

BELONGING-

INCLUSION

JANUARY 2023

IN THIS ISSUE

INFORMATION ABOUT

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DIVERSITY WORD OF THE MONTH

Marginalization - the act of treating someone or something as if they are not important.

(Source: dictionary.cambridge.org)

America's present need is
not heroics but healing;
not nostrums but
normalcy; not revolution
but restoration.

Warren G. Harding

BrainyQuote



WELCOME

COMMISSIONER SCHEFF

I AM EXCITED TO HAVE A MESSAGE FROM ME INCLUDED IN THIS MONTH'S DIVERSITY, EQUITY, AND INCLUSION NEWSLETTER, PARTICULARLY BECAUSE THE THEME IS INCLUSION. CONSISTENT WITH OUR MISSION STATEMENT, OUR CURRENT ARPA WORK LARGELY FOCUSSES OUR EFFORTS ON CREATING OPPORTUNITIES FOR EVERYONE ELIGIBLE FOR THE DEPARTMENT INCREASING THEIR OPPORTUNITIES TO BE INCLUDED. FOR SOME, THAT MAY COME THROUGH NEW RESPITE OPPORTUNITIES OR MORE INDEPENDENT LIVING, FOR OTHERS IT MAY BE AN OPPORTUNITY TO HAVE INCREASED ACCESS TO THE COMMUNITY AND RECREATIONAL OPPORTUNITIES AND STILL OTHERS MAY SEE OPPORTUNITIES TO CHANGE THE PLACE OR THE WAY THEY LIVE THAT INCREASES INDEPENDENCE AND INCLUDES THEM IN DIFFERENT WAYS. ALL OF THIS WILL HAPPEN BECAUSE OF DDS' EFFORTS TO INCLUDE ALL STAKEHOLDERS IN THE DISCUSSION AND PROCESS. BECAUSE WE HAVE AN INCREASINGLY INCLUSIVE WORKPLACE, WE WILL DERIVE GREATER VALUE FROM OUR EFFORTS. I HOPE YOU ENJOY THIS MONTH'S NEWSLETTER.

EMANCIPATION PROCLAMATION



Many tend to think of the Civil War as being fought to end slavery. A renewed debate about the effectiveness of the proclamation, Lincoln's motivations in issuing it, and how the act shaped the overall war effort comes into question every year. It is not well known that the Emancipation Proclamation issued by then-President Abraham Lincoln on January 1, 1863, was not designed, nor a motivation to free slaves but, to save the Union.

(Source: www.ushistory.org)

excerpt of a Letter to Horace Greeley that Abraham Lincoln wrote on August 22, 1862

"If I could save the Union without freeing any slave I would do it, and if I could save it by freeing all the slaves I would do it, and if I could save it by freeing some and leaving others alone, I would also do that. What I do about slavery, and the colored race, I do because it helps to save the Union; and what I forbear, I forbear because I do not believe it would help to save the Union....."

(Source: https://www.elephango.com/index.cfm/pg/k12learning/lcid/13789/The_Emanicipation_Proclamation)

Every person who holds the office of President makes a solemn promise to uphold, preserve, protect, and defend the Constitution. It is with this promise that Lincoln abolished slavery to preserve the Union. According to documents Abraham Lincoln always hated slavery but did not always view the institution as irreconcilable with the United States Constitution. It was not until late 1862 that he realized that the only way for the country to reunite would be if it were void of slavery. Lincoln himself did not believe the Constitution gave the President the authority to end slavery in the states that already had it. However, the fact that the country was at war justified the executive order. Knowing that the proclamation would lose this justification when the war ended, Lincoln and his Congressional allies began work on a constitutional amendment to end slavery.

The Emancipation Proclamation did not free all the slaves of the South, it did not apply to slave states still in the Union and would not have any legal standing once the war ended. Lincoln and his Congressional allies began work on a constitutional amendment to end slavery, most notably the 13th Amendment. The Emancipation Proclamation fundamentally changed the nature of the Civil War and made the abolition of slavery a war aim. The U.S. Army reacquired control of areas within the Confederacy and essentially became an army of liberation.

