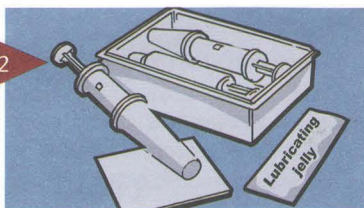


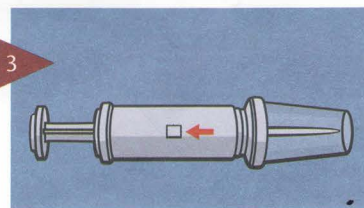
# CHILD ADMINISTRATION INSTRUCTIONS



1 Put person on their side where they can't fall.



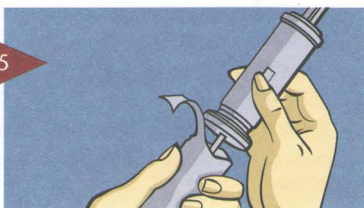
2 Get medicine.



3 Get syringe. Note: seal pin is attached to the cap.



4 Push up with thumb and pull to remove cap from syringe. **Be sure seal pin is removed with the cap.**



5 Lubricate rectal tip with lubricating jelly.



6 Turn person on side facing you.



7 Bend upper leg forward to expose rectum.



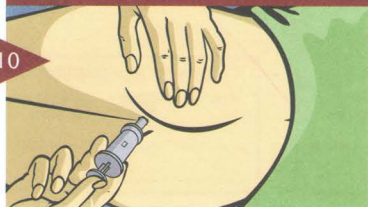
8 Separate buttocks to expose rectum.



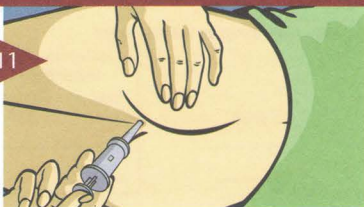
9 Gently insert syringe tip into rectum. Note: rim should be snug against rectal opening.

**SLOWLY...**

**COUNT OUT LOUD TO THREE...1...2...3**



10 Slowly count to 3 while gently pushing plunger in until it stops.



11 Slowly count to 3 before removing syringe from rectum.



12 Slowly count to 3 while holding buttocks together to prevent leakage.

**ONCE DIASTAT® IS GIVEN**



13 Keep person on the side facing you, note time given, and continue to observe.

## DIASTAT® Indication

DIASTAT® AcuDial™ (diazepam rectal gel) is a gel formulation of diazepam intended for rectal administration in the management of selected, refractory patients with epilepsy, on stable regimens of AEDs, who require intermittent use of diazepam to control bouts of increased seizure activity, for patients 2 years and older.

## Important Safety Information

In clinical trials with DIASTAT®, the most frequent adverse event was somnolence (23%). Less frequent adverse events reported were dizziness, headache, pain, vasodilatation, diarrhea, ataxia, euphoria, incoordination, asthma, rash, abdominal pain, nervousness, and rhinitis (1%–5%).

D955-0308

## CALL FOR HELP IF ANY OF THE FOLLOWING OCCUR

- Seizure(s) continues 15 minutes after giving DIASTAT® or per the doctor's instructions:

- Seizure behavior is different from other episodes
- You are alarmed by the frequency or severity of the seizure(s)
- You are alarmed by the color or breathing of the person
- The person is having unusual or serious problems

Local emergency number: \_\_\_\_\_ Doctor's number: \_\_\_\_\_  
(Please be sure to note if your area has 911)

Information for emergency squad: Time DIASTAT® given: \_\_\_\_\_ Dose: \_\_\_\_\_

**Diastat®** (diazepam rectal gel) **Diastat® AcuDial™** (diazepam rectal gel) 

**DISPOSAL INSTRUCTIONS ON REVERSE SIDE**

# Answers to your questions about Diastat and seizures

## For people with seizures and those who care for them

Your doctor has prescribed Diastat® (diazepam rectal gel) to help you control some of your seizures. Diastat is given by a caregiver, usually a relative or friend who is familiar with you and your seizure patterns.

Below are common questions that people with seizures have about Diastat, and some concerns that caregivers have about giving it to someone who is having a seizure.

If you have any questions not answered here, please talk with your doctor, nurse, or pharmacist.

### Q What is Diastat?

Diastat is the brand name given to the gel form of a medication known as diazepam. Diazepam is commonly used to control seizures. In fact, you may have received diazepam in the past as a pill or injection. Diastat, however, delivers diazepam through the rectum, which is an effective way to stop seizures quickly.

