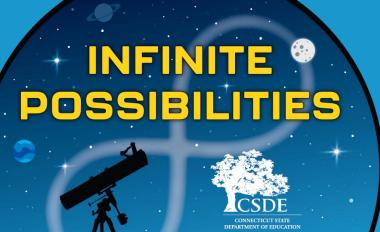
Get Ready to Learn about the Habits K-12!





2023-2024

Welcome Leaders and Educators Thank you for all that you do.

January 2024 Connecticut State Department of Education





Introductions



CSDE Staff



Chlo-Anne Bobrowski, MSN, RN Education Manager CT State Department of Education-Office of Student and Organizational Effectiveness



Kimberly Traverso, LPC Program Manager/Consultant CT State Department of Education-Office of Student and Organizational Effectiveness



Joanne R. White, Ph.D. K-12 Literacy/English Language Arts Education Consultant CT State Department of Education-Office of Academics

Region 2 CC Staff



Prudence Minton, Ed.D Professional Learning Designer and Coach WestEd



Diana Wogan Project Director Education Development Center



Richard Fournier, Ed.D Senior Project Director Education Development Center









Zoom Poll Question:

In starting a new year, which phrase resonates with you?

- A. Navigating the peaks of possibilities, much like an explorer embracing new accomplishments.
- A. Orchestrating a symphony, like a conductor harmonizing notes for a beautiful year.
- A. Tending to the gardens of the new year, like a farmer nurturing a harvest of delightful moments.





Interacting with our Zoom Webinar

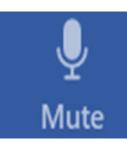


In the chat, please share your name, role, and organization.

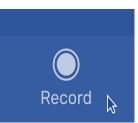


Chat

To ask a question of our presenter open the Q&A panel and type your question and we will answer your question towards the end of the presentation.



Please make sure you are on mute during the presentation.



Please know the webinar is being recorded.





Overview





Chlo-Anne Bobrowski, MSN, RN





Presentation Outcomes



- Gain knowledge regarding the Commissioner's audacious goal.
- Understand the steps and procedures to developing the Components of Social, Emotional, and Intellectual Habits K-12 (Habits).
- Contextual knowledge on the what, why and how for socialemotional learning in Connecticut.
- Understand the core features and the purpose of the Habits.
- Gain resources to support the work in schools.







2023-2024

Supporting Social/ Emotional/Behavioral Health

- To ensure all school buildings have the resources they need to provide comprehensive behavioral health support to students and staff.
- Behavioral Health Pilot 7 districts aim to create a scalable and sustainable system of coordinated care.
- Continuing to provide social-emotional learning support to districts, including an assessment tool and professional development at no cost.





The Journey to Getting Here

- Partnership with R2CC
- Public Act 21-95
- The development process with experts in the field
- The vetting process with experts in the field
- National expert review by Collaborative for Academic, Social, and Emotional Learning (CASEL)
- Approval by the CT State Board of Education









Statewide SEL Landscape





Kimberly S. Traverso, LPC





Mission Possible





The What? Defining

The Why? Evidence-Based Research

The How?

Implementation and Practices





Social-Emotional-Learning-Hub

What is Social-Emotional Learning (SEL)?













Social and emotional learning is the process through which children and adults achieve emotional intelligence through self-awareness, selfmanagement, social awareness, relationship skills and responsible decision-making.

