
Capital Prep Harbor

Leveraging Student Voice to Change the World

PRESENTED BY: Capital Prep Harbor

April, 2022





Your voice can
change the world.

Barack Obama

quote fancy

Mission & Vision

AIDEN



Mission

The *mission* of **Capital Preparatory Schools**, the network designed to change the world through social justice and affective supports, is to ensure that all historically disadvantaged students graduate with the college and career readiness skills needed to become responsible and engaged citizens for social justice. Capital Prep will do so by offering a rigorous college preparatory curriculum, project-based learning, and multi-pronged affective and social justice activities.

Vision

We know attaining a college degree is a trajectory-changing milestone. Less than half of children who grow up in the bottom 20% of the income distribution do not attain a college degree and will not escape poverty as adults; however, 9 out of 10 children who attain a college degree will move up the economic ladder out of poverty. Our school will transform our students into scholars by being relentlessly focused on our mission every minute of every day. Capital Prep will ensure that 100% of our scholars are accepted to and prepared for college by the end of their tenure.

Learner Expectations

- (C) ollaborator
- (P) roblem Solver
- (R) esearcher
- (E) mpathetic Citizen
- (P) illar of Knowledge



Student Voice

Student Voice is student input or leadership in instruction, school structures, or education policies that can promote meaningful school wide change.

Student Voice can impact education systems, practice, and/or policy by empowering students as change agents, often working in partnership with adult educators.



Why We Need Student Voice

Produces collaborative learning environments

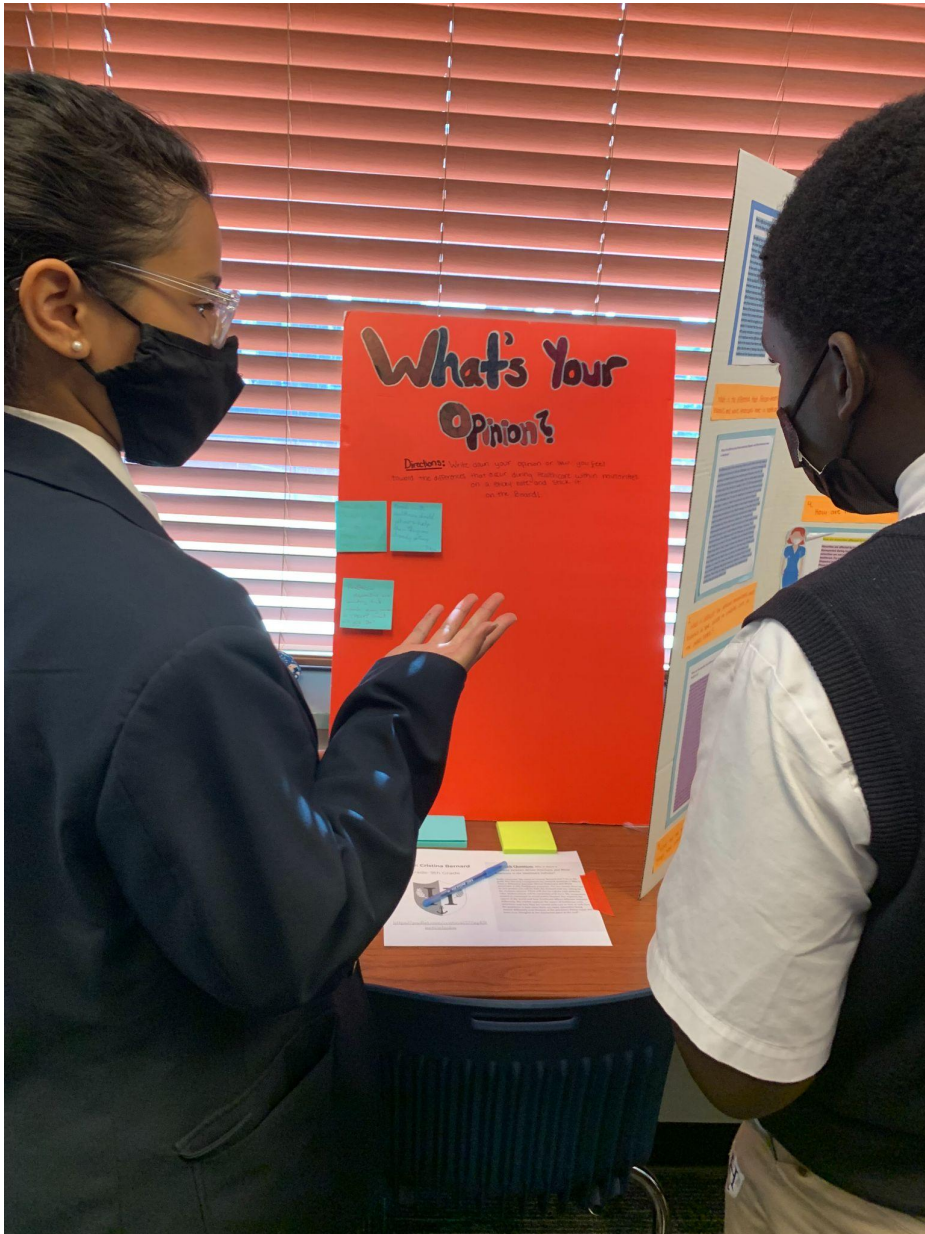
Often decreases behaviour and classroom management issues

