

What's in a Meal Resource List for Module 18: Offer versus Serve (OVS) in the School Breakfast Program (SBP)

This document contains the resources highlighted in Module 17: Offer versus Serve (OVS) in the National School Lunch Program (NSLP) of the Connecticut State Department of Education's (CSDE) training program, *What's in a Meal: Meal Patterns for Grades K-12 in the School Nutrition Programs*. This training program is a series of recorded modules that provide comprehensive guidance on complying with the meal patterns for grades K-12 in the National School Lunch Program (NSLP), School Breakfast Program (SBP), Afterschool Snack Program (ASP) of the NSLP, and Seamless Summer Option (SSO) of the NSLP. To access the *What's in a Meal* training modules, visit the CSDE's [Meal Pattern Training for School Nutrition Programs](#) webpage.

[County Assignments for School Nutrition Programs](#) (CSDE):

<https://portal.ct.gov/-/media/sde/nutrition/cnstaff/countyassign.pdf>

[Offer versus Serve for School Nutrition Programs](#) (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/offer-versus-serve-for-school-nutrition-programs>

[Offer versus Serve Guide for School Meals](#) (CSDE):

https://portal.ct.gov/sde/nutrition/-/media/sde/nutrition/nslp/ovs/ovs_guide_snp.pdf

[Offer Versus Serve Materials](#) (USDA):

<https://www.fns.usda.gov/tn/offer-versus-serve-national-school-lunch-program-posters>

[Offering Meats and Meat Alternates at School Breakfast](#) (USDA):

<https://www.fns.usda.gov/tn/offering-meats-and-meat-alternates-school-breakfast>

[Overview of Offer versus Serve in the School Breakfast Program](#) (CSDE):

https://portal.ct.gov/sde/nutrition/-/media/sde/nutrition/nslp/ovs/overview_ovs_sbp.pdf

[SBP regulations 7 CFR 220.8\(a\)\(2\) Unit pricing:](#)

[https://www.ecfr.gov/current/title-7/subtitle-B/chapter-II/subchapter-A/part-220#p-220.8\(a\)\(2\)](https://www.ecfr.gov/current/title-7/subtitle-B/chapter-II/subchapter-A/part-220#p-220.8(a)(2))

[SBP regulations 7 CFR 220.8\(e\) Offer versus serve for grades K through 12:](#)

[https://www.ecfr.gov/current/title-7/subtitle-B/chapter-II/subchapter-A/part-220#p-220.8\(e\)](https://www.ecfr.gov/current/title-7/subtitle-B/chapter-II/subchapter-A/part-220#p-220.8(e))

[School Food Authority On-site Review Checklist for the School Breakfast Program](#) (CSDE)

https://portal.ct.gov/-/media/sde/nutrition/nslp/forms/mealcount/onsite_review_checklist_sbp.pdf

What's in a Meal Resource List for Module 18: Offer versus Serve (OVS) in the School Breakfast Program (SBP)

[USDA Memo SP 06-2023, CACFP 05-2023, and SFSP 02-2023: Consolidated Appropriations Act, 2023: Effect on Child Nutrition Programs:](https://www.fns.usda.gov/cn/consolidated-appropriations-act-2023-effect-programs)

<https://www.fns.usda.gov/cn/consolidated-appropriations-act-2023-effect-programs>

[USDA Memo SP 14-2025: Offer versus Serve Flexibilities for the National School Lunch Program and School Breakfast Program:](https://www.fns.usda.gov/schoolmeals/offer-vs-serve-flexibilities)

<https://www.fns.usda.gov/schoolmeals/offer-vs-serve-flexibilities>

[What's in a Meal Module 18 Worksheet: Meal or No Meal Breakfast Edition](https://portal.ct.gov/-/media/sde/nutrition/training/wiam/wiam_worksheet_module_18_meal_no_meal_breakfast.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/training/wiam/wiam_worksheet_module_18_meal_no_meal_breakfast.pdf

[What's in a Meal Answer Key for Module 18 Worksheet: Meal or No Meal Breakfast Edition](https://portal.ct.gov/-/media/sde/nutrition/training/wiam/wiam_worksheet_module_18_meal_no_meal_breakfast_answer.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/training/wiam/wiam_worksheet_module_18_meal_no_meal_breakfast_answer.pdf

[What's in a Meal: Meal Patterns for Grades K-12 in the School Nutrition Programs](https://portal.ct.gov/sde/nutrition/meal-pattern-training-materials) (CSDE's Meal Pattern Training for School Nutrition Programs webpage):

<https://portal.ct.gov/sde/nutrition/meal-pattern-training-materials>

What's in a Meal Resource List for Module 18: Offer versus Serve (OVS) in the School Breakfast Program (SBP)

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotope, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or
2. fax: (833) 256-1665 or (202) 690-7442; or
3. email: program.intake@usda.gov

This institution is an equal opportunity provider.

What's in a Meal Resource List for Module 18: Offer versus Serve (OVS) in the School Breakfast Program (SBP)

The Connecticut State Department of Education is committed to a policy of equal opportunity/affirmative action for all qualified persons. The Connecticut Department of Education does not discriminate in any employment practice, education program, or educational activity on the basis of race; color; religious creed; age; sex; pregnancy; sexual orientation; workplace hazards to reproductive systems, gender identity or expression; marital status; national origin; ancestry; retaliation for previously opposed discrimination or coercion, intellectual disability; genetic information; learning disability; physical disability (including, but not limited to, blindness); mental disability (past/present history thereof); military or veteran status; status as a victim of domestic violence; or criminal record in state employment, unless there is a bona fide occupational qualification excluding persons in any of the aforementioned protected classes. Inquiries regarding the Connecticut State Department of Education's nondiscrimination policies should be directed to: Attorney Louis Todisco, Connecticut State Department of Education, by mail 450 Columbus Boulevard, Hartford, CT 06103-1841; or by telephone 860-713-6594; or by email louis.todisco@ct.gov.

