

PCS PREVIEW

Member Name Member ID Job ID

DAVID O SAMPLE 000000000 4139599

Processed Date Expected Mail Date 12/03/2021

Card Back

Actual Mail Date

Mail to Address **DAVID O SAMPLE** 123 Main Street

Hartford CT 06103

Single Card Package

Printed: 12/02/2021



Issuer (80840): **915-10146-09** Member ID: 0000000000

Member:

DAVID O SAMPLE

MedicareR. RxBIN: 610097

RxPCN: 9999 RxGrp: PDPIND

Connecticut Teachers Retirement Board

S5820-803-000



X183350094600001

Card Front

CT TRB

Customer Service Hours: Mon - Fri 8 am - 8 pm

■|| 國際機能够能够能够是

For Members

Website: www.UHCRetiree.com/TRB 1-866-794-3033 TTY 711 **Customer Service:**

000000000000000000

1-877-889-6481 For Providers

Pharmacy Claims

Connecticut Teachers Retirement Board P.O. Box 650287, Dallas, TX 75265-0287 For Pharmacists 1-877-889-6510

2022 Quick Start Guide

Take advantage of your Prescription Drug plan









Welcome to your plan

Medicare has approved your enrollment. This guide explains your plan and steps you can take now to be ready when your plan coverage begins.

Your plan coverage begins January 1, 2022.

Your new UnitedHealthcare® member ID card is attached to the front of this guide

Remove the card so you can start using it when your coverage begins. You'll need to show it each time you fill a prescription.

We look forward to helping you live a happier and healthier life.

For more plan information, visit www.UHCRetiree.com/TRB

Get to know your plan

What are my costs with this plan?

You'll get a bill from us or your plan sponsor if you're responsible for some or all of your monthly premium. It will include your costs for the plan.

Please talk with your plan sponsor if you have questions about your premium amount.

Questions?

Call toll-free **1-866-794-3033**, TTY **711**, 8 a.m. - 8 p.m. local time, Monday - Friday

What's next

Manage your account	Page 10
Your drug benefits	Page 14
Get some great extras	Page 20
New to Medicare?	Page 24



We'll be in touch soon

We'll send you mailings throughout the year that will help you stay informed and take advantage of plan benefits, programs and services.

Explanation of Benefits (EOB)

Your EOB summarizes your claims and costs each month you fill a prescription.

Annual Notice of Changes

Your Annual Notice of Changes explains any plan cost or benefit changes for the year.

A few things before we get started

Can I get help with my prescription drug costs?

People with limited income may qualify for Medicare's Extra Help program. This program helps pay your prescription drug costs.

If you qualify:



Medicare could pay for 75% or more of your monthly premiums, annual deductibles and prescription copays or coinsurance.



You won't have a coverage gap or a Late Enrollment Penalty (LEP).



You may change plans once per quarter for the first 9 months of the year.



If you lose Extra Help during the year, you can change plans for up to 3 months after you lose it or after you're notified that you no longer qualify (whichever is later).



You should speak with your former employer, union group or trust administrator (plan sponsor) before you change plans. If you change plans, you may not be able to re-enroll in your group-sponsored plan.

Many qualify for Extra Help and don't even know it. If you'd like to apply or want more information, contact your local Social Security office or call toll-free at **1-800-772-1213**. TTY users should call **1-800-325-0778**. You can also visit **socialsecurity.gov/prescriptionhelp**.

If you think you qualify, but you don't have or can't find proof, please call toll-free **1-866-794-3033**, TTY **711**, 8 a.m. - 8 p.m. local time, Monday - Friday.

What is a Late Enrollment Penalty (LEP)?

An LEP is an amount Medicare adds to your monthly premium. If you have an LEP, you'll need to pay it as long as you have Medicare Prescription Drug coverage. This penalty is required by law. It's designed to encourage people to enroll in a Medicare drug plan when they are first eligible.

You may owe an LEP if:



You didn't join a Medicare plan that included prescription drug coverage when you were first eligible for Medicare.

AND



You didn't have other prescription drug coverage that met Medicare's minimum standards.

OR



You had a break in coverage of at least 63 days.

We'll send you a separate letter if you owe an LEP. If you had an LEP with your last plan, you'll also have one with this plan.

For more information about the LEP, call us toll-free at **1-866-794-3033**, TTY **711**, 8 a.m. - 8 p.m. local time, Monday - Friday.

If you still have questions, you can contact Medicare at **1-800-633-4227**, TTY **1-877-486-2048**, 24 hours a day, 7 days a week, or visit **medicare.gov** for online help.

What if I have Medigap (Medicare Supplemental Insurance) coverage?

If you have a Medigap plan that includes prescription drug coverage, you should call your Medigap plan to let them know that you've joined a Medicare Prescription Drug plan. Your Medigap plan may remove the prescription drug coverage from your policy and update your premium.

