Town	AAA	Phone	Website
Andover	North Central Area Agency on Aging	860-724-6433	https://ncaaact.org/
Ansonia	Agency on Aging of South Central CT	203-785-8533	https://www.aoascc.org/
Ashford	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561	https://seniorresourcesec.org/
Avon	North Central Area Agency on Aging	860-724-6433	https://ncaaact.org/
Barkhamsted	Western CT Area Agency on Aging	203-757-5449	https://wcaaa.org/
Beacon Falls	Western CT Area Agency on Aging	203-757-5449	https://wcaaa.org/
Berlin	North Central Area Agency on Aging	860-724-6433	https://ncaaact.org/
Bethany	Agency on Aging of South Central CT	203-785-8533	https://www.aoascc.org/
Bethel	Western CT Area Agency on Aging	203-757-5449	https://wcaaa.org/
Bethlehem	Western CT Area Agency on Aging	203-757-5449	https://wcaaa.org/
Bloomfield	North Central Area Agency on Aging	860-724-6433	https://ncaaact.org/
Bolton	North Central Area Agency on Aging	860-724-6433	https://ncaaact.org/
Bozrah	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561	https://seniorresourcesec.org/
Branford	Agency on Aging of South Central CT	203-785-8533	https://www.aoascc.org/
Bridgeport	Southwestern CT Agency on Aging	203-814-3698	https://www.swcaa.org/
Bridgewater	Western CT Area Agency on Aging	203-757-5449	https://wcaaa.org/
Bristol	North Central Area Agency on Aging	860-724-6433	https://ncaaact.org/
Brookfield	Western CT Area Agency on Aging	203-757-5449	https://wcaaa.org/
Brooklyn	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561	https://seniorresourcesec.org/
Burlington	North Central Area Agency on Aging	860-724-6433	https://ncaaact.org/
Canaan	Western CT Area Agency on Aging	203-757-5449	https://wcaaa.org/
Canterbury	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561	https://seniorresourcesec.org/
Canton	North Central Area Agency on Aging	860-724-6433	https://ncaaact.org/
Chaplin	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561	https://seniorresourcesec.org/
Cheshire	Western CT Area Agency on Aging	203-757-5449	https://wcaaa.org/
Chester	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561	https://seniorresourcesec.org/
Clinton	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561	https://seniorresourcesec.org/
Colchester	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561	https://seniorresourcesec.org/
Colebrook	Western CT Area Agency on Aging	203-757-5449	https://wcaaa.org/
Columbia	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561	https://seniorresourcesec.org/
Cornwall	Western CT Area Agency on Aging	203-757-5449	https://wcaaa.org/
Coventry	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561	https://seniorresourcesec.org/
Cromwell	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561	https://seniorresourcesec.org/

Danbury	Western CT Area Agency on Aging	203-757-5449 https://wcaaa.org/
Darien	Southwestern CT Agency on Aging	203-814-3698 https://www.swcaa.org/
Deep River	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561 https://seniorresourcesec.org/
Derby	Agency on Aging of South Central CT	203-785-8533 https://www.aoascc.org/
Durham	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561 https://seniorresourcesec.org/
East Granby	North Central Area Agency on Aging	860-724-6433 https://ncaaact.org/
East Haddam	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561 https://seniorresourcesec.org/
East Hampton	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561 https://seniorresourcesec.org/
East Hartford	North Central Area Agency on Aging	860-724-6433 https://ncaaact.org/
East Haven	Agency on Aging of South Central CT	203-785-8533 https://www.aoascc.org/
East Lyme	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561 https://seniorresourcesec.org/
East Windsor	North Central Area Agency on Aging	860-724-6433 https://ncaaact.org/
Eastford	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561 https://seniorresourcesec.org/
Easton	Southwestern CT Agency on Aging	203-814-3698 https://www.swcaa.org/
Ellington	North Central Area Agency on Aging	860-724-6433 https://ncaaact.org/
Enfield	North Central Area Agency on Aging	860-724-6433 https://ncaaact.org/
Essex	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561 https://seniorresourcesec.org/
Fairfield	Southwestern CT Agency on Aging	203-814-3698 https://www.swcaa.org/
Farmington	North Central Area Agency on Aging	860-724-6433 https://ncaaact.org/
Franklin	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561 https://seniorresourcesec.org/
Glastonbury	North Central Area Agency on Aging	860-724-6433 https://ncaaact.org/
Goshen	Western CT Area Agency on Aging	203-757-5449 https://wcaaa.org/
Granby	North Central Area Agency on Aging	860-724-6433 https://ncaaact.org/
Greenwich	Southwestern CT Agency on Aging	203-814-3698 https://www.swcaa.org/