(Source: <https://pastexplore.wordpress.com/2018/01/07/the-emancipation-proclamation-within-the-larger-process-of-ending-slavery-during-the-civil-war/>)



Slaves in the border states that remained in the Union, shown in dark brown, were excluded from the Emancipation Proclamation, as were slaves in the Confederate areas already held by Union forces (shown in yellow).www.ushistory.org

HAPPY BIRTHDAY



Photo: www.histagory.com

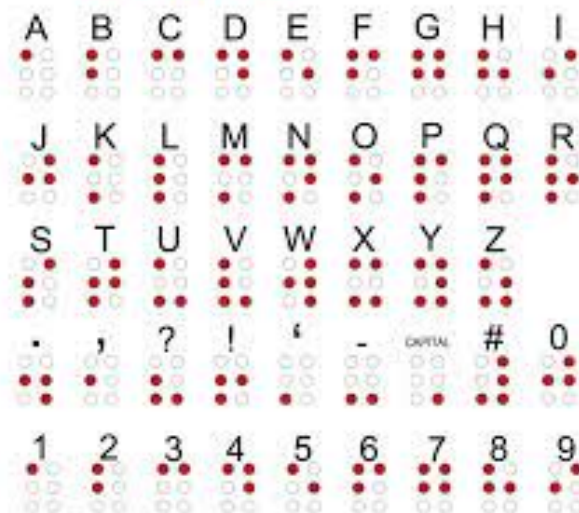
LOUIS BRAILLE THE INVENTOR OF THE BRAILLE CODE AND THE YOUNGEST OF FOUR CHILDREN WAS BORN ON JANUARY 4, 1809, IN COUPVRAY, FRANCE. AS A CHILD LOUIS BRAILLE OFTEN SPENT TIME IN HIS FATHER'S LEATHER SHOP. AT THE AGE OF 3, WHILE PLAYING IN HIS FATHER'S SHOP, LOUIS INJURED HIS EYE ON A SHARP TOOL. DESPITE THE BEST CARE AVAILABLE AT THE TIME, INFECTION SET IN AND SOON SPREAD TO THE OTHER EYE, LEAVING HIM BLIND. (SOURCE: PUBMED.NCBI.NLM.NIH.GOV).

AT THE AGE OF 16, WHILE A STUDENT AT THE NATIONAL INSTITUTE FOR BLIND YOUTH IN PARIS, LOUIS BRAILLE WAS INSPIRED BY CHARLES BARBIER A RETIRED ARTILLERY OFFICER WHO INVENTED EMBOSSED DOTS TO REPRESENT SOUNDS. LOUIS RECOGNIZED THE ADVANTAGES OF THIS COMMUNICATION STYLE AND SPENT THE NEXT THREE YEARS IMPROVING UPON BARBIER'S IDEA TO CREATE WHAT BECAME KNOWN AS BRAILLE. (SOURCE: WWW.NBP.ORG)

THE BRAILLE SYSTEM CREATED IN 1821 ALLOWS PEOPLE WHO HAVE LOST THEIR SIGHT A WRITTEN LANGUAGE. HOWEVER, BETWEEN THE LATE 1960S TO THE LATE 1980S THE IMPORTANCE OF BRAILLE BECAME OBVIOUS. DURING THIS TIME STUDENTS WHO WERE BLIND WERE MAINSTREAMED IN PUBLIC SCHOOLS WITH FEW TEACHERS WHO KNEW BRAILLE. DURING THIS TIME LITERACY RATES FOR PEOPLE WITH BLINDNESS INCREASED. A MOVEMENT STARTED TO REINSTATE BRAILLE INSTRUCTION IN PUBLIC SCHOOLS. (SOURCE: WWW.NBP.ORG)

