OCTOBER IS DYSLEXIA AWARENESS MONTH



CT Dyslexia Awareness Campaign materials for school and public libraries

CONNECTICUT Education | CT State Library *Preserving the Past. Informing the Future.* | DECODING DYSLEXIA

CT DYSLEXIA AWARENESS CAMPAIGN MATERIALS FOR LIBRARIES

★ **This page is for informational purposes only — NOT FOR DISPLAY.** ★

With your help, we are excited to launch this campaign to raise awareness for dyslexia!

We have designed materials for our local and school libraries which will inform the community about dyslexia and provide select resources.

How to use the CT Dyslexia Awareness Campaign materials:

1. **Print materials in color on high-quality 8.5" x 11" paper.**
2. **Choose books to place with the display.**
3. **Set up the dyslexia awareness display in your library on shelving, a table, bulletin board, or display case.**

Thank you for helping to raise dyslexia awareness!

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WHAT IS DYSLEXIA?

- Dyslexia is a neurobiologically based specific learning disability that **affects people from all walks of life** regardless of race, ethnicity, socioeconomic status, and language.
- Its primary characteristic is severe and persistent **difficulty learning to read and spell** accurately and fluently.
- Dyslexia usually results from **deficits in phonological processing,** which is how a person perceives and can manipulate and recall the sounds of spoken language and sound-coded information (such as lettersound associations).



https://youtu.be/zafiGBrFkRM?si=QrDW7aDbuRm94ZJY

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INDICATORS OF DYSLEXIA



- ★ A family history of reading and or spelling difficulties
- ★ Mispronounces familiar words when speaking
- ★ Makes many errors when reading
- ★ Pauses, hesitates, and/or uses “um” frequently when speaking
- ★ Reads slowly
- ★ Seems to need extra time to respond to questions
- ★ Poor spelling
- ★ Difficulty remembering dates, names, phone numbers, and lists
- ★ Difficulty recognizing rhyming patterns like, “cat,” “bat,” and “rat”
- ★ Difficulty sounding out words when reading
- ★ Complains reading is hard
- ★ Avoids reading out loud
- ★ Suffers extreme fatigue when reading
- ★ Struggles to finish tests on time

For more information, scan the QR code or visit www.dyslexia.yale.edu/dyslexia/signs-of-dyslexia.

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DYSLEXIA MYTHS

★ **Myth: It's a boy thing.**

Truth: Boys with dyslexia are more frequently identified in schools, but dyslexia affects both genders in nearly equal numbers.

★ **Myth: People with dyslexia read backwards, that's all.**

Truth: Dyslexia makes it challenging to break down words. Reversing letters isn't always a sign of dyslexia. People with dyslexia may have trouble with a number of skills including writing, spelling, speaking and socializing.

★ **Myth: People with dyslexia just need to try harder.**

Truth: The brain functions differently in people with dyslexia. Structured literacy instruction is a must for dyslexic students.

★ **Myth: Dyslexia is a sign of low IQ.**

Truth: Dyslexia is not a sign of low intelligence. It occurs in children of all backgrounds.

Adopted from www.understood.org — 5 Common Myths about Dyslexia by Emily Lapkin



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FILMS AND PODCASTS



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★ Films About Dyslexia

- Being You
- Dislecksia — The Movie
- Hopeville: How to Win the Reading Wars
- Inside Dyslexia
- Journey into Dyslexia
- Left Behind
- Read Me Differently
- The Right to Read
- The Secret
- The Truth About Reading

★ Podcasts About Dyslexia and Literacy

- The Dyslexia Duo Podcast
- Dyslexia Mom Life
- Literacy Talks
- Plain Talk: The Podcast About Literacy and Learning
- Melissa & Lori Love Literacy
- Sold a Story
- Together in Literacy

WANT TO LEARN MORE?

★ **Connecticut State Department of Education's Office of Dyslexia and Reading Disabilities (ODRD)**

Scan the QR code or visit:
portal.ct.gov/sde/office-of-dyslexia-and-reading-disabilities

★ **Decoding Dyslexia**

Scan the QR code or visit:
https://www.decodingdyslexiact.org/

★ **Books for Children and Young Adults, and Resources for Parents and Professionals**

Scan the QR code or visit:
thedyslexiainitiative.org/recommended-reading

★ **Ask your library about borrowing a Dyslexia Support Kit Book Bundle**

Scan the QR code or visit:
cslib.libcal.com/equipment/item/198854



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