

## 2025 CME Requirement Changes

The State of Connecticut, Department of Public Health, Office of Emergency Medical Services hereby adopts the current NREMT requirements of continuing education as that for renewal of EMR, EMT and AEMT certifications. Paramedic requirements are cited for reference. (Effective July 1, 2025)

This requirement will remain in place until updated.

	EMR	EMT	AEMT	Paramedic
<b>Airway</b>	1.5	4	5	6
<b>Cardiology</b>	2	5	6	7
<b>Trauma</b>	1	3	4	5
<b>Medical</b>	2.5	6	7	8
<b>Operations</b>	1	2	3	4
<b>Elective (Local, State, Individual)</b>	8	20	25	30
<b>TOTAL</b>	<b>16</b>	<b>40</b>	<b>50</b>	<b>60</b>

## 2025 Recertification Requirements Emergency Medical Responder (EMR)



Prior to submitting an application for renewal of EMR certification, the provider shall complete the following continuing education and maintain evidence of such training for a minimum of four (4) years, subject to inspection by OEMS. The responsibility to obtain such education and maintain records is that of the certified provider, not the employer. **An EMR must complete a minimum of 16 hours of continuing medical education.**

### 1. Minimum Mandatory Topics – 8 hours

- a. Airway, Respiration, Ventilation – 1.5 hours
- b. Cardiovascular – 2 hours
- c. Trauma – 1 hour
- d. Medical – 2.5 hours
- e. Operation – 1 hour

### 2. Continuing Medical Education – 8 hours

- a. **MANDATORY:** One of the following mental health programs:
  - i. Question, Persuade and Refer (QPR) Gatekeeper training (DCF/OEC), or
  - ii. OEMS approved PTSD and Suicide Prevention training
- b. State OEMS or CAPCE approved CME –  
(Standardized Courses (BLS, PEPP, PHTLS, etc). may be counted in this category.)  
*Note that “Mandatory” courses are required under state statute.*

### 3. Skills Validation

- a. Documentation by an EMS-I that the following skills have been performed by review of existing call records, laboratory demonstration or skills exam. This may be documented using a “T-6 Form” available on the OEMS Education webpage or any suitable substitute form or document. (Skill validation may be part of CME)
  - i. Medical Assessment and Management
  - ii. Trauma Assessment and Management
  - iii. Airway Management and Ventilation
  - iv. Cardiac Arrest with AED for all ages
  - v. Hemorrhage Control and Shock Management

4. Completion of the recertification application available online at [www.elicense.ct.gov](http://www.elicense.ct.gov) during the final 6 months of certification.

The provider may claim credit for any continuing education completed since the date of previous certification issuance or renewal. NCCR education is provided by certified EMS instructors. Continuing medical education may be provided by certified EMS instructors, subject matter experts with approval from OEMS or instructors of [Approved Standardized Courses](#).

## 2025 Recertification Requirements Emergency Medical Technician (EMT)



Prior to submitting an application for renewal of EMT certification, the provider shall complete the following continuing education and maintain evidence of such training for a minimum of four (4) years, subject to inspection by OEMS. The responsibility to obtain such education and maintain records is that of the certified provider, not the employer. **An EMT must complete a minimum of 40 hours of continuing medical education.**

### 1. Minimum Mandatory Topics – 20 hours

- a. Airway, Respiration, Ventilation – 4 hours
- b. Cardiovascular – 5 hours
- c. Trauma – 3 hour
- d. Medical – 6 hours
- e. Operation – 2 hours

### 2. Continuing Medical Education – 20 hours

- a. **MANDATORY:** One of the following mental health programs:
  - i. Question, Persuade and Refer (QPR) Gatekeeper training (DCF/OEC), or
  - ii. OEMS approved PTSD and Suicide Prevention training
- b. State OEMS or CAPCE approved CME –  
(Standardized Courses (BLS, PEPP, PHTLS, etc). may be counted in this category.)  
*Note that “Mandatory” courses are required under state statute.*

### 3. Skills Validation

- a. Documentation by an EMS-I that the following skills have been performed by review of existing call records, laboratory demonstration or skills exam. This may be documented using a “T-6 Form” available on the OEMS Education webpage or any suitable substitute form or document. (Skill validation may be part of CME)
  - i. Medical Assessment and Management
  - ii. Trauma Assessment and Management
  - iii. Airway Management and Ventilation
  - iv. Cardiac Arrest with AED for all ages
  - v. Hemorrhage Control and Shock Management
  - vi. Spinal Motion Restriction
  - vii. Splinting, Simple and Traction

4. Completion of the recertification application available online at [www.elicense.ct.gov](http://www.elicense.ct.gov) during the final 6 months of certification.

The provider may claim credit for any continuing education completed since the date of previous certification issuance or renewal. NCCR education is provided by certified EMS instructors. Continuing medical education may be provided by certified EMS instructors, subject matter experts with approval from OEMS or instructors of [Approved Standardized Courses](#).

