

What's in a Meal Resource List for Module 10: Meats/Meat Alternates Component

This document contains the resources highlighted in Module 10: Meats/Meat Alternates Component of the Connecticut State Department of Education's (CSDE) training program, *What's in a Meal: Meal Patterns for Grades K-12 in the School Nutrition Programs*. This training program is a series of recorded modules that provide comprehensive guidance on complying with the meal patterns for grades K-12 in the National School Lunch Program (NSLP), School Breakfast Program (SBP), Afterschool Snack Program (ASP) of the NSLP, and Seamless Summer Option (SSO) of the NSLP. To access the *What's in a Meal* training modules, visit the CSDE's [Meal Pattern Training for School Nutrition Programs](#) webpage.

[Accepting Processed Product Documentation in the School Nutrition Programs](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/accepting_processed_product_documentation_snp.pdf

[Additional Meat/Meat Alternate Options for CNPs: Crediting Tempeh and Surimi](#) (USDA webinar):

<https://www.fns.usda.gov/tn/additional-meat-meat-alternate-tempeh-and-surimi>

[Alternate Protein Products](#) (USDA webpage):

<https://www.fna.usda.gov/tn/cnp/food-industry-toolkit/app>

[Appendix A of the NSLP regulations \(Alternate Protein Products\)](#):

[https://www.ecfr.gov/current/title-7/subtitle-B/chapter-II/subchapter-A/part-210#p-Appendix-A-to-Part-210\(II\).\(A.\)\(1.\)](https://www.ecfr.gov/current/title-7/subtitle-B/chapter-II/subchapter-A/part-210#p-Appendix-A-to-Part-210(II).(A.)(1.))

[Appendix A of the SBP regulations \(Alternate Protein Products\)](#):

[https://www.ecfr.gov/current/title-7/subtitle-B/chapter-II/subchapter-A/part-220#p-Appendix-A-to-Part-220\(A.\)\(1.\)](https://www.ecfr.gov/current/title-7/subtitle-B/chapter-II/subchapter-A/part-220#p-Appendix-A-to-Part-220(A.)(1.))

[County Assignments for School Nutrition Programs](#) (CSDE):

<https://portal.ct.gov/-/media/sde/nutrition/cnstaff/countyassign.pdf>

[Crediting Beans, Peas, and Lentils in the School Nutrition Programs](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/credit_beans_peas_lentils_snp.pdf

[Crediting Commercial Meat/Meat Alternate Products in the School Nutrition Programs](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/credit_commercial_mma_snp.pdf

[Crediting Deli Meats in the School Nutrition Programs](#) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/credit_deli_snp.pdf

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[Crediting Documentation for the Child Nutrition Programs](https://portal.ct.gov/sde/nutrition/crediting-documentation-for-the-child-nutrition-programs) (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/crediting-documentation-for-the-child-nutrition-programs>

[Crediting Meats/Meat Alternates in the Child Nutrition Programs Tip Sheet](https://fns-prod.azureedge.us/sites/default/files/resource-files/mma_tipsheet.pdf) (USDA):

https://fns-prod.azureedge.us/sites/default/files/resource-files/mma_tipsheet.pdf

[Crediting Nuts and Seeds in the School Nutrition Programs](https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/credit_nuts_seeds_snp.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/credit_nuts_seeds_snp.pdf

[Crediting Summary Charts for the Meal Patterns for the School Nutrition Programs](https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/crediting_summary_charts_snp.pdf)

(CSDE):

https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/crediting_summary_charts_snp.pdf

[Crediting Tofu and Tofu Products in the School Nutrition Programs](https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/credit_tofu_snp.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/credit_tofu_snp.pdf

[Crediting Yogurt in the School Nutrition Programs](https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/credit_yogurt_snp.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/credit_yogurt_snp.pdf

[Final Rule: Child Nutrition Programs: Meal Patterns Consistent with the 2020-2025 Dietary Guidelines for America](https://www.federalregister.gov/documents/2024/04/25/2024-08098/child-nutrition-programs-meal-patterns-consistent-with-the-2020-2025-dietary-guidelines-for) (USDA):

<https://www.federalregister.gov/documents/2024/04/25/2024-08098/child-nutrition-programs-meal-patterns-consistent-with-the-2020-2025-dietary-guidelines-for>

[Guide to Meal Modifications in the School Nutrition Programs](https://portal.ct.gov/-/media/sde/nutrition/nslp/specdiet/guide_meal_modifications_snp.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/nslp/specdiet/guide_meal_modifications_snp.pdf

