

What's in a Meal Resource List for Module 18: Offer versus Serve (OVS) in the School Breakfast Program (SBP)

This document contains the resources highlighted in Module 17: Offer versus Serve (OVS) in the National School Lunch Program (NSLP) of the Connecticut State Department of Education's (CSDE) training program, *What's in a Meal: Meal Patterns for Grades K-12 in the School Nutrition Programs*. This training program is a series of recorded modules that provide comprehensive guidance on complying with the meal patterns for grades K-12 in the National School Lunch Program (NSLP), School Breakfast Program (SBP), Afterschool Snack Program (ASP) of the NSLP, and Seamless Summer Option (SSO) of the NSLP. To access the *What's in a Meal* training modules, visit the CSDE's [Meal Pattern Training for School Nutrition Programs](#) webpage.

[County Assignments for School Nutrition Programs](#) (CSDE):

<https://portal.ct.gov/-/media/sde/nutrition/cnstaff/countyassign.pdf>

[Offer versus Serve for School Nutrition Programs](#) (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/offer-versus-serve-for-school-nutrition-programs>

[Offer versus Serve Guide for School Meals](#) (CSDE):

https://portal.ct.gov/sde/nutrition/-/media/sde/nutrition/nslp/ovs/ovs_guide_snp.pdf

[Offer Versus Serve Materials](#) (USDA):

<https://www.fns.usda.gov/tn/offer-versus-serve-national-school-lunch-program-posters>

[Offering Meats and Meat Alternates at School Breakfast](#) (USDA):

<https://www.fns.usda.gov/tn/offering-meats-and-meat-alternates-school-breakfast>

[Overview of Offer versus Serve in the School Breakfast Program](#) (CSDE):

https://portal.ct.gov/sde/nutrition/-/media/sde/nutrition/nslp/ovs/overview_ovs_sbp.pdf

[SBP regulations 7 CFR 220.8\(a\)\(2\) Unit pricing:](#)

[https://www.ecfr.gov/current/title-7/subtitle-B/chapter-II/subchapter-A/part-220#p-220.8\(a\)\(2\)](https://www.ecfr.gov/current/title-7/subtitle-B/chapter-II/subchapter-A/part-220#p-220.8(a)(2))

[SBP regulations 7 CFR 220.8\(e\) Offer versus serve for grades K through 12:](#)

[https://www.ecfr.gov/current/title-7/subtitle-B/chapter-II/subchapter-A/part-220#p-220.8\(e\)](https://www.ecfr.gov/current/title-7/subtitle-B/chapter-II/subchapter-A/part-220#p-220.8(e))

[School Food Authority On-site Review Checklist for the School Breakfast Program](#) (CSDE)

https://portal.ct.gov/-/media/sde/nutrition/nslp/forms/mealcount/onsite_review_checklist_sbp.pdf

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[USDA Memo SP 06-2023, CACFP 05-2023, and SFSP 02-2023: Consolidated Appropriations Act, 2023: Effect on Child Nutrition Programs:](https://www.fns.usda.gov/cn/consolidated-appropriations-act-2023-effect-programs)

<https://www.fns.usda.gov/cn/consolidated-appropriations-act-2023-effect-programs>

[USDA Memo SP 14-2025: Offer versus Serve Flexibilities for the National School Lunch Program and School Breakfast Program:](https://www.fns.usda.gov/schoolmeals/offer-vs-serve-flexibilities)

<https://www.fns.usda.gov/schoolmeals/offer-vs-serve-flexibilities>

[What's in a Meal Module 18 Worksheet: Meal or No Meal Breakfast Edition](https://portal.ct.gov/-/media/sde/nutrition/training/wiam/wiam_worksheet_module_18_meal_no_meal_breakfast.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/training/wiam/wiam_worksheet_module_18_meal_no_meal_breakfast.pdf

[What's in a Meal Answer Key for Module 18 Worksheet: Meal or No Meal Breakfast Edition](https://portal.ct.gov/-/media/sde/nutrition/training/wiam/wiam_worksheet_module_18_meal_no_meal_breakfast_answer.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/training/wiam/wiam_worksheet_module_18_meal_no_meal_breakfast_answer.pdf

[What's in a Meal: Meal Patterns for Grades K-12 in the School Nutrition Programs](https://portal.ct.gov/sde/nutrition/meal-pattern-training-materials) (CSDE's Meal Pattern Training for School Nutrition Programs webpage):

<https://portal.ct.gov/sde/nutrition/meal-pattern-training-materials>

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Office of the Assistant Secretary for Civil Rights
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Washington, D.C. 20250-9410; or
2. fax: (833) 256-1665 or (202) 690-7442; or
3. email: program.intake@usda.gov

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