For more information about Medigap and the Late Enrollment Penalty (LEP), you can call Medicare at **1-800-633-4227**, TTY **1-877-486-2048**, 24 hours a day, 7 days a week, or visit **medicare.gov** for online help.

Can I change plans?

Talk with your plan sponsor before you change plans. You may not be able to re-enroll in your group-sponsored plan if you enroll in another plan.

Manage your account



Verify your contact information

If you have changes to your address, phone number or email address, please call Customer Service at the number on the back of your member ID card.



Share access with someone you trust

You can name a spouse or someone else you trust to speak with us about your account. Please complete the Authorized Representative form on the Plan Documents and Resources page of your member website or call UnitedHealthcare Customer Service.





Create your online account

Use your new UnitedHealthcare member ID card to register your account at www.UHCRetiree.com/TRB.

Once you've registered, you can access plan details including:

Search for drug(s) and pharmacies

Use our online search tools to look up drug(s) and find pharmacies near you.

1 Searches are based on your ZIP code.

Print your UnitedHealthcare member ID card

Print a temporary UnitedHealthcare member ID card and request a new one if you need a replacement.

Go paperless

We'll send you an email when documents are ready to view in your secure online account.

Review your plan documents

Review your plan documents online from a computer, tablet or smartphone at **www.UHCRetiree.com/TRB**.



Pharmacy Directory

See which pharmacies are in the network.



Drug List (Formulary)

Review restrictions and make sure the drugs you take are covered.



Evidence of Coverage (EOC)

This is the legal, detailed description of your plan benefits. It explains your rights and responsibilities as a member and includes information about the quality program and how medical coverage decisions are made. You can also find information about your prescription drug coverage in the **Certificate of Coverage**.

If you want a paper copy of any of these documents, please call the UnitedHealthcare Customer Service number on the back of your UnitedHealthcare member ID card.

Your drug benefits



Make sure your drugs are covered

Review the Drug List for new restrictions and to make sure your drugs are covered.



Fill your prescription in the network

There are thousands of national and local pharmacies in your plan's network. You'll need to use a network pharmacy or the plan may not pay.

Find a pharmacy and review your Drug List at:

- www.UHCRetiree.com/TRB
- Call toll-free 1-866-794-3033, TTY 711,
 8 a.m. 8 p.m. local time, Monday Friday



Always follow your provider's directions when taking your prescriptions

For your medications to work most effectively, you need to take them as directed by your provider. This is especially true if you're taking drugs to treat diabetes, high blood pressure or high cholesterol. Left untreated, conditions like these could lead to bigger problems. If you're having trouble taking your medications as directed, please talk to your provider or pharmacist.



Are generic drugs less expensive?

A generic drug is a drug that has been approved by the FDA as having the same active ingredient as the brand-name version. In general, generic drugs cost less than brand-name drugs. But it's important to remember that generic drugs aren't always the cheaper option. Some generic drugs are in higher drug tiers, which can make them more expensive than similar drugs in a lower tier.

The best plan is to talk to your provider about your drug choices. You can ask if a brand-name drug has a generic version. If you have questions about what a drug costs, Customer Service is always happy to help.



90-day supply at retail pharmacies

Most retail pharmacies offer 90-day supplies for some of your prescription drugs. To find out if a retail pharmacy offers 90-day supplies, you can check your Pharmacy Directory and look for the pill symbol or go to your plan website, sign in and click on **Locate a Pharmacy**.



Ask your provider about trial supplies

A trial supply allows you to fill a prescription for less than 30 days. This way, you can pay a reduced copay or coinsurance and make sure the medication works for you before getting a full month's supply.

Your drug coverage stages and costs

Annual deductible

If your plan has a deductible, you pay the total cost of your drugs until you reach the deductible amount set by your plan. If you don't have a deductible, your coverage begins in the initial coverage stage.

Initial coverage

If you don't have a deductible, your coverage begins in the initial coverage stage. You pay a copay or coinsurance and the plan pays the rest.

Coverage gap

After your total drug costs reach a certain dollar amount, you move into the coverage gap stage.

Catastrophic coverage

After your out-of-pocket costs reach a certain dollar amount, you enter the catastrophic coverage stage. You may pay a copay or coinsurance and you stay in this stage for the rest of the plan year.

Total drug costs

The amount you pay (or others pay on your behalf) and the plan pays for prescription drugs starting on your effective date. This does not include premiums.

Out-of-pocket costs

The amount you pay (or others pay on your behalf), including the deductible, for prescription drugs starting on your effective date. This does not include premiums. When your total Out-of-Pocket costs (what you pay) reach \$3,500 you will not pay any co-pay or co-insurance.