[Instructions for the Medical Statement for Meal Modifications in the School Nutrition Programs](https://portal.ct.gov/-/media/sde/nutrition/nslp/specdiet/medical_statement_snp_instructions.pdf)

(CSDE):

https://portal.ct.gov/-/media/sde/nutrition/nslp/specdiet/medical_statement_snp_instructions.pdf

[List of Acceptable Foods and Beverages](https://portal.ct.gov/sde/nutrition/list-of-acceptable-foods-and-beverages) (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/list-of-acceptable-foods-and-beverages>

[Meal Pattern and Crediting Resources for the School Nutrition Programs](https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/resources_school_meal_patterns_snp.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/resources_school_meal_patterns_snp.pdf

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[Meal Patterns for Grades K-12 in School Nutrition Programs](https://portal.ct.gov/sde/nutrition/meal-patterns-school-nutrition-programs/documents) (CSDE webpage):

<https://portal.ct.gov/sde/nutrition/meal-patterns-school-nutrition-programs/documents>

[Meats and Meat Alternates Component](https://portal.ct.gov/sde/nutrition/crediting-foods-in-school-nutrition-programs/meats-and-meat-alternates) (CSDE's Crediting Foods in School Nutrition Programs webpage):

<https://portal.ct.gov/sde/nutrition/crediting-foods-in-school-nutrition-programs/meats-and-meat-alternates>

[Moving Forward: Update on Food Crediting in Child Nutrition Programs with Guidance for Dried Meat Products](https://www.fns.usda.gov/tn/moving-forward-update-food-crediting-dried-meat-products) (USDA webinar):

<https://www.fns.usda.gov/tn/moving-forward-update-food-crediting-dried-meat-products>

[Noncreditable Foods in the Meal Patterns for the School Nutrition Programs](https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/noncreditable_foods_snp.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/noncreditable_foods_snp.pdf

[Offering Meats and Meat Alternates at School Breakfast](https://www.fns.usda.gov/tn/offering-meats-and-meat-alternates-school-breakfast) (USDA):

<https://www.fns.usda.gov/tn/offering-meats-and-meat-alternates-school-breakfast>

[Requirements for Alternate Protein Products in the School Nutrition Programs](https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/app_requirements_snp.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/app_requirements_snp.pdf

[USDA Memo SP 05-2025, CACFP 04-2025, and SFSP 02-2025: Guidance for Accepting Processed Product Documentation for Meal Pattern Requirements:](https://www.fns.usda.gov/cn/labeling/guidance-accepting-processed-product-documentation)

<https://www.fns.usda.gov/cn/labeling/guidance-accepting-processed-product-documentation>

[USDA Memo SP 21-2019, CACFP 08-2019, and SFSP 07-2019: Crediting Shelf-Stable, Dried and Semi-Dried Meat, Poultry, and Seafood Products in the Child Nutrition Programs:](https://www.fns.usda.gov/cn/crediting-shelf-stable-dried-and-semi-dried-meat-poultry-and-seafood-products-child-nutrition)

<https://www.fns.usda.gov/cn/crediting-shelf-stable-dried-and-semi-dried-meat-poultry-and-seafood-products-child-nutrition>

[USDA Memo SP 24-2019, CACFP 11-2019, and SFSP 10-2019: Crediting Surimi Seafood in the Child Nutrition Programs:](https://www.fns.usda.gov/cn/crediting-surimi-seafood-child-nutrition-programs)

<https://www.fns.usda.gov/cn/crediting-surimi-seafood-child-nutrition-programs>

[USDA Memo SP 25-2019, CACFP 12-2019, and SFSP 11-2019: Crediting Tempeh in the Child Nutrition Programs:](https://www.fns.usda.gov/cn/crediting-tempeh-child-nutrition-programs)

<https://www.fns.usda.gov/cn/crediting-tempeh-child-nutrition-programs>

[Using Child Nutrition \(CN\) Labels in the School Nutrition Programs](https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/cn_labels_snp.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/cn_labels_snp.pdf

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[Using Product Formulation Statements in the School Nutrition Programs](https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/product_formulation_statements.pdf) (CSDE):

https://portal.ct.gov/-/media/sde/nutrition/nslp/crediting/product_formulation_statements.pdf

[What's in a Meal: Meal Patterns for Grades K-12 in the School Nutrition Programs](https://portal.ct.gov/sde/nutrition/meal-pattern-training-materials) (CSDE's

Meal Pattern Training for School Nutrition Programs webpage):

<https://portal.ct.gov/sde/nutrition/meal-pattern-training-materials>



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Washington, D.C. 20250-9410; or
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