THIS REVOLUTIONARY SYSTEM HAS ALLOWED PEOPLE WHO HAVE BLINDNESS TO ACCESS WRITTEN CULTURE, AND IT CAN THEREFORE BE CONSIDERED A MAJOR ADVANCE IN THE QUALITY OF LIFE FOR PEOPLE WITH BLINDNESS. (SOURCE: PUBMED.NCBI.NLM.NIH.GOV)

BRAILLE Alphabet



EPIPHANY

EPIPHANY, celebrated on January 6 marks the final celebratory day of the Christian holiday season. Epiphany is commonly associated with the day the Three Wise Men arrived at the manger. Epiphany is known by many names, Three Kings Day, Little Christmas, The Feast of Epiphany, Timket, Women's Christmas, and many more. It is celebrated by Christians throughout the world no matter its name. (Source: nationaltoday.com)

Epiphany is celebrated in many countries with special pastries, parades, and children receiving small gifts. The holiday also has a number of traditions involving water representing baptism and blessings. (Source: www.britannica.com)

EPIPHANY AROUND THE WORLD

Ethiopian Christians celebrate Timket



Italy celebrates La Befana



Poland, Portugal, and Belgium celebrating Little Wise Men



Spain celebrates Fiesta de Los Tres Reyes Magos



Greece celebrates a cross in the sea



The Story Behind Women's Little Christmas (AKA 'Nollaig na mBan')

By: Author Gillian Birch

Submitted by Colleen Neely
DDS Resource Management Specialist

WOMEN'S LITTLE CHRISTMAS IS KNOWN BY SEVERAL NAMES IN IRELAND INCLUDING THE IRISH NOLLAIG NA MBAN, THE FEAST OF EPIPHANY AND THE TWELFTH NIGHT.

1. WHEN IS IT?

NOLLAIG NA MBAN IS ALWAYS HELD ON JANUARY 6TH WHICH IS THE TWELFTH DAY OF CHRISTMAS (COUNTING FROM CHRISTMAS DAY ON DECEMBER 25TH).

JANUARY 6TH IS ALSO TRADITIONALLY CELEBRATED AS THE FEAST OF EPIPHANY OR THREE KINGS DAY, WHEN THE WISE MEN FOLLOWED THE STAR AND BROUGHT THEIR GIFTS OF GOLD, FRANKINCENSE AND MYRRH TO THE NEWBORN KING.

2. WHAT'S IT ALL ABOUT?

BACK IN THE DAY, HOUSEWORK IN MANY HOMES IN IRELAND WOULD HAVE BEEN EXCLUSIVELY DONE BY THE WOMEN OF THE HOUSEHOLD. WOMEN'S LITTLE CHRISTMAS WAS TRADITIONALLY A DAY WHEN THE MEN WERE TASKED WITH ALL OF THE CHORES AND THE WOMEN GOT TOGETHER AND ENJOYED A WELL EARNED DAY OFF.

3. WHERE IT ORIGINATED

NOLLAIG NA MBAN ORIGINATED IN IRELAND AND THE TRADITION IS PARTICULARLY STRONG IN PARTS OF CORK AND KERRY. IN OTHER COUNTRIES, WOMEN'S DAY MAY HAVE DIFFERENT MEANINGS AND OTHER DATES BUT FOR THE IRISH IT WAS, AND STILL IS FOR MANY, A DAY WHEN WOMEN INDULGE IN A DAY OFF WITH FEMALE FAMILY AND FRIENDS.

4. HOW TO SAY HAPPY LITTLE WOMEN'S CHRISTMAS IN IRISH

IN IRISH, WE SAY, 'NOLLAIG NA MBAN SHONA DAOIBH'. THIS IS PRONOUNCED 'NULL-UG-NA-MON SON-AH JEEVE'.



[To access the full article please click here](#)

El Dia de Reyes (Three Kings Day)

Submitted by Jossie Torres Self Advocate Coordinator West Region



THREE KINGS DAY - January 6, 2023 -

At its core, Three Kings Day is in fact a feast day. So it makes perfect sense that on this day, families enjoy a big filling meal. In Latin American countries, this feast is enjoyed al fresco, outdoors. Traditional dishes include black beans and rice with some families switching out the beans for peas or corn, soups and salads that feature yucca, nopales, and plantains, and a slow cooked meat ...