## 2025 Recertification Requirements Advanced Emergency Medical Technician (AEMT)



Prior to submitting an application for renewal of AEMT certification, the provider shall complete the following continuing education and maintain evidence of such training for a minimum of four (4) years, subject to inspection by OEMS. The responsibility to obtain such education and maintain records is that of the certified provider, not the employer.

### 1. Minimum Mandatory Topics – 25 hours

- a. Airway, Respiration, Ventilation – 5 hours
- b. Cardiovascular – 6 hours
- c. Trauma – 4 hour
- d. Medical – 7 hours
- e. Operation – 3 hours

### 2. Continuing Medical Education – 25 hours

- a. **MANDATORY:** One of the following mental health programs:
  - i. Question, Persuade and Refer (QPR) Gatekeeper training (DCF/OEC), or
  - ii. OEMS approved PTSD and Suicide Prevention training
- b. State OEMS or CAPCE approved CME –  
(Standardized Courses (BLS, PEPP, PHTLS, etc). may be counted in this category.)  
*Note that “Mandatory” courses are required under state statute.*

### 3. Skills Validation

- a. Documentation by a **physician medical director** that the following skills have been performed by review of existing call records, laboratory demonstration or skills exam. This may be documented using a “T-6 Form” available on the OEMS Education webpage or any suitable substitute form or document. (Skill validation may be part of CME)
  - i. Medical Assessment and Management
  - ii. Trauma Assessment and Management
  - iii. Airway Management and Ventilation
  - iv. Cardiac Arrest with AED for all ages
  - v. Hemorrhage Control and Shock Management
  - vi. Spinal Motion Restriction
  - vii. Splinting, Simple and Traction
  - viii. IV/IO Therapy
  - ix. IV/IO Medication Administration
  - x. Advanced Airway Devices
  - xi. Advanced Cardiac Care (megacode, etc)

4. Completion of the recertification application available online at [www.elicense.ct.gov](http://www.elicense.ct.gov) during the final 6 months of certification.

The provider may claim credit for any continuing education completed since the date of previous certification issuance or renewal. NCCR education is provided by certified EMS instructors. Continuing medical education may be provided by certified EMS instructors, subject matter experts with approval from OEMS or instructors of [Approved Standardized Courses](#).

## Paramedic License Renewal

In Connecticut, paramedics hold a license, not a certification. No specific continuing education is required. For information on maintaining NREMT NRP certification, refer to the [NREMT website](#).

***Licensed paramedics must still renew their license annually and pay the statutory fee in order to practice in Connecticut. NREMT certification alone is not sufficient.***

## Frequently Asked Questions Regarding Recertification

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- 1. How far back may an applicant look to count CME credits?**
  - a. CME credits may be counted during the prior certification cycle. They may include credits approved by CAPCE, DPH or another state or EMS authority.
- 2. Does an applicant need to create an account on NREMT.org?**
  - a. Applicants who do not have an active NREMT certification or account do not need to create an account.
  - b. Current NREMT certified personnel may use their NREMT.org account to track continuing education requirements.
- 3. Is continuing education from other states acceptable?**
  - a. Yes – Continuing education is acceptable from any state if it is approved by the state or local EMS authority or by CAPCE.
- 4. How does an applicant for renewal demonstrate compliance with CME requirements?**
  - a. An applicant shall maintain records, paper or digital, including certificates or letters of completion, for at least four (4) years, subject to inspection by OEMS.
  - b. The applicant shall keep such records and produce them if requested to do so by OEMS.
- 5. How can an applicant be sure that the course they attend is approved for EMS providers?**
  - a. In-state programs are approved by OEMS and have an approval number. Ask your instructor for this number and check it online at the [EMS Education Page](#) under “Approved EMS Continuing Education.”
  - b. Programs in other states will have approval from the EMS authority having jurisdiction. This may be a state approval, regional or county approval, or medical director approval.
  - c. Nationally provided programs may have [CAPCE approval](#).
- 6. Is there a test for renewal of a certification?**
  - a. No – refresher exams are no longer required and are not available.
- 7. What happens after 90 days beyond expiration?**
  - a. A certified provider may no longer practice after the 90-day period. They may apply for reinstatement of their certification through OEMS.
- 8. Are paramedics required to complete continuing education to maintain their State of Connecticut license to practice?**
  - a. No – however both medical direction and the NREMT will require CME for renewal.
- 9. Why are there requirements for Human Trafficking and PTSD/Suicide Prevention training?**
  - a. Public acts 21-46 and 21-103 passed during the 2021 legislative session require this training. It is included in the Local/State requirement and does NOT add required hours to any level of provider.

## EMS Recertification References

[NREMT One Page Grid – All Levels of NCCR](#) – Outline the topic and hour requirement for NCCR continuing education by level of certified provider. This will assist applicants in categorizing topics gained from certification card courses.

[NREMT Webpage about NCCP](#)