

## **Family Support Staff Training**

An educational training for managers of direct support professionals who work with individuals in family homes, or in the community.

Date: February 9, 2016 8:30-4:00

Where: CT Behavioral Health Partnership, 500 Enterprise Drive, Rocky Hill, CT 06067 3rd Floor, Hartford Room, (860) 263-2000

**Audience—Who Should Attend:** This training has been developed for managers who supervise direct support professionals who work with individuals in family homes, or who work with individuals independently in community settings. This training is designed for experienced providers who are already providing In-Home Supports and who want to improve the quality of these services, and for those providers who have not provided In-Home Supports in the past, but are interested in learning more about the provision of this service.

The day long session will focus on the following three areas:

Essential Knowledge Direct Support Professionals Need When Working in Family Homes: The work done by staff who provide support to individuals in their homes and in their local communities is very different than the work done by staff who work with teams in more traditional group settings. Direct Support Professionals working in family homes and in the family's local community need direction on how to successfully partner with families and they often need supervisory support to make quick, on-the-spot decisions that require good judgment. Session participants will learn effective strategies to assist staff to successfully partner with families and staff will learn strategies for setting boundaries in the family home. Session participants will also learn ways to guide staff in helping families to expand personal networks, use assistive technology, find community supports and to navigate other eligibility systems and supports. These are all skills that are essential for the provision of effective In-Home Supports services.

Helping Families Implement Positive Behavior Support Strategies: Families often need support to help manage their family member's behavior at home and in the community. This part of the training provides managers with strategies they can use to help staff coach families on ways to incorporate Positive Behavior Support strategies into the family's daily routines. Strategies to help families ensure that appropriate medical care is occurring and to assist families in appropriately documenting what works and what doesn't work in their efforts to change their family member's behavior will also be included in this part of the training.

Hiring and Supervising Direct Support Professionals to Work Independently in Family Homes and Community Settings: Modeling good partnerships with families, finding the right staff, matching staff to the right individual and effective hands-on supervision at family homes and in the community is key to high quality In-Home Support services. In this part of the session managers will learn how to transform their traditional model of supervision into an organizational model that successfully supports creative and effective individualized, community-based services.

**Registration:** Please register by emailing Dianne Gill at dianne.gill@ct.gov. Deadline: February 2, 2016. Space is limited.

Lunch is on your own.