

## ERC 2010 Overview

CONREP Requirements	Time frames 6 Hours (Plus Lunch)
Exercises 1 – 9	On-Cycle Evaluation Required
Student Discussion Cards 1 - 11	Paper Handouts of cards for students to take home

## Student Discussion Cards

Classroom type discussion on the range. 3-5 minutes for each card. At the completion of each discussion either collect the student cards or have a common storage. If not you will be waiting for them to find their cards each session.

Combine short brakes with discussion card

**Impairment Goggles:** (Card 10 )Use Goggles after “suggested question 2” in the middle of the Rider impairment card discussion. Ask for volunteers, not mandatory that all students use the goggles. Have volunteer try to walk a straight line, stay close to the student for support

## Exercises

1. Control at Low Speed - 20 Min New Exercise  
Assessment exercise (No Passengers)  
Four Parts  
Note placement of obstacles  
Stop riders only if necessary
2. Control Skills Practice BRC Exercise
3. Stopping Quickly BRC Exercise
4. Limited Space Maneuvers BRC Exercise  
Encourage tighter box or just use standard BRC box. The ERC Evaluation is 24' WIDE
5. Cornering Judgement BRC Exercise  
Use the two gates from BRC Exercise 12 Cornering Judgement
6. Cornering Finesse BRC Exercise
7. Stopping Quickly in a Curve BRC Exercise
8. Swerving and Stopping Quickly BRC Exercise  
Notice the gate is moved back 2 feet to 17 feet
9. Multiple Curves New Exercise  
Coach by correction when students are not riding; in stag area or when reversing  
To Reverse Stop Riders, on the straightaway, coach, direct them across the range to ride the path in the opposite direction.,  
No more than 3 riders per group

## Skill Test

### CONREP MODIFICATION

Requirement for card	Split Evaluation - One Instructor evaluates 6 Riders
ERC Score sheets	U Turn Box at 24 feet
Swerve gate is 17 X 3	20 Foot timing zone
One 135 degree turn	Complete circuit setup