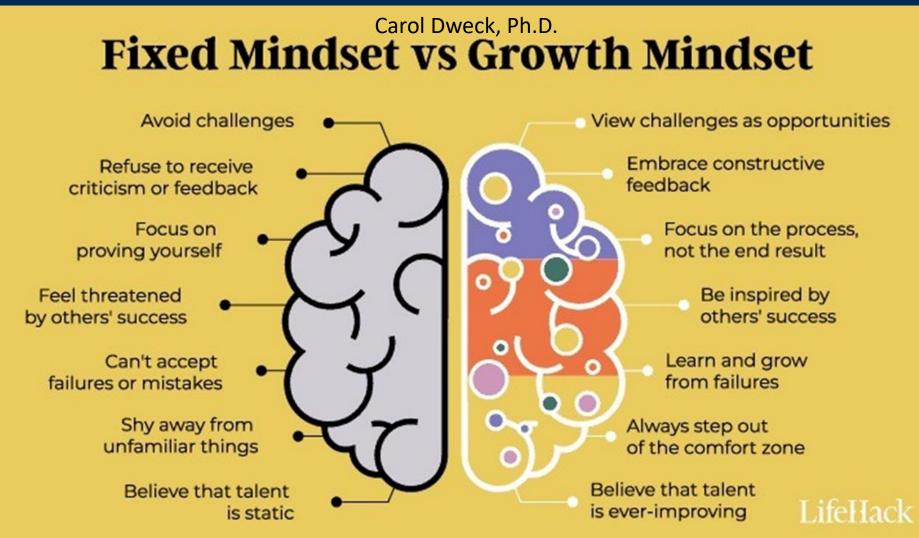














Why: National Research-Benefits



Improvements

- Improved outcomes for Post-Secondary
- Improved attitudes about self, others, and school
- Increase academic engagement and performance
- Positive classroom behavior

Declines

- Decrease in discipline issues
- Decrease in absenteeism
- Decrease in emotional stress

....and adults benefit too

Educators who possess social and emotional competencies stay in the classroom longer—less burnout.







Top 10 job skills for 2022 and on

- 1. Complex problem solving
- 2. Critical thinking
- 3. Creativity
- 4. People management
- 5. Coordinating with others

- 6. Emotional intelligence and agility
- 7. Judgment and decision-making
- 8. Service orientation
- 9. Negotiation
- 10. Cognitive flexibility



How: Entry Points Implementing SEL



State-Level Priorities on SEL

- ┹╱
- Scale-up SEL based on statewide findings provided by districts to improving student academic and behavior outcome.

Intensify tier one supports based on feedback **√**= from districts, including the development of Habits 4-12.

Bolster TA and coaching on using the **Devereux Student Strengths Assessment** (DESSA) System and integration into implementation practices.





Example-Making Connections with Greetings at the Door









Cultivating the Habits K-12 During Instruction



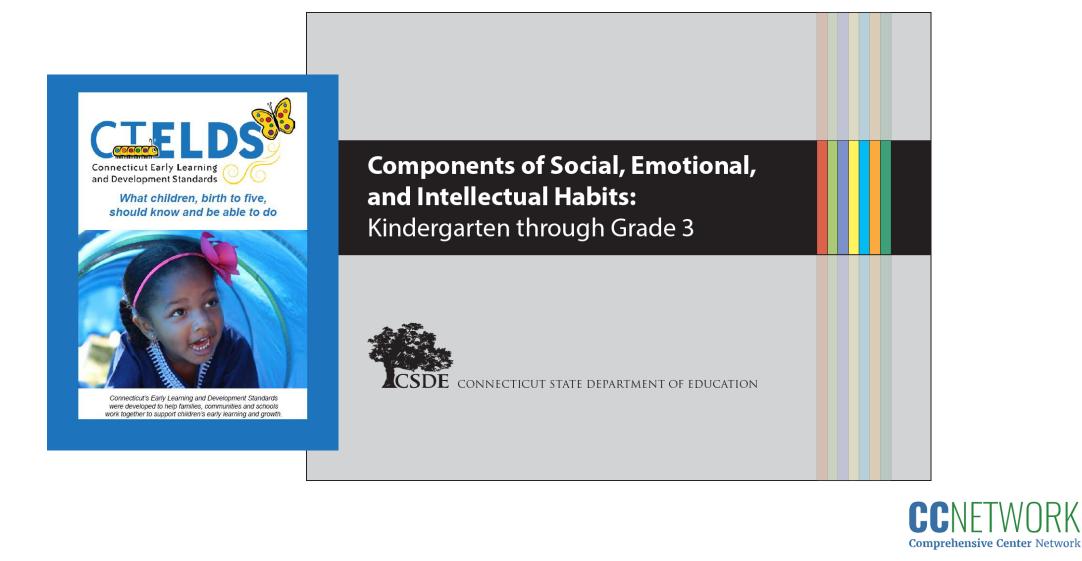






Social Emotional Intellectual Habits K-3 (Habits) Background





Definition of the Components of Social, Emotional, and Intellectual Habits K-12 (Habits)