(Source: [nationaltoday.com](https://www.nationaltoday.com))

To access full article please click the below link
[THREE KINGS DAY - January 6, 2023 - National Today](#)

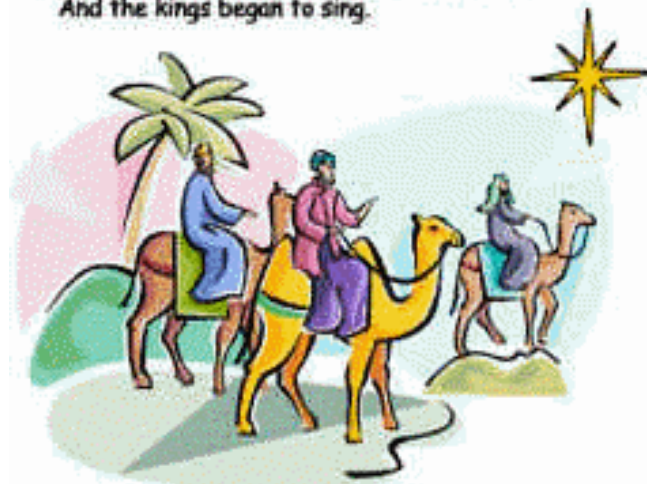
The Kings from the East

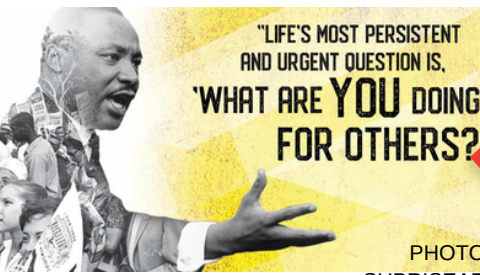
by Heinrich Heine

"Dear children," they asked in every town,
Three kings from the land of the sun,
"Which is the road to Bethlehem?"
But neither the old nor the young

Could tell, so the kings rode on:
Their guide was a golden star,
Which glittered ahead of them, high in the air,
So clear, so very clear.

The star stood still over Joseph's house,
They all of them stepped in:
The good ox lowed and the little child cried,
And the kings began to sing.





Happy Birthday

Dr. Martin Luther King, Jr.