Annual prescription (Part D) deductible

\$200

Initial Coverage Stage

Network Pharmacy (31-day retail supply)

Tier 1: Preferred Generic 5% coinsurance

Tier 2: Preferred Brand 20% coinsurance

Tier 3: Non-preferred Drug 30% coinsurance

Tier 4: Specialty Tier 30% coinsurance

Mail Service Pharmacy (90-day supply)

Tier 1: Preferred Generic 5% coinsurance

Tier 2: Preferred Brand 20% coinsurance

Tier 3: Non-preferred Drug 30% coinsurance

Tier 4: Specialty Tier 30% coinsurance

For complete prescription drug information, see your Evidence of Coverage.

Get your prescription drugs delivered to your home

When your coverage begins, sign up for OptumRx® home delivery to help save time and money filling your maintenance medications.† Use OptumRx® to get a 3-month supply§ of your medications mailed right to your home. There's no charge for standard shipping.

You can also use other home delivery pharmacies to fill your prescriptions. Visit **www.UHCRetiree.com/TRB** to find a pharmacy.

Here's how home delivery works:

- Order up to a 3-month supply of your maintenance medications
- OptumRx fills your order and mails it to you
- 3 Your medication arrives within 5-7 days

Questions?

Visit www.UHCRetiree.com/TRB to learn more about home delivery.

Get the OptumRx app



Manage your medication(s) easier by downloading the OptumRx app to your smartphone or tablet.



Get some great extras



UnitedHealthcare Hearing

Get a hearing exam and access to brand-name and private-labeled hearing aids from any of our 7,000+ UnitedHealthcare Hearing providers nationwide.*



www.uhchearing.com/trb 1-866-445-2071, TTY 711



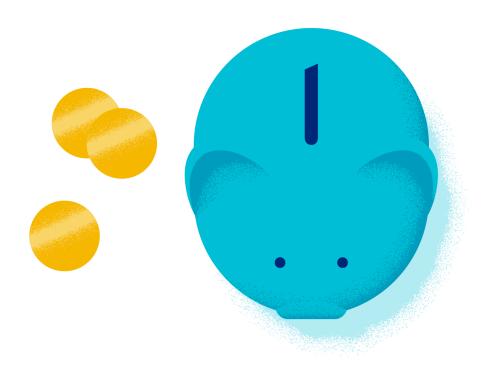
Discount Program

You also have access to discounts on a variety of products and services. This may include discounts on home-delivered meals, in-home personal care, nutrition, fitness, chiropractic, acupuncture, vision services and more. These discounts are available at no cost to you.

Learn more by visiting

www.uhcretireediscounts.lifemart.com for a list of discounts available in your area.

Acupuncture, chiropractic, natural healing, and physical and occupational therapy discounts are not currently available in California.





Live healthier with Renew

Renew by UnitedHealthcare^{®∆} is our health and wellness experience that offers a wide variety of resources and activities designed to help support your health and wellness goals. Renew includes:



Brain games



Recipes



Learning courses



Workout videos



Health topic library



And more!

Visit www.UHCRetiree.com/TRB to sign in or register and go to Health & Wellness to explore all Renew has to offer.

At UnitedHealthcare, we're here to help



Phone

Call toll-free at **1-866-794-3033**, TTY **711**, 8 a.m. - 8 p.m. local time, Monday - Friday.



Online

Learn more online at www.UHCRetiree.com/TRB.

Customer Service is happy to help you:

- Find out if a drug is covered
- Locate network pharmacies near you
- Request a printed version of your Drug List (Formulary),
 Evidence of Coverage (EOC) or Pharmacy Directory
- Understand your drug plan benefits
- Replace your UnitedHealthcare member ID card

New to Medicare?

Medicare works differently from other types of health coverage you may have received from your plan sponsor. As you transition from your former coverage to Medicare, here is some information that may help make the change easier.

Income Related Monthly Adjusted Amount (IRMAA)

IRMAA is an amount you may need to pay in addition to your monthly plan premium if your modified adjusted gross income on your IRS tax return from 2 years ago is above a certain limit. This extra amount is paid directly to Social Security, not to your plan. Social Security will contact you if you have to pay IRMAA.

Late Enrollment Penalty (LEP)

You may pay a late enrollment penalty if, at any time after you first become eligible for Part D, there's a period of at least 63 days in a row when you don't have Part D or other creditable prescription drug coverage. Creditable coverage means that the prescription drug coverage you have had is at least as good as or better than what Medicare provides. The late enrollment penalty is an amount added to your monthly Medicare premium, which you may have to pay. When you become a member, your plan sponsor will be asked to attest or validate that you have had continuous Part D plan coverage.

If your plan sponsor asks for information about your prescription drug coverage history, please respond as quickly as possible to avoid the risk of paying a penalty in error. More information will be available in your Evidence of Coverage (EOC).

Medicare Part B Monthly Premium

If you have Part B, you must continue to pay your Part B monthly premium to Social Security. If you do not pay your monthly Part B premium, you may be disenrolled from your plan, losing important coverage.

