



State of Connecticut
Department of Developmental Services

DDS

Ned Lamont
Governor

Jordan A. Scheff
Commissioner

Peter Mason
Deputy Commissioner

To: Individuals and Families

From: Valencia Bagby-Young, Director of Health and Clinical Services

CC: Jordan Scheff, Commissioner; Peter Mason, Deputy Commissioner; Katie Rock-Burns, Chief of Staff;
Regional Directors; Regional Health Services Directors

Date: 12/28/2021

Re: Updated Recommendations for COVID-19 Testing, Isolation, Quarantine, and Travel

As the COVID-19 pandemic continues to affect people worldwide, DDS recognizes the need for ongoing updates pertaining to testing, isolation, quarantine, travel and related concerns. Information and guidance regarding COVID-19 continues to evolve and is subject to various changes. Therefore, it is not feasible for DDS to constantly revise documents to reflect changing recommendations from the Centers for Disease Control and Prevention (CDC). DDS continues to obtain guidance from the CDC and the Connecticut Department of Public Health (DPH) and encourages individuals and family members to also utilize those resources for the latest COVID-19 guidance.

Please utilize the following resources for planning and decision-making specific to COVID-19 testing, isolation, quarantine, and travel. The resources are also useful for updates regarding COVID-19 (SARS-CoV-2) variants. The resources are not all inclusive, and consist of guidance from the CDC, CT DPH, and other sites which may be accessed by clicking on the hyperlinks below:

CDC Resources:

[Stay safe from COVID-19: A guide for caregivers \(cdc.gov\)](#)

[Families and COVID-19 | CDC](#)

[Small and Large Gatherings | CDC](#)

[Requirement for Face Masks on Public Transportation Conveyances and at Transportation Hubs | CDC](#)

DPH Resources:

[DPH COVID-19 Resources and Guidance \(ct.gov\)](#)

[Connecticut COVID-19 Response](#)

[Connecticut COVID-19 Testing Sites](#)

[Immunizations and Seasonal Influenza](#)

[CT Seasonal Flu Vaccination](#)

Phone: 860 418-6000 ♦ TDD 860 418-6079 ♦ Fax: 860 418-6001

460 Capitol Avenue ♦ Hartford, Connecticut 06106

www.ct.gov/dds ♦ e-mail: ddsct.co@ct.gov

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Additional Resources:

[When Should I get Retested for COVID-19? \(acgov.org\)](#)

[How do I get the COVID-19 vaccine in Connecticut?](#)

On behalf of DDS, I extend thanks and appreciation to individuals, family members, and legal representatives for your commitment and adherence to governmental and healthcare recommendations for COVID-19 and seasonal influenza (flu) vaccinations and related guidance.