289	19.2%	128	41.6%	149	13.4%	191	19.3%	72	23.8%	15	14.3%	108	16.8%	46	30.9%
Electric	158	10.5%	18	5.8%	134	12.1%	86	8.7%	40	13.2%	25	23.8%	49	7.6%	36	24.2%
Wood	4	0.3%	3	1.0%	1	0.1%	0	0.0%	2	0.7%	2	1.9%	2	0.3%	1	0.7%

				Type of (Ownersh	nip			Age	e of Home			Prese Childı	nce of ren <6	Pres Se	ence of eniors
	To (N=1	otal 502)	(N	Dwn =308)	R (N=1	ent 1 109)	Pr (N:	e-'50 =991)	'5 (N	0-'77 =302)	'78 ((N	or later =105)	(N=	641)	(N	1=149)
	N	%	N	-300) %	N	%	N	- <u>551)</u> %	N	%	N	%	N	%	N	%
Access to Heating Controls																
Hard to control, or no access to control	197	13.1%	37	12.0%	153	13.8%	143	14.4%	39	12.9%	7	6.7%	79	12.3%	16	10.7%
Cooling																
Windows or Fans ONLY	867	57.7%	112	36.4%	715	64.5%	632	63.8%	155	51.3%	33	31.4%	373	58.2%	53	35.6%
Ventilation*																
Open windows	1,319	87.8%	265	86.0%	988	89.1%	885	89.3%	267	88.4%	89	84.8%	574	89.5%	130	87.2%
Central ventilation	74	4.9%	40	13.0%	30	2.7%	19	1.9%	26	8.6%	22	21.0%	23	3.6%	22	14.8%
Window AC units	336	22.4%	108	35.1%	206	18.6%	218	22.0%	82	27.2%	22	21.0%	156	24.3%	40	26.8%
Open windows ONLY	990	65.9%	146	47.4%	789	71.1%	689	69.5%	181	59.9%	54	51.4%	429	66.9%	78	52.3%
Exterior Conditions: All Homes*																
Peeling, chipping paint	235	15.6%	58	18.8%	164	14.8%	195	19.7%	20	6.6%	5	4.8%	119	18.6%	24	16.1%
Uncovered trash	28	1.9%	3	1.0%	23	2.1%	19	1.9%	3	1.0%	2	1.9%	14	2.2%	1	0.7%
Debris in yard	144	9.6%	28	9.1%	102	9.2%	111	11.2%	21	7.0%	5	4.8%	63	9.8%	15	10.1%
Overgrown shrubs, grass	56	3.7%	19	6.2%	31	2.8%	36	3.6%	10	3.3%	4	3.8%	29	4.5%	4	2.7%
Windows																
One or more windows can't be opened	281	18.7%	72	23.4%	196	17.7%	220	22.2%	36	11.9%	13	12.4%	127	19.8%	25	16.8%
One or more missing or torn screens	440	29.3%	95	30.8%	310	28.0%	335	33.8%	60	19.9%	21	20.0%	212	33.1%	37	24.8%
One or more panes cracked, broken, or missing	301	22.0%	77	25.0%	210	18.9%	240	24.2%	36	11.9%	15	14.3%	134	20.9%	27	18.1%

	Total			Type of	Ownersh	ip			Age	e of Home			Prese Childr	nce of ren <6	Pres Se	sence of eniors
	То	otal	C	Dwn	R	ent	Pr	e-'50	5	60-'77	'78	or later	(1)		(1)	
	(N=1	.,502) %	(IN	=308) %	(N=)	L,109) %		=991)		I=302) %	(N	=105) %	(N=	641) %		(=149) %
Drainage - Gutters.		70		70		70	IN	70		70		/0	IN	/0	IN	70
Downspouts																
Not attached/																
missing, not																
functioning, pooling	299	19.9%	96	31.2%	187	16.9%	223	22.5%	51	16.9%	17	16.2%	133	20.7%	29	19.5%
of water; No																
gutters/downspouts																
flashing																
Roof flashing does																
not appear to be	148	9.9%	53	17.2%	89	8.0%	116	11.7%	21	7.0%	9	8.6%	55	8.6%	16	10.7%
functioning																
Public Water																
Yes	1,424	94.8%	281	91.2%	1,073	96.8%	950	95.9%	290	96.0%	93	88.6%	620	96.7%	142	95.3%
If Public water -																
Water quality																
No knowledge of	4.245	07.40/	227	00.00/	0.00	00.00/		07.40/	257	00.00/		02.00/	F (2	00.6%	447	00.40/
Consumer Confidence Penerte	1,245	87.4%	227	80.8%	966	90.0%	827	87.1%	257	88.6%	//	82.8%	562	90.6%	117	82.4%
Private Water																
Yes	36	2.4%	21	6.8%	12	1.1%	12	1.2%	11	3.6%	12	11.4%	9	1.4%	5	3.4%
If Private water -																
Water quality														1		
Water testing not							_						_		_	
conducted; Don't	22	61.1%	10	47.6%	11	91.7%	9	75.0%	6	54.5%	7	58.3%	6	66.7%	2	40.0%
KNOW																
IJ FIIVATE WATER -																
Well not visible or in																
pit	6	16.7%	2	9.5%	4	33.3%	2	16.7%	2	18.2%	2	16.7%	3	33.3%	1	20.0%

				Type of (Owners	nip			Ag	e of Home			Prese Childı	nce of en <6	Pre: Se	sence of eniors
	Tc (N=1	otal .,502)	Own Rent (N=308) (N=1,109) % N %			ent 1,109)	Pr (N:	e-'50 =991)	'5 (N	60-'77 I=302)	'78 ((N	or later =105)	(N=	641)	٩)	V=149)
	N	%	Ν	(N=308) (N=1,109) N % N %			N	%	Ν	%	N	%	N	%	N	%
Septic System			N % N %													
Failure evident (breakout)	3	3.5%	2	0.6%	1	0.1%	0	0.0%	1	0.3%	1	1.0%	1	0.2%	0	0.0%

				Type of (Ownersh	ip			Age o	of Home			Pres Child	ence of lren < 6	Prese Se	ence of niors
	To (N=1	tal	0	N-200)	R	ent	Pr	e-'50	'5) (N)	0-'77	'78 c	or later	(51	-(41)	(5)-	1 4 0 \
	(IN=1 N	,502)	Own (N=308) %	(IN=	1,109) %	(IN:	=991)		=302)	(N)	=105) %		=641) %	(IN=	-149)
General Cleanliness*	N	70		70		70	N	70	N	70	N	70		70		70
Needs cleaning/ maintenance	348	23.2%	50	16.2%	279	25.2%	277	28.0%	43	14.2%	12	11.4%	134	20.9%	39	26.2%
Visible dust; Visible dirt and debris; Excess clutter	295	19.6%	41	13.3%	237	21.4%	233	23.5%	41	13.6%	9	8.6%	130	20.3%	30	20.1%
Trash or Garbage Sealed/ Covered																
No	164	10.9%	18	5.8%	139	12.5%	133	13.4%	19	6.3%	4	3.8%	81	12.6%	10	6.7%
Type of Cleaning*																
Standard vacuum	600	39.9%	168	54.5%	399	36.0%	389	39.3%	125	41.4%	54	51.4%	258	40.2%	72	48.3%
Sweep or dry mop	598	39.8%	132	42.9%	431	38.9%	394	39.8%	140	46.4%	29	27.6%	318	49.6%	47	31.5%
HEPA vacuum	154	10.3%	45	14.6%	107	9.6%	73	7.4%	46	15.2%	30	28.6%	52	8.1%	32	21.5%
Damp mop or Damp dusting	759	50.5%	175	56.8%	539	48.6%	563	56.8%	127	42.1%	37	35.2%	347	54.1%	67	45.0%
Standard vacuum and/or Sweep or Dry mop ONLY	464	30.9%	76	24.7%	367	33.1%	257	25.9%	129	42.7%	38	36.2%	210	32.8%	48	32.2%
Holes (interior or exterior)																
Present	416	27.7%	102	33.1%	293	26.4%	299	30.2%	68	22.5%	22	21.0%	213	33.2%	32	21.5%

Interior Conditions in Assessment Sample

				Type of	Ownersh	iip			Age o	of Home			Pres Child	ence of lren < 6	Pres Se	ence of niors
	Tc (N=1	otal .,502)	Own (N=308)	F (N=	Rent 1,109)	Pr (N:	e-'50 =991)	'5 (N	0-'77 =302)	'78 ((N	or later =105)	(N	=641)	(N:	=149)
	Ν	%	Ν	%	Ν	%	N	%	N	%	N	%	N	%	N	%
Damage (walls, ceilings, floors)																
Present	574	38.2%	134	43.5%	412	37.2%	432	43.6%	80	26.5%	32	30.5%	235	36.7%	59	39.6%
Water																
Stains/Leaks*																
<4 sq. ft water stains/leaks	354	23.6%	91	29.5%	249	22.5%	244	24.6%	67	22.2%	28	26.7%	147	22.9%	35	23.5%
>=4 sq. ft water stains/leaks	92	6.1%	38	12.3%	49	4.4%	56	5.7%	22	7.3%	6	5.7%	25	3.9%	19	12.8%
Any water stains/leaks	437	29.1%	126	40.9%	292	26.3%	295	29.8%	86	28.5%	34	32.4%	168	26.2%	52	34.9%
Mold and Moisture*		1														
Musty Odor	250	16.6%	83	26.9%	149	13.4%	185	18.7%	45	14.9%	15	14.3%	116	18.1%	25	16.8%
Unvented Dryer	44	2.9%	12	3.9%	28	2.5%	31	3.1%	8	2.6%	2	1.9%	18	2.8%	7	4.7%
Clothes hung to air dry	97	6.5%	11	3.6%	78	7.0%	74	7.5%	13	4.3%	9	8.6%	40	6.2%	8	5.4%
Condensation on windows, doors, walls	96	6.4%	35	11.4%	55	5.0%	53	5.3%	33	10.9%	8	7.6%	52	8.1%	10	6.7%
Mold growth present	469	31.2%	150	48.7%	301	27.1%	311	31.4%	94	31.1%	34	32.4%	220	34.3%	48	32.2%
Dehumidifier																
Present	70	4.7%	41	13.3%	28	2.5%	38	3.8%	18	6.0%	12	11.4%	30	4.7%	9	6.0%
Ventilation: Kitchen																
Broken or no																
stove exhaust fan/vent	640	42.6%	114	37.0%	500	45.1%	501	50.6%	84	27.8%	27	25.7%	271	42.3%	54	36.2%