- The Habits document represents the knowledge, skills, and dispositions that form an essential blueprint for social-emotional habits and academic success.
- The document provides a model for districts and schools to integrate social and emotional habits into academic content areas so that students will learn and model essential personal life habits.
- The Habits are vital in K-12 education and contribute to the whole-child success across the lifespan.





What are the Habits?







Why is it Important to Integrate the Habits with Academics?



- Educators' personal SEL skill level is key.
- Educators who developed SEL skills not only improved their well-being but also improved the academic learning and social-emotional development of their students (Flook et al., 2013).
- Educators who were mandated to teach SEL but didn't cultivate their own SEL practice worsened their students' SEL skills (Hagelskamp, Brackett, Rivers & Salovey, 2013).
- Teachers who prioritize SEL skills are more likely to cultivate functional learning environments (Srinivasan, 2019).
 CONFTWORK



Core Features of the Habits



16

Components of Social, Emotional, and Intellectual Habits: Kindergarten through Grade 12

Components of Social, Emotional, and Intellectual Habits		Late Elementary 🔶	→ Middle School <	→ High School
Area of Development Learning experiences will support students to:	Learning Progression	Indicators: These are evident, for example, when students:		
Develop Logic and Reasoning Definition: The ability to recognize and use multiple perspectives and approaches (e.g., negotiate the pros and cons of ideas and solutions, analyze options using if-then rationale,	Critical and analytical thinking	Demonstrate a personal understanding of problems by asking questions to better understand material and information	Understand how a hypothesis helps in the critical thinking process and begin to develop an informed hypothesis for problems in the learning environment	Engage in constructive discussion or intellectual argument by supporting one's opinion/hypothesis giving and receiving constructive feedback
	Applying known information to new experiences	Apply new strategies based on lessons learned from feedback	Integrate prior experience and knowledge of outcomes to inform decisions	Evaluate and revise prior understandings through new experiences; seek connections to inform future decisions
		Consider multiple strategies and use different methods to check answers to solve problems	Identify and ask systematic questions that clarify various points of view and lead to an informed solution	Identify problems, analyze situations, decide on solutions, and reflect upon and evaluate the process
and recognize cause- effect relationships) to explore, negotiate, and analyze options (Harvard Graduate	Reasoning and problem solving	Generate possible solutions or responses to a problem or needed decision recognizing that there may be more than one perspective	Demonstrate critical thinking skills when solving problems or making decisions, recognizing there may be more than one perspective or solution	Explain one's thinking when solving problems and making decisions and respond effectively to others' thinking
School of Education)		Demonstrate the ability to respect the rights of self and others when resolving problems		





Cultivating the Habits K-12 During Instruction: ELA Model Curriculum - Grade 8; Unit 1 (https://goopenct.org/)



The Making of a Good Story: Creating Voice and Mood

Unit Overview - As students analyze a text's craft and structure, they will need to consider how various points of view and perspectives of the characters and the audience function together to create effects such as suspense and humor. Students will work together in collaborative groups or partnerships to establish routines and structures within the English Language Arts classroom for literary analysis, collaborative discussions, the critique and comprehension of texts, and extended thinking.

