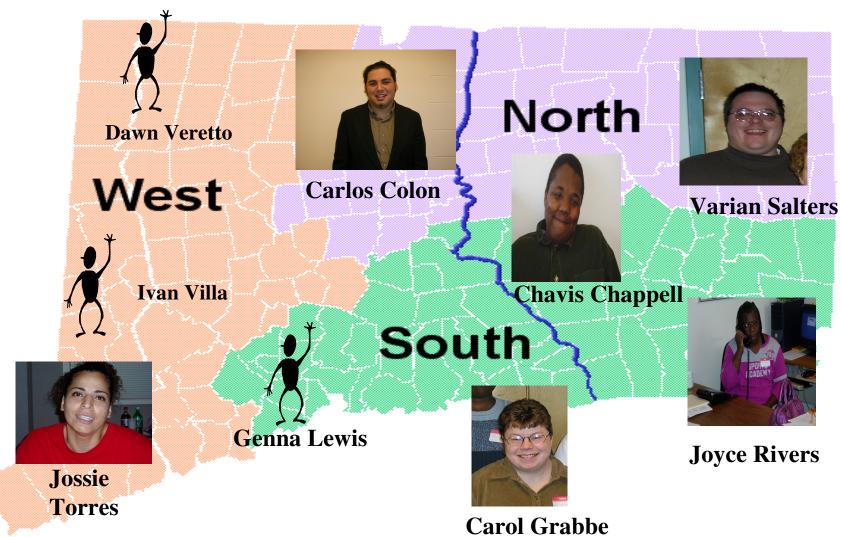


# SELF ADVOCATES LEADING CHANGE IN CONNECTICUT





### WHO WE ARE



### DMR SELF ADVOCATE COORDINATORS



### **OUR ROLE**

#### **Self Advocate Coordinator Goals:**

the number of people involved in self advocacy

the number of consumers participating in DMR decision-making activities

train more consumers as leaders

Create materials that are easy to read for consumers

Make sure consumers have an active role in all new initiatives started by the department-Nothing about us without us!



# Self Advocacy

- Existing advocacy groups expanded: Willimantic, New London, Wallingford
- New self advocacy groups created: Waterbury, Farmington, New Haven
- With are working to change the name of the department and on legislation to mandate the use of People First language.



Partnership with CT People First and SABE has been enhanced.



We are now active members of NEAT (New England Advocates Together)

# Consumer Participation in Decision-Making Activities

- SAC's are participating in a variety of committees and other decision-making activities: Governor's MR Council, Deputy Commissioner's Self Advocacy Advisory Group, Regional Director Committees, C-PASS, Human Rights, Conference Planning, quality, cultural competence, CMS grant, MIG, DOE, Employment, etc.
- We are in process of drafting accommodation recommendations that will help expand additional consumer participation





Carol Grabbe speaking as a Keynote panel member at the NASDDD Conference



# Leadership Development

- 15 consumers have been trained as public speakers and are now assisting with NET and other DMR trainings. We are partnering with Toastmasters to bring public speaking training to consumers in their local communities.
- We participated as assistant staff in the annual Youth Leadership Forum and are active members in regional Disability Advocacy Collaborative groups.
- We had a self advocacy training statewide event each year. We also sponsored other regional self advocacy training events and invite self advocates to participate in most DMR events.





Kevin and Steven are proud graduates of the Willimantic Speaker's Bureau and now do NET Human Rights training



## Easy to Read Materials

- We participated in the development of the department's new Waiver Guides. We have also written articles, created self advocacy bulletin boards and have distributed information at display tables. We've also been advocating that all new materials are translated into Spanish.
- We are almost finished creating a portability video!
- We also created a new Self Advocacy website which is coming soon!





Laura Kate and Chavis spreading the word at the NEAT Market Convention



New Projects and Division

### Activities

- We have participated in a variety of division activities such as completing core indicator surveys, participating in employee interviews, etc.
- We have also participated in new department initiatives: creation of the LON, SL Symposium, Health Pilot Project, CPASS Pilot, etc.





Jossie hard at work getting her Core Indicator surveys completed





# Next Steps?



What can we do for you in 2007-2008?

Please let us know your ideas on how we can support and promote self-advocacy in CT!