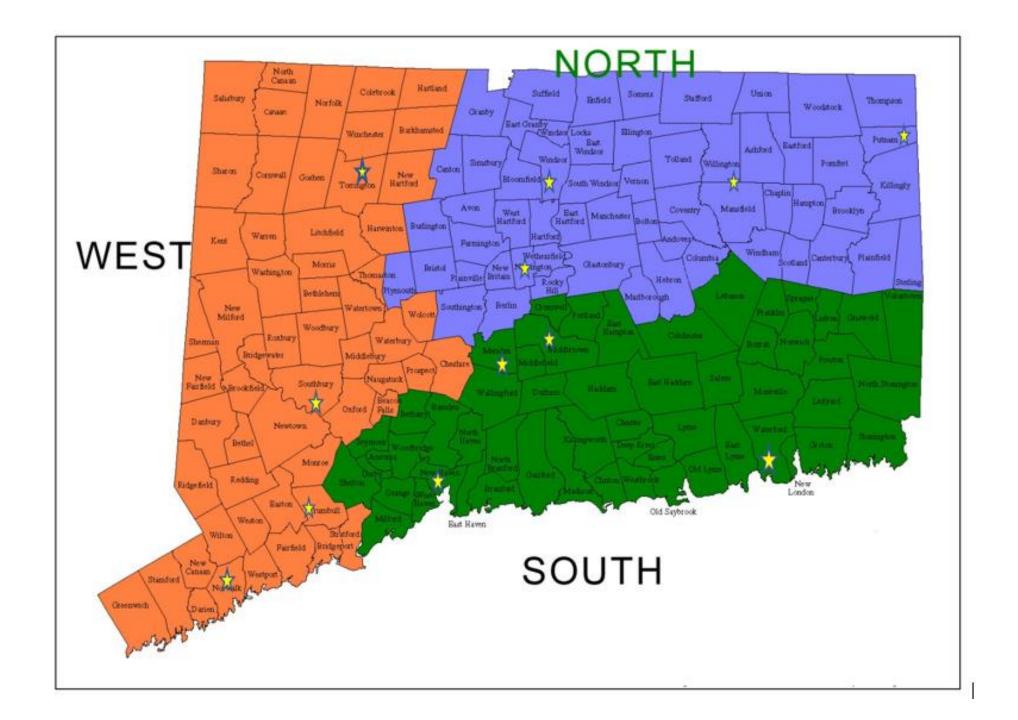
# Respite/ EFS Agenda

- DDS Respite Center Service
- DDS Respite Centers(Map)
- Staffing
- Accommodations/Goals/Activities
- EFS Program
- How to Access
- Testimonies: families, staff

## **DDS Respite Center Service**

The Department of Developmental Services (DDS) recognizes that individuals and families often need occasional breaks. These breaks, in the form of out-of-home respite care, allow individuals visiting the Respite Centers to have an enjoyable time, meet new people and participate in a variety of fun activities. Meanwhile, the family is provided relief from their ongoing caregiver responsibilities.



# Staffing

#### On site

- Minimum of 1 Direct Support Professional to every 3 guest
- Licensed Practical Nurse at medical model sites
- Site Supervisor

#### Off site

- Program Supervisor
- Clinical Nurse Coordinator
- Behavioral Health Clinical Supervisor

### Accommodations

- Capacity to serve up to 6 guest at a time
- Bedrooms are double occupancy.
  - A few sites have single bedrooms
- Wheelchair accessible (most sites)
- wheelchair van available for outings





## Goals

- Increase community skills and access
- Maintain or improve health and safety





## Activities









### Activities



• a variety of community trips to places such as country fairs, local dinning, shopping, bowling, movies and picnics.





The Enhanced Family Support program (EFS) provide short term, in home, community, virtual, and phone support with the goals of:

- Maintaining/improving health and safety
- Increasing community skills and access
- Accessing community resources and entitlements.

So that, program participants can live, love, work, play and pursue their life aspirations just as others do in their community.







#### **Supports may include:**

- Life skills
- Benefits & entitlements
- Care Coordination: Medical/dental appointment
- Transportation to respite center, camp, and appointments
- Engagement in groups: self advocacy, social in person and virtual
- Activities and visit to potential employment and day program
- Recreation direct and indirect
- Respite: in home/hourly
- Virtual Supports
- In person Wellness Checks
- Team meeting with division resources and other agencies for planning supports
- Other needs to support health and safety plans approved by division administration



## How to access

- Case manager/Helpline case manager
- Referral (ARF)
- Special request (min 12-week notice)

## Testimonies

- Alison Massaro
- Renee Bogdanffy
- Patrick Danis
- Reba Fillie
- Vanessa Caldwell (EFS)