				Type of C		ip			Age o	of Home			Prese Child	ence of ren < 6	Prese Se	ence of niors
	To	otal			R	lent	Pr	e-'50	'50	0-'77	'78 d	or later	(2)			(()
	(N=1	.,502)	Own (N=308)	(N=	1,109)	(N:	=991)	(N	=302)	(N	=105)	(N	=641)	(N=	=149)
	N	%	N	%	N	%	N	%	N	%	N	%	N	%	N	%
Ventilation:																
Broken or no																
exhaust fan/vent																
or functioning	526	35.0%	124	40.3%	377	34.0%	416	42.0%	64	21.2%	18	17.1%	215	33.5%	50	33.6%
window																
Allergen																
impermeable																
encasings												1				
No covers on		05 50/		50.00/		2.4.00/		26.224	450	40 70/				07.60/		50.00/
Mattress or Box	536	35.7%	165	53.6%	3//	34.0%	360	36.3%	150	49.7%	44	41.9%	241	37.6%	75	50.3%
Spring																
No covers on Pillows	449	29.9%	135	43.8%	282	25.4%	284	28.7%	113	37.4%	30	28.6%	208	32.4%	48	32.2%
No Covers on																
Mattress or Box	497	33.1%	143	46.4%	322	29.0%	307	31.0%	127	42.1%	40	38.1%	224	34.9%	66	44.3%
Spring or Pillows	-		_		-											
Encasings*																
Mattress																
Covered, Not	598	39.8%	84	27.3%	493	44.5%	434	43.8%	104	34.4%	20	19.0%	301	47.0%	42	28.2%
Zippered																
Box Spring																
Covered, Not	450	30.0%	47	15.3%	388	35.0%	327	33.0%	88	29.1%	11	10.5%	228	35.6%	31	20.8%
Zippered																
Pillows Covered,	521	34 7%	64	20.8%	440	39.7%	369	37.2%	100	33.1%	13	12.4%	272	42.4%	33	22.1%
Not Zippered	521	54.770	04	20.070	440	55.770	305	57.270	100	55.170	15	12.470	272	42.470	55	22.170
Soft Materials*																
Pillows:																
Feather/down;	195	13.0%	50	16.2%	135	12.2%	148	14.9%	30	9.9%	10	9.5%	88	13.7%	24	16.1%
Don't know																

				Type of (Ownersh	ip			Age o	of Home			Prese Child	ence of ren < 6	Prese Sei	ence of niors
	To (N=1	tal ,502)	Own (I	N=308)	R (N=:	ent 1,109)	Pro (N=	e-'50 =991)	'5((N=)-'77 =302)	'78 c (N=	or later =105)	(N:	=641)	(N=	:149)
	N	%	Ν	%	Ν	%	Ν	%	Ν	%	Ν	%	N	%	Ν	%
Bedding: Feather/down; Not washable (wool); Don't know	130	8.7%	25	8.1%	97	8.7%	112	11.3%	9	3.0%	5	4.8%	54	8.4%	12	8.1%
Flooring: Large rug/Small rug/Wall-to-wall carpet present	702	46.7%	191	62.0%	472	42.6%	446	45.0%	155	51.3%	65	61.9%	290	45.2%	94	63.1%

General Home Safety in Assessment Sample

				Type of O	wnersh	ip			Age o	of Home			Prese Child	ence of lren < 6	Prese Se	ence of niors
	Tc (N=1	otal .,502)	(N:)wn =308)	(N:	Rent =1,109)	Pr (N:	e-'50 =991)	'50 (N:	0-'77 =302)	'78 d (N	or later =105)	(N	=641)	(N:	=149)
	N	%	Ν	%	Ν	%	N	%	Ν	%	Ν	%	Ν	%	Ν	%
Unvented Combustion Appliances**																
Present	328	21.8%	82	26.6%	233	21.0%	261	26.3%	31	10.3%	16	15.2%	156	24.3%	29	19.5%
Stair Railings/Porches /Ramps**																
Broken, insecure: damaged, loose, unusable; Missing	239	15.9%	72	23.4%	154	13.9%	186	18.8%	35	11.6%	9	8.6%	102	15.9%	23	15.4%

				Type of Ov	wnersh	ip			Age o	of Home			Pres Child	ence of lren < 6	Preso Se	ence of niors
	To (N=1	otal .,502)	C (N=)wn =308)	(N:	Rent =1 <i>,</i> 109)	Pr (N:	e-'50 =991)	'5((N:	0-'77 =302)	'78 c (N:	or later =105)	(N	=641)	(N=	=149)
	Ν	%	Ν	%	Ν	%	Ν	%	Ν	%	Ν	%	Ν	%	Ν	%
<i>If so, refer to appropriate authority?</i>	60	25.1%	7	9.7%	53	34.4%	52	28.0%	6	17.1%	1	11.1%	22	21.6%	3	13.0%
Steps/Stairs**																
One or more broken or missing	93	6.2%	29	9.4%	60	5.4%	69	7.0%	16	5.3%	5	4.8%	35	5.5%	8	5.4%
<i>If so, refer to appropriate authority?</i>	21	22.6%	1	3.4%	20	33.3%	19	27.5%	2	12.5%	0	0.0%	5	14.3%	1	12.5%
Exits/Stairs/ Walkways Kept Clear**				1												
Tripping hazards, other obstructions present	56	3.7%	16	5.2%	36	3.2%	38	3.8%	15	5.0%	0	0.0%	25	3.9%	10	6.7%
<i>If so, refer to appropriate authority?</i>	17	30.4%	4	25.0%	12	33.3%	11	28.9%	6	40.0%	0	0.0%	6	24.0%	4	40.0%
Stairwell Lighting**																
Light not present at top and bottom of stairs	41	2.7%	12	3.9%	27	2.4%	30	3.0%	7	2.3%	3	2.9%	21	3.3%	8	5.4%
<i>If so, refer to appropriate authority?</i>	12	29.3%	4	33.3%	8	29.6%	9	30.0%	1	14.3%	1	33.3%	4	19.0%	5	62.5%

		Type of Ownerst Total Own			wnersh	ір			Age o	of Home			Pres Child	ence of lren < 6	Pres Se	ence of niors
	Tc (N=1	otal 1,502)	(N	0wn =308)	(N:	Rent =1,109)	Pr (N	e-'50 =991)	'5 (N:	0-'77 =302)	'78 ((N	or later =105)	(N	=641)	(N	=149)
	N	%	Ν	%	Ν	%	Ν	%	N	%	Ν	%	N	%	Ν	%
Hot water**																
Max Temp 121 degrees F or greater	54	3.6%	11	3.6%	41	3.7%	24	2.4%	17	5.6%	6	5.7%	28	4.4%	10	6.7%
No hot water available	29	1.9%	3	1.0%	24	2.2%	24	2.4%	3	1.0%	1	1.0%	9	1.4%	3	2.0%
If so, refer to appropriate authority?	21	72.4%	3	100.0%	17	70.8%	18	75.0%	1	33.3%	1	100.0%	7	77.8%	3	100.0%
Smoke Alarms**																
Smoke alarms installed, but no power or battery; No smoke alarms	297	19.8%	70	22.7%	212	19.1%	205	20.7%	64	21.2%	10	9.5%	118	18.4%	23	15.4%
<i>If so, refer to appropriate authority?</i>	46	15.5%	8	11.4%	36	17.0%	33	16.1%	11	17.2%	1	10.0%	16	13.6%	4	17.4%
CO Alarms**																
CO alarms installed, but no power or battery; No CO alarms	813	54.1%	132	42.9%	638	57.5%	604	60.9%	130	43.0%	31	29.5%	309	48.2%	65	43.6%
If so, refer to appropriate authority?	162	19.9%	16	12.1%	142	22.3%	129	21.4%	27	20.8%	4	12.9%	60	19.4%	17	26.2%
Family Fire Escape Plan																
None	1,021	68.0%	174	56.5%	787	71.0%	670	67.6%	216	71.5%	74	70.5%	437	68.2%	99	66.4%