PHOTO: SURPRISEAZ.GOV

EACH YEAR ON THE THIRD MONDAY OF JANUARY WE OBSERVE MARTIN LUTHER KING JR. DAY AND REFLECT ON THE WORK THAT STILL NEEDS TO BE DONE FOR RACIAL EQUALITY. THE CONCEPT OF MARTIN LUTHER KING JR. DAY AS A HOLIDAY WAS PROMOTED BY LABOR UNIONS. AFTER KING'S DEATH, ON APRIL 4, 1968, U.S. REPRESENTATIVE JOHN CONYERS AND U.S. SENATOR EDWARD BROOKE INTRODUCED A BILL IN CONGRESS TO MAKE KING'S BIRTHDAY A NATIONAL HOLIDAY. THE BILL FIRST CAME TO A VOTE IN THE U.S. HOUSE OF REPRESENTATIVES IN 1979; HOWEVER, IT FELL FIVE VOTES SHORT OF THE NUMBER NEEDED FOR PASSAGE. TWO OF THE MAIN ARGUMENTS MENTIONED BY OPPONENTS WERE THAT A PAID HOLIDAY FOR FEDERAL EMPLOYEES WOULD BE TOO EXPENSIVE AND THAT A HOLIDAY TO HONOR A PRIVATE CITIZEN WOULD BE CONTRARY TO LONGSTANDING TRADITION, AS KING NEVER HELD PUBLIC OFFICE. AT THE TIME, ONLY TWO OTHER FIGURES HAD NATIONAL HOLIDAYS HONORING THEM: GEORGE WASHINGTON AND CHRISTOPHER COLUMBUS. IN 1980 MUSICIAN STEVIE WONDER RELEASED THE SINGLE "HAPPY BIRTHDAY" TO POPULARIZE THE CAMPAIGN AND HOSTED THE RALLY FOR PEACE PRESS CONFERENCE IN 1981. SIX MILLION SIGNATURES WERE COLLECTED AND HAVE BEEN CONSIDERED THE LARGEST PETITION IN FAVOR OF AN ISSUE IN U.S. HISTORY. ON NOVEMBER 2, 1983, THEN-PRESIDENT RONALD REAGAN SIGNED A BILL TO CREATE A FEDERAL HOLIDAY HONORING DR. MARTIN LUTHER KING JR. IT WAS OBSERVED FOR THE FIRST TIME ON JANUARY 20, 1986. THE HOLIDAY IS TYPICALLY OBSERVED WITH EVENTS SUCH AS MARCHES AND RALLIES AND SPEECHES BY POLITICIANS AND CIVIL RIGHTS LEADERS. ON AUGUST 23, 1994, THE KING HOLIDAY AND SERVICE ACT WAS SIGNED INTO LAW BY PRESIDENT BILL CLINTON INSPIRED BY KING'S LIFE OF SERVICE. TODAY, IT IS THE ONLY FEDERAL HOLIDAY DESIGNATED AS A NATIONAL DAY OF SERVICE TO ENCOURAGE ALL TO VOLUNTEER AND IMPROVE THEIR COMMUNITIES.

(SOURCES; WWWWWW.NATIONALTODAY.COM; WWW/BRITANNICA.COM; CONSTITUTIONCENTER.ORG)

January 15, 1929
Birth of a King
 Martin Luther King Jr. is born in Atlanta, GA.

May 17, 1957
The King's Speech
 King makes his first address to the nation, 'Give Us the Ballot,' at the Prayer Pilgrimage for Freedom at the Lincoln Memorial in Washington.

April 4, 1968
Tragedy Strikes
 After delivering his final speech, 'I've Been to the Mountaintop,' in Memphis the day before, King is shot and killed on the balcony of the Lorraine Motel.

1980
Stevie Wonder Calls for Action
 Stevie Wonder releases 'Happy Birthday,' a song in which he not only celebrates Martin Luther King Jr.'s birthday but also laments the fact that anyone would oppose the idea of a Dr. King holiday.

1986
The First Day
 Martin Luther King Jr. Day is observed for the very first time.

2000
Unity
 Martin Luther King Jr. Day is observed by all 50 states for the first time.



LUNAR NEW YEAR



LUNAR NEW YEAR ALSO CALLED SPRING FESTIVAL IS ONE OF THE MOST IMPORTANT CELEBRATIONS OF THE YEAR AMONG EAST AND SOUTHEAST ASIAN CULTURES. LUNAR NEW YEAR BEGINS WITH THE FIRST NEW MOON AND ENDS ON THE FIRST FULL MOON OF THE LUNAR CALENDAR, LASTING APPROXIMATELY 15 DAYS. (SOURCE; WWW.BRITANNICA.COM)

IN 2023, LUNAR NEW YEAR BEGINS ON JANUARY 22. CHINA'S LUNAR NEW YEAR IS KNOWN AS CHŪNJIÉ IN MANDARIN, WHILE KOREANS CALL IT SEOLLAL AND VIETNAMESE REFER TO IT AS TẾT. THE HOLIDAY BEGAN AS A TIME FOR FEASTING AND HONORING HOUSEHOLDS, HEAVENLY DEITIES, AND ANCESTORS. EACH YEAR IN THE LUNAR CALENDAR IS REPRESENTED BY ONE OF THE 12 ZODIAC ANIMALS. THE 12 ZODIAC ANIMALS, THE RAT, OX, TIGER, RABBIT, DRAGON, SNAKE, HORSE, SHEEP, MONKEY, ROOSTER, DOG, AND PIG CORRESPOND TO ONE OF THE FIVE ELEMENTS OF THE EARTH (WATER, FIRE, WOOD, AND METAL). THE YEAR 2023 IS THE YEAR OF THE RABBIT. THE YEAR OF THE RABBIT LAST CAME UP IN 2011. THE RABBIT IS THOUGHT TO BE THE LUCKIEST OF THE TWELVE ANIMALS OF THE ZODIAC. IT SIGNIFIES FORGIVENESS, GRACE, AND BEAUTY. (SOURCE: WWW.HISTORY.COM)

