

What's in a Meal Resource List for Module 17: Offer versus Serve (OVS) in the National School Lunch Program (NSLP)

This document contains the resources highlighted in What's in a Meal Resource List for Module 17: Offer versus Serve (OVS) in the National School Lunch Program (NSLP) of the Connecticut State Department of Education's (CSDE) training program, *What's in a Meal: Meal Patterns for Grades K-12 in the School Nutrition Programs*.

County Assignments for School Nutrition Programs (CSDE):

<https://portal.ct.gov/-/media/sde/nutrition/cnstaff/countyassign.pdf>

NSLP Regulations 7 CFR 210.10(a)(2) Unit Pricing:

[https://www.ecfr.gov/current/title-7/subtitle-B/chapter-II/subchapter-A/part-210#p-210.10\(a\)\(2\)](https://www.ecfr.gov/current/title-7/subtitle-B/chapter-II/subchapter-A/part-210#p-210.10(a)(2))

NSLP Regulations 7 CFR 210.10(e) Offer versus serve for grades K-12:

[https://www.ecfr.gov/current/title-7/subtitle-B/chapter-II/subchapter-A/part-210#p-210.10\(e\)](https://www.ecfr.gov/current/title-7/subtitle-B/chapter-II/subchapter-A/part-210#p-210.10(e))

Offer versus Serve for School Nutrition Programs (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/offer-versus-serve-for-school-nutrition-program>

Offer versus Serve Guide for School Meals (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/nslp/ovs/ovs_guide_snp.pdf

Offer Versus Serve Materials (USDA):

<https://www.fns.usda.gov/tn/offer-versus-serve-national-school-lunch-program-posters>

Overview of OVS in the National School Lunch Program (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/nslp/ovs/overview_ovs_nslp.pdf

Salad Bars and OVS (CSDE's Offer versus Serve for School Nutrition Programs webpage):

<https://portal.ct.gov/sde/nutrition/offer-versus-serve-for-school-nutrition-programs/documents#saladbarsovs>

School Food Authority On-site Review Checklist for the National School Lunch Program

https://portal.ct.gov/-/media/sde/nutrition/nslp/forms/mealcount/onsite_review_checklist_nslp.pdf

USDA Memo SP 14-2025: Offer versus Serve Flexibilities for the National School Lunch Program and School Breakfast Program:

<https://www.fns.usda.gov/schoolmeals/offer-vs-serve-flexibilities>

What's in a Meal Resource List for Module17: Offer versus Serve (OVS) in the National School Lunch Program (NSLP)

What's in a Meal Module 17 Worksheet: Meal or No Meal Lunch Edition (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/training/wiam/wiam_worksheet_module_17_meal_no_meal_lunch.pdf

What's in a Meal Answer Key for Module 17 Worksheet: Meal or No Meal Lunch Edition (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/training/wiam/wiam_worksheet_module_17_meal_no_meal_lunch_answer.pdf

What's in a Meal: Meal Patterns for Grades K-12 in the School Nutrition Programs (CSDE's Meal Pattern Training for School Nutrition Programs webpage):

<https://portal.ct.gov/sde/nutrition/meal-pattern-training-materials>

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The CSDE's *What's in a Meal* training program is a series of recorded modules that provide comprehensive guidance on complying with the meal patterns for grades K-12 in the National School Lunch Program (NSLP), School Breakfast Program (SBP), Afterschool Snack Program (ASP) of the NSLP, and Seamless Summer Option (SSO) of the NSLP. To access the training modules, visit the CSDE's [Meal Pattern Training for School Nutrition Programs](#).

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1. mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or
2. fax: (833) 256-1665 or (202) 690-7442; or
3. email: program.intake@usda.gov

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