.... Inquiry based learning!

.... Increased the depth and breadth of knowledge

Student Voice allows students to...

- Gain knowledge that allows them to help themselves and their peers
- Engage in school improvement and take ownership in school successes
- Help sustain school improvement efforts
- Helps students apply what they learn in the classroom to their own lives and to their communities



Student Voice: Senior Social Justice Project


"We will... change the world..."

Because... WE ARE CAPITAL PREP"

Capital Prep's Definition of Social Justice


Capital Prep Harbor School defines Social justice as the *equitable* distribution of access to *information, political and economic resources*. A Capital Preparatory School scholar identifies, analyzes, and addresses *disparities* in access to *resources* and *opportunities*.

Capital Prep Harbor School defines Social Injustice as the *unequal* access to information, or distribution of political or economic resources based on *social identification* of a *marginalized group* such as race, religion, sexual orientation, gender identity or expression, sex, ethnicity, ability, class.

 **Emotion Through Art {Art Therapy}**
In this padlet, I will be hosting Art Therapy sessions every Friday (for four weeks) as a senior student with my 8--11th grade advisee's. Peer support and positivity is my goal. Each Friday I will share with you my positive quote of the week and post their art on board of this padlet every Friday that represents how they feel about their week (Without Words). {May include a drawing, a quote, a GIF/photo from google (Heart At Least Three Posts)}. **DO NOT MAKE ANY NEGATIVE/INAPPROPRIATE POSTS- OR PRINCIPAL AND ALL ADMINISTRATORS WILL BE NOTIFIED !!! ❤️


March 4th 2022- Positive Post One:

Here's how my week went.

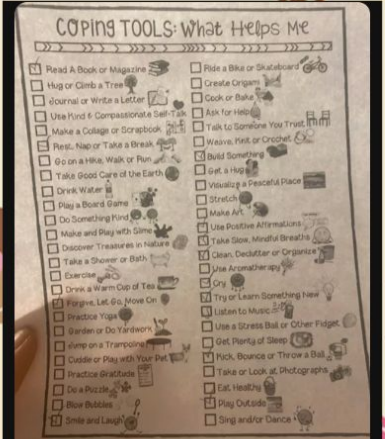


Anonymous 1mo

March 4th 2022- Positive Post One:



March 11th 2022- Positive Post Two (Worksheet):



COPING TOOLS: What Helps Me	
<input type="checkbox"/> Read A Book or Magazine	<input type="checkbox"/> Ride a Bike or Skateboard
<input type="checkbox"/> Hug or Climb a Tree	<input type="checkbox"/> Create Origami
<input type="checkbox"/> Journal or Write a Letter	<input type="checkbox"/> Cook or Bake
<input type="checkbox"/> Use Fidgets or Compression Self-Tape	<input type="checkbox"/> Ask for Help
<input type="checkbox"/> Make a Collage or Scrapbook	<input type="checkbox"/> Talk to Someone You Trust
<input type="checkbox"/> Rest, Nap or Take a Break	<input type="checkbox"/> Weave, Knit or Crochet
<input type="checkbox"/> Go on a Hike, Walk or Run	<input type="checkbox"/> Build Something
<input type="checkbox"/> Take Good Care of the Earth	<input type="checkbox"/> Get a Hug
<input type="checkbox"/> Drink Water	<input type="checkbox"/> Visiting a Peaceful Place
<input type="checkbox"/> Play a Board Game	<input type="checkbox"/> Stretch
<input type="checkbox"/> Do Something Funny	<input type="checkbox"/> Make Art
<input type="checkbox"/> Make and Play with Clay	<input type="checkbox"/> Use Positive Affirmations
<input type="checkbox"/> Discover Treasures in Nature	<input type="checkbox"/> Take Slow, Mindful Breaths
<input type="checkbox"/> Take a Shower or Bath	<input type="checkbox"/> Clean, Declutter or Organize
<input type="checkbox"/> Exercise	<input type="checkbox"/> Use Aromatherapy
<input type="checkbox"/> Drink a Warm Cup of Tea	<input type="checkbox"/> Cry
<input type="checkbox"/> Relax, Let Go, Move On	<input type="checkbox"/> Try or Learn Something New
<input type="checkbox"/> Practice Yoga	<input type="checkbox"/> Listen to Music
<input type="checkbox"/> Garden or Do Yardwork	<input type="checkbox"/> Use a Stress Ball or Other Fidget
<input type="checkbox"/> Jump on a Trampoline	<input type="checkbox"/> Get Plenty of Sleep
<input type="checkbox"/> Practice gratitude	<input type="checkbox"/> Pick, Bounce or Throw a Ball
<input type="checkbox"/> Blow Bubbles	<input type="checkbox"/> Take or Look at Photographs
<input type="checkbox"/> Smile and Laugh	<input type="checkbox"/> Eat, Healthy
	<input type="checkbox"/> Play Outside
	<input type="checkbox"/> Sing and/or Dance

