

Connecticut's Fall Prevention Coalition
December 9, 2025

# **WELCOME!**

 The Falls Free CT coalition brings together falls prevention champions to take action to decrease the incidence of falls among older adults in Connecticut





### **AGENDA**

- Strategic Action Plan Framework
- Falls Prevention Awareness Week Success Story
- Guest Presentation on Aging with HIV
- New DPH Falls Data Report
- Announcements & Wrap Up



#### Please provide your feedback!

- Today, in the chat
- Through our quarterly survey:

https://www.surveymonkey.com/r/FallsFreeCT-

December 2025



VISION: A Connecticut free of preventable falls and fall-related injuries and fatalities among older adults



MISSION: To facilitate collaboration across all fall prevention interest-holders, including people with lived experience, to reduce falls among older adults by raising awareness, providing education, and supporting fall prevention initiatives across the lifespan.

fallsFREECT

GOAL 1: Equip professionals, caregivers, and students with the knowledge, skills, and resources needed to advance falls prevention efforts.



GOAL 2: Increase health literacy about falls prevention among people with lived experience and other interest holders and address the fear, shame, and stigma related to falls through strategic education and resource sharing.



GOAL 3: Gather, analyze, and utilize falls prevention data to monitor trends in the incidence and severity of falls and inform the development of falls prevention initiatives.



GOAL 4: Identify, implement, and enhance community-based initiatives to reduce falls risks among older adults through falls risk screenings, evidence-based programs, and best practices.



GOAL 5: Enhance safety in the home environment through home assessments, modifications of living spaces, and innovative technologies.



# **FPAW SUCCESS STORY**

Jenny Braddock, PT
Director of Rehabilitation
McLean Affiliates





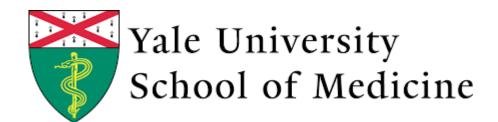
### **AGING WITH HIV**

Lydia Aoun Barakat, MD, FIDSA, AAHIVS
Yale School of Medicine

Introduced by

Marianne Buchelli, MPH, MBA

CT Department of Public Health



#### NEW DPH FALLS DATA REPORT

Susan Yurasevecz
Epidemiologist
Injury and Violence Surveillance Unit
CT Department of Public Health



## NCOA GRANT ANNOUNCEMENTS

#### New Bingocize sites!

- Brookfield Senior Center
- Central Community Health Education Clinic (New Britain)
- Guilford Parks & Recreation
- Senior Resources (Eastern CT)
- South Central Health District (Southington)

#### Older Adult Advisory Council Sites

- Central Community Health Education Clinic (New Britain)
- Granby Senior Center
- Newington Senior & Disabled Center

### 2026 WORKING GROUPS

- Community-Based Programming, Screenings & Education
  - Monthly, Fourth Wednesday at 12pm
- Home Safety Modifications & Falls Prevention Technology
  - Monthly, Fourth Wednesday at 3pm
- Workforce Development & Training
  - Monthly, Fourth Friday at 11am



# 2026 QUARTERLY MEETINGS

- Tuesdays at 12pm
  - January 20
  - April 21
  - July 21
  - October 20



# **QUARTERLY COALITION SURVEY**

https://www.surveymonkey.com/r/FallsFreeCT-December2025





#### Angela Vázquez, MPH, MS

Healthy Aging Program Coordinator
Bureau of Aging
Department of Aging and Disability Services
angela.vazquez@ct.gov



Health Program Associate
Office of Injury and Violence Prevention
Department of Public Health
robin.tousey-ayers@ct.gov

# THANK YOU!