

Once you become a member, sign up for your secure personal online account at UHCRetiree.com/TRB

Your member website has been designed to help you get the most out of managing your health plan information. After you sign up for your online account and log in, the homepage shows your plan information at a glance, which will help you find what you need quickly.

- ✓ Look up your latest claim information
- ✓ Review benefit information and plan materials
- ✓ Print a temporary UnitedHealthcare member ID card and request a new one
- ✓ Search for drugs and see how much they cost under your plan
- ✓ Search for network doctors
- ✓ Explore Renew by UnitedHealthcare®, our member-only Health & Wellness Experience. Learn about wellness topics, use interactive quizzes and tools, and watch health-related videos.
- ✓ Sign up to get your Explanation of Benefits (EOB) online



Find a COVID-19 vaccine resource locator in your area by logging on to UHCRetiree.com

Use the ZIP-code tool online to find FDA-authorized COVID-19 vaccine resources near you. We've gathered links to public resources to help you stay informed. These resources may include: who can get a vaccine, where to get a vaccine, how to sign up for alerts and how to schedule an appointment. Look to your local news, pharmacies and health care providers. They may have additional details on vaccines in your area.

Questions?



1-866-794-3033, TTY 711,
8 a.m.–8 p.m. local time,
7 days a week



UHCRetiree.com/TRB

Go to the Virtual Education Center to explore and learn more

- View a library of fliers, brochures, videos and more
- Print additional custom plan program information
- Access via any tablet, computer or smartphone
- Visit uhcvirtualretiree.com/TRB

¹A new referral is required after every discharge to access your meal and transportation benefit.

²ModivCare may subcontract to other vendors or individuals. Subcontracting is at the discretion of ModivCare.

³ModivCare does not guarantee urgent requests will be met when scheduled less than 2 days in advance for standard services. ModivCare supports any language the member requires through a third-party translator service.

⁴Refer to the Evidence of Coverage for eligibility requirements.

⁵AutoAlert does not detect 100% of falls. If able, users should always push their PERS button when they need help.

⁶Coverage outside the home is provided where AT&T wireless coverage is available. Recharging of the GoSafe Mobile pendant is done by the user as needed when connected to the charger.

⁷Up to 1 meter of water for 30 minutes. Refer to Instructions For Use (IFU) for more details.

⁸Based on number of subscribers.

⁹2020 OptumRx drug pricing tool cost analysis.

The CareLinx services are made available to you from a third party through your UnitedHealthcare® Group Medicare Advantage insurance plan. CareLinx is not a UnitedHealthcare company. UnitedHealthcare and your Plan are not responsible for any services you receive from this third party. This is not an insurance program and may be discontinued at any time. Benefits and features may vary by plan/area. Limitations and exclusions apply.

UnitedHealthcare does not make any representations regarding the content or accuracy of the materials on such sites. CareLinx will share only non-identifiable, aggregate information with UnitedHealthcare that is collected through the use of the CareLinx platform. This information may be used by UnitedHealthcare to potentially help develop future programs and services for its insured members. CareLinx is the network administrator of this in-home care service offer. CareLinx does not employ or recommend any care provider or individual seeking services nor is it responsible for the conduct of any care provider or care seeker. The CareLinx website is a venue that provides tools to help care seekers and care providers connect online. Each individual is solely responsible for selecting a care provider or care seeker for themselves or their families and for complying with all laws in connection with any employment relationship they establish. All decisions about medications and care are between you and your health care provider.

Real Appeal is available at no additional cost to UnitedHealthcare members on this insurance plan with a BMI of 19 and higher, subject to eligibility. The program is not an insurance program and may be discontinued at any time. Benefits and features may vary by plan/area. The information provided through the program is for informational purposes only and provided as part of your health plan. It is educational in nature and should not substitute for medical advice.

Rally and the Rally logo(s) are registered trade and service marks of Rally Health, Inc. ©2021 Rally Health, Inc. All rights reserved.