Medicare Part B versus Medicare Part D

Medicare covers certain drugs in different ways depending on where and by whom the drug is administered. Medicare Parts A and B have limited drug coverage. Medicare Part A only covers drugs received as part of your hospital stay. Medicare Part B covers medical services and supplies like diabetic screenings and supplies such as blood sugar monitors, test strips and lancets. It also covers drugs administered in the physician's office and in an outpatient setting, such as chemotherapy and dialysis drugs.

A Medicare Part D plan covers drugs that are listed on your Drug List (Formulary). Most of these drugs are typically ordered by your doctor and received through a pharmacy. There are a few exceptions, so give us a call if you have questions. Certain medications, such as vaccines and immunizations, can be covered under either Medicare Part B or Part D depending on how they are used. The process to figure out if the drug is covered under Part B or Part D is called a Coverage Determination. Drugs that require this process are identified on your Drug List by B/D in the Coverage Rules or Limits On Use column. Talk with your doctor about medications that may require a Coverage Determination to ensure that your prescription is filled without delay.

Required information

§Your plan sponsor may provide coverage beyond 3 months. Please refer to the Benefit Highlights or Summary of Benefits for more information.

[†]Maintenance medications are typically those drugs you take on a regular basis for a chronic or long-term condition.

This information is not a complete description of benefits. Limitations and restrictions may apply.

 $^\Delta$ Renew by UnitedHealthcare $^\circledast$ is not available in all plans. Resources may vary.

*Please refer to your Evidence of Coverage for details on your benefit coverage.

[⋄]The products and services described in this guide are neither offered nor guaranteed under our contract with the Medicare program. In addition, they are not subject to the Medicare appeals process. Any disputes regarding these products and services may be subject to the UnitedHealthcare grievance process.

OptumRx is an affiliate of UnitedHealthcare Insurance Company. You are not required to use OptumRx home delivery for a 3-month supply of your maintenance medication. If you have not used OptumRx home delivery, you must approve the first prescription order sent directly from your doctor to OptumRx before it can be filled. Prescriptions from OptumRx should arrive within 5 business days after we receive the complete order. Contact OptumRx anytime at 1-888-279-1828, TTY 711.

The company does not discriminate on the basis of race, color, national origin, sex, age or disability in health programs and activities. We provide free services to help you communicate with us such as letters in other languages, Braille, large print, audio, or you can ask for an interpreter. Please contact Customer Service at the number located on the back of your member ID card for additional information.

© 2021 United HealthCare Services, Inc. All Rights Reserved.



UnitedHealthcare P.O. Box 30770 Salt Lake City, UT 84130-0770

DAVID O SAMPLE 123 Main Street Hartford CT 06103

Welcome to your new plan We can help you get started

Important plan information. Do not discard.

Y0066_SPRJ62424_25419-001_C



PCS PREVIEW

Member Name Member ID Job ID

MARTIN SAMPLE 000000000 4136171

Processed Date Expected Mail Date 12/02/2021

Card Back

Actual Mail Date

Mail to Address **MARTIN SAMPLE** 123 Main Street

Hartford CT 06103

Single Card Package

United Healthcare

Health Plan (80840): 911-87726-04

Member ID: 0000000000

Group Number:

06802 CT TRB

Card Front

MARTIN SAMPLE

Member:

Payer ID:

87726

X209679784400001

Connecticut Teachers Retirement Board SRSUP-907-000

In an emergency go to the nearest emergency room or call 911.

Printed: 12/01/2021

■|| 國際機能發展機能與整個性

000000000000000000

Visit www.UHCRetiree.com/TRB for plan information or call Customer Service Monday - Friday 8:00 a.m. to 8:00 p.m. Providers: This plan pays after Medicare. Please submit claims to Medicare first.

Customer Service: 1-866-794-3033 TTY 711 1-877-365-7949 TTY 711 TeleNurse:

For Providers 1-877-842-3210

Medical Claim Address: P.O. Box 30995, Salt Lake City, UT 84130-0995



MARTIN SAMPLE 123 Main Street

Hartford CT 06103

Thank you for being a member.

This is your new health plan member ID card. It has information about you and your coverage so you'll want to bring it with you wherever you go.

Please review your personal information and make sure it's correct. If you see anything that isn't right, call the toll-free Customer Service phone number on the back of the card. We'll make any changes needed and mail you a new card right away.

Questions? We're here to help.

Call the toll-free Customer Service number on the back of your member ID card.

Keep this card in your wallet or purse.

Plans are insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract and a Medicare approved Part D sponsor. Enrollment in the plan depends on the plan's contract renewal with Medicare.

The company does not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities.

We provide free services to help you communicate with us. Such as, letters in other languages or large print. Or, you can ask for an interpreter. To ask for help, please call the member toll-free phone number listed on your ID card.

ATENCIÓN: Si habla español (Spanish), hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al número de teléfono gratuito que aparece en su tarjeta de identificación.

