



# State of Connecticut

## OFFICE OF INSPECTOR GENERAL

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### PRESS RELEASE

May 13, 2025

The Office of Inspector General is investigating the death of Alyssa Insogna, a 29-year-old Caucasian female, who died on Saturday, May 10, 2025, while in the custody of the Waterbury Police Department.

Insogna was arrested on May 9<sup>th</sup> near an abandoned house on Willow Street in Waterbury. At the time of her arrest, police searched her and recovered multiple folds of suspected narcotics, which later tested positive for heroin/fentanyl. A record check revealed that Insogna was wanted on additional warrants. Unable to make bond, she was held at the Waterbury Police Department pending a court appearance on Monday, May 12<sup>th</sup>.

While in police custody, Insogna was monitored by Waterbury Police Department detention personnel. On Saturday, May 10<sup>th</sup> at 9:15 a.m., she was observed to be awake. During a cell check at noon, she appeared to be sleeping. When checked again at 2:23 p.m., she was unresponsive. Medical personnel summoned by the police pronounced Insogna deceased at 2:53 p.m.

On May 11, 2025, the Office of the Chief Medical Examiner performed an autopsy on the body of Alyssa Insogna. The cause of her death is listed as undetermined pending the results of toxicology tests.

The investigation is continuing.