

Employment Transitional Services (ETS)

Employment Transitional Services (ETS) are community-based, pre-employment programs that help prepare you for a job or career. ETS provides services for six months to three years. Activities may include unpaid career exploration, financial management, networking, skill-building for employment, and health and fitness activities that lead to better employment outcomes.



Career Development

- Trying out different jobs to find what's best for you
- Job shadowing
- Internships and volunteering
- Community participation
- Health and Fitness

Skill Development

- Managing your finances and budgeting
- Job seeking strategies
- Creating a resume
- Interviewing skills
- Networking
- Using workforce centers

Self-Advocacy

- Learning to identify and create meaningful opportunities to fully participate as a valued member of your community



What are some of the benefits of ETS?

- Helps you gain valuable employment skills.
- Allows you to explore different careers.
- Teaches you how to budget and manage your money.
- Helps you learn how to advocate for yourself in the workplace and in daily life.
- Helps you to develop healthy living habits that can improve your chances of getting and keeping a job
- ETS is a community-based service.

What are the potential challenges of ETS?

- Time-limited program, lasting six months to three years for most participants.
- Pre-employment services are unpaid, so participants do not earn money.

How can I learn more?

- Talk to your Case Manager
- Check out this brochure on ETS: tinyurl.com/44ftstp ▶
- Visit the DDS website to learn more about ETS and other Employment Services: portal.ct.gov/DDS-EDS ▶



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DDS Employment Services

As an Employment First agency, DDS believes everyone should have the opportunity to work in a job that matches their skills, abilities, and interests. DDS supports people working in their local communities alongside people of all abilities, while being paid equally for the same work. Employment supports through DDS help people develop work skills and obtain a good job in their community, with the necessary support to ensure their success.



▲ Scan the QR code to visit ct.gov/STEP for more information