請注意:如果您說中文(Chinese), 我們免費為您提供語言協助服務。請撥打會員卡所列的免付費會員電話號碼。



PCS PREVIEW

Member Name Member ID Job ID

MARTHA E SAMPLE 000000000 4139599

Processed Date Expected Mail Date Actual Mail Date

X183326246800001

12/03/2021

Card Back

Mail to Address **MARTHA E SAMPLE** 123 Main Street

Hartford CT 06103

Single Card Package

United Healthcare

Issuer (80840): **915-10146-09** Member ID: 0000000000

Member: **MARTHA E SAMPLE**

RxBIN: 610097 **RxPCN: 9999**

RxGrp: PDPIND

Connecticut Teachers Retirement Board

S5805-813-000



CT TRB

MedicareR.

Card Front

■|| 國際機能够能够能够是

For Members

Website: www.uhcretiree.com/trb 1-866-794-3033 TTY 711 **Customer Service:**

000000000000000000

1-877-889-6481 For Providers

Pharmacy Claims

Connecticut Teachers Retirement Board P.O. Box 650287, Dallas, TX 75265-0287 For Pharmacists 1-877-889-6510

Customer Service Hours: Mon - Fri 8 am - 8 pm Printed: 12/02/2021

2022 Quick Start Guide

Take advantage of your Prescription Drug plan









Welcome to your plan

Medicare has approved your enrollment. This guide explains your plan and steps you can take now to be ready when your plan coverage begins.

Your plan coverage begins January 1, 2022.

Your new UnitedHealthcare® member ID card is attached to the front of this guide

Remove the card so you can start using it when your coverage begins. You'll need to show it each time you fill a prescription.

We look forward to helping you live a happier and healthier life.

For more plan information, visit www.uhcretiree.com/trb

Get to know your plan

What are my costs with this plan?

You'll get a bill from us or your plan sponsor if you're responsible for some or all of your monthly premium. It will include your costs for the plan.

Please talk with your plan sponsor if you have questions about your premium amount.

Questions?

Call toll-free **1-866-794-3033**, TTY **711**, 8 a.m. - 8 p.m. local time, Monday - Friday

What's next

Manage your account	Page 10
Your drug benefits	Page 14
Get some great extras	Page 20
New to Medicare?	Page 24



We'll be in touch soon

We'll send you mailings throughout the year that will help you stay informed and take advantage of plan benefits, programs and services.

Explanation of Benefits (EOB)

Your EOB summarizes your claims and costs each month you fill a prescription.

Annual Notice of Changes

Your Annual Notice of Changes explains any plan cost or benefit changes for the year.

A few things before we get started

Can I get help with my prescription drug costs?

People with limited income may qualify for Medicare's Extra Help program. This program helps pay your prescription drug costs.

If you qualify:



Medicare could pay for 75% or more of your monthly premiums, annual deductibles and prescription copays or coinsurance.



You won't have a coverage gap or a Late Enrollment Penalty (LEP).



You may change plans once per quarter for the first 9 months of the year.



If you lose Extra Help during the year, you can change plans for up to 3 months after you lose it or after you're notified that you no longer qualify (whichever is later).



You should speak with your former employer, union group or trust administrator (plan sponsor) before you change plans. If you change plans, you may not be able to re-enroll in your group-sponsored plan.

Many qualify for Extra Help and don't even know it. If you'd like to apply or want more information, contact your local Social Security office or call toll-free at **1-800-772-1213**. TTY users should call **1-800-325-0778**. You can also visit **socialsecurity.gov/prescriptionhelp**.

If you think you qualify, but you don't have or can't find proof, please call toll-free **1-866-794-3033**, TTY **711**, 8 a.m. - 8 p.m. local time, Monday - Friday.

What is a Late Enrollment Penalty (LEP)?

An LEP is an amount Medicare adds to your monthly premium. If you have an LEP, you'll need to pay it as long as you have Medicare Prescription Drug coverage. This penalty is required by law. It's designed to encourage people to enroll in a Medicare drug plan when they are first eligible.

You may owe an LEP if:



You didn't join a Medicare plan that included prescription drug coverage when you were first eligible for Medicare.

AND



You didn't have other prescription drug coverage that met Medicare's minimum standards.

OR



You had a break in coverage of at least 63 days.

We'll send you a separate letter if you owe an LEP. If you had an LEP with your last plan, you'll also have one with this plan.

For more information about the LEP, call us toll-free at **1-866-794-3033**, TTY **711**, 8 a.m. - 8 p.m. local time, Monday - Friday.

If you still have questions, you can contact Medicare at **1-800-633-4227**, TTY **1-877-486-2048**, 24 hours a day, 7 days a week, or visit **medicare.gov** for online help.

What if I have Medigap (Medicare Supplemental Insurance) coverage?

If you have a Medigap plan that includes prescription drug coverage, you should call your Medigap plan to let them know that you've joined a Medicare Prescription Drug plan. Your Medigap plan may remove the prescription drug coverage from your policy and update your premium.