### Q When should Diastat be given?

Diastat should be given for serial or cluster seizures, sometimes referred to as "acute repetitive seizures." During these episodes, one seizure ends and another follows soon after. This pattern is difficult to stop and often results in a trip to the emergency room.

### Q How often can Diastat be given?

Diastat can be given every 5 days, or 5 times per month. Please speak with your doctor if you feel you need Diastat more often.

### Q What kinds of side effects can I expect?

Diastat has been safely used in children and adults ranging in age from 2 years to 76 years. The most common side effect seen with Diastat is sleepiness. Other side effects, seen much less often, include skin rash, dizziness, pain, headache, stuffy nose, abdominal pain, nervousness, diarrhea, feeling unsteady or clumsy, and wheezing.

You or your caregiver should tell your doctor about any side effects that you experience with Diastat.

**Diastat**<sup>®</sup>  
diazepam rectal gel

**Stop the seizure. Fast.**



### Q How soon should seizures stop after giving Diastat?

The seizures usually stop within 15 minutes. If seizures continue, your caregiver should call for medical help.

### Q If Diastat stops my seizures, do I still need to take my other seizure medications?

Yes. Diastat cannot take the place of your other medications. Do not stop taking any other medications without first speaking with your doctor.

### Q How do I know if I am getting the right dose of Diastat?

Diastat comes in prepackaged, prefilled, and premeasured doses for children and adults. Your doctor has prescribed the one that is right for you. Let your doctor know if you gain or lose weight or grow, as your dose may need to be changed.

### Q Why is Diastat given through the rectum?

When you are experiencing a seizure, giving medications can be difficult: A pill or other medication given through the mouth may not be swallowed (absorbed), or if it is, it may cause choking; and medical personnel may need to be present to give an injection. But Diastat can be given by your caregiver, wherever you are. Rectal absorption of Diastat is rapid, safe, and effective.

### Q What should I do if the product leaks out or is expelled after administration of Diastat?

Discuss beforehand with your doctor any appropriate steps you may need to take if there is leakage of Diastat or a bowel movement.



**Q When should I call for emergency help?**

Your doctor or nurse may have told you about situations when calling for medical help may be needed. For instance, if, after Diastat is given:

- Seizure(s) continues 15 minutes after giving Diastat, or per the doctor's instructions.
- Seizure behavior is different from other episodes.
- You are alarmed by the frequency or severity of the seizure(s).
- You are alarmed by the color or breathing of the person.
- The person is having unusual or serious problems.

**Q Why should I use Diastat? Isn't it better to go to the emergency room?**

Making trips to the emergency room every time you have a seizure can be very stressful for you and your family. It can also be costly. Families of people who use Diastat have had positive experiences. They are able to control these episodes with less stress on everyone involved. By using Diastat, you can stop seizures quickly and safely.

**Q What if I have seizures and need Diastat when I am away from home?**

Diastat can be taken with you, wherever you go. It does not need to be refrigerated. Do not keep in places that are too warm (like the trunk of your car in hot weather) or too cold. Choose a place that's easy to get to when you need it.

**Q What is in the Diastat Twin Pack?**

In the Diastat Twin Pack, you get two prefilled Quick-Dose™ rectal delivery systems, each containing a premeasured dose of Diastat. You also get two packets of lubricating jelly and Administration Instructions.

**Q How should I care for my Twin Pack?**

To ensure that each delivery system works correctly when needed, it is recommended that you periodically inspect the Twin Pack to check that components are intact and ready for use.

**Q Does the caregiver giving Diastat need special training?**

The caregiver who gives Diastat must know seizure first aid and be trained in giving Diastat. This training will be given to you and your caregiver by your doctor. After giving Diastat, your caregiver must stay with you to make sure that you are back to normal before you return to your usual activities.

**Q What should I do if I have more questions?**

Always speak with your doctor or nurse about any questions you may have. And to make sure you don't forget your questions, you may want to write them down and bring them with you to your next appointment.

Many people with seizures find support groups helpful. ASAP™ (Appropriate Seizure Action Program) is a service from Athena Neurosciences, Inc. that provides information and support to people with seizures, their caregivers, and health professionals. To find out more about ASAP, please call toll-free: 1-888-801-ASAP (2727).

These questions and answers have been designed to provide you with information about Diastat, but do not address every aspect of treatment. If you have questions or concerns not answered here, please talk with your doctor, nurse, or pharmacist.

Please see full prescribing information at the back of this pad.

For medical information, call 1-888-638-7605 (1-888-NEURO-05).

**Diastat**®   
diazepam rectal gel

**Stop the seizure. Fast.**



[www.athenaneuro.com](http://www.athenaneuro.com)

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