CONNECTICUT FAMILY SUPPORT COUNCIL

ANNUAL RETREAT: MANCHESTER COMMUNITY COLLEGE

9/23/2010

In Attendance:

Deb Pagano, Terry Cote, Moira O'Neill, Kathy Reddington, George Ducharme, Kathy Bradley, Tom Brooks, Robyn Trowbridge, Sharon Dexler, Sheila Harris, Cathy Adamcyzk, April Dipollina, Mona Tremblay, Patti Silva, Jen Carroll, Ann Gionet, Karen Zrenda, Lisa Sheppard, Tesha Imperati, Colleen Hayles, Karen Hlavac, Sylvia Gafford-Alexander, Jennifer Carroll, Ann Gionet

Welcome - Robyn Trowbridge

Host Welcome -George Ducharme

Since 1991 George with Pat Beeman have operated Communitas, Inc which is associated with the Institute on Disability and Community Inclusion at Manchester Community College. They provide assistance in developing circles of support for people living in the community with disabilities. A "Rock "N" Roll" Annual 5k or 1 Mile Fun Walk to benefit Communitas, Inc. will be on 10/2/2010. On March 3, 2011 John McKnight will be a guest to celebrate 40th anniversary of the CT Council on Developmental Disability and 25th anniversary of Communitas.

George recommended the book *The Abundant Community: Awakening the Power of Families and Neighborhoods* by John McKnight and Peter Block

Icebreaker – Terry Cote

Announcements

- Terry Cote was appointed to the FSC by Gov Rell
- April Dipollina and members of the Family Needs Working Group were provided with prizes for extra effort they all made in their group.
- Kathy Reddington was recognized for having created the "Grid" now referred to as the Road Map to Family Support
- Karen Z recognized for past leadership on CTFSC for 8 years.

<u>Retreat Activity</u> – Facilitator Sharon Dexler

FSC members reviewed the Road Map to Family Support created by the 4 working groups and added/changed contents per discussion.

Next Steps

• Final edits of Road Map to Family Support – prepare for vote of acceptance by FSC

- Vote on prioritizing action steps
- Develop member packets with summaries of roles and responsibilities.
 - JEN, MOIRA, CATHY WILL WORK ON SUMMARIES
- Review processes and expectations or rules for participation by members
 - Meeting attendance in person or by phone
 - o frequency of meetings
 - Council decision processes (voting on actions such as letters of support, support of legislation, etc.) Full council votes/executive committee authority/subcommittee authority
- Discuss co-chair positions and expectations
- Review By-laws
- Develop schedule for the year in re full council, committees, subcommittees.
- Annual report obligations ongoing
- CHANGE OF DATE NEXT MEETING OCTOBER 12, 2010 10-12, DDS at Wallingford