For more information about Medigap and the Late Enrollment Penalty (LEP), you can call Medicare at **1-800-633-4227**, TTY **1-877-486-2048**, 24 hours a day, 7 days a week, or visit **medicare.gov** for online help.

Can I change plans?

Talk with your plan sponsor before you change plans. You may not be able to re-enroll in your group-sponsored plan if you enroll in another plan.

Manage your account



Verify your contact information

If you have changes to your address, phone number or email address, please call Customer Service at the number on the back of your member ID card.



Share access with someone you trust

You can name a spouse or someone else you trust to speak with us about your account. Please complete the Authorized Representative form on the Plan Documents and Resources page of your member website or call UnitedHealthcare Customer Service.





Create your online account

Use your new UnitedHealthcare member ID card to register your account at **www.uhcretiree.com/trb**.

Once you've registered, you can access plan details including:

Search for drug(s) and pharmacies

Use our online search tools to look up drug(s) and find pharmacies near you.

1 Searches are based on your ZIP code.

Print your UnitedHealthcare member ID card

Print a temporary UnitedHealthcare member ID card and request a new one if you need a replacement.

Go paperless

We'll send you an email when documents are ready to view in your secure online account.

Review your plan documents

Review your plan documents online from a computer, tablet or smartphone at **www.uhcretiree.com/trb**.



Pharmacy Directory

See which pharmacies are in the network.



Drug List (Formulary)

Review restrictions and make sure the drugs you take are covered.



Evidence of Coverage (EOC)

This is the legal, detailed description of your plan benefits. It explains your rights and responsibilities as a member and includes information about the quality program and how medical coverage decisions are made. You can also find information about your prescription drug coverage in the **Certificate of Coverage**.

If you want a paper copy of any of these documents, please call the UnitedHealthcare Customer Service number on the back of your UnitedHealthcare member ID card.

Your drug benefits



Make sure your drugs are covered

Review the Drug List for new restrictions and to make sure your drugs are covered.



Fill your prescription in the network

There are thousands of national and local pharmacies in your plan's network. You'll need to use a network pharmacy or the plan may not pay.

Find a pharmacy and review your Drug List at:

- www.uhcretiree.com/trb
- Call toll-free 1-866-794-3033, TTY 711,
 8 a.m. 8 p.m. local time, Monday Friday



Always follow your provider's directions when taking your prescriptions

For your medications to work most effectively, you need to take them as directed by your provider. This is especially true if you're taking drugs to treat diabetes, high blood pressure or high cholesterol. Left untreated, conditions like these could lead to bigger problems. If you're having trouble taking your medications as directed, please talk to your provider or pharmacist.



Are generic drugs less expensive?

A generic drug is a drug that has been approved by the FDA as having the same active ingredient as the brand-name version. In general, generic drugs cost less than brand-name drugs. But it's important to remember that generic drugs aren't always the cheaper option. Some generic drugs are in higher drug tiers, which can make them more expensive than similar drugs in a lower tier.

The best plan is to talk to your provider about your drug choices. You can ask if a brand-name drug has a generic version. If you have questions about what a drug costs, Customer Service is always happy to help.



90-day supply at retail pharmacies

Most retail pharmacies offer 90-day supplies for some of your prescription drugs. To find out if a retail pharmacy offers 90-day supplies, you can check your Pharmacy Directory and look for the pill symbol or go to your plan website, sign in and click on **Locate a Pharmacy**.



Ask your provider about trial supplies

A trial supply allows you to fill a prescription for less than 30 days. This way, you can pay a reduced copay or coinsurance and make sure the medication works for you before getting a full month's supply.

Your drug coverage stages and costs

Annual deductible

If your plan has a deductible, you pay the total cost of your drugs until you reach the deductible amount set by your plan. If you don't have a deductible, your coverage begins in the initial coverage stage.

Initial coverage

If you don't have a deductible, your coverage begins in the initial coverage stage. You pay a copay or coinsurance and the plan pays the rest.

Coverage gap

After your total drug costs reach a certain dollar amount, you move into the coverage gap stage.

Catastrophic coverage

After your out-of-pocket costs reach a certain dollar amount, you enter the catastrophic coverage stage. You may pay a copay or coinsurance and you stay in this stage for the rest of the plan year.

Total drug costs

The amount you pay (or others pay on your behalf) and the plan pays for prescription drugs starting on your effective date. This does not include premiums.

Out-of-pocket costs

The amount you pay (or others pay on your behalf), including the deductible, for prescription drugs starting on your effective date. This does not include premiums. When your total Out-of-Pocket costs (what you pay) reach \$3,500 you will not pay any co-pay or co-insurance.

