
Appendix I:

Routines-Based Interview Outline

Routines-Based Interview Outline (McWilliam, 2009)

I. Beginning

- a. Who lives in the home with you and the child?
- b. Why is the child in special services?
- c. What are your main concerns?

II. Home Routines

How does your day begin?

- a. Start marking concerns with stars

In each routine...

1. What is everyone else doing?
2. What does the child do?
3. Engagement (How well does the child participate in the activity? Stay involved?)
4. Independence
5. Social Relationships (communication, getting along with others)
6. Rating 1-5: how happy you are with this time of day
7. Transition to next routine: What happens next?

III. Classroom Routines

In each routine...

- a. What is everyone else doing?
- b. What does the child do?
- c. Engagement (How well does the child participate in the activity?
- d. Stay involved?)
- e. Independence
- f. Social Relationships (communication, getting along with others)
- g. Rating 1-5: How well does activity work for the child?
- h. Back to home routines

IV. The Worry and Change Questions

- a. When you lie awake at night, worrying, what do you worry about?
- b. If you could change one thing in your life, what would it be?
- c. **Recap:** Review starred items (concerns). *This is just a reminder; it is not the list of outcomes/goals*

V. Outcome/Goal Selection

- a. New sheet of paper: What would you like to work on—to have us help you with?
- b. If necessary to get to minimum 6 outcomes/goals, hand notes to family members, showing them the starred items as a reminder
- c. If necessary, take back the notes and ask about starred items
- d. Once 6-10 outcomes/goals are listed, ask for the priority order in terms of importance

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