Priority Standards: RL.8.3; RL.8.6; W.8.3.c; W.8.3.d; SL.8.1.c; L.8.1.d; L.8.4.b





Cultivating the Habits K-12 During Instruction: ELA Model Curriculum - Grade 8; Unit 1 (Comprehension and Collaboration)



CT Core Standards RL.8.3; RL.8.6; W.8.3.c; W.8.3.d; SL.8.1.c; L.8.1.d; L.8.4.b

"Unwrapped" Learning Standards -Teachable Concepts -What Students Are To Do

Associated Social, Emotional, and Intellectual Habits





Cultivating the Habits K-12 During Instruction: ELA Model Curriculum - Grade 8; Unit 1 (Comprehension and Collaboration)



- Communication skills within the English Language Arts classroom (and beyond) help students to work together and orally rehearse ideas as they critique and comprehend complex texts.
- Students must be taught how to pose questions that connect each other's ideas in structured dialogue, and discourse, with evidence, observations, and ideas from text or real-world examples.
- Students should have opportunities to practice working in partnerships and groups to enhance these discussion skills, invite new ideas, and connect them to texts or ideas that have already been introduced to or by others.



Area of Development Learning experiences will support students to:	Learning Progression	Late Elementary 🔶	→ Middle School ←	→ High School
Develop a Positive Self-concept Definition: The way someone thinks about, evaluates, or perceives oneself; to be aware of oneself; and aware of one's place in the community.	Self-awareness	Acknowledges challenges and behaviors and is able to identify and use voice to advocate for self and others	Understand, express, explain, and reflect on challenges faced and be aware that behaviors can influence decisions, and impact learning (while continuing to identify and use voice to advocate for self and others)	Identify the skills and assets needed for adulthood and be able to examine strengths and growth opportunities necessary for social- emotional, academic learning, and employability skills
		Understand that emotions may vary based on the situation, including people and places in school and the community while identifying healthy ways to advocate for self	Understand that all emotions are valid, even if others feel differently in that environment	Understand the ways emotions impact social, family, and community environments while developing and maintaining a coherent sense of self
		Recognize how one's interactions with a trusted adult or peer can provide social or emotional support or assistance for self	Know when to utilize a trusted adult or peer when help is needed, socially or emotionally	Apply support from trusted adults, peers, and other resources that provide social, emotional, or health-related support
		Understand one's personal values, attitudes, and beliefs	Understand the values that are part of one's own culture and the benefits these values bring.	Identify how personal values, attitudes, and be- liefs affect interactions with others; understand and evaluate problems in the community, and identify how one's actions lead to success or challenges
	Sense of self as competent and capable	Identify a range of tasks and address challenges while expressing a positive attitude toward self	Manage tasks and challenges, while reframing negative thoughts and engaging in positive self talk	Set short-term, post-secondary and life goals with confidence in the ability to be successful while positively addressing challenges
		Acknowledges and welcomes constructive feedback from others that addresses challenges and builds resilience, and identifies strengths and areas for growth	Accepts constructive feedback, reflects and understand personal choices and sense of agency to develop and implement a plan of action that addresses challenges despite difficulties, mistakes, delays, or failure with persistence and resilience while understanding strengths and areas for growth	Reflect on feedback, actions and address personal challenges, and build on individual strengths over time and with persistence and resiliency while enhancing strengths and areas for growth
	Courageously explore new knowledge independently and inter- dependently	Recognize the importance of working independently and interdependently	Demonstrate confidence to work independently and interdependently and explore new learning	Demonstrate self-directed learning and the importance of taking responsibility for independent and interdependently thinking and learning
		Identify skill sets and ways to advocate for academic, personal and emotional support respectfully to work towards resiliency	Demonstrate self-advocacy skills with self- reflection academically, personally, and behaviorally and be able to adapt in the face of dversity	Demonstrate self-advocacy in context-specific situations and be able to maneuver through difficult situations and resolve issues



Area of Development: Develop a Positive Self-concept



Learning Progression: Sense of self as competent and capable Indicators:

- Manage tasks and challenges, while reframing negative thoughts and engaging in positive self talk
- Accepts constructive feedback, reflects and understands personal choices, and sense of agency to develop and implement a plan of action that addresses challenges despite difficulties, mistakes, delays, or failure with persistence and resilience while understanding strengths and areas for growth

Learning Progression: Courageously explore new knowledge independently and interdependently

Indicators:

- Demonstrate confidence to work independently and interdependently and explore new learning
- Demonstrate self-advocacy skills with self-reflection academically, personally, and behaviorally and be able to adapt in the face of adversity



Area of Development Learning experiences will support students to:	Learning Progression	Late Elementary 🔶	🔶 Middle School 🗲	→ High School
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Resources





Components of Social, Emotional, and Intellectual Habits:

Kindergarten through Grade 12

Updated April 2023



 CSDE connecticut state department of education



Resources

Components of Social, Emotional and Intellectual

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better prepared to intentionally support students in gaining

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challenges and set the stage for all future learning, promot-

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to whole-child success across the life span.



Components of Social, Emotional, and Intellectual Habits (The Habits): Kindergarten through Grade 12

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What are the Habits?

The Habits provide the progression of knowledge, skills, and dispositions that form an essential blueprint for college and career readiness and equip every child with the knowledge and skills necessary to succeed in college, careen, and civic life. The document serves as a guide for use by districts and schools to integrate social and emotional habits into academic content areas so that students will learn and model essential personal life habits.

Why are the Habits Important?

The beneficial outcomes of implementing social-emotional learning (SEL) are extensive and well-researched. Improved academic performance and postsecondary success, healthy social relationships, decisionmaking abilities, problem-solving skills, and a better understanding of self are beneficial outcomes for students.



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Components of Social, Emotional, and Intellectual Habits (The Habits): Kindergarten through Grade 12

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The Benefits



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Components of Social, Emotional, and Intellectual Habits (The Habits): Kindergarten through Grade 12

FOR FAMILIES

What are the Habits?

All students deserve high-quality, engaging, and comprehensive instruction that addresses their social, emotional, and academic needs in a safe and supportive environment. The Habits provide a roadmap to teach the whole learner and provide the knowledge and skills that help them prepare to be college and career ready. These essential skills help Connecticut students reach their fullest potential, to flourish and thrive.

Why are the Habits important?

Most importantly, it should be emphasized that the purpose of the Habits is to identify students' strengths and instructional needs so that families and teachers can work together to help students learn social-emotional skills that are essential to school and life. Components of the Habits are vital in K-12 education and contribute to whole-child success across the life span.



By understanding and applying the Habits, students effectively negotiate daily tasks and challenges and set the stage for all future learning, promoting intrapersonal, interpersonal, and cognitive development.





Resources



16 WAYS CSDE is Supporting Social-Emotional Learning and Behavioral & Mental Health

 A Statewide Behrvioral Health Landscape Scar & Focus Group conducted in Summer 26 (SDE will a simplified or emarging trends, concerns, and work bairing place in earlier plane) in earlier of the SDE will be simplified and the simplified or emarging trends. Concerns, and work bairing place in equations of the simplified or emarging trends. Concerns, and work bairing place in equations of the simplified or emarging trends. Concerns, and work bairing place in equations of the simplified or emarging trends. Concerns, and work bairing place in equations of the simplified or emarging trends. Concerns, and work bairing place in equations of the simplified or emarging trends of the simplified or emarg Coloring on evidence-based practices for behavioral health; and coordinated referred system of coordinated creft with underway in 6 diartics are to create a acade of coordinated creft and the series to create an excession anticipate and to create the molecular to graded supports based on needs in anticipate in pick program to implement targeted supports based on needs in anticipate and to crust grade series to create an excession.
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 A statewide Social-Emotional Learning (SEL) Landscape scan conducted in the gravity toking place in districts, plus emerging control states in the states in particular place in districts.
 Set for K-1 and the states in the states in particular place in districts. Supprement, return response, sensuring enterts. The Devenax Student Strengths Assessment (DESSA) System is a str emotional observation tool that teachers use to capture how frequently The Deversex Student Strengths Assessment (DESSA) System is a string on the strength of the