				Type of O	wnersh	ip			Age o	of Home			Prese Child	ence of lren < 6	Prese Se	ence of niors
	To (N=1	tal ,502)	C (N:)wn =308)	(N:	Rent =1 <i>,</i> 109)	Pr (N:	e-'50 =991)	'5((N:	0-'77 =302)	'78 c (N:	or later =105)	(N	=641)	(N:	=149)
	Ν	%	N	%	Ν	%	Ν	%	N	%	N	%	N	%	N	%
Poison Control Number																
Not posted by phone	1,043	69.4%	199	64.6%	784	70.7%	704	71.0%	206	68.2%	72	68.6%	442	69.0%	100	67.1%
Child Tamper- Resistant Outlet Covers																
No tamper- resistant outlet covers	588	39.1%	120	39.0%	435	39.2%	443	44.7%	89	29.5%	26	24.8%	400	62.4%	26	17.4%
Matches and Lighters Stored		8		1												
Within children's reach	26	1.7%	4	1.3%	20	1.8%	16	1.6%	4	1.3%	1	1.0%	13	2.0%	2	1.3%
Cleaning Supplies, Pesticides, Other Chemicals Stored																
Within children's reach	45	3.0%	6	1.9%	35	3.2%	21	2.1%	14	4.6%	3	2.9%	35	5.5%	2	1.3%
Medicine and Vitamins Stored																
Within children's reach	14	0.9%	2	0.6%	10	0.9%	6	0.6%	3	1.0%	1	1.0%	11	1.7%	3	2.0%
Window Blind Cords				1						1						
Looped or can loop (accessible to children)	312	20.8%	74	24.0%	220	19.8%	223	22.5%	60	19.9%	18	17.1%	183	28.5%	13	8.7%

				Type of Ov	wnersh	ір			Age o	of Home			Pres Child	ence of lren < 6	Pres Se	ence of niors
	Tc (N=1	otal	C (Ni)wn -308)	(N-	Rent -1 109)	Pr (N	e-'50 -991)	'5((N)	0-'77 -302)	'78 (or later –105)	(N	-641)	(N-	-149)
	(N-1	%	N	~ %	N	-1,105) %	N	- <u>))1)</u> %	N	- <u>502)</u> %	N	-105) %	N	-0 4 1) %	N	-1 4 5) %
Stair Catos		,,,		<i>,</i> ,,		70		70		70		70		70		,0
No stair gatos	754	50.2%	127	11 70/	506	E2 7%	540	EE /10/	120	42 0%	22	21.0%	196	75 9%	26	24.2%
Window Guards	754	50.2%	127	41.270	590	55.7%	549	55.4%	150	45.0%	25	21.9%	460	75.6%	50	24.2%
(above 1st Floor)																
None or broken	730	48.6%	129	41.9%	566	51.0%	540	54.5%	118	39.1%	26	24.8%	460	71.8%	40	26.8%
Step/Stair/Floor Covering																
Covering on stairs and/or floor not firmly attached or is in poor condition	35	2.3%	16	5.2%	19	1.7%	25	2.5%	5	1.7%	3	2.9%	11	1.7%	4	2.7%
Hallway Lighting																
Inadequate, not present	47	3.1%	9	2.9%	35	3.2%	39	3.9%	5	1.7%	2	1.9%	13	2.0%	8	5.4%
Living Area Lighting																
Inadequate, not present	30	2.0%	9	2.9%	19	1.7%	26	2.6%	3	1.0%	0	0.0%	5	0.8%	5	3.4%
Bathtub/Shower Non-Slip																
Non-slip surface not present	848	56.5%	168	54.5%	632	57.0%	658	66.4%	110	36.4%	43	41.0%	373	58.2%	55	36.9%
Bathroom Grab Bars																
Not installed	652	43.4%	131	42.5%	492	44.4%	503	50.8%	73	24.2%	33	31.4%	284	44.3%	76	51.0%

				Type of O	wnersh	ір			Age o	of Home			Prese Child	ence of lren < 6	Prese Se	ence of niors
	To (N=1	tal ,502)	C (N:)wn =308)	(N:	Rent =1,109)	Pr (N:	e-'50 =991)	'5((N:	0-'77 =302)	'78 c (N=	or later =105)	(N	=641)	(N=	=149)
	N	%	N	%	Ν	%	N	%	N	%	N	%	N	%	N	%
Electrical Plate Covers																
Cover is missing (exposed wiring); Cover is broken	168	11.2%	28	9.1%	128	11.5%	145	14.6%	14	4.6%	5	4.8%	60	9.4%	14	9.4%
Extension Cord Use																
Extension cords not used properly	63	4.2%	18	5.8%	42	3.8%	46	4.6%	11	3.6%	5	4.8%	25	3.9%	8	5.4%
Extension Cord Condition																
Not good: Extension cords cracked or frayed	9	0.6%	5	1.6%	4	0.4%	5	0.5%	2	0.7%	0	0.0%	6	0.9%	0	0.0%

** Can indicate housing, building, or fire code violation

Indoor Environmental Quality in Assessment Sample

				Type of Ov	vnership				Age o	of Home			Pres Chilo	ence of dren <6	Prese Se	ence of niors
	To (N=1	otal .,502)	C (N:)wn =308)	Re (N=1	ent ,,109)	Pr (N:	e-'50 =991)	'5((N:	0-'77 =302)	'78 c (N:	or later =105)	(N	=641)	(N:	=149)
	N	%	N	%	N	%	Ν	%	N	%	Ν	%	Ν	%	Ν	%
Pets																
Cat; Dog; Other	458	30.5%	116	37.7%	323	29.1%	267	26.9%	129	42.7%	35	33.3%	215	33.5%	38	25.5%
Pet has full access	308	20.5%	74	24.0%	220	19.8%	182	18.4%	85	28.1%	24	22.9%	136	21.2%	29	19.5%

		Type of Ownership Total Own Rent)			Age o	of Home			Pres Child	ence of dren <6	Pres Se	ence of niors
	Tc (N=1	otal L,502)	(N	Dwn =308)	R((N=1	ent L <i>,</i> 109)	Pr (N	e-'50 =991)	'5 (N	0-'77 =302)	'78 ((N	or later =105)	(N	=641)	(N	=149)
	N	%	N	%	N	%	Ν	%	Ν	%	N	%	N	%	Ν	%
throughout																
home																
Pests*																-
Cockroaches - Evidence seen; Family reports	198	13.2%	15	4.9%	177	16.0%	153	15.4%	23	7.6%	4	3.8%	97	15.1%	11	7.4%
Mice - Evidence seen; Family reports	295	19.6%	49	15.9%	237	21.4%	196	19.8%	60	19.9%	9	8.6%	148	23.1%	19	12.8%
Rats - Evidence seen; Family reports	36	2.4%	9	2.9%	26	2.3%	27	2.7%	5	1.7%	1	1.0%	16	2.5%	0	0.0%
Bedbugs - Evidence seen; Family reports	66	4.4%	3	1.0%	61	5.5%	51	5.1%	8	2.6%	2	1.9%	27	4.2%	2	1.3%
Any of the above	420	28.0%	64	20.8%	342	30.8%	291	29.4%	77	25.5%	13	12.4%	207	32.3%	28	18.8%
Evidence of Pesticide Use																
Yes	157	10.5%	39	12.7%	110	9.9%	111	11.2%	27	8.9%	13	12.4%	80	12.5%	17	11.4%
Active renovation																
Yes	111	7.4%	30	9.7%	77	6.9%	85	8.6%	10	3.3%	7	6.7%	47	7.3%	4	2.7%
Damage or peeling paint																
Present	457	30.4%	115	37.3%	310	28.0%	354	35.7%	66	21.9%	12	11.4%	219	34.2%	51	34.2%
Provided with Lead-based paint booklet provided																

				Type of Ov	wnership				Age o	of Home			Pres Chile	ence of dren <6	Pres Se	ence of niors
	To (N=1	otal .,502)	(N:	0wn =308)	Re (N=1	ent 1,109)	Pr (N:	e-'50 =991)	'5((N:	0-'77 =302)	'78 ((N	or later =105)	(N	=641)	(N	=149)
	Ν	%	Ν	%	Ν	%	Ν	%	N	%	Ν	%	Ν	%	Ν	%
No	746	49.7%	110	35.7%	602	54.3%	523	52.8%	138	45.7%	44	41.9%	308	48.0%	67	45.0%
Asbestos																
Not Tested; Not testedSuspect Material present; Tested- Present and in poor condition	1,219	81.2%	267	86.7%	881	79.4%	841	84.9%	221	73.2%	96	91.4%	490	76.4%	130	87.2%
Radon																
Not Tested; >=4 pCi/L but not mitigated	1,059	70.5%	204	66.2%	790	71.2%	732	73.9%	192	63.6%	83	79.0%	418	65.2%	113	75.8%
Tobacco Smoke*																
Smoking allowed indoors	148	9.9%	25	8.1%	113	10.2%	100	10.1%	27	8.9%	15	14.3%	51	8.0%	18	12.1%
Smoking allowed outdoors	148	9.9%	19	6.2%	123	11.1%	80	8.1%	51	16.9%	5	4.8%	84	13.1%	8	5.4%
Evidence of smoking seen	119	7.9%	23	7.5%	88	7.9%	76	7.7%	23	7.6%	16	15.2%	42	6.6%	16	10.7%
Visitors allowed to smoke in home	99	6.6%	20	6.5%	75	6.8%	66	6.7%	20	6.6%	11	10.5%	35	5.5%	12	8.1%
Any of the above	301	20.0%	46	14.9%	239	21.6%	184	18.6%	79	26.2%	21	20.0%	135	21.1%	28	18.8%
Smokers																
>= 1 smoker lives in home	156	10.4%	28	9.1%	117	10.6%	104	10.5%	33	10.9%	16	15.2%	64	10.0%	19	12.8%
Other Irritants																
Air Fresheners; Potpourri,	611	40.7%	170	55.2%	417	37.6%	353	35.6%	176	58.3%	41	39.0%	312	48.7%	56	37.6%

