

# How to Recognize Accidental Cannabis Ingestion

By the Connecticut Department of Consumer Protection  
Adult-Use Cannabis Program



Children (and pets) who ingest cannabis can become very sick.

You might notice your child getting very sleepy, the most common sign.



They might also get dizzy or have problems with coordination, agitation, or confusion.



They might have a higher than normal heart rate, nausea and vomiting, slurred speech, or dilated pupils.



In more severe cases, children can have difficulty breathing, seizures and show neurological problems.

If you suspect cannabis ingestion, keep your child in a safe and supervised area. Call their doctor's office or the CT Poison Control Center at 1-800-222-1222.



If your child is unconscious, or having problems breathing, walking or sitting up, **dial 911** right away.



Storing cannabis safely can help reduce the risk of accidental ingestion. For more information on safe storage and other important topics, visit: [ct.gov/cannabis](https://ct.gov/cannabis)