

# Individualized Home Support (IHS)

Individualized Home Support (IHS) is a type of residential service where a staff person provides support to you in your home or your family home and in your community according to your person-centered plan.



## How is IHS typically staffed?

- You can use an agency or hire your own staff (see Self-Direction): [RewardingWork.org/CT](https://rewardingwork.org/CT) ►
- IHS is not a 24-hour support. The number of hours you qualify for is based on your level of need and funding
- IHS could include in person and/or virtual supports based on your needs and your person-centered plan



## What are some of the benefits?

- Individualized staffing support
- Supports are based on your needs and wants
- Supports can be used in your home and in the community
- Can be used with other supports such as Assistive Technology or Remote Supports: [tinyurl.com/yc2rnr28](https://tinyurl.com/yc2rnr28) ►

## What are the potential challenges?

- Finding qualified staff
- Making new friends and meeting people in a new setting

## How can I learn more?

- Talk to your Case Manager
- Visit the STEP website: [ct.gov/STEP](https://ct.gov/STEP) ►
- Watch this IHS presentation with individuals, families, DDS staff: [tinyurl.com/3r4x3mny](https://tinyurl.com/3r4x3mny) ►



## DDS Residential Services

DDS residential services provide individuals with supports needed to meet their individual goals and to live as independently as possible. These services may include but are not limited to assistance with daily living skills, social skills, community integration, relationship building, nutritional meal planning, diet, exercise, shopping, money management, self-advocacy, safety skills, and pursuing community recreational activities.



▲ Scan the QR code to visit [ct.gov/STEP](https://ct.gov/STEP) for more information