				Type of Ov	vnership				Age o	of Home			Pres Child	ence of dren <6	Prese Se	ence of niors
	To ⁻ (N=1,	tal ,502)	C (N:)wn =308)	Re (N=1	ent ,109)	Pro (N=	e-'50 =991)	'5((N:	0-'77 =302)	'78 d (N	or later =105)	(N	=641)	(N:	=149)
	Ν	%	N	%	N	%	N	%	N	%	N	%	Ν	%	Ν	%
incense, candles; Other																

APPENDIX II

General Characteristics of Reassessment Sample

	Reassessment	Sample (N=375)
	N	%
Type of Ownership		
Owner-occupied, single family	98	26.1%
Rental, single family or multi-apartments	265	70.7%
Other	7	1.9%
Age of Home		
Pre-1950	180	48.0%
1950-1977	140	37.3%
1978 or later	31	8.3%
Occupants of Dwelling Unit*		
Children, < 6 years	185	49.3%
Children, >= 6 years	146	38.9%
Adults, 18-64 years	320	85.3%
Seniors, 65+ years	47	12.5%

Exterior Conditions in Reassessment Sample

	Assessme	ent (N=375)	Reassessn	nent (N=375)	Correcte	ed Cases [‡]
	N	%	N	%	Ν	%
Exterior Conditions: All Homes*						
Peeling, chipping paint	57	15.2%	53	14.1%	-	-
Uncovered trash	10	2.7%	10	2.7%	-	-
Debris in yard	44	11.7%	30	8.0%	-	-
Overgrown shrubs, grass	25	6.7%	22	5.9%	-	-
Any of the above	93	24.8%	78	20.8%	18	19.4%
Windows						
One or more windows can't be opened	74	19.7%	63	16.8%	11	14.9%
One or more missing or torn screens	103	27.5%	91	24.3%	15	14.6%
One or more panes cracked, broken, or missing	72	19.2%	65	17.3%	10	13.9%
Drainage - Gutters, Downspouts						
Not attached/missing, not functioning, pooling of water; No gutters/downspouts	93	24.8%	91	24.3%	9	9.7%
Drainage - Roof flashing						
Roof flashing does not appear to be functioning	40	10.7%	43	11.5%	6	15.0%
Knowledge of Water Quality						
Public - No knowledge of Consumer Confidence Reports	320	90.4%	309	88.0%	14	4.3%
Private - Water testing not conducted; Don't know	8	47.1%	6	35.3%		
Private Water						
Well not visible or in pit	3	17.6%	3	17.6%	0	0.0%
Septic System						
Failure evident (breakout)	2	0.5%	1	0.3%	0	0.0%

* Multiple responses possible

⁺ Proportion based only upon the homes that had the deficiency identified at the initial assessment

- Indicates case correction analysis was not conducted on the specific indicator

Interior Conditions in Reassessment Sample

	Assessme	ent (N=375)	Reassessr	ment (N=375)	Correct	ed Cases [‡]
	N	%	N	%	N	%
General Cleanliness*						
Needs cleaning and maintenance	60	16.0%	50	13.3%	-	-
Visible dust; Visible dirt and debris; Excess clutter	66	17.6%	67	17.9%	-	-
Any of the above	90	24.0%	79	21.1%	3	3.3%
Trash or Garbage Sealed/Covered						
No	29	7.7%	25	6.7%	5	17.2%
Type of Cleaning*						
Standard vacuum	151	40.3%	155	41.3%	-	-
Sweep or dry mop	170	45.3%	166	44.3%	-	-
HEPA vacuum	43	11.5%	41	10.9%	-	-
Damp mop or Damp dusting	148	39.5%	158	42.1%	-	-
Standard vacuum and/or Sweep or Dry mop ONLY	162	43.2%	150	40.0%	-	-
If HOME BUILT PRE-1978: Standard vacuum and/or Sweep or Dry mop ONLY	135	42.2%	129	40.3%	23	17.0%
If HOME BUILT PRE-1978 AND CHILD < 6: Standard vacuum and/or Sweep or Dry mop ONLY	81	48.5%	75	44.9%	8	9.9%
Holes (interior or exterior)						
Present	143	38.1%	106	28.3%	42	29.4%
Damage (walls, ceilings, floors)						
Present	115	30.7%	91	24.3%	26	22.6%
Water Stains/Leaks*						
<4 sq. ft water stains/leaks	86	22.9%	68	18.1%	-	-
>=4 sq. ft water stains/leaks	27	7.2%	13	3.5%	-	-
Any water stains/leaks	112	29.9%	81	21.6%	31	27.7%
Mold and Moisture*						
Musty Odor	76	20.3%	68	18.1%	-	-

	Assessme	nt (N=375)	Reassessm	ent (N=375)	Correcte	d Cases [‡]
	N	%	N	%	N	%
Unvented Dryer	16	4.3%	8	2.1%	-	-
Clothes hung to air dry	21	5.6%	20	5.3%	-	-
Any of the above	94	25.1%	78	20.8%	28	29.8%
Condensation						
Condensation on windows, doors, walls	48	12.8%	37	9.9%	2	4.2%
Mold						
Mold growth present	146	38.9%	108	28.8%	33	22.6%
Dehumidifier Present						
No	352	93.9%	348	92.8%	11	3.1%
Ventilation: Kitchen						
Broken or no stove exhaust fan/vent	118	31.5%	111	29.6%	8	6.8%
Ventilation: Bathroom						
Broken or no exhaust fan/vent or functioning window	107	28.5%	97	25.9%	12	11.2%
Allergen Impermeable Encasings						
No covers on Mattress or Box Spring	174	46.4%	165	44.0%	5	2.9%
No covers on Pillows	134	35.7%	125	33.3%	2	1.5%
Soft Materials*						
Pillows: Feather/down; Don't know	60	16.0%	63	16.8%	12	20.0%
Bedding: Feather/down; Not washable (wool); Don't know	20	5.3%	18	4.8%	7	35.0%
Flooring: Large rug/Small rug/Wall-to-wall carpet present	207	55.2%	189	50.4%	17	8.2%

⁺ Proportion based only upon the homes that had the deficiency identified at the initial assessment

- Indicates case correction analysis was not conducted on the specific indicator

General Home Safety in Reassessment Sample

	Assessment (N=375)		Reassessment (N=375)		Corrected Cases [‡]	
	N	%	N	%	N	%
Unvented Combustion Appliances**						
Present	65	17.3%	58	15.5%	10	15.4%
Stair Railings/Porches/Ramps**						
Broken, insecure: damaged, loose, unusable; Missing	59	15.7%	53	14.1%	7	11.9%
If so, refer to appropriate authority?	8	13.6%	3	5.7%	-	-
IF SENIOR IN HOME: Broken/damaged/missing	9	19.1%	7	14.9%	2	22.2%
Steps/Stairs**						
One or more broken or missing	25	6.7%	25	6.7%	5	20.0%
If so, refer to appropriate authority?	1	4.0%	0	0.0%	-	-
Exits/Stairs/Walkways Kept Clear**						
Tripping hazards, other obstructions present	22	5.9%	13	3.5%	9	40.9%
If so, refer to appropriate authority?	8	36.4%	2	15.4%	-	-
Stairwell Lighting**						
Light not present at top and bottom of stairs	13	3.5%	10	2.7%	4	30.8%
If so, refer to appropriate authority?	4	30.8%	2	20.0%	-	-
Hot water**						
Max Temp 121 degrees F or greater	28	7.5%	16	4.3%	8	28.6%
IF CHILD <6 IN HOME: Max temp 121 or greater	14	7.6%	9	4.9%	4	28.6%
No hot water available	4	1.1%	2	0.5%	4	100.0%
If so, refer to appropriate authority?	3	75.0%	2	100.0%	-	-
Smoke Alarms**						
Smoke alarms installed, but no power or battery; No smoke alarms	83	22.1%	15	4.0%	64	77.1%
If so, refer to appropriate authority?	13	15.7%	0	0%	-	-
CO Alarms**						

	Assessment (N=375)		Reassessment (N=375)		Corrected Cases [‡]	
	N	%	N	%	N	%
CO alarms installed, but no power or battery; No CO alarms	177	47.2%	39	10.4%	133	75.1%
If so, refer to appropriate authority?	28	15.8%	2	5.1%	-	-
Family Fire Escape Plan						
None	256	68.3%	238	63.5%	29	11.3%
Poison Control Number						
Not posted by phone	286	76.3%	222	59.2%	67	23.4%
Child Tamper-Resistant Outlet Covers						
No tamper-resistant outlet covers	137	36.5%	122	32.5%	21	15.3%
IF CHILD <6 IN HOME: No tamper-resistant outlet covers	91	49.2%	77	41.6%	14	15.4%
Matches and Lighters Stored						
Within children's reach	10	2.7%	6	1.6%	5	50.0%
IF CHILD <6 IN HOME: Within children's reach	6	3.2%	3	1.6%	2	33.3%
Cleaning Supplies, Pesticides, Other Chemicals Stored						
Within children's reach	13	3.5%	7	1.9%	6	46.2%
IF CHILD <6 IN HOME: Within children's reach	12	6.5%	7	3.8%	5	41.7%
Medicine and Vitamins Stored						
Within children's reach	5	1.3%	4	1.1%	2	40.0%
IF CHILD <6 IN HOME: Within children's reach	5	2.7%	3	1.6%	2	40.0%
Window Blind Cords						
Looped or can loop (accessible to children)	89	23.7%	87	23.2%	6	6.7%
IF CHILD <6 IN HOME: Looped or can loop	57	30.8%	53	28.6%	4	7.0%
Stair Gates						
No stair gates	180	48.0%	189	50.4%	11	6.1%
IF CHILD <6 IN HOME: No stair gates	136	73.5%	135	73.0%	9	6.6%

