



State of Connecticut
Department of Developmental Services



Ned Lamont
Governor

Jordan A. Scheff
Commissioner

Peter Mason
Deputy Commissioner

To: DDS Public Programs and Qualified Providers

From: Valencia Bagby-Young, Director of Health and Clinical Services

CC: Jordan Scheff, Commissioner; Peter Mason, Deputy Commissioner; Katie Rock-Burns, Chief of Staff; Regional Directors; Regional Health Services Directors

Date: June 21, 2021

Re: Updated COVID-19 (SARS-CoV-2) Post-Vaccine Exposure Guidance

The following is guidance updated for DDS funded residences and programs specific to COVID-19 post-vaccination exposures and symptoms pertaining to employees and individuals served. This guidance is obtained through the Centers for Disease Control and Prevention (CDC) in collaboration with the Connecticut Department of Public Health (DPH). Information and guidance regarding COVID-19 is constantly evolving and is subject to change.

Please refer to the **COVID-19 (SARS-CoV2) Post-Vaccine Exposure Guidance memo released April 6,2021** for detailed review of applicability and classification of DDS settings for the purposes of COVID-19 post-vaccine exposure.

https://portal.ct.gov/-/media/DDS/COVID-19_2021/DDS_Memo_COVID-19_Post_Vaccine_Exposure_Guidance_FINAL_4_6_2021.pdf

Table Categorizes DDS Settings for the purposes of this guidance

| Non-congregate settings** | Congregate non-healthcare settings | Congregate healthcare settings |
|--------------------------------------|--|-------------------------------------|
| Community Companion Homes (CCH)** | Community Living Arrangements (CLA) | Intermediate Care Facilities (ICFs) |
| Individualized Home Supports (IHS)** | Employment and Day Services (Day Programs) | |
| Individual Family Supports (IFS)** | Respite Centers | |
| Group Supported Employment (GSE) | Continuous Residential Supports (CRS) | |

****If individual attends day program or visit respite centers, follow congregate non-healthcare settings guidance <https://www.cdc.gov/coronavirus/2019-ncov/community/adult-day-care-service-centers.html>**

Categories Based on Vaccination Status:

- 1) Non-vaccinated - no doses of vaccinations obtained
- 2) Partially vaccinated - 1-dose of a 2-dose vaccination series obtained or less than 14-day period elapsed since all required doses received
- 3) Fully vaccinated - all vaccination doses obtained and period of at least 14-days has elapsed since last dose of a series or a single-dose vaccine)

Recommendations for Isolation, Quarantine and Testing Based on Vaccination Status

The recommendations for isolation, quarantine and testing differ between community settings and congregate settings.

The following recommendations which were obtained from the CDC and modified to apply to **DDS congregate healthcare and congregate non-healthcare settings:**

https://www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated-guidance.html#anchor_1615143411738

DDS Congregate Healthcare Settings Post-Exposure Recommendations

| Vaccination Status | Direct Care Workers | Residents/Individuals |
|----------------------|---|-----------------------|
| Non-Vaccinated | Quarantine/Test | Quarantine/Test |
| Partially Vaccinated | Quarantine/Test | Quarantine/Test |
| Fully Vaccinated | Test, but no need to quarantine if asymptomatic unless caring for immunocompromised persons | Quarantine/Test |

Test once immediately after exposure and 5-7 days after exposure regardless of vaccination status

DDS Congregate Non- Healthcare Settings Post-Exposure Recommendations

| Vaccination Status | Direct Care Workers | Residents/Individuals |
|----------------------|---|--|
| Non-Vaccinated | Quarantine/Test | Quarantine/Test |
| Partially Vaccinated | Quarantine/Test | Quarantine/Test |
| Fully Vaccinated | Monitor for symptoms, no need to quarantine or test if asymptomatic unless caring for immunocompromised persons | Monitor for symptoms, no need to quarantine or test if asymptomatic unless the individual is immunocompromised. Immunocompromised persons should follow the recommendations provided by their healthcare provider. |

Test 5-7 days after exposure if not fully vaccinated

1. COVID-19 Quarantine and Testing for Employees and Individuals not Fully Vaccinated:

Employees and individuals in any settings who are non-vaccinated or are only partially vaccinated shall quarantine and obtain testing following close contact exposures (i.e., less than 6-feet, 15-minutes cumulative over 24-hours).

2. Fully Vaccinated Direct Care Workers of Congregate Non-Healthcare Settings

Fully vaccinated direct care workers exposed to someone who is positive for COVID-19 working in congregate non-healthcare settings no longer need to quarantine or test unless caring for persons with underlying immunocompromised conditions (i.e., cancer, chemotherapy, etc.), or if the employee is exhibiting symptoms indicative of a COVID-19 infection.

<https://www.cdc.gov/coronavirus/2019-ncov/hcp/infection-control-after-vaccination.html>

3. Fully Vaccinated Residents of Congregate Non-Healthcare Settings

Fully vaccinated residents of congregate non-healthcare settings (i.e. CLA, CRS, employment and day services/day programs, respite centers) are no longer required quarantine or obtain testing for SARS-CoV-2 following a significant exposure to someone with suspected or confirmed COVID-19 unless the individual is immunocompromised. Immunocompromised persons should follow the recommendations provided by their healthcare provider following a close contact exposure (i.e., less than 6-feet, 15-minutes cumulative over 24-hours).

4. Residents of Congregate Healthcare Settings

Due to high risk population, individuals residing in congregate healthcare facilities regardless of vaccine status still need to quarantine and obtain medical evaluation with COVID-19 testing.

5. Non-congregate Settings (CCH, IHS, IFS, GSE):

Individuals in **non-congregate settings** should continue to follow general community post-exposure recommendations:

Individuals in Non-Congregate Settings Post-Exposure Recommendations

| Vaccination Status | Recommendations |
|----------------------|---|
| Non-Vaccinated | Quarantine/Test |
| Partially Vaccinated | Quarantine/Test |
| Fully Vaccinated | Asymptomatic- No need to quarantine or test Symptomatic- Quarantine/Test |

Please send questions to DDS.covid19@ct.gov