Annual prescription (Part D) deductible

\$200

Initial Coverage Stage

Network Pharmacy (31-day retail supply)

Tier 1: Preferred Generic 5% coinsurance

Tier 2: Preferred Brand 20% coinsurance

Tier 3: Non-preferred Drug 30% coinsurance

Tier 4: Specialty Tier 30% coinsurance

Mail Service Pharmacy (90-day supply)

Tier 1: Preferred Generic 5% coinsurance

Tier 2: Preferred Brand 20% coinsurance

Tier 3: Non-preferred Drug 30% coinsurance

Tier 4: Specialty Tier 30% coinsurance

For complete prescription drug information, see your Evidence of Coverage.

Get your prescription drugs delivered to your home

When your coverage begins, sign up for OptumRx® home delivery to help save time and money filling your maintenance medications.† Use OptumRx® to get a 3-month supply§ of your medications mailed right to your home. There's no charge for standard shipping.

You can also use other home delivery pharmacies to fill your prescriptions. Visit **www.UHCRetiree.com/TRB** to find a pharmacy.

Here's how home delivery works:

- Order up to a 3-month supply of your maintenance medications
- OptumRx fills your order and mails it to you
- 3 Your medication arrives within 5-7 days

Questions?

Visit www.UHCRetiree.com/TRB to learn more about home delivery.

Get the OptumRx app



Manage your medication(s) easier by downloading the OptumRx app to your smartphone or tablet.



Get some great extras



UnitedHealthcare Hearing

Get a hearing exam and access to brand-name and private-labeled hearing aids from any of our 7,000+ UnitedHealthcare Hearing providers nationwide.*



www.uhchearing.com/trb 1-866-445-2071, TTY 711



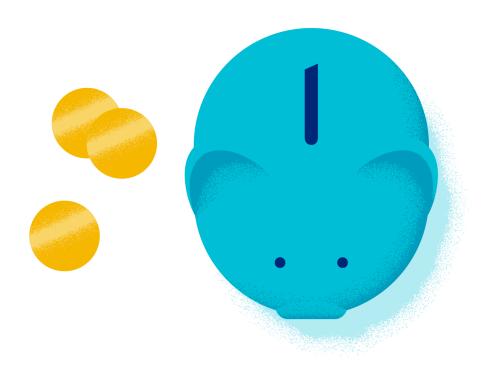
Discount Program

You also have access to discounts on a variety of products and services. This may include discounts on home-delivered meals, in-home personal care, nutrition, fitness, chiropractic, acupuncture, vision services and more. These discounts are available at no cost to you.

Learn more by visiting

www.uhcretireediscounts.lifemart.com for a list of discounts available in your area.

Acupuncture, chiropractic, natural healing, and physical and occupational therapy discounts are not currently available in California.





Live healthier with Renew

Renew by UnitedHealthcare^{®∆} is our health and wellness experience that offers a wide variety of resources and activities designed to help support your health and wellness goals. Renew includes:



Brain games



Recipes



Learning courses



Workout videos



Health topic library



And more!

Visit www.uhcretiree.com/trb to sign in or register and go to Health & Wellness to explore all Renew has to offer.

At UnitedHealthcare, we're here to help



Phone

Call toll-free at **1-866-794-3033**, TTY **711**, 8 a.m. - 8 p.m. local time, Monday - Friday.



Online

Learn more online at www.uhcretiree.com/trb.

Customer Service is happy to help you:

- Find out if a drug is covered
- Locate network pharmacies near you
- Request a printed version of your Drug List (Formulary),
 Evidence of Coverage (EOC) or Pharmacy Directory
- Understand your drug plan benefits
- Replace your UnitedHealthcare member ID card

New to Medicare?

Medicare works differently from other types of health coverage you may have received from your plan sponsor. As you transition from your former coverage to Medicare, here is some information that may help make the change easier.

Income Related Monthly Adjusted Amount (IRMAA)

IRMAA is an amount you may need to pay in addition to your monthly plan premium if your modified adjusted gross income on your IRS tax return from 2 years ago is above a certain limit. This extra amount is paid directly to Social Security, not to your plan. Social Security will contact you if you have to pay IRMAA.

Late Enrollment Penalty (LEP)

You may pay a late enrollment penalty if, at any time after you first become eligible for Part D, there's a period of at least 63 days in a row when you don't have Part D or other creditable prescription drug coverage. Creditable coverage means that the prescription drug coverage you have had is at least as good as or better than what Medicare provides. The late enrollment penalty is an amount added to your monthly Medicare premium, which you may have to pay. When you become a member, your plan sponsor will be asked to attest or validate that you have had continuous Part D plan coverage.

If your plan sponsor asks for information about your prescription drug coverage history, please respond as quickly as possible to avoid the risk of paying a penalty in error. More information will be available in your Evidence of Coverage (EOC).

Medicare Part B Monthly Premium

If you have Part B, you must continue to pay your Part B monthly premium to Social Security. If you do not pay your monthly Part B premium, you may be disenrolled from your plan, losing important coverage.