March 25th 2022- Positive Post Three (Quote & or worksheet):

"You don't always need a plan. Sometimes you just need to breathe, trust, let go, and see what happens."

MANDY HALE

What is the “Social Justice Project”?



The Social Justice Project or SJP is a performance based task where Seniors (12th) will demonstrate their ability to question, research, lead, act, present, and reflect in order to confront a social injustice in their community.

The Social Justice Project will be evidence of a scholar’s ability to fulfill the mission of Capital Preparatory Harbor School and is a graduation requirement.

1. Identify a social justice problem in the community.
2. Create an informed “Social Justice Action Plan.”
3. Conduct activities that will attempt to solve the problem.
4. Raise awareness in the school community.
5. Analyze data/results throughout the project.

What are the components of the “Social Justice Project”?

Research Paper

Chapter 1: Background information, Problem of Statement, Research Questions

Chapter 2: Literature Review

Chapter 3: Methodology and Action Plan Proposal

Chapter 4: Findings from Action Plan

Chapter 5: Conclusions

Action Plan

A - Activities to Solve the Problem

ex. Pre/Post-Tests, work with Dean to orchestrate restorative circles, interviews with scholars to find out their knowledge gap, guest speakers to discuss the School to Prison Pipeline & Restorative Justice

B - Raising Awareness in the Broader Community

ex. social media page, lead a workshop in the local library

C - Raising Awareness Event

ex. school assembly, virtual panel discussion - open to the community

Panel Presentation

Roles in the Senior Social Justice Project

Scholars:

- Identify a social justice problem in the community.
- Create an informed “Social Justice Action Plan.”
- Conduct activities that will attempt to solve the problem.
- Raise awareness in the school community.
- Analyze data/results throughout your project.
- Present Findings to school community and stakeholders.

Illuminators/Advisors:

- Regular progress monitoring check-ins and advisement
- Collaborate with scholars to conduct activities that will attempt to solve the identified problem
- Participate and provide feedback for final panel presentation

Administrative/Deans:

- Regular progress monitoring check-ins with Illuminators
- Collaborate with scholars, Illuminators, and facilities in order to organize Social Justice Action Plan
- Schedule, participate, and provide feedback for final panel presentation