EACH CULTURE CELEBRATES THE LUNAR NEW YEAR DIFFERENTLY WITH VARIOUS FOODS AND TRADITIONS SYMBOLIZE PROSPERITY, ABUNDANCE, AND TOGETHERNESS. IN PREPARATION FOR THE LUNAR NEW YEAR. HOUSES ARE THOROUGHLY CLEANED TO RID THEM OF THREATENING SPIRITS, WHICH MIGHT HAVE BEEN COLLECTED DURING THE OLD YEAR. CLEANING IS ALSO MEANT TO OPEN SPACE FOR GOODWILL AND GOOD LUCK. SOME HOUSEHOLDS HOLD RITUALS TO OFFER FOOD AND PAPER ICONS TO ANCESTORS. OTHERS POST RED PAPER AND BANNERS INSCRIBED WITH CALLIGRAPHY MESSAGES OF GOOD HEALTH AND FORTUNE IN FRONT OF, AND INSIDE, HOMES. ELDERLY GIVE OUT RED ENVELOPES CONTAINING MONEY TO CHILDREN. FOODS MADE FROM GLUTINOUS RICE ARE COMMONLY EATEN, AS THESE FOODS REPRESENT TOGETHERNESS. (SOURCE: WWW.HISTORY.COM)





PHOTO: KPE.UTORONTO.CA

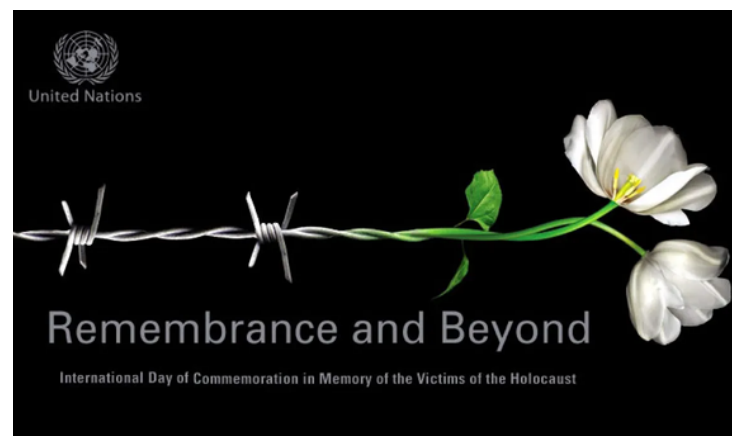
International Holocaust Remembrance Day was established by the United Nations in 2005 as an international day of commemoration in memory of the victims of the Holocaust. The United Nations designated 27 January (the liberation of Auschwitz on January 27, 1945) as International Holocaust Remembrance Day. (Source: www.yadvashem.org) The Holocaust, or Shoah (Sho'ah, Shoa), is the term used to describe the deliberate murder and desecration of millions of people prior to and during World War II in Germany and German-occupied areas in Europe. Millions of people died in concentration and death camps 6 million were Jewish but there were also the Roma people, Soviet civilians and prisoners of war, ethnic Poles, people with disabilities, the LGBTQ population, and political and religious opponents. (Source: www.timeanddate.com)

International Holocaust Remembrance Day reminds us all of the consequences of allowing hatred and discrimination to grow unfettered, gain collective support, and ultimately justify a plan of mass extermination. Worldwide, we continue to grapple with its legacy today. The International Day of Commemoration in Memory of the Victims of the Holocaust encourages remembrance, reflection, and education about the causes and consequences of the Holocaust. It is also a day for citizens around the world to confront and address the many ways that anti-Semitism—and, by extension, other ideologies of hatred and discrimination—finds expression in our current times. (Source: www.yadvashem.org)

Symbols of the Holocaust consists of four elements on a solid black background.