Griswold	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561 https://seniorresourcesec.org/
Groton	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561 https://seniorresourcesec.org/
Guilford	Agency on Aging of South Central CT	203-785-8533 https://www.aoascc.org/
Haddam	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561 https://seniorresourcesec.org/
Hamden	Agency on Aging of South Central CT	203-785-8533 https://www.aoascc.org/
Hampton	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561 https://seniorresourcesec.org/
Hartford	North Central Area Agency on Aging	860-724-6433 https://ncaaact.org/
Hartland	North Central Area Agency on Aging	860-724-6433 https://ncaaact.org/
Harwinton	Western CT Area Agency on Aging	203-757-5449 https://wcaaa.org/
Hebron	North Central Area Agency on Aging	860-724-6433 https://ncaaact.org/

Kent	Western CT Area Agency on Aging	203-757-5449 https://wcaaa.org/
Killingly	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561 https://seniorresourcesec.org/
Killingworth	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561 https://seniorresourcesec.org/
Lebanon	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561 https://seniorresourcesec.org/
Ledyard	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561 https://seniorresourcesec.org/
Lisbon	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561 https://seniorresourcesec.org/
Litchfield	Western CT Area Agency on Aging	203-757-5449 https://wcaaa.org/
Lyme	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561 https://seniorresourcesec.org/
Madison	Agency on Aging of South Central CT	203-785-8533 https://www.aoascc.org/
Manchester	North Central Area Agency on Aging	860-724-6433 https://ncaaact.org/
Mansfield	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561 https://seniorresourcesec.org/
Marlborough	North Central Area Agency on Aging	860-724-6433 https://ncaaact.org/
Meriden	Agency on Aging of South Central CT	203-785-8533 https://www.aoascc.org/
Middlebury	Western CT Area Agency on Aging	203-757-5449 https://www.aoascc.org/
Middlefield	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561 https://seniorresourcesec.org/
Middletown		860-887-3561 https://seniorresourcesec.org/
Milford	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	203-785-8533 https://www.aoascc.org/
Monroe	Agency on Aging of South Central CT	
Montville	Southwestern CT Agency on Aging (Festern Middlesey and CT Shareline areas)	203-814-3698 https://www.swcaa.org/
	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561 https://seniorresourcesec.org/
Morris	Western CT Area Agency on Aging	203-757-5449 https://wcaaa.org/
Naugatuck	Western CT Area Agency on Aging	203-757-5449 https://wcaaa.org/
New Britain	North Central Area Agency on Aging	860-724-6433 https://ncaaact.org/
New Canaan	Southwestern CT Agency on Aging	203-814-3698 https://www.swcaa.org/
New Fairfield	Western CT Area Agency on Aging	203-757-5449 https://wcaaa.org/
New Hartford	Western CT Area Agency on Aging	203-757-5449 https://wcaaa.org/
New Haven	Agency on Aging of South Central CT	203-785-8533 https://www.aoascc.org/
New London	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561 https://seniorresourcesec.org/
New Milford	Western CT Area Agency on Aging	203-757-5449 https://wcaaa.org/
Newington	North Central Area Agency on Aging	860-724-6433 https://ncaaact.org/
Newtown	Western CT Area Agency on Aging	203-757-5449 https://wcaaa.org/
Norfolk	Western CT Area Agency on Aging	203-757-5449 https://wcaaa.org/
North Branford	Agency on Aging of South Central CT	203-785-8533 https://www.aoascc.org/
North Canaan	Western CT Area Agency on Aging	203-757-5449 https://wcaaa.org/
North Haven	Agency on Aging of South Central CT	203-785-8533 https://www.aoascc.org/

North Stonington	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561 https://seniorresourcesec.org/
Norwalk	Southwestern CT Agency on Aging	203-814-3698 https://www.swcaa.org/
Norwich	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561 https://seniorresourcesec.org/
Old Lyme	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561 https://seniorresourcesec.org/
Old Saybrook	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561 https://seniorresourcesec.org/
Orange	Agency on Aging of South Central CT	203-785-8533 https://www.aoascc.org/
Oxford	Agency on Aging of South Central CT	203-785-8533 https://www.aoascc.org/
Plainfield	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561 https://seniorresourcesec.org/
Plainville	North Central Area Agency on Aging	860-724-6433 https://ncaaact.org/
Plymouth	North Central Area Agency on Aging	860-724-6433 https://ncaaact.org/
Pomfret	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561 https://seniorresourcesec.org/
