

What's in a Meal Resource List for Module 17: Offer versus Serve (OVS) in the National School Lunch Program (NSLP)

This document contains the resources highlighted in Module 17: Offer versus Serve (OVS) in the National School Lunch Program (NSLP) of the Connecticut State Department of Education's (CSDE) training program, *What's in a Meal: Meal Patterns for Grades K-12 in the School Nutrition Programs*. This training program is a series of recorded modules that provide comprehensive guidance on complying with the meal patterns for grades K-12 in the National School Lunch Program (NSLP), School Breakfast Program (SBP), Afterschool Snack Program (ASP) of the NSLP, and Seamless Summer Option (SSO) of the NSLP. To access the *What's in a Meal* training modules, visit the CSDE's [Meal Pattern Training for School Nutrition Programs](#) webpage.

[County Assignments for School Nutrition Programs](#) (CSDE):

<https://portal.ct.gov/-/media/sde/nutrition/cnstaff/countyassign.pdf>

[NSLP Regulations 7 CFR 210.10\(a\)\(2\) Unit Pricing](#):

[https://www.ecfr.gov/current/title-7/subtitle-B/chapter-II/subchapter-A/part-210#p-210.10\(a\)\(2\)](https://www.ecfr.gov/current/title-7/subtitle-B/chapter-II/subchapter-A/part-210#p-210.10(a)(2))

[NSLP Regulations 7 CFR 210.10\(e\) Offer versus serve for grades K-12](#):

[https://www.ecfr.gov/current/title-7/subtitle-B/chapter-II/subchapter-A/part-210#p-210.10\(e\)](https://www.ecfr.gov/current/title-7/subtitle-B/chapter-II/subchapter-A/part-210#p-210.10(e))

[Offer versus Serve for School Nutrition Programs](#) (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/offer-versus-serve-for-school-nutrition-programs>

[Offer versus Serve Guide for School Meals](#) (CSDE):

https://portal.ct.gov/sde/nutrition/-/media/sde/nutrition/nslp/ovs/ovs_guide_snp.pdf

[Offer Versus Serve Materials](#) (USDA):

<https://www.fns.usda.gov/tn/offer-versus-serve-national-school-lunch-program-posters>

[Overview of Offer versus Serve in the National School Lunch Program](#) (CSDE):

https://portal.ct.gov/sde/nutrition/-/media/sde/nutrition/nslp/ovs/overview_ovs_nslp.pdf

[Salad Bars and OVS](#) (CSDE's Offer versus Serve for School Nutrition Programs webpage):

<https://portal.ct.gov/sde/nutrition/offer-versus-serve-for-school-nutrition-programs/documents#saladbarsovs>

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[School Food Authority On-site Review Checklist for the National School Lunch Program](https://portal.ct.gov/-/media/sde/nutrition/nslp/forms/mealcount/onsite_review_checklist_nslp.pdf)

https://portal.ct.gov/-/media/sde/nutrition/nslp/forms/mealcount/onsite_review_checklist_nslp.pdf

[USDA Memo SP 14-2025: Offer versus Serve Flexibilities for the National School Lunch Program and School Breakfast Program:](https://www.fns.usda.gov/schoolmeals/offer-vs-serve-flexibilities)

<https://www.fns.usda.gov/schoolmeals/offer-vs-serve-flexibilities>

[What's in a Meal Module 17 Worksheet: Meal or No Meal Lunch Edition](https://portal.ct.gov/-/media/sde/nutrition/training/wiam/wiam_worksheet_module_17_meal_no_meal_lunch.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/training/wiam/wiam_worksheet_module_17_meal_no_meal_lunch.pdf

[What's in a Meal Answer Key for Module 17 Worksheet: Meal or No Meal Lunch Edition](https://portal.ct.gov/-/media/sde/nutrition/training/wiam/wiam_worksheet_module_17_meal_no_meal_lunch_answer.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/training/wiam/wiam_worksheet_module_17_meal_no_meal_lunch_answer.pdf

[What's in a Meal: Meal Patterns for Grades K-12 in the School Nutrition Programs](https://portal.ct.gov/sde/nutrition/meal-pattern-training-materials) (CSDE's Meal Pattern Training for School Nutrition Programs webpage):

<https://portal.ct.gov/sde/nutrition/meal-pattern-training-materials>

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1. mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or
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2. email: program.intake@usda.gov

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