	Assessment (N=375)		Reassessment (N=375)		Corrected Cases [‡]	
	N	%	N	%	N	%
Window Guards (above 1st Floor)						
None or broken	160	42.7%	155	41.3%	14	8.8%
IF CHILD <6 IN HOME: None or broken	115	62.2%	110	59.5%	8	7.0%
Step/Stair/Floor Covering						
Covering on stairs and/or floor not firmly attached or is in poor condition	13	3.5%	11	2.9%	3	23.1%
Hallway Lighting						
Inadequate, not present	11	2.9%	9	2.4%	2	18.2%
Living Area Lighting						
Inadequate, not present	7	1.9%	7	1.9%	2	28.6%
Bathtub/Shower Non-Slip						
Non-slip surface not present	149	39.7%	131	34.9%	32	21.5%
IF SENIOR IN HOME: Non-slip surface not present	18	38.3%	11	23.4%	7	38.9%
Bathroom Grab Bars						
Not installed	126	33.6%	125	33.3%	17	13.5%
IF SENIOR IN HOME: Not installed	21	44.7%	20	42.6%	2	9.5%
Electrical Plate Covers						
Cover is missing (exposed wiring); Cover is broken	30	8.0%	22	5.9%	9	30.0%
Extension Cord Use						
Extension cords not used properly	26	6.9%	19	5.1%	9	34.6%
Extension Cord Condition						
Not good: Extension cords cracked or frayed	5	1.3%	4	1.1%	0	0.0%

** Can indicate housing, building, or fire code violation

⁺ Proportion based only upon the homes that had the deficiency identified at the initial assessment

- Indicates case correction analysis was not conducted on the specific indicator

	Assessment (N=375)		Reassessment (N=375)		Corrected Cases [‡]	
	N	%	N	%	N	%
Pets						
Cat; Dog; Other	164	43.7%	153	40.8%	-	-
Pet has full access throughout home	104	27.7%	99	26.4%	1	1.0%
Pests*						
Cockroaches - Evidence seen; Family reports	41	10.9%	39	10.4%	5	12.2%
Mice - Evidence seen; Family reports	96	25.6%	77	20.5%	23	24.0%
Rats - Evidence seen; Family reports	4	1.1%	4	1.1%	0	0.0%
Bedbugs - Evidence seen; Family reports	11	2.9%	5	1.3%	6	54.5%
Any of the above	117	31.2%	95	25.3%	28	23.9%
Evidence of Pesticide Use						
Yes	53	14.1%	66	17.6%	6	11.3%
Active renovation						
Yes	29	7.7%	20	5.3%	12	41.4%
If HOME BUILT PRE-1978: Yes	21	6.6%	15	4.7%	-	-
Damage or peeling paint						
Present	110	29.3%	83	22.1%	27	24.5%
If HOME BUILT PRE-1978: Present	104	32.5%	78	24.4%	25	24.0%
If HOME BUILT PRE-1978 AND CHILDREN < 6: Present	64	38.3%	51	30.5%	14	21.9%
Provided with Lead-based paint booklet provided						
No	163	43.5%	160	42.7%	11	6.7%
If HOME BUILT PRE-1978: No	140	43.8%	135	42.2%	11	7.9%
Asbestos						
Not Tested; Not testedSuspect Material present; Tested-Present and in poor condition	256	68.3%	267	71.2%	3	1.2%

	Assessment (N=375)		Reassessment (N=375)		Corrected Cases [‡]	
	N	%	N	%	N	%
Radon						
Not Tested; >=4 pCi/L but not mitigated	226	60.3%	210	56.0%	9	4.0%
Tobacco Smoke*						
Smoking allowed indoors	58	15.5%	54	14.4%	-	-
Smoking allowed outdoors	73	19.5%	69	18.4%	-	-
Evidence of smoking seen	50	13.3%	51	13.6%	-	-
Visitors allowed to smoke in home	46	12.3%	47	12.5%	-	-
Any of the above	131	34.9%	122	32.5%	9	6.9%
Other Irritants						
Air Fresheners; Potpourri, incense, candles; Other	239	63.7%	225	60.0%	22	9.2%

⁺ Proportion based only upon the homes that had the deficiency identified at the initial assessment

- Indicates case correction analysis was not conducted on the specific indicator

Appendix III Analytic Business Rules

Dataset

- The assessment dates range from September 10, 2010, to September 29, 2016, using a cut-off date of September 30, 2016.
- However, if an assessment or reassessment was performed during this timeframe, but not entered into the SS after the cut-off date of September 30, 2016, it was not included in the analytic dataset.
- For the purposes of describing the characteristics of homes in the sample, and sub-group identification/analyses, only the data as reported in the 'General Housing Characteristics' section were used. If the home was in the assessment-reassessment sample, only the data as reported in the 'General Housing Characteristics' section on the initial assessment were used.

Calculating Proportions

- N=1,502 was used as the denominator for assessment data.
- N=375 was used as the denominator for reassessment data.
- Any homes with data that indicated the presence of a given deficiency or hazard was included in the numerator.
- Homes with a field left blank or with data that suggested the item was not applicable (e.g. 999, 123) were retained in the denominator and the given deficiency or hazard was considered not to be present.
- For sub-group analyses, the denominator was limited to the sample of homes with data on that sub-groups' key characteristic (e.g. Home built before 1950, occupancy includes a child under 6 years, etc.), thus any home missing data on the key characteristic was excluded from the denominator and sub-group analyses.

Analysis of Reassessments

- Only homes with an assessment and reassessment, matched by unique ID, were included in analysis.
- Prevalence of a given deficiency or hazard at each timepoint was based on the proportions of homes with the presence of a given deficiency or hazard at each timepoint, regardless of the presence/absence of the deficiency or hazard at assessment.
- Case correction was based upon only the homes that were identified as having the given deficiency or hazard at the initial assessment, thus the denominator was unique for each item. The case was considered as 'corrected' if the deficiency or hazard was no longer present on the reassessment (for example, a home was noted as lacking a CO alarm at assessment, but the reassessment of the home did not note it to be lacking a CO alarm).

Connecticut Healthy Homes 2017 Strategic Plan







Health Resources in Action Advancing Public Health and Medical Research

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Introduction

The Connecticut Department of Public Health (DPH), contracted with Health Resources in Action, Inc. (HRiA) in the spring of 2017 to work with the Connecticut Healthy Homes Coalition, led by DPH, to develop a strategic plan to align and guide Healthy Homes efforts across the state. The strategic planning process included participation from a wide variety of stakeholders, including various departments of DPH as well as partners from hospitals, local municipalities, other local and state agencies, and local health departments. This process, and the resulting plan, demonstrate the deep interest and commitment of partners and stakeholders to work together to advance Healthy Homes programs, initiatives and activities across the state of Connecticut.

The Definition of Healthy Homes

A healthy home is sited, designed, built, renovated, and maintained to support health. A healthy homes approach is a coordinated, comprehensive, and holistic approach to preventing diseases and injuries that result from housing-related hazards and deficiencies. https://www.cdc.gov/healthyhomes/

Implementation of the 2011 Healthy Homes Strategic Plan

In July 2011, the Healthy Homes Strategic Plan was introduced to the public. With this Plan the development of the Connecticut Healthy Homes Partners Workgroup was established. The Workgroup was comprised of organizations interested in the Healthy Homes Initiative. The Workgroup was split into three sub-committees (i) Public Awareness, (ii) Workforce Development, and (iii) Policies, Guidelines & Practices. Workgroup meetings were held to determine progress on activities outlined in the Strategic Plan.

Accomplishments from the 2011 Strategic Plan include:

Internal Program Integration Activities

- Developed a "Healthy Homes" selection option under the CDC Public Health and Human Services Block Grant funding stream; where local health departments have the opportunity to perform Healthy Homes Assessments and associated education outreach.
- Development of contract language, hazard-specific deliverables and a unified healthy homes checklist for home visits and local health complaint responses.
- Acquired full funding in a competitive grant application process from the Centers for Disease Control and Prevention (CDC) and partnered with a non-profit organization to carry out Healthy Homes Assessments in hundreds of homes in high-risk communities.

Technical Capacity Building

- Presented Healthy Homes Training to various health professionals, housing officials, and non-governmental organizations.
- Incorporated healthy homes principles into DPH Lead Inspector annual refresher course.
- Offered the 2-day National Center for Healthy Homes Essentials for Healthy Homes Practitioners course multiple times to partners throughout Connecticut.
- Presented healthy homes concepts and principles at the annual Environmental Health Training Program Course at Southern Connecticut State University.
- Presented DPH Healthy Homes Initiative accomplishments and plans at the annual meetings of the CT Environmental Health Association and CT Association of Housing Code Enforcement Officials, as well as to local health departments.