Portland	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561 https://seniorresourcesec.org/
Preston	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561 https://seniorresourcesec.org/
Prospect	Western CT Area Agency on Aging	203-757-5449 https://wcaaa.org/
Putnam	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561 https://seniorresourcesec.org/
Redding	Western CT Area Agency on Aging	203-757-5449 https://wcaaa.org/
Ridgefield	Western CT Area Agency on Aging	203-757-5449 https://wcaaa.org/
Rocky Hill	North Central Area Agency on Aging	860-724-6433 https://ncaaact.org/
Roxbury	Western CT Area Agency on Aging	203-757-5449 https://wcaaa.org/
Salem	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561 https://seniorresourcesec.org/
Salisbury	Western CT Area Agency on Aging	203-757-5449 https://wcaaa.org/
Scotland	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561 https://seniorresourcesec.org/
Seymour	Agency on Aging of South Central CT	203-785-8533 https://www.aoascc.org/
Sharon	Western CT Area Agency on Aging	203-757-5449 https://wcaaa.org/
Shelton	Agency on Aging of South Central CT	203-785-8533 https://www.aoascc.org/
Sherman	Western CT Area Agency on Aging	203-757-5449 https://wcaaa.org/
Simsbury	North Central Area Agency on Aging	860-724-6433 https://ncaaact.org/
Somers	North Central Area Agency on Aging	860-724-6433 https://ncaaact.org/
South Windsor	North Central Area Agency on Aging	860-724-6433 https://ncaaact.org/
Southbury	Western CT Area Agency on Aging	203-757-5449 https://wcaaa.org/
Southington	North Central Area Agency on Aging	860-724-6433 https://ncaaact.org/
Sprague	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561 https://seniorresourcesec.org/
Stafford	North Central Area Agency on Aging	860-724-6433 https://ncaaact.org/
Stamford	Southwestern CT Agency on Aging	203-814-3698 https://www.swcaa.org/

Sterling	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561 https://seniorresourcesec.org/
Stonington	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561 https://seniorresourcesec.org/
Stratford	Southwestern CT Agency on Aging	203-814-3698 https://www.swcaa.org/
Suffield	North Central Area Agency on Aging	860-724-6433 https://ncaaact.org/
Thomaston	Western CT Area Agency on Aging	203-757-5449 https://wcaaa.org/
Thompson	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561 https://seniorresourcesec.org/
Tolland	North Central Area Agency on Aging	860-724-6433 https://ncaaact.org/
Torrington	Western CT Area Agency on Aging	203-757-5449 https://wcaaa.org/
Trumbull	Southwestern CT Agency on Aging	203-814-3698 https://www.swcaa.org/
Union	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561 https://seniorresourcesec.org/
Vernon	North Central Area Agency on Aging	860-724-6433 https://ncaaact.org/
Voluntown	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561 https://seniorresourcesec.org/
Wallingford	Agency on Aging of South Central CT	203-785-8533 https://www.aoascc.org/
Warren	Western CT Area Agency on Aging	203-757-5449 https://wcaaa.org/
Washington	Western CT Area Agency on Aging	203-757-5449 https://wcaaa.org/
Waterbury	Western CT Area Agency on Aging	203-757-5449 https://wcaaa.org/
Waterford	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561 https://seniorresourcesec.org/
Watertown	Western CT Area Agency on Aging	203-757-5449 https://wcaaa.org/
West Hartford	North Central Area Agency on Aging	860-724-6433 https://ncaaact.org/
West Haven	Agency on Aging of South Central CT	203-785-8533 https://www.aoascc.org/
Westbrook	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561 https://seniorresourcesec.org/
Weston	Southwestern CT Agency on Aging	203-814-3698 https://www.swcaa.org/
Westport	Southwestern CT Agency on Aging	203-814-3698 https://www.swcaa.org/
Wethersfield	North Central Area Agency on Aging	860-724-6433 https://ncaaact.org/
Willington	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561 https://seniorresourcesec.org/
Wilton	Southwestern CT Agency on Aging	203-814-3698 https://www.swcaa.org/
Winchester	Western CT Area Agency on Aging	203-757-5449 https://wcaaa.org/
Windham	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561 https://seniorresourcesec.org/
Windsor	North Central Area Agency on Aging	860-724-6433 https://ncaaact.org/
Windsor Locks	North Central Area Agency on Aging	860-724-6433 https://ncaaact.org/
Wolcott	Western CT Area Agency on Aging	203-757-5449 https://wcaaa.org/
Woodbridge	Agency on Aging of South Central CT	203-785-8533 https://www.aoascc.org/
Woodbury	Western CT Area Agency on Aging	203-757-5449 https://wcaaa.org/
Woodstock	Senior Resources Agency on Aging (Eastern, Middlesex and CT Shoreline areas)	860-887-3561 https://seniorresourcesec.org/