CONNECTICUT ASSOCIATION OF HEALTH PLANS

REPRESENTING

Aetna, Anthem, Cigna, ConnectiCare, UnitedHealthcare

Connecticut & U.S. Healthcare Cost Drivers
Informational Session II (Solutions & Policies)
February 3, 2023

Quality is Our Bottom Line

FUNDAMENTALS OF SUCCESSFUL REFORM

- **Invest in Collaboration**
  - ➤ Convene the Stakeholders
  - ➤ Recognize and Invest in Current Initiatives
  - ➤ Recognize there is "No Silver Bullet"

- **Embrace a Shared Mission**
  - ➤ Value over Volume/Quality over Quantity
  - ➤ Right Care, Right Time, Right Place
  - ➤ Access/Quality/Affordability
  - ➤ Measure Success

- **Educate and Engage Consumers & Employers**
  - ➢ Quality
  - ➢ Transparency
  - ➢ Wellness
  - ➢ Digital Tools
  - ➢ Telehealth

- **Address the Major Cost Drivers**
  - ➢ Unit Cost and Utilization
  - ➢ Hospitals
  - ➢ Pharmaceuticals
  - ➢ Public Payer Cost-Shift
  - ➢ Mandates/Fees/Assessments

- **First "Do No Harm."**

➢ Understand the Population Impacted (Less than 14% of CT's total population subject to state regulation)
➢ Conduct Cost/Benefit Analyses of Proposed Policy Changes
➢ Support Evidence Based Practice, Safety, and Affordability Applications
➢ Foster Innovation

- **Target the Major Cost Drivers**

  - ➢ Support and Invest in Value Based Purchasing
  - ➢ Benefit Designs that Foster High Quality Lower Cost Treatment
  - ➢ Hold Stakeholders Accountable

Hold Stakeholders Accountable

- **Payers**
  - ➢ Rate Review and Approval (current law)
  - ➢ Medical Loss Ratio Standards/Premium Rebates (current law)
  - ➢ Benchmark Reporting (current law)
  - ➢ CID Report Card Standards (current law)
  - ➢ All Payer Claims Database Reporting (current law)

- **Hospitals**
  - ➢ Establish Benchmark Accountability and Answerability
  - ➢ Acknowledge Role of Contract Negotiations in Cost Mitigation
  - ➢ Assure Reimbursements Reflect the Actual Site of Care
  - ➢ Adopt NASHP Models regarding Anti-Tiering and Anti-Steering
  - ➢ Modernize Certificate of Need Policy

Hold Stakeholders Accountable (cont.)

- **Pharmaceuticals**
  - ➤ Identify areas of State Authority over Pharmaceutical Pricing
  - ➤ Establish Benchmark Accountability and Answerability
  - ➤ Preserve Tools that: 1) Foster use of Clinically Appropriate Lower Cost Alternatives; and, 2) Drive Competition in the Market thereby Lowering Costs

- **Public Programs**
  - ➤ Assess and Address the Cost-Shift

- **Strengthen the Exchange – Access Health CT**
  - ➢ Establish Goals and Measure Performance
  - ➢ Explore Redetermination Auto-Enrollment
  - ➢ Allow Exchange Carriers to Directly Market and Assist with Enrollment

- **Address the Workforce Shortage**
  - ➢ Foster the Provider Workforce Pipeline
  - ➢ Expand Scope of Practice Laws for Mid-Level Practitioners
  - ➢ Allow Providers to Practice at Maximum of License

- **Embrace Technology**
  - ➢ Recognize and Foster Technology as a Means of Increasing Quality and Efficiency in Health Care

Questions