### THE SCHOOL NURSE BULLETIN



VOLUME 21 ISSUE 1 December 2010

Stephanie G. Knutson, MSN, RN School Nurse Consultant

Special Points of Interest:

- 2010 Annual Identification of Students without Health Insurance
- Final Medication Administration Regulations
- New School Nurse Workshop December 7 and 14, 2010

#### 2010 - 11 Annual Identification of Students without Health Insurance

In May 2008, the Connecticut State Department of Education requested that school districts establish a systematic approach to identify students who lack health insurance and develop a system to consistently provide families of students identified as lacking health insurance with HUSKY information. This ongoing effort fulfills Section 10-206c of the Connecticut General Statutes' requirement that local school districts identify children who lack health insurance and provide information to their parents about the HUSKY plan. A memorandum regarding this effort has once again been sent to Connecticut school superintendents and school nurse supervisors in November 2010.

If you have any questions about annual identification of students without health insurance, please contact Stephanie Knutson, School Health Consultant at 860-807-2108 or <a href="mailto:stephanie.knutson@ct.gov">stephanie.knutson@ct.gov</a>. Questions about the HUSKY plan, enrollment or applications, should be directed to the HUSKY information hotline at 1-877-CT-HUSKY or visit their Web site at <a href="https://www.husky.health.com">www.husky.health.com</a>.

# Regulations for the Administration of Medication by School Personnel and Administration of Medication During Before- and After- School Programs and School Readiness Programs

The regulations for medication administration in Connecticut schools have been revised and became effective as of October 7, 2010. Major changes to the Regulations for the Administration of Medication by School Personnel and Administration of Medication During Before- and After-School Programs and School Readiness Programs includes the incorporation of Public Act 09-155 An Act Concerning the Use of Asthmatic Inhalers and Epinephrine Auto-injectors While at School into Section 10-212a-4 Self-administration of medications; and addition of the following three new sections:

- Section 10-212a-8 Administration of Medications by coaches and Licensed Athletic Trainers during intramural and interscholastic events:
- Section 10-212a-9 Administration of medications by paraprofessionals pursuant to Section 10-212a(d) of the Connecticut General Statutes; and
- Section 10-212a-10 Administration of medication in school readiness programs and before- and after-school programs.

Workshops have been scheduled in order to provide guidance to school districts regarding the changes to these regulations. The purpose of the workshops is to provide any clarification needed, and to assist school districts with the creation or adjustments to their medication administration policy based on the revisions.

For your information, a copy of the regulation is available at the CSDE's Health Promotion Services/School Nurse Web site at <a href="http://www.sde.ct.gov/sde/cwp/view.asp?a=2678&q=320768#regs">http://www.sde.ct.gov/sde/cwp/view.asp?a=2678&q=320768#regs</a>. Section 10-212a of the 2010 Supplement to the General Statutes may be accessed at the Connecticut General Assembly's Web site at <a href="http://www.cga.ct.gov/2010/sup/chap169.htm#Sec10-212a.htm">http://www.cga.ct.gov/2010/sup/chap169.htm#Sec10-212a.htm</a>.

If you have questions regarding these regulations, please contact Stephanie Knutson, School Health Consultant at 860-807-2108 or stephanie.knutson@ct.gov.

# New Vaccine Requirements for Children Enrolling in Child Day Care Centers, Group Day Care Homes, and Family Day Care Homes Reinstatement of the Haemophilus influenzae type b (Hib) Vaccine Booster

Hepatitis A and influenza vaccines have been added to the list of required immunizations for children enrolled in child day care centers, group day care homes, and family day care homes. The booster dose of Haemophilus influenzae type b (Hib) vaccine is once again required.

In accordance with Connecticut General Statutes (CGS) 19a-7f (Standard of Care for Immunization of Children in Connecticut), children who are enrolled or are enrolling in a licensed family day care home, a licensed child day care center or a licensed group day care home are required to show proof of immunity to influenza and Hepatitis A disease before he/she can attend your licensed day care facility.