If you have not used OptumRx home delivery, you must approve the first prescription order sent directly from your doctor to OptumRx before it can be filled.

The pharmacy network may change at any time. You will receive notice when necessary. Other pharmacies are available in our network. Three-month supplies may vary by plan and can include 90 or 100 days supplies.

OptumRx is an affiliate of UnitedHealthcare Insurance Company. You are not required to use OptumRx for your 90/100 day supply of your maintenance medication. There may be other home delivery options available to you.

Benefits and features may vary by plan/area. Limitations and exclusions apply.

Plans are insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract and a Medicare-approved Part D sponsor. Enrollment in these plans depends on the plan's contract renewal with Medicare.

© 2021 United HealthCare Services, Inc. All Rights Reserved.

H2001_SPRJ66959_100121_C

SPRJ66959



Learn more about the UnitedHealthcare Group Medicare Advantage PPO plan benefits and programs

As a UnitedHealthcare Medicare Advantage member, you get all the benefits of Original Medicare, plus additional benefits and programs

United
Healthcare



UnitedHealthcare Healthy at Home

With UnitedHealthcare® Healthy at Home, you are eligible for the following benefits up to 30 days following all inpatient and skilled nursing facility discharges:



28 home-delivered meals through Mom's Meals®¹ when referred by a UnitedHealthcare Advocate

Contact Mom's Meals for additional details and to place your meal orders if you have been referred into the program.



12 one-way rides to medically related appointments and to the pharmacy when referred by a UnitedHealthcare Advocate

Contact ModivCare™² for additional details and to schedule your trip³ once you have been referred into the program.



6 hours of in-home personal care provided through a CareLinx® professional caregiver to perform tasks such as preparing meals, bathing, medication reminders and more

A referral is not required.

Rally Coach™ programs

Get help living a healthier, happier life with Rally Coach programs at no additional cost.



Real Appeal® weight loss and Real Appeal diabetes prevention⁴

Online weight-loss programs designed to help you gain energy, reduce risk of developing serious health conditions and achieve your long-term health goals.



Wellness coaching

An online and live coaching support program that provides access to a variety of digital health and wellness courses.



Quit For Life®

A tobacco cessation program providing access to the tools and resources you may need to help you quit all types of tobacco use.

Lifeline personal emergency response system

UnitedHealthcare is working with Philips Lifeline to provide a personal emergency response service at no cost to eligible UnitedHealthcare® Group Medicare Advantage plan members.

Philips Lifeline personal emergency response system (PERS) allows you to ask for help whenever you need it, anytime of day or night — 365 days of the year, 24/7. All you need to do is push the help button, worn as a wristband or pendant, and a Trained Care Specialist will assist you to help make sure you quickly get the help you need.

Features include:

- **Optional AutoAlert fall detection technology** automatically provides access to help if it detects a fall — even if wearer is disoriented, immobilized or unconscious and cannot push their help button⁵
- **Cellular or landline compatible**, Lifeline works anywhere in the U.S. where current telephone and cellular service is provided⁶
- **Lightweight, waterproof⁷ help button** can be worn on the wrist or as a pendant

Philips Lifeline is the most popular personal emergency response system in the U.S. today⁸, offering solutions to fit your lifestyle and unique needs

What exactly is included in a personal emergency response service? And is everything covered?

