

Horticultural Therapy Workshop

Presented by

Northeast Horticultural Therapy Network

January 26, 2013 (Snow date February 2)
Connecticut Audubon Society
Grassland Bird Sanctuary
218 Day Road
Pomfret Center, CT 06259
860-928-4948

Program Spotlight



Welcome To Our Center!

Located in Connecticut's "Quiet Corner", the Connecticut Audubon Society's Grassland Bird Conservation Center at Pomfret is surrounded by our 700-acre Bafflin Sanctuary. The Center is a community-based facility offering programming for all ages year round. The Bafflin Sanctuary is actively managed for grassland, shrubland and woodland birds, as well as other wildlife and is a nationally recognized Important Bird Area. Over 200 species of birds have been observed. The Bafflin Sanctuary is open to the public daily from dawn to dusk for hiking and birding.

Programs at the Center at Pomfret include bird walks, trail hikes, photography workshops, seasonal workshops and lectures, environmental education programs and Citizen Science training and projects. Also offered are after-school nature clubs, and summer and school vacation camps (ages pre-K to high school). Please visit our website for an extensive list of current programs and offerings www.ctaudubon.org/center-at-pomfret/

The location is just beautiful, Sara Heminway the centers coordinator is an extremely knowledgeable naturalist, there are several tracker guides and an ornithologist on staff as well... The day promises to be both exhilarating and breathtaking, dress warmly for a brisk midmorning hike!

Contacts: Kate Desjardins at Kathryn.Desjardins@ct.gov or tk72880@gmail.com or call (860) 230-8324(c)

Workshop Registration: If you are planning on attending, we ask that you mail in your registration form in advance to insure that there are an adequate number of meals and supplies for the HT activity

Carpooling: If you are interested in carpooling, contact Kate

Agenda

9:30-10:00 Registration and coffee
10:00-11:00 Sara Heminway Overview of the Audubon Center and hike (dress accordingly)
11:30-12:30 Lunch
12:30-1:30 Elaine Mastalysz HT activity
1:30- 2:30 Business Meeting

Directions

From the intersection of Routes 101 and 169, take Route 169 north.

Take your first right onto Day Road. Follow for approximately one mile to stop sign.

Turn right continuing on Day Road. Center is less than one quarter mile up on your right.

218 Day Road, Pomfret Center, CT 06259

Connect to [MapQuest](#)

From the North: Take 395 south to Exit 93, at the end of the ramp take a right onto Rte 101 west, follow to the intersection with Rte 169, follow directions as above as above.

From the South: Take 395 north to Exit 93, at the end of the ramp take a left onto Rte. 101 west, follow to the intersection with Rte.169, follow directions as above.

From the East: Take Rte 6 follow to the intersection with 169 in Brooklyn, take a right onto 169 north, continue straight through the intersection with 101, continue as above.

From the West: Take route 44 west to Rte 101, follow to the intersection with 169, continue directions as above.