1. The words Remembrance and Beyond
2. UN Symbol
3. Piece of barbed wire
4. Two white roses

(Source: www.timeanddate.com)



the world's cookbook

ROSCA DE REYES: THREE KINGS BREAD

(RECIPE WWW.MYLATINATABLE.COM)

ROSCA DE REYES, OR THREE KINGS BREAD, IS A SPECIAL YEAST BREAD SERVED ON EPIPHANY IN MEXICO AND SPAIN. THIS EASY RECIPE SHOWS YOU EXACTLY HOW TO MAKE AND DECORATE THIS TRADITIONAL ROSCA DE REYES FOR YOUR EPIPHANY PARTY.

INGREDIENTS

FOR THE DOUGH

- 4 1/4 CUP FLOUR
- 3/4 CUP GRANULATED SUGAR
- 1/2 TSP SALT
- 5 LARGE EGGS (AT ROOM TEMPERATURE) (ONE WILL BE USED AS AN EGG WASH TO BRUSH ONTO THE ROSCA BEFORE BAKING)
- 2 EGG YOLKS AT ROOM TEMPERATURE
- 1 TBSP VANILLA EXTRACT
- ORANGE ZEST FROM 1 1/2 LARGE ORANGES
- 1 1/4 BARS BUTTER AT ROOM TEMPERATURE
- LEAVENING MIXTURE (1/2 CUP WARM MILK, 1TBSP GRANULATED SUGAR, 1TBSP FLOUR, 1.5 TBSP ACTIVE DRY YEAST)

FOR THE DECORATION PASTE

- 1/2 CUP BUTTER ROOM TEMP
- 1/2 CUP WHOLE WHEAT FLOUR
- 1/2 CUP POWDERED SUGAR
- 1 EGG YOLK ROOM TEMPERATURE
- OPTIONAL; CHERRIES, DRIED FIGS, CANDIED ORANGE PEEL, NARROW GUAVA STIPS,



INSTRUCTIONS

FOR THE LEAVENING MIXTURE

- ADD THE SUGAR AND THE FLOUR IN A LARGE BOWL WITH THE WARM MILK, AND MIX WELL UNTIL THERE ARE NO LUMPS REMAINING.
- ADD THE ACTIVE DRY YEAST AND MIX WELL WITH THE OTHER INGREDIENTS.
- PUT THE BOWL IN A WARM PLACE AND LET IT REST FOR 10 TO 15 MINUTES UNTIL IT FERMENTS AND HAS DOUBLED IN SIZE. SET ASIDE TO USE FOR THE DOUGH.

FOR THE SUGAR PASTE

- ADD ALL OF THE INGREDIENTS IN A LARGE BOWL AND MIX WELL UNTIL COMPLETELY INTEGRATED AND A PASTE IS FORMED. SET ASIDE.