The Components of Social, Engelonal, and Intellectual Habits (and Intellectual Hab

The Components of Social, Enroliana, and Intelectual Habits 1 and habits that form an assemble bispoint for subject with bein included and skills necessary to aucceed in conteger, and in scademic subjects transmismic models, interpression, and and compu-learning comoting a magnetization interpression, and and compu-scient for Greades 4-12, which will be made available in the Fer The social, emptional, and mental health of students and State-level priorities for investing the more than \$1.5 bills The social encironal, and mental health of students and state-level priorities for investing the more than \$5 bits School Energency Real (ESES) Funds alcosted to CO invest over \$152 mitwell, and behaviors are services; p in option mental, styled, and behaviors enciros; p implementation of SEL practices in schools.

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7 WAYS CSDE is Leading Social-Emotional Learning

Procurad the Deversus Student Strangths Assessment (DESSA) System: The Connecticut State Department of Education (CSDE) will make the DESSA System available to districts at no cost. The DESSA comprehensive system overall is a strength-based assessment of behaviors related to social.

Department of Education (CSDE) will make the DESSA System available to districts at no cost. The DESSA comprehensive system overall a strength-based assessment of behavior related to social. The system and outcombat help in ideal is a strength-based assessment of behavior related to social and mean and outcombat help in ideal within its supports. Including documenting proves or works and individual students based on sealing of the primary assessment. Recruitment for typeomic cohorts of districts will begin in the spring of 2021.

Control to usard, a win degree in the separate O stock.

Conducted a Statuside set Landscape scars The CSDE surveyed districts to provide a snapshot of the SDE to the CSDE to the SDE to provide a system of the first step in Providing a systematic collector of deal for the CSDE to provide a system with partners to supplement districts and share best practices and successes. Developed the Components of Social, Entotional, and Intellectual Habits: Kindergarten through Grade 3: The CSDE developed the <u>Habite</u> provide a model for districts to integrate social-emotional content into lessons so that students will learn, practice, and model essential personal life habits that will contribute to their academic and personal success. The Department is developing the Components of

Into leasons so that students will learn, practice, and model essential personal life habits that will contribute to their academic and personal success. The Department is developing the Components of Social, Emotional, and Intellectual Habits: Grades 4 through 12 that will be available later this school year. Providing Plexibilities for Educator Evaluations: The CSDE is providing flexibilities within the educator evaluation and support system for the 2020.21 school year. <u>Flexibilities for Implementing the educator</u> for Educator Evaluation 2017 for the 2020.2015 school year.

evaluation and support system for the 2020-21 school year. <u>Elevablities for Implementing the Guidelines</u> for <u>Educator Evaluation</u> 2017 for the 2020-2021 School year reflect the critical importance of SEL and the well-being of students and educators during this unpre-stenited academic year. Additional resources and auidance for the 2020-21 school year can be found at Educator Evaluation Implementing the Control Contro Control Control Control Control Control Control Control Control Co

eoucators, students, families, and communities various educational resources to accelerate learning and advance equity. The <u>Social Enrolional Learning Hub</u> provides on-demand resources to inform, educate, and develop compassionate learning spaces that provide for social-emotional well-boing. Hosting Webinars and Resources for School Staff and Families: The CSDE continues to host an array of Resources for Educators and Families during COVID-19 to result students. Davants/caronbars. advantaged

Hosting Webiners and Resources for School Star and Families: The CSDE continues to host an array of Resources for Educations and Families driving CoV/Last to assist students. Parents/carepiners, educators, and and the school of the school Collaborations with child-serving state agencies and partners, behavioral health providers community. Collaborating with State Agencies, Statewide Partners, and Communities: The CSDE continues the strong collaborations with child-serving state agencies and partners. *Sehavioral health providers*. *community: based organizations, and families to leverage resources and develop innovative solutions and professional development to support students' social-emotional well-being.*