- Offered the Healthy Homes Webinar Series in collaboration with Yale's Office of Public Health Workforce Development to anyone interested, such as local health departments, other state code enforcement officials and the New England Lead Coordinating Committee. The webinar series is posted on the <u>TRAIN Connecticut</u> <u>website</u> for future reference (search for CT Healthy Homes).
- Worked with several cities to establish their own city-wide Healthy Homes Initiative to coordinate social, health, and environmental justice services provided through private/public industry and non-profit organizations.

Outreach

- Presented on healthy homes concepts and the state strategic planning work at the Connecticut Association of Housing Code Enforcement Officials, the New England Lead Coordinating Committee, the Connecticut Environmental Health Officials Annual Meeting, and at the Uncas Health District. These events generated strong interest, discussion and support. The events also helped identify partners for future collaboration.
- Provided presentations to Head Start Programs based on a Healthy Homes module developed by UCONN Cooperative Extension Service.

Materials Development

- Developed a Healthy Homes Website (<u>www.ct.gov/dph/healthyhomes</u>).
- Completed update of the <u>Environmental Hazards in the Home A Guide for</u> <u>Homeowners, homebuyers, Landlords & Tenants</u>.
- Developed Healthy Homes Fact Sheets and print materials.
- Developed *Susie and Jerome Learn about a Healthy Home* storybook for children with a companion teacher/parent guide.
- Published the *CT Healthy Homes <u>Databook</u>* on housing and health data for Connecticut in 2012.

Technical Assistance

- Provided technical assistance and training to partners who carry out Healthy Homes Assessments and follow-up site visits.
- Developed the Healthy Homes Assessment checklist and promote standardization of Healthy Homes Assessments across Connecticut.
- Developed the web-based Healthy Homes surveillance system.

External Agency Coordination

- The Connecticut DPH Healthy Homes Team submitted testimony and suggested language to the Connecticut Department of Economic and Community Development (DECD) for modification of the State's Consolidated Plan. The Plan was modified to include addressing additional environmental contaminants and home hazards as described by the U.S. Department of Housing and Urban Development's Healthy Homes Strategic Plan.
- Provided testimony to the Energy Efficiency Board to promote healthy homes interventions as part of weatherization services.
- Incorporated radon testing into lead-related home intervention visits conducted by local and regional partners.
- Established and convened a committee of housing partners to address deficiencies identified in federally-subsidized housing units throughout Connecticut.
- Partnered with over 20 agencies and non-profits in coordinating statewide healthy homes initiatives.



The successful implementation of the 2011 Healthy Homes Strategic Plan has built a strong foundation for Healthy Homes partners to continue and expand on this important work through the 2017 Healthy Homes Strategic Plan.

The Planning Process

Gathering data was an important first step to inform and guide the Strategic Plan. Data gathering efforts included discussions with DPH Healthy Homes leadership, a review of the 2011 CT Healthy Homes Strategic Plan, and review of Healthy Homes Inspection data and preliminary data report. HRiA also looked at past and current DPH Healthy Homes Efforts; Healthy CT 2020: The State Health Improvement Plan (SHIP), and The International Property Maintenance Code (IPMC) legislation that had been proposed at the time this Plan was developed.

Members of the Connecticut Healthy Homes Coalition met in March, 2017 to review the findings from the data gathering and participated in a facilitated strategic discussion to identify priorities for the 2017 Healthy Homes Strategic Plan. Coalition members met again in June for an all-day facilitated planning session to develop the draft goals, objectives and strategies for the identified priorities. Following an electronic review and feedback cycle, HRiA compiled the feedback, revised the Plan for overall consistency, consolidated the Plan components into three priorities, and made recommendations to CT Healthy Homes leadership. A final review by CT Healthy Homes Leadership resulted in the components which comprise the Plan elements outlined in this report.

See Appendix A for a more detailed description of the planning process. See Appendix B for a list of people who participated in the planning process.

The Plan

A strategic plan includes several key elements: a *vision* which articulates the preferred future we are trying to create as a result of our work; a *mission statement* that articulates a central purpose: whom do we serve, for what purpose, and in what ways that are unique or distinct? From that, specific *goals, objectives, and strategies* are developed to accomplish the mission and vision.

Priorities are key issues that provide a focus for planning. A goal is a broadly stated, nonmeasurable change in the priority area. It describes in broad terms a desired outcome of the planning initiative. Objectives articulate goal-related outcomes in specific and measurable terms. Objectives are narrow, precise, tangible, concrete and SMART (specific, measurable, achievable, relevant, time-phased). Success Measures are measure(s) of progress or completion of a goal or objective. These measures ultimately let your team know if the goal or objective was successful in impacting the priority. A strategy describes your approach to getting things done. It is less specific than action steps but tries broadly to answer the question, "How can we get from where we are now to where we want to be?".

Vision

Every Connecticut resident lives in a healthy and safe home environment.

Mission

The mission of the Connecticut Healthy Homes Coalition is to expand and maintain statewide partnerships and implement comprehensive policies and coordinated program activities that foster a healthy and safe home environment, reduce housing related health disparities, and improve community health outcomes.

Strategic Plan Priorities

	Priority Areas	Strategic Plan Goals				
1.	Knowledge and Awareness	Goal 1: Promote the understanding and benefits of healthy homes principles to ensure healthy and safe homes.				
2.	Policies, Guidelines, and Practices	Goal 2: Develop and implement a uniform, coordinated statewide approach to achieve and maintain a healthy and safe home environment.				
3.	Workforce	Goal 3: Identify and develop a competent, multi-disciplinary workforce with a holistic approach and practice to achieve healthy homes.				

These priorities are closely aligned with Healthy CT 2020: The Connecticut State Health Improvement Plan, as well as DPH's strategic plan, which includes as a strategic priority, to align strategies to address and reduce health disparities related to lead poisoning and health hazards found in the home. DPH is monitoring related health indicators and targets through its Healthy CT 2020 <u>Performance Dashboard</u>.

Who Is Impacted by a Healthy Home?

For this Plan, we have grouped those impacted by Healthy Homes by the three categories below. The examples listed for each category may not be all inclusive, and we recognize that some people may identify with more than one category. These categories are intended to be a starting point to identify those impacted by, and involved in, the implementation of this Strategic Plan.

General Public: People who rent or own their home.

Stakeholders: People who interact with, and have the opportunity to impact the perception of and behaviors conducted in a person's home, such as: rental property owners, property management, law enforcement, healthcare providers, first responders, emergency personnel, Housing and Urban Development (HUD), Environmental Protection Agency (EPA), and the Centers for Disease Control and Prevention (CDC).

Healthy Homes Workforce: People who apply Healthy Homes practices as part of their work responsibilities, such as: public health professionals, local health departments, state health officials, state health department, and local code enforcement officials.

Health Equity

Objectives marked with this icon **E** represent health equity objectives and strategies for disadvantaged or vulnerable populations and those with significant health disparities.
Strategic Plan Elements by Priority Area

Priority Area 1: General Knowledge and Awareness

Over the past several decades, an increasingly large body of scientific evidence has established the link between housing conditions and inhabitants' health. The intention of the objectives and strategies in the General Knowledge and Awareness Priority Area is to utilize a variety of communication activities, targeted at the general public and specific stakeholder groups, to raise awareness of the benefits of a healthy home and the ways in which unaddressed hazards in the home environment can cause or exacerbate a number of illnesses and injuries.

Goal 1: Promote the understanding and benefits of healthy homes principles to ensure healthy and safe homes.

Objectives

1.1: Develop at least 15 new healthy homes communication activities for public awareness by 2020. ■

Success Measures

7 Features of a Healthy Home

Clean – to reduce pests, dangerous chemicals, and asthma triggers

Dry – to reduce pests and mold Safe – to reduce accidents and injuries

Free of Pests – to prevent diseases and reduce asthma triggers

Well Ventilated – to provide fresh air and reduce breathing problems

Free of Dangerous Chemicals

(like lead, asbestos, radon) – to reduce poisonings, injuries, and other harmful effects

Well Maintained – to keep small problems from becoming big problems

From the Healthy Homes Data Book, Connecticut Department of Public Health, Healthy Homes Initiative

- Number of communication activities delivered by the Healthy Homes Coalition, DPH Healthy Homes Program, or local health departments
- Number of visits to the DPH Healthy Homes website

Strategies

- 1.1.1: Identify potential audience(s) and determine which to target with healthy homes information.
 - Target audiences may include:
 - Property owners
 - Renters
 - Owners of rental properties
 - High Risk Populations (e.g., children, elderly, communities with health disparities, pregnant women, etc.)
- 1.1.2: Review literature to identify best practices for healthy homes topics of interest or value to various target audiences.
- 1.1.3: Identify existing communication vehicles across the state that could be used for the various target audiences.
- 1.1.4: Develop specific message content to be delivered for each target audience via appropriate types of communication vehicles with special attention paid to populations with health disparities.
- 1.1.5: Promote and utilize the existing public platform (DPH Healthy Homes website) with up-to-date links to partner websites and available services in order to provide knowledge of and opportunities for occupant-centered healthy homes services.



1.2: Develop at least 15 healthy homes communication activities intended for stakeholder awareness by 2020.

Success Measures

- Number of emails and mailings sent to stakeholders
- Number of visits to DPH Healthy Homes website
- Number of Healthy Homes-related activities created as a result of communication activities (e.g. booths at health fairs, presentations, educational mailings, videos created, etc.)