The full document from the State Department of Public Health (DPH) regarding these new requirements can be accessed at the DPH Web site at <a href="http://www.ct.gov/dph/lib/dph/daycare/pdf/DCC\_Flu\_and\_Hep\_A\_requirement\_2010.pdf">http://www.ct.gov/dph/lib/dph/daycare/pdf/DCC\_Flu\_and\_Hep\_A\_requirement\_2010.pdf</a>.

If you have any questions or need assistance, please call the DPH Immunization Program at 860-509-7929.



#### **The Condition of Education in Connecticut**

The Condition of Education in Connecticut is the Connecticut State Department of Education's (CSDE) yearly status report on public education in the state, fulfilling the requirements under Section 10-4(b) of the Connecticut General Statutes. This edition focuses on the achievements and challenges experienced by Connecticut's public school students for the 2008-09 school year and highlights the major issues from that year. The report contains the following categories of elements that describe the condition of education in Connecticut:

- the education system;
- •the students:
- •the teachers;
- the curriculum;
- •resources and budgeting; and
- student achievement.

The Condition of Education in Connecticut report is available on the CSDE's Web site at: <a href="http://www.sde.ct.gov/sde/lib/sde/pdf/pressroom/ConditionofEd\_08\_09.pdf">http://www.sde.ct.gov/sde/lib/sde/pdf/pressroom/ConditionofEd\_08\_09.pdf</a>.



## Connecticut Department of Public Health Virtual Children's Health Bureau

#### **Directory of Children's Health Programs**

The Directory of Children's Health Programs is a document created by the State Department of Public Health (DPH). It provides a synopsis of all DPH programs that serve children in the state. This document may be accessed at the DPH Web site at <a href="http://www.ct.gov/dph/lib/dph/vchb/vchb.pdf">http://www.ct.gov/dph/lib/dph/vchb/vchb.pdf</a>.

#### **Professional Development Opportunities**



The Connecticut State Board of Education presents the following opportunities for school nurses, supervisors and administrators.

#### New School Nurse Workshop Parts 1 & 2

Dates	December 7 & 14, 2010
Time	8:30 a.m 3:30 p.m.
Location	The Rensselaer at Hartford, CT
Facilitator	Stephanie Knutson, MSN, RN,
	School Health Consultant,
	State Department of Education
Fee	\$30.00 per person
CEUs	1.2 (Attendance at both sessions is mandatory.)
Register by	
Course #	102531482

This program will provide an overview of state laws and regulations regarding school health. The program will also address standards of practice for school nurses, competencies, and supervisory issues. Finally, the program will present an overview of the school nurse's role in student achievement, special education and Section 504.

As a result of attending this conference, participants will:

- · Understand state laws and regulations regarding school health:
- · Learn state mandates for immunizations, health assessments and screenings;
- · Learn about the school nurse's role in academic
- Learn about documentation in school health services; and
- Become knowledgeable about special education and Section 504 issues related to school health.

#### School Nurse Supervisor Conference

Dates	November 15, 2010
Time	8:30 a.m 3:30 p.m.
Location	Crowne Plaza Hartford-Cromwell
Facilitator	Stephanie Knutson, MSN, RN,
	School Health Consultant,
	State Department of Education
Fee	\$30.00 per person
CEUs	0.6
Register by	10/29/10 CEU
Course #	102531481

This activity will provide school nurse supervisors with information on multiple state initiatives and trends in the state. Additionally, school nurse supervisors will have the opportunity to network with colleagues.

As a result of attending this conference, participants will:

- · Gain additional knowledge in communication skills for the promotion of school nursing services;
- Become familiar with new legislation, initiatives and trends in the state:
- Become familiar with the CT Medicaid School Based Child Health Program; and
- Network with other nursing supervisors.

Register online at www.eastconn.org. Click on "Registration," then "EASTCONN Professional Development" and click on the title. You will need to input the last 4 digits of your Social Security Number and, if there is a fee, a valid Purchase Order (P.O.) number from your school. Note: If you will be paying by a personal check and not using a P.O., you will receive an invoice via e-mail to send in with your check.