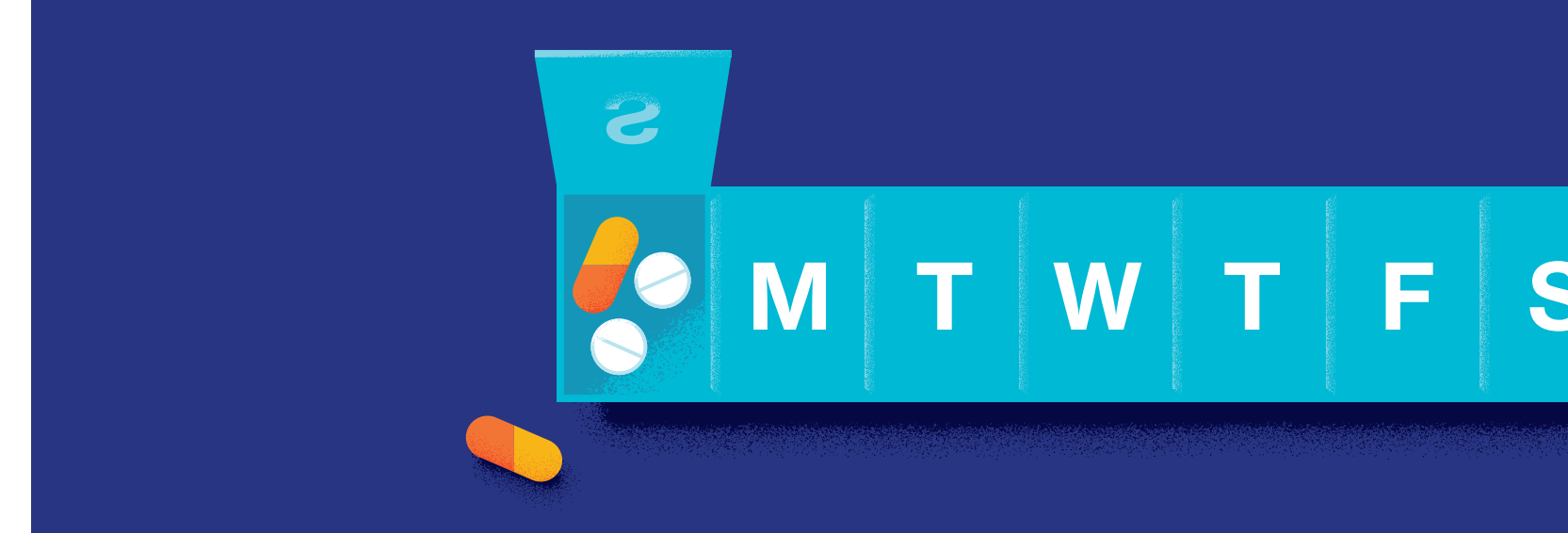
The Philips Lifeline personal emergency response service includes both the equipment and the monitoring service. When the help button is pressed, the communicator acts as a speakerphone and dials the Philips Lifeline Response Center. A Trained Care Specialist quickly accesses the member's profile, assesses the situation and dispatches the help requested. Yes, everything is covered.

What if the personal emergency response service stops working?

Any equipment malfunction should be reported to Philips Lifeline customer service at **1-855-595-0389**. They will help troubleshoot and replace any malfunctioning unit or help button that has not been tampered or altered from its original manufactured state.

If the personal emergency response service button is lost, can a replacement be ordered?

Philips Lifeline will replace the first lost button. Successive lost buttons may require member copays up to \$50.



Let OptumRx home delivery bring your medications to you

With OptumRx® home delivery, you can get a 3-month supply of your long-term medications. Plus, they are mailed to you with free standard shipping.

Want more reasons?



Skip the trips

Your medications can be delivered to your door. You don't even have to leave home or wait in the pharmacy line.



Save some money

You may pay less than what you do at in-store pharmacies. And, standard shipping is free.



Stay on track

With a 3-month supply, you may be less likely to miss a dose. You can even sign up for automatic refills.



Be in control

Use **UHCRetiree.com/TRB** or the **OptumRx app** to easily track orders, request refills, price medications and set up alerts.



Get the lowest price

Home delivery members save \$10–\$12⁹ on average when they use the drug pricing tool and fill with home delivery.

Use the **OptumRx app** or go online to see what you can save.



We're here when you need us

Our pharmacists and customer support team are ready 24/7.