Strategies

1.2.1: Identify target audiences for specific best practice policies not required by state or local law, but which are integral to a Healthy Homes comprehensive approach.

Target audiences may include:

- Landlord Associations
- Property Management Companies
- Realtor Associations
- State and Federal Subsidized Housing Funders
- Funders
- Lenders
- Code Enforcement Officials
- Legislators
- Primary Care Providers
- 1.2.2: Identify partners who can promote and/or assist with adoption of specific best practice policies.
- 1.2.3: Develop, identify and provide resource materials to assist with adoption and implementation of specific best practice policies.
- 1.2.4 Develop messages and communication strategies for specific best practices, including ROI/benefits from adopting best practice policy.

Potential Partners and Resources Priority Area 1: General Knowledge and Awareness

- Code Enforcement Officials
- Community Based Organizations
- Department of Energy and Environmental Protection (DEEP)
- Local Health Departments
- Landlords/ Landlord Associations
- Local and Federal Subsidized Housing Funders
- Lenders
- Legislators
- Parent and teacher organizations (PTO's)
- Property Management Companies
- Primary Care Providers
- Realtor Associations
- Connecticut Health Improvement Coalition



Priority Area 2: Policies, Guidelines, and Practices

The Policies, Guidelines, and Practices Priority Area emphasizes the importance of addressing hazards in the home environment using a coordinated and systemic approach of adherence to health and safety best practices. It also focuses on the adoption of the Connecticut Healthy Homes Approach, providing comprehensive healthy homes data, identifying funding sources to subsidize the identification and elimination of health and safety hazards for populations in need, and supporting the adoption of a state-wide property maintenance code.

Health and safety best practices target non-regulatory health and safety hazards such as smoking in the home or not having an exhaust fan in the bathroom which increases the chance of mold growth. Both of these hazards can exacerbate asthma and other breathing conditions. These types of activities are not violations of law; however, they can significantly impact the health of home occupants.

The Connecticut Healthy Homes Approach refers to the full Healthy Homes Assessment conducted within the home by a local code enforcement official (e.g., local health department).

The rationale for adopting a healthy homes approach is simple: the use of education and physical interventions to simultaneously address the shared, underlying causes of multiple home hazards will allow agencies and organizations to decrease costs, increase efficiency, and improve health outcomes.

Goal 2:Develop and implement a uniform statewide approach to achieve and maintain a healthy and safe home environment.

Objectives

2.1: By 2018, create an expanded definition of healthy homes to include existing health and safety codes and best practices.

Success Measures

Expanded definition created

Strategies

- 2.1.1: Identify key stakeholders involved (including federal, state, local/municipal stakeholders).
- 2.1.2: Convene key stakeholders to meet and define components, issues, codes/statutes/regulations (codified and non-codified) and best practices that should be covered by and included in the Connecticut Healthy Homes Approach.
- 2.1.3: Create recommendations and messaging for communication of the definition (websites, Federal/State directives, etc.).
- 2.2 By 2020, promote integration and adoption of the Connecticut Healthy Homes Approach in at least three (3) communities to address health and safety best practices.

Success Measures

• Numbers of communities where local officials (LHD, housing department, building department, CHW's) have adopted the Connecticut Healthy Homes Approach, DPH checklist and use of the Healthy Homes surveillance system.



- Number of non-regulatory health hazards that are found in the home, and are found to be corrected upon re-inspection.
- Number of code violations that are found in the home, and are found to be corrected upon re-inspection.

Strategies

- 2.2.1: Identify and reach out to communities who have already adopted the Connecticut Healthy Homes Approach and are enforcing health and safety laws (e.g., Torrington, Milford) and document lessons learned.
- 2.2.2: Develop a statewide model for local adoption of the Connecticut Healthy Homes Approach.

Model should include:

- Return on Investment (ROI)
- Exploration of innovative financing methods
- Cooperative compliance (Definition: how code enforcement officials and property owners work together to gain compliance)
- Best practices for managing non-regulatory health hazards
- Scientific basis of potential health risk
- Surveillance System use
- Enforcement
- Checklist / Recommended improvements
- Referral component
- Existing statewide funding options for remediation efforts (local funding to be tracked at the community level)
- Communication
- Parties/Partners involved at the state and local level
- 2.2.3: Present the model to community leaders and decision makers (e.g., the Council of Governments (COGs), legislature, and CT Council of Municipalities (CCM)).
- 2.2.4: Ask for three (3) communities to pilot the model.
- 2.2.5: Provide technical assistance to pilot communities (coordinate with Priority Area 3: Workforce).
- 2.2.6: Evaluate how successfully pilots were implemented and document successes and barriers/challenges to implementation.
- 2.2.7: Revise model, if necessary, and replicate in additional communities.
- 2.3 By 2020, provide access for partners to comprehensive compiled data for planning and coordination of Healthy Homes activities.

Success Measures

• Compiled data accessible by partners

Strategies

- 2.3.1: Create overlay distribution maps based on data from separate focus area programs (e.g. lead, asthma, etc.) to identify "hot spots" and disparities by race, income, ethnicity, geographic location, etc.
- 2.3.2 Develop statewide prevalence maps and distribute to key stakeholders.
- 2.3.3 Develop a statewide data book of Healthy Homes inspection data and trends.



- 2.3.4 Explore drafting new codes/statutes based on findings from housing data, e.g. representing health hazards with high prevalence that are not currently enforceable by law/code.
- 2.3.5 Identify key health indicators and priority subpopulations are included in the update of the Healthy Connecticut 2020 (HCT2020) State Health Assessment.
- 2.4: By 2019, increase the number of partners supporting the adoption of a statewide property maintenance code (PMC).

Success Measures

- Number of outreach activities conducted
- Number of new partners providing support to the adoption of the PMC

Strategies

- 2.4.1: Provide feedback to the ENV (environmental) working group of HCT2020 on PMC support materials (e.g., new white sheet).
- 2.4.2 Support the ENV working group by reaching out to HCT2020 identified partners by asking for their support for the adoption of the PMC (e.g., letters of support).
- 2.5 By 2020, research and identify funding source(s) to subsidize the identification and elimination of health and safety hazards in privately owned low-income housing throughout the state.

Success Measures

- % of state funding (e.g., per capita funding) that is directed to healthy homes activities by LHDs
- Number of grant funding opportunities identified

Strategies

- 2.5.1: Explore funding options for pilot communities.
- 2.5.5 Explore financial-based criteria and funding sources for home owner assistance to correct violations.
- 2.5.3 Establish, maintain and distribute an up-to-date list of funding sources.
- 2.5.4 Encourage and increase the use of DPH administered state funding by LHDs to support the Connecticut Healthy Homes Approach.

Potential Partners and Resources for Priority Area 2: Policies, Guidelines, and Practices

- Agriculture Experiment Station
- Animal Control (Department of Agriculture)
- Children's Hospitals
- Community Based Organizations
- Connecticut Association of Directors of Health (CADH)
- Connecticut Association of Housing Code Enforcement Officials (CAHCEO)
- Connecticut Building Association
- Connecticut Chapter of American Academy of Pediatrics
- Connecticut Chapter of the American Planning Association
- Connecticut Chiefs of Police
- Connecticut Council of Municipalities (CCM)



- Connecticut Environmental Health Association (CEHA)
- Connecticut Fair Housing Center
- Connecticut Fire Chiefs
- Connecticut Fire Marshal's Association
- Connecticut Greenbank
- Connecticut Health Improvement Coalition (HCT 2020)
- Connecticut Housing Finance Authority
- Connecticut State Department of Public Health (DPH)
- CT Chapter, American Academy of Pediatrics
- CT Housing Coalition
- CT Housing Coalition
- CT Department of Housing
- CT Office of Early Childhood
- Department of Children and Families (DCF)
- Department of Energy & Environmental Protection (DEEP)
- Department of Housing
- Department of Mental Health and Addiction Services (DMHAS)
- Department of Social Services (DSS)
- Division of Criminal Justice
- Eversource
- Home visiting programs/organizations
- Hospitals
- HUD Region 1 Office and/or the Hartford Office
- Legal Aide
- Local Health Departments (LHD)
- Local Public Housing Authorities
- Maternal and Child Health (MCH) Coalition
- Office of State Building Inspector DAS/DCS
- Office of State Fire Marshal DAS/DCS Partnership for Stronger Communities
- Pediatric Medical practices
- Primary Care Providers
- Putting on Airs Programs
- Regional Councils of Governments (RCOG)
- Town Planners
- United Illuminating
- · Weatherization companies and programs

Priority Area 3: Workforce

A competent, multi-disciplinary healthy homes workforce is integral to promoting and implementing the Connecticut Healthy Homes Approach. This priority area addresses the importance of educating the existing healthy homes workforce on the Connecticut Healthy Homes Approach as well as providing healthy homes training activities for multi-sector stakeholders.

Stakeholders are those who interact with, and have the opportunity to impact perceptions of and behaviors conducted in a person's home environment. These stakeholders are often in homes as part of their work, e.g., property owners of rental properties and first responders. Training them on the Connecticut Healthy Homes Approach and the benefits of collaborating with healthy homes professionals can significantly increase the impact of healthy homes efforts across the state. Many of these stakeholders have unique opportunities to inform people about healthy homes principles and resources available to them, and can provide an important voice for the reporting of healthy homes related hazards that exist in the home.

Goal 3: Develop a competent, multi-disciplinary workforce, including stakeholders, to apply a holistic approach to achieving a healthy home.