Student Experience: Senior Social Justice Project

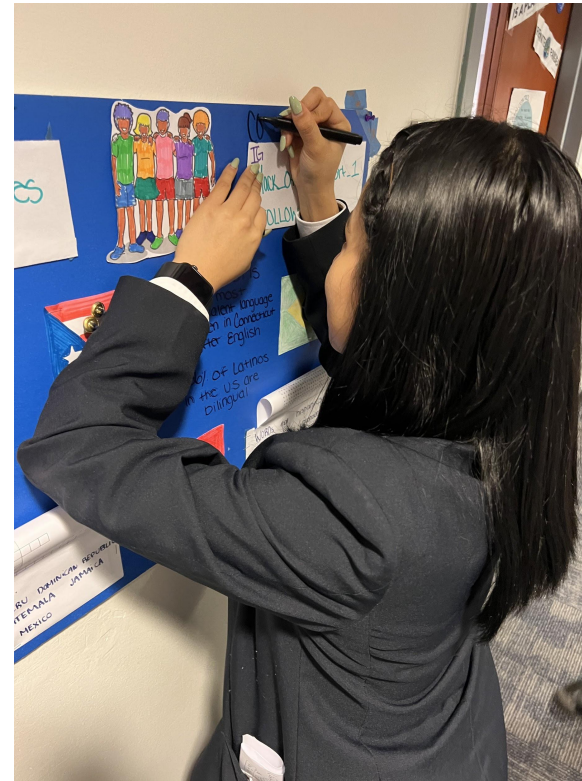
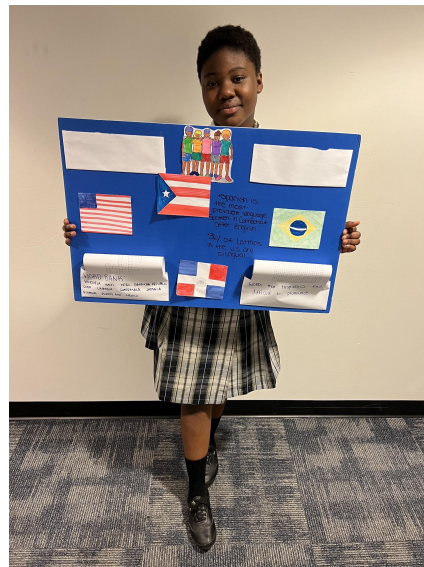
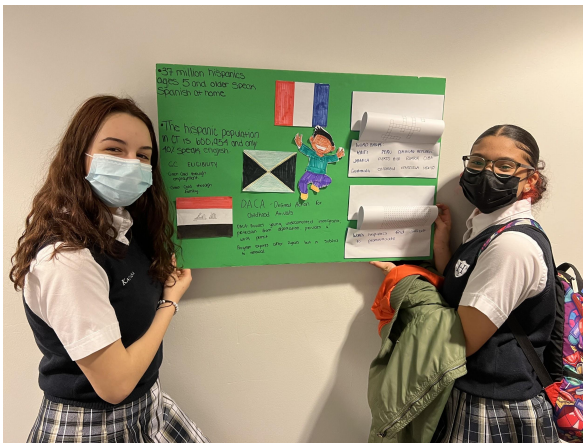
Lack of Knowledge Regarding the Immigration Process

(Kemsly Gelin c/o 22') Essential Question: How can an advocacy group improve the lack of knowledge on the issues that immigrants face regarding access to resources?

Why did I choose this topic?

How will my project impact my community?

Action Plan?



Student Experience: Senior Social Justice Project

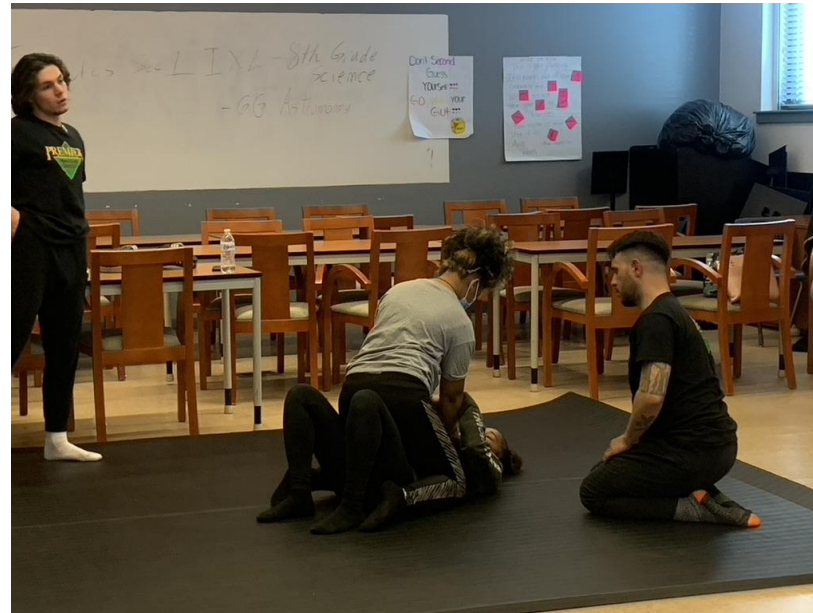
The Sexual Harassment and Trafficking of Minority Women and Children

(Brianna Walker c/o 22') Essential Question: How can a sexual harassment awareness seminar improve the lack of knowledge on sexual harassment and defense techniques among minority women and teens?

Why did I choose this topic?

How will my project impact my community?

Action Plan?





Preparing for the Senior Social Justice Project

Student Experience: Before the Senior Social Justice Project

Aiden Henry 11th Grade



Autum Candito 11th Grade



Limitations & Challenges

Assignment Completion

- Family contact and involvement
- Advisory support
- Saturday Office Hours
- Winter Panels (Mid-Point)

Motivation & Time Management

- Town Halls
- Assemblies

Stakeholder Engagement

- Community organizations
- Community fair

Contact Information

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Thank you!!!