FOR THE DOUGH

- MIX THE FLOUR, THE SUGAR, AND THE SALT IN A LARGE BOWL AND MIX WELL. ONCE COMPLETELY MIXED, REMOVE THE DOUGH TO A FLAT SERVICE AND FORM A VOLCANO SHAPE
- IN THE MIDDLE SECTION OF THE DOUGH, ADD 4 OF THE EGGS AND BOTH EGG YOLKS AND MIX TOGETHER, ADDING A LITTLE BIT OF SURROUNDING FLOUR. ADD THE BUTTER, THE VANILLA, THE ORANGE ZEST, AND THE LEAVENING MIXTURE FROM ABOVE, AND MIX WELL BY HAND. THE DOUGH WILL BE VERY STICKY AT FIRST, BUT DO NOT ADD MORE FLOUR. KNEAD BY HAND FOR ABOUT 20 MINUTES UNTIL AN EVEN AND SMOOTH DOUGH IS FORMED. (THE KNEADING PROCESS CAN BE DIFFICULT, SO IF YOU DON'T HAVE ENOUGH TIME, YOU CAN ADD THE INGREDIENTS TO A STAND MIXER AFTER A FEW MINUTES AND FINISH IT THERE).
- ONCE THE DOUGH IS FORMED AND KNEADED, GATHER IT INTO A LARGE BALL AND PLACE IT IN A LARGE, PRE-GREASED BOWL. ADD ADDITIONAL VEGETABLE OIL TO THE TOP OF THE BALL SO THAT IT DOESN'T DRY OUT. COVER WITH PLASTIC WRAP SO THAT NO AIR ENTERS AND LET IT RISE FOR 1.5 HOURS, OR UNTIL IT HAS DOUBLED IN SIZE.
- ONCE THE DOUGH HAS DOUBLED IN SIZE, REMOVE IT TO A FLAT, FLOURED SURFACE, AND KNEAD INTO A LONG, EVEN ROPE (SEE IMAGE ABOVE).
- ON THE PART OF THE DOUGH ROPE THAT WILL BE PLACED DOWN ON THE BAKING SHEET, INSERT THE BABY JESUS FIGURINES. MAKE SURE THAT THEY DO NOT COME OUT THE TOP, SINCE THEY NEED TO BE HIDDEN WHEN THE ROSCA IS FINISHED.
- ONCE YOU HAVE ADDED THE FIGURINES, PLACE THE DOUGH ON A PRE-GREASED BAKING SHEET IN A LARGE CIRCLE OR RECTANGULAR SHAPE (SEE IMAGES). LET RISE FOR ONE MORE HOUR.
- ONCE THE DOUGH HAS RISEN FOR AN HOUR, BEAT THE REMAINING EGG AND BRUSH IT OVER THE TOP OF ALL OF THE DOUGH. THIS WILL GIVE THE ROSCA THE SHINY LOOK AFTER IT HAS BAKED AND IT HELPS WHEN ADDING THE DECORATIONS PRIOR TO BAKING.
- TAKE SOME OF THE SUGAR PASTE FROM THE INSTRUCTIONS ABOVE, FLATTEN IT AND ADD IT TO DIFFERENT SECTIONS OF THE ROSCA DECORATE AS DESIRED AND BAKE AT 325 DEGREES F (160 DEGREES C) FOR 25 MINUTES, OR UNTIL IT IS GOLDEN BROWN.
- LET COOL AND ENJOY WITH HOT CHOCOLATE OR ATOLE.
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PERSON FIRST LANGUAGE



Carol Grabbe, Self Advocate Coordinator has brought to our attention the goal of using **person first language**. Person first language puts the person first.

[For more information click here](#)

EVENTS

Self-Advocate Employment Group January 11, 2023 - Facilitated by Jossie Torres to access meeting copy following link <https://us06web.zoom.us/j/83475237115?pwd=WG50aFoxT2ZoTE5Wak9ldkhDTjZXZz09>

Solutions, Inc. will conduct diversity and inclusion educational session on the topic of Emotional Intelligence January 12, 2023, at 9:00 AM (flier and link forthcoming)

Holocaust Remembrance- A Survivor's Story presented by Yana Razumnaya held January 27, 2023 at 9:30 AM (flier and link forthcoming)

For more CT Events go to www.ctvisit.com (Some events include Winterlude Exhibition, The Christmas Cartel of 1776, Journeys: Boys of the Chinese Educational Mission Gallery Talk,

NEW YEAR GREETINGS

How to Say Happy New Year in Chinese

新 年 快 乐

Xīn

nián

kuài

lè!



KEEP LEARNING- BE CURIOUS

Dear DDS Community, we are looking for contributions to the February 2023 newsletter. If you have a story to share, a recipe, interesting fact, or photo, please feel free to contact me or send to Cheryl.Ellis@ct.gov. Submission are due by January 24.