CONETWORK CONTENTS Healthy Schools Start with Healthy Strategies to Support Educator W

Understanding the Issue Helping students maintain a sense of safety and connection during the COVID-19 pandemic is shaped by the adults in their lives utilizing their own personal skills and unen nyes uunanig unen own personari sanis and strategies for navigating stressful circumstances. strategies for navigating stressful circumstances. Equipping educators with realistic self-care strategies is Equipping enucators with reason set care strategies is essential to student wellness and to the well-being of the essentat to stutient wentless and to the well-being of the overall school community, particularly during a time of over an action community, par inclusion your the a time o isolation due to school closures and social distancing isolation que to school closures and social distancing restrictions. Put simply, educators first need to take car restrictions. Fut simply, educators in street to take of themselves before they can effectively help their

The Ripple Effects of Wellness

Individual wellbeing and self-care are central tr healthy relationships with students and famili nearmy relationships with strutteness and remain Combined with strategies to maintain a stror community, this approach forms the found? healthy and resilient education systems. T nearray and reanencementary and rearrance with the success in (wellness are interdependent; success in (depends on success in each of the other

Supporting Individual Wellbeir Unpacking the science of stress, on the brain and the nervous system that conveys a lack of safety. Thi

abilities. Everyone has unique s domnes, Everyone nas anaque s different individuals maintain

» This video provider

Wellness Strategies for Student Support Service Providers Understanding the Issue

In order to help our students do their best despite the in order to help our students do their pest despite the covid-19 pandemic, we need to ensure that student support service providers have the personal utat student support service providers nave the perso skills, resources, and strategies to navigate stressful

During this time of pervasive stress, loss, and grief, the During this time of pervasive stress, loss, and griet, the ability to recognize signs of trauma in oneself and in others is critical. In addition to individual personal

CCNETWORK

outers is critical. In automoti to intervision personnel stressors, student support service providers are at a stressors, student support service providers are at a heightened exposure to secondary trauma—which, in the heightened exposure to secondary trauma-witten, in current pandemic, might range from grief of losing a Current paudemic, migm range from grier or losing a loved one or supporting families who are struggling with loved one or supporting rainings who are struggling with financial strain—in their work with others, compounding

The Ripple Effects of Wellness

Individual well-being and self-care are central to manyauan wear oreing and sear care are central to modeling healthy relationships for students and families. nouring meaning relationships for students and manine. The following sections provide wellness strategies for student support service providers, based on the suturent support set vice proviners, tased on the understanding that their own wellbeing affects students, e-attended to the standard standard set of the standard set families, and the broader school community.

Supporting Individual Wellbeing and Self-Care Changes in daily routines, the inability to maintain in-person social connections, or instrumentations to their provider shocked in activities may provide in disconnicitions for bash of a Changes in daily routines, the inability to maintain in person social connections, or limitations to their regular physical activities may result in dysregulation for both children and advise





June 2020

Figure 1. The Ripple Effects of Wellness









The CSDE Social-Emotional Webpage

- Give and get activity
- Effective Social and Emotional Practices-Preschool and Elementary
- Effective Social and Emotional Practices-Middle and High
- Connecticut's Evidence-Based Practice Guide on Student/Family/Community Engagement
- Connecticut's Evidence-Based Practice Guide on School Climate
- Components of Social, Emotional, and Intellectual Habits: Kindergarten through Grade 12
- 7 Ways CSDE is Leading Social-Emotional Learning
- 16 Ways CSDE is Supporting Social-Emotional Learning and Behavioral & Mental Health



Questions and Answers











We want to hear from you!



Please complete the quick survey (3 min!)

...this feedback is important for us to support you!

Link is in the chat!







Chlo-Anne Bobrowski - chlo-anne.bobrowski@ct.gov Kimberly S. Traverso - <u>kimberly.traverso@ct.gov</u> Dr. Joanne White - joanne.r.white@ct.gov