3.1: Identify and engage healthy homes workforce and multi-sector stakeholders to enhance implementation of the Connecticut Healthy Homes Approach.

Success measure:

- Number of stakeholders participating in activities, trainings, and Healthy Homes Coalition meetings
- Number of new stakeholders engaged in healthy homes initiatives

Brainstormed Strategies

- 3.1.1: Review existing lists of workforce stakeholders who will benefit from training (e.g., Home Improvement Contractors and Workers (Renovators), Investment (Rental) Property Owners, Residential Property Maintenance Staff and Workers, House Painters, etc.) and identify gaps.
- 3.1.2: Send outreach messages in order to engage existing and new stakeholders (e.g. email, letter via snail mail, etc.).
- 3.1.3: Convene multi-sector workforce stakeholders through Coalition meetings to share, leverage and coordinate healthy homes workforce activities.

3.2: By 2020, offer four (4) healthy homes related training opportunities.

Success measure:

- Number of offered trainings
- Number of shared opportunities
- Number of leveraged opportunities
- Number of times trainings on CT TRAIN are accessed.

Brainstormed Strategies

3.2.1: Perform an assessment/inventory of existing workforce and stakeholder trainings.

- 3.2.2: Identify opportunities for collaboration and sharing existing materials and trainings through CT TRAIN.
- 3.2.3: Record trainings/webinars and make available through CT TRAIN.
- 3.2.4: Promote healthy homes training opportunities through a variety of communications methods (e.g., website, email)
- 3.2.5: Establish tracking mechanism for trainings, partners and impact of training for healthy homes workforce and stakeholders.
- 3.2.6 Explore funding sources to subsidize training focused on lowincome workers and youth who will be entering the workforce.
- 3.2.7 Explore integrating Healthy Homes training (Healthy Homes 101) into the State Vocational School curricula.
- 3.2.8 Identify if partners require CEUs and explore adding CEUs to appropriate trainings.
- 3.2.9: Utilize Healthy Homes Coalition meetings to inform Coalition members about of current trends, happenings in other states, and Healthy Homes best practices.

Potential Partners and Resources for Priority Area 3

- Agencies on Aging
- Asbestos Abatement Contractors
- Asbestos inspectors
- Asthma programs
- Companion & homemaker type orgs
- Community Action Agencies
- Community Health nurses
- Community mental health and social work providers and agencies
- CT Department of Consumer Protection (DCP)
- CT Department of Children and Families (DCF)
- DPH approved Lead and Asbestos Trainers
- Home Daycare Providers
- Housing Authorities
- Labor Unions
- Lead Abatement Contractors
- Lead Consulting Contractors
- Lead inspectors
- Local health departments
- Local HUD inspectors, including Section 8
- Local senior centers
- Meals on Wheels
- Programs that perform home visits
- Office of State Building Inspector
- Office of State Fire Marshal
- Public safety (Police, Fire)
- Radon inspectors
- UConn School of Public Health
- Weatherization Auditors
- Workforce Development Agencies
- Yale School of Public Health

Strategic Plan Action Planning for Implementation

The CT Healthy Homes Coalition will be reconvening working groups; one for each of the priority areas. These groups will develop annual action plans; defining activities to accomplish each strategy, assigning leads and implementers, and establishing a timeline for implementation. These workgroups will track progress and learnings to guide subsequent annual implementation planning. Progress will be shared with the Connecticut Health Improvement Coalition.



Appendix A: Healthy Homes Strategic Planning Process

On March 16, 2017, members of the Connecticut Healthy Homes Coalition gathered at the Katherine A. Kelley State Public Health Laboratory (the State Lab) for a strategic discussion facilitated by HRiA. HRiA presented an overview of the process for the development of the 2017 CT Healthy Homes Strategic Plan and facilitated discussions to highlight how the Healthy Homes Strategic Plan links with other state initiatives and to identify priorities for the 2017 CT Healthy Homes Strategic Plan. Participants also reviewed the agenda for the upcoming all-day strategic planning session.

HRiA worked with DPH Healthy Homes leadership to design an agenda for an all-day, rapid strategic planning process to develop the goals, objectives and strategies which make up the main components of the Strategic Plan. HRiA's trademarked strategic planning approach is called Facilitating Alignment and Strategic Thinking (FAST[™]). It is an efficient and effective rapid strategic planning process, which, unlike a traditional strategic planning process that can take many months and be costly, is a shorter, more cost-effective approach that produces high-quality results and delivers high value and satisfaction for stakeholders.

The main outcomes from this strategic discussion were feedback on the mission statement, and the identification of four priority areas for the 2017 Strategic Plan:

- Knowledge and Awareness
- Policies, Guidelines and Practices
- Programs
- Workforce

On April 3, 2017, members of the Connecticut Health Homes Coalition gathered at the State Lab for the all-day process to develop a draft a Strategic Plan for the priorities identified in the Strategic Discussion. Each of the priority area working groups were guided through the process by a HRiA facilitator. The current vision and revised mission of the Connecticut Healthy Homes Coalition were used to develop the goals, objectives and strategies with interactive input from the participants. Following the all-day session, the draft Strategic Plan was circulated for electronic feedback. HRiA compiled the feedback, revised the Plan for overall consistency, consolidated the Plan components into three priorities, and made recommendations to CT Healthy Homes leadership. A final review by CT Healthy Homes Leadership resulted in the components which comprise the Plan elements outlined in this report.





Appendix B: Healthy Homes Strategic Planning Participants

The development of this Strategic Plan can be credited to the participation, collaboration, and dedication of several members representing key organizations throughout the State of Connecticut. All participants worked toward a common mission of protecting our residents and preventing negative environmental-related health outcomes. A large message of thanks is sent to everyone who contributed their time and expertise to this Plan.

March 16, 2017 Strategic Discussion Participants

Katie Baldwin, LLHD Alan Buzzetti, CT Children's Healthy Homes Mike Gurecka, New Opportunities/CAFCA Mehul Dalal, DPH Judith Dicine, Division of Criminal Justice Linda Forman, DEEP Christin Hahn, DPH Richard Lee, Waterbury Health Department Nicholas Palermo, Waterbury Health Department Kim Ploszaj, DPH Marian Storch, DPH Ryan Tetreault, DPH Brian Toal, DPH Terri Trenholm, DAS/DCS/OSFM Krista Veneziano, DPH

On the phone:

Leslie Balch, QVHD Marie Bournaki, DPH Asthma Kathryn Crees, Access Agency Marco Palmeri, Southington/Plainville Edith Pestana, DEEP Michael Santoro, DOH Barbara Walsh, DPH Tobacco Jennifer Frazier, Bridgeport Health Department

HRiA Facilitators:

Donna Burke, HRiA Amanda Ayers, HRiA



April 3, 2017 Strategic Planning Session Participants

Priority Area 1: Knowledge and Awareness

HRiA Facilitator: Kathleen McCabe, HRiA

Katie Baldwin, LLHD Christine Hahn, DPH Diane Smith, CHFA MaryBeth Smuts, EPA Ryan Tetreault, DPH

Priority Area 2: Policies, Guidelines, and Practices

HRiA Facilitator: Donna Burke, HRiA

Alan Buzzzetti, CT Children's Medical Center Judith Dicine, Division of Criminal Justice Michelle D'Onofrio, State of CT/DSS Marian Storch, DPH Krista Veneziano, DPH

Priority Area 3: Coordinated Programs and Efforts

HRiA Facilitator: Stacey Chacker, HRiA

Mehul Dalal, DPH Linda Foreman, DEEP Richard Lee, City of Waterbury Kimberly Ploszaj, DPH Christopher Prokop, CCHHP/Yale Lead Program

Priority Area 4: Workforce

HRiA Facilitator: Amanda Ayers, HRiA

Marian Heyman, DPH Allison Sullivan, DPH Kathi Traugh,Yale School of Public Health Terri Trehholm, DAS/DCS/Office of State Fire Marshal



Appendix C: Acronyms Found in this Strategic Plan

CADH: Connecticut Association of Directors of Health CAFCA: CT Association for Community Action CAHCEO: Connecticut Association of Housing Code Enforcement Officials CCHHP: CT Children's Healthy Homes Program CCM: CT Council of Municipalities CEHA: Connecticut Environmental Health Association CHFA: Connecticut Housing Finance Authority COG: Council of Governments DPH: Connecticut Department of Public Health CT: The State of Connecticut DAS: Department of Administrative Services DCF: Department of Children and Families DCS: Division of Construction Services DEEP: Department of Energy & Environmental Protection DMHAS: Department of Mental Health and Addiction Services DOH: Department of Health **DPH: Department of Public Health DSS:** Department of Social Services **EPA:** Environmental Protection Agency FAST[™]: Facilitating Alignment and Strategic Thinking HCT2020: See SHIP HH: Healthy Homes HRiA: Health Resources in Action, Inc. HUD: Housing and Urban Development IPMC: The International Property Maintenance Code LHD: Local Health Departments MCH: Maternal and Child Health MIECH: Maternal, Infant and Early Childhood Home Visiting Program **OPM: Office of Policy and Management** OSFM: Office of the State Fire Marshal PMC: See IPMC QVHD: Quinnipiack Valley Health District RCOG: Regional Councils of Governments, see also COG **ROI:** Return on Investment SHIP: State Health Improvement Plan SMART Objectives: specific, measurable, achievable, Relevant, time-phased

SWOT: Strengths, Weaknesses, Opportunities, Threats (used in assessing an organization)