



Plan on great coverage and so much more with your UnitedHealthcare® Group Medicare Advantage (PPO) plan



retiree.uhc.com/TRB



1-866-794-3033, TTY 711,
8 a.m.–8 p.m. local time, 7 days a week

Use your new UnitedHealthcare member ID card to register your account at retiree.uhc.com/TRB

For more details, please review your Evidence of Coverage (EOC). Your Quick Start Guide, which you will receive once you are enrolled, will include instructions on how to access your EOC.

¹A copay or coinsurance may apply if you receive services that are not part of the annual physical/wellness visit.

²Renew by UnitedHealthcare is not available in all plans. Resources may vary. Renew Rewards is not available in all plans with Renew by UnitedHealthcare.

³You must have a working landline and/or cellular phone coverage to use PERS.

⁴24/7 Nurse Support should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room. The information provided through this service is for informational purposes only. The nurses cannot diagnose problems or recommend treatment and are not a substitute for your provider's care. Your health information is kept confidential in accordance with the law. Access to this service is subject to terms of use.

⁵Other hearing exam providers are available in the UnitedHealthcare network. The plan only covers hearing aids from a UnitedHealthcare Hearing network provider. Network size varies by local market.

⁶Availability subject to change and may be discontinued at any time.

⁷The Renew Active® Program varies by plan/area and may not be available on all plans. Participation in the Renew Active program is voluntary. Consult your doctor prior to beginning an exercise program or making changes to your lifestyle or health care routine. Renew Active includes standard fitness membership and other offerings. Fitness membership equipment, classes, personalized fitness plans, caregiver access and events may vary by location. Certain services, discounts, classes, events, and online fitness offerings are provided by affiliates of UnitedHealthcare Insurance Company or other third parties not affiliated with UnitedHealthcare. Participation in these third-party services are subject to your acceptance of their respective terms and policies. UnitedHealthcare is not responsible for the services or information provided by third parties. The information provided through these services is for informational purposes only and is not a substitute for the advice of a doctor. Gym network may vary in local market and plan. Gym network size is based on comparison of competitor's website data as of May 2023.

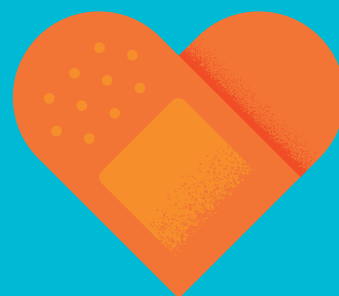
Benefits, features and/or devices vary by plan/area. Limitations, exclusions and/or network restrictions may apply.

Plans are insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract. Enrollment in the plan depends on the plan's contract renewal with Medicare.

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Your plan comes with some great extras

UnitedHealthcare® Group Medicare Advantage (PPO) plan



Take advantage of a plan you won't find anywhere else

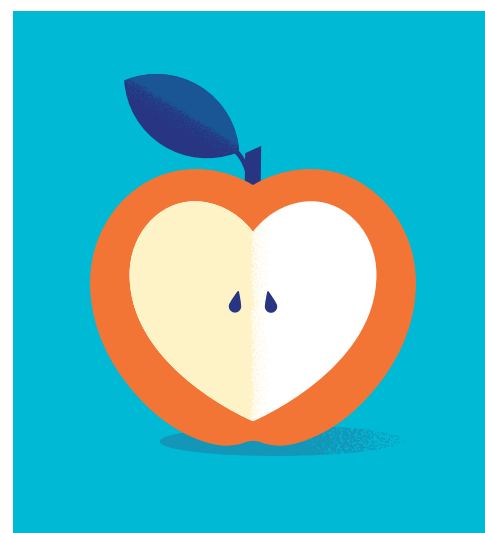
There's so much to take advantage of when you're a UnitedHealthcare® Group Medicare Advantage plan member. Our plans are designed to help you live healthier, with many features and benefits including:



Start your year off right with a no-cost Annual Wellness Visit and preventive care¹

- Check in with your primary care provider (PCP)
- Create a preventive care plan
- Review medications
- Talk about any health concerns
- Routine Eye Exam benefit will be changing to a \$0 copay for one exam every 12 months.