If you have questions regarding registration, or have difficulty using the online form, e-mail conferenceoffice@eastconn.org, or call 860-455-1533.

#### Professional Development Opportunities, Cont'd

## State of Connecticut REGULATION Of the State Department of Education

Administration of Medications by School Personnel and Administration of Medication During Before- and After-School Programs and School Readiness Programs

Effective October 7, 2010

Workshops are being held to provide guidance to school districts regarding the <u>Revised</u> Regulations of the Administration of Medication by School Personnel and Administration of Medication During Before- and After-School Programs and School Readiness Programs. An official copy of this document is located at the Connecticut State Department of Education's Health Promotion Services/ School Nurse Web site at <a href="http://www.sde.ct.gov/sde/lib/sde/PDF/deps/student/health/Medication">http://www.sde.ct.gov/sde/lib/sde/PDF/deps/student/health/Medication</a> Administration Regs.pdf.

These scheduled workshops are for the purpose of clarification, and to assist school districts with the creation or adjustments to their medication administration policy based on the revised regulations. In preparation for these workshops, attendees are required to review the regulations, review their current district medication administration policies, and attend the workshops with members of their districts who create, revise or influence the school district's medication administration policy, as appropriate.

For registration information, please contact Glenda Stuckey at <u>glenda.stuckey</u> <u>@ct.gov</u>. Please print and bring these documents with you to the workshops. <u>Copies of the regulations will not be provided.</u>

### Diabetes Education for School Nurses

Helping Administer to the Needs of the Student with Diabetes in School (H.A.N.D.S.<sup>SM</sup>), the National Association of School Nurses' (NASN) diabetes education program for school nurses will be held on Friday, January 14, 2011, in Westport, Connecticut.

H.A.N.D.S.<sup>SM</sup> will provide you with the knowledge, skills and resources to facilitate safe and effective diabetes management at school. Westport Public Schools is hosting this program and is supported by the Association of School Nurses of Connecticut. This event will be held at the Westport Public Library.

Details regarding this program is located at <a href="https://www.nasn.org/portals/0/education/flyerhands\_ct.pdf">https://www.nasn.org/portals/0/education/flyerhands\_ct.pdf</a>. To register, please access the NASN's Web site at <a href="https://portal.nasn.org/members\_online/registration/re

# Second Annual Health and Physical Education Coordinators' Meeting December 8, 2010, 8 a.m. – 3 p.m. Rocky Hill Marriott, 100 Capital Boulevard

Featured Speaker: Mark K. McQuillan, Commissioner of Education

Join health education and physical education coordinators from across the state develop and share strategies that promote student health and wellness and its direct connection to academic achievement. This meeting will provide an opportunity for newly established regional collaboratives to reconnect and

plan group agendas for the year ahead. Participants will receive up-to-date information about federal, state and regional initiatives, resources and success stories that will have a positive impact on their work.

Register online at <a href="http://www.registereastconn.org/pages/sde-pages/health-meeting-2010/">http://www.registereastconn.org/pages/sde-pages/health-meeting-2010/</a>. If you have questions regarding registration or have difficulty using the online form, e-mail <a href="mailto:conferenceoffice@eastconn.org">conferenceoffice@eastconn.org</a> or call EASTCONN at 860-455-1533.



E-MAIL: STEPHANIE.KNUTSON@CT.GOV

Connecticut State Department of Education Bureau of Health/Nutrition, Family Services and Adult Education 25 Industrial Park Road, Middletown, CT

#### **Nondiscrimination Statement**

The State of Connecticut Department of Education is committed to a policy of equal opportunity/affirmative action for all qualified persons and does not discriminate in any employment practice, education program, or educational activity on the basis of race, color, national origin, sex, disability, age, religion or any other basis prohibited by Connecticut state and/or federal nondiscrimination laws. Inquiries regarding the Department of Education's nondiscrimination policies should be directed to the Affirmative Action Administrator, State of Connecticut Department of Education, 25 Industrial Park Road, Middletown, CT 06457-1543, 860-807-2071.