Medicare Part B versus Medicare Part D

Medicare covers certain drugs in different ways depending on where and by whom the drug is administered. Medicare Parts A and B have limited drug coverage. Medicare Part A only covers drugs received as part of your hospital stay. Medicare Part B covers medical services and supplies like diabetic screenings and supplies such as blood sugar monitors, test strips and lancets. It also covers drugs administered in the physician's office and in an outpatient setting, such as chemotherapy and dialysis drugs.

A Medicare Part D plan covers drugs that are listed on your Drug List (Formulary). Most of these drugs are typically ordered by your doctor and received through a pharmacy. There are a few exceptions, so give us a call if you have questions. Certain medications, such as vaccines and immunizations, can be covered under either Medicare Part B or Part D depending on how they are used. The process to figure out if the drug is covered under Part B or Part D is called a Coverage Determination. Drugs that require this process are identified on your Drug List by B/D in the Coverage Rules or Limits On Use column. Talk with your doctor about medications that may require a Coverage Determination to ensure that your prescription is filled without delay.

Required information

§Your plan sponsor may provide coverage beyond 3 months. Please refer to the Benefit Highlights or Summary of Benefits for more information.

[†]Maintenance medications are typically those drugs you take on a regular basis for a chronic or long-term condition.

This information is not a complete description of benefits. Limitations and restrictions may apply.

 $^\Delta$ Renew by UnitedHealthcare $^\circledast$ is not available in all plans. Resources may vary.

*Please refer to your Evidence of Coverage for details on your benefit coverage.

[⋄]The products and services described in this guide are neither offered nor guaranteed under our contract with the Medicare program. In addition, they are not subject to the Medicare appeals process. Any disputes regarding these products and services may be subject to the UnitedHealthcare grievance process.

OptumRx is an affiliate of UnitedHealthcare Insurance Company. You are not required to use OptumRx home delivery for a 3-month supply of your maintenance medication. If you have not used OptumRx home delivery, you must approve the first prescription order sent directly from your doctor to OptumRx before it can be filled. Prescriptions from OptumRx should arrive within 5 business days after we receive the complete order. Contact OptumRx anytime at 1-888-279-1828, TTY 711.

The company does not discriminate on the basis of race, color, national origin, sex, age or disability in health programs and activities. We provide free services to help you communicate with us such as letters in other languages, Braille, large print, audio, or you can ask for an interpreter. Please contact Customer Service at the number located on the back of your member ID card for additional information.

© 2021 United HealthCare Services, Inc. All Rights Reserved.



UnitedHealthcare P.O. Box 30770 Salt Lake City, UT 84130-0770

MARTHA E SAMPLE 123 Main Street Hartford CT 06103

Welcome to your new plan We can help you get started

Important plan information. Do not discard.

Y0066_SPRJ62424_25419-002_C



PCS PREVIEW

Member Name Member ID Job ID

ELIZABETH S SAMPLE 000000000 4136171

Processed Date Expected Mail Date Actual Mail Date

12/02/2021

Card Back

Mail to Address

ELIZABETH S SAMPLE 123 Main Street

Hartford CT 06103

Single Card Package



Health Plan (80840): 911-87726-04

Member ID: 0000000000 Member:

Group Number:

06803 CT TRB

Card Front

ELIZABETH S SAMPLE

Payer ID:

87726

X209679269700001

Connecticut Teachers Retirement Board SRSUP-907-000

In an emergency go to the nearest emergency room or call 911.

Printed: 12/01/2021

■|| 國際機能的數學的

000000000000000000

Visit www.UHCRetiree.com/TRB for plan information or call Customer Service Monday - Friday 8:00 a.m. to 8:00 p.m. Providers: This plan pays after Medicare. Please submit claims to Medicare first.

Customer Service: 1-866-794-3033 TTY 711 1-877-365-7949 TTY 711 TeleNurse:

For Providers 1-877-842-3210

Medical Claim Address: P.O. Box 30995, Salt Lake City, UT 84130-0995



ELIZABETH S SAMPLE 123 Main Street

Hartford CT 06103

Thank you for being a member.

This is your new health plan member ID card. It has information about you and your coverage so you'll want to bring it with you wherever you go.

Please review your personal information and make sure it's correct. If you see anything that isn't right, call the toll-free Customer Service phone number on the back of the card. We'll make any changes needed and mail you a new card right away.

Questions? We're here to help.

Call the toll-free Customer Service number on the back of your member ID card.

Keep this card in your wallet or purse.

Plans are insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract and a Medicare approved Part D sponsor. Enrollment in the plan depends on the plan's contract renewal with Medicare.

The company does not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities.

We provide free services to help you communicate with us. Such as, letters in other languages or large print. Or, you can ask for an interpreter. To ask for help, please call the member toll-free phone number listed on your ID card.

ATENCIÓN: Si habla español (Spanish), hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al número de teléfono gratuito que aparece en su tarjeta de identificación.

請注意:如果您說中文(Chinese), 我們免費為您提供語言協助服務。請撥打會員卡所列的免付費會員電話號碼。