For help scheduling, call the number on your member ID card.



Live healthier with Renew by UnitedHealthcare²

Explore Renew by UnitedHealthcare, our member-only health and wellness experience, providing a wide variety of useful resources and activities, including brain games, healthy recipes, fitness activities, learning courses, and rewards for completing certain health care activities — all at no additional cost.

To explore Renew, visit **Health & Wellness** on your member website.



In-home preventive care visit from UnitedHealthcare® HouseCalls

Get a yearly check-in with a member of our licensed health care practitioners at no additional cost to you. The visit includes:

- Up to an hour of 1:1 time with the health care practitioner
- Health screenings tailored to you and a medication review
- Time to get advice and ask questions to help you manage your health
- A visit summary that is sent to you and your primary care provider

A HouseCalls visit is designed to support, but not take the place of, your provider's care.

HouseCalls may not be available in all areas.



Stay Healthy at Home

UnitedHealthcare® Healthy at Home provides you with the support you may need to recover from hospital and skilled nursing facility stays. You are eligible to receive:

- 28 home-delivered meals when referred by a UnitedHealthcare Engagement Specialist*
- 12 one-way rides to medically related appointments and to the pharmacy when referred by a UnitedHealthcare Engagement Specialist*
- 6 hours of non-medical personal care provided through a professional caregiver to perform tasks such as preparing meals, bathing, medication reminders and more.

*A referral is not required.



Get help with a push of a button wearing a Lifeline Personal Emergency Response System (PERS) device³

- In-home medical alert monitoring system
- Quick access to help in any situation, whether an emergency or you just need a helping hand
- Helps provide safety, independence, and peace of mind



24/7 Nurse Support⁴

Telephonic Nurse Support was designed specifically to help make your health decisions simple and convenient by providing immediate answers to your health questions anytime, anywhere — 24 hours a day, 7 days a week — at no additional cost.

When you call, a registered nurse can help you:

- Know if you need self-care or a provider or urgent care visit
- Finding a provider or hospital that meets your needs and wants
- Understand your diagnosis and explore treatment options



UnitedHealthcare® Hearing

Receive friendly, expert advice through our national network of 7,000+ hearing providers⁵ — or try virtual appointments⁶

- Get personalized support to help you adjust to your new hearing aids
- Choose from the latest technology from popular brands, including Phonak, Starkey®, Oticon, Signia, ReSound, Widex® and Unitron™
- Hearing aids purchased outside the UnitedHealthcare Hearing's nationwide network are not covered.



Stay fit with Renew Active⁷

Renew Active is the gold standard in Medicare fitness programs for the body and mind — and is available with your UnitedHealthcare® Group Medicare Advantage plan, at no additional cost.

- Stay active with a free gym membership at a location you select from the largest national network of gyms and fitness locations. If you prefer to exercise at home, you can access thousands of on-demand workout videos and streaming fitness classes.
- Stay active socially with local health and wellness classes, clubs and events. Also, connect socially by joining the online Fitbit® Community for Renew Active. No Fitbit device is needed.
- Stay focused with an online program offering content about brain health with exclusive content for Renew Active members.

To get your confirmation code and find participating fitness locations, sign in to your member website, go to **Health & Wellness** and look for **Renew Active**.



Virtual visits

See a doctor or talk to a behavioral health specialist anytime using live video chat from your computer, tablet or smartphone.

- **Virtual Doctor Visits:** Ask questions, get a diagnosis or even get medication prescribed and have it sent to your pharmacy. Providers cannot prescribe medications in all states.
- **Virtual Behavioral Health Visits:** Talk to a behavioral health specialist for addiction, depression, anxiety, stress, loss, and behavioral health medication management

Find a list of participating Virtual Visit providers by logging in to your member website.